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# B. BRADSHAW'S DICTIONARY

OF

MINERAL WATERS, CLIMATIC HEALTH RESORTS,  
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*Giving the Summer and Winter Residences of Doctors; Hotels which can be  
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## PREFACE.

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IN this issue, some of the most important English, Spanish, and Carpathian health resorts have had special attention.

In every instance the information has been brought up to to-day, thanks again to those friends of the work who have kindly co-operated with their experience.

A list of Specialists has, along with some further Plans and Maps, been added.

LONDON, *October 1st*, 1884.





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## ADVICE TO BATHERS.

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IN selecting a bathing-place, not only should the chemical composition of the waters be taken into account, but also the climate, altitude, resources of the station, habits of the patient, and his moral proclivities.

The family medical adviser should select the station most suitable for his patient, should furnish him with an introduction to the resident doctor, and should indicate the proper moment for departure. The warm months, which suit some persons, are not equally advantageous to others. Englishmen, owing to the high temperatures prevailing in July and August, often prefer to make their visits to watering-places in May and September. There are, however, many patients,—for instance, the lymphatic, the scrofulous and the rheumatic,—who require the direct heat of the sun quite as much as the thermal action of the waters. Such persons will, of course, prefer the warmest season for the mineral waters. Our ancestors would appear to have made some systematic preparations before going to the baths. *Non venite mai al bagno se non siete purgato!* We are a little too indifferent now, perhaps, to such preliminaries. We content ourselves generally with complementary treatment. The Germans, on the other hand, employ both. They have the preparatory treatment (*Vorkur*), and the after treatment (*Nachkur*), and deem the one not less important than the other.

To regain health, it is not sufficient merely to take a course of waters; it is also necessary to observe certain hygienic precautions. As regards treatment, there are perhaps no fixed rules. The indications must vary according to each individual case, for where one requires tonic, another may require alterative treatment.



Medical men are naturally the best qualified to decide what is good in each individual case. Whether, for example, an animal or a vegetable diet is in any given instance the more suitable of the two.

For some patients Bordeaux, for others a lighter wine is most suitable; the table water will also vary, from Carlsbad to Apollinaris, Oriol, Condillae, Vals or Royat, Viehy or Bourboule, as the case may be.

Many invalids find in exercise, and, if necessary, in massage and gymnastics, a complementary hygienic treatment. The want of exercise engenders disease, and is one of the most potent factors in the production of gout, gravel, obesity, anæmia, dyspepsia, and many other affections. Digestion is aided almost as much by the legs as by the stomach. It is by proper exercise that the appetite is sharpened, the digestion strengthened, nervous energy developed, and sleep induced.

Concerning wearing apparel, it may be remarked that, as a rule, mineral-water stations are situated in mountainous countries, where the temperature and hygrometric conditions of the atmosphere are subject to change every hour. For a patient who has experienced the depurative action of the waters, and has thereby been rendered more liable to take cold, a light woollen overcoat, worn as required, is always advisable.

The stimulating effects of the thermal treatment, the life led, the exercise taken, the obligation of early rising, all conduce to make sleep even more imperatively necessary than under ordinary circumstances.

It is not assuredly by leading in watering-places the same life which a man has led elsewhere—not, for example, by turning night into day—that he can expect to regain strength and nervous energy. Early rising and early retiring to rest must be the rule for all who wish to benefit by the waters.

Amusement is not absolutely necessary to the good effects of the mineral-water cure, nor is it true that it is its principal element. Bordell is said to have treated horses successfully with mineral waters, and as “amusement” or “imagination” are unknown to such animals, the most incredulous must allow that mineral waters have a curative power, due to their own specific principles. On



the other hand, it is not less true, as Zimmermann remarks, that "Certain diseases can only be relieved by medicines acting on the mind, and, therefore, amusement and recreation play an important rôle in hydro-mineral medication." Persons, therefore, interested in the success of any particular spring, should bear this fact in mind, and remember that as there are patients to whom quietude, tranquility, the contemplation of nature, promenades on hills, in meadows, and so forth, may suffice, so there are others, with less bucolic tastes, who may prefer a good orchestra to the song of birds, and to whom the varied amusements of society, enjoyed in just measure, are alike useful and profitable.

The selection of an hotel is also an important matter. If an invalid is thrown among those whose conversation and habits are agreeable, and whose tastes and feelings are in harmony with his own, his sojourn will become a pleasant one. He may be induced to prolong it, and may separate with regret from his new acquaintances. How often has a friendship formed at a watering-place exercised a happy influence over the whole of after life!







## HINTS TO VISITORS AT WATERING-PLACES.

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DRINKING THE WATER.—It used at one time to be the custom to drink mineral waters by the gallon. Of late years, however, this practice has more or less declined, and it is now the rule to administer waters in graduated doses of one glass, half-a-glass, quarter-of-a-glass, or even, as at Eaux-bonnes, by the table-spoonful. The quantity should be diminished or increased in accordance with the indications of the disease, and the degree of tolerance shown by the patient. The waters are generally taken best in the morning, and their absorption is often promoted by a short walk. To go directly from the spring to the bath, or to drink the waters while in the bath itself, frequently disagrees, causing a sensation of weight in the stomach, or even nausea. Strictly speaking, all mineral waters might be taken internally. In practice, however, the hypothermal are reserved exclusively for external use.

INHALATION.—The object of inhalation is to cause certain medicinal substances to enter the lungs directly. These substances may be in the form of gases, vapours or spray. It has long been known that the pulmonary mucous membrane can be acted on by substances inhaled. It was this knowledge which led GALEN to send his patients to the sulphurous air of Sicily, and LAEMER to hang seaweed round the walls of the rooms occupied by sufferers from consumption. Pulmonary absorption often takes place with great rapidity, as is shown by the fact that merely passing through a malarial swamp will often induce an attack of fever. There is a double advantage in inhalation; it brings the medicament in direct contact with the affected part, and also



relieves the stomach, already perhaps over-stimulated by excessive and long-continued dosing with drugs.

BATHS.—In the present state of our knowledge it is scarcely possible to say how mineral baths exactly act. It is reasonable to attribute their action to absorption through the skin. This however is denied by some physiologists. M. DURRIEN, for instance, maintains that the weight of the body is unchanged after a bath of moderate temperature, but that it gains or loses weight in proportion as the bath is under or over a mean temperature. SCOTTETTEN maintains that a mineral water bath acts less by the mineral principles contained in it than by the electricity liberated. He suggests a study of the magnetic needle as a means of judging of the efficacy of a spring. A bath of from 50 to 76° F. is considered tepid, from 76 to 92° F. warm, from 92 to 112° F. hot. A mean between the two latter is the temperature of the reservoirs in the thermal establishments. It is of course impossible to give any one temperature which shall be applicable to all cases. Some individuals will be affected by a temperature of 76° more than others will by one of 82°. When, however, the temperature of the bath is unsuited to a particular case less benefit is derived from the waters. A patient should therefore note accurately the thermometer before entering his bath, and not, as is so often done, rely on his own tactile sensibility, or on that of his attendant. As a rule, to which, however, there are exceptions, the stay in the bath should not exceed one hour; nor should it be continued after the temperature begins to fall to luke warm, for a bath should either be hot or cold. If a warm bath be continued too long it is apt to produce determination of blood to the skin; if a cold bath be so continued, it is apt to produce a revulsion of blood towards the internal organs.

SHOWER BATHS AND DOUCHES.—The douche bath has only been prescribed systematically of recent years. Its chief advantages are that it can be used so as to impart a shock or stimulus, that it requires less time, and that it can be administered at what are comparatively extreme temperatures. The douche consists essentially of a jet of water, which as it were encloses the whole or



any given portion of the body. Its effects can be modified by altering the temperature, direction, power, or form of the *jet d'eau*.

MASSAGE, or "Kneading," is a method of treatment which has prevailed in the East from time immemorial. It is now common enough in most balneal establishments in Europe. Long abandoned to quacks and empirics, who owed to it much of their success in treating joint affections, it has at length taken its place as a recognised method of treatment. Massage consists essentially of a series of acts of pressure and traction alternately on the skin, muscles and sinews. This manipulation can be combined, as desired, with the douche, the sweating bath, the simple bath (wet massage), or without water at all (dry massage). From a physiological point of view it may be said that the douche and massage act by augmenting the quantity of blood passing through a tissue or organ in a given time. The process of organic exchange thereby becomes more active, and nutrition is stimulated.

GYMNASTICS form a useful addition to hydrotherapeutics. The gymnastics here spoken of have of course nothing to do with professional gymnastics, but are simply and solely medical exercises. Their object is to restore the body to its normal form by suitable and continuous motion, and to compel feeble or undeveloped organs to undertake their fair share of physiological work. To this system of treatment the illustrious DELPECH gave the name of "orthomorphism."

MINERAL WATERS FROM A THERAPEUTIC POINT OF VIEW. The term "mineral waters" is applied to those waters which hold in solution a variety of mineral substances at various temperatures. Some writers have denied the therapeutic efficacy of mineral waters, basing their opinions on the minute quantities of mineral matter held in solution. In many cases however the waters act with so much energy that no scepticism as to their power is possible. Thus at Eaux-bonnes a season rarely passes without some sufferer inducing hæmoptysis by an indiscreet use of the waters. At Ax, Dr. GARRIGON has known death to occur from the injudicious and excessive use of the Vignerie spring. The *Carlsbad* waters, if taken by persons of a plethoric and sanguine habit of



body, may occasion dangerous symptoms. Many of these mineral waters are of a much more complex character than the older chemists, with their less perfect methods of analysis, supposed. Quite recently Dr. THENARD has discovered arsenic in the waters of Mont-Dore, while in other springs the existence of rare elements, such as rubidium, can now be demonstrated. The human body indeed, as every physiologist knows, is itself sufficiently rich in minerals. Iron, lithium, manganese, lead and copper are found in it, besides phosphorus, sulphur, silica, chlorine, fluorine, potassium, sodium, calcium and magnesia in more or less intimate union with the common substances of all organic life, viz., oxygen, hydrogen, carbon and nitrogen—a sufficiently long list it will be allowed.

Modern pathology teaches that many diseased conditions of the body depend on deficiency or undue excess of mineral constituents. Thus a deficiency of iron shows itself in the blood by chlorosis and anæmia, both conditions being soon removed when iron is supplied. Goitre, it has been suggested, depends on the absence of iodine in drinking water, just as stone in the bladder is often induced by drinking excessively hard water. Osteomalachia, or softening of the bones, as also rickets, depend primarily on a deficiency of the salts of lime. Hence, to restore these absent principles would seem at once the most efficacious and common-sense plan of treatment. This is exactly what mineral waters do, but they do it much more surely and quickly than any mixtures compounded artificially in the chemist's laboratory. The similarity existing between the constituents of the human body and of certain mineral waters did not escape the illustrious SYDENHAM, who remarked that chalybeate waters will sometimes restore patients to health more rapidly and thoroughly than the most lauded pharmaceutical preparations. Similarly, Dr. BAZIN, Professor of Dermatology at the Hospital St. Louis, Paris, holds that natural sulphurous waters are much more powerful therapeutically than any which can be produced by art. The mere fact that mineral waters have so long held their own in medicine, and are to-day more used than ever, is a strong argument in favour of their value. When rightly used they constitute a complex, but a very real remedy, the more valu-



able because prepared by Nature herself. One proof is as good as a thousand. The physiological effects of only 0·25 gram. of iron in spa water will show themselves quicker and more pleasantly than many times the amount of the same metal in an artificial compound. The reason is that from some cause or another natural iron water is more quickly absorbed and assimilated. It has been suggested that the presence of other minerals and chemical compounds render it more digestible. Whatever the reason may be the fact is indisputable, as many have learned from personal trial.

Medical experience goes to show that almost every affection which subsequently becomes chronic might at one period of its history have been relieved. All, at a certain stage are susceptible of relief by a suitable course of waters. There exists scarcely a diathesis, or "state of constitution," which may not be modified and improved by these natural remedies. Especially is this true of those faulty states to which the name "syphilitic," "scrofulous or strumous," "herpetic," and "gouty" have been given. A judicious and early use of mineral waters will often check the first manifestations of these unhealthy conditions, which, in the majority of cases, are hereditary rather than acquired. The action of mineral waters is well-nigh as varied and subtle as their composition. The great majority, however, of all medicinal water act essentially as tonics and alteratives. Hence the fact that a certain unhealthy condition of body may often be modified or changed by springs apparently widely different in composition. The important fact to bear in mind is that mineral waters exercise an influence above and beyond that which their merely chemical composition would seem to indicate. This is well-known to medical men in all the scientific centres of Europe. Hence it is that BAZIN sends sufferers from psoriasis to Royat, that HARDY sends herpetics to St. Gervais, that GUENEAU DE MUSSY sends chest cases to Mont-Dore, that RICORD and CALVO send syphilitics to Aix-les-Bains, that Sir HENRY THOMPSON of London sends calculous cases to Marienbad, Pullna, and Vals, that GARROD sends gouty and rheumatic sufferers to Aix-les-Bains, and CAVELOT of Naples lymphatic and strumous patients to Ischia.



CLASSIFICATION OF MINERAL WATERS.—It is by no means easy to classify mineral waters. Indeed, a simply arranged but scientific catalogue of the various springs of Europe is still a desideratu, for balneology has not as yet found its Linnæus or Jussien. Chemists are scarcely agreed as to what should form the basis of classification, whether it should be the mineral elements themselves, or the acids with which they are united in the form of various salts. The chief mineral salt present may be taken roughly as characteristic of a particular spring, and as imparting to it certain distinctive characters. It should, however, be borne in mind that the element of quantity is not always identical with that of quality, and that often chemical analysis is a most uncertain guide to therapeutic value.

The following classification may be adopted in the absence of a better, viz. :—

1. Indifferent, thermal, or cold.
2. Alkaline waters.
3. Alkali-saline waters.
4. Acidulated (bitter) waters.
5. Saline waters.
  - (a.) simple saline.
  - (b.) sea water.
  - (c.) iodo-bromide.
6. Sulphurous waters.
7. Ferruginous waters.
8. Lime and earthy waters.

However defective this classification may be, it has the great advantage of indicating the mineral constituents of most importance from a therapeutic point of view. Thus, speaking in general terms, it may be said that lung and skin affections are benefited chiefly by sulphurous waters, the uric acid diathesis by the soda bicarbonate; the serofulous by the alkaline, anæmia and chlorosis by the chalybeate, syphilis in its various manifestations by the bromiodides, and herpes by the arsenical.

MILK AND BUTTERMILK CURE.—The milks used for the former are those of the cow, goat, sheep, donkey, and mare. Of these five, that of the donkey contains most water and least organic matter, *i.e.*, nearly 9 %; next comes goat's milk, with 13½ %;



cow's, with 14 %; sheep's, with 16 %; and mare's, with nearly 17 %. Sheep's milk is, therefore that most generally used. Mare's milk is employed only in Russia, Hungary, and at a very few places in Germany. Sheep's milk is the most nutritive, but at the same time the most difficult of digestion.

Casein is contained in the various milks in the following proportions:—Cow's, 5 %; sheep's,  $4\frac{3}{4}$  %; goat's,  $4\frac{1}{2}$  %; donkey's 2 %; and mare's,  $1\frac{1}{2}$  %.

Milk as a nutritive element has been used from time immemorial. With regard to their respective nutritive values, the various milks are classified as follows:—

- (1) *Cow's*.
- (2) *Goat's*.—Rich in albumen, and especially valuable in intestinal catarrh.
- (3) *Sheep's*.—Very rich, and a valuable remedy in cases of reduced alimentation.
- (4) *Donkey's*.—Relatively the poorest in nutritive constituents, but still one of the most important on account of its ready digestibility and mild purgative action. It is especially valuable in chronic chest complaints, with frequent acute exacerbations and pyrexia, and where there is no intestinal catarrh.
- (5) *Mare's milk*, though as yet but little employed as a curative agent, is actually the richest of all the five. It is very poor in protein, but is the richest in butter, as also in milksugar, and salts. Its chemical composition suggests that in chronic tuberculosis of the respiratory organs it might prove to be a very valuable therapeutic agent.

The special treatment advisable in each case differs considerably, and can best be decided by the medical practitioner. Some physicians forbid other nourishment whilst patients are undergoing the milk cure; others admit a very small quantity, while others again continue the usual diet. Some mix the milk with water, others with coffee, and others prescribe it after the cream has been removed. The milk cure has given good results in dropsy, in difficult respiration depending on omphysema and catarrh, in chronic diarrhoea, in liver affections, in dyspepsia.



in diabotes, in morbus Brightii, in diseases of the heart, in articular rheumatism, and in nervous and other affections.

**BUTTERMILK CURE.**—The ordinary residue of the milk after churning is sometimes used as a cure, and has given good results in cases of plethora abdominalis, chronic constipation, chronic heart disease, and especially in ulcers of the stomach.

**WHEY AND KOUMISS CURE.**—Whey is milk deprived of its casein. It has a pale green colour, is transparent, has a sweetish taste, and a flavour of goat's milk. It contains in 100 parts:—

|                           |     |     | Sheep's. | Cow's. | Goat's. |
|---------------------------|-----|-----|----------|--------|---------|
| Water                     | ... | ... | 91·960   | 93·264 | 93·380  |
| Albumen                   | ... | ... | 2·130    | 1·080  | 1·140   |
| Milksugar                 | ... | ... | 5·070    | 5·100  | 4·530   |
| Fat                       | ... | ... | 0·252    | 0·116  | 0·372   |
| Salt and other substances |     |     | 0·588    | 0·416  | 0·578   |

The whey cure is generally prescribed in cases of scrofula, incipient tuberculosis, rheumatism, and hereditary gout, plethora abdominalis, chronic phthisis, pneumonia, and bronchitis, laryngitis, abdominal disorders, liver and kidney affections.

The cure is usually carried out in mountainous and woody places, as the air, climate, &c., work in conjunction with the whey. The daily quantities prescribed, vary according to individual habits, and range between  $\frac{1}{4}$  to 1 litre a day. The latter amount, however, can be supported by very few, and is rarely given. The taste of whey is subacid and not unpleasant. Medical authorities are still undecided as to whether it is the whey or the mountain air, or the emanations of the forest which has so often done good in many of the above complaints.

Koumiss is fermented mare's milk and is held in high favour as a remedy against consumption with the nomad tribes of the Russian and Siberian Steppes. There are but few establishments in Germany, Austria or Switzerland, which include Koumiss in the list of their therapeutic agents. Taken in large quantities Koumiss allays the desire for solid food. Invalids can live for weeks, or even months, without any other nourishment but Koumiss itself.

The mode of preparation is too long to describe, besides which,



it varies in almost every station. Koumiss creates a feeling of comfortable warmth in the stomach. Its taste is agreeable. When newly made it has a purgative, but when old an astringent action. As already remarked it is a valuable remedy in phthisis, chronic bronchial and intestinal catarrh, and diarrhoea, anæmia, chlorosis and scrofula. In Germany, as also in Switzerland, Koumiss is prepared from cow's, donkey's and goat's milk, but the results are not the same as those obtained with mare's milk. The Koumiss cure to do any good must be thorough. Taken in small doses it has no effect. Generally one bottle a day is used at first, and this quantity is augmented to five bottles later on. Very little solid food is taken, and that only in the evening when the treatment of the day has been finished. The temperature of the Koumiss should not be higher than 90° F. Nervous invalids and those who have an aversion to it, may take it at from 45° F. to 50° F.

GRAPE AND FRUIT CURES IN GENERAL:—Grapes contain in the mean in 1,000 parts—

|             |     |     |     |     |     |   |      |
|-------------|-----|-----|-----|-----|-----|---|------|
| Water       | ... | ... | ... | ... | 760 | — | 840  |
| Sugar       | ... | ... | ... | ... | 106 | — | 330  |
| Acid        | ... | ... | ... | ... | 3·5 | — | 10·2 |
| Albumen     | ... | ... | ... | ... | 5·0 | — | 20·0 |
| Pectin, &c. | ... | ... | ... | ... | 2·5 | — | 30·0 |
| Salts       | ... | ... | ... | ... | 2·0 | — | 4·0  |

The most important constituent is the grape sugar. This varies in quantity very considerably, according to the greater or less warmth of the climate. In Hungary—Ruszt and Tokay—301 parts of grape sugar are found; in Southern France, 240; Styria, 215; Moselle, 214; Worms, 201; Adlersberg, Hungary, 192; Stuttgart, 190; Bohemia, 185; Heidelberg, 180; on the Neckar, 159. Spain, Italy and Madeira, are not included here, as the grape in these countries is not employed therapeutically.

The quantity of grapes prescribed during the cure varies from 4 to 10, and sometimes even to as much as 12 pounds daily. It is but natural to suppose that the human body, subjected to such treatment for three and four weeks continuously must feel the effects of a diminished food supply, and of the stimulus given to



secretion. The material absorbed operates chiefly on the kidneys and intestines.

The grape cure is indicated in cases of scrofula, anæmia, indigestion, convalescence after fevers, chlorosis, and menstrual disorders.

Favourable conditions or otherwise of climate play an important part in the results of treatment. Taken in very large quantities, 8 or 10 lbs. a day for instance, the grape cure is very effective in cases of plethora-abdominalis, hæmorrhoids, constipation, hypochondriasis, and chronic catarrh of the respiratory organs.

In phthisis and gravel the results are somewhat uncertain.

Instead of grapes, other fruits may be similarly employed, as, for example, cherries, strawberries, the various varieties of currants, &c.

Raw ham, and other raw meats are likewise, though very rarely, prescribed as cures.



## ABBREVIATIONS.

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P.L.M. Paris, Lyons, and Mediterranean Railway.

S. & F. South of France (Midi) Railway.

N.F. North                   ,,                   ,,

E.F. East                   ,,                   ,,

O.F. West                   ,,                   ,,

Orl. Orléans Railway.

P.S.R. Prussian State Railways.

B.R. Belgian Railways.

D.R. Dutch Railways.

S.A.R. South Austrian Railway.

C.G.T. Compagnie Générale Transatlantique.

T. Temperature.

F. Fahrenheit.

F. Franc.

C. Centime.

M. Marks.

Pf. Pfennigs.

K. Kilomètres.





# DISEASES :

AND PLACES WHERE THEY ARE MOST EFFECTUALLY  
TREATED.

| Name of Disease.        | Medium.                    | Places.                                                                                                                                                                                                                                                                                                  |
|-------------------------|----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Abdominal<br>swellings. | Iodo-bromide waters        | Goczalkowitz, Königs-<br>dorff - Jastrzemb's,<br>Ravone in Casaglia,<br>Sulzbath, Zajzon, Bex.                                                                                                                                                                                                           |
|                         | Sea baths ... ..           | North Sea, Atlantic and<br>Mediterranean.                                                                                                                                                                                                                                                                |
|                         | Saline waters ... ..       | Acquae - Albulae,<br>Ischl, Amélie-les-Bains,<br>Baden-Baden, Castro-<br>Caro, Cheltenham,<br>Gerace, Kissingen, Har-<br>rowgate, Leamington,<br>Kreuznach, Mehadia,<br>Riolo, Uriage, La Bour-<br>boule.                                                                                                |
|                         | Sulphurous waters          | Acireale, Acquae-Al-<br>bulae, Aix-les-Bains,<br>Amélie-les-Bains, Baden<br>(Austria), Brussa, Cas-<br>tellamare, Chianciano,<br>Castel St. Pietro, Eaux<br>bonnes, Gerace, Harkanyi,<br>Hélouan, Ischl, Leam-<br>ington, Pará, Strath-<br>peffer, Teles, Alveneu,<br>Bagnères de Bigorre,<br>Cauterets. |
| Acne ... ..             | Various waters ... ..      | Ems, Enghien, Luchon,<br>Schlangenbad, Uriage,<br>Vals, Vichy, Dax, Gas-<br>tein, Ledesma, Nan-<br>clares de Oca, Schinz-<br>nach.                                                                                                                                                                       |
| Adenitis ... ..         | Saline iodurated<br>waters | Ischl, Castro-Caro, Airth-<br>rey, Dürkheim, Gazost,<br>Krankenheil, Lipik,<br>Radein, Jyonicz, Baden-<br>Baden, Uriage, Riolo.                                                                                                                                                                          |
|                         | Alum waters ... ..         | Erdöbenye, Pará.                                                                                                                                                                                                                                                                                         |
|                         | Sea baths ... ..           | Brittany and French Atlan-<br>tic coast.                                                                                                                                                                                                                                                                 |



| Name of Disease.       | Medium.                            | Places.                                                                                                                        |
|------------------------|------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| <b>Albuminuria</b> ... | Alkaline ... ..                    | Giesshübl, Fachingen,<br>Preblau, Tcinach,<br>Salzbrunn.                                                                       |
|                        | Ferruginous alkaline               | Contrexéville, Schwalbach, Schlesna-Wodsk, Harrowgate, Franzensbad.                                                            |
|                        | Alkaline carthy ...                | Chianciano, Bath, Loèche, Contrexéville, Szklono, Wildungen.                                                                   |
| <b>Amaurosis</b> ...   | Purgative waters...                | Marienbad, Castellamare, Kissingen, Tardou, St. Alban, Brides.                                                                 |
|                        | Hydrophathy ...                    | Divonne - les - Bains, Baden-Baden, Ischl, Vöslau, Laubbach, Bushey.                                                           |
| <b>Amenorrhœa</b> ...  | Sulphurous waters                  | Aix-les-Bains, Baden (Austria), Castellamare, Acireale, Uriage, Eaux Bonnes.                                                   |
|                        | Chalybeate waters                  | Schwalbach, Malahá, Contrexéville, Pyrmont, Cleve, Gleichenberg, Chianciano, St. Moritz.                                       |
|                        | Indifferent waters and hydrophathy | Laubbach, Bushey.                                                                                                              |
| <b>Anæmia</b> ... ..   | Ferruginous waters                 | La Bourboule, Gleichenberg, Chianciano, Harrowgate, Szliacs, Schwalbach, St. Moritz, Alveneu, Rippoldsau, Bagnères de Bigorre. |
|                        | Hydrophathy ...                    | Divonne, Baden-Baden, Godesberg, Mondorf, Strathpeffer, Bushey, Droitwich, Laubbach.                                           |
|                        | Indifferent waters                 | Badenweiler Vöslau, Römerbath (Austria), Laubbach, Bushey, Plombières.                                                         |
|                        | Winter stations ...                | Acireale, Castellamare, Madeira, the Riviera, Biarritz, Corfu, Ajaccio.                                                        |
|                        | Climatic air stations              | Ischl, Schmécks, Clifton, Alveneu, Loèche, Camper, Flims, St. Moritz, Pontresina, Mürren, Samaden, Maloja.                     |
|                        | Sea baths ... ..                   | North Sea, Atlantic, Mediterranean.                                                                                            |

| Name of Disease.                 | Medium.                             | Places.                                                                                                               |
|----------------------------------|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| <b>Anchylosis</b> ...            | Thermal sulphurous                  | <b>Aix-les-Bains, Chianciano, Amélie-les-Bains, Dax, Loèche.</b>                                                      |
|                                  | Sulphurous saline                   | <b>Acireale, Ischl, Baden</b> (Switzerland), <b>Mehadia, Balaruc, Bourbonne, Tiermas.</b>                             |
|                                  | Mud and sand baths                  | <b>Acqui, St. Amand, Dax, Balaton-Füred.</b>                                                                          |
|                                  | Thermal alkali-saline               | <b>Teplitz - Schöna, Karlsbad.</b>                                                                                    |
|                                  | Saline bromo iodurated              | <b>Bex, Malvern.</b>                                                                                                  |
|                                  | Indifferent waters ...              | <b>Wildbad, Laubbach, Bushey, Plombières.</b>                                                                         |
| <b>Angina</b> ...                | Sulphurous waters                   | <b>Eaux-Bonnes, Ischl, Amélie, Allevard.</b>                                                                          |
| <b>Arthritis</b> ...             | Hydrotherapy ...                    | <b>Divonne-les-Bains, Laubbach, Bushey, Droitwich.</b>                                                                |
|                                  | Alkaline saline waters              | <b>Wiesbaden.</b>                                                                                                     |
| <b>Asthma</b> ...                | Mountain air-cure                   | <b>Ischl, Gleichenberg, Chamounix, Veldes, Grindelwald, La Bourboule. Mürren, Pontresina, St. Moritz, Rippoldsau.</b> |
|                                  | Sea baths ...                       | <b>Biarritz, Houlgate, Dobberan, Brighton, Scarborough.</b>                                                           |
|                                  | Brine baths ...                     | <b>Droitwich, Malvern.</b>                                                                                            |
|                                  | Sulphurous waters                   | <b>Eaux-bonnes, Acireale, Chianciano, Cautercts, Schinznach.</b>                                                      |
|                                  | Alkaline waters ...                 | <b>Ems, Gleichenberg, Recoaro</b>                                                                                     |
|                                  | Mixed and ferruginous               | <b>Mont-Dore, Alhama de Aragon.</b>                                                                                   |
|                                  | Indifferent waters and hydrotherapy | <b>Laubbach, Bushey, Droitwich.</b>                                                                                   |
| <b>Ataxy</b> ...<br>(Locomotor)  | Ferruginous alkaline waters         | <b>Schwalbach, Pyrmont, Chianciano, Gleichenberg, Contrexéville.</b>                                                  |
|                                  | Sulphurous waters                   | <b>Aix-les-Bains, Ischl, Challes, Baden (Austria).</b>                                                                |
|                                  | Hydrotherapy ...                    | <b>Laubbach, Bushey.</b>                                                                                              |
| <b>Atrophy</b> ...<br>(Muscular) | Various waters ...                  | <b>Baden-Baden, Aix-les-Bains, Loèche, Chianciano, Acireale, Schwalbach.</b>                                          |



| Name of Disease.                                | Medium.                     | Places.                                                                                                          |
|-------------------------------------------------|-----------------------------|------------------------------------------------------------------------------------------------------------------|
| <b>Blenorrhœa</b> ...                           | Various waters ...          | <b>Cervera del Rio</b><br>Alhama, Amélie, Pyrmont, Teplitz-Schönau, Recoaro, Castellamare, Schwalbach.           |
|                                                 | Sea baths ...               | Baltic and Mediterranean.                                                                                        |
| <b>Boils and Abscesses</b>                      | Sulphurous... ..            | Aix-la-Chapelle, Gazost, Guagno, Caldaniccia.                                                                    |
|                                                 | Saline waters ...           | Bourbon Lancy, Bourbon l'Archambault, Balaruc, La Bourboule, La Garriga.                                         |
|                                                 | Saline sulphurous           | Baden (Austria), Mehadia, Uriage, Acireale, Chianciano, Schinznach.                                              |
| <b>Bones, diseases of the</b>                   | Sea baths ... ..            | North Sea and Atlantic.                                                                                          |
|                                                 | Saline waters ...           | Ischia, Ischl, Nauheim, Baden-Baden, La Bourboule.                                                               |
|                                                 | Thermal-sulphurous waters.  | <b>Aix-les-Bains</b> , Uriage, Alhama de Aragon, Baden (Austria), Mehadia, Chianciano, Zaldivar, Fitero, Ledsma. |
|                                                 | Sulphurous saline waters    | <b>Alveneu</b> .                                                                                                 |
|                                                 | Thermal hydro-pathy         | Laubbach, Bushey.                                                                                                |
| <b>Bright's disease</b>                         | Hydropathy ...              | <b>Malvern</b> , Bushey, Droitwich, Laubbach.                                                                    |
| <b>Calculus (Biliary)</b>                       | Alkaline ferruginous waters | Gleichenberg, Pyrmont, Schwalbach, <b>Contrexéville</b> .                                                        |
|                                                 | Mild alkaline waters        | Ems, Neyrac.                                                                                                     |
|                                                 | Mixed ... ..                | Castellamare.                                                                                                    |
| <b>Calculus</b> ... ..<br>(Urinary and Vesical) | Sulphurous waters           | Acireale, Castellamare, <b>Salvadora</b> .                                                                       |
|                                                 | Alkaline waters ...         | Mont-Dorc, Evian, Gleichenberg, Ibero.                                                                           |
|                                                 | Alkaline ferruginous waters | Pyrmont, <b>Contrexéville</b> , Belascoin, Sousas.                                                               |

| Name of Disease.                   | Medium.                             | Places.                                                                                                                             |
|------------------------------------|-------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| <b>Catarrhs ...</b><br>(Bronchial) | Ferruginous waters                  | Gleichenberg, Mont-Dore.                                                                                                            |
|                                    | Hydrophathy ...                     | Divonne-les-Bains, Veldes,<br><b>Malvern</b> , Laubbach.                                                                            |
|                                    | Sulphurous waters                   | Acireale, Eaux-Bonnes,<br>Chianciano, Ledsma,<br><b>Zujar</b> .                                                                     |
|                                    | Saline arsenical<br>waters          | La Bourboule.                                                                                                                       |
|                                    | Sulphurous saline<br>waters         | Alvneu, Acireale, Schinz-<br>nach, Amélie-les-Bains,<br><b>Cambo</b> , Cauterets.                                                   |
| <b>Catarrhs ...</b><br>(Pulmonary) | Climatic air and<br>winter stations | <b>Corfu</b> , Ajaccio, Flims,<br>Campfer, <b>Wildbad</b> ,<br>Cambo, Clifton.                                                      |
|                                    | Thermal - sul-<br>phurous waters    | Eaux-Bonnes, Chianciano,<br>Acireale, Ischl, Baden<br>(Austria), Amélie-les-<br>Bains, <b>Wildbad</b> , Cau-<br>terets.             |
|                                    | Various waters ...                  | Ems, <b>Baden-Baden</b> ,<br>Badenweiler, Gleichen-<br>berg, <b>La Bourboule</b> .                                                  |
| <b>Chlorosis...</b>                | Winter stations ...                 | Acireale, Hyères, Biarritz,<br>Abazzia, Grasse, Cannes,<br><b>Mentone</b> , <b>San Remo</b> ,<br><b>Cambo</b> .                     |
|                                    | Ferruginous waters                  | Loèche, Plombières, Gleichenberg, Schwalbach, Mont-Dore, <b>St. Moritz</b> , <b>Alvneu</b> , Rippoldsau, <b>Bagns. de Bigorre</b> . |
|                                    | Sulphurous waters                   | Harrowgate, Acireale, Ischl.                                                                                                        |
|                                    | Sea baths ...                       | North Sea and Atlantic.                                                                                                             |
|                                    | Hydrophathy ...                     | <b>Divonne-les-Bains</b> , Godesberg, <b>Laubbach</b> , Bushey, Droitwich.                                                          |
| <b>Chorea or St. Vitus Dance</b>   | Climatic air station                | Campfer, Mürren, <b>Corfu</b> , Ajaccio, Pontresina, <b>St. Moritz</b> , Samaden, <b>Maloja</b> , Clifton.                          |
|                                    | Thermal hydro-<br>therapy           | Aix-les-Bains. Baden (Austria), Bushey, Mehadia, <b>Baden-Baden</b> , Loèche, Divonne, <b>Laubbach</b> , Brighton, Plombières.      |
|                                    | Lake baths ...                      | Neusiedel, Balaton, Neuchâtel, Geneva, Constanze.                                                                                   |
|                                    | Bitter waters ...                   | <b>Frailes y la Rivera</b> .                                                                                                        |



| Name of Disease.                                    | Medium.                          | Places.                                                                                                                                                                                    |
|-----------------------------------------------------|----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Congestions ...</b><br>(Cephalic)                | Purgative and laxative waters    | <b>Castellamare, Püllna, Bilin, Ems, Niederbronn, Vöslau, Chianciano, Geracc.</b>                                                                                                          |
|                                                     | Thermal hydro-pathy              | <b>Laubbach, Bushey, Droitwich, Plombières.</b>                                                                                                                                            |
| <b>Contractions ...</b><br>(Tendinous or articular) | Various waters ...               | <b>Aix-les-Bains, Loèche, Baden (Austria), Uriage, Baden-Baden, Dax, Acireale, Bex, Benimarfull, Malvern, Plombières.</b>                                                                  |
|                                                     | Alkaline waters ...              | <b>Sierra Alhamilla, Zujar.</b>                                                                                                                                                            |
| <b>Coryza ...</b>                                   | Alkaline ferruginous waters      | <b>Mont-Dore, Contrexéville, Schwalbach.</b>                                                                                                                                               |
| <b>Convalescence</b>                                | Indifferent waters               | <b>Vöslau, Badenweiler, Veldes, Wildbad, Laubbach.</b>                                                                                                                                     |
|                                                     | Climatic air stations            | <b>Ischl, Axenstein, Bushey, Sonnenberg, Grindelwald, Schlangenbath, La Bourboule, Loèche.</b>                                                                                             |
|                                                     | Climatic air and winter stations | <b>Flims, Corfu, Ajaccio, Algiers, Pontresina, Cambo, Maloja.</b>                                                                                                                          |
|                                                     | Ferruginous waters               | <b>Chianciano, Schwalbach, Pyrmont, Contrexéville, St. Moritz.</b>                                                                                                                         |
|                                                     | Sulphurous and Winter station    | <b>Acireale, Corfu, Ajaccio.</b>                                                                                                                                                           |
|                                                     | Saline waters ...                | <b>Baden-Baden, La Bourboule.</b>                                                                                                                                                          |
| <b>Debility ...</b><br>(Nervous and chronic)        | Chalybeate ...                   | <b>Alveneu, Rippoldsau, Maloja, Tunbridge Wells, Gleichenberg, Schwalbach, Chianciano, Plombières.</b>                                                                                     |
|                                                     | Climatic air station             | <b>La Bourboule, Ischl, Badenweiler, Wildbad, Axenstein, Sonnenberg, Clifton, Grindelwald, Villeneuve, Montone, San Remo, Alveneu, St. Moritz, Corfu, Ajaccio, Flims, Samaden, Maloja.</b> |
|                                                     | Indifferent waters .             | <b>Wildbad, Laubbach.</b>                                                                                                                                                                  |
|                                                     | Brine baths ...                  | <b>Bushey, Plombières, Droitwich.</b>                                                                                                                                                      |

| Name of Disease. | Medium.                                     | Places.                                                                                                                               |
|------------------|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| Diabetes ...     | Alkaline waters, and alkaline saline waters | Clifton, Royat, Teplitz-Schönau, Marienbad, Contrexéville, Vichy, Mont-Dore, La Bourboule, Villatoya, Wiesbaden.                      |
|                  | Alkaline ferruginous waters                 | Tunbridge Wells, Gleichenberg, Schwalbach, Contrexéville.                                                                             |
|                  | Brine baths ...                             | Droitwich.                                                                                                                            |
| Dysentery ...    | Various waters ...                          | Niederbronn, Vals, Weissenburg, Teplitz-Schönau.                                                                                      |
| Dysmenorrhœa     | Thermal hydrotherapy.                       | Baden-Baden, Ischl, Bushey, Gastein, Badenweiler, Topuszkó, Laubach.                                                                  |
|                  | Chalybeate waters                           | St. Moritz, Alhama de Aragon, Plombières.                                                                                             |
| Dyspepsia ...    | Gaseous waters ...                          | Condillac, Selters, Apollinaris, St. Alban.                                                                                           |
|                  | Alkaline waters ...                         | Riva los Baños, Gleichenberg, Chianciano, Teplitz-Schönau.                                                                            |
|                  | Effervescent ferruginous waters.            | Oriol, Pougues, Schwalbach, Pyrmont, Cheltenham, Rippoldsau, St. Moritz, Maloja.                                                      |
|                  | ...                                         | Neiderbronn, Homburg, Baden-Baden, Wildungen, Pyrmont.                                                                                |
|                  | Effervescent saline waters.                 | Cestona-guezalaga, Frailes y la Rivera.                                                                                               |
|                  | Saline waters ...                           | Divonne, Gräfenberg, Vöslau, Laubach, Bushey, Plombières.                                                                             |
| Emphysema ...    | Hydrotherapy ...                            |                                                                                                                                       |
|                  | Ferruginous waters                          | Gleichenberg, Chianciano, Pyrmont, Recoaro.                                                                                           |
|                  | Climatic air and winter stations.           | Acireale, Malaga, Madeira, Abazzia, Ajaccio, Schmécks, Zermatt, Chamounix, Cannes, Mentone, San Remo, Laubach. Hyères, Bushey, Cambo. |
|                  | Sulphurous saline waters ...                | Schinzach, Cambo.                                                                                                                     |



| Name of Disease.                 | Medium.                                                                                                     | Places.                                                                                                                                                                                       |
|----------------------------------|-------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Female disorders.</b>         | Hydropathy ...<br>Ferruginous waters<br><br>Sulphurous waters<br>Indifferent waters                         | Divonne-les-Bains, Vöslau, Droitwich.<br>Schwalbach, Loèche, Mont-Dore, Chianciano, Forges-les-Eaux, Contrexéville, Alveneu.<br>Aix-les-Bains, Bagnères de Bigorre.<br>Wildbad, Schlangenbad. |
| <b>Fractures ...</b>             | Saline thermal waters.<br>Sulphurous waters<br><br>Thermal alkaline saline waters ...<br>Indifferent waters | Baden-Baden<br>Baden (Austria), Aix-les-Bains, Chianciano, Uriège, Acireale.<br>Teplitz-Schönau, Bertrich, Capvern.<br>Wildbad, Laubbach, Bushey.                                             |
| <b>Ganglionic tumours</b>        | Sulphurous iodo-brominated waters.<br>Saline iodo-brominated waters ...                                     | Saxon, Challes, Wildeg, Harrowgate.<br>Ischl, Nauheim, Salins, Hall (Austria), La Gariga.                                                                                                     |
| <b>Gastralgia ...</b>            | Hydropathy ...<br><br>Effervescing mild mineral waters.<br><br>Saline sulphurous waters                     | Divonne, Gräfenberg, Laubbach, Bushey, Ben-Rhydding.<br>Wildbad, Rippoldsau, Badenweiler, Vöslau, Teplitz-Schönau, Schmécks, Sousas, Amphion, Alveneu.<br>Borines, Quinto, Cauterets.         |
| <b>Glands ... (swellings of)</b> | Sulphurous and alkaliuc waters<br>Bitter and ferruginous waters                                             | Paracuellos de Jilloca, Cauterets, Vilor Rosas, Villaharta, Rippoldsau.                                                                                                                       |
| <b>Goitre ...</b>                | Saline sulphurous iodurated waters                                                                          | St. Genis, Challes, Marlioz, Chianciano, Alveneu.                                                                                                                                             |

| Name of Disease.               | Medium.                          | Places.                                                                                                                                   |
|--------------------------------|----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| Gout ... ..                    | Alkaline waters ...              | Marienbad, Wiesbaden, Tepplitz-Schöna u, Contrexéville.                                                                                   |
|                                | Sulphate of lime waters          | Aulus, Vittel, Capvern, Bath, Loèche.                                                                                                     |
|                                | Various ... ..                   | Uriage, Gleichenberg, Wildbad, Castellamare, Tiermas, Schlangenbad.                                                                       |
|                                | Sulphurous waters                | Aix-les-Bains, Escaldas, Harrogate, Acireale, Baden (Austria). Schinznach.                                                                |
|                                | Thermotherapy ...                | Laubbach, Bushey, Droitwich, Malvern.                                                                                                     |
|                                | Ferruginous and lime waters      | Alveneu, Rippoldsau, Plombières.                                                                                                          |
| Gravel (Uric) ...              | Alkaline waters ...              | Carlsbad, Contrexéville, Tepplitz-Schöna u, Gleichenberg, Chianciano, Ibero.                                                              |
|                                | Ferruginous waters               | Amphion.                                                                                                                                  |
| Gravel ... ..<br>(Phosphatic.) | Sulphate of lime waters          | Vittel, Ischl, La Preste, Molitg.                                                                                                         |
|                                | Mild mineral ...                 | Vöslau, Badenweiler, Schlangenbad, Contrexéville, La Salvadora.                                                                           |
| Hæmorrhoids                    | Alkaline waters ...              | Carlsbad, Le Boulou, Hovingham.                                                                                                           |
|                                | Hydrotherapy ...                 | Divonne, Laubbach, Bushey.                                                                                                                |
|                                | Acidulous ... ..                 | Castellamare.                                                                                                                             |
|                                | Sulphurous and chalybeate waters | Alveneu.                                                                                                                                  |
|                                | Ferruginous ...                  | Rippoldsau.                                                                                                                               |
| Herpes ... ..                  | Saline sulphurous waters         | Aix-les-Bains, Castellamare, Baden (Austria), Schinznach, Cambo, Barèges, Cauterets, Uriage, Chianciano, Ischl, Toleze, Amélie-les-Bains. |
|                                | Arsenical waters ...             | Baden-Baden, La Bourboule, Cheltenham, St. Honoré, Bagnères de Bigorre.                                                                   |



| Name of Disease.                         | Medium.                                                                                                                                        | Places.                                                                                                                                                                                                                                                                                                                                                                                                   |
|------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Hydropsia</b> ...                     | Acidulous ferruginous sulphurous waters<br>Hydrophathy ...                                                                                     | Castellamare, Alveneu,<br><b>Bagnères de Bigorre.</b><br>Laubbach, Bushey.                                                                                                                                                                                                                                                                                                                                |
| <b>Hypochondriasis</b>                   | Purgative waters...<br><br>Saline ferruginous waters<br>Hydrophathy ...<br><br>Winter stations ...                                             | Vaqueiras, Montecatini,<br>Hunyadi-Yános, Epsom,<br>Matlock, <b>Castellamare.</b><br>Rippoldsau, <b>Amphion.</b><br><br>Divonne, Coombe Wood,<br>Bushey, Gleichenberg,<br><b>Laubbach.</b><br>The Riviera and Spanish<br>Coast towns, Corfu.                                                                                                                                                              |
| <b>Hysteria</b> ...                      | Sedative ...<br><br>Sulphurous bitter .<br>Ferruginous and<br>magnesian waters<br><br>Climatic air and<br>winter stations<br><br>Sea baths ... | Schwalbach, Badenweiler,<br><b>Ischl, Vöslau, Neris,</b><br>Schlangenbad, Bormio,<br>Plombières.<br>Jabalceuz.<br>Rippoldsau, Luxeuil,<br>Orezza, Römerbad<br>(Switzerland) Navalpino.<br>Axenstein, Schméecks, Veldes,<br>Pisa, Pau, Dax, Leghorn,<br>Bushey, Abazzia,<br><b>Hyères, Laubbach.</b><br><b>Livorno,</b> Hastings, Sear-<br>borough, Ventnor, Blank-<br>enbergh, Zandvoort, The<br>Riviera. |
| <b>Impotence</b> ...                     | Various waters ...<br><br>Chalybeate waters<br><br>Saline waters ...<br><br>Sea baths ...<br>Sulphurous waters                                 | Wildbad, Gastein, La Batt-<br>aglia, Bushey, Vöslau,<br>Spa, <b>Laubbach.</b><br>Pymont, Schwalbach, Tun-<br>bridge-Wells.<br>Balaruc, Cornetto, Monte-<br>catini, Droitwich.<br>North Sea and Baltic.<br>Aix, Harrowgate, <b>Uriage,</b><br><b>Baden (Austria).</b>                                                                                                                                      |
| <b>Intermittens</b> ...                  | Saline arsenical<br>waters<br>Indifferent waters                                                                                               | <b>La Bourboule.</b><br>Plombières.                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Intestinal</b> ...<br>(Catarrhs, &c.) | Various waters ...                                                                                                                             | <b>Bagnères de Bigorre,</b><br><b>Baden-Baden,</b> Chel-<br>tenham, Leamington,<br>Chiaccianon, Gleichenberg,<br>Castellamare, Vinadio,<br>Vöslau, Albama de<br>Granada, Prelo,<br>Rippoldsau, <b>Wies-</b><br><b>baden, Cambo.</b>                                                                                                                                                                       |

| Name of Disease.                              | Medium.                                                                                | Places.                                                                                                                                                                                                                                                              |
|-----------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Intumescence</b><br>(of liver and spleen). | Alkali saline waters<br>Alkaline ferruginous waters<br>Sulphurous earthy               | <b>Teplitz-Schönau</b> , Bertrich, Sousas.<br>Gleichenberg, Contrexéville.<br>Salvadora.                                                                                                                                                                             |
| <b>Jaundice...</b> ...                        | Muriatic saline and acidulous waters                                                   | Castellamare, La Bourboule, Prelo.                                                                                                                                                                                                                                   |
| <b>Kidney complaints.</b> com-                | Hydropathy ...<br>Saline waters ...<br>Alkaline waters ...                             | Laubbach, Bushey.<br><b>Baden-Baden</b> , La Bourboule.<br>Sacedon.                                                                                                                                                                                                  |
| <b>Laryngitis</b> ...                         | Climatic air and winter stations<br>Sulphurous saline waters<br>Alkaline-saline waters | Corfu, Bex, Ajaccio, Campfer, Mürren, Maloja, Biarritz, Cambo, Clifton.<br>Betelú, Alveneu, Ormaiztegui, <b>Schinz nach</b> , Aix-les-Bains, Cambo.<br><b>Wiesbaden</b> .                                                                                            |
| <b>Leucorrhœa</b> ...                         | Ferruginous waters<br>Saline waters ...<br>Sea baths ...<br>Bitter waters ...          | Castellamare, Schwalbach, Chianciano, Orezza Plombières.<br><b>Bigorre</b> , Solares, Ischl, Paterna.<br>The North Sea and Atlantic.<br>Buzot, Gravalos.                                                                                                             |
| <b>Liver obstructions.</b>                    | Alkaline-ferruginous waters.<br>Purgative waters...<br>Hydropathy ...                  | Gleichenberg. Tepl<br><b>Chianciano</b> , Pyrmont, Contrexéville, Rippoldsau. Cauterets, Na. Sra. de Abellá, Sobrou, Cambo, Clifton.<br>Leamington, Brides, <b>Castellamare</b> , Cheltenham, Carlsbad, <b>Panticosa</b> , Escoriaza.<br>Divonne, Mondorf, Laubbach. |
| <b>Lumbago</b> ...                            | Hydropathy ...                                                                         | Divonne, Laubbach, Bushey, Droitwich, Malvern.                                                                                                                                                                                                                       |



| Name of Disease.                     | Medium.                              | Places.                                                                                                                                                                     |
|--------------------------------------|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Paralysis</b> ...<br>(Rheumatic)  | Mud and sand baths                   | Acqui, Dax, Abano, St. Dalmaz, Valdieri.                                                                                                                                    |
|                                      | Sulphurous waters                    | <b>Aix-les-Bains</b> , Uriage, Loèche, <b>Baden</b> (Austria), Mehadia, Harrogate, Bigorre, Acireale, Chianciano.                                                           |
|                                      | Sulphate of lime waters.             | Dax, Bath, Hammam R' Irha, Tiermas.                                                                                                                                         |
|                                      | Thermal saline waters.               | <b>Baden-Baden</b> , Nauheim, Ischia, <b>Malvern</b> .                                                                                                                      |
|                                      | Thermal alkali-saline.               | Teplitz-Schönau.                                                                                                                                                            |
|                                      | Indifferent waters                   | <b>Wildbad</b> , <b>Laubbach</b> , Bushey, Plombières.                                                                                                                      |
| <b>Paraplegia</b> ...                | Various waters                       | La Malou, Wildbad, Gastein, Chianciano, Graena, Loujo, Plombières.                                                                                                          |
| <b>Pharyngitis</b> ...<br>(Granular) | Sulphurous waters                    | <b>Schinznach</b> , Allevard, Eaux-Bonnes, Ischl, Marlioz, Ormaiztegui.                                                                                                     |
|                                      | Saline waters ...                    | Nauheim, Ischl, Bex.                                                                                                                                                        |
|                                      | Mixed waters ...                     | Mont-Dorc, Gleichenberg, Contrexéville, <b>La Bourboule</b> , Villaro, <b>Wiesbaden</b> , Clifton.                                                                          |
|                                      | Winter stations ...                  | Cannes, Biarritz, Acireale, Madeira, Malaga, Castellamare, Murcia, Abazzia, <b>Mentone</b> , San Remo, Ajaccio, Corfu, <b>Maloja</b> , <b>Bagnères de Bigorre</b> , Hyères. |
| <b>Phlebitis</b> ...<br>(Abdominal)  | Saline waters ...                    | Homburg, Kissingen, Ischl, Bigorre, <b>La Bourboule</b> .                                                                                                                   |
| <b>Phthisis</b> ...<br>(Laryngeal)   | Alkaline waters ...                  | Gleichenberg, Mont-Dorc.                                                                                                                                                    |
|                                      | Sulphurous, saline and earthy waters | <b>Acireale</b> , <b>Amélie</b> , <b>Eaux-Bonnes</b> , Eilsen, Neudorf, <b>Cauterets</b> , Cambo.                                                                           |
|                                      | Climatic air and winter stations     | <b>Cambo</b> , Hyères, Ischl, <b>Mentone</b> , Cannes, Schmecks, San Remo, Corfu, Ajaccio, Mürren, <b>Maloja</b> , Clifton.                                                 |

| Name of Disease.                                             | Medium.                              | Places.                                                                                                                                                                                                                                                                                                                                                                 |
|--------------------------------------------------------------|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Phthisis</b> ...<br>(Pulmonary with lymphatism and atony) | Sulphurous waters                    | <b>Cauterets</b> , <b>Eaux-Bonnes</b> , <b>Amelie</b> , <b>Ischl</b> , <b>Acireale</b> , <b>Challes</b> .                                                                                                                                                                                                                                                               |
|                                                              | Alkaline waters ...                  | <b>Gleichenberg</b> , <b>Mont-Dore</b> .                                                                                                                                                                                                                                                                                                                                |
|                                                              | Sea air ...                          | <b>Ventnor</b> , <b>Torquay</b> , <b>Atlantic</b> and <b>North Sea</b> baths.                                                                                                                                                                                                                                                                                           |
|                                                              | Climatic air and winter stations     | <b>Schmecks</b> , <b>Acireale</b> , <b>Madeira</b> , <b>Hyères</b> , <b>Abazzia</b> , <b>Biarritz</b> , <b>Malaga</b> , <b>Murcia</b> , <b>Elche</b> , <b>San Remo</b> , <b>Le Cannet</b> , <b>Cannes</b> , <b>Campfer</b> , <b>Pontresina</b> , <b>Clifton</b> , <b>Cambo</b> , <b>St. Moritz</b> , <b>Samaden</b> , <b>Maloja</b> , <b>Laubbach</b> , <b>Bushey</b> . |
| <b>Phthisis</b> ...<br>(With erethism)                       | Mild waters ...                      | <b>Ems</b> , <b>Schlangenbad</b> , <b>Römerbad</b> ( <b>Austria</b> ), <b>Schmecks</b> .                                                                                                                                                                                                                                                                                |
|                                                              | Mixed and arsenical waters           | <b>Mont-Dore</b> , <b>Baden-Baden</b> , <b>La Bourboule</b> , <b>Cheltenham</b> .                                                                                                                                                                                                                                                                                       |
|                                                              | Climatic air and winter stations     | <b>Abazzia</b> , <b>Mentone</b> , <b>Alas-sio</b> , <b>St. Moritz</b> , <b>Schmecks</b> , <b>Davos</b> , <b>Mentone</b> , <b>San Remo</b> , <b>Hyères</b> .                                                                                                                                                                                                             |
| <b>Pleurodynia</b> ...                                       | <b>Hydropathy</b> ...                | <b>Divonne</b> , <b>Gräfenberg</b> , <b>Mon-dorf</b> , <b>Laubbach</b> , <b>Bushey</b> , <b>Droitwich</b> .                                                                                                                                                                                                                                                             |
| <b>Pleuritis</b> ...                                         | Sulphurous saline waters             | <b>Eaux-Bonnes</b> , <b>Acireale</b> .                                                                                                                                                                                                                                                                                                                                  |
|                                                              | Mixed waters ...                     | <b>Mont-Dore</b> .                                                                                                                                                                                                                                                                                                                                                      |
| <b>Pneumonia</b> ...                                         | Sulphurous waters and winter station | <b>Acireale</b> , <b>Castellammare</b> , <b>Madeira</b> , <b>Abazzia</b> , <b>Elche</b> .                                                                                                                                                                                                                                                                               |
|                                                              | Indifferent waters                   | <b>Wildbad</b> , <b>Laubbach</b> , <b>Bushey</b> , <b>Malvern</b> .                                                                                                                                                                                                                                                                                                     |
| <b>Rhachitis</b> ...                                         | Chalybeate waters                    | <b>Alveneu</b> , <b>Schwalbach</b> , <b>Spa</b> , <b>Pyrmont</b> , <b>St. Moritz</b> , <b>Loèche</b> , <b>Plombières</b> .                                                                                                                                                                                                                                              |
|                                                              | Saline bromo-iodurated waters.       | <b>Bex</b> , <b>Kreuznach</b> , <b>Droitwich</b> .                                                                                                                                                                                                                                                                                                                      |
|                                                              | Climatic mountain station.           | <b>Wildbad</b> , <b>Pontresina</b> , <b>Mürren</b> , <b>Schmecks</b> , <b>Rip-poldsau</b> , <b>St. Moritz</b> , <b>Samaden</b> , <b>Maloja</b> .                                                                                                                                                                                                                        |



| Name of Disease.                           | Medium.                                                                                                                                                                                                                                               | Places.                                                                                                                                                                                                                                                                                                                                                                                         |
|--------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Rheumatism</b> ...<br>(Articular)       | Thermal and hyperthermal, sulphurous and sulphurous-saline waters, mud and sand baths<br>Thermal alkali-saline waters<br>Saline waters ...<br>Sulphurous saline waters<br>Saline bromo-iodurated waters<br>Chalybeate waters .<br>Natural steam baths | <b>Aix-les-Bains, Dax, Baden</b> (Austria), Lœche, Abano, Aequi, Bath, Mehadia, Aequæ Albulæ, Amélie-les-Bains.<br>Teplitz-Schönau, Wiesbaden.<br><b>Baden-Baden, La Bourboule, Droitwich.</b><br>Alveneu, Caunterets, Ledesma, Tiermas, Schinznach, Acque-Albulæ, Bagnères-de-Bigorre.<br>Bex, Malvern.<br><b>Rippoldsau.</b><br>Abano, Monsummano, Stufa di Nerone, La Battaglia, Plombières. |
| <b>Rheumatism</b> ...<br>(With Neuralgia)  | Thermal sedative waters                                                                                                                                                                                                                               | Neris, Olette, Aci reale, Droitwich, Laubach, Wiesbaden, Wildbad, Schlangenbad.                                                                                                                                                                                                                                                                                                                 |
| <b>Rheumatism</b> ...<br>(With Dyspepsia.) | Thermal mixed effervescent waters<br>Saline ... ..                                                                                                                                                                                                    | Teplitz-Trenezin, Laubach, Chianciano, Gleichenberg, La Bourboule, Wiesbaden.<br><b>Baden-Baden, Droitwich, Malvern.</b>                                                                                                                                                                                                                                                                        |
| <b>Sciatica</b> ... ..                     | Thermal sulphate of lime waters<br>Thermal sulphurous waters<br>Thermal saline ...<br>Mixed alkaline ...<br>Various waters ...<br>Hydropathy ...                                                                                                      | Pistyan, Lœche, Bigorre, Ledesma.<br><b>Aix-les-Bains, Harrogate, Dax, Guagno, Aix.</b><br><b>Baden-Baden, Buzost, La Bourboule, Malvern.</b><br>Gleichenberg.<br>Gastein, <b>Wiesbaden</b> , Römerbad (Austria), Plombières, Aix.<br>Divonne-les-Bains, Gräfenberg, Laubach, Bushey, Droitwich.                                                                                                |
| <b>Scrofula</b> ... ..                     | Saline waters ...                                                                                                                                                                                                                                     | <b>Ischl, Baden-Baden, Niederbrunn, Kissingen, Kreuznach, Dunlanc, Ashby-de-la-Zouche, La Bourboule, Bex, Malvern.</b>                                                                                                                                                                                                                                                                          |

| Name of Disease.                         | Medium.                                      | Places.                                                                                                                                                                              |
|------------------------------------------|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Scrofula</b> ...<br>(continued).      | Cold ferruginous waters                      | Aberbrothwick, Gleichenberg, Plombières, <b>Schwalbach</b> .                                                                                                                         |
|                                          | Sea baths                                    | North Sea and Atlantic.                                                                                                                                                              |
|                                          | Various waters ...                           | <b>Amelie, Wildbad, Eaux-Bonnes, Schinznach, Abano, Loèche, Uriage, La Puda, Marlioz, Castellamare, Teplitz-Schönau, Baden (Austria), Chianciano, Acireale, Schwalbach, Divonne.</b> |
|                                          | Ferruginous waters                           | Alvèneu, Bagnères de Bigorre, <b>Cambo.</b>                                                                                                                                          |
|                                          | Winter stations ...<br>Climatic air stations | Corfú, Ajaccio.<br>Pontresina, <b>St. Moritz, Samaden, Cambo.</b>                                                                                                                    |
| <b>Scurvy</b> ...                        | Saline waters ...                            | <b>Ischl, Baden-Baden, La Bourboule.</b>                                                                                                                                             |
|                                          | Sulphurous waters                            | Caldanaccia, <b>Baden (Austria), Dax.</b>                                                                                                                                            |
|                                          | Ferruginous waters                           | Pyrmont, <b>Castellamare, Chianciano Schwalbach.</b>                                                                                                                                 |
| <b>Skin diseases</b> ...                 | Saline waters ...                            | <b>Ischl, Baden-Baden, Malvern, La Bourboule.</b>                                                                                                                                    |
|                                          | Alkaline mixed waters                        | <b>Mont-Dore, Wiesbaden.</b>                                                                                                                                                         |
|                                          | Sulphurous waters                            | Chianciano, Castellamare, Acireale, Schinznach.                                                                                                                                      |
|                                          | Sulphurous saline waters                     | Acque 'Albulæ,' Alvèneu, <b>Cauterets, Aix-les-Bains.</b>                                                                                                                            |
|                                          | Earthy waters ...<br>Natural steam baths     | <b>Loèche.</b><br>La Battaglia, Stufa di Nerone, Monsummano, Plombières.                                                                                                             |
| <b>Sores</b> ...<br>(Atonic)             | Ferruginous waters                           | Chianciano, Recoaro.                                                                                                                                                                 |
|                                          | Sulphurous saline waters                     | <b>Acque Albulæ.</b>                                                                                                                                                                 |
|                                          | ...                                          | ...                                                                                                                                                                                  |
| <b>Sinews</b> ...<br>(Affections of the) | Thermal alkali-saline waters                 | Teplitz-Schönau.                                                                                                                                                                     |
| <b>Spinal affections</b>                 | Saline waters ...                            | <b>Ischl, Uriage, Nauheim, La Bourboule.</b>                                                                                                                                         |
|                                          | Alkali-saline waters                         | Teplitz-Schönau.                                                                                                                                                                     |
|                                          | Hydrotherapy ...                             | Divonne, <b>Laubbach, Ben Rhydding, Gräfenberg, Bushey.</b>                                                                                                                          |
|                                          | Indifferent waters                           | <b>Wildbad.</b>                                                                                                                                                                      |



| Name of Disease.                   | Medium.                               | Places.                                                                                              |
|------------------------------------|---------------------------------------|------------------------------------------------------------------------------------------------------|
| Splenic obstructions               | Saline waters ...                     | Ischl, Castellamare, Kreuznach, La Bourboule, Sobrón.                                                |
|                                    | Alkaline ferruginous waters           | Gleichenberg, Recoaro, Chianciano, Pyrmont, Mont-Dore, Clifton.                                      |
|                                    | Sulphurous ...                        | Escoriaza, Caunterets.                                                                               |
| Sterility ... ..                   | Saline waters ...                     | Ischl, Droitwich.                                                                                    |
|                                    | Ferruginous waters                    | Forges-les-Eaux, Schwalbach, Gleichenberg, Plombières.                                               |
| Syphilis ... ..                    | Thermal sulphurous waters             | Aix-les-Bains, Baden, Schinznach (Austria), Mehadia, Luchon, Abano, Aulus, Loèche, Amélie-les-Bains. |
|                                    | Sulphurous carthy waters              | St. Filomena de Gommillaz.                                                                           |
|                                    | Thermal saline waters                 | Baden-Baden.                                                                                         |
|                                    | Iodurated waters                      | Krankenheil, Kreuth, Marlioz, Quinto, Alveneu.                                                       |
| Ulcers ... ..                      | Sulphurous waters                     | Uriage, Amélie, Eaux-Chaudes, Hartfel, Baden (Austria), Zaldivar. Schinznach, Acque Albulae.         |
|                                    | Silicated and mixed sulphurous waters | Valdieri, San Juan de Campos, Ledesma, Paterna,                                                      |
| Uric (diathesis) ...               | Saline waters ...                     | Baden-Baden, Ischl, La Bourboule, Jabalcuz, Ibero.                                                   |
|                                    | Indifferent waters .                  | Wildbad.                                                                                             |
| Urinary organs<br>catarrhs of the) | Indifferent waters                    | Wildbad, Vöslau.                                                                                     |
|                                    | Alkali-saline waters                  | Teplitz Schönnau, Contrexeville, Baden - Baden, Wiesbaden.                                           |
|                                    | Various waters ...                    | Bagnères de Bigorre, Cambo, Clifton.                                                                 |

| Name of Disease.                                  | Medium.                             | Places.                                                                                                                                  |
|---------------------------------------------------|-------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Uterus</b> ... ..<br>(Diseases and affections) | Sulphurous waters                   | Marlitz, Luehon, Baden (Austria), Chianciano, Ischl, Castellamare, Alveneu, Villaro, Cauterets.                                          |
|                                                   | Chlorinated waters                  | Lamotte, Niederbronn, Droitzwich,                                                                                                        |
|                                                   | Sea baths ... ..                    | Atlantic and North Sea.                                                                                                                  |
|                                                   | Mildly mineralised waters           | Bains, Luxeuil, Schlangenbergbad, Badenweiler, Vöslau, Plombières.                                                                       |
|                                                   | Alkaline effervescent waters        | Franzensbad, Wiesenbad, Contrexéville.                                                                                                   |
|                                                   | Effervescent ferruginous waters     | Gleichenberg, Recoaro, Puerto-Iano, Schwalbach.                                                                                          |
|                                                   | Saline iodo-brominated waters       | Bex, Malvern.                                                                                                                            |
|                                                   | Climatic air station                | <b>St. Moritz.</b>                                                                                                                       |
| <b>Vesical</b> ... ..<br>(disorders)              | Various waters ...                  | Castellamare, Contrexéville, Wildungen, Fachingen, Gleichenberg, Teplitz, Eisenberg, Beschtaubaths, Fonté, Salvador, Sobron, Villaharta. |
|                                                   | Hydrotherapy ...                    | Divonne, Laubach, Bushey.                                                                                                                |
| <b>Wounds, incised or by fire arms</b>            | Thermal sulphurous or saline waters | Loujo, Amélie, Ischia, Ischl, Baden Baden, Aix-les-Bains, Mehadia, Chianciano, La Bourboule, Malvern.                                    |
|                                                   | Indifferent waters.                 | Wildbad.                                                                                                                                 |
|                                                   | Mud baths ... ..                    | Franzensbad, Aequi, St. Amand, Teplitz-Schönan.                                                                                          |



## TABLE OF COMPARISON

| Death Rate ‰        | ‰  | Northern Latitude. | °     | Rainy days,<br>Dec., Jan. and Feb. | No. |
|---------------------|----|--------------------|-------|------------------------------------|-----|
| Genoa ... ..        | 37 | Cairo ... ..       | 29°59 | Palermo ... ..                     | 40  |
| Nice and Cannes ... | 35 | Funchal (Madeira)  | 32°28 | Corfu ... ..                       | 38  |
| Corfu ... ..        | 32 | Malaga ... ..      | 36°42 | Pau ... ..                         | 33  |
| Naples ... ..       | 31 | Algiers ... ..     | 36°47 | Rome ... ..                        | 32  |
| Florence ... ..     | 30 | Catania ... ..     | 37°30 | Funchal (Madeira)                  | 31  |
| Catania ... ..      | 30 | Palermo ... ..     | 38°06 | Pisa ... ..                        | 31  |
| Palermo ... ..      | 29 | Corfu ... ..       | 39°37 | Baden-Baden ...                    | 30  |
| Madeira ... ..      | 29 | Madrid ... ..      | 40°24 | Naples ... ..                      | 29  |
| Görz ... ..         | 27 | Naples ... ..      | 40°51 | Wiesbaden ... ..                   | 28  |
| Ajaccio ... ..      | 26 | Rome ... ..        | 41°53 | Florence ... ..                    | 27  |
| Venice ... ..       | 25 | Ajaccio ... ..     | 41°55 | Nervi ... ..                       | 25  |
| San-Remo ... ..     | 24 | Pau ... ..         | 43°20 | Algiers ... ..                     | 21  |
| Meran ... ..        | 23 | Mentone ... ..     | 43°47 | Cannes ... ..                      | 18  |
| Geneva ... ..       | 23 | San Remo ... ..    | 43°48 | Nice ... ..                        | 17  |
| Rome ... ..         | 23 | Nervi ... ..       | 44°22 | Pallanza ... ..                    | 17  |
| Mentone ... ..      | 22 | Venice ... ..      | 45°27 | Venice ... ..                      | 16  |
| Pau ... ..          | 22 | Arco ... ..        | 45°52 | Mentone ... ..                     | 16  |
| Acireale ... ..     | 20 | Görz ... ..        | 45°56 | St. Moritz ... ..                  | 16  |
| Davos ... ..        | 20 | Lugano ... ..      | 46°00 | Remo ... ..                        | 15  |
| Wiesbaden ... ..    | 19 | Montreux ... ..    | 46°26 | Lugano ... ..                      | 14  |
| Pegli ... ..        | 19 | Meran ... ..       | 46°41 | Ajaccio ... ..                     | 14  |
| Bordighera ... ..   | 19 | Baden-Baden ...    | 48°46 | Catania ... ..                     | 13  |
| Montreux ... ..     | 19 | Wiesbaden ... ..   | 50°04 | Malaga ... ..                      | 12  |
| Upper Engadine ...  | 19 | Görbersdorf ...    | 50°40 | Meran ... ..                       | 11  |
| Malvern ... ..      | 8  | Berlin ... ..      | 52°30 | Cairo ... ..                       | 9   |

| Relative dampness<br>of air, from<br>1st Oct. to 30th Apr. | %  | Height<br>above sea level. | Feet. | Mean<br>winter temperature,<br>Dec., Jan. and Feb. | F.<br>° |
|------------------------------------------------------------|----|----------------------------|-------|----------------------------------------------------|---------|
| Wiesbaden ... ..                                           | 80 | St. Moritz ... ..          | 5,800 | Funchal (Maderia)                                  | 68·0    |
| Baden-Baden ... ..                                         | 79 | Samaden ... ..             | 5,500 | Algiers ... ..                                     | 63·5    |
| Venice ... ..                                              | 79 | Davos ... ..               | 5,200 | Cairo ... ..                                       | 62·0    |
| Pisa ... ..                                                | 79 | St. Beatenberg ...         | 3,500 | Málaga ... ..                                      | 59·5    |
| Pau ... ..                                                 | 79 | Schmécks ... ..            | 3,100 | Palermo ... ..                                     | 57·5    |
| Montreux ... ..                                            | 79 | Reiboldsgrün ...           | 2,100 | Catania ... ..                                     | 57·5    |
| Corfu ... ..                                               | 77 | Görbersdorf... ..          | 1,776 | Ajaccio ... ..                                     | 57·0    |
| Ajaccio ... ..                                             | 76 | Bex ... ..                 | 1,380 | Corfu ... ..                                       | 57·0    |
| Palermo ... ..                                             | 75 | Veldes ... ..              | 1,505 | San Remo ... ..                                    | 54·0    |
| Florence ... ..                                            | 73 | Obermais ... ..            | 1,172 | Mentone ... ..                                     | 52·5    |
| Naples ... ..                                              | 73 | Meran ... ..               | 1,100 | Cannes ... ..                                      | 52·0    |
| Lugano... ..                                               | 72 | Lugano... ..               | 870   | Naples ... ..                                      | 52·0    |
| Catania... ..                                              | 72 | Gries ... ..               | 832   | Nice ... ..                                        | 51·5    |
| St. Moritz ... ..                                          | 72 | Pallanza ... ..            | 611   | Nervi ... ..                                       | 51·0    |
| Madeira ... ..                                             | 72 | Malvern ... ..             | 502   | Rome ... ..                                        | 50·0    |
| Görz ... ..                                                | 72 | Wiesbaden ... ..           | 371   | Pisa ... ..                                        | 48·0    |
| Rome ... ..                                                | 71 | Görz ... ..                | 302   | Pau ... ..                                         | 45·0    |
| Mentone ... ..                                             | 71 | Arco ... ..                | 299   | Venice ... ..                                      | 40·4    |
| Lesina ... ..                                              | 69 | Florence ... ..            | 231   | Görz ... ..                                        | 40·2    |
| Pallanza ... ..                                            | 68 | Palermo ... ..             | 228   | Arco ... ..                                        | 40·2    |
| Meran ... ..                                               | 68 | Rome ... ..                | 199   | Pallanza ... ..                                    | 40·0    |
| Cairo ... ..                                               | 67 | Naples (Osservat.)         | 180   | Lugano... ..                                       | 39·5    |
| San Remo ... ?                                             | 66 | Catania... ..              | 100   | Montreux ... ..                                    | 38·0    |
| Cannes ... .. ?                                            | 65 | Cairo ... ..               | 70    | Meran ... ..                                       | 37·0    |
| Nice ... .. ?                                              | 62 | Nice ... ..                | 63    | Wiesbaden ... ..                                   | 33·0    |



| NAME     | SEX | AGE |
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# TABLE

SHOWING THE QUICKEST ROUTE, MODE OF  
CONVEYANCE, TIME AND FARES TO VARIOUS  
HEALTH RESORTS.

*Time and prices are calculated from Paris.*

Fares for places in Germany and Austria are calculated—  
1st Class in France.  
2nd „ in Germany and Austria.

| Name<br>of Station.           | Page. | Mode of Travelling.                                                                                                                 | Time. | Price.   |
|-------------------------------|-------|-------------------------------------------------------------------------------------------------------------------------------------|-------|----------|
|                               |       |                                                                                                                                     | H. M. | Fr. cts. |
| Abano (Italy) ...             | 1     | P.L.M., <i>viâ</i> Mont Cenis, Turin,<br>Milan, Padua ... ..                                                                        | 31 0  | 144 25   |
| Acireale (Sicily)             | 2     | P.L.M., <i>viâ</i> Mont Cenis or Venti-<br>miglia, Genoa, Rome, Naples,<br>Reggio, Messina... ..                                    | 69 0  | 239 75   |
| Acqui (Italy) ...             | 5     | P.L.M., <i>viâ</i> Mont Cenis, Turin<br>and Alessandria... ..                                                                       | 24 45 | 114 30   |
| Agueda (Sta.)<br>Spain.       | 237   | O. & S. F., <i>viâ</i> Bordeaux,<br>Irun, Tolosa, Zumarraga<br>(20 h. 11 m.), diligence or<br>carriage, <i>viâ</i> Mondragon (4 h.) | 24 10 | 126 35   |
| Aix (Provence) ...            | 7     | P.L.M., <i>viâ</i> Lyons and Marseilles,<br>branching off at Rognac ...                                                             | 18 36 | 106 18   |
| Aix-les-Bains<br>(Savoy).     | 7     | P.L.M., <i>viâ</i> Macon and Culois ...                                                                                             | 14 30 | 71 60    |
| Aix-la-Chapelle<br>(Prussia). | 7     | N. of F., <i>viâ</i> Erquelines and<br>Namur-Verviers... ..                                                                         | 9 30  | 48 0     |
| Ajaccio (Corsica)             | 10    | P.L.M. to Marseilles (16h.),<br>thence by C.G.T. steamer (12 h.)                                                                    | 23 0  | 125 0    |
| Aled (Aude) ...               | 12    | P.L.M. and S. of F., <i>viâ</i> Toulouse,<br>Montpellier and Cette ...                                                              | 19 50 | 104 80   |
| Alexisbad<br>(Thuringia).     | 13    | N. of F., <i>viâ</i> Cologne-Minden,<br>Brunswick, Ballenstedt (29 h.),<br>diligence (3½ h.) ... ..                                 | 32 15 | 118 95   |
| Algiers ... ..                | 13    | P.L.M. to Marseilles (16h. 25 m.),<br>thence by C.G.T. steamer to<br>Algiers (40 h.) ... ..                                         | 56 25 | 177 0    |
| Alhama de<br>Aragon (Spain)   | 13    | O. and S. of F., <i>viâ</i> Bordeaux,<br>Irun, Burgos, Madrid, and<br>Guadalajara ... ..                                            | 43 38 | 238 75   |
| Alhama de<br>Murcia (Spain)   | 14    | O. and S. of F., <i>viâ</i> Bordeaux,<br>Irun, Burgos, Madrid, Car-<br>thagena, Murcia (52 h. 20 m.),<br>carriage (5 h.) ... ..     | 57 20 | 306 40   |



| Name<br>of Station.                    | Page. | Mode of Travelling.                                                                                                         | Time. | Price.   |
|----------------------------------------|-------|-----------------------------------------------------------------------------------------------------------------------------|-------|----------|
| <b>Allevard</b> (Isère)                | 15    | P.L.M., <i>viâ</i> Lyons and Chambéry to Gonesse (15 h. 20 m.), thence by carriage to Allevard (1½ h.)                      | H. M. | Fr. cts. |
| <b>Altwasser</b> (Silesia), Alvenu.    | 17    | N. of F., <i>viâ</i> Aix-la-Chapelle, Cologne, Berlin, and Kohlfurt                                                         | 16 50 | 85 0     |
| <b>Amélie-les-Bains</b> (Pyrenées).    | 17    | S. of F., <i>viâ</i> Toulouse to Perpignan (21 h.), carriage from Perpignan (3 h.)                                          | 33 0  | 160 50   |
| <b>Amphion</b> (Savoie).               | 18    | P.L.M., <i>viâ</i> Lyons, Culoz, Geneva                                                                                     | 24 30 | 120 25   |
| <b>Amsterdam</b> ...                   | 18    | <i>viâ</i> Harwich by boat ...<br>Or by N. of F., <i>viâ</i> Brussels and Antwerp, Rotterdam ...                            | 13 0  | 81 20    |
| <b>Andabre</b> (Aveyron).              | 19    | S. of F., <i>viâ</i> Toulouse, Beziers, Bedarient to St. Afrique (27 h. 30 m.), carriage from St. Afrique (2 h.)            | 15 30 | 42 50    |
| <b>Antogast</b> (Baden).               | 20    | E. of F., <i>viâ</i> Strasburg and Oppenau (14 h. 30 m.), carriage (½ h.)                                                   | 15 40 | 69 40    |
| <b>Arcachon</b> (Gironde).             | 21    | S. of F., <i>viâ</i> Bordeaux, branching off at Lamothe ...                                                                 | 29 30 | 141 0    |
| <b>Archena</b> (Spain)                 | 21    | O. and S. of France, <i>viâ</i> Bordeaux, Irun, Burgos, Madrid, Carthagena ...                                              | 15 0  | 66 50    |
| <b>Arechevaleta</b> (Spain).           | 21    | O. and S. F., <i>viâ</i> Bordeaux, Irun, Tolosa, Zumarraga (20 h. 11 m.) carriage (2 h.)                                    | 10 0  | 78 70    |
| <b>Arnedillo</b> (Spain).              | 23    | O. and S. of F., <i>viâ</i> Bordeaux, Irun, Tolosa, Vitoria, Miranda, Logroño, and Calahorra (32 h. 30 m.), carriage (4 h.) | 51 0  | 292 65   |
| <b>Audinec</b> (Pyrenées).             | 25    | O. and S. of F., <i>viâ</i> Bordeaux, Toulouse and St. Girons (19 h. 25 m.), carriage (30 m.)                               | 22 11 | 121 35   |
| <b>Aulus</b> (Ariège) ...              | 25    | S. of F., <i>viâ</i> Bordeaux, Toulouse, Montrejeau, Boussens to St. Giron (21 h. 30 m.), carriage from St. Giron (3 h.)    | 36 30 | 159 15   |
| <b>Avesne</b> (Pyrenées).              | 26    | P.L.M. and S. of F., <i>viâ</i> Lyons, Tarascon, Narbonne, and Bousquet d'Orb (19 h. 30 m.), carriage (50 m.)               | 19 55 | 117 85   |
| <b>Ax</b> (Ariège).                    | 26    | S. of F. up to Foix (19 h.), carriage from Foix to Ax (4 h.)                                                                | 24 30 | 119 0    |
| <b>Baden-Baden</b>                     | 28    | E. of F., <i>viâ</i> Strasburg and Kehl                                                                                     | 20 20 | 133 60   |
| <b>Baden</b> (Austria)                 | 27    | E. of F., <i>viâ</i> Strasburg, Kehl, Munich, and Passau ...                                                                | 23 0  | 118 0    |
| <b>Baden</b> (Switzerland).            | 28    | E. of F. <i>viâ</i> Basle and Aarau ...                                                                                     | 13 30 | 71 15    |
| <b>Badenweiler</b> (Baden).            | 30    | E. of F. Railway, <i>viâ</i> Belfort and Basle (5 h.) carriage (½ h.)                                                       | 15 30 | 73 95    |
| <b>Bagnères de Bigorre</b> (Pyrenées). | 31    | S. of F., <i>viâ</i> Bordeaux and Mouton, branching at Tarbes ...                                                           | 21 45 | 105 0    |

| Name<br>of Station.                 | Page. | Mode of Travelling.                                                                                                                | Time.         | Price.         |
|-------------------------------------|-------|------------------------------------------------------------------------------------------------------------------------------------|---------------|----------------|
|                                     |       |                                                                                                                                    | H. M.         | Fr. cts.       |
| Bagnères de Lu-<br>chon (Pyrenées). |       | S. of F., <i>viâ</i> Bordeaux and Ton-<br>louse, branching at Montrejeau                                                           | 23 50         | 106 35         |
| Bagnoles de<br>l'Orne.              | 33    | W. of F. Railway, <i>viâ</i> Granville,<br>Briacze, and La Fert-macé ...                                                           | 7 0           | 29 50          |
| Bagnoli, near<br>Naples.            | 33    | P.L.M., <i>viâ</i> Mont Cenis, Gcnua,<br>Rome and Naples ...                                                                       | 43 0          | 190 0          |
| Bagnols ...                         | 33    | P.L.M. <i>viâ</i> Brioude and Villefort<br>(15 h. 36 m.), carriage (3 h.<br>30 m.) ...                                             | 19 6<br>10 30 | 67 65<br>56 30 |
| Bains (Vosges) ...                  | 33    | E. of F., <i>viâ</i> Nancy and Epinal ...                                                                                          | 19 30         | 98 90          |
| Balaruc (Hérault)                   | 34    | P.L.M., <i>viâ</i> Lyons and Cette ...                                                                                             |               |                |
| Balaton-Furéd<br>(Hungary)          | 124   | E. of F., <i>viâ</i> Avricourt, Strasburg,<br>Munich, Vienna, Pesth and<br>Sis-Fók (47 h. 15 m.), steam-<br>boat (1 hour) ...      | 48 15         | 223 90         |
| Barbazan (Pyre-<br>nees).           | 33    | O. and S. of F., <i>viâ</i> Bordeaux,<br>Tarbes, Montrejeau and Lour-<br>des (18 h. 40 m.), carriage ( $\frac{1}{2}$ h.)           | 19 10         | 109 90         |
| Barbotan ...                        | 35    | O. and S. of F., <i>viâ</i> Bordeaux and<br>Mont à Marsan (15 h. 20 m.),<br>carriage (3 h. 30 m.) ...                              | 18 50         | 97 30          |
| Barcelona ...                       | 36    | P.L.M. to Marseilles by boat, or<br>S. of F., <i>viâ</i> Toulouse and<br>Cettc ...                                                 | 28 25         | 151 25         |
| Barèges ...                         | 36    | S. of F., <i>viâ</i> Bordeaux, branching<br>at Lourdes for Pierrefitte (19 h.<br>30 m.). Carriage from Pierre-<br>fitte (2 h.) ... | 21 30         | 113 0          |
| Basle ...                           | 37    | E. of F., <i>viâ</i> Belfort ...                                                                                                   | 10 50         | 63 20          |
| Battaglia (La)<br>Italy             | 38    | P.L.M., <i>viâ</i> Macon, Culoz, Turin,<br>Milan, Brescia and Padua ...                                                            | 31 9          | 145 15         |
| Bauche (La) ...                     | 38    | P.L.M., <i>viâ</i> Dijon, Macon, Cham-<br>béry (13 h. 45 m.), carriage<br>(3 $\frac{1}{2}$ h.) ...                                 | 17 15         | 79 35          |
| Berlin ...                          | 41    | M. of F., <i>viâ</i> Vcnlo, Lehrte, Han-<br>nover or Cologne-Magdeburg                                                             | 22 0          | 119 40         |
| Berne ...                           | 42    | E. of F., <i>viâ</i> Belfort-Basle, Olten                                                                                          | 14 25         | 74 50          |
| Bertrich<br>(Rhenish Prussia)       | 42    | E. of F., <i>viâ</i> Metz, Treves and<br>Bullay (12 h. 30 m.), diligenco<br>(50 m.) ...                                            | 13 20         | 68 85          |
| Biarritz (Pyre-<br>nees).           | 44    | S. of F., <i>viâ</i> Bordeaux and Bayo-<br>nne ...                                                                                 | 19 30         | 96 80          |
| Bilin (Bohemia)...                  | 45    | N. of F., <i>viâ</i> Cologne, Hanover,<br>Magdeburg, Halle, Leipzig,<br>Dresden and Aussig ...                                     | 32 30         | 146 25         |
| Bocklet (Bavaria)                   | 47    | E. of F., <i>viâ</i> Metz, Frankfort-on-<br>Mainc, Würzburg, Kissingen<br>(29 h. 10 m.), carriage (1 h.) ...                       | 30 10         | 122 25         |
| Bondonneau ...                      | 49    | P. L. M. <i>viâ</i> Lyons, Valence and<br>Montélimart (14 h. 30 m.), car-<br>riage (30 m.) ...                                     | 15 0          | 83 55          |
| Bordeaux ...                        | 49    | O. Railway ...                                                                                                                     | 10 50         | 72 5           |
| Bormio (Upper<br>Val Tellino)       | 50    | E. of E., <i>viâ</i> Basle, Lucerne,<br>Bellaggio Colico (29 h. 49 m.),<br>carriage (15 h.) ...                                    | 44 49         | 142 20         |
| Boulogne ...                        | 51    | N. of F. ...                                                                                                                       | 4 35          | 31 35          |



| Name<br>of Station.                     | Page. | Mode of Travelling.                                                                                                                         | Time.  | Price.   |
|-----------------------------------------|-------|---------------------------------------------------------------------------------------------------------------------------------------------|--------|----------|
|                                         |       |                                                                                                                                             | H. M.  | Fr. cts. |
| Boulou, Le ...                          | 51    | O. and S. of F., <i>viâ</i> Bordeaux and Toulouse to Perpignan. (23 h.) carriage thence to Le Boulou. (1½ h.) ... ..                        | 24 30  | 126 50   |
| Bourbon-l'Ar-<br>chambault<br>(Allier). | 52    | Orleans Railway to Sauvigny (5 h. 35 m.), carriage from Sauvigny (1 h.) ... ..                                                              | 6 35   | 40 75    |
| Bourbonlancy<br>(Saône and<br>Loire).   | 52    | Orléans and P.L.M. to Moulins and Gilly (7 h. 55 m.), thence by carriage (1½ h.) ... ..                                                     | 9 10   | 46 5     |
| Bourbonne les<br>Bains.                 | 52    | E. of F. Railway, branch at Vitrey (8½ h.) ... ..                                                                                           | 8 30   | 48 75    |
| Bourboule, La<br>(Puy de Dôme).         | 52    | P.L.M. Bourbonnais line <i>viâ</i> Clermont-Ferrand and to Laqueille (12 hours), carriage (1½ hours) ... ..                                 | 13 30  | 60 0     |
| BrideslesBains<br>(Savoy).              | 55    | P.L.M., <i>viâ</i> Culoz and Chambéry to Chamousset (15 h.); thence by carriage (8 h.) ... ..                                               | 20 50  | 93 0     |
| Brückenau<br>(Bavaria).                 | 57    | E. of F., <i>viâ</i> Metz, Frankfort-on-Maine, Würzburg and Kissingen (28 h. 40 m.), carriage (5 h.) ... ..                                 | 33 40  | 125 50   |
| Brussels ... ..                         | 58    | Dover, Ostend ... ..<br>Or from Paris by N. of F. Railway, <i>viâ</i> Maubeuge ... ..                                                       | 8 30   | 58 75    |
| Buda-Pesth<br>(Ofen, Hungary)           | 230   | E. of F., <i>viâ</i> Avricourt, Strasbourg, Munich, Salzburg and Vienna ... ..                                                              | 9 20   | 39 70    |
| Buzot (Spain) ...                       | 62    | P.L.M., and S. of F., <i>viâ</i> Tarascon, Cotte, Port-Vendres, Barcelona, Valencia, Eucina and Alicante (52 hours), carriage (2 h.) ... .. | 36 30  | 180 50   |
| Bussang<br>(Vosges).                    | 61    | E. of F. Railway, line of Epinal ... ..                                                                                                     | 54 0   | 289 15   |
|                                         |       |                                                                                                                                             | 11 15  | 60 35    |
| Cadéac (Pyrénées)                       | 63    | O. and S. of F., <i>viâ</i> Bordeaux, Montrejeau and Lannemezan (21 h. 45 m.), carriage, <i>viâ</i> Arreau, (2 h. 50 m.) ... ..             | 24 35  | 122 85   |
| Caille, La (Savoy)                      | 63    | P.L.M., <i>viâ</i> Macon and Geneva (11h. 50m.), carriage, (3h. 30m.) ... ..                                                                | 15 20  | 83 05    |
| Cairo (Egypt) ...                       | 63    | P.L.M., <i>viâ</i> Mont Cenis and Brindisi (70 h.); thence by C.G.T. steamer (79½ h.) ... ..                                                | 149 30 | 551 25   |
| Caldanicia<br>(Corsica).                | 63    | P.L.M. and C.G.T. boats, <i>viâ</i> Lyons, Marseilles, and Ajaccio, train (15 h. 45 m.), boat (12 to 15 h.), carriage (1 h. 30 m.) ... ..   | 32 15  | 144 30   |
| Caldas de Cuntis<br>(Spain).            | 64    | O. and S. of F., <i>viâ</i> Bordeaux, Irun, Palencia, La Coruña, Santiago, and El Carril (53 h.), carriage (5 h.) ... ..                    | 58 0   | 241 25   |
| Caldas de Mom-<br>buy Spain).           | 64    | P.L.M. and S. of F., <i>viâ</i> Tarascon, Carcassonne, Port Bon and Mollet (28 h. 52 m.), carriage (2 h.) ... ..                            | 30 52  | 176 70   |

| Name<br>of Station.                 | Page. | Mode of Travelling.                                                                                                                                                | Time.        | Price.          |
|-------------------------------------|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-----------------|
|                                     |       |                                                                                                                                                                    | <b>H. M.</b> | <b>Fr. cts.</b> |
| Caldas de Ovi-<br>edo (Spain).      | 64    | O. and S. of F., <i>viâ</i> Bordeaux,<br>Irun, Vitoria, Burgos, Venta<br>de Baños, Palencia, Busdongo<br>and Pola de Leña (37 h. 46 m.),<br>carriage (5 h.) ... .. | 42 46        | 252 15          |
| Caldas de Reyes<br>(Spain).         | 65    | Same itinerary as Caldas de<br>Cuntis.                                                                                                                             | —            | —               |
| Cambo (France)                      | 66    | O. and S. of F., <i>viâ</i> Bordeaux,<br>Dax and Bayonne (16 h. 10 m.),<br>carriage (2 h.) ... ..                                                                  | 18 10        | 93 45           |
| Campagne<br>(France).               | 66    | O. and S. of F., <i>viâ</i> Bordeaux,<br>Toulouse, Carcassonne and<br>Esperanza (17 h. 35 m.), car-<br>riage ( $\frac{1}{2}$ h.) ... ..                            | 18 5         | 121 60          |
| Cannes ... ..                       | 67    | P.L.M., <i>viâ</i> Lyons, Marseilles, and<br>Toulon ... ..                                                                                                         | 20 25        | 130 0           |
| Cannstadt<br>(Württemberg).         | 69    | E. of F., <i>viâ</i> Avricourt, Stras-<br>burg, Carlsruhe and Stuttgart                                                                                            | 17 10        | 80 30           |
| Capri (Island) ...                  | 69    | P.L.M., <i>viâ</i> Mont Cenis, Genoa,<br>Rome, Naples, thence by boat<br>(3 h.) ... ..                                                                             | 46 0         | 198 0           |
| Capvern (Pyre-<br>nees).            | 70    | S. of F., <i>viâ</i> Bordeaux and Tarbes                                                                                                                           | 17 51        | 106 70          |
| Carcanières<br>(France).            | 70    | P. L. M., <i>viâ</i> Lyons, Tarascon,<br>Carcassonne, and Quillau (24 h.<br>30 m.), carriage, <i>viâ</i> Axat,<br>(4 h. 30 m.) ... ..                              | 29 0         | 131 70          |
| Carlsbad (Bohe-<br>mia).            | 162   | E. of F., <i>viâ</i> Strasburg, Heidel-<br>berg, Würzburg, and Eger ...                                                                                            | 32 0         | 119 80          |
| Carlsruhe ... ..                    | 71    | E. of F., <i>viâ</i> Forbach, Mayence,<br>Mannheim ... ..                                                                                                          | 14 30        | 70 65           |
| Carratraca<br>(Spain).              | 71    | O. and S. of F., <i>viâ</i> Bordeaux,<br>Irun, Burgos, Madrid, Cor-<br>doba, and Gobantes (59 h. 25 m.),<br>carriage (2 $\frac{1}{2}$ h.) ... ..                   | 62 0         | 336 60          |
| Casciano ... ..                     | 72    | P.L.M. <i>viâ</i> Lyons and Genoa and<br>Leghorn to Pontedera (44 h.);<br>thence carriage (3 h.) ... ..                                                            | 47 0         | 210 0           |
| Cassel ... ..                       | 72    | N. of F., <i>viâ</i> Cologne-Giessen ...                                                                                                                           | 19 25        | 90 12           |
| Castellamare<br>(near Naples.)      | 73    | P.L.M., <i>viâ</i> Mont Cenis, Genoa,<br>Rome, and Naples ... ..                                                                                                   | 50 20        | 248 0           |
| Castéra-Verdu-<br>zan (France).     | 74    | O. and S. of F., <i>viâ</i> Bordeaux,<br>Agen, and Auch (16 h. 10 m.),<br>carriage (3 h.) ... ..                                                                   | 19 10        | 104 40          |
| Catania (Sicily)                    | 75    | P.L.M., <i>viâ</i> Mont Cenis, Genoa,<br>Rome, and Naples (45 h.);<br>by steamer (24 $\frac{1}{2}$ h.) ... ..                                                      | 69 30        | 240 65          |
| Cauterets (Pyre-<br>nees).          | 76    | S. of F., <i>viâ</i> Bordeaux, branching<br>from Lourdes to Pierrefitte<br>(10 h. 30 m.), carriage from<br>thence (2 h.) ... ..                                    | 21 30        | 111 90          |
| Cauvalat-lez-le-<br>Vigan (France). | 77    | P. L. M., <i>viâ</i> Lyons, Tarascon,<br>Lunel, and Vigan (22 h.), car-<br>riage ( $\frac{1}{2}$ h.) ... ..                                                        | 22 30        | 111 45          |
| Celles ... ..                       | 77    | P.L.M. branch at Livron, and<br>stop at Voulte (14 $\frac{1}{2}$ h.), thence<br>by carriage ( $\frac{1}{2}$ h.) ... ..                                             | 15 0         | 82 0            |



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|                                  |       |                                                                                                                                  | H. M. | Fr. cts. |
| Cestona-Gues-<br>alaya (Spain).  | 78    | O. and S. of F., <i>viâ</i> Bordeaux,<br>Irun, Tolosa, and Zummaraga<br>(20 h. 11 m.), carriage (2 h.) ...                       | 22 11 | 122 35   |
| Challes (Savoy)                  | 78    | P. L. M., <i>viâ</i> Culoz to Chambéry<br>(13½ h.) thence by carriage<br>(½ h.) ...                                              | 14 0  | 75 0     |
| Charlotten-<br>brunn (Silesia).  | 79    | N. of F., <i>viâ</i> Cologne, Berlin,<br>Liegnitz, and Altwasser (31 h.<br>54 m.), diligence (1 h. 20 m.) ...                    | 33 15 | 163 0    |
| Chateauneuf ...                  | 80    | P. L. M., Bourbonnais line to<br>Riome (8 h. 40 m.), carriage<br>(3 h.) ...                                                      | 11 40 | 57 35    |
| Châteldon<br>(France).           | 80    | P. L. M. <i>viâ</i> Nevers, Moulins,<br>and Vichy (8 h. 26 m.), ear-<br>riage (2½ h.) ...                                        | 11 3  | 51 95    |
| Chatel-Guyon                     | 80    | P. L. M., <i>viâ</i> Nevers and Riome,<br>(8 h. 30 m.), carriage (1 h.) ...                                                      | 9 30  | 53 10    |
| Chaudes-Aig-<br>ues (France).    | 80    | P. L. M. and O., <i>viâ</i> Nevers,<br>Clermont-Ferrand, Arvant,<br>and Neussargues (12 h. 25 m.),<br>carriage (9 h. 30 m.) ...  | 21 55 | 70 65    |
| Chianciano<br>(Italy).           | 81    | P. L. M., <i>viâ</i> Modane, Turin,<br>Genoa, Florence and Asciano<br>(38 h. 30 m.), carriage (½ h.) ...                         | 39 0  | 191 85   |
| Chiclana (Spain).                | 82    | O. and S. of F., <i>viâ</i> Bordeaux,<br>Irun, Burgos, Madrid, Cor-<br>doba, Sevilla and Cadiz (62 h.),<br>carriage (2½ h.) ...  | 64 30 | 372 70   |
| Chitignano<br>(Italy).           | 82    | P. L. M., <i>viâ</i> Mont Cenis, Flor-<br>ence and Arezzo (34 h. 30 m.),<br>carriage (2 h.) ...                                  | 36 30 | 186 70   |
| Coblence ...                     | 86    | E. of F., <i>viâ</i> Forbach-Treves, and<br>N. of F., <i>viâ</i> Cologne ...                                                     | 12 30 | 67 50    |
| Coise (Savoy) ...                | 87    | P. L. M., <i>viâ</i> Culoz, Chambéry,<br>and Cruet (14 h. 25 m.), dili-<br>gence (1½ h.) ...                                     | 15 55 | 76 45    |
| Cologne ...                      | 87    | N. of F., <i>viâ</i> Erquelines-Verviers<br>Aix la Chapelle ...                                                                  | 10 0  | 60 0     |
| Contrexéville<br>(Vosges.)       | 88    | E. of F., <i>viâ</i> Langres and Chal-<br>lendrey ...                                                                            | 8 0   | 51 25    |
| Cordoba ...                      | 89    | O. and S. of F., <i>viâ</i> Bordeaux,<br>from Madrid, Toledo, and<br>Ciudad Real ...                                             | 53 10 | 292 45   |
| Courmayeur &<br>La Saxe (Italy). | 91    | P. L. M., <i>viâ</i> Lyons, Culoz, Mont<br>Cenis, and Aosta (19 h. 10 m.),<br>carriage (5 h.) ...                                | 24 10 | 128 25   |
| Cransac ...                      | 92    | S. of F. Railway to Cransac ...                                                                                                  | 15 0  | 73 85    |
| Cudowa (Silesia)                 | 93    | N. of F., <i>viâ</i> Cologne, Hanover,<br>Madeburg, Leipzig, Dresden,<br>Chotzen, Nachod (38 h. 30 m.),<br>diligence (2½ h.) ... | 41 0  | 173 70   |
| Cusset ...                       | 94    | Orleans Railway to Cusset ...                                                                                                    | 10 30 | 45 0     |
| Dax (Landes) ...                 | 95    | S. of F., <i>viâ</i> Bordeaux ...                                                                                                | 15 0  | 90 80    |
| Deauville (Cal-<br>vados).       | 95    | W. of F. ...                                                                                                                     | 7 0   | 30 0     |

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|                            |       |                                                                                                                   | H. M. | Fr. cts. |
| Dieppe (Seine Inf.).       | 96    | W. of F. ... ..                                                                                                   | 4 0   | 20 65    |
| Divonne les Bains.         | 98    | P.L.M. to Geneva, thence by rail to Nyon, carriage from Nyon ( $\frac{1}{2}$ h.) ... ..                           | 15 30 | 81 0     |
| Dresden ... ..             | 101   | N. of F., <i>viâ</i> Cologne, Berlin, Leipzig, or Cologne, Frankfurt, Leipzig ... ..                              | 28 25 | 137 50   |
| Driburg ... ..             | 101   | N. of F., <i>viâ</i> Cologne, Hamm, and Altenbecken ... ..                                                        | 17 40 | 82 50    |
| Dürkheim an der Hardt.     | 103   | E. of F., <i>viâ</i> Forbach, Saarbrücken and Neustadt ad. Haardt ... ..                                          | 15 0  | 68 30    |
| Eaux-Bonnes (Pyrenées).    | 104   | O. and S. of F., <i>viâ</i> Bordeaux, Pau and Laruns ( $17\frac{1}{2}$ h.), carriage ( $\frac{1}{2}$ h.) ... ..   | 18 0  | 105 0    |
| Eaux-Chaudes (Pyrenées)    | 105   | Same as above, $\frac{1}{2}$ h. more by carriage ... ..                                                           | 18 30 | 112 0    |
| Elster (Bohemia).          | 108   | E. of F., <i>viâ</i> Avricourt, Strasbourg, Munich, Regensburg, and Eger ... ..                                   | 30 50 | 134 50   |
| Ems (Nassau) ...           | 108   | N. of F., <i>viâ</i> Erquelines, Namur, Cologne, Coblenz, Oberlahnstein ... ..                                    | 16 15 | 71 15    |
| Encausse (Pyrenées).       | 109   | O. and S. of F., <i>viâ</i> Limoges, Toulouse, and St. Gaudens (19 h. 10 m.), carriage (1 h.) ...                 | 20 10 | 116 85   |
| Enghien (Seine and Oise).  | 109   | N. of F. ... ..                                                                                                   | 0 20  | 1 35     |
| Escaldas (Las) (Pyrenées). | 110   | P.L.M. and S. of F., <i>viâ</i> Tarascon, Cette, Perpignan, and Prades (22 h. 30 m.), carriage (10 h.) ...        | 32 30 | 143 85   |
| Étretat (Seine Inf.).      | 111   | W. of F., to Ifs (4 h. 50 m.), carriage to Étretat (1 h.) ... ..                                                  | 5 50  | 28 0     |
| Euzet (France).            | 111   | P.L.M., <i>viâ</i> Nevers, Langogne, and Alais (17h. 27 m.), carriage ( $1\frac{1}{2}$ h.) ... ..                 | 19 0  | 86 15    |
| Evian (Savoy) ...          | 111   | P.L.M., <i>viâ</i> Lyons, Geneva, and Bellegarde ... ..                                                           | 13 0  | 82 20    |
| Fécamp (Seine Inf.).       | 113   | W. of F. ... ..                                                                                                   | 5 20  | 7 30     |
| Fitero (Spain) ...         | 115   | O. and S. of F., <i>viâ</i> Bordeaux, Irun, Alsásua, Castejon (26 h. 16 m.), carriage ( $3\frac{1}{2}$ h.) ... .. | 29 45 | 164 75   |
| Florence... ..             | 117   | P.L.M., <i>viâ</i> Geneva and Pisa ... ..                                                                         | 32 30 | 160 75   |
| Foucaude (France)          | 120   | P.L.M., <i>viâ</i> Lyons, Tarascon and Montpellier (19 h. 16 m.), carriage ( $\frac{1}{2}$ h.) ... ..             | 19 46 | 104 85   |
| Forges (Seine Inf.)        | 119   | W. of F. to Fécamp, stop at Forges ... ..                                                                         | 3 15  | 14 0     |
| Frankfurt ... ..           | 120   | N. of F., <i>viâ</i> Cologne, Mayence, or E. of F., <i>viâ</i> Forbach, Mayence... ..                             | 18 30 | 77 15    |

| Name<br>of Station.                                 | Page. | Mode of Travelling.                                                                                                     | Time. | Price.   |
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|                                                     |       |                                                                                                                         | H. M. | Fr. cts. |
| <b>Franzensbad</b><br>(Bohemia)                     | 121   | E. of F., <i>viâ</i> Strasburg, Ulm,<br>Regensburg, and Eger ...                                                        | 28 0  | 114 35   |
| <b>Friedrichshall</b><br>(Bavaria)                  | 123   | E. of F., <i>viâ</i> Forbach, Mayence,<br>Frankfort and Coburg (20 h.<br>45 m.), carriage (4 h.) ...                    | 24 25 | 118 75   |
| <b>Fuencaliente</b><br>(Spain)                      | 123   | O. and S. of F., <i>viâ</i> Bordeaux,<br>Irun, Madrid, Ciudad, Real,<br>Veredas (47 h. 55 m.), carriage<br>(3½ h.) ...  | 51 25 | 267 40   |
| <b>Gastein</b> (Tyrol)...                           | 126   | E. of F., <i>viâ</i> Strasburg, Munich,<br>Salzburg, to Lend (33 h.), ear-<br>riage from Lend to Gastein<br>(3 hr.) ... | 33 20 | 143 85   |
| <b>Gazost</b> (France)                              | 126   | O. and S. of F., <i>viâ</i> Bordeaux,<br>Tarbes, Lourdes (19 h. 30 m.),<br>carriage (1½ h.) ...                         | 21 0  | 107 75   |
| <b>Geneva</b> ...                                   | 127   | P.L.M. <i>viâ</i> Macon, Culoz... ..                                                                                    | 13 53 | 77 0     |
| <b>Genoa</b> ...                                    | 127   | P.L.M., <i>viâ</i> Mont Cenis—Turin<br>or Marseilles—Nice ...                                                           | 25 0  | 120 0    |
| <b>Gleichenberg</b><br>(Austria)                    | 130   | E. of F., <i>viâ</i> Strasburg, Munich,<br>Vienna, Gratz, Feldbach (40 h.<br>50 m.), carriage (1 h. 30 m.) ...          | 42 20 | 213 30   |
| <b>Görbersdorf</b><br>(Silesia)                     | 132   | N. of France, <i>viâ</i> Cologne, Berlin<br>to Dittersbach (38 h. 30 m.),<br>carriage (½ h.) ...                        | 39 0  | 167 50   |
| <b>Granada</b> ...                                  | 133   | O. and S. of F., <i>viâ</i> Bordeaux,<br>Irun, Madrid, Toledo, Cordoba                                                  | 61 40 | 364 85   |
| <b>Graválos</b> (Spain)                             | 135   | O. and S. of F., <i>viâ</i> Bordeaux,<br>Irun, Alsásua, Castejon (26 h.<br>15 m.), carriage (3½ h.) ...                 | 29 45 | 167 75   |
| <b>Gréoulx</b> (France)                             | 135   | P.L.M., <i>viâ</i> Lyons, Avignon,<br>Pertuis, Manorgue (20 h. 30 m.),<br>carriage (2½ h.) ...                          | 23 0  | 109 20   |
| <b>Griesbach</b><br>(Baden)                         | 136   | E. of F., <i>viâ</i> Strasburg and<br>Oppenau (10 h.), diligence (1 h.<br>45 m.) ...                                    | 11 45 | 67 95    |
| <b>Guagno</b> (Corsica)                             | 137   | P.L.M. and C.G.T. boats, <i>viâ</i><br>Lyons, Marseilles, Ajaccio<br>(30 h. 25 m.), carriage (8 h.) ...                 | 38 25 | 156 25   |
| <b>Guillon</b> (Doubs)                              | 138   | P.L.M. to Dijon, branch to<br>Beaux-les-Dames (6 h.), car-<br>riage to Guillon (¾ h.) ...                               | 6 45  | 55 0     |
| <b>Hague</b> ...                                    | 139   | N. of F., <i>viâ</i> Brussels, Antwerp,<br>and Rotterdam ...                                                            | 15 20 | 66 70    |
| <b>Hanover</b> ...                                  | 141   | N. of F., <i>viâ</i> Brussels—Venlo—<br>Lehrte ...                                                                      | 15 30 | 87 50    |
| <b>Heidelberg</b> ...                               | 144   | E. of F., <i>viâ</i> Forbach—Mayence—<br>Mannheim ...                                                                   | 18 0  | 76 05    |
| <b>Herculesbad</b><br><b>Mehadia</b> (Hun-<br>gary) | 146   | E. of F., <i>viâ</i> Strasburg, Munich,<br>Vienna, Pesth, Szegedin, and<br>Temescvár ...                                | 48 10 | 249 27   |



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|                                    |       |                                                                                                                                  | H. M. | Fr. cts. |
| Hof.-Ragatz<br>(Switzerland).      | 255   | E. of F., <i>viâ</i> Basle and Zürich ...                                                                                        | 22 30 | 83 70    |
| Homburg (Hes-<br>sen)              | 149   | N. of F., <i>viâ</i> Erquelines, Cologne,<br>Mayence, Frankfurt ...                                                              | 18 40 | 79 0     |
| Huelva (Spain)...                  | 151   | O. and S. of F., <i>viâ</i> Bordeaux,<br>Irun, Madrid, Cordoba and<br>Sevilla ...                                                | 62 0  | 370 70   |
| Hyères (Var) ...                   | 152   | P.L.M., <i>viâ</i> Lyons and Marseilles<br>—Toulon ...                                                                           | 19 50 | 117 0    |
| Interlaken ...                     | 155   | E. of F., <i>viâ</i> Basle and Berne ...                                                                                         | 17 55 | 78 65    |
| Ischia ...                         | 156   | Same as Naples (48 h.), boat<br>(2½ h.) ...                                                                                      | 50 30 | 288 25   |
| Ischl ...                          | 156   | E. of F., <i>viâ</i> Strasburg, Kehl,<br>Carlsruhe, Munich, and Salz-<br>burg ...                                                | 23 45 | 168 90   |
| Kissingen (Ba-<br>varia) ...       | 166   | E. of F., <i>viâ</i> Forbach, Bingen<br>and Würzburg, branching at<br>Schweinfurt ...                                            | 21 40 | 96 80    |
| Kösen (Ger-<br>many)               | 169   | E. of F., <i>viâ</i> Metz, Saarbrücken,<br>Mayence, Frankfurt, Bebra,<br>Erfurt and Weimar ...                                   | 22 50 | 129 85   |
| Krankenheil<br>(Bavaria)           | 170   | E. of F., <i>viâ</i> Strasburg, Carls-<br>ruhe, Stuttgart, Munich, Toelz<br>(25 h. 20 m.), carriage (2 h.)...                    | 27 20 | 119 80   |
| Kreuth<br>(Bavaria).               | 170   | E. of F., <i>viâ</i> Strasburg,<br>Carlsruhe, Munich, Schaffach<br>(30 h.), diligence (3½ h.) ...                                | 33 30 | 119 55   |
| Kreuznach<br>(Rhenish-<br>Prussia) | 170   | E. of F., <i>viâ</i> Forbach ...                                                                                                 | 13 25 | 68 45    |
| Labassère (Py-<br>renees)          | 172   | S. of F., <i>viâ</i> Bordeaux and Mon-<br>ceaux, branching at Forbes ...                                                         | 21 45 | 105 0    |
| Landeck<br>(Slesia).               | 173   | N. of F., <i>viâ</i> Cologne, Hanover,<br>Berlin, Sagan, Breslau, Glatz<br>(32 h. 40 m.), diligence (½ h.) ...                   | 36 40 | 176 30   |
| Laubbach                           | 175   | N. of F., <i>viâ</i> Cologne and Cob-<br>lentz (12 h. 30 m.), thence<br>carriage (¼ h.) ...                                      | 12 45 | 68 50    |
| Lausanne<br>(Switzerland)          | 176   | E. of F. to Geneva and Lausanne                                                                                                  | 15 23 | 64 20    |
| Lavey<br>(Switzerland).            | 177   | E. of F., <i>viâ</i> Pontarlier, Lau-<br>sanne, St. Maurice (15 h. 30 m.),<br>carriage (25 m.) ...                               | 15 55 | 72 65    |
| Ledesma<br>(Spain).                | 178   | O. and S. of F., <i>viâ</i> Bordeaux,<br>Irun, Valladolid, Medina del<br>Campo, Salamanca (52 h. 10 m.),<br>carriage (2½ h.) ... | 54 40 | 186 30   |
| Leipzig ...                        | 179   | N. of F., <i>viâ</i> Erquelines, Cologne,<br>or Forbach—Frankfurt ...                                                            | 27 0  | 134 0    |
| Liebenstein<br>(Thuringia).        | 181   | E. of F., <i>viâ</i> Saarbrücken, Fran-<br>cort, a/m., Eisenach and Im-<br>melborn (21 h. 10 m.), diligence<br>(1 h.) ...        | 22 10 | 132 75   |

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|                                         |       |                                                                                                                                                                 | h. m.         | Fr. cts. |
| Liebenzell<br>(Württemberg).            | 181   | E. of F., <i>viâ</i> Strasburg, Carlsruhe, Pforzheim (15 h.), diligence (1½ h.) ...                                                                             | 16 30         | 76 70    |
| Liebwerda<br>(Silesia).                 | 181   | N. of F., <i>viâ</i> Cologne, Hanover, Magdeburg, Halle, Leipzig, Dresden, Görlitz, Seidenberg, Raspenau (32 h. 30 m.), carriage (30 m.) ...                    | 33 0          | 150 25   |
| Lippspringe<br>(Westphalia).            | 184   | N. of F., <i>viâ</i> Cologne, Hamm, Paderborn (16 h. 25 m.), diligence (1 h. 10 m.) ...                                                                         | 17 35         | 81 45    |
| Louèche Valais<br>(Switzerland)         | 186   | P.L.M., <i>viâ</i> Geneva and Pontarlier to Susten (27 h.), carriage to Loèche (3 h.) ...                                                                       | 30 0          | 100 0    |
| Lucca (Italy) ...                       | 188   | P.L.M., <i>viâ</i> Mont Cenis, Turin, Genoa, and Leghorn, to Lucca Station (31 h.), carriage to the baths (2½ h.) ...                                           | 33 30         | 146 0    |
| Lucerne ...                             | 188   | E. of F., <i>viâ</i> Belfort, Basle ...                                                                                                                         | 19 30         | 74 40    |
| Luchon ...                              | 189   | O. and S. of F., <i>viâ</i> Bordeaux, Tarbes, and Montrejeau ...                                                                                                | 19 30         | 103 50   |
| Luxeuil (Vosges)                        | 191   | E. of F. Line to Mulhouse, St. Loup ...                                                                                                                         | 11 40         | 60 0     |
| Lyons ...                               | 191   | P.L.M. ...                                                                                                                                                      | 9 0           | 63 50    |
| Madeira (Canary<br>Islands)             | 193   | Steamers from Southampton, Bordeaux, or Lisbon; the whole journey from five to six days ...                                                                     | 90 }<br>100 } | 500 0    |
| Madrid ...                              | 194   | O. and S. of F., <i>viâ</i> Bordeaux, Irun, and Burgos ...                                                                                                      | 41 30         | 184 50   |
| Maloja<br>(Engadine)                    | 195   | E. of F., <i>viâ</i> Belfort, Basle, Zürich and Coire (23 h.), carriage or diligence (12 h.) ...                                                                | 35 0          | 134 60   |
| Malou (La)<br>(Pyrenées)                | 173   | P.L.M., S. of F., <i>viâ</i> Taraseon, Montpellier, Fangères, and Bedarieux (19 h. 15 m.), carriage (45 m.) ...                                                 | 20 0          | 116 7    |
| Malta (Island) ...                      | 196   | P.L.M., <i>viâ</i> Mont Cenis, Turin, Genoa, Rome, and Naples, (46½ h.); thence by steamer (34 h.); or direct from England by P. and O. steamers, nine days ... | 80 15         | 315 0    |
| Mannheim ...                            | 198   | E. of F., <i>viâ</i> Forbach and Bingen ...                                                                                                                     | 17 30         | 70 80    |
| Marcols<br>(Ardèche).                   | 198   | P.L.M. line to Marseilles; branch at Livron to Lavoulte station (12½ h.); thence by carriage (4 h.) ...                                                         | 16 30         | 84 0     |
| Marienbad<br>(Bohemia).                 | 199   | E. of F., <i>viâ</i> Strasburg, Heidelberg, Würzburg, Regensburg ...                                                                                            | 30 12         | 126 60   |
| Marlioz ...                             | 199   | Same as Aix-les-Bains.                                                                                                                                          |               |          |
| Mayence...                              | 201   | N. of F., <i>viâ</i> Erquelines-Cologne; or E. of F., <i>viâ</i> Forbach, Bingen ...                                                                            | 17 15         | 73 0     |
| Mehadia or<br>Herculesbad<br>(Hungary). | 202   | E. of F., <i>viâ</i> Strasburg, Munich, Vienna, Pesth, Szegedin, and Temesvár ...                                                                               | 54 10         | 249 27   |
| Mentone<br>(France).                    | 203   | P.L.M., <i>viâ</i> Marseilles, Nice ...                                                                                                                         | 24 35         | 137 0    |

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|                                    |       |                                                                                                                           | h. m. | Fr. cts. |
| Mergentheim...                     | 205   | E. of F., <i>viâ</i> Strasburg Heidelberg, and Königshofen ...                                                            | 18 50 | 88 20    |
| Milan ...                          | 207   | P.L.M., <i>viâ</i> Mont Cenis ...                                                                                         | 27 0  | 116 75   |
| Molar (El)<br>(Spain).             | 209   | O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Valladolid, Madrid (46 h. 40 m.), carriage (4 h.) ...                 | 50 40 | 188 40   |
| Molinar de<br>Carranza<br>(Spain). | 209   | O. and S. of F., <i>viâ</i> Bordeaux, Irun, Vitoria, Miranda, Bilbao (27 h. 24 m.), carriage (6 h.) ...                   | 33 24 | 156 25   |
| Molitz<br>(Pyrenees).              | 209   | S. of F., <i>viâ</i> Perpignan to the station of Prades (22 h. 45 m.), carriage (1 h.) ...                                | 23 50 | 126 0    |
| Monaco and<br>Monte Carlo          | 210   | P.L.M., <i>viâ</i> Marseilles and Nice                                                                                    | 24 30 | 133 0    |
| Montbrun<br>(Drôme).               | 213   | P.L.M., <i>viâ</i> Lyons; branch at Sorges to Carpentras (16 h.), thence by carriage (5 h.) ...                           | 21 0  | 95 0     |
| Mont-Dore (Puy<br>de Dôme).        | 213   | P.L.M., Bourbonnais line to Clermont - Ferrand and Laqueille (9½ h.), carriage (2 h.) ...                                 | 11 0  | 64 25    |
| Monte-catini<br>(Tuscany).         | 213   | P.L.M., <i>viâ</i> Mont Cenis, Turin, Genoa, Pisa ...                                                                     | 33 0  | 145 0    |
| Montemayor<br>(Spain).             | 214   | O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Valladolid, Medina del Campo, and Salamanca (34 h.), carriage (10 h.) | 44 0  | 202 30   |
| Montmirail-<br>Vacqueiras          | 214   | P. L. M., <i>viâ</i> Lyons, Valence, and Orange (15½ h.), carriage (1½ h.) ...                                            | 17 0  | 89 40    |
| Motte (La) ...                     | 173   | P. L. M., <i>viâ</i> Dijon, Macon, Grenoble, and St. George (14 h. 5 m.), carriage (2 h. 40 m.) ...                       | 16 45 | 85 35    |
| Munich ...                         | 216   | E. of F., <i>viâ</i> Strasburg, Kehl, Stuttgart ...                                                                       | 36 0  | 104 50   |
| Nantes ...                         | 219   | W. of F., <i>viâ</i> Le Mans ...                                                                                          | 17 30 | 48 75    |
| Naples (Italy) ...                 | 219   | P.L.M., <i>viâ</i> Mont Cenis, Genoa, Rome ...                                                                            | 47 45 | 223 85   |
| Nauheim<br>(Hessen).               | 219   | E. of F., <i>viâ</i> Forbach, Bingerbrück, Frankfurt ...                                                                  | 16 20 | 88 0     |
| Neuenahr ...                       | 221   | N. of F., <i>viâ</i> Erquelines, Cologne, Remagen ...                                                                     | 12 30 | 64 75    |
| Neris (Allier) ...                 | 220   | Orleans Railway, <i>viâ</i> Vierzon-Bourges to Chamblet (8 h. 45 m.), thence by carriage (45 m.) ...                      | 9 30  | 43 0     |
| Nice ...                           | 224   | P.L.M., <i>viâ</i> Lyons and Marseilles                                                                                   | 22 0  | 134 20   |
| Niederbronn<br>(Alsatia).          | 226   | E. of F., <i>viâ</i> Strasburg ...                                                                                        | 12 40 | 60 85    |
| Oeynhausen<br>(Germany). ...       | 230   | N. of F., <i>viâ</i> Erquelines, Cologne, and Düsseldorf ...                                                              | 17 0  | 76 75    |



| Name of Station.               | Page. | Mode of Travelling.                                                                                                                  | Time. | Price.   |
|--------------------------------|-------|--------------------------------------------------------------------------------------------------------------------------------------|-------|----------|
|                                |       |                                                                                                                                      | H. M. | Fr. cts. |
| Ofen (Buda-Pesth, Hungary).    | 230   | E. of F., <i>viâ</i> Strasburg, Munich, and Vienna ...                                                                               | 60 0  | 244 0    |
| Olette (Pyrenees)              | 231   | P. L. M., S. of F., <i>viâ</i> Lyons, Tarascon, Nurbonne, and Prades (21 h. 30 m.), carriage (2 h.) ...                              | 23 30 | 122 30   |
| Ontaneda y Alceda.             | 232   | O. and S. of F., <i>viâ</i> Bordeaux, Irun, Venta de Baños and Penedo (36 h. 50 m.), carriage (1½ h.) ...                            | 38 20 | 246 25   |
| Palermo ...                    | 235   | P.L.M., <i>viâ</i> Mont Cenis, Genoa, Rome to Naples (46½ h.), thence by steamer (10 h.) ...                                         | 66 15 | 239 25   |
| Panticosa (Spain.)             | 236   | O. and S. of F., <i>viâ</i> Bordeaux, Irun, Alsásua, Saragoza, Tardienta and Huesca (32 h. 10m. carriage, <i>viâ</i> Jaca (9 h.) ... | 41 10 | 225 10   |
| Pau (Pyrenées)                 | 240   | S. of F., <i>viâ</i> Bordeaux, branch at Dax ...                                                                                     | 17 20 | 101 0    |
| Pfaeffers (St. Gallen).        | 244   | E. of F., <i>viâ</i> Basle and Ragatz (22 h. 30 m.), carriage to Pfaeffers (45 m.) ...                                               | 23 15 | 81 60    |
| Pierrefonds (Oise)             | 244   | N. of F. to Compiègne (1½ h.), thence by carriage (1 h.) ...                                                                         | 2 30  | 12 0     |
| Pietrapola (Corsica).          | 244   | P. L. M. and C. G. T. steamer, <i>viâ</i> Marseilles and Bastia (35 h.), carriages, <i>viâ</i> Miggliacciaro (13 h.) ...             | 48 0  | 164 30   |
| Pisa ...                       | 245   | P.L.M., <i>viâ</i> Genoa ...                                                                                                         | 34 30 | 147 75   |
| Plombières (Vosges). ...       | 246   | E. of F. line to Mulhouse, branching at Port l'Atelier to Abbeville (10 h.), thence carriage to Plombières (1 h.) ...                | 11 0  | 45 0     |
| Porretta (La) (Italy).         | 249   | P. L. M., <i>viâ</i> Mont Cenis, Turin, Parma, Modena, Bologna ...                                                                   | 31 0  | 163 55   |
| Pougues (Nièvre).              | 250   | P.L.M. Bourbonnais line ...                                                                                                          | 5 0   | 29 70    |
| Prague ...                     | 251   | E. of F., <i>viâ</i> Strasburg, Kehl, Würzburg ...                                                                                   | 38 0  | 130 80   |
| Prete (La) (Pyrenees).         | 252   | S. of F., <i>viâ</i> Perpignan (18h. 45m.), thence by carriage (5 h.) ...                                                            | 23 45 | 145 0    |
| Puda (La) (Spain).             | 252   | P. L. M. and S. of F., <i>viâ</i> Lyons, Tarascon, Cette, Portbou, Barcelona, and Olesa (31 h. 52 m.), carriage (½ h.) ...           | 32 22 | 189 85   |
| Pyrmont (Waldeck).             | 254   | N. of F., <i>viâ</i> Erquelines, Cologne, Elberfeld, Soest, and Altenbecken ...                                                      | 18 0  | 84 30    |
| Pistyan or Pöstjén (Hungary).  | 245   | E. of F., <i>viâ</i> Strasburg, Munich, Vienna, Pressburg and Tyrnau ...                                                             | 45 10 | 190 90   |
| Ragatz-Pfeffers (Switzerland). | 255   | E. of F., <i>viâ</i> Basle-Zürich, Rapperswyl and Sargans ...                                                                        | 1 31  | 83 70    |

| Name<br>of Station.                            | Page. | Mode of Travelling.                                                                                                                  | Time.        | Price.          |
|------------------------------------------------|-------|--------------------------------------------------------------------------------------------------------------------------------------|--------------|-----------------|
|                                                |       |                                                                                                                                      | <b>H. M.</b> | <b>Fr. cts.</b> |
| <b>Ravone in Casa-</b><br><b>glia (Italy).</b> | 257   | P.L.M., <i>viâ</i> Mont Cenis, Turin,<br>Alessandria, Piacenza, Reggio,<br>Modena ... ..                                             | 29 30        | 137 80          |
| <b>Recoaro (Venetia)</b>                       | 257   | P.M.M., <i>viâ</i> Mont Cenis, Turin,<br>Milan, to Vicenza (30 h. 45 m.),<br>thence by carriage (4 h.) ...                           | 34 45        | 139 75          |
| <b>Reinerz (Silesia)</b>                       | 258   | N. of F., <i>viâ</i> Cologne, Hanover,<br>Magdeburg, Leipzig, Dresden,<br>Chotzen, Nachod (38 h. 10 m.),<br>diligence (2½ h.) ... .. | 40 40        | 179 70          |
| <b>Rheinfelden ...</b>                         | 259   | E. of F., <i>viâ</i> Mulhouse and Basle<br>to Rheinfelden ... ..                                                                     | 13 0         | 65 0            |
| <b>Rippoldsau</b><br>(Baden).                  | 261   | E. of F., <i>viâ</i> Strasburg, Offen-<br>burg and Wolfach (13 h. 40 m.),<br>diligence (2 h. 20 m.) ... ..                           | 16 0         | 72 40           |
| <b>Rome ... ..</b>                             | 264   | P.L.M., <i>viâ</i> Mont Cenis, or Mar-<br>seilles, Nice, Genoa, Pisa ...                                                             | 49 30        | 201 90          |
| <b>Rotterdam ...</b>                           | 268   | N. of F., <i>viâ</i> Maubeuge, Brussels,<br>Antwerp ... ..                                                                           | 14 15        | 64 40           |
| <b>Roucasblanc</b><br>(France).                | 268   | P.L.M. to Marseilles (16 h.),<br>thence by carriage (30 m.) ...                                                                      | 16 30        | 107 0           |
| <b>Rouzat</b><br>(Auvergne).                   | 268   | Orleans Railway to Riome (1 h.<br>45 m.) omnibus to Rouzat (30 m.)                                                                   | 2 15         | 9 35            |
| <b>Royat ... ..</b>                            | 269   | P.L.M. Bourbonnais line to Cler-<br>mont-Ferrand (9¼ h.), thence<br>by carriage (15 m.) ... ..                                       | 9 30         | 51 75           |
| <b>St. Alban</b><br>(France).                  | 271   | P. L. M., Bourbonnais line, <i>viâ</i><br>Nevers, Moulins, and Roanne<br>(9 h. 30 m.), carriage (1 h.) ...                           | 10 32        | 53 85           |
| <b>St. Amand</b><br>(France).                  | 271   | N. of F., <i>viâ</i> Amiens and Va-<br>lenciennes ... ..                                                                             | 6 53         | 31 25           |
| <b>St. Christau</b><br>(France).               | 272   | O. and S. of F., <i>viâ</i> Bordeaux,<br>Pau, and Oléron (21 h.), car-<br>riage (45 m.) ... ..                                       | 21 45        | 105 75          |
| <b>St. Gervais ...</b>                         | 273   | P.L.M. to Geneva (11 h.), thence<br>by diligence (6 h.) ... ..                                                                       | 17 0         | 95 0            |
| <b>St. Honoré ...</b>                          | 273   | P.L.M. Bourbonnais line to Ne-<br>vers to Cerey-la-Tour (6 h. 50 m.)<br>omnibus to St. Honoré (1 h.<br>30 m.) ... ..                 | 8 20         | 40 0            |
| <b>St. Laurent</b><br>(France).                | 274   | P. L. M., <i>viâ</i> Nevers, and La Bas-<br>tide (16 h. 42 m.), carriage<br>(1½ h.) ... ..                                           | 18 13        | 77 75           |
| <b>St. Moritz</b><br>(Engadine).               | 275   | E. of F., <i>viâ</i> Belfort and Basle to<br>Coire (23 h.), carriage to St.<br>Moritz (11 h.) ... ..                                 | 34 0         | 130 00          |
| <b>St. Nectaire ...</b>                        | 276   | P.L.M. Bourbonnais line to<br>Coudes (10 h. 20 m.), thence by<br>carriage (2 h.) ... ..                                              | 12 20        | 58 0            |
| <b>St. Raphael</b><br>(Riviera).               | 277   | P. L. M., <i>viâ</i> Lyons, Marseilles,<br>and Toulon ... ..                                                                         | 19 30        | 130 20          |
| <b>St. Sauveur ...</b>                         | 277   | S. of F., <i>viâ</i> Bourdeaux, branch-<br>ing at Lourdes for Pierrefitte<br>(19½ h.), carriage to St. Sau-<br>veur (1½ h.) ... ..   | 20 45        | 111 0           |
| <b>San Giuliano</b><br>(Italy).                | 284   | P. L. M., <i>viâ</i> Mont Cenis, Genoa,<br>and Pisa ... ..                                                                           | 31 0         | 136 70          |

| Name<br>of Station.                   | Page. | Mode of Travelling.                                                                                                                     | Time. | Price.   |
|---------------------------------------|-------|-----------------------------------------------------------------------------------------------------------------------------------------|-------|----------|
| <b>San Rêmo</b> ...                   | 286   | P.L.M., <i>viâ</i> Marseilles-Ventimiglia ...                                                                                           | H. M. | Fr. cts. |
| <b>Sacedon</b> (Spain)                | 270   | O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Valladolid, Madrid and Guadalaxara (38 h. 45 m.), carriage ( $4\frac{1}{2}$ h.) ... | 25 20 | 140 0    |
| <b>Sail-les-Bains</b><br>(France).    | 271   | P. L. M., Bourbonnais line, <i>viâ</i> Nevers, Moulins, St. Germain les Fossés, St. Martin d'Estréaux (8 h. 50 m.), carriage (1 h.) ... | 43 15 | 206 65   |
| <b>Sail-sous-Couzan</b> (France).     | 271   | P. L. M., Bourbonnais line, <i>viâ</i> Nevers and Clermont-Ferrand ...                                                                  | 9 50  | 49 90    |
| <b>Salies de Béarn</b><br>(Pyrenées). | 279   | O. and S. of F., <i>viâ</i> Bordeaux, Dax, and Pujoo (15 h. 45 m.), carriage (45 m.) ...                                                | 12 10 | 61 95    |
| <b>Salins</b> (France)...             | 279   | P. L. M., <i>viâ</i> Dijon, Dôle, and Mouchard ...                                                                                      | 16 30 | 96 25    |
| <b>Salins-Moutiers</b><br>(Savoy).    | 280   | P. L. M., <i>viâ</i> Dijon, Mâcon, Chambery, and Chaumont (14 h. 36 m.), carriage (5 h. 45 m.) ...                                      | 10 55 | 49 45    |
| <b>Salzbrunn</b><br>(Silesia)         | 280   | N. of F. <i>viâ</i> Cologne, Hanover, Berlin and Altwasser (33 h. 30 m.), diligence (30 m.) ...                                         | 20 20 | 85 35    |
| <b>Salzburg</b><br>(Austria)          | 281   | E. of F., <i>viâ</i> Strasburg, Bruchsal ...                                                                                            | 34 0  | 160 37   |
| <b>Salzungen</b> (Thuringia)          | 282   | Ulm, Augsburg, Munich ...                                                                                                               | 25 55 | 108 30   |
| <b>Santa Agueda</b><br>(Spain)        | 287   | E. of F., <i>viâ</i> Saarbrücken, Frankfurt, Bebra, Eisenach ...                                                                        | 23 40 | 111 35   |
| <b>Saragoza</b> ...                   | 289   | O. and S. of F. <i>viâ</i> Bordeaux, Irun, Tolosa, Zumarraga (20 h. 11 m.), diligence (4 hours). ...                                    | 24 11 | 126 35   |
| <b>Saxon</b> (Switzerland).           | 291   | O. and S. of F., <i>viâ</i> Bordeaux, Irun ...                                                                                          | 35 5  | 184 30   |
| <b>Scheveningen</b>                   | 292   | P. L. M., <i>viâ</i> Dijon, Lausanne, St. Maurice, and Martigny ...                                                                     | 17 53 | 73 55    |
| <b>Schinznach</b> ...                 | 292   | N. of F. <i>viâ</i> Brussels and Antwerp to the Hague (15 h. 20 m.), thence by carriage ( $\frac{1}{2}$ b.) ...                         | 15 35 | 67 70    |
| <b>Schlangenbad</b>                   | 293   | E. of F., <i>viâ</i> Belfort, Basle, and Aarau ...                                                                                      | 17 0  | 71 30    |
| <b>Schwalbach</b> ...                 | 295   | E. of F., <i>viâ</i> Metz, Forbach, Bingerbück, Eltville (11 b.), thence by carriage (1 h.) ...                                         | 19 10 | 75 20    |
| <b>Schwalheim</b><br>(Germany)        | 296   | Same itinerary as above to Eltville, carriage (2 h.) ...                                                                                | 20 0  | 76 40    |
| <b>Sermaise</b> ...                   | 300   | E. of F. <i>viâ</i> Saarbrücken, Mayence, Frankfurt s/m, Nanheim (16 h. 30 m.), diligence (30 m.) ...                                   | 17 05 | 87 60    |
| <b>Seville</b> ...                    | 300   | E. of F., <i>viâ</i> Epernay and Châlons-sur-Marne ...                                                                                  | 5 12  | 28 40    |
| <b>Siradan</b><br>(Pyrenées).         | 303   | O. and S. of F., <i>viâ</i> Bordeaux, Irun, Madrid, Cordoba ...                                                                         | 56 5  | 325 25   |
| <b>Soden</b> ...                      | 304   | O. and S. of F., <i>viâ</i> Bordeaux, Montréjeau Salichau (19 h. 45 m.), carriage ( $\frac{1}{2}$ h.) ...                               | 20 15 | 119 35   |
|                                       |       | E. of F., <i>viâ</i> Saarbrücken, Bingerbrück, Frankfurt and Soden ...                                                                  | 19 30 | 88 0     |



| Name<br>of Station.                | Page. | Mode of Travelling.                                                                                                     | Time. | Price.   |
|------------------------------------|-------|-------------------------------------------------------------------------------------------------------------------------|-------|----------|
|                                    |       |                                                                                                                         | h. m. | Fr. cts. |
| Spa ... ..                         | 307   | N. of F., <i>via</i> Erquelines, Namur,<br>Liège, to Pepinster and Spa ...                                              | 8 27  | 44 75    |
| Spezzia (Italy)...                 | 307   | P.L.M., <i>via</i> Genoa, stop at Spezzia                                                                               | 23 6  | 130 40   |
| Strasbourg ...                     | 310   | E. of F., <i>via</i> Nancy ... ..                                                                                       | 11 8  | 70 80    |
| Stuttgart ...                      | 311   | E. of F., <i>via</i> Strasburg-Kehl ...                                                                                 | 17 15 | 80 0     |
| Sulzbach ... ..                    | 312   | E. of F., <i>via</i> Nancy and Saverne                                                                                  | 11 50 | 59 25    |
| Sulzbach<br>(Alsatia).             | 311   | E. of F., <i>via</i> Strasburg, Colmar<br>and Walbach (12 h. 40 m.),<br>diligence (30 m.)... ..                         | 13 10 | 70 10    |
| Sulzmatt<br>(Alsatia).             | 312   | E. of F., <i>via</i> Nancy, Strasburg,<br>Saverne and Ruffach (13 h.<br>30 m.), diligence (50 m.) ...                   | 14 20 | 65 90    |
| Sylvanès<br>(France).              | 65    | O. and S. of F., <i>via</i> Limoges,<br>Toulouse Beziers, Roquere-<br>donde (26 h.), carriage (3 h.)...                 | 29 0  | 124 15   |
| Szkleno<br>(Hungary).              | 314   | E. of F., <i>via</i> Strasburg, Munich,<br>Vienna, Pesth, Garam-Ber-<br>zence (47 h. 10 m.), carriage<br>(2½ h.) ... .. | 49 40 | 243 85   |
| Szliáciz<br>(Hungary).             | 314   | E. of F., <i>via</i> Strasburg, Munich,<br>Vienna, Pesth and Altsohl ...                                                | 46 20 | 135 37   |
| Tabbiano (Italy)                   | 315   | P.L.M., <i>via</i> Mont-Cenis, Turin,<br>Alessandria. Borgo Sau Do-<br>mino (25 h. 48 m.) carriage (½ h.)               | 26 18 | 146 50   |
| Tarasp (Schülz)                    | 316   | E. of F., <i>via</i> Belfort, Basle,<br>Zürich to Coire (23 h.), thence<br>by carriage (11½ h.) ... ..                  | 34 30 | 112 0    |
| Teplitz - Schö-<br>nau.            | 318   | E. of F., <i>via</i> Strasburg, Stuttgart,<br>Würzburg ... ..                                                           | 32 0  | 145 50   |
| Teplitz - Trenc-<br>zin (Hungary). | 325   | E. of F. <i>via</i> Strasburg, Munich,<br>Vienna, Pressburg, Trenczin<br>(41 h. 40 m.), carriage (1 h.<br>20 m.) ... .. | 43 0  | 195 60   |
| Tercis (Pyrenees)                  | 319   | O. and S. of F., <i>via</i> Bordeaux,<br>Dax (15 h. 5 m.), carriage (1 h.)                                              | 16 5  | 92 30    |
| Trescore (Italy)                   | 326   | E of F., <i>via</i> Basle, Lucerne, Ber-<br>gamo, Gorlago (26 h. 48 m.),<br>carriage (½ h.) ... ..                      | 27 18 | 128 15   |
| Trillo (Spain) ...                 | 327   | O. and S. of F. <i>via</i> Bordeaux,<br>Irun, Burgos, Madrid, Matilla<br>(40 h. 21 m.), carriage (4 h.) ...             | 44 21 | 219 45   |
| Trouville ... ..                   | 327   | W. of F. to Trouville ... ..                                                                                            | 6 0   | 28 65    |
| Turin ... ..                       | 323   | P.L.M., <i>via</i> Mont Cenis ... ..                                                                                    | 21 30 | 100 20   |
| Urberoaga de<br>Alzola (Spain)     | 331   | O. and S. of F., <i>via</i> Bordeaux,<br>Irun, Zumarraga (20 h. 11 m.),<br>carriage <i>via</i> Vergara (3½ h.) ...      | 23 41 | 129 35   |
| Uriage ... ..                      | 331   | P.L.M., <i>via</i> Lyons to Giers,<br>Uriage (14h.), omnibus (40 m.)                                                    | 14 40 | 79 0     |
| Ussat ... ..                       | 332   | O. and S. of F. to Tarascon<br>(19h.), thence by carriage (3h.)                                                         | 22 0  | 115 0    |

| Name<br>of Station.             | Page. | Mode of Travelling.                                                                                                               | Time.        | Price.          |
|---------------------------------|-------|-----------------------------------------------------------------------------------------------------------------------------------|--------------|-----------------|
|                                 |       |                                                                                                                                   | <i>h. m.</i> | <i>Fr. cts.</i> |
| Valdieri (Italy)...             | 333   | P.L.M., <i>viâ</i> Mont-Cenis, Turin,<br>Coni (28 h. 30 m.), carriage<br>(4½ h.) ... ..                                           | 33 0         | 116 05          |
| Vals ... ..                     | 334   | P.L.M., branch at Livron to<br>Vogué (16 h. 30 m.), carriage<br>to Vals (1 h.) ... ..                                             | 17 39        | 87 0            |
| Venice ... ..                   | 336   | P.L.M., <i>viâ</i> Mont Cenis, Turin,<br>Milan ... ..                                                                             | 36 0         | 154 0           |
| Vernet Le ... ..                | 337   | S. of F. to Perpignan and Prades<br>(18 h. 45 m.), thence by car-<br>riage (2 h. 20 m.) ... ..                                    | 21 5         | 136 90          |
| Vevey ... ..                    | 337   | P.L.M. to Geneva, <i>viâ</i> Lausanne<br>and Montreux ... ..                                                                      | 16 23        | 86 45           |
| Vichy ... ..                    | 338   | P.L.M., Bourbonnais line ... ..                                                                                                   | 8 30         | 45 0            |
| Vic sur Cère<br>(France) ... .. | 338   | P.I.M. and O., <i>viâ</i> Nevers, Cler-<br>mont-Ferrand, and Arvant ...                                                           | 14 50        | 61 70           |
| Vienna ... ..                   | 339   | E. of F., <i>viâ</i> Strasburg, Kehl,<br>Munich, Salzburg ... ..                                                                  | 27 0         | 154 70          |
| Vinadio (Italy)...              | 342   | P.L.M., <i>viâ</i> Lyons, Marseilles,<br>Ventimiglia, Coni (24 h. 35 m.),<br>carriage (6 h.) ... ..                               | 30 35        | 120 05          |
| Visos (Pyrenées)                | 342   | O. and S. of F., <i>viâ</i> Bordcaux,<br>Tarbes, Picrrefitte (20 h. 45 m.),<br>carriage (2 h.) ... ..                             | 22 45        | 109 30          |
| Viterbo (Italy) ...             | 343   | P.L.M., <i>viâ</i> Mont-Cenis, Turin,<br>Genoa, Florence, Orte (40 h.<br>46 m.), carriage (2½ h.) ...                             | 43 16        | 203 25          |
| Vittel ... ..                   | 343   | E. of F., <i>viâ</i> Langres and Chal-<br>endrey ... ..                                                                           | 8 30         | 48 00           |
| Vöslau (Austria)                | 343   | E. of F., <i>viâ</i> Strasburg, Kehl,<br>Stuttgart, Mnnich, Salzburg,<br>and Vienna ... ..                                        | 27 45        | 156 95          |
| Warmbrunn<br>(Silesia).         | 345   | N. of F., <i>viâ</i> Cologne, Hanover,<br>Sorau, Kohlfurt, Hirschberg<br>(31 h. 30 m.), diligence (45 m.)                         | 32 15        | 155 60          |
| Weilbach ... ..                 | 346   | E. of F., <i>viâ</i> Metz, Forbach, May-<br>ence, Frankfurt to Flörsheim<br>(17 h. 30 m.), thence by car-<br>riage (10 m.) ... .. | 15 0         | 79 80           |
| Weissenburg<br>(Switzerland).   | 347   | P.L.M., <i>viâ</i> Pontarlier, Ncncha-<br>tel, Bernc, Thunc (15 h. 35 m.),<br>carriage (3 h. 30 m.) ... ..                        | 19 5         | 81 05           |
| Wiesbaden ... ..                | 348   | E. of F., <i>viâ</i> Metz, Forbach,<br>Mayence ... ..                                                                             | 15 0         | 73 05           |
| Wildbad... ..                   | 350   | E. of F., <i>viâ</i> Strasburg, Carls-<br>ruhe, Pforzheim... ..                                                                   | 16 0         | 76 20           |
| Wildungen ... ..                | 351   | N. of F., <i>viâ</i> Erquelines, Namur,<br>and Marburg ... ..                                                                     | 19 10        | 97 12           |
| Zürich ... ..                   | 356   | E. of F., <i>viâ</i> Belfort, Basle ...                                                                                           | 18 8         | 73 55           |

# CLASSIFICATION.

## INDIFFERENT WATERS.

|                   |                       |                    |
|-------------------|-----------------------|--------------------|
| Abensberg         | Ischia                | Plombières         |
| Alcala del Rey    | Job                   | La Preste          |
| Arapataka         | Jose                  | Rajecz-Teplicz     |
| Badenweiler       | Kács                  | Ragatz             |
| Barestrand-Syssel | Kaissariani           | Renaissou          |
| Bejar             | Kirstenpils           | Römerbad (Austria) |
| Berthemont        | Kis-Kalau             | Röthelbad          |
| Bikszád           | Kleinengstingen       | Rothenburg         |
| Bormio            | <b>Laubbach</b>       | Rudolstadt         |
| Bray              | Lauterberg            | Säckingen          |
| Bronia            | Leprese               | St. Blasien        |
| Bulgneville       | Leutstetten           | St. Georgen        |
| Casamicciola      | Limpach               | St. Roman le Puy   |
| Caxamarca         | Loka                  | St. Yorre          |
| Chambon           | Lund                  | Schlackenbad       |
| Como              | Lutraki               | Schlangenbad       |
| Daruvar           | Mallow                | Seraglio           |
| <b>Divonne</b>    | Monestier de Clermont | Sutinsko           |
| Empfing           | Moingt                | Sztubicza          |
| Enn               | Moselli               | Tannenbrunnen      |
| Erlau             | Nelefin               | Tapolcza           |
| Foucaude          | Niederweil            | Tatenhausen        |
| Fuente de Piedra  | Nieratz               | Ternel             |
| Gainfarn          | Nocera                | Tonnistein         |
| Gastein           | Nook                  | Topolschitz        |
| Geisslingen       | Orebro                | Topucsko           |
| Gräfenberg        | Oroslau               | <b>Tüffer</b>      |
| Guitera           | Pelagio               | Visibachbad        |
| Hammam el Eux     | Perruches             | <b>Vöslau</b>      |
| Hevitz            | Petersthal            | <b>Wildbad</b>     |
| Iceland           | Pfneffers             | Yverdon            |
| Ilmenau           |                       |                    |

## ALKALINE WATERS.

|             |                        |                      |
|-------------|------------------------|----------------------|
| Abach       | Almcida                | Bagnoli              |
| Adelholzen  | Anagui                 | Bagnolino dei Rhachi |
| Acqua-Bolle | Aspio                  | tici                 |
| Ajnaeskö    | Attisholz              | Bains, near Arles    |
| Alfáro      | Atya                   | Balsócz              |
| Al-Gyögy    | Aulus                  | Balzach              |
| Alica       | <b>Baden-Baden</b>     | Baños                |
| Allegrezza  | <b>Bagnères de Bi-</b> | Barzun               |
| Almeida     | <b>gorre</b>           | Belascoin            |
| Alt-Haide   | Bagni-a-Morba          | Belleriève           |
| Alt-Tura    | Bagno d'Apollu         | Benedekfálva         |



ALKALINE WATERS—*continued.*

Beuetutti  
Benyus  
Beschtan baths  
Bilén  
Bisztrá  
Bodok  
Boesing  
Bondonneau  
Borra  
Borsa  
Boudes  
Boulou, Le  
Bouquéron  
Brunneuthal  
Budis  
Caccio-Cotto  
Caldas de Malavella  
Caldas de Oviedo  
Caldini  
Calvello  
**Cambo**  
Caprenue  
Casciano (San)  
Castelletto d'Orba  
Caz di Bagno  
Chaudes-Aigues  
Cinciano  
Citára  
**Clifton**  
**Contrexéville**  
Deutsch-Kreutz  
Diös-Györ  
Disznópatak  
Doktorka  
Dolka  
Dombhát  
Dorfbad  
Douai  
Draitschbrunnen  
Dubowa  
Egerdach  
Ems  
Ermetschwyll  
Escaldas, Las  
Essentuk  
Estadilla  
Evian  
Fachingen  
Fällorne  
Falú-Szalina  
Fellathal  
Felsö-Visso  
Ferranche  
Fonga  
Fonfredo  
Fontenello  
Ficoncella  
Forges-les-Bains  
Fortyogó

Gehringsswalde  
Geilnau  
Giesshübl  
Gisi  
Giunco-Marino  
Goldbach  
Göppingen  
Gythium  
Hackelthal  
Haldensten  
Hambach  
Harkanyi  
Heiligeekreuzbad  
Heilstein  
Helenskilde  
Heppingen  
Holbeck  
Houches, Les  
Hovingham  
Ibero  
Jacintos  
Jamnicza  
Jobsbad  
Johannisbad  
Kanitz  
Kastenloch  
Keruly  
Kis-Sáros  
Klieningen  
Kochel  
Krähenbad  
Krapina-Töplitz  
Krynica  
Kugelbad  
Kuppis  
La Caldare  
Landskron  
Leccia  
Levana  
Lienzmühl  
Lipara  
Lucan  
Lucarnena  
Luxburg  
Macerrato  
Madonna à Papiano  
Malmédy  
**Malvern**  
Miemo  
Montancjos  
Montbrison  
Mont-Dorc  
Nave dell' Inferno  
Neris  
Neuenahr  
Neu-Ragoczi  
Neuschmécks  
Niederselters  
Noceto

Nuestra Sa de Abellá  
Nuestra Sa de las Mercedes  
Obertiefenbach  
Olette  
Oni  
Ormaiztegui  
Osztrovsk  
Paracuellos de Gilloca  
Pergine  
Pizzofalcone  
Planchamps  
**Preblau**  
Prélo  
Pystján  
Rio-Meo  
Riva-los Baños  
Rodna  
Römerbad (Switzer-land)  
Röslbad  
Royat  
Sail sous-Couzan  
St. André  
St. Galmier  
St. Honoré  
St. Jean d'Aulph  
St. Laurent  
St. Nectaire  
Salzbrunn  
San Georgen  
Sau Vincens  
Schelcsna-Wodsk  
Schimberg  
Schmécks  
**Schwalbach**  
Schums  
Scsavnik  
Selters  
Shap  
Sid  
Sigliano  
Sinzig  
Sulz  
Szaldobos  
Szynce-Lipócz  
Tarasp  
Teinach  
Telgart  
Tenos  
**Teplitz-Schönau**  
Thingö-Syssel  
Töplika  
Trcsclaux  
Tschawitz  
Tübingen  
Unterbad  
Urberoaga de Ubilla  
Urnäsehen

ALKALINE WATERS—*continued.*

|                     |               |          |
|---------------------|---------------|----------|
| Vals                | Vittel        | Wolfsegg |
| Vellebro            | Walby-Brunnen | Zagwera  |
| Vetzel              | Weilbach      | Zea      |
| Vichy               | Wildungen     | Zürich   |
| Villa delle Caselle | Wolfs         |          |

## ALKALI-SALINE WATERS.

|                       |                             |                        |
|-----------------------|-----------------------------|------------------------|
| Adolfsberg            | Fosso degli Ontani          | Peiden                 |
| Assmannshausen        | Gaberneg                    | Pötschnig              |
| Badstofuhver          | Godesberg                   | Prutzerbad             |
| Bagni (Acqua di)      | Gross-Schlagendorf          | Querzola               |
| Bagne à Baccanella    | Gyüzy                       | Reinerz                |
| Bagno Fresco          | Hanau                       | Riedbad                |
| Barèges               | Heilige Kreuzbad            | Roisdorf               |
| Bertrich              | Hofgeismar                  | Rolle                  |
| Bilin                 | Ischia                      | Rita                   |
| Blumenstein           | <b>Irno</b> (Valley of the) | Rocca San Felice       |
| Boll                  | Josza                       | Royat                  |
| Borschom              | Karlsbad                    | St. Laurent            |
| Borszek               | Kis-Czeg                    | St. Vincent            |
| Brides                | Katharinenbad               | Salceti                |
| <b>Brussa</b>         | Kirchberg                   | Salice                 |
| Brüttalen             | Kiszlawodsk                 | Sangerberg             |
| Bykowicz              | Klein-Chocholna             | Schwarzenberg          |
| Caldiero              | Kobersdorf                  | Serapis-Temple         |
| Camarès               | Kronthal                    | Sierra Alhamilla       |
| Caprifico di Valaspra | Kungara                     | Siete Aguas            |
| Catena                | La Malou                    | Sisso                  |
| Chitignano            | Landeck                     | Sobron                 |
| Chiusa di Monaci      | Lanjarron                   | Souzas y Caldellinas   |
| Concepcion de Peralta | Langenberg                  | Stoika                 |
| Cotto                 | Liebenzell                  | Suliguli               |
| Czigelka              | Liebwerda                   | Szátou                 |
| Dombhát               | Lochbachbad                 | Szczawnicza            |
| Dreykirchen           | Luhatchowitz                | Szolyva                |
| Dubograedsk           | Luh                         | <b>Teplitz-Schönau</b> |
| Ebriach               | Marienbad                   | Ueberkingen            |
| Elster                | Mehadia                     | Vale-Vinului           |
| Enathbühl             | Monte-Ortone                | Velejte                |
| Epidaurus             | Noceto                      | Vicarello              |
| Felines               | Ober-Rauschenbach           | Vichy                  |
| Felső-Nereszincze     | Olah Szt. György            | Vidago                 |
| Fonfrede              | Olenyova                    | Weissenburg            |
| Fläsch                | Orel                        | Wenzelsbad             |
| Fossino               | Oni                         | <b>Wiesbaden</b>       |
|                       | Passugg                     |                        |

## BITTER (ACIDULATED) WATERS.

|                  |                 |               |
|------------------|-----------------|---------------|
| Acqua-Santa-di-  | <b>Aranjuez</b> | Braque        |
| Buyhuto          | Argentona       | Busk          |
| Alap             | Arenosillo      | Buzost        |
| Alhama de Aragon | Ascoli          | <b>Cambo</b>  |
| Alicum           | Bari            | <b>Casale</b> |
| Almeria          | Bellus          | Cefalú        |
| Alsó-Sebcs       | Birmansdorf     | Cheltenham    |
| Anguillara       | Boras           | Chiclana      |

BITTER (ACIDULATED) WATERS—*continued.*

Dubograedsk  
**Elisabeth-Salz-**  
 baths  
 Epidaurus  
**Epsom**  
 Felső-Alap  
 Foradade  
 Frailes y La Rivera  
 Friedrichshall  
 Galthof  
 Georgenbad  
**Gran**  
 Glenn Sulphur Springs  
 Herg  
 Hermione  
**Huniady-Yános**  
 Ivanda  
 Jabalcuz

Jaen  
 Jood  
 Kilburn  
 Kirchbrunnen  
 Kreuth  
 Lepanto  
 Ligurio  
 Loujo  
 Mala  
 Mergentheim  
**Montmirail**  
 Nancraes  
 Nebouzat  
 Niedernau  
 Oelves  
 Ofen  
 Olliergues  
 Orel

**Püllna**  
 Quinto  
 Saidschütz  
 Santa Ana  
 Sarepta  
 Sasso di Maremma  
 Sedlitz  
 Soulieux  
 Spital  
 Stuben  
 Tür  
 Valle de Rivas  
 Vescoro  
 Viallavieja  
 Villaharta  
 Villar del Pozo  
 Vilo or Rosas  
 Zwieselsalpe

## SALINE WATERS.

Abas-Tumam  
 Aboukir  
 Absac  
**Acquæ-Albulæ**  
 Acqua-Santa  
 Acquæ-Subreni-  
 Homini  
 Adelheidsquelle  
 Adorf  
 Aegina  
 Agnano  
 Ahioli  
 Aigle  
 Aincelle  
 Ain-nonicy  
 Airthrey  
 Akná-Szlatina  
 Alange  
 Albano  
 Alcantud  
 Alicum  
 Almamezö  
**Alveneu**  
**Amelie-les-Bains**  
 Andabre  
 Antrim Spa  
 Arbormc  
 Archena  
 Arenosillo  
 Arnedillo  
 Arnstadt  
 Arpad  
 Artejo  
 Artern  
 Arzilhc  
 Ascoli  
 Ashby-de-la-Zouche

Astrakan  
 Augustusbad  
 Aussee  
 Availles  
 Baassen  
 Bacsó-Rahó  
**Baden-Baden**  
**Bagnères de Bi-**  
**gorre**  
 Bagnet, Le  
 Bagnos  
 Bains de la Reine  
 Balaruc  
 Baldini  
 Balyspellan Spa  
 Baran  
 Battaglia, La  
 Bebra  
 Bejar  
 Berg  
 Beringerbad  
 Betelú  
**Bex**  
 Birkenfeld  
 Bleichbad  
 Bobbio  
 Bodenfelde  
 Bonar  
 Boriucs  
 Borkút  
 Borla  
 Boulogne-sur-Mer  
 Bourbon l'Archam-  
 bault  
 Bourbon-Lauey  
 Bourbonne-les-Bains  
 Bourboule, La

Bramstadt  
 Bridge of Earn  
 Buca dei Fori  
 Budimir  
 Bulth  
 Burnham  
 Busk  
 Buzost  
 Caldanelia di Cam-  
 piglia  
 Caldas de Besaya  
 Caldas de Estrac  
 Caldas de Mombuy  
 Caldas da Rainha  
 Caldas de Tuy  
 Caldillas de San Miguel  
 Canillejas  
 Cannstadt  
 Carballo  
 Carballino  
 Casares  
 Casa Stronchino  
 CasinodelleCurriqliano  
 Casiola  
 Castellamare  
 Castiglione  
**Castel San Pietro**  
**Castro-Caro**  
 Cestona-guezalaya  
 Cave  
 Chaldette, La  
 Charlottenburg  
 Chatel-Guyon  
 Chatenois  
 Cheltenham  
 Chazam  
 Ciechocinek



SALINE WATERS—*continued.*

|                    |                   |                       |
|--------------------|-------------------|-----------------------|
| Cipollo            | Hamman-Meskutin   | Lipik                 |
| Colberg            | Harrowgate        | Llandrindod           |
| Corcoles           | Harzburg          | Lons-le-Saulnier      |
| Cormus             | Hellopia          | Loujo                 |
| Cos (Island)       | Helmstädt         | Loreta                |
| Crieff             | Helouan-les-Bains | Lu                    |
| Daetlingen         | Hermida, La       | Lucas                 |
| Diemerigen         | Horeajo de Lucena | Lüneburg              |
| Diree              | Hubertusbrunnen   | Luxeuil               |
| Dofana             | Hüttersbach       | Maekviller            |
| Domène             | Hypate            | Malahá                |
| Dovadola           | Ikaria            | <b>Malvern</b>        |
| Drennon Springs    | Ildjak            | Marsala               |
| <b>Droitwich</b>   | Ilmenau           | Masino                |
| Driburg            | Inowrazlaw        | <b>Mehadia</b>        |
| Drohobycz          | Imola             | Meinberg              |
| Drumgoon           | Innichen          | Melksham              |
| Drumlane           | Inselbad          | Mezières              |
| Dürrheim           | Inverleithen      | Moffatt               |
| Dürkheim an der    | <b>Ischl</b>      | Molar, El             |
| Haardt             | Ivonicz           | Molinar de Carranza   |
| Eberbach           | Jaxtfeld          | Monda                 |
| Echailon           | Joanette          | Mondorf               |
| Ecquevilly         | Jouche            | Monegrillo            |
| Elmen              | Jungbrunn         | Monfalcone            |
| <b>Ems</b>         | Jurowla           | Monsão                |
| Erlaubad           | Kalimaneste       | Montaleeto            |
| Eufemia            | Karlshafen        | Monte-Catini          |
| Farkas-Mező        | Katharsion        | Montegrotto           |
| Felso-Apsa         | Kerő              | Morgins               |
| Felső-Bajom        | Keuchreæ          | Mortagone             |
| Feredschik         | Kimpalungi        | Münster a/ Stein      |
| Filetta            | <b>Kissingen</b>  | Nauheim               |
| Fitero             | Kondrau           | Naples                |
| Fonsalada          | Königsborn        | Naxos                 |
| Fontaccia          | Königsdorf-Jastr- | Nefflach              |
| Fonté              | zembs             | Nenndorf              |
| Forbach            | Korond            | Neuhaus               |
| Fordignano         | Korytinca         | Neustadt a/ Saale     |
| Fortuna            | Kosia             | Newtondale            |
| Frankenhausen      | Kösen             | Niederbronn           |
| Frankfort-on-Maine | Köstritz          | Niederhall            |
| Galaxidion         | Krankenheil       | Nohanend              |
| Garriga (La)       | Kreuznach         | Oberhergern           |
| Gebangau           | Kronberg          | Oberladis             |
| <b>Gerace</b>      | Kronthal          | Oeynhausien           |
| Gleissen           | Kythmos           | Offenau               |
| Gloucester         | Laer              | Okarben               |
| Gmunden            | La-Malou          | <b>Oldesloe</b>       |
| Goezalkowitz       | La-Motte          | Orb                   |
| Grosskarben        | Langenbrücken     | Osterfingen           |
| Grull              | Lauchstadt        | Palazzolo             |
| Guarda-vieja       | Laurion           | Pannanich             |
| Guillon            | <b>Leamington</b> | Panticosa             |
| Hall (Austria)     | Lemnos            | Páros                 |
| Hall (Tyrol)       | Lesbos            | Paterna de la Riviera |
| Hall (Württemberg) | Les Salins        | Paterna y Gigonza     |
| Halle              | Letantus          | Paterno               |
| Hallein            | Limmer            | Peebles               |
| Hamman-Melouanc    | Lindenholzhausen  | Peiden                |

SALINE WATERS—*continued.*

|                           |                    |                    |
|---------------------------|--------------------|--------------------|
| Peleikitou                | Roselle            | Steinfurth         |
| Penna, La                 | Roucas-Blanc       | Steinheyde         |
| Perrière, La              | Rosswein           | Stolypin           |
| Pertino                   | Rothenfelde        | Stuben             |
| Petriolo                  | Russwyl            | Suderode           |
| Pillo                     | Saarguemines       | Sulza              |
| Pitcaithly                | Sack               | Sulzbach           |
| Pitigliano                | Sadshütz           | Szalatnya          |
| Plan de Phazy             | St. Blasein        | Talamonaccio       |
| Plaue                     | St. Genis          | Temburg            |
| Platingan                 | St. Laurent        | Tercis             |
| Poggetti                  | Salces             | Termopylae         |
| Poggibonzi                | Salies de Béarn    | Thermas, Las       |
| Poggio-Rosso              | Salies             | Thorpe Arch.       |
| Poutamafrey               | Salins             | Thermia            |
| Pouillon                  | Salins-Montiers    | Tiermas            |
| Pozzuoli                  | Salonichi          | Titus, Bānos de    |
| Préchac                   | Salz               | Torda              |
| Pré St. Didier            | Salzhausen         | Torpa              |
| Puda, La                  | Salzschlirf        | Torres-Vedras      |
| Puente-viej               | Salzburg (Hungary) | Torretta, La       |
| Pymont                    | Salzungen          | Traishorloff       |
| Quinto                    | Salzuffeln         | Trescore           |
| Rabka                     | San Fedele         | Tritoli            |
| Raddusa                   | San Juan de Campos | Truskowice         |
| Radeberg                  | Santa-Gonda        | Tusnád             |
| Radein                    | Santa Restituta    | Ugód               |
| Rapolano                  | Santenay           | <b>Uriage</b>      |
| Rappennau                 | Saratoga           | Ussat              |
| Redruth                   | Sarepta            | Venafro            |
| Rehme                     | Saubuse            | Vignale            |
| <b>Ravone in Casaglia</b> | Saulce, La         | Vignolles          |
| Recklinghausen            | Saxon              | Vinadio            |
| Reichenhall               | Schieder           | Vinça              |
| Retorbido                 | Schmalkalden       | Vippach-Edelhausen |
| Rheinfelden               | Schmeckwitz        | Volterra           |
| Riando                    | Schönbeck          | Vouitza            |
| Rietenau                  | Seguara            | Wieliczka          |
| <b>Riolo</b>              | Segura             | Wiesbaden          |
| Rio-Mayor                 | Semur              | Wiesenbad          |
| Rio-Sordo                 | Sierk              | Wildeggen          |
| <b>Rippoldsau</b>         | Soden              | Wimpfen            |
| Roggeudorf                | Soest              | Wilhelmsbad        |
| Rohitsch                  | Sotteville         | Willoughby         |
| Rodenberg                 | Spalato            | Wittekind          |
| Rothenfels                | Staraja-Rossa      | Woodhall           |
| Rothesay                  | Staden             | Zajzon             |
| Rothwell                  |                    |                    |

## BROMO-IODURATED WATERS.

|                   |                     |                    |
|-------------------|---------------------|--------------------|
| Abano             | <b>Bex</b>          | Castelnovo         |
| Adelheidsquelle   | Bondonucan          | <b>Castro-Caro</b> |
| Airthrey          | Borkut              | Challes            |
| Baassen           | Bourbon l'Archa-    | Czigelka           |
| Bacskò-Rahò       | bault               | Dürkheim an der    |
| Bains de la Reine | Bourbonne-les-Bains | Haardt             |
| Balaruc           | Bourboulo, La       | Felsö-Alap         |
| Beringerbad       | Casa Stronchino     | Gazost             |

BROMO-IODURATED WATERS—*continued.*

|                         |                         |                    |
|-------------------------|-------------------------|--------------------|
| Goczalkowicz            | Molinara de Carranza    | Salins             |
| Grasville l'héure       | Mondorf                 | Salzburg (Hungary) |
| Greifswalde             | Monfalcone              | Saxon              |
| Hall (Austria)          | Montecatini             | Soest              |
| Hechingen               | Münster am Stein        | Sotteville         |
| Heilbrunn               | Pertino                 | Staraja-Rossa      |
| Ivonicz                 | Rabka                   | <b>Sulzbach</b>    |
| Kanitz                  | Radein                  | Tatzmannsdorf      |
| <b>Königsdorff-Jas-</b> | <b>Ravone-in-Casag-</b> | Torda              |
| <b>trzembs</b>          | <b>lia</b>              | Torpa              |
| Krankenheil             | Ronneburg               | Valenza            |
| Kreuznach               | Rothenefelde            | Weilbach           |
| <b>Leamington</b>       | St. Genis               | Wildeggen          |
| Lu                      | St. Jean d'Aulph        | Wimpfen            |
| Luhaczowicz             | Salies de Béarn         | Zajzon             |
| Marlioz                 |                         |                    |

## SULPHUROUS WATERS.

|                         |                        |                      |
|-------------------------|------------------------|----------------------|
| Abano                   | Arenosillo             | Bocklet              |
| Abas-Tuman              | Armajolo               | Boll                 |
| <b>Acireale</b>         | Ascoli                 | Bonn                 |
| Acqua-Santa             | Astroni                | Borgo-Maró           |
| Acqua-Acidola           | Athimonus              | Borines              |
| Acqua-Puzzolente        | Ax                     | Bottaccio            |
| Acqua-Raineriana        | Baccanella             | Bourtscheidt         |
| <b>Acquæ Albulae</b>    | <b>Baden (Austria)</b> | Braga                |
| Acqui                   | Baden (Switzerland)    | Bramstadt            |
| Aghaloo                 | <b>Bagnères de Bi-</b> | Bräsa                |
| Agnano                  | <b>gorre</b>           | Bréb                 |
| Aguas Calientes         | Bagni-à-Acqua          | Bruca                |
| Aguas de Camangilas     | Bagni-di-Crana         | <b>Brussa</b>        |
| Aias                    | Bagno                  | Buclesore            |
| Aidos                   | Bagno-in-Romagna       | Budosko              |
| Aitora                  | Bagnoles               | Builth               |
| Aix-la-Chapelle         | Bagnols                | Bujak                |
| <b>AIX-LES-BAINS</b>    | Bains                  | Buncome              |
| Alaráz                  | Bains near Arles       | Bundorran            |
| Alcafache               | Bajfalú                | Buschbad             |
| Alcama                  | Balzach                | Busk                 |
| Alceda                  | Bania-Louka            | Butterby             |
| Alexandersquelle        | Barambio               | Buyères de Nava      |
| Alfaro                  | Baran                  | Caccio-Cotto         |
| Alhamade Aragon         | Barbazan               | Cadéac               |
| Alhama de Granada       | Barèges                | Caldas de Geres      |
| Ali                     | Bari                   | Caldas de Nossa Sen- |
| Alica                   | Bath (Jamaica)         | hora                 |
| Allevard                | Batignolles            | Calliarhoë           |
| Allume                  | Battaglia, La          | Calw                 |
| Almás                   | Baza                   | <b>Cambo</b>         |
| Almeida                 | Bellus                 | Canal Grosso         |
| Almeria                 | Bernstein              | Carballo             |
| Also-Sebes              | Bertua                 | Carratraca           |
| <b>Alveneu</b>          | <b>Beschtau or</b>     | Casa Nuova           |
| <b>Amelie-les-Bains</b> | <b>Maschukabaths</b>   | Casares              |
| Anagui                  | Betclú                 | Casciani             |
| Andeer                  | Bivuto di Termini      | Casiola              |
| Archena                 | Blue Sulphur Springs   | <b>Castellamare</b>  |
| Aregos                  | Bobotsch               | Castelletto Mascagni |



SULPHUROUS WATERS—*continued.*

|                     |                        |                  |
|---------------------|------------------------|------------------|
| Castel San Pietro   | Fortyogó               | Imola            |
| Canquedes           | Fuen-Alamo             | Innichen         |
| Cauterets           | Fuente del Toro        | Ischl            |
| Cecinella           | Fuente Amargosa        | Isola-Bona       |
| Cervera             | Fuente Sta. de Lorca   | Jabalruz         |
| Challes             | Fuente St. de Gayangos | Jalova           |
| Cheltenham          | Fumades                | Jamnicza         |
| Chianciano          | Gaieiras               | Janiszek         |
| Christenhofsbad     | Gadara                 | Jano             |
| Chnilla             | Gafete                 | Jaraba           |
| Citára              | Galera                 | Jorullo          |
| Civilliano          | Galleraje              | Joanette         |
| Civita Vecchia      | Gandesa                | Kaifa            |
| Cocomiso            | Garmyswyl              | Kalauria         |
| Colombajo           | Gaviria                | Kalimaneste      |
| Cordéac             | Gazost                 | Kammietz-Podolsk |
| Cortegada           | Georgenbad             | Karithena        |
| Crailsheim          | Gerace                 | Karpfen          |
| Cuervo              | Gisland                | Kastanowka       |
| Dagh Hamman         | Gleisslibergerbaths    | Keked            |
| Dax                 | Gmünd                  | Kemmern          |
| Denx-Lots           | Golaise, La            | Kerö             |
| Dingolfing          | Gori                   | Killymard        |
| Dirce               | Graena                 | Kimpalngi        |
| Disznopátak         | Gravalos               | Kiralyi          |
| Domène              | Grödeck                | Kirchheim        |
| Dorres              | Gross-Wunitz           | Kirkilisoa       |
| Dotit               | Grüben                 | Klemntzion       |
| Dragomerfalva       | Guarda-vieja           | Klosters         |
| Dronis Namnlock, or | Guesalivar             | Klutschewsk      |
| Drumsna             | Guitiriz               | Kornwestheim     |
| Drumgoon            | Gythium                | Kosia            |
| Durenhof            | Gyüzy                  | Kostendil        |
| Dürrwangen          | Häbernbad              | Krevenish        |
| Eaux-Bonnes         | Halsbrücke             | Krzesow          |
| Eaux-Chandes        | Hardeck                | Kunda            |
| Ebed                | Harkanyi               | Kunzendorf       |
| Ebningen            | Harrogate              | Labassère        |
| Echzell             | Hechingen              | Laemnoli         |
| Edenkoben           | Heckinghansen          | Lago d'Averno    |
| Egartbad            | Heiden                 | Langassa         |
| Egbell              | Heiligekreuzbath       | Langenbrücken    |
| Egelhof             | Hellopia               | Laroche-Posay    |
| Elorrio             | Hélouan-les-Bains      | La Salvadora     |
| Enatbühl            | Hermannsbad            | Landeck          |
| Enghien             | Hermenville            | Lavey            |
| Escaldas, Las       | Herrscha               | Leamington       |
| Escouloubre         | Hervideros de Fnen     | Lcbetzoba        |
| Escoriaza           | Santa                  | Ledcsma          |
| Eski-cherrer        | Heselwangen            | Lemnos           |
| Esparguenera        | Höhenstadt             | Lepanto          |
| Essentuk            | Holbeck                | Lintzi           |
| Falkenberg          | Homok                  | Lisbon           |
| Feldafing           | Horn                   | Lisdoonvarna     |
| Feletékút           | Hozumeczó              | Llandwrtyd       |
| Finceshti           | Hradiszko              | Loëches          |
| Fiumorbo            | Hypathe                | Los Banos        |
| Fontaccia           | Iberg                  | Lu               |
| Fonté               | Ilkeston               | Lucan            |
| Forstegg            | Inchaurto              | Lnucho           |

SULPHUROUS WATERS—*continued.*

|                       |                        |                     |
|-----------------------|------------------------|---------------------|
| Lugo                  | Pietrapola             | Schmeckwitz         |
| Luxburg               | Pignieu                | Schmarden           |
| Macerrato             | Pixigueiro             | Schwarzseebad       |
| Mád                   | Poggetto-Theniers      | Schwefelbad         |
| Magyar-Szent-Lazlo    | Pomaret                | Schwefelbergerbad   |
| Malahá                | Porretta, La           | Sciaccia            |
| Malnas                | Portoria               | Sesavnik            |
| Marlioz               | Poschiavo              | Sebruch             |
| Marching              | Pozo-Amargo            | Segesta             |
| Maria in Bagno        | Pozzuoli               | Segura              |
| Martos                | Pretriolo              | Sennfeld            |
| <b>Mehadia</b>        | Psekups-springs        | Serboneschte        |
| Meidling              | Puzzichello            | Sergiewsk           |
| Meinberg              | Quez                   | Sibo                |
| Mercantale            | Raddusa                | Sibitschudi-Sus     |
| Methana               | Rapoláno               | Sierra Elvira       |
| Miemo                 | Ratzes                 | Sironabad           |
| Moffatt               | Rede de Corvaçeira     | Sitka               |
| Moggiona              | Retorbido              | Skara-Chori         |
| Molar, El             | Reutlingen             | Skleno              |
| Moncada y Reitach     | Reyrieux               | Slepzoff-Michaeloff |
| Montefiascone         | Riedbad                | Springs             |
| Montemayor y Bejar    | Riga                   | Smokobe             |
| Morto-Ortone          | <b>Riolo</b>           | Sombór              |
| Mscheno               | Rio-Real               | Spag                |
| Münsterberg           | Rio-Vinagre            | Spalato             |
| Müskau                | Rohnau                 | Sproffondo          |
| Nenndorf              | Romeyer                | Stachelberg         |
| Neudorf               | Ronneby                | Starbeck            |
| Neumarkt              | Rostona                | Stolypin            |
| Neusohl               | Rothsay                | Strathpeffer        |
| Nevis                 | St. Cassien            | Sujo                |
| Nierstein             | St. Domingo            | Swanlibar           |
| Nissyros              | St. Genis              | Szent-Ivan          |
| Nottingham            | St. Gervais            | Szinyak             |
| Nuestra Señora de las | St. Honoré             | <b>Szmirdak</b>     |
| Mercedes              | St. Jean d'Aulph       | Szobrancz           |
| Nydelbad              | St. Martin Lantosque   | Szombat-Falva       |
| Obertiefenbach        | St. Sauveur            | Talamonaccio        |
| Offenau               | Salinetas              | Talloires           |
| Okmé                  | Salmas                 | Tabbiano            |
| Olette                | Salonichi              | <b>Telese</b>       |
| Offenstein            | Sandefjord             | Tercis              |
| Olmenhausen           | San Casciano           | Terme Luigiane      |
| <b>Oldesloe</b>       | San Georgen            | Termini Castoreale  |
| Ollmütz               | San Gregorio de Brozas | Termini-Imerese     |
| Olivera               | San Michele            | Teufen              |
| Oloneschti            | San Martino            | Thalgut             |
| Ormaiztegui           | San Pedro do Sul       | Thera               |
| Osthofen              | San Vincens            | Thermopylae         |
| Otschni               | Santa Agueda           | Thuez               |
| <b>Parád</b>          | Santa Barbara          | Thusis              |
| Pantalaría            | <b>Santa Cesarea</b>   | Tiflis              |
| Páramo de Ruiz        | Santa Filomena de      | Tiermas             |
| Paterna y Giconza     | Gomillaz               | Torre de San Miguol |
| Patmos                | Sardara                | Torres              |
| Penna, La             | Saturnia               | Trenczin-Teplitz    |
| Peissenberg           | Saudon                 | Trescore            |
| Petriolo              | <b>Schinzsnach</b>     | <b>Trillo</b>       |
| Pierrefonds           | Schimberg              | Ullersdorff         |

SULPHUROUS WATERS—*continued.*

|                     |                     |                       |
|---------------------|---------------------|-----------------------|
| Unterhallau         | Villaro             | Weilbach              |
| Urbalacone          | Villavieja de Nulcs | White Sulphur Springs |
| Urberoaga de Ubilla | Vinadio             | Wiesloch              |
| <b>Uriage</b>       | Vinça               | Wildhausbach          |
| Ussat               | Visone              | Wilhelmsbad           |
| Valdieri            | Viterbo             | Willoughby            |
| Vale-Szkragye       | Vizella             | Winterbach            |
| Valeuza             | Voltaggio           | Wittekind             |
| Veruet, Le          | Voltri              | Wolfs                 |
| Vialla              | Warm Springs        | Yeuzet                |
| Vignale             | Walby Brunuen       | Zante                 |

FERRUGINOUS WATERS.

|                     |                      |                          |
|---------------------|----------------------|--------------------------|
| Abbecourt           | Bagnolino dei Rhaudi | Bourbon-Lancy            |
| Aberayron           | tici                 | Bournemouth              |
| Aberbrothwick       | Ballyspellan Spa     | Braga                    |
| Aberystwith         | Balnea d'Avignone    | Bramstadt                |
| Acqua-acetosa       | Balsócz              | <b>Brighton</b>          |
| Acqua-acidola       | Barbazan             | Brownstown Spa           |
| Acqua-Bolle         | Barberie             | Brückenau                |
| Acqua-Subreni       | Barbotan             | Brüttalen                |
| Adolfsberg          | Bath                 | Budis                    |
| Ahioli              | Bauche, La           | Builth                   |
| Ajuacskő            | Beaulieu             | Burnham                  |
| Alais               | Beaupreau            | Burrone                  |
| Albano              | Bela                 | Busignargues             |
| Albens              | Bellesme             | Bussang                  |
| Alexisbad           | Belloc               | Buzias                   |
| Aliseda             | Benavente            | Caldini                  |
| Allezani            | Ben Haroun           | Calw                     |
| Allume              | Berg                 | Camarès                  |
| Almamezö            | Berencze             | <b>Cambo</b>             |
| Altsohl             | Berg-Gilfshueb       | Campagne                 |
| Altwasser           | Bernos               | Candin                   |
| <b>Alveneu</b>      | Bernstein            | Canena                   |
| Amphion             | Resenyöfalva         | Cannstadt                |
| Andabre             | Bétaille             | Caprifico de Valaspra    |
| Antogast            | <b>Bigorre</b>       | Caprenne                 |
| Arcs, Les           | Birkenfeld           | Carlsbrunn               |
| Arcidosso           | Birlenbach           | Casnefouls               |
| Argentona           | Birresborn           | Castel-Connell           |
| Arlam               | Bisztrá              | Castel-jaloux            |
| Ascoli              | Blanchemon           | Castellamare             |
| Asinolunga          | Bleichbad            | Castroreale              |
| Aspio               | Bleville             | <b>Castel San Pietro</b> |
| Athlone water       | Blumenstein          | Catauia                  |
| Audinac             | Bocheggiano          | Cattenajà                |
| Auerbach            | Boisse, La           | Cauquedcs                |
| Augnat              | <b>Bonar</b>         | Cayla, La                |
| Augustusbad         | Bonnington           | Cecinella                |
| Auteuil             | Borra                | Celles                   |
| Baccanellr          | Borrone              | Cesalpiuo                |
| Faczuch             | Borsaros             | Cetoua                   |
| Bagnaccio di Colom- | Bottaccio            | Chabetout                |
| bajo                | Boulogne-sur-Mor     | Chapelle-Godefroy, La    |
| Bagno Bossale       | Bourasol             | Charbonnières            |



FERRUGINOUS WATERS—*continued.*

|                         |                        |                      |
|-------------------------|------------------------|----------------------|
| Charlottenbrunn         | Elba                   | Graena               |
| Charlottenburg          | Elizabethbath          | Grandeyro.           |
| Chateau-Gontier         | Elöpathak              | Grasnawawoda         |
| Chateaufauf             | Elster                 | Grasville l'henro    |
| Chateldon               | Engistein              | Greifenberg          |
| Chatel-Guyon            | Erdöbenye              | Griesbach            |
| Chaufontaine            | Erlaehbad              | Griesbad             |
| Cheltenham              | Ernabraunen            | Grinnneaux           |
| Chemille                | Escoriaza              | Grüben               |
| Chiatamone              | Evolena                | Grundhofen           |
| Chiusa dei Monaci       | Falciano               | Gustafsberg          |
| Cinciano                | Falkenberg             | Halsbrücke           |
| Civilliano              | Falü-Szlatina          | Hambach              |
| Clermont                | Farette                | Hamma                |
| Cleve                   | Felsö Neresznice       | Hanau                |
| Combe-Girard            | Felsö-Visso            | Hardeck              |
| <b>Contrexéville</b>    | Ferranche              | Harrowgate           |
| Corneille de la Rivière | Ferreira               | Harsfalra            |
| Corticella              | Ficoncella             | Hartfelt             |
| Couchon                 | Fideris                | Harwich              |
| Courmayor               | Flinberg               | Hassan-Pascha        |
| Courpière               | Folkestone             | Heckinghausen        |
| Cours                   | Fonsainte              | Heiden               |
| Courtomer               | Fonsrouilleuse         | Heiligenstadt        |
| Craislheim              | Fontagre or Sorède     | Heinrichsbad         |
| Crèche                  | Forcerai               | Heinrichbrunnen      |
| Credo                   | Forges-les-Bains       | Helenskilde          |
| Crol, Le                | <b>Forges-les-Eaux</b> | Helmstadt            |
| Cudowa                  | Fossino                | Herse, La            |
| Cuervo                  | Franzensbad            | Hermannsbad          |
| Czacko                  | Fraserburgh            | Hernösand            |
| Czarskow                | Freienwalde            | Hervideros de Fon-   |
| Daneverd                | Freyersbach            | tillesca             |
| Desvres                 | Fuen-Caliente          | Hervideros de Fuen   |
| Dinan                   | Gaberneg               | Santa                |
| Dios-Györ               | Gabian                 | Hervideros de Villar |
| Dios-Jenő               | Gagliana               | del Pozo             |
| Dirdorf                 | Gais                   | Heucheloup           |
| Disznopatak             | Galway Sya             | Hinnewieder          |
| Dives                   | Garryhill Spa          | Hofgeismar           |
| <b>Dobberan</b>         | Gava                   | Hohenberg            |
| Dolka                   | Gavorano               | Hohenstein           |
| Domeray                 | Geilnau                | Holywell             |
| Dorfgeismar             | Gencstelle             | Hollywood            |
| Dorna                   | <b>Gerace</b>          | Homburg              |
| Douai                   | Geroldsgrün            | Homok                |
| Drahowa                 | Giglio                 | Homorod              |
| Draitschbrunnen         | Giunco Marino          | Horley-Green         |
| Driburg                 | Glanagarin             | Horn                 |
| Drisc                   | <b>Gleichenberg</b>    | Houches, Les         |
| Drumrastel              | Gleissen               | Hozumezö             |
| Durtal                  | Gloucester             | Humera               |
| Ebeaupin                | Godelheim              | Hunstanton           |
| Ebriach                 | Godesberg              | Ilkeston             |
| Eckartsbrunnen          | Golaise, La            | Imnan                |
| Ecuillé                 | Goldbach               | <b>Imola</b>         |
| Eghegh                  | Goldberg               | Innichen             |
| Einöd                   | Gonten                 | Inselbad             |
| <b>Eisenbach</b>        | Gortwa-Kisfalú         | Islington            |
| Eisenberg               | Gournay                | Ivanyi               |

FERRUGINOUS WATERS—*continued.*

|                         |                   |                       |
|-------------------------|-------------------|-----------------------|
| Ivonicz                 | Lochbachbad       | Neskutschnoie         |
| Jacintos, de los        | Lodova            | Neu-Lublau            |
| Jacobfalva              | Loèche-les-Bains  | Neumarkt              |
| Jahodnika               | Luchon            | Neu-Ragoczi           |
| Jalleyrac               | Lucsky            | Neuschwalheim         |
| Jamnicza                | Luisenbad         | Neustadt-Eberswalde   |
| Jaróslaw                | Luxburg           | Neyrac                |
| Jelen                   | Luxcuil           | Nieder-Langenau       |
| Jenatz                  | Macon             | Niedernau             |
| Joanette                | Mád               | Nitrolis              |
| Johannisbad, nr. Melnik | Madonna-a-Papiano | Nördlingen            |
| Johannisbad, nr. Par-   | Magnac            | Nowosselja            |
| dubitz.                 | Malmedy           | Ober-Brambach         |
| Johnstown               | <b>Maloja</b>     | Oberhergern           |
| Jordansbad              | Marcols           | Obernendig            |
| Josefsbad               | Marienbad         | Obernhaus             |
| Kabolapolyána           | Marmolejo         | <b>Ober-Rauscheu-</b> |
| Karlsruhe               | Martigné-Briant   | <b>bach</b>           |
| Kaschin                 | Martinique        | Obladis               |
| Kandenbach              | Martres de Veyre  | Ochsenhausen          |
| Kellberg                | Mastinecz         | Olahfalú              |
| Keruly                  | Mattigbad         | Olliergues            |
| Kilkenny College        | Mauer             | Oppenau               |
| Kilrush                 | Mecina-Burbaron   | Orezza                |
| Kinsale                 | <b>Medewi</b>     | Origny                |
| Kiralymezö              | Melksham          | Oriol                 |
| Kis-Sarós               | Melos             | Osterfingen           |
| Klaussen                | Meltingen         | Osterspay             |
| Klein-Chocholna         | Mercantale        | Otschin               |
| Klieniugen              | Mina Nova         | Palazonia             |
| Kobersdorf              | Mirandella        | Pandraux              |
| Königswarth             | Mitterbad         | Pannanich             |
| Korsow                  | Modum             | Pantano               |
| Korytinca               | Moha              | Panticosa             |
| Kötschenowa             | Molla             | <b>Parád</b>          |
| Kronberg                | Moncada y Reitach | Parchim               |
| Krzeszow                | Mondariz          | Passy                 |
| Kugelbad                | Mondon            | Paterno               |
| Kunzensdorf             | Montalceto        | Penna, La             |
| Kuppis                  | Mont Amiata       | Pejo                  |
| Lacvillers              | Moutanejos        | Pergine               |
| Lago d'Averno           | Montchauson       | Pesolina              |
| Laifour                 | Montégut Ségla    | Petraglia             |
| Lamscheid               | Montligon         | Pierrefonds           |
| Lanaskede               | Mont-Louis        | Pignol                |
| Langenberg              | Montmirail        | Piguien               |
| Larivière               | Monte Rotondo     | Pilsen                |
| <b>Leamington</b>       | Montner           | Pisciarelli           |
| Lendershausen           | Morba             | Pizzofalcone          |
| Levana                  | Morgins           | Plaine, La            |
| <b>Levico</b>           | Mscheno           | Plan, Le              |
| Lichtenthal             | Mula              | Planchamps            |
| Liebenstein             | Mülichshofen      | <b>Plombières</b>     |
| Liebwerda               | Münsterberg       | Po-Csevice            |
| Lindenholzhausen        | Müskau            | Poggetti              |
| Lipezk                  | Naumburg          | Poggetto Theniers     |
| Lippspringe             | <b>Naples</b>     | Poggio Curatale       |
| Llandrindod             | Navajais          | Poggio Pinci          |
| Llandwrtyd              | Navalpino         | Pojau                 |
| Löbenstein              | Neudorf           | Polzin                |

FERRUGINOUS WATERS—*continued.*

|                   |                         |                        |
|-------------------|-------------------------|------------------------|
| Pont à Mousson    | St. Diery               | Sigliano               |
| Pontano           | St. Martin de Fenouilla | Silvanés               |
| Popoli            | <b>St. Moritz</b>       | Siradan                |
| Porla             | St. Myon                | Sixt                   |
| Porte             | St. Nectaire            | Soden                  |
| Port Thareau      | St. Ours                | Source des Cèdres      |
| Portugos          | St. Pardoux             | Sohl                   |
| Pötschnig         | St. Peter               | Spa                    |
| Potsdam           | St. Pierre              | Starbeck               |
| Pougues           | St. Prieste             | Stavenhagen            |
| Prenzlau          | St. Prieste la Roche    | Steben                 |
| Prompsad          | St. Quentin             | Steinheyde             |
| Provins           | St. Remy                | Sternberg              |
| Prugues           | St. Sautin              | Sujo                   |
| Puertolano        | St. Ubrich              | Sulzbach               |
| Puzzichello       | St. Vallier             | Suot-Sass              |
| Puzzola           | Ste. Heléne             | Szaldobos              |
| <b>Pyrawarth</b>  | Ste. Madeleine          | Szczawnicza            |
| Pymont            | Ste. Marie              | Szliacz                |
| Rabbi             | Salins Moutiers         | Szombhat-Falva         |
| Radeberg          | Salies                  | Szulin                 |
| Rakós             | San Bartolomé de la     | Talalmanaccio          |
| Randamel          | Cuadra                  | Tapolez-Bisztra        |
| Ranigsdorf        | San Bernhardino         | Tarna                  |
| Rastenbergl       | <b>San Casciano</b>     | Taraseon               |
| Ratzes            | San Filippo             | Tarasp                 |
| <b>Recoaro</b>    | Santa Filomena de       | Tatzmannsdorf          |
| Reiboldsgrün      | Gomillaz                | Telgart                |
| Reinerz           | Sangerberg              | Tenby                  |
| Reulaigne         | San Giuseppe            | Teneke                 |
| Rennes            | San Leopoldo            | Teplitz                |
| Reyrieux          | Santa Cesarea           | <b>Teplitz-Schönau</b> |
| Riguardo          | Santorin                | <b>Terme Luigiane</b>  |
| Rima-Brezó        | Sarcey                  | Termini Castoreale     |
| Rio               | Sasso di Maremma        | Ternaut                |
| <b>Riolo</b>      | Savergnolles            | Terrau                 |
| Rio Tinto         | Saucats                 | Testa                  |
| <b>Rippoldsau</b> | Saundersfoot            | Thalgut                |
| Rita              | Scarborough             | Tharandt               |
| Rodna             | Schandau                | Thera                  |
| Rohitsch          | Schelesna-Wodsk         | Thermia                |
| Roisdorf          | Schimberg               | Thesbis Spring         |
| Rolle             | Schmerikon              | Tivoli                 |
| Roncegno          | Schooley Mountains      | Tolpa                  |
| Roncevaux         | <b>Schwalbach</b>       | Toropetz               |
| Ronnburg          | Schums                  | Torres-Vedras          |
| Ronneby           | Schüols                 | Trebas                 |
| Ronya             | Schwallungen            | Tremiseau              |
| Roselle           | Schwelm                 | Trillo                 |
| Rosenheim         | Sciaccia                | Trois-Torrens          |
| Rosswien          | Sesavnik                | Trollière, La          |
| Rosuna            | Seewen                  | Truskowice             |
| Royat             | Segray                  | Tunbridge Wells        |
| Roye              | Segre                   | Tusnád                 |
| Ruhla             | Sentein                 | Twer                   |
| Sail-les-Bains    | Scravalle               | Tynemouth              |
| Sail-sous-Couzan  | Shotlev                 | Ueberlingen            |
| Sadschütz         | Sibitschudi-Sus         | Ugod                   |
| St. Alban         | Sid                     | Undary                 |
| St. Denis         | Sieckriki               | Unter-Miczinye         |



**FERRUGINOUS WATERS**—*continued.*

|                 |                      |                |
|-----------------|----------------------|----------------|
| Utzerá          | Vic-le-Comte         | Wicsau         |
| Uzsók           | Vic-sur-Cer          | Wight, Isle of |
| Vale Szkrayge   | Victoire             | Wildungen      |
| Valdeganga      | Vidago               | Wilhelmsbad    |
| Valle de Rivas  | Vihnye               | Wolfach        |
| Vals            | Visk                 | Wörth          |
| Vilo or Rosas   | Vitry                | Zafarana       |
| Villar del Pozo | Vittel               | Zagwera        |
| Várgéde         | Vizella              | Zajzon         |
| Varennés        | Waldstatt            | Zanyka         |
| Vauniéres       | Wassacherberg        | Zerbst         |
| Veierbach       | Wattenweiler         | Zögg           |
| Vermont         | White Suphur Springs | Zovány         |
| Vicarsbridge    |                      |                |

**LIME AND EARTHY WATERS.**

|                          |                       |                         |
|--------------------------|-----------------------|-------------------------|
| Acqua Santa              | Encausse              | Koroud                  |
| Acqui                    | Eschelloh             | Krähenbad               |
| Adelholzen               | Escoriaza             | Krapina-Töplitz         |
| Aix (Provence)           | Euzet                 | La Salvadora            |
| Aled                     | Faenza                | Lama                    |
| Al-Gyógy                 | Farkas-Mező           | Lauchstadt              |
| Alhama de Murcia         | <b>Felső-Ruszbach</b> | <b>Loèche-les-Bains</b> |
| Allevard                 | Féron                 | Losdorf                 |
| Altsohl                  | Ferreira              | Lucca                   |
| Andeer                   | Filetta               | <b>Malvern</b>          |
| Aranzarre                | Fitero                | Mariabrunnenbad         |
| Archevaleta              | Fuente del Rosal      | Marmolejo               |
| Atya                     | Fumades               | Mirabello               |
| <b>Baden</b> (Austria)   | <b>Füred</b>          | Molina de Aragon        |
| Badenweiler              | Gagliana              | Monbarri                |
| Bagni-à-Acqua            | Gais                  | Montafia                |
| Baracza                  | Gath                  | Montbrun                |
| Barambio                 | Gavorano              | Montagnone              |
| Barèges                  | Gehringswalde         | Monte Rotondo           |
| Bath                     | Gempelenbad           | Münchshofen             |
| Benimarfull              | Giengen               | Nave dell' Inferno      |
| Bentheim                 | Gonten                | Neskutschnoie           |
| Bex                      | Gränichenbad          | Nenndorf                |
| Bigorre                  | Gravalos              | Neuschwalheim           |
| <b>Brigg</b>             | Griesbad              | Oberladis               |
| Bubendorf                | Grosskarben           | Osztrovsk               |
| Caille, La               | <b>Grosswardein</b>   | Peiden                  |
| Caldas de Reyes          | Gyrenbad              | Piguien                 |
| Cauvalat-le-Vigan        | Hechingen             | Pitigliano              |
| Cave                     | Heckinghausen         | Po-Csevicze             |
| Cervera                  | Heilstein             | Poggetti                |
| Charlottenburg           | Heppingen             | Pongyelok               |
| Cheltenham               | Hohenstein            | Pontano                 |
| Chulilla                 | Ibenmoos              | Pré St. Didier          |
| Clifton                  | Iberg                 | Pystián                 |
| Cransac                  | Ivanyi                | <b>Quinto</b>           |
| <b>Cristo</b> (Acqua di) | Jobsbad               | Radeberg                |
| Derindaff                | Kémoud                | Ransbad                 |
| Digne                    | Kirchberg             | <b>Rennes</b>           |
| Driburg                  | Kirchleerau           | Rietenu                 |
| Draitschbrunn            | Kiszlawodsk           | Römerbad (Switz.)       |
| Ehrenbreitstein          | Klieningen            | Röslibath               |
| Ems                      | Klokocs               | Rosswcin                |

LIME AND EARTHY WATERS—*continued.*

|                        |                   |                |
|------------------------|-------------------|----------------|
| Röthenbach             | Sierra Elvira     | Tübingen       |
| St. Amand              | Sirona            | Ugod           |
| St. Boes               | Sisso             | Unterbad       |
| Salies                 | Staden            | Unter-Miczynyc |
| Salinetas              | Stuben            | Uriage         |
| San Georgen            | Sulz              | Urnäschen      |
| San Gregorio de Brozas | Szalatnya         | Vellebro       |
| San Marziale           | Szklo             | Vihnye         |
| <b>Santa Cesarea</b>   | Szombát-Falva     | Villaro        |
| Santa Gonda            | Tatzmannsdorf     | Waldstatt      |
| Santa Filomena de      | Teinach           | Wolfs          |
| Gomillaz               | <b>Theissholz</b> | Zaisenhausen   |
| Schmeckwitz            | Theussenbad       | Zaldivar       |
| Seon                   | Trois-Torrens     | Zujar          |
| Serdopol               | Tschawitz         | Zurich         |

HYDROPATHIC ESTABLISHMENTS.

|                          |                   |                     |
|--------------------------|-------------------|---------------------|
| <b>Acireale</b>          | Ernsdorf          | Nice                |
| Airthrey                 | Falkenstein       | Ottenstein          |
| Albisbrunn               | Feldberg          | Peebles             |
| Alexandersbad            | Gainfahn          | Pitlachy            |
| Alexisbad                | Geltschberg       | <b>Plombières</b>   |
| Amphion                  | Gleisweiler       | Recoaro             |
| Assmannshausen           | Giesshubl         | Reichenau           |
| Baden (Austria)          | Görbersdorf       | <b>Riolo</b>        |
| Baden-Baden              | <b>Grafenberg</b> | <b>Rippoldsau</b>   |
| Bath                     | Harsfalva         | Roznau              |
| Bellaggio                | Hilversum         | Ruhla               |
| Ben-Rhydding             | Herne Bay         | <b>Ryde</b>         |
| Bishops-Teignton         | Hohenstein        | St. Moritz          |
| <b>Bushey (The Hall)</b> | Homburg           | St. Radegund        |
| Berg                     | Ilkley            | Scarborough         |
| <b>Bex</b>               | Ilmenau           | Schmecks            |
| Brighton                 | Ischia            | Schöneck            |
| Bournemouth              | <b>ISCHL</b>      | <b>Schönenbrunn</b> |
| Buxton                   | Johannisberg      | Schwarzenberg       |
| Cannstadt                | Kaltenleutgeben   | Schweizermühle      |
| Champel                  | Königsbrunn       | <b>Strathpeffer</b> |
| Charlottenburg           | Königstein        | Teplitz-Schönau     |
| Cheltenham               | Kreuzen           | Troutbeck           |
| Claremont Park           | Langenberg        | Ullswater           |
| Coombe Wood              | <b>Laubbach</b>   | Ustrom              |
| Crieff                   | Lauterberg        | Veldes              |
| <b>DIVONNE</b>           | Leamington        | Villa d'Este        |
| <b>Droitwich</b>         | Liebenstein       | Vichy               |
| Eckerberg                | <b>Maloja</b>     | Vöslau              |
| Eichwald                 | <b>Malvern</b>    | Wartenberg          |
| Elgersburg               | Michelstadt       | Wemyss Bay          |
| Empfing                  | Nassau            | Wiesbaden           |

NATURAL STEAM GROTTO (Stufa).

|                    |                 |                    |
|--------------------|-----------------|--------------------|
| Abano              | Civita Vecchia  | Nerone             |
| Amoniac Gas Spring | Felső-Ruszbach  | Pantalaria         |
| Astroni            | Grotto del Cane | Petraglia          |
| Battaglia, La      | Gurgitello      | Pisciarelli        |
| Bndos              | Lemnos          | <b>Plombières</b>  |
| Caccinto           | Lipari Islands  | <b>San Germano</b> |
| Castiglione        | Monsummano      | Testaccio          |
| Citára             | Naphta          | Torre del Grecco   |

## SEA BATHS.

**Abazzia**  
 Aberayron  
 Aberbrothwick  
 Aberdaron  
 Aberystwith  
 Aboukir  
 Agon  
**Ajaccio**  
 Alasio  
 Aldborough  
 Alicante  
 Allonby  
 Ambleteuse  
 Amlwich  
 Anacapri  
**Ancona**  
 Appledore  
 Arcachou  
 Ardrossan  
 Arnside  
 Arromanches  
 Asnelles  
 Ballycotton  
 Bangor  
 Bantry  
 Bari  
 Barmouth  
 Beaumaris  
 Bernières  
 Berwick (North)  
 Beuzeval  
 Bexhill  
**Biarritz**  
 Birchington  
 Blankenbergh  
 Bognor  
 Boltenhagen  
 Borbye  
 Borkum  
 Boulogne-sur-Mer  
 Bourg d'Ault  
 Bournemouth  
 Bray  
 Bridlington Quai  
 Bridport  
**Brighton**  
 Broadstairs  
 Brindisi  
 Broughty Ferry  
 Bruneval  
 Bude  
 Budleigh Salterton  
 Cabourg  
 Cadiz  
 Calais  
 Campbelltown  
**Cannes**  
 Cap d'Antibes  
**Carbagnal**  
 Carteret

Carnarvon  
**Castellamare**  
 Catania  
 Cayeux  
 Cherbourg  
 Clacton-on-Sea  
 Cleethorpes  
 Clevedon  
 Clynnog Vawr  
 Colberg  
 Colwyn Bay  
 Coney Island  
 Corfu  
 Coursenilles  
 Courtmacsherry  
 Coutainville  
 Cowes  
 Criccieth  
 Criel  
 Croisic, Le  
 Cromer  
 Crosshaven  
 Crottoy, Le  
 Cullercoats  
 Cuxhaven  
 Dale  
 Dalkey  
 Dangast  
 Dartmouth  
 Deal or Walmer Castle  
**Deauville**  
 Devonport  
 Diedenow  
 Dieppe  
 Dievenow  
 Dinard  
 Dives  
 Dobberan  
 Douarnez  
 Douglas  
 Douville  
 Drogheda  
 Dunbar  
 Dundrum  
 Dunkerque  
 Dunmore  
 Dunoon  
 Durness  
 Dusternbrook  
 Eastbourne  
 Eckernförde  
 Erqui  
 Exmouth  
 Falmouth  
 Fano  
 Fécamp  
 Felixstowe  
 Fleetwood  
 Flint  
 Folkestone

**Fontarabbia**  
 Fowey  
 Frasersburgh  
 Freshwater  
**Friedrich**  
**Wilhelmsbath**  
 Glengariff  
 Gourcock  
 Grandcamp  
 Grange-over-Sands  
 Granville  
 Grao  
 Gravesend  
 Great Yarmouth  
 Gustafsberg  
 Hafkreuz  
**Hapsal**  
 Hartlepool  
 Harwich  
**Hastings**  
**Håvre, Le**  
 Hayling Island  
 Helensburgh  
 Heligoland  
 Hennebon  
 Heringsdorf  
 Herne Bay  
 Heyst  
 Holkham  
 Holyhead  
 Hollywood  
 Home-Varaville, Le  
 Honfleur  
 Hornsea  
 Houlgate  
 Hourdel  
 Hovehampton  
 Howth  
 Hunstanton  
**Hyères**  
 Hythe  
 Ilfracombe  
 Instow  
 Ismailia  
 Junqueiro  
 Katwyk  
 Kiel  
 Kilkee  
 Kilrush  
 Kinsale  
 Klutz  
 Kopenhagen  
 Langrune  
 Largs  
 Leo  
 Legué St. Bricul  
 Lepoulguen  
 Lion-Sur-Mer  
 Lisbon  
 Littlehampton



SEA BATHS—*continued.*

Littlehaven  
**Livorno**  
 Llandudno  
 Llanfairfechan  
 Llangranog  
 Llanstephan  
 Longbranch  
 Lowestoft  
 Luc sur Mer  
 Lulworth, West  
 Lymington  
 Lyme Regis  
 Lynmouth  
 Lytham  
 Mablethorpe  
 Madeira  
**Maestrand**  
 Malahide  
 Malta  
 Margate  
**Marienlust**  
 Marsala  
**Marseilles**  
 Massa  
 Melcombe-Regis  
**Mentone**  
 Mers  
 Messina  
 Middlekerke  
 Millport  
 Minehead  
 Misdroy  
 Monaco  
 Morecambe  
 Mumbles  
 Mumby-cum-Chapel  
 Muritz  
 Nahaud  
**Nairn**  
 New Brighton  
 New Quai (Eng.)  
 New Quai (Wales)  
 Nice  
 Norderney  
 Nouvelle, La  
 Odessa  
 Oesel  
**Oporto**  
 Ostende  
 Paignton  
 Paimpal  
 Palermo  
 Paramé  
 Passage  
 Pegli  
 Pembrey  
 Penarth  
 Pendine  
 Penmaenmawr  
 Penzance

Pesaro  
 Petites Dalles, Les  
 Pizo, Il  
 Plymouth  
 Poutallac  
 Pontrieux  
 Pornic  
 Portland  
 Portobello  
 Port Bail  
 Port en Bessin  
 Port Rush  
 Port Said  
 Port Steward  
 Pouroille  
 Puttbus  
 Pwllheli  
 Queenstown  
 Quinéville  
 Ramsay  
 Ramsgate  
 Redcar  
 Regneville  
 Rhyl  
**Rimini**  
 Roscoff  
 Rosstrevor  
 Royan  
 Runcorn  
 Ryde  
 Ryhope  
 Sables d'Olonne  
 St. Andrew  
 St. Aune's-on-Sea  
 St. Bee's  
 St. Briac  
 St. Davids  
 St. Jean de Luz  
 St. Lawrence  
 St. Leonards-on-Sea  
 St. Lunaire  
 St. Malo  
 St. Marie  
 St. Mary's  
 St. Pair  
 St. Raphael  
 St. Valery en Caux  
 St. Valery sur Somme  
 St. Vaast la Houque  
 Ste. Adresse  
 Salcoaths  
 Salthurn-by-the-Sea  
 Saltfleet-Haven  
**Sandefjord**  
 Sandgate  
 Sandown  
**San Lorenzo**  
 San Remo  
 San Sebastian  
 Sassnitz

Saundersfoot  
**Scarborough**  
 Scheveningen  
 Seaford  
 Seascales  
 Seaton  
 Seaton-Carew  
 Sea-View  
 Shanklin  
 Shap  
 Sheerness  
 Sidmouth  
 Sillotth  
**Sinigallia**  
 Skegness  
 Skinburness  
 Sorrento  
 Söulac-les-Bains  
 Southampton  
 Southbourne  
 Southend  
 Southport  
 Southsea  
 South Shields  
 Southwold  
**Spezia, La**  
**Stromstad**  
 Sutton  
 Swanage  
 Swansea  
 Swinemünde  
 Sylt  
 Taormina  
 Teignmouth  
 Teste, La  
 Thurso Bay  
**Torquay**  
 Totland Bay  
 Toulon  
 Towyn  
 Tramore  
 Trani  
 Travemünde  
 Tremblade, La  
 Trepot, La  
 Trieste  
**Trouville**  
 Upton  
 Val André, Le  
**Valencia**  
 Vaxholm  
 Venice  
 Ventnor  
 Veules  
 Veulettes  
**Viareggio**  
 Villefranche  
 Villers-sur-Mer  
 Villerville  
 Walton-on-the-Naze

SEA BATHS—*continued.*

|                   |                   |                  |
|-------------------|-------------------|------------------|
| Wangeroog         | Westgate-on-Sea   | Wyk              |
| <b>Warnemünde</b> | Weston-Super-Mare | Wyk aan Zee      |
| Warrenspoint      | Westward Ho       | Yarmouth         |
| Warnicken         | Weymouth          | Yport            |
| Watehet           | Whitburn          | <b>Zandvoort</b> |
| Wells             | Whitby            | Zoppot           |
| Wemys Bay         | Withernsea        | Zwolle           |
| Westerland Sylt   | Worthing          |                  |

## CLIMATIC AIR STATIONS.

|                     |                          |                         |
|---------------------|--------------------------|-------------------------|
| <b>Abazzia</b>      | <b>Cannes</b>            | <b>Ischl</b>            |
| Adelsberg           | Cannstadt                | Johannisbad             |
| Aigle               | Capri                    | Korytinea               |
| <b>Ajaccio</b>      | Carlsbrunn               | Kreuth                  |
| Alassio             | Casamiciola              | Kreuzen                 |
| Algiers             | <b>Castellamare</b>      | <b>Laubbach</b>         |
| Alieaute            | Catania                  | <b>Lausanne</b>         |
| Almeria             | <b>Cauterets</b>         | Leprese                 |
| Alton Towers        | Chamounix                | Lesina                  |
| <b>Alveneu</b>      | Chiatamone               | Liebwerta               |
| Amalfi              | Chiavari                 | Lippspringe             |
| Ambleside           | <b>Cliftou</b>           | Lisbon                  |
| Amelie-les-Bains    | Coire                    | Livorno                 |
| Amphion             | Colieo                   | Löbenstein              |
| Anacapri            | Como                     | <b>Loèche-les-Bains</b> |
| <b>Anncy</b>        | Corfu                    | Looe                    |
| Antibes             | Cornigliano Ligure       | Lucky                   |
| Areachon            | Courmayor                | <b>Lugano</b>           |
| Arco                | Davos                    | Lukser                  |
| Arenzano            | <b>Divonne les Bains</b> | <b>Madeira</b>          |
| Auerbach            | Eaux-Bonnes              | Malaga                  |
| Aussee              | Eckerberg                | <b>Maloja</b>           |
| Axenfels            | Elche                    | Malta                   |
| Axenstein           | Ems                      | <b>Malvern</b>          |
| Baden (Austria)     | Engelberg                | <b>Martigny</b>         |
| Baden-Baden         | Feldberg                 | Mattigbad               |
| Badenweiler         | <b>Flims</b>             | <b>Mentone</b>          |
| Bagnères de Bigorre | Geltschberg              | Meran                   |
| Ballater            | Gerace                   | Merligen                |
| Beggenried          | Gersau                   | Meta                    |
| <b>Belalp</b>       | Gmunden                  | Messina                 |
| Bellaggio           | Godesberg                | Moffat                  |
| Beuren              | Görbersdorf              | Mogador                 |
| <b>Bex</b>          | Göez                     | Modum                   |
| Biarritz            | Grasse                   | Monaco                  |
| Bodendorf           | Greifenberg              | Monte-Carlo             |
| Bordighera          | Gries                    | <b>Montreux</b>         |
| Bormio              | <b>Grindelwald</b>       | Morgins                 |
| Botzen              | Gurnigel                 | Murcia                  |
| Bridge of Allan     | Harsfalra                | <b>Mürren</b>           |
| Brig                | Hastings                 | Naples                  |
| Brixham             | Helouan                  | Nervi                   |
| Bürgenstock         | <b>Heidelberg</b>        | Neusehmicks             |
| Bushey (The Hall)   | Heiden                   | Niee                    |
| Cadenabbia          | Hyères                   | Oban                    |
| Cairo               | Ilfraeombe               | Obermais                |
| <b>Cambo</b>        | Ilmenau                  | Ober-Rausehenbach       |
| <b>Campfer</b>      | Interlaken               | Oberladis               |

CLIMATIC AIR STATIONS—*continued.*

|                   |                              |                  |
|-------------------|------------------------------|------------------|
| Oberwinter        | <b>Salerno</b>               | Teufen           |
| Ottenstein        | Salzburg (Salzkamer-<br>gut) | Thoune           |
| Palermo           | Samaden                      | Tissington       |
| Palestrina        | San Remo                     | Torquay          |
| Pallanza          | Santa Margherita             | Tobelbad         |
| Parád             | Schandau                     | Triberg          |
| Pau               | Schleusingen                 | Trieste          |
| Pegli             | <b>Schmécks</b>              | <b>Tüffer</b>    |
| Penzance          | Schmerikon                   | Tuzsnád          |
| Pisa              | Schönbrunn                   | Valencia         |
| Plombières        | Schweizermühle               | Veldes           |
| <b>Pontresina</b> | Seelisberg                   | Venice           |
| Preblau           | Sestri Ponente               | Vevey            |
| <b>Pyrawarth</b>  | Sorrento                     | Veytaux          |
| Ramleh            | Spezia, La                   | Viareggio        |
| Rapallo           | Steinabad                    | Villefranche     |
| Reiboldsgrün      | Streitberg                   | Villeneuve       |
| Rippoldsau        | Stresa                       | Vihnye           |
| Rome              | Sutinsko                     | <b>Vöslau</b>    |
| Römerbad          | Tambach                      | Wartenberg       |
| Rosenheim         | Taras                        | Weggis           |
| Roznau            | Taormina                     | <b>Wiesbaden</b> |
| St. Cergues       | Tatzmannsdorf                | <b>Wildbad</b>   |
| <b>St. Moritz</b> | Tegernsee                    | <b>Zermatt</b>   |
| St. Raphael       |                              | Zug              |
| Saleombe          |                              |                  |

## WINTER STATIONS.

|                      |                          |                    |
|----------------------|--------------------------|--------------------|
| <b>Abazzia</b>       | Dagh Haman               | Nervi              |
| <b>Acireale</b>      | <b>Elche</b>             | Nenschmèeks        |
| Ajaccio              | Görberstorf              | Nice               |
| Alassio              | Görz                     | Palermo            |
| Algiers              | Grasse                   | Pan                |
| <b>Alicante</b>      | Hammam R'irha            | Pegli              |
| Almeria              | <b>Helouan-les-Bains</b> | Pisa               |
| Amélie-les-Bains     | Huelva                   | Rome               |
| Anacapri             | Hyères                   | St. Jean de Luz    |
| Antibes              | Laubbaeh                 | <b>St. Moritz</b>  |
| Areachou             | Losina                   | St. Raphael        |
| Arco                 | Lisbon                   | Samaden            |
| Arenzano             | Livorno                  | San Juan de Campos |
| Beaulien             | Luksôr                   | San Remo           |
| Biarritz             | Madeira                  | Santa Margherita   |
| Bigorre              | Malaga                   | Schmecks           |
| Bordighera           | <b>Maloja</b>            | Sestri-Ponente     |
| Brussa               | <b>Malvern</b>           | Sevilla            |
| Cairo                | <b>Mentone</b>           | Smyrna             |
| <b>Cambo</b>         | <b>Meran</b>             | Spezia, La         |
| <b>Cannes</b>        | Messina                  | Taormina           |
| <b>Cap d'Antibes</b> | <b>Monaco</b>            | Valencia           |
| Capri                | <b>Monte-Carlo</b>       | Venice             |
| <b>Catania</b>       | Murcia                   | Villefranche       |
| <b>Corfu</b>         | Mustapha-Supérieure      | Wiesbaden          |
| Cornigliano-Ligure   | Naples                   |                    |



## GRAPE CURE.

Bex  
Bodendorf  
Botzen  
Dürkheim an der  
Haardt  
Erdöbenye  
Gleisweiler  
Görz  
Johannisberg  
Laubbach

Lausanne  
Lesina  
Levico  
Locarno  
Lugano  
Madeira  
Maloja  
Markammer  
Meran  
Montreux

Neustadt an der  
Haardt  
Sinzig  
Sulza  
Vevey  
Vihnye  
Vöslau  
Wachenheim  
Wiesbaden  
Zug

## WHEY CURE.

Aigle  
Aix-les-Bains  
Albisbrunn  
Andeer  
Appenzell  
Axenfels  
Axenstein  
Baden (Austria)  
Baden-Baden  
Badenweiler  
Belalp  
Beuren  
Bex  
Bistritz  
Ems  
Ernsdorf  
Flims  
Franzensbad  
Friberg  
Gais  
Giesshübl  
Gleissweiler  
Gmunden  
Görbersdorf  
Görz  
Grindelwald  
Heiden  
Interlaken  
Ischl  
Jenatz  
Jungbrunn  
Kanitz  
Karlsbad  
Kammer

Kierling  
Kirchberg  
Kreuth  
Kreuznach  
Kronberg  
Laubbach  
Liebenzell  
Liebwerda  
Loèche  
Maloja  
Marienbad  
Montreux  
Morgins  
Münster am Stein  
Murren  
Nenndorf  
Neuenahr  
Neustadt an der Haardt  
Nieder Langenau  
Ober-Rauschenbach  
Oberladis  
Orenburg  
Ottenstein  
Parád  
Partenkirchen  
Piguien  
Plombières  
Pontresina  
Rabbi  
Reichenau  
Reichenhall  
Reutlingen  
Rigi  
Rippoldsau

Rosenau  
Rothwell  
Roznau  
St. Moritz  
Salzbrunn  
Salzburg (Tyrol)  
Schinznach  
Schönbrunn  
Schöneck  
Seelisberg  
Seeon  
Sinzig  
Steinabad  
Sternberg  
Streitberg  
Szczawnicza  
Tegernsee  
Teplitz-Schönau  
Tüffer  
Ullersdorf  
Unterseen  
Ustrom  
Veldes  
Vevey  
Vöslau  
Waidhaldenbad  
Warmbrunn  
Wattwyl  
Weggis  
Weissenstein  
Wildhausbad  
Wiesbaden  
Wildbad  
Zug

# THE DICTIONARY.

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**ABACH.**—Germany, Bavaria, near Ratisbon, on the right bank of the Danube.

Alkaline waters.

*Special indication* : Abdominal plethora.

**Abano.**—Italy, Venetia, near Padua. For routes see table.

Brom-iodide and sulphurous waters, 200° F.

Mud baths.

*Special indications* : Rheumatism, scrofula, herpes, gout, ovarian and uterine inflammations, secondary and tertiary syphilitic affections.

This place, known to the Romans as *Acquae-Aponenses*, contains now about 4,000 inhabitants. The water is used almost exclusively for baths. The mud is applied locally to affected parts and the vapour in steam-baths for inhalation and locally.

**Abas-Tuman.**—Russia, Caucasus, near Achalzich.

Sulphuro-saline waters, 110° to 120° F. Similar to Aix-les-Bains and Caunterets, but less rich in mineral constituents.

*Special indications* : Rheumatism, articular contractions, arthritis, atonic ulcers and mercurial dyscrasia.

The establishments offer but little comfort. The scenery is wild and grand, and game very abundant. There is a tradition that the waters were used by Alexander of Macedon.

**Abazzia.**—Austria, Istria, district of Fiume.

Winter station.

*Season* : 1st October to 1st May.

*Special indications* : Affections of the larynx, pharynx and chest.

Abazzia is a new and rising station, one hour's drive from Fiume. It is situated on a small bay of the Adriatic, and is well protected against north, east and west winds. The Bora is deprived of much of its evil influence by the adjacent island of Veglia. Statistics are still wanting.

*Doctors* : Dr. von Hausen.

*Hotel* : The Grand Hotel Abazzia.

**Abbecourt.**—France, Department of Seine and Oise, commune of Passy.  
Cold ferruginous bicarbonate waters.

**Abensberg.**—Germany, Bavaria, situated on the Abens, near Ratisbon.  
Mixed carbonate waters.  
*Special indications* : Herpes and arthritis.

**Aberayron.**—Wales, Cardiganshire, between Cardigan and Aberystwith.  
Chalybeate waters and sea bathing. Sandy beach.  
*Doctor* : Dr. Williams.

**Aberbrothwick, or Arbroath.**—Scotland, Forfarshire. 16 miles from Dundee.  
Sea baths and cold ferruginous carbonate waters.  
*Special indications* : Serofula.  
*Season* : July-September. The climate is mild, and the town sheltered from easterly winds.  
*Doctor* : Dr. Monroe.  
*Hotel* : The Albion.

**Aberdaron.**—Wales, Carnarvonshire, on the northern coast of Bay of Cardigan.  
Sea bathing ; sandy beach ; very picturesque scenery.

**Aberystwith.**—Wales, Cardiganshire, by London and North-Western Railway, in nine hours.  
Sea baths and ferruginous waters.  
*Season* : May-October. Sandy sloping beach.  
There is an establishment for hot and cold baths. The amusements are varied, and include concerts, theatre, archery, tennis, cricket, musical promenades, balls, horse racing, good fishing and boating, grouse and partridge shooting.  
*Doctor* : Dr. Morgan.  
*Hotel* : The Royal.

**Aboukir.**—Algiers, Province of Oran, near Mostaganem, and 79 k. from Oran.  
Sea baths and saline spring.

**Abzac.**—France, Department of Charente, *via* Bordeaux, stop at Ruffec; thence by omnibus.  
Cold saline waters.  
*Special indications* : Atony, constipation, congestions, ague and intermittent fevers.

**Acireale.**—Italy, Sicily ; 35,000 inhabitants ; 550 feet above sea level ; on the southern slope of Mount Etna ; two hours from Messina. For routes see table.  
A winter station of great importance.  
Sulphuro-saline waters of St. Venere, 70° F. Milk and whey cure, Hydropathic establishment.  
*Season* : All the year round.



*Special indications:* Pulmonary phthisis, chronic bronchial catarrh, emphysema, pneumonia, anæmia and chlorosis are benefited by the climato in winter; rheumatism, gout, tho uric or oxalic acid diathesis, anchylosis, obcsity, latent scrofula, paralysis and neuralgia, merenry, lead and arsenical poisoning are benefited by the waters.

The climate of Acireale is very dry and mild. The death-rate is 19 per thousand. Mean winter temperature 55° F. The variations are never more than 10°. The number of rainy days in the year range between 30 and 50, but do not exceed the latter. Snow and fogs are unknown. Windy days are less in number than on the Riviera, and there is a complete absence of dust. The prevailing winds are the S.E., S.W., S.S.E., and E.S.E. The air is very rich in ozone, owing to the vicinity of the sea and the luxuriance of the vegetation.

Post and Telegraph in the Hôtel des Bains. Doctors are attached to the establishments.

*Hotels:* The *Grand Hôtel des Bains*, facing directly south, surrounded by gardens, 100 bed-rooms, music, reading and billiard rooms. Board, 300 fes. per month, 80 fes. per week, and 12 fes. per day.

**Acquaacetosa.**—Italy, Rome, outside Porta del Vopolo. For routes see table.

Bicarbonate ferruginous waters, 33° F.

*Special indications:* Convalescence from intermittent fever.

**Acqua-Acidola.**—Italy, Tuscany, near Montalceto.

Sulphurous and ferruginous waters, 70° F.

*Special indications:* Atonic affections of the stomach and intestines, including various forms of dyspepsia and nephritis.

**Acquæ-Albulæ.**—Italy, 35 minutes from Tivoli; 50 minutes from Rome by steam tramway.

Sulphurous-saline waters, 75° F.

*Season:* Open all the year round, but the principal season is from April till November.

*Special indications:* Chronic ulcers, atonic and relaxed conditions of the mucous membrane generally, chronic skin diseases and rheumatism.

The establishment is one of the best of its kind in Europe as regards buildings and appliances. The supply of water amounts to 5,000 quarts a second. In this respect, and also in the quantity of sulphurous acid they hold in solution, these waters are second to none in Europe of their kind. They were very famous in Roman times, and much frequented. Owing to the copious supply, the water is being constantly renovated in the baths. The establishment contains four large swimming baths, without including the commoner baths for soldiers and the poor.

There are also 200 separate baths, with dressing-rooms, pavilions for families, cold and sulphurous water douches, inhalation chambers and a large restaurant, at which the prices are moderate. All appliances are thoroughly efficient.

Three doctors are constantly in attendance at the baths.

For further information address the joint proprietor, Com. Ign. Faust Anderloni, Rome.

**Acqua-Bolle.**—Italy, Tuscany, near Grosseto, in a very lonely and cheerless valley.

Alkaline-ferruginous waters 60° F.

*Special indications:* Gravel and calculous affections of the urinary and digestive organs.

**Acqua-Puzzolente-di-Livorno.**—Italy, Tuscany, near Leghorn.

Sulphuro-saline waters, varying in temperature, according to the season, from 50° to 75° F.

*Special indications:* Scabies, herpes, eczema, and other skin diseases, scrofulous and rheumatic affections.

**Acqua-Raineriana.**—Italy, Venetia, near Venice, in the vicinity of the volcanic lake of Arqua.

Sulphurous waters, 70° F., containing a considerable quantity of free sulphuretted hydrogen.

*Special indications:* Skin diseases such as herpes and psoriasis, scrofulous affections, and debility of the digestive organs.

Notwithstanding its disagreeable taste, the water is chiefly used internally; if used externally, it is generally mixed with seawater.

**Acqua-Santa (Terme di).**—Italy, Province of Ascoli-Piceno. Railway to St. Benedetto del Tronto, thence by carriage, 4½ hours. Omnibus, 3 fcs. each person. Carriages, 15 fcs. one horse; 25 fcs. two horses. 1,200 feet above sea level.

Saline-sulphurous waters, with traces of bromine and iodine, 85° F.; steam, shower and mud baths. Inhalation.

*Season:* June–September.

*Special indications:* Chronic inflammation of the skin, muscular and articular rheumatism, syphilis, scrofula.

The establishment built in 1843 has been recently furnished with all modern appliances. Several hotels, and pensions ranging from 6 fcs. to 10 fcs. a day.

Acqua-Santa is a quiet spot, with delightful walks and excursions. Post and Telegraph Office.

*Doctors:* Drs. Bellini and Tucci.

**Acqua-Santa-di-Buyhuto.**—Sicily, near Palermo and close to the sea. Acidulated and bitter waters.

*Special indications:* Constipation and obesity.

**Acqua-Santa.**—Italy, near Voltri, *viâ* Genoa.

Sulphate of lime waters, 57° F.

*Special indications* : Scrofula and herpes.

*Doctor* : Dr. Bagliello.

**Acquæ-Subreni-Homini.**—Italy, on the road from Naples to Pozzuoli.

Saline ferruginous waters, 95° F.

*Special indications* : Affections of the genital organs, amenorrhœa, anæmia.

**Acqui.**—Italy, Piedmont, near Alessandria.

Iodide and sulphate of lime waters, 178° F. The muds are more used than the waters.

*Special indications* : Indolent articular affections, local paralysis, rheumatism and sores of an atonic character and syphilis.

The sojourn at Acqui is not considered particularly agreeable, owing to the dampness of the climate. The thermal establishment is well arranged, and the accommodation comfortable.

The climate of Acqui is very changeable and humid in consequence of the vapours from the waters.

*Doctor* : Dr. Dom. de Alessandri.

*Hotel* : The *Thermes*.

**Adelheidsquelle.**—Germany, Bavaria, near Tölz.  
in the village of Oberheilsbrunn.

Bromo-iodurated saline waters, 24° F. 5.93 per cent. mineral constituents.

*Special indications* : Scrofula, obesity, affections of the bones, goitre, inflammatory affections of the ovary, uterus and eyes.

**Adelholzen.**—Germany, Bavaria, near Frauenstein.

Bicarbonate of lime waters.

*Special indications* : Anti-arthritis.

**Adelsberg.**—Austria, Illyria, near Trieste.

A climatic station in spring and autumn, very charmingly situated.

The town is visited chiefly on account of the "Grotto of Adelsberg," which is without exception the grandest and most remarkable natural excavation in Central Europe. To visit it thoroughly requires about two hours.

*Hotel* : The *Adelsberger Hof*.

**Adepsos.**—Greece, Island of Eubœa.

Thermal sulphurous waters renowned in antiquity, 205° F.

*Special indications* : Rheumatic gout, ankylosis, paralysis, plethora, &c.



**Adolfsberg.**—Sweden, Läns Örebro, near Axberg.

Alkali-saline and ferruginous waters.

*Special indications:* Chronic diarrhœa, gout, rheumatism, anæmia.

One of the most picturesquely situated towns in Sweden. The arrangements are all good.

**Adorf.**—Germany, Saxony, in the circuit of Zwickau.

Three springs; one contains sulphate of soda, and two are saline.

**Ægina.**—Greece, Morea, near the sea coast.

Thermal saline waters.

**Aghaloo.**—Ireland, county of Tyrone.

Saline sulphurous waters.

*Special indications:* Skin diseases. Only used by the residents.

**Agnano.**—Italy, near Naples, by tramway. On the lake of Agnano.

Sulpho-aluminous and saline springs, 122° F.

The lake of Agnano contains various springs, which owe their origin to the condensation of steam from the volcanic soil.

The Grotta del Cane with its emanations, proves, however, a greater attraction to visitors than the waters.

**Agon.**—France, Department of La Manche, from Paris *via* Coutances.

Seabaths; sandy beach; increasing in popularity.

**Aguas-Calientes.**—Mexico, State of Tacatecas.

Sulphurous waters, 214° F.

They give rise to the river of Aguas-Calientes.

**Aguas de Camangilas.**—Mexico, State of Guanajuato.

Sulphurous water, 228° F., only slightly mineralised.

**Ahiolo.**—Turkey, about 55 miles from Constantinople, near Rumili.

Saline ferruginous waters, 100° F.

*Special indications:* Abdominal affections, amenorrhœa, scrofula, &c.

**Aias.**—Turkey, Asia Minor.

Sulphurous and cuprous waters.

The spring rises in a valley rich in silver and copper mines.

**Aidos.**—European Turkey, at the foot of the Balkans, near the Black Sea.

Saline sulphurous waters, 113° F.

**Aigle.**—Switzerland, Canton Vaud, between Montreux and Bex, 1,380 feet above sea level.

Saline waters.

The Kurhaus Hôtel is well fitted-up and thoroughly comfortable. The scenery is romantic.

*Doctor* : Dr. Verrey.

**Aincille.**—France, at the foot of the Pyrenees.

Saline water, containing 135 grammes of salt to the litre.

The mineral constituents are derived from a mass of rock salt.

**Ain-nonicy.**—Algiers, Province of Oran, arrondissement Mostaganem, 48 miles from Atteville.

Strong saline waters, which act as a purgative.

**Airthrey.**—Scotland, in the neighbourhood of Stirling.

Brine waters ; 6 springs.

*Special indications* : Skin diseases, scrofula.

A fine picturesque town.

*Doctor* : Dr. Patterson.

**Aitora.**—Italy, Tuscany, near Monte-Catini.

Sulphurous waters, 55° to 60° F.

*Special indications* : Used externally in chronic rheumatism, in scrofula, gout, and skin diseases ; internally in cases of gravel and vesical catarrh.

**Aix.**—France, Bouches du Rhone. For routes see table.

Earthy waters, 81° F., useful as a sedative and alterative.

*Doctor* : Dr. Louzet.

**Aix-la-Chapelle** (Aachen).—Germany, Rhenish-Prussia. For routes see table

Sulphurous alkaline waters, 107° to 120° F.

*Special indications* : Skin diseases of all kinds, rheumatism, chronic diseases of the nervous centres, neuralgias, paralysis, and certain class of diseases in which mercurial treatment is generally indicated.

*Bookseller* : Rud. Barth, Holzgraben 8.

*English church* : Annastrasse.

*Doctors* : Drs. Beissel, Lersch, Mayer, Reumont, Brandes and Schuhmacher.

*Hotels* : The Grand Monarque, The Union.

**Aix-les-Bains.**—France, Savoy, 850 feet above the level of the sea ; 8 hours from Turin, 4 hours from Lyons, 3 from Geneva, and 2 from Annecy. A steamboat plies on the Rhone between Aix and Lyons. For routes see table.

Thermal sulphurous waters, containing chiefly sulphuretted hydrogen. Temperature from 112° to 114° F.

*Season* : April to November, but open all the year.

As many as 20,000 strangers annually visit the town.

*Special indications* : Rheumatism and gout are the diseases most successfully treated at Aix. Local affections dependent on or connected with these, such as sciatica, dyspepsia, cutaneous diseases, are also, with few exceptions, either cured or relieved.

Chronic catarrh of the neck of the womb, amenorrhœa, metritis, syphilis, bronchitis, laryngeal and nasal catarrh, pharyngitis, wounds by fire-arms, the sequelæ of fractures or sprains, form the bulk of cases in which the value of the Aix waters is most generally admitted by medical men.

The world-wide reputation of the thermal establishment of Aix is easily accounted for, in the first instance, by the abundance of the natural hot-water springs, the supply of which amounts to a million gallons daily : secondly, by the well-known attention and skill of the shampooers : thirdly, by the close proximity of Marlioz and Challes, the two strongest cold sulphur springs on the Continent. They are very useful as therapeutic auxiliaries to the mineral waters of Aix.

The town of Aix is picturesquely situated at an altitude of about 800 feet above the sea level, on the lower slopes of the hills which form the base of Mont Revard. It overlooks the romantic lake of Le Bourget, and lies amidst verdant meadows, vineyards and gardens, in which figs, almonds, and even pomegranates grow luxuriantly.

The resident population of the town amounts to some 3,500 inhabitants.

The mean temperature during the season, from April to October, is 70° F.

The thermal establishment is open the whole year round. Dr. MACPHERSON says : " There are probably no sulphur baths in which the arrangements are so complete as in those of Aix."

" The douche," says Dr. Garrod, " forms a very important specialty in the treatment at Aix. It is used in conjunction with hot vapour, with ordinary bathing, and with the waters internally. When a larger amount of sulphur, in the form of sulphate of sodium, is desirable, the cold waters of Marlioz, situated about one mile from Aix, or the Challes water, near Chambery, which contains a large amount not only of sulphur, but also of iodine and bromine, may be employed internally. In gouty affections the Aix treatment has proved most useful in these cases, (1) where the gout has manifested itself in cutaneous eruptions, such as psoriasis or eczema, whether combined or not with joint affections ; (2) where much passive swelling and stiffness have remained after attacks of articular gout ; (3) in that form of gout which is not connected with portal congestion, and in which other thermal waters, such as those of Wildbad and Teplitz, are usually found beneficial."



In speaking of the treatment of rheumatic gout (rheumatoid arthritis), Dr. Garrod adds :

“ Waters which I have found very beneficial in rheumatoid arthritis are those of Aix-les-Bains, at which place the douche is a very important part of the treatment.”

The Grand Cercle d'Aix-les Bains is situated in the centre of the town, in close proximity to the Hotels, the railway station, the parks, the bathing establishments and the post and telegraph offices. This club, which has recently been much improved by the addition of an elegant little theatre and large reception rooms, affords every facility for social amusement to its members. Every evening there is a *soirée musicale* given by the Septuor and Italian Orchestra, under the guidance of L. Olivieri. Twice daily concerts are given in the gardens (40 musicians) under the same conductor. Three times a week there are representations by the Opera Comique and Italian Opera troupes (Director, M. Santino Costa) ; also, three times weekly, a grand instrumental concert by the whole orchestra (60 musicians), directed by M. E. Clonne, of the *Châtelet*, Paris. Every Tuesday, *fête de nuit*, ball, illumination of the parks, and *feu d'artifice*. Visitors desiring to attend these *fêtes* must be properly introduced. In July and August some of the chief stars of the Paris theatres, as well as many foreign celebrities, appear. Balls for children, marionettes, music, billiard and card rooms, and pigeon matches, are also open to members. There is a telegraph office in the club café. The season is from the 1st May to 31st October. The *foyer* is a very handsome apartment, affording a magnificent view of the gardens and chain of mountains. For further information address the Director.

An excellent race-course has lately been purchased, and races will take place in June and July. The course is situated on the Avenue de Marlioz.

Walks and excursions are very varied. The environs being most picturesque, an ample field is given for outdoor amusements. The principal excursions are : Annecy and the lake, les gorges du Fier, la vallée du Fier, la grande chartreuse, la vallée des Beauges, the abbey of Haute-combe, la cascade de Gresy, le moulin de Primor, etc., etc.

Aix possesses a museum with lacustrine collections from the lake of Le Bourget.

Cabs and carriages: one horse, course, 1 fr. ; two horses, course, 1½ fr. ; by hour, one horse, 2½ fr. ; two horses, 3½ fr. ; by day and by month, as agreed upon.

Post and telegraph office.

English church.

*Bookseller* : H. Bolliet, Place du Marché.

*Dentist* : Dr. Harwood.

*Bankers and Exchange Office* : Domenge, Monestès & Co. Payment of letters of credit, circular notes, cheques, &c., &c.

*Doctors* : Drs. Blanc (Inspector of the Baths), Menzies, Wakefield, Macé, Cessens, Brachet and Guillaud.

*Hotels* : The *Hotel de l'Europe* is a first-class and well-appointed house, suitable for English and American families. There are two large villas in the grounds of the hotel, which may be hired by families. Lift and lawn tennis ground. J. M. Bernascon, proprietor.

The *Splendid Hotel* is a first-class house, in a fine situation overlooking the park. G. Rossignoli, same proprietor as *Hotel Venat and Bristol*.

**Ajaccio.**—Corsica. 14 hours by P.L.M. to Marseilles; thence by steamer of the C. G. T. to Ajaccio 15 hours; direct boat from Nice in 10 hours every Saturday. 18,000 inhabitants.

A winter station of great importance. Sea and warm baths all the year round.

*Season* : For the former, April to November; Winter season, November to end of May.

*Special indications* : Chest diseases generally; anæmic and chlorotic affections, rheumatism, paralysis, diabetes.

Built at the foot of a sloping hill, the town extends in the form of an amphitheatre, and is well protected from cold northerly and westerly winds. Ajaccio, as a winter health resort, has a great future.

Meteorological observations are as yet deficient. Mean temperature October—April, 57° F. Rainy days, 34. Variations slight, and never rapid. Mean barometrie pressure, 775 <sup>m</sup>/<sub>m</sub>; death-rate, 26 per thousand; relative humidity of the air, 76 %; fogs are scarcely known. There is almost complete absence of dust; atmospheric disturbances occur but seldom; the mean of temperature during the day and throughout the year is very constant, much more so than on the Riviera, from month to month.

*Bankers and Exchange Office* : Lanzi Frères.

*Chemist* : Cours Grandval.

*Bookseller* : Peretti, Place du Marehé.

*Public Library* : Library Fesch (with 30,000 volumes), open to the public.

The drives and walks in the neighbourhood are beautiful, and the roads well kept. Flowers and shells are found in abundance.

Excellent shops and circulating library.

The water of the Gravona river, brought by aqueduct to the town, gives an abundant supply, the overflow from which cleanses the drains.

The railway to Bastia, *via* Corte, is progressing rapidly and will soon be open for traffic.

Guagno, with its celebrated sulphur springs, 128° F., is only 38 miles distant; the famous Orczsa springs are 81 miles distant by an excellent road.

The scenery in Corsica is very beautiful and quite unique. From the nature of the soil dust is seldom an annoyance in Ajaccio; while the mountains on the opposite side of the gulf protect the eye from the glare, so often complained of on the Riviera.

Post and Telegraph Office, Cours Napoléon.

English church during winter season; the chaplain is licensed by the Bishop of Gibraltar. The church has been built by Miss Campbell.

*Doctors* : Drs. Keith, Valentiner, Colonna, Wagner and Hugemann.

*Hotels* : The Continental Hotel.

The Hotel Belle-Vue.

**Ajnacskö.**—Austria-Hungary, comitat of Gömör.

Alkaline ferruginous waters.

*Special indications* : Gout, rheumatism, hæmorrhoidal affections, disorders of the urinary and intestinal tracts.

**Alais.**—France, department of Gard, near Nismes.

Chalybeate waters.

*Special indications*: Nervous debility, migraine, anæmia, chlorosis.

**Alange.**—Spain, Estremadura, near Merida.

Saline waters, 80° F.

*Special indications*: One of the most powerful of Spanish waters in cases of rheumatism, paralysis, atonic sores and irregularities of the lower intestines.

Very primitive arrangements.

*Doctor*: Dr. Hernandez.

**Alap or Felsö-Alap and Alsö-Alap.**—Austria, Hungary, near Stuhlweissenburg.

Acidulous or bitter waters.

*Special indications*: Irregular functions of the intestinal organs, affections of the mucous membrane, chronic skin diseases and plethora.

**Alaraz.**—Spain, province of Avila, near the town of same name and Peñaranda.

Sulphurous waters.

*Special indications*: Amenorrhœa, hysteria, migraine, and nervous complaints.

**Alassio.**—Italy, between Ventimiglia and Genoa, 5,500 inhabitants.

Winter station. Charming and quiet locality.

Its position is very sheltered and romantic at the foot of wooded mountains. Very fine parks at some of the villas. Little wind and no dust. It has been visited frequently by members of the Italian Royal family, and General Garibaldi was here cured of his bronchial attacks. There is an English church and several primary schools.

*Banker and Exchange Office*: Gurgo, who also gives all information gratis on application.

*Doctors*: Drs. Dickinson and Schnee.

*Hotels*: The *Grand Hôtel d'Alassio*, well situated, full southern aspect; comfortable, with moderate prices; baths of every description in the hotel; omnibus meets all trains. Rafael Paggi, proprietor.

**Albano.**—Italy, in the Campagna of Rome. For routes see table.

Ferruginous saline waters, 71° F.

The muds and waters are principally used in cases of rheumatism and old wounds.

**Albens.**—France, Savoy, on the road from Aix to Annecy.

Effervescing ferruginous waters.

**Albisbrunn.**—Switzerland, canton of Zürich, near Hausen; 1,960 feet above sea level.

Hydropathic establishment, milk and whey cure.

A very comfortable and elegant establishment, picturesquely situated.

*Doctor*: Dr. Brunner.



**Alcafache.**—Portugal, district of Beira, in the Sierra Estrella.

Sulphurous waters, 100° F.

*Special indications:* Chronic syphilis and skin diseases.

**Alcala del Rey.**—Spain, province of La Mancha, Sierra Morena.

Indifferent waters.

*Special indications:* Debility of the stomach, nervous complaints.

**Alcamo.**—Sicily, near Palermo.

Sulphurous waters, 176° F.

**Alcantuz.**—Spain, province of Cuenca, near Alcarria.

Saline waters.

*Special indications:* Constipation and rheumatic paralysis.

These waters enjoy so high a reputation, that notwithstanding the fact that invalids have to find accommodation in huts made from branches of trees—no other accommodation existing—they are very much frequented.

*Doctor:* Dr. Sevillana.

**Alceda or Ontaneda.**—Spain, near Santander and Riviero. Thence by diligence.

Sulphurous waters, 65 to 70° F., and winter station.

*Special indications:* Skin diseases and affections of the mucous membranes.

**Aldborough.**—England, Suffolk.

Sea baths, shingly beach; much frequented.

*Doctor:* Dr. Hele.

**Alderney.**—Channel Islands, 15 miles from Guernsey.

Sea baths; bad beach.

*Doctor:* Dr. Ross.

**Aled.**—France, Department of Aude. For routes see table.

Bicarbonate of lime waters; sedative to the nervous system.

*Doctor:* Dr. Gourdon.

**Alexandersbad.**—Germany, Bavaria, circuit of Upper Main, near Wunsiedel, 1,800 feet above sea level.

Cold bicarbonate of lime water; hydropathic establishment and pine baths.

*Doctor:* Dr. Cordes.

*Hotels:* Weber, Kurhaus.

**Alexandersquelle.**—Russia, Caucasus, near Pjatigorsk.

Sulphurous waters, seven springs, varying in temperature from 110 to 165° F. Very abundant supply.

*Special indications:* Gout, rheumatism, old sores, ankylosis, syphilis.

The situation is extremely picturesque, and the number of visitors have increased considerably of late. Accommodation first-class, but expensive.

**Alexisbad.**—Germany, Thuringia, in the Duchy of Saxe-Anhalt.

Ferruginous waters, electro-therapy, hydropathy.

*Doctor* : Dr. Heusinger.

*Hotels* : *Golden Rose* and *Alexisbaths*.

**Alfaro.**—Spain, Province of Almeria, and near this town.

Sulphurous alkaline waters.

*Special indications* : Skin diseases and rheumaties.

The establishment is only partially finished, and the accommodation is scanty.

*Doctor* : Dr. Serrano y Sanchez.

**Algiers.**—Africa, capital of French colony of Algiers. For routes see table.

Winter station.

*Season* from November to end of April.

*Special indications* : Arthritis, asthma, bronchitis, phthisis.

Owing to the proximity of the Atlas Mountains, the climate of Algiers is warmer and more humid than that of any other Mediterranean station. The mean temperature during winter is 61° F. The mean barometric pressure 762 mm., and the number of rainy days in the year, 87.

*Doctors* : Drs. Thompson, Savill and Feuillet.

*Hotel de la Régence*.

**Al-Gyógy.**—Austria-Hungary, Transylvania, district of Karlsburg.

Alkaline-earthly waters.

*Special indications* : Chronic catarrh in its various forms.

The establishment is in keeping with the place.

**Alhama de Aragon.**—Spain, Province of Saragossa, district of Atéca. For routes see table.

Sulphurous magnesian and ferruginous waters, 100° F.

*Season* : Spring and autumn, but open all the year round.

*Special indications* : Asthma, paralysis, debility of kidneys and bladder, skin diseases, dysmenorrhœa.

The establishment and accommodation can compare favourably with those of many of the most-frequented watering places in Germany and France.

*Doctor* : Dr. Tomas Parraverde.

**Alhama de Granada.**—Spain, near Granada and Malaga.

Sulphurous magnesian waters, 110° F. The spring is seven inches in diameter, and contains much sulphuretted hydrogen.

*Season* : April 15th to October 31st ; climate healthy and mild.

*Special indications* : Intestinal obstructions, affections of the mucous membranes, nervous debility, rheumatism, atonic sores and skin diseases.

The baths were very much frequented under the Saracen rule, the existing old Moorish edifices showing the importance

the baths then had. The Caliph of Granada is said to have received in some years as much as 500,000 ducats of revenue from these baths.

*Doctor*: Dr. Perales Churt.

**Alhama de Murcia.**—Spain, 20 m. from Murcia.

Sulphate of lime waters, 84 to 107° F.

*Special indications*: Affections of the nervous centres, hemi-crania, palsy, anæmia, chlorosis, constipation, difficult menstruation, pyrosis, uterine affections.

Notwithstanding the length of time these baths have existed and the efficacy of their waters, the accommodation is still of the worst kind.

*Doctor*: Dr. Fortuni.

**Ali.**—Sicily, between Messina and Taormina, on the coast.

Hydrosulphuric waters, 100° F.

*Special indications*: Sciatica, rheumatic affections and skin diseases.

Frequented chiefly by the inhabitants of Messina.

**Alica.**—Italy, Tuscany, valley of the Era, on the right bank of the Rigone.

Sulphurous and alkaline waters, 60 to 65° F.

*Special indications*: Kidney diseases, calculous affections of the urinary system in general, menorrhagia, blennorrhœa, for one spring; rheumatism gout, hysteria and anæmia for the other.

**Alicante.**—Spain, on the Mediterranean.

Winter station of first importance.

*Special indications*: Invalids requiring a stimulating climate; also in cases of latent scrofula, asthma and bronchorrhœa, pleuritis, rheumatism and albuminuria.

Mean Winter temperature, 60° F. Air, very dry; rainy days fewer than on the Riviera; mean rainfall, 177<sup>m</sup>/m. The town is well sheltered and the bay open only to southerly winds. No mistral or dust.

*Doctor*: Dr. Roman.

**Alicum.**—Spain, on the Fardes, near Guadix.

Saline waters, 90° F.

*Special indications*: All diseases due to debility and atony, hemiplegia, palsy, neuroses, and scrofula.

*Doctor*: Dr. Ferrer.

**Aliseda.**—Spain, in the Sierra Morena, near Leguas de Carolina and the Castle of Las Navas de Tolosa.

Ferruginous waters.

*Special indications*: Chronic stomachic and kidney affections, chronic diarrhœa, intermittent fevers.



**Alkna-Szlatina.**—Austria-Hungary, near Szigeth.

Saline waters, 21 per cent. of salts.

Arrangements somewhat primitive.

If properly managed, this might become one of the most important brine and inhalation bathing places.

**Allegrezza.**—Italy, district of Montale.

Alkaline waters.

*Special indications*: Gravel, vesical catarrh, and skin diseases.

**Allerheiligen.**—Switzerland, Canton of Solothurn, 5 miles from this town; 4,000 feet above sea level.

Carbonate and sulphate of lime waters.

These waters are well suited to nervous individuals; they have a stringent, depurative and tonic action.

**Allevard-les-Bains.**—France, Department of Isère; 1,400 feet above sea level. For routes see table.

Sulphate of lime waters, 52° F. Inhalation.

*Season*, 15th May to 1st October.

*Special indications*: Very efficacious in chronic inflammation of the laryngeal and pharyngeal mucous membrane, in nasal catarrh, syphilis and skin diseases.

Post and Telegraph.

*Doctors*: Drs. Isoard, Kostens and Niepee, fils.

*Hotels*: The *Hôtels du Louvre* and *de la Planta*, very comfortable. Special omnibus meets all trains at Gonesse. Berthet, proprietor.

**Allezani.**—Corsica, arrondissement of Corte.

Ferruginous bicarbonate waters.

**Allonby.**—England, Cumberland, near Silloth.

Sea baths. The surf being rather heavy, these baths should not be taken by the weak or nervous. Sandy beach.

**Allume.**—Italy, on the island of Giglio.

Sulpho-ferruginous waters, 68° F.

*Special indications*: Constipation and chronic skin diseases.

**Almamező.**—Austria-Hungary, comitat of Bereg-Ujocza; see Zányka.

Several saline-ferruginous springs not yet analysed.

**Almas.**—Austria-Hungary, comitat of Grau, on the Danube.

Tepid sulphurous waters.

**Almeida.**—Spain, province of Leon, near Bonar.

Sulphurous-alkaline waters, containing sulphate of iron, 190° F.

*Special indications*: Gout, Rheumatism, paralysis, skin diseases.

**Almeria.**—Spain, on the south coast.

Winter station, with sulphurous magnesian waters.

*Special indications:* Rheumatism and paralysis, phthisis, chlorosis, nervous affections.

Mean winter temperature 60° F. One of the most sheltered of winter stations; frost and snow are entirely unknown here, and the temperature rarely falls to 45° F. A clear, dry and calm air characterises Almeria.

**Alnmouth.**—England, Northumberland, between Newcastle and Berwick.  
Sea baths and sandy beach.

**Alpnaecht.**—Switzerland, Lake of IV. Cantons, Canton Unterwalden; four miles from Saarnen. See routes in table to Lucerne.

Climatic station; whey and milk cure.

The starting point for diligences for Bernese Oberland. It is situated at the foot of Mount Pilatus, whence extends a beautiful panorama of the surrounding mountains. It is 3½ hours ride over a good mule path to top of mountain.

*Hotel:* The *Hotel Pilatus*, a clean and comfortable house. Telegraph and telephone office. M. Britschgy, proprietor.

**Alsó-Sebes.**—Austria-Hungary, comitat of Sáros, near Eperies.

Sulpho-magnesian waters, 50° F.

*Special indications:* Affections of the lymphatic system, serofula, commencing tuberculosis, catarrh of the respiratory organs, constipation.

Very primitive arrangements.

**Alt Haide.**—Germany, Silesia, near Glatz, 1,300 feet above sea-level.

Alkaline waters and climatic air station.

*Special indications:* Serofula and chronic affections of the uterus.

*Doctor:* Dr. Otte.

*Hotel:* The *Baths*.

**Alton-Towers.**—England, Staffordshire.

A summer health resort, interesting only for its romantic scenery.

**Altsohl.**—Austria-Hungary, comitat of Sohl, on the left bank of the Gran.

Earthy alkaline ferruginous waters, 50° F. Indifferent arrangements.

**Alt Tura.**—Austria-Hungary, comitat of Oberneutra, 3,130 feet above sea level.

Alkaline strongly effervescing waters.

**Altwasser.**—Germany, Prussia, near Liegnitz, in Silesia, 1,300 feet above the sea level.

Highly effervescent ferruginous waters; mud baths.

*Special indications* : Anæmia, chlorosis, skin diseases, general debility.

**Alvenau.**—Switzerland, Canton of the Grisons, 11 miles from Coire on the Albula road, 3,150 feet above the level of the sea. For routes see table.

Sulphurous saline waters, 46° F.; saline chalybeate waters, 51° F., at Tiefenkasten; iodurated chalybeate waters, 57° F., at Solis. Owing to its elevated position and wooded surroundings, the town is a mountain air station. The waters are exported.

*Season* : June—September.

*Special indications* : Rheumatism, chronic derangements of the digestive organs, chronic catarrh of respiratory and urinary organs, diseases of the skin and bones, female complaints, abdominal plethora, scrofula and rickets, mercurial dyscrasia, syphilis and general debility, chlorosis, anæmia, neuralgic affections, hæmorrhoids, goitre, gout, glandular swellings, &c.

The establishment is thoroughly well appointed in accordance with modern requirements. The situation in the valley of the Albula is very picturesque, the vegetation is rich, and extensive woods afford ample shade. It lies midway between Coire and the Engadine, and a well-known stopping place between for English families on the way to and from the Engadine. Near the Kurhaus is a large garden.

*English Church Service.*

*Post and Telegraph* : In the Kurhaus.

*Doctors* : Drs. Weber and Balzer.

*Hotel* : The *Kurhaus*, a first-class well reputed house with 150 beds, reading, concert, billiard, ladies' and smoking rooms. The house is well managed by Balzer Brothers, proprietors.

**Amalfi.**—Italy, on the Mediterranean, 12 m. from Salerno.

A winter health resort which deserves to be better known.

**Ambleside.**—England, Westmoreland, Lake district.

A summer holiday resort.

*Doctor* : Dr. King.

**Ambleteuse.**—France, department of Pas-de-Calais.

Sea baths; sandy beach.

A very quiet and retired spot.

**Amélie-les-Bains.**—France, Eastern Pyrenees; 700 feet above the level of the sea. For routes see table.

Sulphurous saline waters, 71° to 172° F., and winter station.

*Season* : All the year.

*Special indications* : Herpetic diathesis, and catarrhal affections of the respiratory organs, rheumatism, scrofula, syphilis.

*Doctors* : Drs. Genicys and Arnal.



*Hotels*: The *Grand Hôtel des Thermes Romains*; first-class house, covered promenades, heated in winter; baths in the house; large garden, thoroughly well appointed. Dr. Henry Arnal, directeur.

**Amlweh.**—Wales, Anglesey, near Bull Bay.

Sea baths; sandy beach.

A fine establishment.

Gaseous spring.

**Ammoniaéal**, Gas Spring or Grotto del Cane.—Italy, near Naples.

Hot vapour baths.

*Special indications*: Partial paralysis.

**Amphion.**—France, Savoy, near Evian; 1,310 feet above the sea level.

Cold ferruginous bicarbonate waters. Hydropathic establishment.

*Season*: June 15th to October 1st.

*Special indications*: Debility of the digestive organs, gravel, hypochondriasis.

The establishments are situated in an extensive park, well shaded by large trees. Gymnastic and lawn tennis grounds on a large terrace overlooking the lake. The site and environs are very picturesque, and offer a good choice of excursions. Horses and carriages for hire.

*Telegraph and Post.*

*Hotels*: The *Grand Hôtel des Bains*, The *Casino*, are under the able direction of Mr. George Gougoltz, proprietor of the *Hotels Beau Site* and *De l'Esterel*, at Cannes, and contain reading, billiard, assembly and smoking rooms.

**Amroth.**—Wales, Pembrokeshire.

Sea baths. Pebbly beach.

**Amsterdam.**—The former capital of Holland. From London by steamer, *viâ* Harwich.

On the Amstel, a branch of the Wye, an inlet of the Znyder Zee. The town is built upon piles driven through from 50 to 60 ft. of peat and sand, and is protected by dykes. The numerous canals, passing between 95 islands, are spanned by nearly 660 bridges. The finest of these is the Hoogsluis, which is 610 ft. long.

**PLACES OF INTEREST.**—Vondel's Park, New Museum, Crystal Palace, which was intended as an *Hôtel de Ville*; marble sculptures inside; Van den Hoop gallery of paintings; National Gallery in the Trippenhuys; Zoological Gardens; Fodor museum and Van Six gallery; Antiquarian Society's museum; nearly sixty Churches and Chapels of all denominations.

Docks and Royal Naval Wharf; Naval Academy; Koster's diamond cutting establishment; Wynand Focking's Factory for curaçoa and other liquors. Opera house. Post-office.

*Doctors* : Drs. Davids and Metzger.

*Hotel* : *Amstel Hotel*.

**Anacapri.**—Italy, Island of Capri.

Sea baths and winter station.

*Doctor* : Dr. Green.

**Anagni.**—Italy, near the Pontine marshes.

Bituminous-alkaline-sulphurous waters.

A very unhealthy site. Frequented under the Roman emperors, but now altogether neglected.

**Aneona.**—Italy, on the Adriatic, a fortified maritime port, with dockyards.

Sea baths, sandy beach. A very fashionable resort.

*Season* : July—September.

A second-rate establishment has lately been built. During the season, concerts, morning dances and regattas, are among the amusements.

**Andabre.**—France, Department of Aveyron, near Camarès. For routes, see table.

Effervescing bicarbonate saline, and slightly ferruginous waters.

*Special indications* : Affections of the liver, gout and gravel.

*Doctor* : Dr. Martin.

**Andeer.**—Switzerland, Canton of the Grisons, near Pigneu.

Sulphate of lime waters; whey cure.

Very elegant establishment.

**Anguillara.**—Italy, Tuscany, near Lago Sabatino.

Bitter waters, 70° F.

*Special indications* : Paresis; hemiplegia resulting from rheumatism; kidney affections, pyelitis, blenorrhœa and intestinal debility.

**Anneey.**—France, Upper Savoy, on the lake of Anneey, 20 miles by rail from Aix-les-Bains; 1,460 feet above the sea level; 12,000 inhabitants.

Climatic station; baths in the lake.

A favourite and pleasant resort. Excursions can be made from Aix. Anneey is a curious old town, beautifully situated at the head of the lake. It is very conveniently situated for excursions to the Gorges du Fier, Semnoz Alps, which have been well called the Righi of Savoy, and to various other places on the beautiful lake. Diligences and carriages for Geneva and Chamounix. Good boating and fishing.

English church service.

*Hotels*: The Grand Hôtel d'Angleterre, a first-class house, very comfortable; branch house at the Gorges du Fier and Semnoz Alps, Righi de Savoie. A. Vallin, proprietor.

**Antibes.**—France, on the Riviera, between Cannes and Nice.

Winter resort, but little frequented; visitors stay more at the Cap d'Antibes; see this.

**Antogast.**—Germany, Duchy of Baden.

Ferruginous bicarbonate waters, containing arsenic; used in the country only as table waters.

**Antrim Spa.**—Ireland, County Donegal.

Saline and bicarbonate of lime waters.

*Special indications*: Serofula.

**Apollinaris.**—Germany, Rhenish-Prussia; in the valley of the Ahr, near Remagen.

Effervescing table-waters, used only for exportation.

A Company has appropriated the title "Queen of Table Waters" for these waters. The large amount of carbonic acid gas in Apollinaris water is owing to the fact that the gas is caught in condensers as it escapes from the spring, and then pumped into the bottles. For further information see NEUENAHN.

**Appenzell.**—Switzerland, capital of the Canton of same name, near Sitten; 2,538 feet above the sea-level.

Carbonate of magnesia waters. Whey-cure station of first importance.

**Appledore.**—England, West Devon.

Sea baths.

Good surf and bathing appliances.

**Aramayona.**—Spain, Province of Aláva, district of Vitoria.

Sulphate of lime waters.

*Special indications*: Chronic skin diseases, bronchial ophthalmia, mercurialism, leucorrhœa.

The establishment and accommodation are modern and very good.

*Doctor*: Dr. Guedca.

**Aranjuez.**—Spain, near Toledo.

Acidulous, bitter waters, containing a large quantity of sulphate of soda.

*Special indications*: Impairment of the bilious and digestive secretions, catarrh of the intestines, chronic liver complaints, pain in the kidneys, gravel and calculus, ophthalmia.

**Aranzarre.**—Spain, Province of Guipuzcoa.

Sulphate of lime waters, with sedative properties.



**Arapataka** (Lindorf).—Austria, Transylvania, comitat of Ober Albat, 20 k. from Kronstadt.

Mixed bicarbonate waters.

**Arborme**.—France, Department of Gironde, Arrondissement of Frontiers. Saline waters, 53° F.

**Arcachon**.—France, Department of Gironde, 34 miles from Bordeaux. For routes see table.

Winter station, with sea baths.

*Season* : Winter season lasts from November till June ; summer season from May till October.

*Special indications* : For invalids requiring a sedative air ; for delicate, lymphatic and anæmic persons ; nervous complaints ; chest and lung affections ; scrofula ; gout.

The town of Arcachon did not exist before 1857. It has been built especially with a view to the comforts and requirements of foreigners, bathers and winter residents. A promenade, of more than 2½ miles in length, bordered with residences, runs along the sea, while the gardens slope down to the very beach. Scientific men will find a museum and a marine aquarium to which they can be admitted.

Post and Telegraph.

English Church : Rev. S. Radcliff ; two Services on Sundays ; all sittings free.

A college and gymnasium.

*House and Estate agent and wine merchant* : A. Brannens, who gives all information gratis.

*English banker* : Fred Audap.

*English chemist* : G. Soulan, Boulev. de la Plage.

*Doctors* : Dr. Hameau.

*Hotels* : The *Hôtel de France*, open all the year round, very comfortable and well situated on the beach ; sheltered position. L. Lahore, proprietor.

The *Hôtel Continental* is a first-class house, with English comforts. Arrangements made for families. Open all the year. B. Ferras, proprietor.

**Archena**.—Spain, Province of Murcia, near Inieia on the Segura.

Sulphurous and saline waters, 124° F. Steam baths.

*Special indications* : Syphilitic and scrofulous affections.

Very excellent accommodation.

The water is considered to act as a stimulant on the skin and genital organs, and may, it is said, induce actual congestion of the lungs and uterus.

*Doctor* : Dr. Zabala.

**Archevaleta**.—Spain, Province of Guipuscoa, on the French frontier.

Saline waters, 70° F.

Stimulating and diuretic action.

*Special indications* : Scrofula, herpetic affections, fluor albus.

The establishment and the accommodation are good and moderate in price; the environs are romantic.

*Doctor* : Dr. Breñosa.

**Areidosso.**—Italy, Tuscany, near Grosseto.

Bicarbonate ferruginous waters, 45° to 55° F.

**Arco.**—Austria, Southern Tyrol, above the Garda Lake.

Winter station.

*Doctors* : Drs. Sehieder, Schreiber and Althammer.

*Hotels* : *Kurhaus Arco*.

**Arcs (Les).**—France, Department of Var.

Ferruginous waters.

**Ardales.**—See Carratraca.

**Ardrossan.**—Scotland, Firth of Clyde.

Sea baths.

The air is bracing, but sometimes very humid.

**Aregos.**—Portugal, Province of Beira.

Sulphurous waters, 150° F.

**Arenosillo.**—Spain, Province of Cordova, near Montoro.

Chloride and sulphate of sodium waters, 54° F.

*Special indications* : Scrofula and skin diseases.

The establishment and accommodation are inadequate and antiquated.

*Doctor* : Dr. Reguera.

**Arenzano.**—Italy, one hour from Genoa on the Riviera di Ponente.

Winter station, beginning to attract visitors.

Cogoleto, the birthplace of Christopher Columbus, is close by. Very agreeable promenades and drives in the neighbourhood.

**Argentières.**—France, Department of Allier, Arrondissement Montluçon.

Bicarbonate of soda water.

**Argentona.**—Spain, Province of Barcelona, near Mataró.

Aeuidulous ferruginous waters, 45° F.

*Special indications* : Gastralgia, dyspepsia, urinary and abdominal obstructions.

The establishment is antiquated; accommodation cheap, but inferior.

*Doctor* : Dr. Barrols.

**Arlanc.**—France, Department of Puy-du-Dôme, Arrondissement of Ambert.

Ferruginous bicarbonate waters, containing 0.025 silicate.

**Armajolo.**—Italy, Tuscany, near Siena.

Sulphate and carbonate of lime waters.

*Special indications:* Affections of the kidneys and urinary system, gravel.

**Arnedillo.**—Spain, Province of Logroño; 1,000 feet above the sea-level.

Saline waters, 128° F.; natural steam baths.

*Special indications:* Rheumatism, syphilis and affections of the urinary system.

The establishment and accommodation are good and moderate in price.

*Doctor:* Dr. Martinez.

**Arnside.**—England, Lancashire, on Morecambe Bay.

Sea baths, sandy beach.

*Doctor:* Dr. Chapman.

**Arnstadt.**—Germany, Province of Saxony, near Erfurt, on the Gera.

Saline waters.

*Special indications:* Scrofulous diseases.

*Doctors:* Drs. Niebergall and Oswald.

**Arp.**—Switzerland, Canton Valais, 2½ hours from Loèche-les-Bains.

Strong sulphurous waters.

*Special indications:* Skin diseases.

**Arpad.**—Hungary, Slavonia.

Saline and purgative waters.

**Arromanches.**—France, Department of Calvados; from Paris *via* Bayeux.

Sea baths, sandy beach,

**Arteijo.**—Spain, Galicia, near Coruña.

Sulpho-saline waters, 90° F.

*Special indications:* Scrofula, caries, gout, rheumatism.

The situation is charming, but the waters are scanty.

The establishment and accommodation are good, and prices not too high.

*Doctors:* Dr. Mayoral.

**Artern.**—Germany, Prussia, Province of Saxony, near Merseburg.

Saline waters.

No amusements are offered here, and the place is therefore visited only by invalids.

*Hotel:* Kurhaus.

**Arzilhe.**—Switzerland, near Berne. 1,600 feet above the sea level.

Thermal saline sulphurous waters.

*Special indications:* Skin disease.



**Asciano.**—Italy, Tuscany, near Pisa.

Sulphate of lime waters.

*Special indications* : Affections of the urinary system, lithiasis, catarrh of stomach and intestines.

**Ascoli.**—Italy, in the Marches.

Saline-sulpho-ferruginous waters, 90° F.

*Special indications* : Affections of the urinary system.

Very primitive arrangements, used only by the inhabitants.

**Ashby-de-la-Zouch.**—England, Leicestershire, 14 m. from Derby.

Cold saline waters.

*Season* : From 1st June till 1st October.

*Special indications* : Scrofulous affections.

**Asinalunga.**—Italy, Tuscany, Val d'Orcia.

Ferruginous waters.

*Special indications* : Leucorrhœa, affections of the urinary system, spleen, and liver.

**Asnelles-sur-Mer.**—France, Department of Calvados, from Paris *via* Bayeux.

Sea baths, sandy beach.

**Aspio.**—Italy, Province of Ancona, one hour from Ancona.

Ferruginous alkaline waters.

*Special indications* : Affections of the liver, scrofulous and glandular diseases.

Little known and used only by the inhabitants.

**Assmannshausen.**—Germany, Nassau, in the Rhinegau.

Saline and alkaline waters.

Hydropathic establishment.

*Special indications* : Rheumatism and affections of the urinary system and nervous centres.

*Doctor* : Dr. Mahr.

*Hotels* : Kurhaus, Anchor.

**Astrakhan.**—Russia, on the Caspian Sea.

Mud baths, containing saline and bituminous substances.

*Special indications* : Scrofula, rheumatism and paralysis.

**Astroni.**—Italy, half-hour from S. Germano.

Thermal sulphurous waters.

Owing to its very unhealthy site, this station has been abandoned.

**Athimonus.**—Ireland, County of Leitrim.

Strong sulphurous waters.

*Special indications* : Rheumatism, paralysis.

The establishment is comfortable.

**Athlone Waters.**—Ireland, County of Roscommon.

Cold ferruginous waters.

Only used internally by residents.

**Attisholz.**—Switzerland, one hour from Solothurn.

Alkaline waters, 60° F.

*Special indications* : Gout, rheumatism, ehronic diarrhœa.

**Atya.**—Austria-Hungary, comitat of Weissenburg.

Earthy alkaline waters.

The springs form two lakes.

**Audinac.**—France, Department of Arrière, near St. Giron.

Sulphate of lime and ferruginous waters, 80° F.

*Special indications* : Diseases of the vesical and digestive organs.

**Auerbach.**—Germany, Hesse, half an hour from Darmstadt.

Chalybeate waters ; more frequented as a summer health resort.

*Special indications* : Anæmia, atony, and in general all affections requiring ferruginous treatment.

**Augnat.**—France, Department of Puy-de-Dôme, near Isoire.

Ferruginous bicarbonate waters.

*Special indications* : Anæmia, enlargement of the liver and spleen, and gravel.

**Augustusbad.**—Germany, Kingdom of Saxony, near Raveberg.

One saline and six bicarbonate chalybeate springs.

*Doctors* : Drs. Breunig and Dorner.

*Hotels* : Palais, Thal.

**Aulus.**—France, Arrière, near St. Giron. For routes see table.

Alkaline waters, 48° F.

*Special indications* : Purgative, laxative and diuretic action, according to the dose ; in diseases of the liver, in arthritic affections, and in syphilis.

*Doctor* : Dr. Alrig.

**Aussee.**—Austria, Styria near Graz.

Saline waters and climatic station.

*Season* : July—September.

A very elegant establishment, with a sanatorium, offering good accommodation.

The situation is most picturesque, and numerous excursions may be made in the neighbourhood.

*Doctors* : Drs. Schreiber and Pohl.

**Auteuil.**—France, suburb of Paris.

Cold non-effervescing ferruginous waters, which are difficult of digestion.

**Availles or Abrac.**—France, Department of Charente, near Condatens. Saline waters.

*Special indications:* Intermittent fever and atonic diseases.

**Avesne.**—France, Herault, Arrondissement of Lodèves, near Montpellier. Mixed bicarbonate waters, 65° F., sedative and tonic.

*Special indications:* Cutaneous affections.

**Ax.**—France, Department of Arriège, Arrondissement of Foix, near Tarascon. For routes see table.

Sulphurous waters.

The sulphurous elements appear here, as at Luchon, in the form of sulph-hydrates. There exists a great similarity between the two waters. There are more than 60 springs, with a temperature varying from 54 to 200° F.

*Special indications:* Rheumatism especially chronic, scrofula, affections of the skin in atonic and inveterate forms.

*Doctor:* Dr. Garrigon.

**Axenfels.**—Switzerland. Lake of Lucerne, Canton of Schwyz, 2,300 feet above the sea level. For routes see table to Lucerne; thence by rail or boat to Brunnen.

Climatic station; mineral waters of all the best known springs; milk and whey cure.

Axenfels is beautifully situated and well sheltered. The views from the hôtel and gardens are very fine, embracing the lake and mountains and glaciers. The excursions are numerous and well worth making. Carriages can be had in the hotel.

A doctor resides in the hotel during season.

*Hotels:* The *Grand Hôtel Axenfels*, a first-class house with every comfort; 200 beds; conversation, ladies', smoking and billiard-rooms. Post and telegraph; orchestra. Omnibus at station and landing stage. Th. Wirth-Strubin, proprietor, also of the Schweizerhof Interlaken.

**Axenstein.**—Switzerland, Canton of Schwyz, Lake of Lucerne, 2,500 feet above the sea level. For routes see table to Lucerne; thence by Gotthard railway, or by boat to Brunnen; from Brunnen by omnibus 50 minutes.

Climatic station; milk and whey cure. Mild, yet bracing Alpine air; well sheltered from winds.

*Season:* May 15th to October.

This establishment is situated in a most picturesque country, near the small village of Morschach. An extensive and beautifully planted park surrounds it, with pine and fir trees, which contribute very largely to the health-giving properties of the air. Queen Victoria said of this place: "Axenstein is the finest



placo I have seen during my Swiss tour." Tho excursions are very varied and interesting. Two villas situated in the park contain morning, card and billiard rooms, verandahs and baths. Telegraph and post-office in the hotel. English church in one of the villas.

*Doctor* : There is a resident physieian during the season.

*Hotels* : The *Grand Hôtel Axenstein* is a magnificent hotel, and combines every comfort with moderate prices. Excellent kitchen. Large airy rooms and suites. A dairy belonging to the proprietors supplies the establishment with pure produce. Maps of the park may be had of the secretary at the hotel. A. Eberlé Sons, proprietors.

**Baassen.**—Hungary, near Temesvar and Mediah.

Saline bromo-iodurated waters, 50° F.

*Season* : July, August.

*Special indications* : Chronic rheumatism, scrofula, disorders of uterus and ovary, syphilitic affections of the bones and tissues.

Very picturesquely situated; a quiet but agreeable place.

**Baccanella.**—Italy, Tuscany, near Alita and Pondera.

Sulpho-ferruginous waters, 50° F.

*Special indications* : Chronic sores and skin affections.

**Baczuch.**—Hungary, comitat of Sohl.

Cold ferruginous waters.

Not much comfort; the town is but little visited.

**Baden.**—Lower Austria, 1 hour from Vienna. For routes see table.

Sulphurous waters, 82° to 95° F. Sitz, douche, shower and common baths, open swimming baths; climatic station. Two hydropathic establishments.

*Season* : May 15th to 1st October; the establishment is open, however, all the year round.

*Number of Visitors* : The visitors' list shows from 14 to 15,000 annually.

*Special indications* : Rheumatism, gout, anæmia, scrofula, more especially of a subacute character.

The town is very picturesquely situated on the northern slopes of the Viennese mountains. It is surrounded by pine and beech forests, and the air is remarkably healthy and invigorating. The surrounding country is romantic, and affords opportunities for very interesting excursions; the ascent of the mountain "Eisernes Thor" is one of the best. This mountain is 2,500 feet high, and affords a very extensive view over Vienna and the Alps.

There is a Casino with club, an Arena, a Museum with very interesting collections; Theatre; Protestant church service, &c.

Post and telegraph office ; numerous trains and tramways daily to and from Vienna.

The town park, with its shady walks, is scrupulously kept, and affords the chief recreation ground for patients. Here the band plays three times a day.

*Doctors :* Drs. Barth, von Mühlleitner, J. Schwarz, Heinz, Czuberka, Kosak, and Brandstätter.

*Hotels :* The *Hotel de la Ville de Vienne*, *Green Tree*, *Golden Deer*, *Golden Lion*, *Shepherdess*.

*Hôtels meublés :* *Zeilner*, *Rechtberger*, *Riedel*, the *Duke Hôtel*, *Julienhof*.

**Baden.**—Switzerland, near Aarau. For routes see table.

Sulphurous waters, 119° F.

*Special indications :* Neuroses, gout, uterine and vesical catarrh, induration of the thymus gland, scrofula and rheumatism.

**Baden-Baden.**—Germany, duchy of Baden, 650 feet above sea level, 12,000 inhabitants. For routes see table.

Alkaline chloride of sodium waters, varying in temperature from 110° to 150° F.; climatic station ; every description of baths ; hydropathic and pneumatic establishments ; hospital for eye affections ; whey cure.

*Season :* May—October ; but open all the year round.

The number of visitors annually amounts to between 40,000 and 50,000.

*Special indications :* Uric acid diathesis, gout and kindred affections (due to excess of uric acid) ; malaria, and certain skin diseases ; chronic rheumatism in all its forms, wounds, injuries and fractures, scrofula, constitutional syphilis, chronic catarrh of the mucous membrane of the respiratory and digestive tracts, certain kidney affections, anæmia and convalescence after serious illness.

The effect of the Baden waters, like that of chloride of sodium springs, generally is to dissipate and dissolve congestions, to stimulate, accelerate and regulate digestion, to increase the secretive power of the skin and kidneys ; their most distinctive characteristic is a high temperature and the absence of carbonic acid, which renders them mild and easy of digestion and very suitable to irritable and delicate persons, whose organs are capable of but little reaction. The springs are also useful in cases of weakened and easily disordered digestion.

The amount of mineral ingredients varies for the several springs from 22 to 30 parts in 10,000. The quantity of water supplied in 24 hours by all the springs combined is about a million litres. Of this the main shaft spring supplies one-half. According to the analysis by Dr. Bunsen, of Heidelberg, in 1881, this spring is remarkable for the unusually high percentage of arsenic and lithium which it contains.

Thermal baths can be had at several hotels, but best at the "*Grand Ducal Friedrichs Baths*." This may be looked upon as a model of what a bathing establishment should be. It cannot be surpassed either for the completeness of its arrangements, which have been designed to carry out both hydropathic and thermal treatment, or for its excellent system of attendance. It contains baths of the ordinary kinds, stream or wave baths (wild baths), electric baths, inhalation apparatuses, cold water treatment, Russian or Irish baths, hot air baths, swimming baths at 59°, 80°, 95° and 100° F. Douches of every description, temperature and strength. In the summer of 1884, a new section of medical gymnastics and massage (shampooing) was opened. By these additions the Frederick Baths have become the most complete therapeutic establishment in Europe.

Separate Russian vapour baths; Bos baths. Skilled gymnasts and shampooers attend. It is open all the year round, and is thoroughly warmed in winter.

*Medical Director of the Baths*, as appointed by the Government, Dr. Heilgenthal.

Baden-Baden is a charming town picturesquely situated in a valley, sheltered by the lower ranges of the Black Forest. The winter is very mild, and the summer not excessively hot. It is a resort for idlers, pleasure-seekers and patients from all parts of the world. Its springs were known and used by the ancient Romans.

The centre of Kur-life in the morning is "The Trinkhalle." Visitors and patients come here between 6.30 and 7.30 a.m., to take the waters, promenading in the intervals in the gardens and listening to the band. The frescoes with which the Trinkhalle is ornamented represent legends of the Black Forest.

The most popular rendezvous, however, is the "*Conversationshaus*." Concerts twice daily are held in the small pagoda in front. The *Conversationshaus* includes assembly rooms of immense size, reading-rooms, coffee and billiard-rooms, and a restaurant. The theatre and suite of apartments for assemblies and balls are magnificently furnished and are close by.

The gardens and promenades are all admirably kept and very beautiful.

The race course at Iffezheim, at a short distance from Baden-Baden, is one of the best, if not the very best in Europe. In the early days of September, the races bring together the *élite* of the German and Austrian aristocracy. They are, perhaps, the best races in Germany or Austria. The Excursions are very varied and interesting. Amongst those at short distances may be mentioned: The old and new Schloss, whence on clear days the spire of the Cathedral of Strasburg is visible; ruins of Eberstein Castle, the Favorite, and the Hermitage. Farther off are the falls of Allerheligenstein Eberstein, the Murg valley, Forbach, Rauminzsch, Gernsbach Rothenfels, Kuppenheim, Wildbad, Griesbach, Wolfach, Petersthal, etc.

Amongst the amusements may be mentioned good fishing and hunting, grand concerts, symphonic and quartetto *soirées*, special concerts by the best known artists. Balls, *réunions*, childrens' balls, military concerts, operas and comedies with artists of world-wide celebrity fire works and illuminations.

The educational establishments of Baden are of the highest order



The prices being everywhere fixed by Government, it is scarcely necessary to bargain for anything, the traveller being well protected against extortion.

English church : Rev. S. A. White.

Post Office : Leopoldplatz.

Telegraph : Station.

Banker and Exchange Office : F. C. Joerger.

Bookseller : At the entrance of the Friedrichs Baths.

Doctors : Drs. Heiligenthal, Berton, Schliep and Shiel

Hôtels : The *Hôtel de Russie*, first class, on the promenade ; eighty rooms. A. & G. Moersch, proprietors.

The *Hôtel de France*, excellent position facing the Trinkhalle and Kurhaus, on the promenade. C. Ulrich, proprietor.

The *Hôtel Victoria* can be well recommended as an excellent first-class hotel. V. Grossholz, proprietor.

**Badenweiler.**—Germany, Duchy of Baden, in the southern parts of the Black Forest, near Freiburg in Baden; 1,300 feet above the sea level. For routes see table.

Warm earthy waters, 80° to 82° F. A climatic station. Surrounded by pine forests.

*Special indications* : Nervous and catarrhal affections generally, and rheumatism.

The establishment is very elegantly fitted up with marble basins, open swimming baths, douches, and single baths. Cows', goats', and donkeys' milk, whey cure, and all mineral waters may be obtained.

Large, well-kept, and shaded park, with the ruins of an old Roman bath in good preservation ; good promenades through the pine-forests ; excellent facilities for excursions, ascent of the Hochblauen, 3,550 feet high, with a superb view of the Alps, Lake of Constance, etc. Large reading-room in the Casino.

The amusements are varied ; there are daily concerts, theatre, etc. Very comfortable hotels, villas, and private apartments. English church.

Post and telegraph station.

Cabs and carriages by the hour and day.

Doctors : Drs. A. Siegel, Thomas, Mandowski and Kollman.

Hotels : *Hôtel Sommer*, same proprietor as *Hôtel Zaehringehof*, in Freiburg ; the *Römerbad*.

**Badstufuhver.**—Sweden, district of Suulendinga-Fiordunger, in the valley of Geyss.

Alkaline-saline waters, 189° F.

*Special indications* : Obesity, disorders of the urinary system, liver complaints.

**Bagnaecio di Colombajo.**—Italy, Tuscany, district of Nievole, near Valagli.

Sulphurous ferruginous waters, 62° F.

**Bagni-a-Baccanella.**—Italy, Tuscany, Val d'Agra, on the Arno.

Alkali-saline waters.

*Special indications* : Disorders of the digestive and urinary system.

**Bagnères de Bigorre.**—France, Department of Hautes Pyrénées; 1,750 feet above sea level; 12,000 inhabitants. For routes see table.

Saline, sulphurous, ferruginous and arsenical waters, varying in temperature from 72° to 120° F.; upwards of 50 springs; thoroughly good establishments. There is a cold sulphurous spring at Labassère, the waters of which are largely exported.

A winter station.

*Season:* June to September, especially for the baths. November till May as winter residence, but baths may be taken all the year round.

Number of visitors, 23,000 to 25,000 annually.

*Special Indications:* Owing to the complex character of the waters and the mildness of the climate, the therapeutic indications are very varied. The waters enjoy a high reputation in cases of tuberculosis and affections of the respiratory organs, in affections of the intestines and urinary system, in plethora abdominalis, anæmia, chlorosis, and various female disorders.

The Labassère spring having lately been acquired by the Company, will add considerably to the therapeutic resources of Bagnères de Bigorre, as it is one of the most powerful cold sulphurous springs of the Pyrenees.

The town is situated in a valley, open to the north and south; east and west it is sheltered by a range of hills. The climate is very mild and humid, but bracing, owing to the high elevation. Mean temperature during the seven winter months, 46·5° F.; mean barometric pressure 752 mm.; mean rainfall, 4·278 inches a month in winter; rainy days, 147; sunny days 123 in the year.

The environs are very attractive, and walks and excursions are abundant, the latter being highly interesting. The town is within five hours of the Pic du Midi, where the highest meteorological observatory in Europe stands. The Casino, a very elegant building, is in an extensive park, and contains a theatre, ball, concert, assembly, billiard and smoking rooms. Concerts daily.

*English church:* Rev. T. Grundy.

*Post and Telegraph Office:* Place de Strasbourg.

*Bookseller:* Léon Péré, Place de Strasbourg, No. 7.

*Doctors:* Dr. Bagnell (who speaks English) and several French physicians.

*Hotels:* The *Hôtel de Paris* is a first-class family hotel, centrally situated, facing the Promenade, and looking full south, with a mountain view. B. Nogues, proprietor.

**Bagnet (Le).**—France, Hautes Pyrénées, near Bagnères de Bigorre.

Waters containing sulphate of soda.

*Special indications:* Debility.

**Bagni-a-Acqua.**—Italy, Tuscany, near Pisa, Val di Chiana.

Sulphurous earthy waters, 100° F.

*Special indications:* Skin diseases, rheumatic gout and paralytic affections.

**Bagni (Aequa dei).**—Italy, near Naples.

Alkali-saline waters.

*Special indications:* Jaundice, stomachic, intestinal and vesical catarrhs, diabetes, plethora abdominalis, rheumatism and neuralgic affections.

**Bagno-a-Morba.**—Italy, Tuscany, between Pomarance and Castelnovo.

Sulphurous alkaline waters, 100° to 130° F.

*Special indications:* Rheumatism, kidney disorders, calculus, gravel, serofula, herpes.

**Bagni di Crana.**—Switzerland, Canton of Ticino, 3,270 feet above the sea level, near Lago Maggiore and Lago di Lugano.

Sulphurous waters, 90° F.

Very efficacious waters, but there is little or no accommodation. Visited by tourists, but seldom by invalids.

**Bagno.** Switzerland, Canton Valais.

Sulphurous waters.

Little used.

**Bagno Roselle.**—Italy, Tuscany, Val di Paglia, near Siena.

Ferruginous effervescent waters, 105° F.

**Bagno d'Apollo.**—Italy, Tuscany.

Alkaline waters, 90° F.

*Special indications:* Jaundice and liver complaints.

**Bagno-fresco.**—Italy, Island of Ischia, in the Val Tamburino.

Alkali-saline waters.

*Special indications:* Affections of the digestive and urinary system.

**Bagnolino dei Rachitiei.**—Italy, Tuscany, near Levane.

Alkali-ferruginous waters.

No bathing establishment. The peasants in the neighbourhood bathe children affected with rickets in the waters.

**Bagno-in-Romagna;** also Terme Leopoldine or Sta. Agnese.—Italy, province of Florence, 3,000 feet above the sea level; diligence from Forlì, 3 fcs. each person; carriages, 20 fcs. and 30 fcs.; 6 hours' drive.

Carbonic and sulphurous acid waters, 108° to 110° F., used for drinking; sitz and shower baths.

*Season:* June—September.

*Special indications:* Rheumatism, sciatica, skin diseases, gout.

There is a well-appointed bathing establishment, affording accommodation in 100 rooms; pension from 4 fcs. to 6 fcs. daily. The situation is pretty and healthy, in the midst of chestnut and fir forests.

*A Post and Telegraph Office.*

*Doctor:* Dr. Fanti.



**Bagnolles.**—France, Department of the Orne. For routes see table.

Saline, sulphurous, lithic, silicate, and arsenical waters.  
Temperature, 66° F.

Three ferruginous, arsenical, and manganese springs, 26° F.

*Special indications:* Diseases of the digestive organs, skin, rheumatism and scrofula, chlorosis, congestion of the abdominal viscera, phlebitis, old wounds, and chronic sores.

Bathing establishment very complete.

*Doctors:* Drs. Commandré and Joubert.

**Bagnoli.**—Italy, near Naples, on the road to Baiæ, between Posilipo and Pozzuoli by steam tramway.

Saline and alkaline waters, 112° F. Baths, douches, steam baths.

*Special indications:* Paralysis, rheumatism, gout, cutaneous affections and scrofula.

Complete bathing establishment.

Springs of Pisciarelli and of the Temple of Serapis.

The principal establishment, where the sea baths are also taken, is called "La Pietra." They are open all the year round.

*Doctor:* Dr. Pepere.

**Bagnols-les-Bains.**—France, Department of Lozère. For routes see table.

Sulphate of soda waters, from 50 to 105° F.

*Special indications:* Cutaneous and pulmonie diseases, rheumatism, scrofula, wounds, and chronic sores.

Two establishments with piscinæ, douches, baths, steam baths, &c. Climate rather severe, and barometrie changes rapid.

**Bains-les-Bains.**—France, Department of Vosges, near Epinal: from Paris, *via* Mulhouse and Epinal.

Sulphate of soda, arsenical waters, from 70° to 115° F.

*Special indications:* Rheumatism, debility, nervous and uterine affections.

Two thermal establishments. The thermometric changes are considerable during the day.

*Doctor:* Dr. Bailly.

**Bains de la Reine.**—Algiers, Province of Oran, near Oran.

Saline springs containing bromine, 130° F.

*Special indications:* Liver and stomach affections, cutaneous diseases, rheumatism, &c.

**Bains, near Arles.**—France, Department of Pyrénées Orientales.

Slightly sulphurous alkaline waters, 122° F.

*Special indications:* Rheumatism, skin diseases, disorders of the digestive organs and urinary system.

The establishments are said to be the original Roman ones.

**Bajfalú.**—Austria-Hungary, comitat of Száthmar.

Sulphurous waters.

*Special indications* : Gout, rheumatism, skin diseases, obesity, liver and urinary affections.

**Balaruc les Bains.**—France, Department Hérault, near Montpellier and Cette.

Strong saline waters; springs contain bromine, 45° to 100° F.

*Special indications* : Paralysis, softening of the bones, chlorosis, struma, saturnine intoxications, rheumatism, and anchylosis.

Three bathing establishments.

*Doctor* : Dr. Ducroix.

**Baldini (Aequa dei).**—Italy, Tuscany, near Rinfresco.

Saline waters. Strongly purgative action.

**Baldócz.**—Hungary, comitat of Zips, near Kirchdrauf.

Slightly alkaline ferruginous waters.

*Special indications* : Hypochondria, hysteria, giddiness, sterility, stomachic disorders.

**Ballater.**—Scotland, Aberdeenshire.

A summer station, also frequented for the waters at Pannanich Wells, which are two miles distant.

Scenery very fine.

**Balnea d'Avignone.**—Italy, Tuscany.

Chalybeate waters, 120° F.

**Ballycotton.**—Ireland, county Cork.

Sea baths, sandy beach.

**Ballyspellin Spa.**—Ireland, Leinster, county Kilkenny.

Saline and ferruginous bicarbonate waters, 60° F.

*Special indications* : Nervous affections of the digestive organs; also in abnormal conditions of the blood.

The establishments and accommodation are sufficient for a very large number of visitors.

**Balzach.**—Switzerland, Canton of St. Gall.

Sulpho-alkaline waters.

*Special indications* : Scrofulous dyscrasia, chronic skin diseases, old sores.

**Bangor.**—Wales, Carnarvonshire.

Sea baths; pebbly beach.

*Doctor* : Dr. Hughes.

**Banjaluka.**—Austria, Bosnia.

Sulphurous waters, from 55° to 105° F.

**Bañolas.**—Spain, Province of Catalonia.

Sulpho-alkaline waters, 70° F.

*Special indications* : Neuroses, skin diseases, scrofula, syphilis.

The baths should not be taken for longer than 10 minutes at a time.

The establishment is good, and the accommodation in the village moderate in price.

*Doctor* : Dr. Alsina.

**Bantry.**—Ireland, Cork.

Sea baths; sandy beach.

*Doctor* : Dr. Swanton.

**Banyuls-sur-Mer.**—France, Pyrénées Orientales.

Bicarbonate waters and sea baths.

**Baraci.**—France, Corsica, near Propriano.

Sulphurous saline springs, 85° F.

Scarcely any accommodation, though the waters are efficacious.

**Baracza.**—Hungary, comitat of Gömör, near Czáko.

Earthy waters, 60° F.

**Barambio.**—Spain, Province of Alava.

Sulphurous earthy waters.

*Special indications* : Affections of skin and bones.

The establishment is somewhat deficient.

*Doctor* : Dr. Martinez.

**Barbazan.**—France, Department Haute Garonne. For routes see table.

Sulpho-ferruginous waters, 50° F.

*Special indications* : Cutaneous affections, chlorosis and disorders of the respiratory organs.

**Barberie.**—France, Loire Inférieure, near Nantes.

Silicated ferruginous waters.

*Special indications* : Anæmia, chlorosis.

**Barbern.**—Russia, Finland, district of Mitau, 25 miles from Riga.

Sulphurous waters.

**Barbotan.**—France, Gers. For routes see table.

Sulphate of soda and ferruginous waters, from 50° to 120° F.

Sulphurous muds.

*Special indications* : Rheumatism, paralysis, cutaneous and uterine affections, rickets and syphilis.

*Doctor* : Dr. Dupeyron.



**Barcelona.**—Spain, capital of Province of same name, formerly of Catalonia. By Orleans and South of France Railway, by way of Toulouse and Cette.

Barcelona is the second largest city in Spain, and the first commercially. It contains several well-arranged libraries and collections of natural history and antiquities. Opera house.

**OBJECTS OF INTEREST.**—Cathedral, Churches of Sta. Maria del Mar and del Pino, Lonja, Deputacion, Casa Gralla, and Dusay.

The Rambla and Paseo de Gracia are the Hyde Park and Rotten Row of Barcelona, from 2 to 5 p.m. daily. Tivoli and Campos Eliseos. Bull-fights, Casino. Gran cafe, and Cafe de las siete puertas.

**CABS:** one horse up to midnight, 4 reales; two, 6 reales; one horse, midnight to dawn, 6 reales; and two horses, 9 reales. By the hour, the former 8 to 10 reales; the latter, 10 to 15 reales. Every quarter of an hour is extra.

Many excursions in the country on horseback, mules, carriages, &c.

Post-office: Rambla de la Sta. Mónica.

Telegraph office: Plaza de Palacio.

Doctor: Dr. Roberts, Calle Cristina, 8.

Hotels: *De las cuatro Naciones, del Oriente.*

**Barèges.**—France, Hautes Pyrénées; 4,200 feet above the sea level.

Alkali-saline-sulphurous waters, from 45° to 105° F.

*Special indications:* Scrofula, diseases of the bones, herpes and syphilis.

*Season:* 15th June to 15th September.

*Doctors:* Drs. Armieux, Betons, and Grimmaud.

*Hotels:* *De France, de l'Europe, des Princes.*

**Barestrand-Syssel.**—Iceland.

Indifferent waters, 218° F.

**Bari.**—Austria, Hungary, comitat of Zemplin.

Sulphurous waters.

**Bari (Acqua-di).**—Italy, Province of Bari in Calabria; line from Foggia to Brindisi, stop at Bari.

Sulphurous magnesian waters. Sea baths, sandy beach.

The springs all lie close to the sea shore. Purgative action exclusively. No establishment.

**Barmouth.**—Wales, Merionethshire, Cardigan Bay.

Sea baths. Smooth sandy beach.

Doctor: Dr. Edwards.

**Bartfeld.**—Hungary, near Eperies.

Cold ferruginous bicarbonato waters.

A well-arranged bathing establishment, much frequented in summer.

**Barzun.**—France, Department of Basses-Pyrénées; 4,000 feet above sea level.

Sulphurous alkaline waters, 85° F.

*Special indications* : as at Barèges.

**Basel.**—Switzerland, on the Rhine, from Paris by East of France Railway, *viâ* Mulhouse, or by North of France Railway to Cologne, and *viâ* Coblenz, Mayence, and Strasburg.

Native town of Holbein the painter. Cathedral founded A.D. 1019. Byzantine church of St. Elizabeth. Museum; Town Hall, Fountain, and Fish-market. Training institution for Protestant missionaries. Circulating library. Very fine excursions in the environs.

*Doctors* : Drs. De Wette and Bruckner.

*Hotels* : The *Hôtel Hofer*, near the Swiss railway station, is a small and very comfortable clean house; prices moderate; no omnibus required. C. Hofer, proprietor.

**Bastennes.**—France, Landes, near St. Sever.

Cold saline and sulphurous waters.

**Bath.**—England, Somersetshire, 12 miles from Bristol.

Saline-sulphate of limo and carbonate of iron waters, from 104° to 120° F.

*Special indications* : Gout and rheumatism, chronic skin diseases, ankylosis.

The climate of Bath is comparatively mild. The season is chiefly in spring, but the baths are also frequented in winter and autumn.

Bath affords ample and varied recreation and amusements.

In addition to balls, concerts, theatres, &c., visitors can also join in very interesting meetings held at the various literary and philosophic institutions. Victoria Park is the fashionable rendezvous in the afternoon.

The number of visitors to Bath has been fewer of late years, though the reason for this is not very evident, unless, indeed, it be due to a change in fashion. Living is cheap, and the hotels are very comfortable.

*Doctor* : Dr. Kerr.

*Hotels* : *York House*, *Grand Hotel*.

**Bath.**—Jamaica.

Thermal sulphurous waters, which have been employed with success in those cases of intestinal derangements which are frequent in tropical countries.

**Bath.**—United States of America, Virginia.

Thermal waters visited for amusement rather than medical treatment.

**Batignolles.**—France, Paris.

Cold sulphurous waters.

**Battaglia.**—Italy, Venetia, near Padua.

Sulphurous saline waters, 190° F.; mud baths; natural steam baths.

*Special indications:* Rheumatism, scrofula, skin diseases, inflammation of the uterus and ovary, syphilitic bone and skin affections.

The establishment, a veritable palace, is situated on the hill of St. Elena.

*Doctors:* Drs. Rosanelli and Pezzolo.

**Bauche (La).**—France, Savoy, *viâ* Chambéry and Les Echelles; 1,500 feet above the sea level.

Highly effervescent ferruginous waters.

*Special indications:* Chlorosis, anæmia, dyspepsia and muscular debility.

*Doctor:* Dr. Guiland.

**Baza or Zujar.**—Spain, Province of Granada.

Sulphurous waters, 100° F.

Contains large quantities of sulphuretted hydrogen, and is therefore disagreeable to the taste and smell.

*Special indications:* Hysteria, anæmia, amenorrhœa and chronic skin diseases.

**Beaucens.**—France, Hautes Pyrénées, near Caunterets and Barèges.

Sulphurous saline waters, 48° to 50° F.; little known.

**Beaulieu.**—France, Department of Puy de Dôme, near Issoire.

Cold chalybeate waters, said to be intermittent.

**Beaulieu.**—France, Alpes Maritimes, near Nice.

Winter station. A small but charmingly situated village in a very sheltered position. It is one of the best stations on the Riviera for the winter months.

**Beaumaris.**—Wales, Anglesea.

Sea baths, fine sandy beach.

Situate at the entrance of the Menai Straits. The views over sea and mountain are very romantic.

*Doctor:* Dr. Owen.

*Hotel:* Liverpool Arms.

**Beaupreau.**—France, Maine and Loire.

Cold ferruginous bicarbonate waters.

**Bebra.**—Germany, Saxony, near Eckhardsberge.

Chloride of magnesia waters, 35° F.

*Special indications:* Neuroses, chlorosis, and menstrual derangements.

*Doctor:* Dr. Rühlmann.

*Hotel:* German Emperor.



**Beggenried.**—Switzerland, Canton Unterwalden, on the south shore of Lake Lucerne.

Climatic station.

Owing to the low temperature and pure mountain air, this place is much visited in July and August.

**Bejar.**—Spain, near Valladolid, near Salamanca.

Thermal silicate ( $0.059^{\circ}$ ) waters, from  $50^{\circ}$  to  $100^{\circ}$  F.

A thermal establishment, much frequented in Spain.

**Bekees.**—Austria, Hungary, comitat Zemplén, near Szerecses.

Indifferent waters,  $75^{\circ}$  F.

*Special indications* : Gout and rheumatism. Establishment small.

**Bela.**—Austria-Hungary, comitat of Zips, on the Poprád.

Sulphate of lime ferruginous waters, containing much sulphur.

*Special indications* : Chronic skin diseases, gout and rheumatism.

**Belalp.**—Switzerland, Canton Valais,  $3\frac{1}{2}$  hours by an excellent mulo path from Brigue.

Mountain air and whey cure.

*Season* : From June 1st to October 31st.

*English Church.*

A starting point for many most picturesque excursions.

The *Hotel Belalp*, overlooking the Aletsch Glacier, 30 minutes' walk. Resident physician; English church service; post and telegraph office in the hotel. G. Klingele, proprietor.

The *Hotel Jungfrau* at *Äeggischhorn*, 7,200', at the foot of *Äeggischhorn*,  $2\frac{1}{2}$  hours above Fesch, a mountain air station; magnificent panoramic view of the Eggishorn, one hour above the hotel; excursion to the Aletsch Glacier and the Lake of Mergelen. The Cabane of Concordia is  $4\frac{1}{2}$  hours distant. Grand and interesting excursions in the Cernoise Alps. Em. Cathrein, proprietor.

**Belascoin.**—Spain, Province of Navarra, near Pamplona.

Alkaline waters.

*Special indications* : Lithiasis, calculus, gastric and hepatic colics.

The establishment and accommodation are inferior.

*Doctor* : Dr. Ortega.

**Bellagio.**—Italy, on the Lake of Como.

Climatic station.

*Season* : Spring and autumn.

*Special indications* : Nervous and lung complaints.

Its pure air, picturesque site, and perennially clear sky, have gained for Bellaggio the title of "Garden of Lombardy."

*Hotels* : The *Hôtel de la Grande Bretagne* is a large and magnificent hotel, exceedingly well appointed. Meyer & Arrigoni, are proprietors also of the Grand Hotel at Sestri Ponente.

**Bellas Agoas.**—Portugal, near Lisbon.  
Sulphurous waters.

**Bellême.**—France, Orne, near Montagne.  
Ferruginous bicarbonate waters.

**Bellerive.**—Switzerland, Canton of Berne on the Birs, 7 hours from Basle.  
Sulphurous alkaline waters.  
*Special indications:* Intestinal obstructions, congestions, scrofula, hypochondriasis, hysteria, jaundice.

**Belleville.**—France, in the *enceinte* of Paris.  
Cold sulphato of lime waters.

**Belloc.**—France, Gironde, near Bazas.  
Cold ferruginous bicarbonate waters.

**Bellus.**—Spain, south of Valencia.  
Sulphate of magnesia and carbonate of lime springs, 65° to 70° F.  
Little frequented. Establishment and accommodation old fashioned.  
Roman and Arab ruins in the environs.  
*Doctor:* Dr. Cerezo.

**Bellus.**—Austria-Hungary, comitat of Trenczin, on the Waag, and 1½ hours from Trenczin.  
Cold sulphurous waters.

**Benavente.**—Spain, Province of Leon, 23 m. from Zamora.  
Ferruginous bicarbonate waters, 40° to 45° F.; rich in carbonic acid gas.

**Benedekfalva.**—Hungary, comitat of Liptau, ½ hour from Liptó-Szent-Miklos.  
Alkaline waters.

**Benetutti.**—Italy, Piedmont, near Incontrado-Logoduro.  
Numerous sulphurous alkaline springs, 85° to 95° F. No bathing establishment.  
The arrangements are so inadequate that the simple tastes of the Italians only could tolerate them.

**Ben Haroun.**—Africa, Province of Algiers, near Dra el Nizan.  
Ferruginous bicarbonate waters, highly gaseous; used only for exportation.

**Benimarfull.**—Spain, Province of Alicante, near Alcoy.  
Sulphuretted lime waters, 40 to 45° F.  
*Special indications:* Cutaneous affections, vesical catarrhs, muscular contractions.  
The establishment is modern and complete. The prices are reasonable and the accommodation good. The situation is romantic.  
*Doctors:* Dr. Genoves y Tio.

**Ben Rhydding.**—England, Yorkshire, Wharfedale, near Leeds 480 feet; above the sea.

Hydropathic establishment.

**Bentheim.**—Germany, Hanover, near Osnaburg.

Sulphate of lime waters.

*Doctors* : Drs. Stroth and Stollenkamp.

*Hotels* : *Kurhaus*.

**Benyus.**—Hungary, comitat of Sohl.

Alkaline waters.

**Berencze.**—Hungary, comitat of Neograd.

Cold effervescent ferruginous waters.

There being no bathing nor drinking arrangements, the waters are used only by the inhabitants.

**Berg.**—Germany, Würtemberg, near Stuttgart.

Saline springs and ferruginous waters, of 45° to 50° F.; similar to the Cannstadt waters, with which their therapeutic properties are also identical.

A very excellent bathing establishment.

**Bergallo.**—Italy, Tuscany, near Castelnuovo-Berrardenga.

Bicarbonate of lime springs, 33° F.

**Beringerbad.**—Germany, Saxony, near Alexisbad.

Bromurated saline cold waters, containing 12 grammes calcic chloride, and 9 grammes sodic chloride per litre.

*Special indications* : Scrofulous and chronic skin affections, diseases of the bones.

**Berka.**—Germany, Duchy of Saxe-Weimar, near Weimar.

Sulphate of lime and chalybeate waters.

*Special indications* : Rheumatism and paralysis, chronic mercurial intoxication.

*Doctors* : Drs. Ebert and Freygang.

*Hotels* : *Kurhaus*, *German Emperor*.

**Berlin.**—Capital of Germany and Prussia, from Paris by North of France Railway, *via* Lehrte, Hanover, or Cologne Minden.

One of the largest and handsomest cities in Europe. Garrisoned by 20,000 soldiers of the guard. The river Spree is crossed by over fifty bridges. Principal street, Unter den Linden. Some very fine palaces.

OBJECTS OF INTEREST.—Brandenburg gate. Equestrian statue of Frederick the Great by Rauch. Palaces of the Emperor, Crown Prince, and Queen of Holland. Academy of Fine Arts, Opera-house, Arsenal, Academy of Engineers and Artillery, Schauspielhaus, Victoria, Wallner, and Woltersdorf Theatre. Kroll's establishments, Orpheum, Colosseum. Royal museum of pictures, New Museum, National Gallery and Historical



Museum, Royal Palace and Royal Library, Raszynsky's Picture Gallery, Exposition of Artists; Zoological and Botanical Garden; Exchange and Town Hall, Parliament Buildings. Guards and military bands play opposite the Court-house; Sculpture Gallery, the Schlossbrücke, Royal Foundry, Borsig's Engine Works, Industrial Museum.

Excursions: To Charlottenburg, Tegel; Potsdam and Sanssouci Babelsberg; Pfingstberg and Glienicke.

Cabs: One or two persons,  $1\frac{1}{2}$  mile, 1 mark or 1 shilling. Three or four persons,  $1\frac{1}{2}$  marks.

Post-office: Leipzigerstrasse.

Telegraph-office: Französischestrasse.

*American Agency:* The American Exchange in Europe, reading rooms, &c, Unter den Linden, 45.

*Dentist:* Dr. Suerscn.

*Doctors:* Drs. Wendel, Baer, Gustorf and Hahn.

*Hotels:* Kaiserhof, de Rome, Central, Royal.

**Berne.**—Capital of Switzerland and Canton of Berne, from Paris by East of France Railway, *via* Basle.

OBJECTS OF INTEREST.—Church of the Holy Ghost, Hospital, Morat gate, Federal Palace with Picture Gallery, Museum, Cathedral, Bronze statue of Eulach, Platform or Terrace, Town Hall, Bear Pit.

Fine excursions in the neighbourhood.

Post and telegraph office at the railway station.

*Bookseller:* J. Dalp, Place de la Gare.

*Doctors:* Drs. Bourgeois, Nichaus and Schoeder.

*Hotels:* Bernerhof, du Faucon, Belle Vue, and du Maure.

**Bernières-les-Bains.**—France, Department of Calvados, from Paris, *via* Caen.

Sea baths, sandy beach.

**Bernos.**—France, Department of Gironde.

Bicarbonate ferruginous cold waters.

**Bernstein.**—Hungary, comitat of Eisenburg.

Sulphurous, ferruginous and cupric waters; little used and scarcely known.

**Berthemont.**—France, Department of Alpes Maritimes, near Nice.

Highly effervescent, indifferent waters.

*Special indications:* Lithiasis and vesical catarrh.

**Bertrich.**—Germany, Rhenish Prussia, circuit of Trèves on the Moselle, stop at Bullay Moselle Railway.

Alkaline, saline and sulphate of soda waters, of 75° F.

*Special indications:* Rheumatic affections, liver and spleen disorders and affections of the urinary system.

Excellent bathing establishments.

*Doctor:* Dr. Cüppers.

*Hotels:* Wering, Adler.

**Bertua.**—Spain, Guipuzcoa, near Corunna, and the Convent of St. Miguel.

Sulphurous thermal waters.

*Special indications* : Goitre, sciatica, rheumatic paralysis.

**Berwick (North).**—Scotland, Haddington, on the Firth of Forth.

Sea baths, firm sandy beach.

*Doctor* : Dr. Crombie.

**Beschtau or Maschukabaths.**—Russia, Caucasus, near Pjätigorsk.

Alkaline-sulphurous waters, varying in temperature from 110° to 170° F.

Under this denomination are classed all the springs which rise in the district of Eisenburg and Pjätigorsk. Protected by Peter the Great, they owe their development mainly to the Emperor Nicolas. Residence here is very expensive, which may be one reason why the baths are not more frequented. The establishments are first-rate, and both comfort and amusement are amply provided for. The scenery is of the most romantic character. Abundant shooting and fishing.

**Besenyőfalva.**—Hungary, comitat of Liptau, on the Waag.

Cold effervescent ferruginous waters.

*Special indications* : Disorders of the urinary system, intermittent affections and affections of the abdominal viscera.

**Besse.**—France, Puy de Dôme, near Issoire.

Cold ferruginous waters.

**Betaille.**—France, Department of Corrèze, near Tulle.

Cold ferruginous waters.

*Special indications* : Catarrhs, anæmia, chlorosis, atony of the stomach, fluor albus and female complaints.

**Beuren.**—Germany, principality of Hohenzollern-Sigmaringen, in the Black Forest; 1,580 feet above sea level.

Climatic, air and whey-cure station. Climate very mild and steady.

*Special indications* : Tuberculosis, chronic catarrh of respiratory organs, bronchial and laryngeal catarrhs.

**Betelú.**—Spain, Province of Pamplona, near Tolosa.

Sulphurous saline waters, 50° F.

*Special indications* : Chronic skin diseases, scrofula, syphilis, mercurialism, laryngeal and bronchial catarrhs.

The establishment is modern and complete; the situation charming, and the vegetation luxurious. The accommodation is very good, and prices moderate, ranging *en pension* from 6 francs to 10 francs a day. Betelú is therefore much frequented.

*Doctor* : Dr. Gurrucherri.

**Beuzeval.**—France, Department of Calvados, from Paris, *via* Caen.

Sea baths, sandy beach.

**Bex.**—Switzerland, Canton Vaud, near Lausanne and Vevey; 1,380 feet feet above sea level. For routes see table.

Saline waters strongly bromo-iodurated, brine baths inhalation, hydropathic establishment, whey and grape-cure climatic air station, electric, shower, vapour and steam baths, fumigations.

*Season* : 15th May till October, but open all the year.

*Special indications* : Scrofula, rhachitis, chronic rheumatism, uterine affections, plethora abdominalis, chronic affections of larynx and pharynx, tendinous and articular retractions, paralysis, neuralgia.

The situation is very fine, being on the road to the Canton Valais. The climate is mild, but stimulating. The establishment is fitted up with all appliances requisite for modern methods of treatment. All the internal arrangements are luxurious and comfortable.

*Doctor* : Dr. Decker, who speaks English.

*Hotel* : The *Grand Hôtel des Bains*, situated in a large shady park, is a first-class house, well managed, and highly recommended. It is comfortable and pleasantly situated, and has well shaded lawn tennis ground. Chas. Hieb, proprietor.

**Bexhill-on-Sea.**—England, Sussex, between Hastings and Eastbourne.

Sea baths, sandy beach.

**Biarritz.**—France, Department of Basses Pyrénées, close to the Spanish frontier, on the northern shore of the Bay of Biscay; 5,500 inhabitants. For routes see table.

Sea bathing and winter station; climate mild and humid; fine sandy beach.

*Season for baths* : The late summer and autumn months.

*Winter Season* : From November till May.

Above 10,000 visitors annually.

*Special indications* : Chlorosis, anæmia, chest and lung complaints, laryngitis, pharyngitis.

Biarritz is a small but picturesque town, which was brought much into notice by the Empress Eugenie, who used to reside there every year. It is distinguished for its very select society, which assembles for sea bathing and also during the winter season. The scenery is beautiful, although the vegetation in the immediate neighbourhood of the town is somewhat scanty. The town is built like an amphitheatre on the rising cliffs of the Pyrenees, and has some fine modern buildings, of which the Villa Eugenie is one of the most striking.

There is a casino with ball, concert, card and reading room.



*English Church.*

*Post and Telegraph Office.*

*Banker and Exchange Office* : E. H. Bellairs.

*Bookseller* : Victor Benquet.

*English Chemist* : J. Moureu, 5, Place de la Mairie.

*Dentist* : Edwards.

*Doctors* : Drs. Adhéma, Girdlestone, Augey, Malpas and Wellby.

*Hotels* : The *Hôtel de France* is a very comfortable house, in a quiet part of the town. J. Fourneau, proprietor.

**Bikszad.**—Hungary, comitat of Szathmár.

Saline and bicarbonate waters, 4 gr. mineralisation.

*Special indications* : Feeble digestion, constipation, chronic disorders of the respiratory organs, incipient phthisis, menstrual irregularities and other affections of the genito-urinary organs.

The water is exported. In its chemical composition it is analogous to Gleicheuberg, but stronger.

Notwithstanding very moderate accommodation and little comfort offered, Bikszad is much frequented; a good proof of the efficacy of its waters.

**Bilazais.**—France, Department of Deux Sèvres, near Poitiers.

Sulphate of calcium waters, 56° F.

**Bilén.**—Austria-Hungary, comitat of Marmarós, district of Rahó.

Alkaline waters.

Very primitive arrangements.

*Special indications* : feeble digestion, constipation, liver and spleen affections.

**Bilin.**—Austria, Bohemia, near Teplitz.

Alkali saline waters; their composition is similar to those of Vichy.

Bilin is well known under the name of the "cold Vichy."

*Special indications* : Catarrh, hæmorrhoidal affections, morbus Brightii, disorders of the urinary system, obesity.

*Doctor* : Dr. Reuss.

*Hotels* : Lion and High House.

**Birchington.**—England, near Dover.

Sea baths, sandy beach. Very picturesque site.

*Doctor* : Dr. Neame.

**Birkenfeld.**—Germany, Grand Duchy of Oldenburg, near Trèves and Saarlouis.

Ferruginous, magnesian, sodic and calcic bicarbonate waters—tonic and resolvent.

*Special indications* : Affections of the glandular system.

*Doctor* : Dr. Ricken.

**Birlenbach.**—Germany, Duchy of Nassau.

Ferruginous bicarbonate table water.

**Birmansdorf.**—Switzerland, Canton of Aargau, near Baden.

Acidulous or bitter waters, 31 gr. of mineralisation.

These waters are only used for exportation and as purgative agents.

*Doctor* : Dr. Pfeuffer.

**Birresborn.**—Germany, Rhenish Prussia, in the Eifel, near Gerolstein.

Ferruginous bicarbonate waters, exported and brought into the market by the Gerolstein Mineral Water Co., Limited, London.

A station little frequented.

**Bishop's Teignton.**—England, Devonshire, 2½ miles from Teignmouth.

Hydropathic establishment and health resort.

A charmingly situated residence at the foot of the "Holdon," overlooking the Teign and hills beyond. The baths are perfect, and cures numerous. From the top of Holdon the views are among the finest in the country. Chas. Carpenter, proprietor.

**Bistritz.**—Austria, Moravia, near Ollmütz and Hullein.

A celebrated whey cure station; The Appenzell of Austria. Sheep's milk only is used.

*Season* : June—September.

**Bisztra.**—Austria-Hungary, comitat of Marmarós, near Majdanka.

Alkali-ferruginous waters.

Mineral constituents very scanty.

**Bivuto di Termini.**—Italy, Sicily, between Palermo and Sciacca.

Thermal sulphurous waters.

Very suitable bathing establishments, and the accommodation in the Convent of St. Kalogerus is comfortable.

**Blackpool.**—England, Lancashire.

A much frequented sea-bathing town.

**Blanchemont.**—Belgium, near Liege.

Cold ferruginous bicarbonate waters.

**Blankenberghe.**—Belgium, near Bruges.

Much frequented sea baths; more retired and quiet than Ostend.

*Doctors* : Drs. Cosyn, Notebaert and Van Mullem.

*Hotels* : Cursaal, Godderis de la Paix.

**Blankenburg.**—Germany, Principality of Rudolstadt, near Weimar and Halberstadt.

Pine-cono sap and resinous baths.

*Special indications* : Herpes, scabies, excessive perspiration, muscular pains, paresis.

The accommodation is comfortable, and living exceedingly cheap.

**Bleichbad.**—Switzerland, Canton of St. Gall, near Altstätten ; 1,500 feet above the sea level

Ferruginous saline waters, with strong odour of sulphur.

*Special indications* : Gout, rheumatism, paralysis, neuralgias.

**Bleville.**—France, Seine Inférieure, near Le Havre.

Cold ferruginous bicarbonate waters.

**Blue Sulphur Springs.**—U.S., North America, Virginia.

Sulphurous waters.

*Special indications* : Rheumatism, scrofula, syphilis.

**Blumenstein.**—Switzerland, near Berne.

Cold ferruginous alkali-saline waters.

*Special indications* : Constitutional debility.

A fairly good bathing establishment.

**Blumenthal.**—Switzerland, near Solothurn.

Saline-alkaline waters, only used by the inhabitants.

**Bobbio.**—Italy, Lombardy, Province Pavia ; 60 k. from Genoa.

Thermal, sulphurous and saline springs.

**Bobotsch.**—Roumania.

Sulphurous waters.

Owing to the lack of energy on the part of the inhabitants there is little or no accommodation ; the waters are very efficacious.

**Bocheggiano.**—Italy, near Siena.

Five springs, some ferruginous and some sulphate of lime, 35° F.

*Special indications* : Anæmia, chlorosis, constipation, liver, spleen, and chronic skin diseases.

**Bocklet.**—Germany, Bavaria, near Kissingen.

Cold, sulphurous and chalybeate waters, rich in carbonic acid gas ; mud baths.

Frequented by patients at Kissingen.

*Special indications* : Scrofula, plethora, diabetes, hyperæmia of the liver, ankylosis, chronic muscular affections, torpid sores.

Doctor : Dr. Scherpf.

**Bocskó Rahó.**—Hungary, comitat of Marmaros, 7 miles from Szigeth.

Iodurated saline waters.

*Special indications* : Affections of spleen and liver, scrofula and rhachitis.



**Bodajk.**—Hungary, near Weissenburg.

Sulphate of lime waters, rich in silicic acid.

*Special indications*: Hæmorrhoids, scrofula, gout, rheumatism.

**Bodendorf.**—Germany, Rhenish Prussia, near Neuenahr.

Climatic station; grape cure.

Especially frequented by invalids suffering from chest and nervous complaints.

**Bodenfelde.**—Germany, Hanover.

Saline waters.

**Bodok.**—Transylvania.

Cold alkaline waters, very similar to those of Bilin.

**Boesing.**—Austria-Hungary, comitat of Pressburg.

Ferruginous alkaline waters, effervescent.

*Special indications*: Chlorosis, menorrhœa, hysteria.

**Bognor.**—England, Sussex.

Sea baths, firm sandy beach.

*Doctor*: Dr. Todd.

**Boisse (La).**—France, Savoy, near Chambéry.

Cold ferruginous waters.

**Boll.**—Germany, Württemberg, near Göppingen; 1,300 feet above the level of the sea.

Cold alkali-saline-sulphurous waters; milk cure; mild climate.

*Special indications*: Affections of the larynx, skin diseases, contractions, stiffness of the joints.

**Boltenhagen.**—Germany, Mecklenburg-Schwerin, equally distant from Lübeck and Wismar.

Much frequented for its sea-baths; fine sandy beach, with pine forests behind.

*Doctor*: Dr. Kelling.

*Hotels*: Kurhaus, Luckmanns.

**Bonar.**—Spain, Galicia, near Leon.

Ferruginous saline waters, 75° F.

*Special indications*: Constipation, amenorrhœa, chlorosis, hypochondriasis.

These waters were used by the Romans. Grass withers under their influence, the meadows in the neighbourhood being all more or less blighted.

**Bondonneau.**—France, Department of Drôme, near Montélimar, 500 feet above sea level.

Alkaline iodurated waters; effervescent.

*Special indications* : Anæmia, chlorosis, dyspepsia, diarrhœa.

**Bonn.**—Switzerland, Canton of Fribourg, two hours from that town.

Cold sulphurous waters.

*Special indications* : Skin diseases.

**Bonnefontaine.**—France, Department Meurthe, near Metz.

Cold bicarbonate of iron waters.

**Bonneval.**—France, Savoy, near Bourg St. Maurice.

Thermal sulphurous waters, analogous to those of St. Gervais, 85° F.

**Bonnington.**—Scotland, near Leith and Edinburgh.

Strong ferruginous and cold sulphurous waters.

*Special indications* : Anæmia, chlorosis, serofula, rhaehitis.

Every comfort in the bathing establishments, which are very good.

**Borås.**—Sweden, near Elfsborg.

Acidulous or bitter waters; exported.

**Borbye.**—Germany, Province of Schleswig, near Eckernförde.

Sea-bathing place on the Baltic coast; little frequented.

**Bordeaux.**—France, on the Gironde, the capital of that Department, from Paris by Orleans Railway.

The third port of France, and a chief centre for wines and brandies; the Roman *Burdigala*.

**OBJECTS OF INTEREST.**—Remains of an amphitheatre. The town belonged to England from 1152 to 1453. Bell tower, Porte du Palais, and other old gates.

Cathedrals of St. André, St. Croix, St. Severin, and St. Bruno.

The Mairie in the old palace has a library of 150,000 volumes, a collection of antiquities and a picture gallery. Large Prefecture, Town Hall, Law Courts, Exchange and Custom House, Commercial Court, Bank, Mint, Theatre. Place des Quinconces, Quai des Chartrons, and botanical gardens.

**CABS** : By the drive 1 fr., for the hour 2 fr.

*Doctor* : Dr. Breen.

*Hôtels* : *Des Princes* and *de la Paix*. Very good house. Queuille and Darie, proprietors.

**Bordighera.**—Italy, on the French frontier and on the Riviera.

Winter station, well frequented, but very quiet.

*Doctor* : Dr. Goodchild.

*Hotels* : *D'Angleterre*, *Grand*, *Windsor*.

**Borgo Maro.**—Italy, Piedmont, near Oneglia.

Cold sulphurous waters.

*Special indications* : Serofula and skin diseases.

**Borines.**—Spain, Province of Oviedo, near this town.

Saline sulphurous waters, used only internally on account of the limited supply from the spring.

*Special indications* : Gastralgia, dyspepsia, skin diseases and affections of the mucous membranes.

The establishment is modern, and is visited chiefly by the surrounding inhabitants. The site of Borines is romantic.

*Doctor* : Dr. Ayegui.

**Borkum.**—Germany, Oldenburg. An island in the North Sea.

Much visited for sea-bathing, especially by Hanoverians.

*Doctor* : Dr. Schmidt.

*Hotel* : Kurhaus.

**Borkút.**—Hungary, comitat of Mármaros, District of Rahó.

Saline and strongly iodurated waters.

*Special indications* : Serofula, lymphatism, goitre, adenitis.

A small bathing establishment.

**Borla.**—Italy, also called Acqua del Mortagone.

Saline waters, 85° F.; highly effervescent.

*Special indications* : Constipation, lymphatism, adenitis.

**Bormio.**—Italy, Lombardy, Upper Valteline, on the Adda; 4,016 feet above the sea level.

Inert thermal waters, from 90° to 120° F.; a climatic station.

*Doctor* : Dr. Battersby.

**Borra.**—Italy, Tuscany near Arezzo, in the valley of the Arno.

Ferruginous alkaline waters, effervescing.

**Borrone.**—Italy, Tuscany, near Montalto.

Ferruginous waters, 65° F.

*Special indications* : Disorders of the digestive and urinary organs.

**Borsa.**—Hungary, comitat of Mármaros.

Cold alkaline ferruginous waters.

*Special indications* : Jaundice, and disorders of liver and spleen.

**Borsaros.**—Transylvania.

Ferruginous bicarbonate waters, 45° F.

*Special indications* : Rheumatism and herpes.



**Borschom.**—Russia, Russ. Georgia, on the Kura; 2,630 feet above the sea level, near Pjätigorsk.

Alkali-saline waters, 75° to 95° F.

*Special indications* : Gravel, affections of the mucous membrane of the respiratory, digestive and urinary organs; hyperæmia of liver and spleen; hæmorrhoids and plethora abdominalis, as also disorders of uterus and ovaries.

Borschom is very quiet, and the surrounding country wild. The accommodation is good, and residence agreeable.

*Doctor* : Dr. Remmert.

**Borszek.**—Austria, Transylvania, on the Moravian frontier in a valley of the Carpathians; 2,400 feet above the level of the sea.

Alkali-saline waters, highly charged with gas; mud baths.

*Special indications* : Affections of the uterus, atony, paralysis, liver and spleen disorders, gravel and vesical complaints.

A good bathing establishment.

The climate is very trying and variable. Borszek is the most important watering place in Transylvania. The water is largely exported. Accommodation abundant, and in accordance with modern requirements.

**Bottaccio.**—Italy, Tuscany, near Castelnuovo-Berrardenga.

Sulpho-ferruginous waters.

*Special indications* : Affections of the uterus, amenorrhœa, chlorosis.

**Botzen.**—Austria, Tyrol.

Air cure station; grape cure.

*Hotel* : Victoria.

**Boudes.**—France, Puy de Dôme, near Issoire.

Bicarbonate alkaline waters, 35° F., mineralisation, 4 to 9 grs.

May possibly in the future become an important spa.

**Boulogne-sur-Mer.**—France, Pas de Calais.

Sea baths, and one ferruginous saline spring.

The Casino faces the bathing establishment. There is a Theatre. Fine view from belfry. There is an English college and many English schools and churches; in fact, the town may be said to be half English.

*Bookseller* : Merridew, 60, Rue de l'Ecu.

*Doctors* : Drs. Harvey and Walker.

*Hotel* : The *Hôtel Dervaux*, in the Gde. Rue des Vicillards, will be found a good family hotel. L'heureux, Proprietor.

**Boulou (Le).**—France, Pyrénées Orientales, near the Spanish frontier.

Alkaline waters similar to those of Vichy, and ferruginous to those of Spa.

*Special indications* : Anæmia, obesity, chlorosis, gravel.

*Doctor* : Dr. Massot.

**Bouquéron.**—France, Isère, near Grenoble.

Alkaline waters similar to those of Evian.

One of the best appointed hydrotherapeutie establishments.  
Terebinthine baths.

*Special indications:* Affections of the urinary organs, bladder, liver and kidneys.

**Bourasol.**—France, Haute Garonne, near Toulouse.

Ferruginous bicarbonate waters, 40° F.

**Bourbon l'Archambault.**—France, Department of Allier. For route see table.

Bromo-iodurated saline waters, 125° F.; bicarbonate ferruginous magnesian waters, 120° to 160° F., highly gaseous.

*Special indications:* Scrofula, rheumatism, paralysis, nervous affections.

The bathing establishment is the property of the Government. There is a civil and military hospital.

*Doctor:* Dr. Regnault.

**Bourbon-Lanay.**—France, Saone and Loire. For routes see table.

Six thermal saline ferruginous springs, from 66° to 135° F.

*Special indications:* Scrofula, chlorosis, paralysis, syphilis.

These waters stimulate mucous secretion; when taken in large doses they are purgative; also tonic and alterative.

*Doctor:* Dr. Valentini.

**Bourbonne-les-Bains.**—France, Haute Marne; 850 feet above the sea level. For routes see table.

Bromo-iodurated saline waters of 119°, 138° and 180° F.

*Special indications:* Scrofula, paralysis, rheumatism, catarrh of the stomach and constipation.

The new establishment is replete with all appliances.

There are some fine promenades, and the excursions are very interesting.

*Doctor:* Dr. Bougard.

*Hotels:* Hotel des Bains. Lacordière, proprietor.

**Bourboule (La).**—France, Auvergne, Department of Puy de Dôme; 2,850 feet above sea level; 1,400 inhabitants. For routes see table.

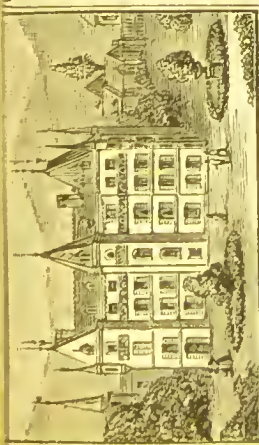
Effervescent saline arsenical waters (28 milligr. arseniate of soda per litre), 140° F.

*Season:* 25th May to 30th September.

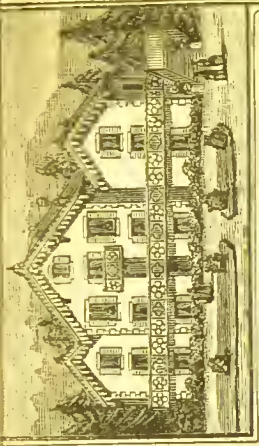
*Number of Visitors:* Above 6,000 annually.

*Special indications:* Anæmia, lymphatism, general debility, affections of the skin and respiratory organs, diabetes, rheumatism and intermittent fevers.

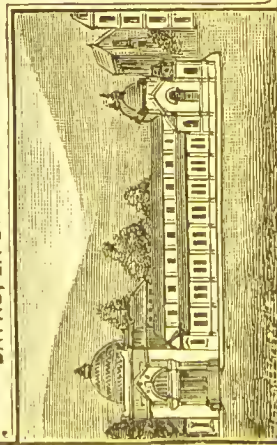
There are three bathing establishments thoroughly well fitted up and ably managed. They offer all the appliances of



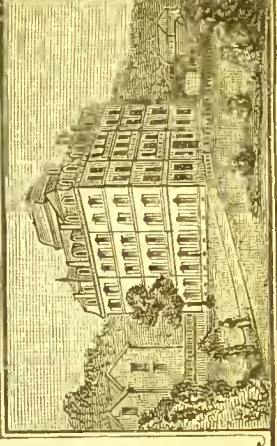
GRAND HOTEL. MONT DORE.



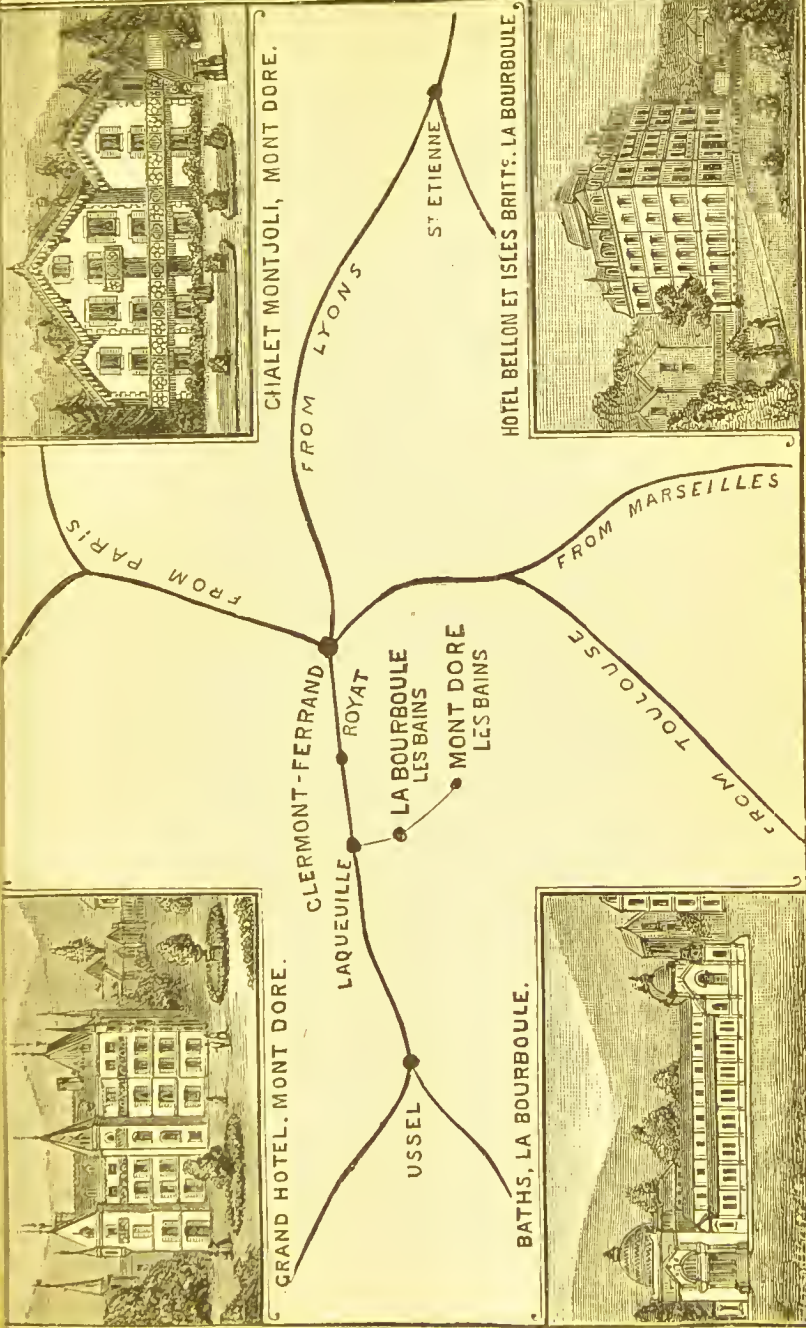
CHIALET MONTJOLI, MONT DORE.



BATHS, LA BOURBOULE.



HOTEL BELLON ET ISLES BRITTS. LA BOURBOULE.







modern times: single sitz baths, general baths, steam baths, inhalation and spray rooms, douches of every description, shampooing, &c.

The waters keep well in bottle, and excellent results have followed their use at home. It is advisable to begin taking them before coming to La Bourboule for the cure; the usual dose is from  $\frac{1}{2}$  to 3 glasses a day, taken before breakfast, or with wine during that meal.

The country around La Bourboule is very mountainous, as may be supposed from its elevated position. It is situated in one of the most picturesque parts of Auvergne, and the excursions which may be made from it are very varied. There is a beautiful park, well suited for promenades.

The Casino is in course of construction; concerts are given daily; all sorts of amusements, including lawn tennis.

English Church service.

*Doctors*: Drs. Danjoy, Morin and Verité.

*Hotels*: The *Grand Hôtel Bellon and des Îles Britanniques* is a large first-class family hotel; in an excellent position, close to the establishment, table d'hôte and restaurant. J. Donneaud, proprietor. See plan.

The *Grand Hotel*, a first-class establishment, near the baths. A. Ferreyrolles, proprietor.

The *Hôtel de Paris*, a very comfortable, well-kept family hotel. A. Lequime, proprietress.

The *Grand Hôtel de l'Établissement*, first-class house, near the establishment and facing Casino; chalet for families; gardens and private saloons, Table d'hôte and restaurant. Vimal-Chousse, proprietor.

The *Splendide Hôtel et d'Angleterre réunis*. A private villa in the garden of the above hotel, containing 25 rooms, is let for the season; apply to the proprietor, A. Lemerle.

**Bourg d'Ault.**—France, Department of Somme.  
Sea baths, near Abbeville.

**Bourg d'Oisans.**—France, Isère.  
Cold neutral waters.

**Bournemouth.**—England, Hants.

Cold ferruginous waters and sea baths.

Hydropathic establishment. A much frequented watering-place.

Sandy beach five miles long.

Especially recommended for chest and lung complaints. Several establishments for the treatment of consumption. The climate is dry and mild. Average rainfall 30 inches, and mean winter temperature 42° F.

*Doctors*: Drs. Hirson and White.

**Bourtscheidt.**—Germany, adjoining Aix-la-Chapelle, and forming one town with it.

Chloride of sodium and sulphurous waters, from 107° to 190° F.

*Special indications* : Rheumatism, scrofula, syphilis and neuroses.

*Doctors* : Drs. Lüth, Laaff and van Erkelenz.

*Hotels* : *De la Rose, Charles, Newbath.*

**Braga.**—Portugal, Province of Minho.

Sulphurous and ferruginous waters.

**Bramstadt.**—Germany, Holstein.

Three springs; one saline, one sulphate of soda, and one chalybeate.

**Braque.**—Spain.

Bitter waters, 55° F.; mineral muds.

*Special indications* : Chronic skin diseases, scrofula, leucorrhœa, amenorrhœa, anchylosis and chronic effusions.

**Bräsa.**—Roumania.

Saline sulphurous waters, 55° F.

Little visited.

**Braunfels.**—Germany, Rhenish Prussia.

Resinous steam baths.

*Special indications* : Rheumatism, gout, chronic skin diseases, mucous discharges, especially in females; menstrual difficulties.

The bathing arrangements are of a superior kind. Accommodation very good. The surrounding country is charming.

**Bray.**—Ireland, Counties Dublin and Wicklow.

Sea baths, sandy and gravelly beach.

There is also a mineral spring, which, however, is little used, its exact composition not being known.

*Doctor* : Dr. Ward.

**Bréb.**—Hungary, comitat of Marmarós, district of Sugatagh.

Saline sulphurous waters, 60° F.

*Special indications* : Muscular contractions and gout.

**Bregenz.**—Austria, Tyrol, on the eastern extremity of the Lake of Constance, 1,903 feet above the sea level. 5,500 inhabitants.

Climatic station in summer, with mild and equable air. Chiefly a centre for excursions.

The old town is very interesting from its ancient buildings. It is surrounded by pine and beech forests, which fill the air with their odour.

Bathing establishment on the lake, near the "Reichstrasse." The walks in the immediate vicinity of the town are well kept and longer excursions of endless variety may be made. There is a museum in the Riedgasse, containing many interesting specimens of the fauna and flora of the districts, with many antiquities and prehistoric relics.

*Post Office* : Near the station and the Port.

*Telegraph Office* : Römerstrasse.

*Bookseller* : Teutsch Sohn.

*Doctors* : Drs. Bär, Von Honstetter, Müller and Heusler (Homœopath).

*Hotel* : The *Hotel d'Autriche* faces the landing-place of the steamers, and is near the station; a very comfortable hotel, and very central for excursions into the surrounding country. A. Thönen, proprietor.

**Bresigala.**—Italy, near Faenza.  
Sulphurous waters.

**Brides-les-Bains.**—France, Savoy, near Montiers; 1,750 feet above the sea level.

Alkali-saline springs, 85° F., with purgative and tonic action.

*Special indications* : Dyspepsia and stomach diseases.

*Doctors* : Drs. Desprez and Philbert.

**Bridge of Allan.**—Scotland, Stirlingshire.

Climatic station in summer; also saline waters at Airthree Wells, 45° F.

*Special indications* : Stomach and liver complaints, skin diseases and scrofula.

Very many interesting excursions can be made in the environs. Picturesque site; climate mild and equable; air dry.

*Doctor* : Dr. Paterson.

**Bridge of Earn.**—Scotland, Perthshire, near Perth.

Highly effervescent saline waters, 45° F., at Pitkeathly.

*Special indications* : Plethora, calculus, syphilitic and liver affections.

*Doctor* : Dr. Laing.

**Bridlington-Quay.**—England, Yorkshire.

Sea baths and chalybeate waters.

Sandy and shingly beach, air pure and bracing.

*Doctor* : Dr. Hutchinson.

**Bridport.**—England, Dorsetshire.

Sea baths, firm, sandy beach, bracing climate; the bathing is, however, dangerous for those unable to swim.

*Doctor* : Dr. Evans.



**Brieg.**—French Brignes—Switzerland, Canton of Valais, on the right bank of the Rhône, at the foot of the Simplon and Furca Pass. For routes see table.

Sulphate of lime springs, 105° F. The waters are essentially similar to those of Leukerbad, but somewhat more potent.

*Special indications* : Blenorrhœa, constipation, chronic rheumatism and skin diseases.

Notwithstanding the proximity of glaciers, the climate is very mild, and in the valley even tropical fruits ripen. Visited so long ago as the fourteenth century, it has been neglected of late, owing to the proximity of Leuk.

*Hotel* : The *Hotel Crown and Post*, facing telegraph and post-office. English Church service in the hotel during summer; carriages to be had in the hotel for excursions, and for Italy. Jos. Eiseher, proprietor.

**Brighton.**—England, Sussex.

The best sea-bathing place in the United Kingdom. In the neighbourhood is a sulphate of lime and iron spring.

*Special indications* : Anæmia, chlorosis, affections of the respiratory organs, skin diseases, scrofula, general debility, and nervous affections.

This bathing-place has risen steadily in public favour since George IV.'s time, and has competed successfully with Bath in attracting fashionable and aristocratic society. The town offers every luxury and comfort. The climate is mild and very favourable to patients. But little visited by foreigners. For persons subject to lung and throat affections the air is too bracing, although the temperature of the sea-water is from 60° to 65° F.

Warm baths, especially the large swimming baths, are used more than the open sea bathing. Indian shampooing baths have been erected by a native of India, and are replete with every luxury and comfort. They are, as regards the shampooing, very similar to Russian steam baths, but differ in that aromatic vapours are used instead of steam. Brighton is a well-known station for yachting and, in fact, for amusements of every kind.

*Doctors* : Drs. Addison, Barrett and Barker.

*Hotel* : *Grand*.

*Haxells*. Magnificent sea view facing the Aquarium; excellent house, with moderate charges.

**Brindisi.**—Italy, Province of Terra d'Otranta.

Sea baths; sandy beach.

The arrangements are very defective.

**Brixen.**—Austria, Tyrol, 30 m. from Brenner Pass, 1,934 feet above the sea level.

Considered an air-cure station.

*Hotel* : *Elephant*.

- Brixham.**—England, Devonshire, near Torquay.  
Climatic station. Season, October—April.  
*Doctor* : Dr. Colston.
- Broadstairs.**—England, Kent, between Ramsgate and Margate.  
Sea baths; sheltered and sandy beach.  
Climate healthy and bracing.  
*Season* : June to October.  
*Doctor* : Dr. Walter.
- Bronia.**—Italy, Tuscany, district of Montale.  
Indifferent waters, containing chiefly sodium.  
Little visited; no bathing establishment.
- Broughty Ferry.**—Scotland, County Forfar.  
Sea baths.  
The good establishments, comfortable accommodation, &c., attract large numbers of visitors.
- Brownstown Spa.**—Ireland, Meath.  
Ferruginous waters.  
The bathing establishments are said to be the best in Ireland. The town of Killarney offers every comfort to visitors.
- Bruca (La).**—Italy, Sicily, near Catania.  
Cold sulphurous waters.  
Little used and no establishment.
- Brückenau.**—Germany, Bavaria, near Kissingen.  
Chalybeate springs.  
*Special indications* : Anæmia, uterine diseases, affections of the mucous membranes.  
*Doctor* : Dr. Wehner.  
*Hotels* : *Kurhäuser*; all are under Government management.
- Brughéas.**—France, Allier, near Vichy.  
Bicarbonate of soda waters.
- Bruneval.**—France, Department of Seine Inférieure, from Paris *viâ* Les Ifs and Le Havre.  
Sea baths; sandy beach.  
A quiet and aristocratic place.
- Brusah.**—Turkey, Asia-Minor, one of the most flourishing towns in the Ottoman Empire.  
Alkali, saline and sulphurous waters, varying in temperature from 55° to 170° F.  
*Season* : All the year round.  
*Special indications* : Skin diseases, gout, rheumatism, syphilis, anchylosis, chronic sores.

Brusah is the most interesting and the cleanest city in the East. It is situated in the ancient Kingdom of Bythynia, in a very beautiful country at the foot of Olympus, which is 4,500 feet high. The most interesting object in the town is the baths; as many as 3,000 springs are said to exist in and round the city.

Amongst the bathing establishments, "Ieni-Kaplıdscha" is the most interesting and best appointed, both in its interior and its architecture. It is generally called the "New Bath." The cisterns, basins, walls and seats are all of white marble; light enters from cupolas. There are seven public baths, all fitted with such splendour and elegance, that this establishment may fairly be said to have no rival either in Europe or the East. The arrangements are, however, limited to the Turkish, *i.e.*, perspiration baths.

The waters are exclusively used in bathing and are not taken internally. Their high temperature and the steam in which the bather is enveloped during the whole process make these baths pre-eminently "Turkish" or "Steam baths." The greatest luxury is every where met with.

There are two or three other establishments with very good arrangements, and a large number of inferior ones.

**Brussels.**—Capital of Belgium, from Paris by North of France Railway, *viâ* Maubeuge; from London *viâ* Ostende in 8½ hours.

Brussels is a very old town, and offers many attractions to visitors. The higher town is inhabited by the wealthy classes, and the lower by the artisan. The former is exclusively French and modern, while the latter retains its mediæval character much as Bruges, Ghent, and Antwerp do. Brussels is often spoken of as "le petit Paris."

**OBJECTS OF INTEREST.**—Cathedral St. Gudule, King's Palace with picture galleries, Palace of the Comte de Flandres (King's brother). Palace of the Nation, Palais Ducal of the Prince of Orange. Avenue Louise and Bois de la Cambre; the latter is considered finer than the Bois de Boulogne in Paris. Church of Notre Dame de la Chapelle, Exchange and Town Hall, Palais de Justice (Law Courts), Palais des Beaux-Arts. National Bank, museum, Palaces of the Dukes of Arcenberg and De Ligne; Wiertz gallery of pictures, Mint, Gallery St. Hubert, Théâtre de la Monnaie. The Squares and Boulevards, Zoological and Botanical Gardens, Guild house. Many statues and fountains, amongst the latter the Mannekin Pis. Conservatory of Music, St. John's Hospital.

**Excursions:** To Laeken and Waterloo.

**Post and Telegraph Office:** Temple des Augustins, Boulevard Anspach.

**CABS:** 1 fr. for first half-hour, and every ¼ hour 40 c. more, for one-horse carriage; two-horse carriages 2 frs. first ¼ hour, every ¼ hour 50 c. more.

**Doctors:** Drs. Collignon, Thompson and Kelly.

**Hotels:** Mengelle, de Save, de Suède.

**Brusznó.**—Hungary, District of Sohler.

Sulphate of soda waters, 45° to 50° F.

A much frequented watering place.

**Brüttalen.**—Switzerland, Canton Bern; 1,360 feet above the sea level.

Alkali saline ferruginous waters.

*Special indications:* Constipation, congestion, hypochondria, hysteria, jaundice.

**Bubendorf.**—Switzerland, near Basle; 1,200 feet above the sea level.

Earthy waters.

A very good establishment, with sitz, shower and vapour baths.

**Buca dei Fori.**—Italy, Tuscany.

Sulphurous saline waters, 97° F.

No establishment. No accommodation.

**Buclesore.**—India, Bengal.

Springs forming a small sulphurous brook, 50° F.

**Bude.**—England, Cornwall, near Barnstaple.

Sea baths, sandy beach.

No bathing machines, caves in the rocks being used instead.

**Budimir.**—Austria, Bosnia.

Saline waters, of high therapeutic value.

Accommodation is only afforded in the Khan, a building in the style of an Eastern Karavanserai. Provisions must be brought by visitors.

**Budis.**—Hungary, comitat of Arva-Turóc.

Very strong alkaline chalybeate waters. Only used as table waters. Exported.

**Budleigh-Salterton.**—England, Devonshire, near Exmouth.

Sea baths, gravelly beach.

Air very pure. Climate mild but bracing.

*Doctor:* Dr. Mercer.

**Budos.**—Austria-Hungary, Transylvania.

Thermal sulphurous springs and sulphurous exhalations.

**Büdöstö.**—Hungary, Transylvania.

Sulphur waters, 40° F.

A popular bathing resort.

**Builth.**—Wales, Breconshire, near Llandrindod.

Saline, sulphurous and chalybeate waters.

*Doctor:* Dr. Vaughan.

**Bujak.**—Austria-Hungary, comitat of Nesgrad.

Sulphurous waters, containing much free sulphur.

No establishment and no accommodation.



**Bulgnéville.**—France, Vosges, near Contrexéville.  
Mixed bicarbonate waters.

**Bullyeome (Le).**—France.

Sulphate of lime waters, 145° F. This spring emits large quantities of carbonic and hydrosulphuric acid gases.

**Buneome.**—U.S.A., North Carolina,  
Thermal sulphur springs, 95° F.

**Bundoran.**—Ireland, Donegal, near Enniskillen.

Sulphurous waters at Kinlough.

Sea baths, sandy beach, with excellent bathing.

*Doctor* : Dr. Flood.

**Buntsehibad** or Weissenburg, Switzerland.—(*See* Weissenburg.)  
Alkali-saline waters.

**Burgbernheim.**—Germany, Bavaria, 16 m. from Anspach.  
Sulphate of magnesia waters.

**Burnham.**—England, Somersetshire, on the Bristol Channel.

Saline ferruginous waters ; sea baths and fine sandy beach.

*Doctor* : Dr. Matthews.

**Burrone.**—Italy, Tuscany, near Arceno.

Ferruginous bicarbonate waters, 40° to 45° F.

**Buschbad.**—Germany, Saxony.

Cold sulphurous springs.

**Bushey.**—England, Hertfordshire, near Watford, one hour's ride from Euston Station, London ; coach daily from the "Green Man," Oxford Street, at 11 a.m.

Hydropathic establishment of world-wide repute ; a climatic station in summer and spring ; pure and bracing air ; inhalation.

*Season* : All the year.

*Special indications* : Morbus Brighti, rheumatism, affections of the respiratory organs, constitutional diseases, anchylosis, muscular contractions and articular swellings, debility, nervous circulatory disorders and lumbago.

This establishment is a handsome and substantial building, erected at considerable cost. It occupies a charming situation in the midst of a healthy and beautiful country. The pleasure grounds surrounding it are in keeping with the mansion, and extend over more than 30 acres. They comprise lawn, tennis grounds, terraces, gardens and shrubberies, with shady avenues and pine wood walks. The Hall stands in a park, well wooded, of 240 acres, on one side skirted by the River Colne, which affords fishing and boating.

As regards its Baths, Bushey is one of the best supplied establishments in Europe. There are Turkish, Russian, vapour, electro-chemical,

electro-magnetic, salt water, sulphur and other medicated baths; a large swimming bath, wave, shower, spray, cataract, spinal and other water applications. Pine baths and massage by experienced shampooers. The surrounding country has been termed "The Garden of England." It affords many pretty drives and interesting excursions. Many ancestral parks and historic mansions of the aristocracy are within easy distance of Bushey.

The Hall has drawing, dining, library, billiard and Smoking, and upwards of 120 bedrooms; corridors and assembly rooms are all of noble proportions, artistically and luxuriantly decorated. The buildings are thoroughly heated by hot water apparatus. Post and telegraph in the house. Inclusive terms,  $3\frac{1}{2}$  to 8 guineas per week, or from 12s. to 24s. per day, including Turkish, swimming and ordinary baths.

*Doctor* : Dr. Robert J. Banning.

*Hotel* : The Hall, a very well conducted and thoroughly comfortable house; ventilation and drains irreproachable; the water supply is the purest in England; it is under the direct supervision of C. Hawkins, late manager of the Continental Hotel in Paris.

**Busignargues.**—France, Department of Hérault.

Ferruginous bicarbonate waters,  $40^{\circ}$  F.

**Busk.**—Russia, Poland, near Cracow.

Saline, sulphurous, acidulous waters,  $45^{\circ}$  F. Three springs.

*Special indications* : Disorders of liver and spleen, mercurial intoxication, chronic rheumatism.

**Bussang.**—France, Vosges. For routes see table.

Ferruginous bicarbonate waters, for table and bath use.

**Butterby.**—England, 2 miles from Durham, on the river Wear.

Saline and sulphurous waters,  $50^{\circ}$  F.; there is also a bicarbonate of lime spring.

*Special indications* : For the sulphurous waters, skin diseases, scrofula, rachitis; for the bicarbonate spring, kidney and bladder affections.

A picturesque site, with mild climate.

**Buyères de Nava.**—Spain, Province of Oviedo, at the foot of the Peña Mayor, on the left bank of the Pla; 700 feet above sea level.

Sulphurous and carbonate of lime waters,  $62^{\circ}$  F.

*Season* : July—October.

*Special indications* : All kinds of skin diseases, scrofula, syphilis, mercurialism, vaginal and vesical catarrhs, bronchial and laryngeal affections.

The establishment is one of the most sumptuous of Spain, and fitted with all modern appliances and luxury. The gardens are magnificent. Accommodation is abundant, luxurious and moderate in price.

*Doctor* : Dr. Gavilanes.

**Buxton.**—England, Derbyshire. From Whaleybridge by carriages to Buxton, 30 minutes.

Carbonate of lime waters, 66° F.

*Special indications* : Anæmia, chlorosis, affections of kidney and bladder, blennorrhœa, eczema, chronic diarrhœa, chronic sores, &c.

The environs are very picturesque. Many old castles are still existing in the neighbourhood, such as Chatsworth, Haddon Hall, Old Hall, &c.

*Doctors* : Drs. Bennet and Turner.

**Buzias.**—Hungary, District of Temesvar.

Five springs, all cold, containing chloride of sodium, iron, carbonic acid, &c.

*Special indications* : Scrofula and failing vitality.

Buzias is one of the best frequented stations in Hungary.

**Buzot.**—Spain, Province of Alicante, 2 hours from Alicante.

Sulphate of magnesia springs, 100° F.

*Special indications* : Rheumatism, herpes, sciatica, paralysis and leucorrhœa.

There are natural sweating baths at Buzot.

*Season* : May 1—November 1.

The site is very picturesque, and the slopes of the hills are covered with lovely gardens and villas. The scenery is remarkably fine.

The establishment, which belongs to Count de Casas Rojas, is magnificent, and is fitted with every modern appliance, and must be ranked among the best in Spain. The accommodation is in keeping, and notwithstanding the degree of luxury, prices are moderate. A residence very agreeable.

*Doctor* : Dr. Lopez.

**Bykowicz.**—Russia, Ukraine, Government and Province of Charkow.

Alkali-saline waters. Very powerful, and used chiefly for exportation.

**Cabeco-de-vide.**—Prov. Alemtejo, Portugal.

Bicarbonate of soda waters, 68° F.

*Special indications* : Diabetes.

**Cabourg.**—France, Department of Calvados.

Sea baths ; good beach.

A fine casino, and well frequented station.

**Caccio Cotto.**—Italy, Tuscan, district of Volterra, on the northern slopes of Monte Cerboli.

Sulphurous-alkaline waters, 80° to 90° F., rich in sulphur.

A large and elegant bathing establishment, with hotel adjoining.

**Cadéac.**—France, Department of Hautes Pyrénées.

Cold sulphurous waters.

*Special indications* : Rheumatism, anæmia.

*Doctor* : Dr. Fontau.

**Cadenabbia.**—Italy, Lake of Como.

A climatic health resort.

Very pure and healthy air.

**Cadiz.**—Spain, on the Straits of Gibraltar.

Sea baths ; indifferent beach.

The establishments are fairly well arranged.

**Caille (La).**—France, Haute Savoie, near Annecy.

Sulphate of lime waters, 72° F.

*Special indications* : Struma, herpes and rheumatism.

**Cairo.**—Capital of Egypt.

A winter station ; much resorted to by sufferers from diseases of the chest owing to the dryness of its air. A very interesting town.

*Doctor* : Dr. Williams.

*Hotel* : The New Hotel.

**Calais.**—France, Department of Pas de Calais, opposite Dover.

Sea-baths.

Calais is a neat little town, built in the shape of an oblong parallelogram. It has wide streets, with houses built mostly of brick.

*Post and Telegraph Office* : Rue des Thermes.

*Doctor* : Dr. Daringhem.

*Hotels* : The *Hôtel Dessein* is a good old first-class hotel for families, well situated and thoroughly well managed.

The *Hôtel de Londres*, a good second-class house in close proximity to the railway station. Sainsard, proprietor.

**Caldanella di Campiglia.**—Italy, Tuscany.

Saline waters.

**Caldaniccia.**—France, Corsica, near Ajaccio.

Sulphate of soda waters, 90° F.

**Caldas da Nossa Senhora do Pronto.**—Portugal, Province of Beira.

Sulphurous waters, from 80° to 90° F.

**Caldas (Las) de Besaya.**—Spain, Province of Santander.

Saline springs, containing chlorides, 90° to 95° F.

*Special indications* : Rheumatism, scrofula, gastralgia, hæmorrhœa, leucorrhœa, ophthalmia.

The establishment is moderately good. Accommodation abundant and rather dear in price. There is a kitchen in which visitors can prepare their own meals.

*Doctor* : Dr. Villafranca.



**Caldas (Las) de Bohi.**—Spain, Province of Lérida.

Thermal springs, 100° to 110° F.

Composition various, chiefly sulphate of lime.

*Doctor* : Dr. Pano.

**Caldas (Las) de Cuntis.**—Spain, Province of Pontevedra. For routes see table.

Twenty sulphate of soda springs, from 95° to 145° F.

*Special indications* : Herpes and rheumatism.

*Doctor* : Dr. Ortega.

**Caldas (Las) de Estrac.**—Spain, Province of Barcelona, near Mataró.

Saline springs from 95° to 105° F.

*Special indications* : Rheumatism and gravel.

The establishment is comfortable and elegant, and well fitted with modern appliances.

*Doctor* : Dr. Calvo.

**Caldas (Las) de Gerez.**—Portugal, Province of Entre Douro and Minho.

Sulphurous waters, 110° to 115° F.

**Caldas (Las) de Malavella.**—Spain, Province of Jiron.

Alkaline waters, 145° F.

*Special indications* : Rheumatism and paralysis, chronic catarrhs, asthma, nervous affections of the stomach.

The establishment is adequate and accommodation abundant.

*Doctor* : Dr. Rabel.

**Caldas (Las) de Mombuy.**—Spain, Province of Barcelona, near Granollers.

Saline waters, from 145° to 160° F.

*Special indications* : Paralysis, rheumatism, gout, syphilis and leucorrhœa.

There are eight different establishments, some of which are very elegant and comfortable. Accommodation very abundant, and reasonable in price. The site is charming, and the place is much frequented by the inhabitants of Barcelona.

*Doctor* : Dr. Lleget y Cailá.

**Caldas (Las) de Oviedo.**—Spain, Province of Oviedo. For routes see table.

Carbonate of lime waters, containing nitrogen, 105° F.

*Special indications* : Pulmonary catarrh, consumption, rheumatism.

The establishment is elegant and modern. The environs are charming, and the climate is delicious. The accommodation is limited, but good, and prices are moderate. The site is very picturesque.

*Doctor* : Dr. Bonilla.

**Caldas (Las) de Rainha.**—Portugal, Province of Estremadura.

Saline waters, 80° F. One of the most largely frequented of Portuguese watering places.

**Caldas (Las) de Reyes.**—Spain, Province of Pontevedra. For routes see table.

Sulphurous saline waters, 80° F.

*Special indications* : Rheumatism, paralysis, and herpes.

*Doctor* : Dr. Mosquera.

**Caldas (Las) de Tuy.**—Spain, Province of Pontevedra, Galicia, on the Minho.

Sulphurous-saline waters, 112° F.

*Special indications* : Rheumatism, paralysis, gout.

The establishment is backward, but the site charming.

*Doctor* : Dr. Acosta.

**Caldas (Las) Novas.**—South America, Brazil, near Santa Cruz.  
Thermal waters.

**Caldiero.**—Italy, between Vicenza and Verona.

Alkali-saline waters, 75° to 80° F.

*Special indications* : Constipation, obesity, liver and spleen disorders.

A very picturesque site, with many excursions. The springs are surrounded by walls, and form a small lake. No accommodation, and but few visitors.

**Caldillas de San Miguel.**—Spain, Province of Salamanca.  
Saline waters, 65° F.

**Caldini.**—Italy, Tuscany.

Effervescent alkaline ferruginous waters, 90° to 95° F.

No establishment.

**Calliano.**—Italy, Piedmont.

Sulphate of lime waters, 40° F.

**Calliarhoë.**—Palestine, North of the Dead Sea.

Thermal sulphurous waters.

*Special indications* : Elephantiasis.

**Calvello, or Acqua dei Poggetti.**—Italy, Tuscany, in the valley of the Ombrone,

Effervescent alkaline waters, 90° F.

The country around is barren and uncultivated. The springs are little used, and that only by the surrounding inhabitants, as a protective against malaria.

**Calw.**—Germany, Würtemberg.

Sulphurous ferruginous waters.

A small drinking establishment.

Very little known.

**Camarès.**—France, Department of Aveyron, near Sylvanès.

Alkali-saline-ferruginous waters. Exported.

There is a good establishment and comfortable accommodation.

**Cambo.**—France, department of Basses Pyrénées three hours from Bayonne per diligence; 2,000 inhabitants; 180 feet above sea-level. For routes see table.

One sulphurous alkaline spring, with a temperature of 80° F. is rich in carbonic acid, sulphate of lime, magnesia, soda, arsenic and lithium. Ferruginous waters, at 60° F., effervescent, containing arsenic and phosphates, are more acid. Climatic and winter station.

*Season*: April to June, and September and October; but open all the year.

*Special indications*: Chronic affections of the respiratory organs, bronchitis, emphysema, latent phthisis, catarrh of of stomach and urinary organs, lithiasis and liver affections, herpes, scrofula, chlorosis, anæmia, cachexia, and during convalescence.

The situation of Cambo is charming, and the excursions and promenades numerous. The establishment is complete, containing a large swimming bath, douches, spray and inhalation rooms. It is open all the year round.

*Post and Telegraph.*

*Doctor*: Dr. Lescamel.

*Hotels*: *Grand Hotel d'Angleterre*, open all the year round, and recommended for its comfort. A. Saint-Martin, proprietor.

The *Hotel de Paris and de Londres*, first-class houses, facing the establishments. Constant Colbert, proprietor.

**Camoins.**—France, Bouches du Rhone, near Marseilles.

Sulphate of lime springs, 35° to 45° F.

**Campagne.**—France, Department of Aude, near Limoux.

Two ferruginous springs, from 60° to 70° F.

*Special indications*: Dyspepsia, intermittent fever.

**Campbeltown.**—Scotland, Argyllshire.

Sea baths.

Much frequented on account of its mild climate and well-arranged establishments.

**Campfer.**—Switzerland, Engadine, half-hour's drive from St. Moritz village, and quarter of an hour from St. Moritz baths. 5,792 feet above sea level.

Climatic station in summer, noted through its tonic and stimulating air.

*Special indications*: Anæmia, chlorosis, nervous complaints, failing powers of nutrition, phthisis.

The place is well sheltered against all northerly winds. It is frequented chiefly by patients taking the waters at St. Moritz. It is especially suitable to persons of nervous temperament, being quiet and retired.

*Doctors* : Drs. Drummond and Duncan.

*Hotel* : The *Hotel d'Angleterre* is a very comfortable first-class house; lawn tennis grounds. All rooms are fitted with fire-places. Well suited to patients requiring quietude. A. Slanina, proprietor, as also of the *Hotel Square Brougham*, at Cannes.

**Canal-grosso.**—Italy, Tuscany, one hour from Calice.

Saline sulphurous waters, 50° F.

A small bathing establishment.

**Canaveilles, or Grans d'Olette.**—France, Department of Pyrénées Orientales, near Prades.

Sulphate of soda waters, 130° F.

**Candé.**—France, Department of Vienne, near Loudun.

Waters contain sulphate of iron and silica (0.2988 siliceous acid). Their action is laxative, resolvent, tonic and diuretic.

**Candin.**—Spain, Province of Leon.

Bicarbonate of iron waters: action purgative.

**Canena.**—Spain, Province of Jaen.

Bicarbonate of iron waters.

**Canillejas.**—Spain, Province of Madrid.

Saline waters.

**Cannes.**—France, Department of Alpes Maritimes, on the Bay de la Napoule, 19,000 inhabitants. For routes see table.

A Winter station of first importance. Climate tonic and stimulating near the sea; sedative in the direction of Le Cannet and at other points removed from the sea. Sea baths in spring.

*Season* : October till May.

*Number of Visitors* : Above 16,000 annually—6,000 being the average number staying at any given time.

*Special indications* : Nervous debility, anæmia, chlorosis, phthisis, laryngitis, pharyngitis, rheumatism, paralysis, gout and diabetes.

The climate of Cannes is more stimulating and invigorating than that of either Mentone or San-Remo. The air is very dry and fogs are rare. The mean winter temperature is 50° F.; but from 10 a.m. to 3.30 p.m., on even the coldest day, the thermometer never falls below 55° F. Humidity of air is 65%; mean rainfall, 88; mean barometrie pressure, 760 mm. Rainy days during season (seven months), 44; sunny days, 108. Snow is exceptionally rare, and remains only a few hours even in the coldest winters. Cannes is one of the least windy stations on the Riviera.

The reputation of Cannes as a winter resort has been made since 1830—at least from an English point of view—when



Lord Brougham fixed his residence there. A few English families soon followed, and made the place known. To-day the original town is surrounded for a radius of three miles by villas, with beautiful gardens. One of the most fashionable quarters is still the West-end, with Lord Brougham's villa. The East-end, with some very extensive gardens, is newer, but has also some magnificent residences, amongst which the Chateau Seott may be especially mentioned. Both quarters are in partial proximity to the sea. Towards Le Cannet is the inland quarter, and that is the more sheltered of the two as regards atmospheric disturbances. The west and the extreme east are on porphyry soil, which retains its heat far into the winter, and consequently produces earlier vegetation in spring.

Cannes, in a word, may be said to be the "*pied à terre*," during winter, of the English and French aristocracy. They have given the town a peculiar position among Mediterranean stations. No fewer than 80 English families hold property in the locality, and every year witnesses an increase in their number.

The drinking water has become excellent since the construction of the Siagne canal. The drainage, a sore point of late years, has been the object of considerable attention, both from the municipality and the medical faculty. These bodies, fully aware of the importance of the matter, have combined, with the assistance and advice of Captain Douglas Galton, in subjecting it to very material improvements, so that before long the drainage of Cannes will be as perfect as that of any English town.

The environs of Cannes are very interesting, and excursions to the Esterel mountains, the Lerins, &c., are well worth making. Amusements are not in general of a public character, but are, to a great extent, confined to family parties and *soirées*, and, in these respects, Cannes has no rival on the Riviera.

For all information address Mons. F. Moutou, president of the Society of Local Interest and of the race course committee at his agency, Place des Isles.

The artistic pottery manufactory of Clement Massier is at Golfe-Juan.

*English churches*: Christ Church, at the West-end; Holy Trinity, at the East-end; and St. Paul's, on the Boulevard du Cannet.

*Post and Telegraph office*: Rue Bossu.

*Estate Agents and Bankers*: John Taylor & Riddett, 43, Rue Fréjus, wine merchants. Established 1864.

*Dentist*: A. Preterre.

*English bookseller*: Fotheringham, 59, Rue d'Antibes.

*Chemist*: Isaac B. Ginner, 40, Rue d'Antibes.

*Bankers*: Crédit Lyonnais, Boulevard de la Croisette.

*English Grocer and Provision Dealer:* Buchillon & Co., Rue Central.

*Doctors:* Drs. Frank, Williams, Bright, de Valeourt, Battersby, Stephens, Whitely and Guimbert.

*Hotels:* The *Beausite* and *Esterel* hotels, 300 rooms, beautifully situated in an extensive garden; first-rate lawn tennis ground. Geo. Gougoltz, proprietor.

The *Hôtel Continental* is a large and first-class house, with a winter garden, beautifully situated, overlooking the bay. A sumptuous establishment. Chas. Bodemer, manager.

The *Hôtel de la Californie*; first-class house; extensive view from its large gardens. A. Chabassière, proprietor.

**Cannstadt.**—Germany, Württemberg, near Stuttgart; 750 feet above the level of the sea. For route see table.

Forty different springs of saline and ehalybeate waters, 50° F. These waters are stimulating, laxative, tonic, and diuretic.

Dr. Fischer's sanatorium for nervous complaints.

The climate of the valley of Cannstadt is mild and equable. Accommodation good.

*Special indications:* Anæmia and general weakness of the digestive organs.

*Doctors:* Drs. Blezinger, Pantlen, Rühle and Veiel.

*Hotel:* *Grand Hôtel Herman.*

**Cap d'Antibes.**—France, Department of Alpes Maritimes; 30 minutes from Cannes and 1½ hours from Nice; ¼ hour's drive from Antibes Station.

Winter station and sea baths, with fine beach.

*Season:* November—June, especially autumn and spring months for the sea bathing.

*Special indications:* Anæmia, ehlorosis, emphysema, tuberculosis.

The situation is superb, and the gardens are very fine. A perfect and quiet winter resort.

*Doctors:* As at Cannes.

*Hotel:* The *Grand Hôtel du Cap*, first-class; 200 rooms and salons. Omnibus at all trains; private carriages. Ph. Jaceard, director.

**Caprenne.**—Italy, Tuscany, district of Castiglione Ubertini.

Ferruginous alkaline waters, 50° F.

No bathing arrangements, and the waters are used only in a primitive fashion by the surrounding peasantry.

**Capri.**—Italy, island in the Bay of Naples. For routes see table.

Winter station.

Air very pure and healthy.

*Special indications:* Bronchitis, phthisis, chronic pneumonia.

*Doctor:* Dr. Cerio.

*Hotels:* *Quisisana, de France;*

**Caprifico di Valaspra.**—Italy, Tuscany, between Casale and Fereole.

Alkali-saline-ferruginous waters, 50° F.

A very rough and barren country. No establishments.

**Capvern.**—France, Hautes Pyrénées. From the station to the establishment  $\frac{1}{2}$  hour by omnibus. For routes see table.

Sulphate of lime waters, from 55° to 60° F.

*Special indications* : Gravel and gout.

*Doctor* : Dr. Delfau.

*Hotel* : The Grand.

**Carbagnal.**—Spain,  $\frac{3}{4}$  hour from Valencia.

Sea baths, sandy beach.

The most fashionable of Spanish sea bathing places. What Biarritz was under the Second Empire, Carbagnal is to-day in Spain. The baths form but a minor feature, fashionable people and elegant toilettes being the main attractions.

**Carballino.**—Spain, Province of Orense.

Thermal waters, containing sulphate of soda, 80° to 85° F.

The establishment is very primitive.

*Doctor* : Dr. Barrio.

**Carballo.**—Spain, Province of Coruña, near Santiago.

Sulphurous saline waters, 90° F.

*Special indications* : Skin diseases, rheumatism, scrofula, chronic gastralgias and vesical catarrhs.

The establishment is moderate. Accommodation abundant, ranging from 10 fs. to 20 fs. a day, *en pension*.

*Doctor* : Dr. Castells.

**Carcanières.**—France, Department of Ariège, near Foix.

Thirteen sulphate of soda springs. The management of these springs is by no means perfect.

**Carlsbrunn.**—Austria, Silesia, near Freudenthal and Troppau; 2,380 feet above sea-level.

Highly effervescing, ferruginous manganese waters, 45° F. climatic station.

*Season* : June, September.

*Special indications* : Debility of the generative organs in both sexes, sterility, impotence, affections of the brain due to overwork.

The situation is romantic and charming. Vegetation very luxuriant. The accommodation and bathing establishments are well up to the level of modern requirements.

*Doctor* : Dr. Steinsehneider.

**Carlsruhe.**—Germany, capital of the Grand Duchy of Baden, a few miles east of the Rhine. From Paris by East of France Railway, *viâ* Strasburg and Kehl; or by North of France Railway, *viâ* Erquelines, Namur, Cologne, Mayence and Mannheim.

One of the most attractive capitals so far as situation and external appearances go. The Ducal palace is the centre, from whence the streets radiate in all directions.

**OBJECTS OF INTEREST.**—The Palace, with a Winter Garden 420 feet long, Conservatories and Botanical Gardens. The Kunsthalle, Polytechnic school, Friedrich's Platz, with united collections of paintings, Museum of natural history, &c. Catholic church.

*Doctors* : Drs. Battlehner, Gutsche, Maier (oculist), and Tenner.

*Hotels* : *Erbprinz* and *Englischer Hof*.

**Carnarvon.**—Wales, Carnarvonshire.

Sea baths, sandy beach.

*Doctor* : Dr. Davies.

**Carratraca or Ardales.**—Spain, Province of Málaga, near Campillos. Sulphurous waters, 64° F., contains arsenic.

*Special indications* : Skin diseases and affections of the respiratory organs.

A delicious climate, fine situation but imperfect arrangements.

*Doctor* : Dr. Salgado y Guillermo.

**Carteret.**—France, Department of La Manche, from Paris *viâ* Valognes.

Sea-baths; sandy beach.

**Casale.**—Italy, Tuscany, valley of Cecina, near Bibbona.

Acidulous bitter waters. Exported.

*Special indications* : Affections of the urinary system, congestions of the head, giddiness, noises in the ears, deafness, affections of the eyes and chest, palpitation, dyspnoea, liver and spleen complaints, hypochondriasis and hæmorrhoids.

**Casamicciola.**—Italy, Island of Ischia.

Indifferent waters of Gurgitello, 100° to 160° F.

Climatic station.

*Season* : May—September.

*Special indications* : Diabetes, nervous complaints, scrofula.

*Doctor* : Dr. Reitemeyer.

The bathing establishment and entire town were completely destroyed by the earthquake of July, 1883.

**Casa Nuova.**—Italy, Tuscany, near Triana.

Sulphurous waters, 50° F., with traces of iron.

No arrangements whatever for visitors.



**Casares.**—Spain, Province of Malaga, three hours from Gibraltar.

Effervescent sulphurous saline waters, 55° F.

There is an hospital, and also some bathing establishments, but they are wholly devoid of comfort. Another serious drawback to the growth of the town is the bad roads and inferior means of communication.

**Casa-Stronchino.**—Italy, Tuscany, valley of Modigliano.

Saline bromo-iodurated waters, 49° F.

Very strongly mineralised, and only used externally. Poor accommodation.

**Caseiano (San).**—Italy, Tuscany, Val d'Era, district of Montajone.

Sulphurous alkaline waters, 55° F.

Only used internally; they cannot be exported, as they soon become turbid.

**Casino-delle Currigliane.**—Italy, Val d'Arno, near Pontedera.

Saline waters, containing chloride of calcium in such large quantities that they can be used only externally.

**Casola.**—Italy, Tuscany, near the sources of the Magra.

Sulphurous-saline waters, 45° F.

The bathing establishment is in good condition, but visitors must not expect too much in the way of accommodation.

**Casnefouls.**—France, Department Aveyron.

Strong bicarbonate of iron waters.

**Cassel.**—Germany, former capital of the Electorate, and now the capital of the Prussian Province of Hesse-Nassau. From Paris by North of France Railway, *viâ* Cologne and Giessen.

Founded by the Landgrave Frederick II. The town is beautifully situated on both banks of the Fulda.

**OBJECTS OF INTEREST.**—The Ducal palace, Museum with its library and picture gallery, several churches, and many charitable and educational institutions.

**Excursion:** To Wilhelmshöhe, where Napoleon III. was detained in 1870-71. It is the Versailles of Germany, and is now owned by the Prussian Crown. This spot is well worth visiting. The waters play every Wednesday and Sunday. The highest fountain on the Continent is here, one column 12 in. in diameter being projected 200 ft. high. One of the most magnificent residences in Europe. The palace at the bottom of the hill. Colossal statue of Hercules and cascade of Karlsburg.

*Dentist:* Chas. Zimmer.

*Doctors:* Drs. Schmidt, Schotten and Lange.

*Hotels:* Hotel König von Preussen and Schirmer.

**Castel-Connell.**—Ireland, Limerick and Tipperary.

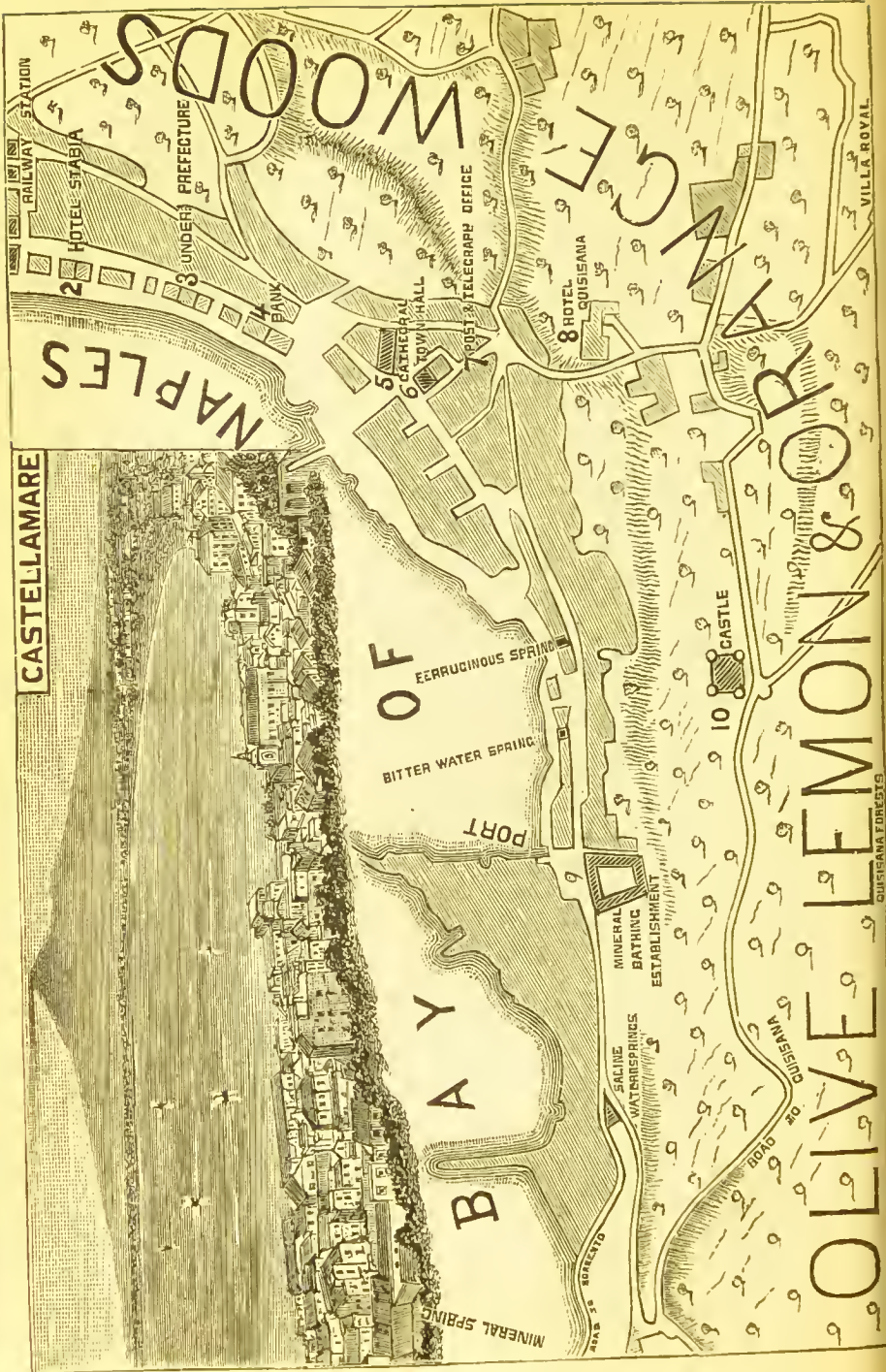
Strong chalybeate waters.

*Special indications:* Jaundice, bilious disorders, ulcers.

*Doctor:* Dr. Ryan.



CASTELLAMARE



OLIVE LEMON & ORANGE

**Castel-Doria.**—Island of Sardinia, near Busachi.

Sulphate of lime waters, 160° F.

**Castel-jaloux.**—France, Department Lot and Garonne, near Neyrac.

Bicarbonate of iron waters.

**Castellamare di Stabia.**—Italy, Province of Naples, on the southern coast of the Bay of Naples, looking northwards. 45 minutes by rail from Naples; 28,000 inhabitants. For routes see table.

Autumn and winter station. Sea baths. Cold chloride of sodium, bitter and sulphurous chalybeate waters.

*Seasons* : Sea and mineral bathing, principally from May till October. Winter season, October—April; the bathing establishments are open all the year.

*Number of visitors* : More than 10,000 visitors are reported annually.

*Special indications* : Obstructions of the liver and spleen, affections of the mesenteric glands, biliary and vesical calculi, jaundice, dropsy, hæmorrhoids, chronic ophthalmia, herpes, catarrh of the digestive organs, hypochondriasis, urinary calculi, vesical catarrh, scrofula, lymphatism, congestion of the uterus, leucorrhœa, blenorrhœa, &c.

Castellamare, built upon the ruins of the ancient Stabia, is beautifully situated at the foot of Monte St. Angelo, overlooking the Bay of Naples, Ischia and Capri. Pliny died here, 79 A.D. It has been recognised from very early times as a place of residence for sufferers from affections of the respiratory organs. Summer, spring and autumn are very dry, but the winters rather damp. As an illustration of the health-giving power of its climate, may be mentioned the fact that Ferdinand I., of Bourbon, built a castle here, which he named "*Qui si sana*." The Bosco di Quisisana, or park surrounding this villa, has delightful walks and is beautifully laid out. It is open to visitors. The view from the terrace is charming.

Owing to its being open to the north wind, the hottest days in summer are as cool as October days are in Naples. The winter is mild. The sea and well-wooded slopes of Monte St. Angelo render the atmosphere of Castellamare tonic and stimulating. The town was called Stabiac as late as 1226, when Charles I. of Anjou built two castles close to the sea for purposes of defence, since which it has received its present name. The town consists principally of one main street, running for almost four miles along the sea, with a second one parallel to and behind it.

Numerous excursions may be made in the neighbourhood. The ascent of Monte St. Angelo, 5,000 feet high, and clothed almost to the summit with chestnut trees, is one of the most interesting. From the top a view of the whole bay and surrounding country is obtained (4 hours); 1½ hours to Sorrento; 20 minutes to Pompeii; 45 minutes to Naples; 1½



hours to Salerno;  $3\frac{1}{2}$  hours to Pæstum, and 3 hours to Amalfi. Any special information which may be required will readily be given by the Mayor of the town.

*Amusements*: Teatro Principe Umberto; three clubs (Union, Nazionale, dell' Indipendenza); public gardens, with daily orchestra; "Stabia Hall," the rendezvous of society, with Theatre, Ball, Concert, Reading, Card and Refreshment rooms; a verandah looking seawards; boating and fishing.

*Post and Telegraph Office*: Town Hall, see plan.

*Bankers*: National Bank, Corso Vittoria Emanuele 18.

*English Church in Winter*: Rev. D. Clark.

*House and Estate Agent*: Giornale di Stabia, Corso Vittoria Emanuele.

*Bookseller*: Canzanella, largo Munieipio, 5.

*Doctors*: Drs. Olivieri, Gentile, Somma, Scherillo and Fusco.

*Hotels*: Hotel Quisisana; Hotel Stabia.

**Castelletto-Mascagni.**—Italy, Tuscany.

Bicarbonatè, sulphurous and earthy waters,  $55^{\circ}$  F.

Only used externally; accommodation poor.

**Castelletto d'Orba.**—Italy, Piedmont, Province of Aequi.

Sulphurous alkaline waters.

**Castelnuovo.**—Italy, Piedmont, near Asti.

Sulphurous and iodine waters; the richest in iodine of any of the Piedmont springs.

**Castel San Pietro dell' Emilia.**—Italy, Province of Bologna, one hour from Bologna, carriages and omnibuses at the station.

Three springs of ferruginous, sulphurous and saline waters,  $75^{\circ}$  to  $85^{\circ}$  F. Natural steam baths.

*Season*: July—August.

*Special indications*: Chlorosis, anæmia, rheumatism, stomachic and intestinal disorders.

The establishment is deficient in comfort, but efforts have lately been made to put it on a better footing. There are some well-appointed hotels in the town. The country around is romantic, and abounds in well-kept walks.

Post and telegraph office, theatrical performances and concerts.

*Doctors*: Drs. Nella and Gatti.

**Castenar dei Bor.**—Spain, Province of Caeceres.

Sulphate of iron waters. Mixed waters,  $45^{\circ}$  F.

**Castera-Verduzan.**—France, Department of Gers, near Auch.

Sulphate of lime springs,  $60^{\circ}$  F.; one is a cold chalybeate spring.

*Doctor*: Dr. Dupeyron.

**Castiglione.**—Italy, island of Ischia, near Casamicciola.

Saline waters, 175° F.

Only used internally. Very fine bathing establishments existed here in ancient times, as shown by their ruins.

**Castro-Caro.**—Italy, Province of Florence. Rail to Forli, thence one hour's drive. Omnibus, 2 fcs. each person. Carriages, one horse, 5 fcs; two horses, 7 fcs.

Saline-iodo-bromide waters, very rich in iodine. In this respect, indeed, they are first among European iodurated waters. Douches, sitz, shower and steam baths, and inhalations.

*Season* : June—September ; but open all the year round.

*Special indications* : Goitre, scrofula, rhachitis, obesity, diseases of the female organs.

Two establishments, with all modern appliances, afford comfortable accommodation at a pension of 7 fcs. per diem.

The village has 2,000 inhabitants, and is charmingly situated. Mild and healthy climate. The variety of amusement which forms the great attraction of many other bathing-places is not to be found here, but instead of it quietude and repose which are so valuable in restoring health when impaired by city life. The number of visitors is very considerable.

**Catania.**—Italy, Sicily, on the east coast. For routes see table.

A winter station of first importance.

Ferruginous waters at Paterna.

*Season* : Middle of November till end of March.

Mean temperature in winter, 55° to 60° F. ; mean dampness, 72.5 m. ; amount of rainfall, 42.5 ; rainy days during season, 42 ; cloudless days, 103 ; air dry. The thermometer never falls below freezing point.

The drainage of the town is emptied into the sea. The smells are intolerable, and the sanitary condition of the place very defective. Visitors generally reside at the back of the town.

*Doctor* : Dr. Joris.

**Catena.**—Italy, between Pisa and Florence, on the Evola.

Alkali-saline waters, 55° to 60° F. Only used for baths.

**Cati.**—Spain, near Castellon de la Plana.

Carbonate of lime waters, 45° F.

**Cattenaja.**—Italy, district of Subiaco.

Highly effervescent ferruginous waters, 55° F.

No establishments and no accommodation.

**Cauquedes.**—Chili, near Santiago, by rail *viâ* Rancagua, 2½ hours by diligence.

Sulphurous and chalybeate waters, cold, tepid and hot; also climatic mountain air cure station.

The spot is very picturesque and rocky, being surrounded by the majestic ranges of the Andes, which are here most imposing. The establishment consists of two square buildings, are well constructed, and surrounded by a large garden with shady walks. They are well managed and largely frequented.

**Cauterets.**—France, Department of Hautes Pyrénées; 2,100 inhabitants; 3,050 feet above sea level. For routes see table.

Sulphurous saline waters, 55° to 145° F. Climatic mountain station; milk and whey cure; the waters are rich in silicates.

*Season*: 15th May to 15 October.

*Number of Visitors*: Above 20,000 annually.

*Special indications*: Affections of the mucous membranes, catarrh of the respiratory organs, phthisis in first and second stage, plethora abdominalis, laryngitis and glandular disorders, affections of the digestive organs, skin diseases, hepatic and splenic, as also uterine derangements, rheumatism, mercurial intoxication, struma.

The balneal appliances of the three principal establishments, "Thermes des Œufs," "Grand Etablissement," and "La Railère," are of the most modern and complete kind on the Continent. The chemical constituents of the waters being, moreover, very complex, the list of ailments treated in Cauterets is a long one.

The small town itself is composed of about 300 houses, most picturesquely situated in a valley surrounded by lofty mountains. The climate is changeable and somewhat humid, but the temperature is steady and the nights are delightfully cool and bracing. The sojourn is more agreeable here than at Luchon, where the heat in the day is almost unbearable. The waters and balneal appliances of Cauterets are also more efficacious and more complete.

There are two Casinos, with theatre, reading, ladies, concert, smoking and billiard-rooms, the one in the "Etablissement des Œufs" being the most popular.

There is a very large field for excursions of interest. The promenades are well kept and abundant.

English Church service.

*Bookseller*: A. Cazaux.

*Chemist*: Broca, Place St. Martin.

*Doctors*: Drs. Duhourcau, Bordenave and Bouyer.

*Hotels*: Hôtel Continental, de France.

**Cauvalat-le-Vigan.**—France, Department of Gard; 700 feet above sea level. For routes see table.

Sulphate of lime springs.

Doctor : Dr. Champtier.

**Cave.**—Italy, Tuscany, district of Vico Pisano, near Oliveto.

Earthy saline waters, 86° F., highly effervescent.

*Special indications* : Disorders of the urinary organs, gravel, calculus, chronic rheumatism, gout, skin diseases.

**Caxamarca.**—South America, Peru.

Thermal waters, not yet analysed.

It was at these baths that the Inca Atahualpa had fixed his residence when Pizarro first appeared in Peru.

**Cayeux.**—France, Department of Somme, near Valéry sur Somme.

Sea baths, sandy beach; very quiet place.

**Cayla (La).**—France, Department of Aveyron, near Andabre.

Cold bicarbonate of iron waters.

Doctor : Dr. Martin.

**Caz-di-Bagno.**—Italy, Velteline, valley of Masino.

Sulphurous alkaline waters, 95° F.

The bathing establishment is old-fashioned, and the place but little visited.

**Cecinella.**—Italy, Tuscany.

Sulphurous ferruginous waters, 55° F.

No bathing establishments, and waters used only by the surrounding peasantry.

**Cedres (Sources des).**—France, Algiers, Department of Oran.

Sulphate of iron waters.

**Cefalu.**—Italy, Sicily, 12 miles from Sciafani.

Acidulous bitter waters, 135° F.

Very efficacious, though but little used.

**Celles.**—France, Department of Ardèche, near Privas. For routes see table.

Four bicarbonate springs, from 40° to 60° F. One sulphate of iron spring. Carbonic acid gas is here employed in douches and inhalations.

**Ceresole.**—Italy, Piedmont.

Bicarbonate of iron waters, very rich in carbonic acid.



**Cervera del Rio Alhamo.**—Spain, Province of Logroño, near Castejon.  
Sulphurous earthy waters.

*Special indications:* Skin diseases, scrofula, syphilis, affections of the mucous membranes of the respiratory organs, vesical catarrhs, blenorrhœa.

The establishment is modern and the accommodation comfortable and moderate in price. The situation is fine.

*Doctor:* Dr. Escudero.

**Cesalpine.**—Italy, Tuscany, near Arrezzo Val di Chiana.

Ferruginous waters, 55° F.

**Cestona-guezalaga.**—Spain, Province of Guipuzcoa.

Saline springs, rich in nitrogen. Tonic and laxative.

*Special indications:* Dyspepsia and gastric catarrh, sciatica, hypochondriasis.

The establishment is very good, with all modern appliances. The accommodation and food are equally good. Large park.

*Doctor:* Dr. Calderon.

**Cetona.**—Italy, Tuscany, near Chiusi.

Ferruginous waters, 55° F.

**Ceylon.**—Island of.

Several thermal springs, from 90° to 100° F., composition unknown.

**Chabetout.**—France, Puy de Dôme, near Issoire.

Bicarbonate of iron waters.

Mineral constituents, 3 grammes.

**Chaldette.**—France, Lozère, near Chaudes-aigues.

Saline waters, 95° F.

A very good establishment, but the accommodation is indifferent.

**Challes.**—France, Savoy, near Chambéry,  $\frac{1}{2}$  hour from Aix-les-Bains.

Cold sulphurous iodurated waters.

These waters are frequently prescribed by medical men at Aix-les-Bains, as adjuvants to those of Aix. They have proved specially useful in scrofula and syphilis, as also in locomotor ataxy.

*Doctor:* Dr. Royer.

**Chambon.**—France, Department of Puy de Dôme, near Ambert.

Cold mixed bicarbonate waters.

**Chamounix or Chamonix.**—France, Upper Savoy, at the foot of Mont-Blanc; 3,450 feet above sea level; 4,500 inhabitants. For routes see table.

Climatic mountain air station and holiday resort; some earthy waters and the whey cure.

*Season* : July 1st—September 15th.

Number of visitors about 20,000 annually.

Chamounix, since the fire of 1855, is quite a new place, with Museum, bathing establishment, and a handsome church. The scenery is among the grandest in Switzerland. The town is the starting point for almost all ascents of Mont Blanc. Excursions to the Montanvert, Jardin and Mer de Glace, the Flégère, Brevier, and Glacier des Bossons, Tête Noir, Col du Géant and Martigny.

The new Casino, opened recently, contains ball, concert, theatre, card, reading and smoking rooms.

*English church.*

*Post and Telegraph office.*

*Photographs, Bookseller and curiosity shop* : Jos. Paccard, Magasin des Souvenirs, route de Genève.

*Doctor* : Dr. Duchosal.

*Hotels* : The *Hôtels de Londres et d'Angleterre*, first-class, well appointed for families. T. Crepanx fils aîné, proprietor.

The *Alpine Club Hotel et Pension Union*, an excellent house, open all the year. Edw. Jutz, director.

The *Hôtel et Pension Couttet* is a very comfortable hotel; the proprietor, Francois Couttet, known as "Baguette," is an old guide, and has made the ascent of Mont Blanc 27 times.

The *Hôtel de la Couronne* at Argentières, one hour from Chamounix is a modest house, well situated for excursions, and faces the Glacier of Argentières. J. Tissay, proprietor.

**Champoleon.**—France, Department of Hautes Alpes, near Embrun.

Sulphate of lime water.

**Chapelle-Godefroy (La).**—France, Department of Aube, near Nogenton, left bank of the Seine.

Cold bicarbonate of iron water, 6 grs. of mineral constituents.

**Charbonnières.**—France, Rhone, near Lyons.

Cold bicarbonate of iron, sulphurous and iodurated waters

**Charlottenbrunn.**—Germany, Silesia, district of Breslau; 1,300 feet above sea level.

Cold bicarbonate of iron waters.

*Doctors* : Drs. Bujakowsky and Neisser.

*Hotel* : Kurhaus.

**Charlottenburg.**—Germany, Prussia, Province of Brandenburg, half-an-hour from Berlin.

Earthy, saline and ferruginous waters. Hydropathic establishment. Open all the year round.

**Chateau-Gontier.**—France, Mayenne.

Effervescent ferruginous waters.

**Chateauneuf.**—France, Department of Puy de Dôme, near Riome; 1,200 feet above sea level.

Cold, tepid and warm ferruginous waters; 14 springs, varying from 40° to 110° F. Their composition is similar to that of the springs of St. Alban.

*Special indications:* Dyspepsia, scrofula, rheumatism.

*Doctor:* Dr. Rainvillers.

**Chateldon.**—France, Department of Puy de Dôme, near Thiers and Vichy.

Cold bicarbonate of iron waters; five springs, containing 3, 4 and 5 grs. of mineral constituents.

*Special indications:* Dyspepsia.

**Chatel-Guyon.**—France, Puy de Dôme, near Riom.

Saline and ferruginous waters.

Seven springs, from 55 to 110° F.

These waters are slightly purgative.

*Special indications:* Liver complaints, splenic and glandular derangements.

*Doctor:* Dr. Baradue.

**Chatenois.**—Germany, Alsatia, near Schlettstadt.

Cold saline waters, 7 gr. of mineral matter, very similar to the waters of Niederbronn; traces of arsenic and fluoride have been found in them.

*Doctor:* Dr. Levy.

**Chaufontaine.**—Belgium, near Liège.

Thermal springs, assimilating to those of Spa, 80° to 90° F.

A charmingly situated quiet little place, with a great variety of excursions. The country around is very picturesque.

**Chaudes-Aigues.**—France, Department of Cantal, near St. Flour.

Alkaline waters, containing iron, sulphur and arsenic. Several hyperthermal springs, from 135° to 195° F.

*Special indications:* Articular rheumatism, and generally same as those of Bourbon Lancy.

**Chaumont.**—France, Department of Marne and Loire.

Cold bicarbonate and other waters.

**Chaves.**—Portugal, Province of Traz-os Montes.

Thermal sulphurous spring, 135° F.

**Chazam.**—Algiers, Province of Oran, near Mostanagem.  
Saline waters.

**Cheltenham.**—England, Gloucestershire.

Several springs, saline and sulphurous, sulphate of magnesia, mixed saline, carbonate and chalybeate waters. Climate mild and agreeable.

*Season* : November to April.

*Special indications* : Anæmia, dyspepsia, abdominal obstructions and hepatic enlargement.

The bathing establishments and assembly-rooms are justly renowned for their elegance and comfort. They are among the best in England.

The town is laid out in boulevards, crescents and squares, planted with fine trees. It more resembles a collection of country seats than a town in the general sense of the word.

*Dentist* : Mr. Cull.

*Doctors* : Drs. Abererombie, Bennett and Cottle.

*Hotels* : Royal, Queen, Belle Vue.

**Chemille.**—France, Department of Marne and Loire.  
Ferruginous waters little known.

**Cherbourg.**—France, Department of La Manche.  
Sea baths ; sandy beach.

**Chianciano.**—Italy, Tuscany, District of Montepulciano, in the valley of the Chiana Railway from Siena to Rome,  $\frac{3}{4}$ -hour's carriage from Asciano ; 1,850 feet above sea level ; 3,500 inhabitants. For routes see table.

Sulphurous waters, 100° F. ; ferruginous effervescent waters, 45° F. ; alkaline, acidulous waters, 85° F. ; hydropathic establishment and cool and delightful climatic station in summer.

*Season* : June to September.

*Special indications* : Disorders of liver, spleen, stomach and intestines, for the alkaline waters ; anæmia, atonic sores, chronic catarrh of the mucous membranes, difficult menstruation, leucorrhœa and convalescence, for the ferruginous ; catarrhal affections of the respiratory organs, bronchial catarrh, scrofula, rheumatic paralysis and skin diseases, fractures, ankylosis and paraplegia for the sulphurous waters.

Chianciano is situated in a delightful valley, about half-an-hour from Chiusi. The environs offer a great many attractions with numerous walks and drives.

Carriages attend the trains during the season. Post and Telegraph Office. All applications should be directed to Luigi Innocenti, lessee of the baths, who gives information gratis. The waters are to be had at all the best hotels and mineral water merchants throughout Italy.

*Doctor* : Dr. Burresi.

*Hotels* : The prices for accommodation and comfortable living may be had by applying to Luigi Innocenti as above.



**Chiatamone.**—Italy, Naples.

Ferruginous waters, 68° F.

*Special indications:* Anæmia, general debility, chronic affections of the nervous system, neuralgia, chlorosis.

The establishment is fitted with all modern requirements; one of its best features being the Hammam or Turkish baths. Swimming bath.

A café is attached to the baths. Concerts every evening.

**Chiavari.**—Italy, Genoa, two hours from Genoa.

A climatic station. Especially frequented in the later summer months and in autumn.

**Chichimequilo.**—Mexico.

Hyperthermal waters, 230° F., not analysed.

**Chiclana.**—Spain, near Cadiz.

Bitter waters, 45° F. Very highly mineralised.

*Special indications:* Herpes, mercurialism, skin diseases.

Good establishment, and moderately frequented.

*Doctor:* Dr. Costina.

**Chinciano.**—Italy, Tuscany, Val d'Elsa, near Siena.

Highly effervescent alkaline and ferruginous waters.

*Special indications:* Amenorrhœa, anæmia, chlorosis, gravel, vesical calculi, and generally affections of the digestive and urinary system.

Establishments indifferent.

**Chios.**—An Island in the Grecian Archipelago.

Sulphate of lime waters, purgative. Thermal waters of

Tsesmé, from 110° to 130° F., contain chlorine, bromine and iodine.

No bathing establishment.

**Chitignano.**—Italy, Arezzo.

Effervescent alkali-saline waters, containing some iron, 55° F.

**Chiusa dei Monaci.**—Italy, near Arezzo.

Alkali-saline and ferruginous waters, 55° F.

The establishment is poor and the accommodation bad.

**Choranche.**—France, Department of Isère.

Cold sulphurous lime-springs.

**Christenhofsbad.**—Germany, Würtemberg, District of the Jaxt, near Mögglingen.

Sulphurous waters.

Internally, diuretic and laxative; externally, stimulating to the skin.

**Chulilla.**—Spain, Province of Valencia, near Villar del Arzobispo.  
Sulphurous earthy waters, 95° F.

*Special indications* : Rheumatism, skin diseases, gout, paralysis.

The establishment is simple but thorough. Accommodation good. The country is mountainous.

*Doctor* : Dr. Merregner.

**Ciechoeinek.**—Russia, Poland, near the Prussian frontier, one hour from Thorn.

Very strong saline waters and brine baths.

*Season* : May 20th—September.

Visited by upwards of 2,000 visitors.

*Special indications* : Scrofula, rheumatism, catarrh of the larynx and bronchi, neuroses and hysteria.

The bathing establishments are completely fitted with all modern appliances.

The casinos and assembly rooms are elegant and comfortable.

The accommodation is first class.

**Cipollo.**—Italy, Tuscany, Val di Nievole.

Saline waters, 70° F.

Only applied externally.

**Citara.**—Italy, Island of Ischia, near the Capo Imperatore.

Sulphurous alkaline waters.

*Special indications* : Sterility.

Known to and much visited by the ancient Romans, who erected a temple here to Venus Genitrix.

The earthquake of July, 1883, made great havoc here.

**Civilliano.**—Italy, Venetia, between Vicenza and Verona.

Cold ferruginous and sulphurous waters.

*Special indications* : Affections of the mucous membranes, scrofula and chronic diarrhoea.

One of the strongest sulphate of iron waters at present known.

**Civita Veechia.**—Italy, the seaport of Rome.

Thermal sulphurous waters, natural sweating baths.

**Clacton-on-Sea.**—England, Essex, near Walton-on-the-Naze.

*Season* : July—October.

Sea baths; shingly and sandy beach. Climate mild and bracing.

*Doctor* : Dr. Maine.

**Claremont Park.**—England, Lancashire, near Blackpool.

Hydropathic establishment.

**Cleethorpes.**—England, Lincolnshire, on the Humber.

Sea baths; sandy beach. Climate healthy.

*Season* : June—September.

**Clermont.**—France, Department of Puy de Dôme.

Numerous ferruginous bicarbonate springs, from 35° to 55° F. Mineralisation from 4 to 5 grammes. The spring "Puits de la Poix" is said to be bituminous.

**Cleves.**—Germany, Rhenish Prussia, on the Rhine, near the Dutch frontier, a very old town.

Chalybeate waters, fine Kurhaus, and well-appointed bathing establishment.

*Special indications:* Nervous complaints.

*Doctor:* Dr. Arntz, who speaks English.

*Hotels:* Bath Hotel, Styrum.

**Clevedon.**—England, Somersetshire, on the Severn.

Sea baths; pebbly and muddy beach; bathing not very good.

*Season:* June—September.

*Doctor:* Dr. Pizey.

**Clifton.**—England, Gloucestershire, a beautiful and fashionable suburb of Bristol; 27,000 inhabitants.

Autumn and winter residence; alkaline waters 75° F.; much frequented by Indian and colonial families coming home to recruit their health, and for educational purposes.

*Season:* September till May, but frequented all the year.

Climate warm and dry: most part well sheltered and open to the south; variations of climate may be obtained according to locality chosen, the Downs being considered as bracing as the seaside, being the most elevated part, and only a few miles from the sea.

*Special indications:* Diabetes, liver obstructions, splenic and urinary disorders, for the waters; consumption, pulmonary complaints, anæmia, chlorosis, debility, bronchial, laryngeal, and pharyngeal and kindred ailments.

Clifton is specially noted for the longevity of its inhabitants and lowness of death rate, which ranges from 3·6 to 11 per thousand, being the more remarkable, owing to the district being the resort of a very large number of invalids. It is, therefore, looked upon as one of the most healthy parts of England.

The grand plateau of Clifton and Durham Downs are no less than 442 acres in extent; Clifton Downs 230, and Durham Downs 212 acres, extending for upwards of two miles along the banks of the picturesque river from the suspension-bridge to the sea-walls. The prevailing westerly breezes are health-giving direct from the Channel.

The late Mr. Stoddart, County Analyst, found ozone in the air of the Downs. The waters of the Channel can be seen

from the sea-walls, where the surrounding scenery is most extensive and beautiful, extending far down the Welsh coast and hills, and in the other direction beyond the Mendip Hill.

These magnificent Downs have been secured to the city by Act of Parliament in 1861. They are the favourite resort for driving, riding, cricketing, and all ther amusements.

Along the edge of St. Vincent's Cliff, the old Camp on Observatory Hill, and the delightful plateau beyond, appropriately named "Fairylaud," are many points whence the grand scenery of the gorge of the Avon is enjoyed. But it is the suspension-bridge, upon which visitors can stand, as it were, in mid air, between the stupendous cliffs on the one side, and shelving rocks, mantled with soft foliage on the other side of the chasm, and take in the surroundings of a scene which never fails to inspire the beholder with a wondering sense of the Titanic forces that must one day have been exerted to form this mighty cleft in the limestone rocks. Suspended amid such giant cliffs, at the giddy height of 287 feet above the river bed, the ærial pathway linking rock to rock at a span of 703 feet, suspended by gossamer-like rods, and looking at a distance as fragile as the strings of a lady's harp, it seems more like the magic work of a fairy's dream than a reality. Numerous excursions can be made in the neighbourhood to most picturesque and charming spots; the long drives being particularly uoted for their beauty and extensive scenery.

The amusements consist of theatres, balls, concerts; the Monday Popular Concert being noted for its almost unrivalled band. There are the Zoological Gardens, with a large selection of animals and beautiful grounds. Few places can boast of greater advantages as to educational establishments. The Clifton College, in the heart of Clifton, a noble building, with large grounds. It has won a high rank among similar institutions in the country for high-class training. The Grammar School, a large building with extensive grounds, is also noted for its classical and commercial training. The High School for Girls is a new institution, and already distinguished. A large number of private schools for boys and girls.

*Turkish Baths and hydropathic establishment*, 14, Royal Promenade. Chas. Carpenter, proprietor; see also Bishops Teignton, Devon.

*Chemists* : Ferris & Co., Chemists by appointment to the Queen, 4 & 5, Union Street, Bristol.

*Bookseller and Stationer* : Thomas Thatcher, 44, College Green, and Suspension Bridge.

*Estate and House Agents* : De Ridder & Co., 54, White Ladies Road, from whom all information may be obtained.

*Doctors* : Dr. Eubulus Williams, Victoria Square.

*Hotels* : The *Clifton Down Hotel*, over-looking the Downs and suspension-bridge. All produce for this establishment is supplied from the farm belonging to the hotel. Address, manager.

*St. Vincent's Rocks Hotel*, Sion Hill, Clifton Downs.

*Boarding Houses* : Lyndhurst---22, Pembroke Road, Mrs. Hancock; Arlington House, Pembroke Road, Miss Smith.



**Clynnog Vawr.**—Wales, Carnarvonshire.  
 Sea baths ; beach and bathing good.  
*Season* : Summer.  
*Doctor* : Dr. Roberts.

**Coblentz.**—Germany, capital of the Province of Rhenish-Prussia on the confluence of the Moselle and Lahn with the Rhine. From Paris by North of France Railway, *vid* Cologne, 12½ hours.

A fortified town of great reputation. Ehrenbreitstein (the Gibraltar of the Rhine) is one of the strongest fortresses in the world. Very charmingly situated.

**OBJECTS OF INTEREST.**—The Archbishop's Castle, or Burg, now a factory, Church of St. Castor, Metternich House and Teutonic House, now a magazine. The Royal Palace, the favourite resort of the Queens of Prussia.

Casino and promenades on the banks of the Rhine.

One half-hour's walk along the banks of the Rhine is the celebrated establishment of Lanbbach (see page 175).

**Excursions** : To Stolzenfels, Ehrenbreitstein, to Sayn, to Moselweiss, and up the Moselle, to Ems, *vid* the Asterstein and Oelberg, to Neuwied.

**CABS** : One-horse, for one or two persons, 50 pfg.; for two-horse, 75 pfg; two-horse carriage, three or four persons, 1 mark 25 pfg; one-horse carriage, 1 mark.

Post and Telegraph Office : Brückenstrasse, near the Schlossplatz.

*Bookseller* : W. Fischer, railway station.

*Dentist* : F. O. Saal.

*Doctors* : Drs. Kirchgaesser, Timmé, and Hermann.

*Hotels* : Belle Vue, Anchor.

**Cocomiso.**—South America, New Granada.

Sulphurous and bicarbonate of soda waters, 175° F.

This spring emits such quantities of carbonic and sulphurous acids, that a long stay in its vicinity becomes dangerous.

**Coire, or Chur.**—Switzerland, Canton of Grisons; 7,550 inhabitants; 1,936 feet above sea level. For routes see table.

Climatic station, but more as a transitory station from and to the Engadine.

The town is a very picturesque old place, on the Splügen road, and two miles from the Rhine. There are some very fine old buildings, amongst which the most noteworthy is the Cathedral of St. Lucins, with an adjoining palace of the 8th century; town hall, goods house, museum, hospital, &c. It is the terminus of the railway from Zürich to the Engadine. Some very interesting excursions may be made in the environs.

The diligences start daily for Davos, Samaden, St. Moritz, Maloja, Dissentis, Andermath, &c.

English Church service.

*Doctors* : Drs. Deuz and Henni.

*Hotel*: The *Hotel Steinbock*, a really first-class house in all respects, and deservedly popular. Hauser, Keim & Co., proprietors.

**Coise.**—France, Savoy, near Chambéry.

Ammoniacal, bromo-iodurated waters.

*Special indications*: Goitre and kindred affections.

*Doctor*: Dr. Dubouloz.

**Colberg.**—Germany, Pomerania, near the Baltic.

Saline waters and sea baths.

The establishment is very well fitted up. Accommodation first rate. The walks and drives are well kept and shady.

*Doctors*: Drs. Bodenstein, von Bühnau and Hirschfeld.

*Hotels*: *Strandschloss, Society House*.

**Colieo.**—Italy, upper end of Lake Como.

A climatic air station for those returning from Italy. Very fine position and grand scenery.

**Collioure.**—France, Department of Pyrénées Orientales.

Sulphate of lime waters, 45° F.

**Cologne.**—Germany, Rhenish-Prussia, on the left bank of the Rhine; from Paris by North of France Railway, 10 hours, 60 frs. 1st class.

Although Coblenz is the official capital of Rhenish Prussia, Cologne is the most important town in the province. It is the third most important in Prussia, and is strongly fortified. The old middle age fortifications are now demolished, and new ones built. Their circuit is nearly 30 miles. The circuit of the outer forts is about 50 miles. Cologne is the Roman "Colonia Agrippæ."

**OBJECTS OF INTEREST.**—The Cathedral of Cologne, the highest edifice in the world, was finished in 1880. The iron Railway Bridge, Museum and Library, Town Hall, Churches of St. Maria Capitol, St. Peter, Apostles, St. Ursula, St. Gereon; Casino Gurzenich, Chamber of commerce and Exchange, Theatre, Aquarium, Zoological and Botanical Gardens.

Post and Telegraph Office: Glockengasse.

**CARS**: One or two persons,  $\frac{1}{2}$  mark; four persons, 1 mark. By the hour, one or two persons, 2 marks; three or four persons, 3 marks; parcels outside, 25 pfgs. each.

*Dentist*: G. A. Buehner.

*Bookseller*: Aug. Lesimple, High-street.

*Doctors*: Drs. Bardenheuer, Sehmitz (specialist for respiratory organs, eye and ear), Birnbaum, and Robt. Hall.

*Hotels*: The *Hôtel du Nord*. A first-class house near the Cathedral, 300 rooms, post, telegraph, railway tickets, and registration of luggage in the hotel; English church and central garden. J. Friedrich, proprietor.

**Colwyn Bay.**—Wales, Carnarvonshire.

Sea baths; fine sandy beach. Very mild climate.

Doctor: Dr. Brooks.

**Combe-Girard.**—Switzerland, Canton of Neuchâtel, near La Chaux de Fonds.

Effervescent ferruginous waters. The spring affords a very scanty supply, so that the water is available only for drinking.

**Como.**—Italy, on the southern bank of Lake Como.

An intermittent spring, chiefly visited as a transitory station in spring and autumn, for patients coming and going to Italy.

Hotel: *Volta*.

**Concepcion de Peralta (La).**—Spain, Province of Madrid, near Alcala de Henares.

Alcali-saline waters, 45° F. contains arsenic.

*Special indications:* Skin diseases of a chronic character, vesical and urinary catarrhs, calculus and chronic rheumatism.

The establishment and accommodation are good.

Doctor: Dr. Osuna.

**Condillac.**—France, Department of Drôme.

Bicarbonate of lime waters, which have been called by some French medical authorities "the Queen of table waters;" exported.

Doctor: Dr. Coche.

**Coney Island.**—New York, United States of North America.

Sea baths, much frequented by the inhabitants of New York.

**Contrexéville.**—France, Department of Vosges, from London direct in 19 hours; from Paris in 9 hours; 800 inhabitants; 1,090 feet above sea level. For routes see table.

Slightly alkaline waters, with lime, lithium and iron, 55° F. The export of the waters is considerable.

Thoroughly well-arranged establishment.

Season: May 20th to September 15th.

Number of Visitors: Above 3,000 during the season.

*Special indications:* Gravel, biliary and vesical calculi, and catarrh, diabetes, gout and gouty rheumatism, disorders of the urinary system, affections of the uterus, hepatic complaints generally.

The name "Contrexéville" almost connotes the cure of gravel. In regard to the treatment of this disease its waters are without a rival; its Pavilion-spring reigns supreme. The highest French medical authorities consider Contrexéville water as the remedy in all such cases.

The village itself is situated in a charming valley, which

widens out into a large plain. Visitors will do well to bring some warm woollen clothing, as the thermometric changes are at times sudden.

The surrounding country is hilly and well wooded, and affords an ample field for excursions.

The principal spring, "the Pavilion," is situated in a large and beautifully laid-out park. Surrounding the spring is a covered gallery, which affords patients taking the waters the opportunity of out-door exercise in wet weather. The gallery is connected with the hydropathic and other bathing establishments and with the Casino. There is a very comfortable hotel in the park close by, kept by A. Morel.

The Casino is an elegant structure, and contains assembly, reading, ball, concert and billiard rooms. In the theatre, in the same building, performances of opera-comique and comedies are given during five days of the week.

There are also two daily concerts by a well-trained band.

*English Church Service.*

*Postal Telegraph Office*, with four deliveries a day.

Ample accommodation may be had in furnished apartments and private villas.

*Carriages and Horses*: Ed. Grandvallet.

*Doctors*: Drs. Debout d'Estree (inspector of the baths, who speaks English), Aymé, Broichox, Brongniart, Graux, Pierre and Thiery.

*Hotels*: The *Grand Hotel de Paris*, near the railway station, a large house, clean, with moderate prices. Schuhkraft, proprietor.

The *Hotel de la Providence*, a family house, celebrated for its good attendance and cooking. F. Chevet, proprietor.

**Coreoles.**—Spain, Province of Guadalajara.

Saline waters, 50° F.

*Special indications*: Syphilis and rheumatism.

**Cordeae.**—France, Department of Isère, near Grenoble.

Sulphurous sodaie waters.

**Cordova.**—Spain, capital of the province of same name. From Paris by Orléans and South of France lines, *viâ* Bordeaux, Irun, and Madrid.

A very interesting old town, founded by the Romans. There are many antiquities, most of them Moorish. Under the Moors it was one of the most flourishing cities in Spain, but it is now much reduced.

**OBJECTS OF INTEREST.**—The Cathedral or "La Mezquita," with its Court of Oranges and Belfry, the Archiepiscopal Palace, Alcazar, Collegio de la Ascension, La Correda, Hospital, Octagon tower, the Bridge, El Triunfo.

Excursions to the ruins of the Palace of Azzáhra and Arrizafa, Hermitages of Valparaiso, and to the wine cellars at Montilla.

*Hotels*: *Fonda Suiza* and *Fonda Rizzi*.



**Corenc.**—France, Department of Isère, near Grenoble.  
Sulphurous sodaic waters, 35° F.

**Corfu.**—Greece, one of the Ionian Islands in the Ionian Sea; capital of 24,000 inhabitants; from Trieste 53 hours, and Brindisi 12 hours by steamer; ceded by England to Greece in 1864

Winter station of first importance. Sea baths.

*Season*: November—May.

*Special indications*: Scrofula, chlorosis, anæmia. chronic neuroses, paralysis, nervous debility, and convalescence, phthisis and chronic rheumatism, affections of the respiratory organs, bronchial, laryngeal and pharyngeal catarrh.

The mean temperature of the seven season months is 57° F., mean barometric pressure 762 m.m., mean relative dampness 76½ per cent., rainy days 79 during the seven months, rainfall 1,068 m.m., death rate 32·5 per thousand.

The town is well sheltered and the bay open to the full south and south-east winds, and consequently well protected against due northerly winds. The Bora is not felt here. North-west and north-east winds are tolerably frequent, though the latter are objectional only as being cold. The atmosphere is never stagnant, owing to a sea breeze up to three o'clock, after which the land breeze sets in. Rapid atmospheric disturbances, such as are met with on the Riviera, occur but seldom, and there is almost complete immunity from dust and high winds.

The climate is warm but bracing. At the end of January and in February, hyacinths, roses and almond trees begin to blossom. By March, spring has set in, and in April cherries are ripening. The temperature rarely falls to freezing point, and still more rarely below it. Fogs occasionally occur and last some time.

The town itself offers many attractions. It is a link between the East and the West. Its streets are very lively. Close to the town on a small hill is a villa belonging to the King of Greece. The esplanade and the Strada Nuova are the centre of Corfu life. The environs are mostly covered with olive groves. The interior of the island offers a fine field for excursions and sports. Naples has been called the Eldorado of Hypochondriacs, and Corfu may claim the same honour. The drinking water and the means of communication are excellent.

*Post*: Near the gate at the port.

*Telegraph*: Near the Royal Palace.

There is an *English Church* at the *House of Parl.*

*Banker and Exchange Office*: Mr. Fells.

*Chemist*: Collas.

*Doctors*: Dr. Politi, Dr. Neranzi.

*Hotel*: The *Hotel St. George*, comfortable and moderate in price.

**Cormus.**—Austria, Illyria.  
Saline waters, 35° F.

**Corneille de la Rivière.**—France, Department of Pyrénées Orientales, near Perpignan.  
Ferruginous bicarbonate waters, 40° F.

**Cornigliano-Ligure.**—Italy, three-quarters of an hour from Genoa.  
A spring and autumn station.  
The village is exposed to the north-east winds, and has a considerably lower temperature than Montone or San-Remo.

**Cortejada.**—Spain, Province of Orense, near Celanova.  
Thermal sulphurous springs, 70° to 90° F.  
Ferruginous spring, 60° to 70° F.  
*Special indications:* Gastro-intestinal affections; rheumatism.  
*Doctor:* Dr. Ortega.

**Corticella.**—Italy, Province of Bologna, one hour from this town.  
Ferruginous waters, not yet thoroughly analysed.  
The country around is very picturesque, but there is no establishment.

**Cos, Islands of,** in the Ægean Sea.  
Saline springs.

**Cotone.**—Italy Tuscany, near Empoli, between Florence and Pisa.  
Sulphuro, usalkaline waters, 55° F. No accommodation.

**Cotto.**—Italy, island of Ischia, near Monti.  
Alkali-saline waters, 105° F.  
*Special indications:* Obesity, constipation, disorders of the urinary system.  
The establishments and accommodation are good, and the place is fairly well visited.  
Suffered by the earthquake of July, 1883.

**Couchon.**—France, Department of Pyrénées Orientales.  
Ferruginous bicarbonate waters, 35° F.

**Coudes.**—France, Department of Puy de Dôme.  
Cold bicarbonate of soda waters.

**Courmayeur.**—Italy, Piedmont, near Aosta; 4,098 feet above the sea level.  
Ferruginous, sulphurous saline waters, from 35° to 85° F.  
*Special indications:* Herpes and scrofula.

**Courpière.**—France, Department of Puy de Dôme.  
Cold ferruginous bicarbonate waters.  
*Special indications:* Same as Vichy.

**Cours.**—France, Department of Gironde.

Cold ferruginous bicarbonate waters.

**Courseuilles.**—France, Department of Calvados; from Paris, *viâ* Caen.

Sea baths, shingly beach, oyster beds.

**Courtmacsherry.**—Ireland, county Cork, near Lisley.

Sea baths; good beach.

**Courtomer.**—France, Department of Orne, near Bagnolles.

Cold ferruginous water.

**Coutainville.**—France, Department of La Manche, from Paris, *viâ* Coutances.

Sea baths; a quiet place.

**Cowes.**—England, Isle of Wight.

Sea baths: extensive and sandy beach.

*Season*: May—August. Yachting season till November.

*Doctor*: Dr. Hoffmeister.

**Crailsheim.**—Germany, Würtemberg; 1,150 feet above sea level.

Ferruginous and sulphurous waters.

*Season*: June—September.

The number of visitors has increased since the building of an establishment, with a Kurhaus and hotel.

**Cransac.**—France, Department of Aveyron, near Rodez; 930 feet above sea level. For routes see table.

Cold sulphate of lime water. Tonic and restorative.

Good establishment fairly well frequented.

**Craveggia.**—Italy, Piedmont.

Sulphate of soda waters, 65° F.

*Special indications*: Goitrous and arthritic affections.

**Crêche.**—France, Department of Saone and Loire, near Mâcon.

Cold ferruginous bicarbonate waters.

**Credo.**—France, Department of Gironde.

Cold ferruginous bicarbonate waters.

**Criccieth.**—Wales, Carnarvonshire,

Sea baths, shingly and sandy beach.

*Doctor*: Dr. Roberts.

**Crieff.**—Scotland, Perthshire.

Saline waters, hydropathic establishment.

*Season*: July—September.

Air pure and bracing; climate comparatively mild.

*Doctor*: Dr. Gairdner.

**Criel.**—France, Department of Seine Inférieure; from Paris *viâ* Dieppe.  
Sea baths, sandy beach.

**Cristo (Aequa di).**—Italy, Province of Trani, line from Foggia to Brindisi, stop at Trani.

Highly effervescient earthy waters.

The spring is close to the seashore on the east of the town.

*Season* : June—September.

*Special indications* : Gravel, cystitis, obstructions of liver and spleen.

**Croisie (Le).**—France, Department of Loire Inférieure, near St. Nazaire and Nantes.

Sea baths.

A well-appointed bathing establishment.

*Doctor* : Dr. Macario.

**Crol (Le).**—France, Department of Aveyron.

Cold sulphate of iron and magnesia waters.

**Cromer.**—England, Norfolk.

Sea baths, sandy beach. Bracing climate.

*Season* : June—October.

Very fine scenery; esplanade and jetty.

*Doctor* : Dr. Flueder.

**Crosshaven.**—Ireland, county Cork.

Sea baths, sandy and shingly beach.

*Season* : June—September.

**Crotoy (Le).**—France, Department of Somme.

Sea baths.

**Cudowa.**—Germany, Silesia; 1,200 feet above the sea level.

Ferruginous bicarbonate waters.

*Doctors* : Drs. Jakob and Scholz.

*Hotels* : *Kurhaus* and *New World*.

**Cuervo.**—Spain, Province of Malaga, near Medina-Sidonia.

Sulphurous ferruginous waters.

There are a number of springs in the neighbourhood, which, owing to their efficacy, have been named after saints by the peasantry. No accommodation, and no establishment.

**Cullercoats.**—England, Northumberlandshire, parish of Tynemouth.

Sea baths; sandy beach. Climate bracing and fresh.

*Season* : June—September.

*Doctor* : Dr. Rennie.



**Cusset.**—France, Department of Allier, near Vichy; 900 feet above the sea level. For routes see table.

Bicarbonate of soda water, 40° F.

Complementary to Vichy.

Establishment and accommodation good. The environs, however, are said to be malarious, and travellers are recommended to be careful. The waters are exported.

**Cuxhaven.**—Germany, Hanover, near Hamburg.

Sea baths.

Contain 30 per cent. less salt than the Heligoland, and 30 per cent. more than the Baltic sea baths.

**Czaeko.**—Austria-Hungary, comitat of Hónt, near Rimaszets.

Effervescent ferruginous waters.

Used only internally by the surrounding peasantry.

**Czarskow.**—Germany, Silesia.

Ferruginous bicarbonate waters.

*Special indications:* Gout, anæmia.

**Czigelka.**—Austria-Hungary, near Bartfeld.

Cold bromo-iodurated alkali-saline waters.

**Daetlingen.**—Switzerland, Bernese Oberland, four hours from Thune.

Saline waters.

Very poor establishment, and but little visited.

**Dagh-Hamman.**—Turkey, Asia Minor, about 2 miles from Yalova, on the Sea of Marmora, opposite Constantinople, whence it can be reached in 2 hours.

Sulphurous saline waters, 190° F., containing much iodine; winter station.

*Season:* 1st October to 1st May; but open all the year round.

*Special indications:* Skin diseases of all kinds, rheumatism, syphilis, mercurialism, and kindred affections, anchylosis and muscular contractions.

The situation is superb, and the vegetation luxurious. Good hunting and shooting can also be had.

**Dale.**—Wales, Pembrokeshire, near Milford Haven.

Sea baths; sandy beach.

**Dalkey.**—Ireland, county of Dublin.

Frequented sea baths.

**Daneverd.**—Sweden, near Upsala.

Cold ferruginous bicarbonate waters.

**Dangast.**—Germany, Oldenburg, near Varel.

Sea baths ; sandy beach.

Very good establishment for cold and warm sea baths.  
Accommodation abundant and comfortable.

**Dardagni.**—Switzerland, Canton of Geneva ; 4,500 feet above sea level.

Bituminous waters. Very little used, although they are some of the best waters in Switzerland.

**Dartmouth.**—England, Devonshire.

Sea baths ; indifferent beach and bathing. Climate mild.

The scenery is very fine.

*Doctor* : Dr. Allnut.

**Daruvar.**—Austria-Hungary, Slavonia, north of Szigeth.

Mixed bicarbonate waters, from 100° to 115° F.

Slightly mineralised ; mud baths.

The situation is very romantic, and the vegetation luxuriant.

**Davos-Platz.**—Switzerland, Engadine ; 5,200 feet above sea level.

Climatic station. The air is very dry, and therefore suitable for the earlier stages of consumption. Invalids must be careful, however, as the climate is treacherous. As the influx of visitors increases, the drainage becomes less perfect.

*Doctors* : Drs. Peters, Beeli, Boner, Schimpf and Spengler.

*Hotels* : *Kurhaus, Rhætia, Strela.*

**Dawlish.**—England, Devonshire, on the Channel coast.

Much frequented sea baths.

**Dax.**—France, Department of Landes, near Bayonne. For routes see table.

Sulphurous waters, 120° to 145° F. Mud baths.

*Special indications* : Articular or rheumatic affections.

**Deal and Walmer.**—England, Kent.

Sea baths ; indifferent beach.

*Season* : June—September. The climate is less mild than that of St. Leonards or Hastings.

*Doctor* : Dr. Hulke.

**Deauville.**—France, Department of Calvados.

Sea baths ; fine, firm sandy beach. Climate bracing.

*Season* : June—September.

Many excursions in the neighbourhood.

**Derrindaff.**—Ireland, Ulster.

Sulphate of lime waters, with a considerable quantity of sulphuretted hydrogen.

*Special indications* : Chronic catarrh of the respiratory organs, rheumatism, gout, skin diseases, sores, paralysis and syphilis.

**Desaigues.**—France, Department of Ardèche, near Tournon.

Bicarbonate of soda water, similar to the Vals water; mineralisation, 5·24 grms.

**Desvres.**—France, Department of Pas de Calais.

Cold ferruginous waters. Only used by the surrounding inhabitants.

**Deutsch-Kreutz.**—Austria-Hungary, comitat of Oedenburg.

Cold and pure alkaline waters.

They are largely exported, and are very efficacious in all complaints, where the stronger and more exciting action of effervescent alkaline waters is contra-indicated. In some cases they are more effective than the Gieshübl.

*Special indications:* Dyspepsia, affections of the mucous membranes, disorders of urinary and digestive organs, vesical calculi, gravel.

The establishments are indifferent, and the accommodation limited.

**Deux-Lots.**—France, Department of Landes, near Dax.

Cold sulphurous waters, 60° F.

**Devonport.**—England, near Plymouth.

Sea baths.

Establishment good.

**Diedenow.**—Germany, Pomerania.

Sea baths on the Baltic.

**Diemeringen.**—Germany, Upper Alsace.

Saline waters; 3 grms. of mineral constituents.

**Dieppe.**—France, Department of Seine Inférieure. London and Paris, *via* Newhaven, Dieppe, and Rouen, shortest and cheapest route. Through fares—single tickets, 1st class, 33s.; 2nd, 24s.; 3rd, 17s. Return tickets, 1st class, 55s.; 2nd, 39s.; 3rd, 30s., available one month. These tickets are available for seven days from the date of issue, thus giving passengers who do not desire to proceed direct to Paris, the opportunity of staying for a short time at Dieppe or Rouen. They are available by any of the ordinary trains, as well as by the special and express trains running in connection with the steamers.

Much frequented sea baths.

Passengers will find the buffet open at the arrival of every train from Paris, or boat from London.

*Dentist:* A. Preterre.

*Bookseller:* Rainville, 52, Grande rue.

*Doctors:* Drs. Williams and De la Rue, fils.

*Hotels:* The Royal Hotel, first class, facing the sea; the casino and bathing establishment. Open all the year.

Larsonneux, proprietor.

The *Grand Hôtel des Bains*, splendid view of the sea, 150 rooms; very comfortable. Table d'hôte breakfast, 4 francs; dinners, 5 francs; pension from 10 francs a day. Morgan, proprietor.

**Dieulefit.**—France, Department of Drôme, near Montclimar.  
Cold bicarbonate of lime waters; little used.

**Dievenow.**—Germany, Prussia on the Baltic in Pomerania.  
Sea baths; sandy beach.  
*Season*: June—September.  
Good bathing and fishing. Very interesting excursions.  
Assembly rooms; hotel and other accommodation is first class. The place is much frequented by Poles and Germans.  
Amusements are abundant, and in great variety.

**Diezgo.**—Spain, Province of Ciudad-Real.  
Bicarbonate of soda waters, 30° F.

**Digne.**—France, Department of Basses Alpes.  
Saline and sulphate of lime waters, 80 to 110° F. The composition of these waters is not thoroughly understood.  
*Season*: May—August.  
Used by the ancient Romans.

**Dinan.**—France, Department of Côtes du Nord.  
Cold ferruginous waters.  
*Doctor*: Dr. Brabant.

**Dinard St. Enogat.**—France, Department of Ille and Vilaine, from Paris *via* St. Malo.  
Sea baths; good beach.

**Dingolfing.**—Germany, Bavaria, district of the lower Danube.  
Sulphurous waters.  
There is a bathing establishment which serves also as an hotel.

**Dinkhold.**—Germany, Nassau.  
Cold bicarbonate of lime waters.  
*Special indications*: Abdominal plethora.

**Dinsdale, Low.**—England, Durham.  
Cold sulphate of lime waters.  
*Special indications*: Dyspepsia.



**Dios-Györ.**—Austria-Hungary, comitat of Borsod, near Misklocz.  
Sulphurous alkaline ferruginous waters, 70° F.

The therapeutic properties of these waters are as yet unknown. There is a small establishment, with a few rooms for visitors. The situation is fine, and the place could be greatly improved in proper hands.

**Dios-Jenő.**—Austria-Hungary, comitat of Neograd.

Saline ferruginous waters.

A wooden bathing establishment, and no accommodation.

**Dirce.**—Greece, near Thebes.

Sulphurous saline waters, 170° F.

No establishments, and the surrounding country is unhealthy owing to extensive marshes.

**Dirsdorf.**—Germany, Prussia, near Nimpsch.

Cold ferruginous waters.

A recently built bathing establishment and other buildings afford accommodation for about 200 visitors.

**Disznopatak.**—Austria-Hungary, comitat of Marmarós.

Ferruginous alkaline, sulphurous waters, 45° F.

A small bathing establishment.

Waters are used only externally.

**Dives.**—France, Department of Calvados.

Sea baths and ferruginous waters.

**Divonne-les-Bains.**—France, Department of Ain, 1½ hours from Geneva. For routes see table.

Cold water springs; the water is exquisitely pure, and less charged with minerals than any other; 44° F.

*Special indications:* Chronic rheumatic arthritis, lumbago, pleuro-dynia, gout, sciatica, neuralgia, hypochondria, neuroses, chlorosis, gastralgia, bronchial catarrh, dyspepsia, liver complaints, affections of the bladder, hæmorrhoids, paralysis, chronic affections of the spinal chord, serofula and female disorders.

A very healthy station for those who have resided long in hot climates.

Hydro-therapeutic establishment of great importance. The waters have a very wide application. Every variety of douche and bath, inhalation, electric baths, steam and swimming baths.

Post and telegraph office in the establishment.

Beautiful walks and excursions.

The accommodation in the establishment is very good and prices moderate.

*Doctor:* Dr. Vidart.

*Hotels:* The *Establishment* is very comfortable, and the charges moderate.

**Dizenbaeh.**—Germany, Württemberg.  
Carbonate of lime waters.

**Doberan.**—Germany, Mecklenburg-Schwerin, on the Baltic shores.  
Much frequented sea baths, in a very pleasantly situated valley. Hydromineral station. Several cold mineral springs: one saline, one saline and magnesian, and one ferruginous bicarbonate.

*Special indications:* Anæmia and general debility.

*Doctors:* Drs. Kartum and Lange.

*Hotels:* Du Nord, Lindenhof, Logenhaus.

**Doeio.**—Italy, Tuscany, near Siena.

This spring, which has not been analysed, gives off carbonic and hydrosulphuric acid gases.

**Dofana.**—Italy, Tuscany.  
Saline waters, 80° F.

**Doktorka.**—Austria, Bohemia, district of Prachin, near Prachatitz.  
Alkaline waters.

Very little known. Only used for drinking by persons in the immediate neighbourhood.

**Dolha.**—Austria-Hungary, comitat of Marmarós, district of Huszth.  
Ferruginous alkaline waters. Four springs.

This place is renowned for its mud baths. It has an establishment intended to encourage the use of these baths. The muds are also exported.

**Dombhát.**—Austria-Hungary, comitat of Bistritz-Naszod; railway to Dees; 20 minutes from Rodna.

Strongly effervescent alkaline, magnesian waters.

The bathing establishment is fitted with all modern comforts and requirements. Hunting, fishing and racing supply outdoor amusement.

**Domène.**—France, Department Isère, near Grenoble.

Sulphurous and saline springs, 110° F.; mineralisation, 4.76 grms.

**Domeray.**—France, Department Maine and Loire, near Bougé.  
Cold ferruginous bicarbonate waters.

**Domèvre sur Vezouse.**—France, Department of Meurthe, near Lunéville.  
Purgative waters.

**Dorfbad.**—Switzerland, near Appenzell; 2,200 feet above the sea level.  
Alkaline earthy waters.  
The bathing establishments are mediæval.

**Dorfgeismar.**—Germany, Hesse, near Cassel.

Cold ferruginous waters.

There is a bathing establishment with a Trinkhalle. The climatic conditions are favourable.

**Dorna-Kandrény.**—Austria, Galicia, on the Dorna.

Many cold, ferruginous, bicarbonate springs.

*Season* : June—September.

*Special indications* : Nervous affections, anæmia.

The bathing establishments are efficient, which is however, more than can be said for the accommodation.

**Dorres.**—France, Department of Pyrénées Orientales, near Prades.

Sulphurous sodaic springs, 95° to 100° F.

**Dotit.**—Hungary, comitat of Gömör.

Thermal sulphur spring.

**Douai.**—France, Department du Nord.

Alkaline ferruginous waters. They are not used beyond the district of Douai.

**Douarnenez.**—France, Department of Finistère, near Quimper.

Sea baths.

**Douglas.**—England, Isle of Man.

Sea baths; beach good. The caves are utilised in the place of bathing machines.

Climate and air bracing but mild.

*Season* : June—September.

*Doctor* : Drs. Adair and Woods.

**Douville.**—France, Department of La Manche, from Paris, *via* Granville.

Sea baths; sandy beach.

**Dovadola.**—Italy, Tuscany, near Castrocaro.

Saline waters; little used.

**Dovedale.**—England, Derbyshire.

Summer health and holiday resort. Visited on account of the surrounding scenery.

**Dover.**—England, Kent, on the Channel Coast.

Sea baths; shingly beach.

*Doctor* : Dr. Barton.

**Dragomérfalva.**—Austria-Hungary, comitat of Marmaró's, district of Izavölgy.

Very strong sulphurous springs, containing naphtha, which is exported.

**Drahova.**—Austria-Hungary, comitat of Neutra, near Istrabje.

Cold ferruginous waters.

Strong diuretic action.

**Draitschbrunnen.**—Germany, Rhenish Prussia, close to Godesberg.

Earthy alkaline ferruginous waters. The waters are used in the establishments at Godesberg.

**Drennon Springs.**—North America, Kentucky.

Thermal sulphurous saline water.

Much frequented : beautiful site.

**Dresden.**—Germany, capital of the kingdom of Saxony; from Paris by North of France Railway, *vid* Cologne, Frankfurt and Leipzig, or Cologne, Berlin and Leipzig, 23½ hours. 137½ frs. 1st class.

A very fashionable place of residence for English and American families, who winter here. It is styled the "German Florence." Cheap living, cheap music, theatres, and works of art, select and polished society, are some of the advantages Dresden offers.

**OBJECTS OF INTEREST.**—Royal palace, Green vaults, Picture gallery, Museum of natural history, Körner museum, Brühl terrace, Court church, the Court theatre, the Zwinger; Military museum or Historical Hall, Grand Opera house, Church of Our Lady, Grosser garten, Rietschel Museum, Zoological Gardeus.

**EXCURSIONS:** To Saxon Switzerland, Königstein, Bastei, Pillnitz, Ottowalder, Grund, Kuhstall and Winterberg.

Post and Telegraph Office: Waisenhausstrasse.

**CABS:** One to four persons, 40 to 90 pfgs.; by hour, 1 m. 60 pfgs. to 2½ mk.

*English club:* Bürgerwiese.

*Dentist:* Otto L. Schoch.

*Doctors:* Drs. F. Elb, Pierson, Vaust and Seltzner.

*Hotels:* Great Union, Webers, Victoria, Belle Vue, Saxe, de Rome, de Russie, de Londres.

**Dreykirchen.**—Austria, Tyrol, valley of the Eisack, near Kollmann.

Alkali saline waters.

Very pure and healthy air. Picturesquely situated, with numerous excursions.

The establishment is well appointed.

**Driburg.**—Germany, Westphalia, near Paderborn.

Earthy, saline chalybeate waters. Sulphurous muds.

Notwithstanding its numerous therapeutic resources, Driburg is little frequented. The establishment and accommodation are very good.

*Doctors:* Drs. Riefenstahl, Brück and Huller.

*Hotels:* Warnecke, Brockmann.

**Drise.**—Switzerland, Canton of Geneva, on the road to Annecy.

Cold ferruginous water.

**Drogheda.**—Ireland, County Louth.

Sea bathing.



**Drohobicz.**—Austria-Hungary, Galicia, district of Sambór, near Truscawicze.

Saline waters, 25 per cent. of salt. Only used externally.  
The bathing establishments are good.

**Droitwich.**—England, Worcestershire.  $3\frac{1}{2}$  hours from London.  
Saline waters and brine baths.

*Season*: May till October, but open all the year.

*Special indications*: Rheumatic gout, rheumatoid arthritis, muscular rheumatism, sciatica, neuralgia, nervous debility, pelvic cellulitis, uterine derangements, Bright's disease, bronchitis, rheumatic fever, cachexia, skin diseases, scrofula, congestions of liver and spleen.

The potency of the hot salt baths of Droitwich was recognised in 1831, during a visitation of the cholera. The baths and the hotel in connection therewith are now the property of a former medical student, who availed himself of the occasion of the British Medical Association meeting at Worcester in 1883, to invite the whole of the profession, 800 of whom accepted the invitation; a full account of their inspection was given in the British Medical Journal of 19th August, 1883.

The large swimming bath, 100 by 50 feet, containing brine at a temperature of  $80^{\circ}$  F., has been entirely renovated, and is quite unique, being the only inland salt water swimming bath. The excursions are varied, interesting and very picturesque.

*Hotel*: The *Royal Brine Baths Hotel* in connection with the above is now replete with all modern improvements, and being under an experienced and very efficient manageress, the comforts of home are secured to invalids and others. The grounds in which the baths are erected are extensive and strictly private. It has coffee, drawing, billiard, private sitting and smoking-rooms. Board with excellent cuisine  $2\frac{1}{2}$  guineas per week. Bedrooms, per tariff. For all particulars apply to A. Roe, Secretary.

**Drumgoon.**—Ireland, Ulster, County Cavan.

Saline sulphurous waters,  $50^{\circ}$  F.

**Drumrastel.**—Ireland, County Cork, near Mallow Spa.

Ferruginous waters; used only internally.

**Drumsna.**—Ireland, County Leitrim.

Sulphurous waters,  $50^{\circ}$  to  $55^{\circ}$  F. The waters have an intense odour of sulphuretted hydrogen.

**Dubograedsk.**—Russia, Government of the same name.

Two bitter water and two alkali-saline springs.

Only used internally. Arrangements are of a primitive kind, and although the waters are effective, they are scarcely known beyond the immediate neighbourhood.

**Dubowa.**—Austria-Hungary, comitat of Arva-Turóc.

Alkaline waters.

Primitive arrangements; the waters are used only in the environs, or exported in stone bottles.

**Dubrawa.**—Austria-Hungary, comitat of Zips.

Cold alkaline waters.

An establishment, with a Trinkhalle.

**Duivon.**—France, Department of Loire, near Molières.

Bicarbonate waters analogous to those of St. Alban.

**Dunbar.**—Scotland, Haddingtonshire.

Sea baths, much frequented.

*Doctor:* Dr. Turnbull.

**Dunblane.**—Scotland, Perthshire, near Stirling.

Saline waters, purgative and diuretic.

*Special indications:* Scrofula and herpes.

**Dundrum.**—Ireland, Down, near Lisburn.

Sea baths; good beach.

*Doctor:* Dr. Nolan.

**Dunkirk.**—France, Department of Nord.

Sea baths, much frequented; sandy beach.

*Season:* June—September.

Dunkirk is duly celebrated for its extensive rabbit-shooting facilities. During season, races of importance are held. Theatre, casino, boating and fishing.

*Hotels:* The *Hôtel du Chapeau Rouge*, 5, Rue St. Sebastien, first-class and comfortable house, open all the year; omnibus meets all trains. M. Roux, proprietor.

**Dunmore-East.**—Ireland, County of Waterford.

Sea baths.

**Dunoon and Mellan.**—Scotland, Argyleshire.

Sea baths; sandy beach.

*Doctor:* Dr. Reid.

**Dürenhof.**—Russia, Livonia, district of Wolmar.

Sulphurous waters, containing a quantity of sulphuretted hydrogen. No establishment, and but little used.

**Dürkheim an der Hardt.**—Germany, Palatinate.

Saline bromo-iodurated springs, similar to the Kreuznach waters, but not so rich. Grape cure.

*Doctors:* Drs. Löchner and Kauffmann.

*Hotels:* *Four Seasons*.

**Durness.**—Scotland, Sutherland.

Sea baths; stony beach.

Very little frequented and accommodation poor.

**Dürreheim.**—Germany, Baden, near Donaueschingen.  
Saline waters.

**Dürrwangen.**—Germany, Würtemberg, district of Bahligen.  
Sulphurous waters, containing a considerable quantity of sulphuretted hydrogen. Little frequented.

**Durtal.**—France, Department of Maine and Loire, near Baugé.  
Ferruginous bicarbonic waters.

**Dusternbrook.**—Germany, Holstein.  
Sea baths on the bay of Kiel.

**Eastbourne.**—England, Sussex, between Brighton and Hastings.  
Sea baths; sandy beach; air very pure and healthy. Mortality 16 per 1,000. Much frequented.  
*Doctor* : Dr. Gould.  
*Hotel* : The Grand.

**Eaux-Bonnes.**—France, Department of Basses Pyrénées; 2,500 feet above the sea level; half-hour from Laruns by carriage. For routes see table.  
Sulphurous saline and alkaline waters, 90° F. Inhalation saloon. Hydropathic establishment.

*Season* : June to September.

Frequented by more than 3,000 visitors.

*Special indications* : Angina pectoris and laryngitis, bronchitis and chronic catarrhs, asthma, chronic pleuritis, pulmonary phthisis, anæmia, lymphatism and scrofula.

“The thermal sulphurous and sulphurous saline waters of the Pyrénées, and especially the Eaux-Bonnes waters,” says Dr. Cazaux, “are specific remedies in all chronic affections of the chest.”

The late celebrated Dr. Pidoux wrote:—“In cases of pulmonary tuberculosis, the waters of Eaux-Bonnes possess a force with which no medicine of the chemist can compare. Thermal Europe has no remedies, we venture to assert, worthy to be placed on the same level as the Eaux-Bonnes waters. Even phthisis in the third stage can be cured here, unless indeed the whole system be already undermined.”

The town of Eaux-Bonnes is sheltered from winds by the surrounding forest-clad mountains, and can be recommended as an agreeable place of residence. It is also favourably known as an air cure station, owing to its elevated position.

Post and telegraph. Protestant and Catholic churches.

Casino, club and municipal band. Many points for excursions. Villas and furnished apartments.

*Doctors* : Drs. M. Cazaux and Cazenave de la Roche.

*Hotels* : The *Hôtel des Princes*, a first-class house in every respect; comfortable and elegant; situated in the park. E. Murret-Labarthe, proprietor.

**Eaux-Chaudes.**—France, Department of Basses Pyrénées, near Eaux-Bonnes; 2,020 feet above sea level. For routes see table.

Sulphate of soda waters, from 22° to 90° F. The Baudot l'Espuriette and Bey springs are taken internally.

*Special indications:* Rheumatism, catarrhs, scrofula.

*Doctor:* Dr. Anglada.

*Hotels:* De France, Baudot.

**Ebeaupin.**—France, Department Loire Inférieure, near Nantes.  
Ferruginous bicarbonate waters, 30° F.

**Ebed.**—Austria-Hungary, comitat of Grau.

Sulphurous waters, 70° F. The volume of the spring is very large.

Very little known, and no establishment.

The waters are used to drive a mill, a good proof of an abundant supply.

**Eberbach.**—Germany, Würtemberg.

Saline waters.

A small bathing establishment.

**Ebingen.**—Germany, Würtemberg, district of Bahlingen.

Sulphurous waters.

A small and fairly appointed bathing establishment.

**Ebriaeh.**—Austria, Carinthia, district of Klagenfurt, near Kappel.

Alkali-saline and ferruginous waters.

The water is exported. The municipal authorities are earnestly endeavouring to provide the accommodation and amusements expected by visitors in the present day.

**Echaillon (L').**—France, Department of Isère, near Grenoble.

Sulphate of lime waters, 45° F.

**Echaillon (L').**—France, Savoy, near St. Jean de Maurienne.

Saline and sulphate of soda springs, 100° to 110° F.; highly purgative and diuretic.

**Echzell.**—Germany, Hesse, near Neuschwalheim.

Sulphurous waters. Used only by the peasantry.

**Eekartsbrunnen.**—Germany, Nassau.

Ferruginous waters.

**Eekerberg.**—Germany, Pomerania.

Air cure station and hydropathic establishment.

The place is situated in the midst of a pine forest.

*Doctor:* Dr. Vieek.



**Eckernförde.**—Germany, Schleswig, 5 hours from Kiel.

Sea baths ; sandy beach.

The bathing establishments are very efficient, and well appointed.

**Ecquevilly.**—France, Seine at Oise.

Cold saline spring.

**Ecuillé.**—France, Department of Maine and Loire.

Ferruginous bicarbonate water.

**Edenkoben.**—Germany, Bavaria.

Sulphurous waters.

Only used in the immediate neighbourhood.

**Egartbad.**—Austria, Tyrol, near Meran.

Cold sulphurous waters.

The bathing establishment, one of the best in the Tyrol, is much frequented during summer.

Air sedative and mild ; Egartbad is well suited to nervous temperaments as a climatic air station.

**Egbell.**—Austria-Hungary, comitat of Nentra.

Sulphurous waters, little used.

**Egelhof.**—Austria, district of Traun, near Windisch-Garsten.

Cold, sulphurous waters.

A small bathing establishment, with a limited number of visitors annually.

**Egerdach.**—Austria, Tyrol, near Innspruck ; 1,900 feet above sea level.

Alkaline waters.

The establishment affords everything necessary, and is much frequented.

**Eggishorn.**—Switzerland, Canton Valais ; 7,200 feet above sea level ; 6 hours from Brieg, *via* Fesch, by good mule paths and carriage road.

Mountain air and whey cure station.

Season : June to October.

A great centre for excursionists to the Eggishorn, Glacier of Aletsch, lake of Mergelen,  $4\frac{1}{2}$  hours to the Cabane of Concordia and the most interesting peaks of the Cernoise Alps.

*Hotels* : The *Hotel Jungfrau* commands a magnificent view of the Eggishorn,  $2\frac{1}{2}$  hours above Fesch. E. Cathrein, proprietor.

**Eghegh.**—Austria, comitat of Grau.

Strong, cold ferruginous waters.

**Ehrenbreitstein.**—Germany, Rhenish Prussia, opposite Coblenz, at the foot of the fortress.

Earthy waters, used in the environs as table waters, and also exported.

- Eichwald.**—Austria, Bohemia, district of Leitmeritz.  
Hydropathic establishment, much visited.
- Eilsen.**—Germany, principality of Sehanmburg-Lippe.  
Sulphate of lime springs, 35° F. Mud baths.  
*Special indications:* Inhalation in chronic catarrhs and phthisis of the larynx.  
*Doctors:* Dr. Müller, Dr. Wegner.  
*Hotels:* Kurhaus.
- Eimbeck.**—Germany, Hanover.  
Bicarbonate of lime water.
- Einöd.**—Austria, Carinthia, district of Judenburg.  
Ferruginous waters.  
A very bare and monotonous country, as the name indicates.
- Eisenbach.**—Austria, Hungary, near Sehemnitz.  
Thermal, ferruginous and sulphurous waters, 105°.  
Very good establishment and accommodation.
- Eisenberg or Zelesna-Wodsk.**—Russia, Caucasasia, near Pjätigorsk.  
Ferruginous waters, 50° to 110° F.  
The establishments and general accommodation are very poor, considering the large number of visitors which the efficacy of the waters attracts.
- Elba.**—Island of, Italy, in the Mediterranean.  
Ferruginous sulphur and saline waters; not used therapeutically.
- Elche.**—Spain, Province of Alicante, and one hour rail from that town.  
Climatic winter station.  
Drier and warmer than Alicante. The accommodation, however, is but indifferent.
- Elgersburg.**—Germany, Thuringia.  
Hydrotherapeutic establishment.  
*Doctor:* Dr. Pelizäus.  
*Hotels:* Kurhaus.
- El-Hamma.**—Algiers, near Constantine.  
Bicarbonate of iron water, 90° F.
- Elisabethbad.**—Germany, Brandenburg, near Prenzlau.  
Ferruginous bicarbonate waters.  
*Special indications:* Nervous affections.
- Elisabeth-Salzbaths.**—Austria-Hungary, in the town of Ofen.  
Bitter waters, the oldest spring of Ofen.  
Exported to the extent of over one million bottles per annum.  
There is also a bathing establishment.

**Ellabria.**—Switzerland, Canton of St. Gall.  
Sulphurous waters, not used therapeutically.

**Elmen.**—Germany, Saxony, district of Magdeburg, near Salza.  
Saline waters.

*Special indications:* Affections of the glands and of the mucous membrane, rheumatism.

*Doctor:* Dr. Kirchheim.

*Hotels:* Evers, Voight.

**Előpathak, or Arapatak.**—Transylvania, near Kronstadt.  
Ferruginous bicarbonate water, 30° F.

*Doctor:* Dr. Meyr.

**Elorrio.**—Spain, Province of Bilbao, near Durango.  
Mixed sulphurous waters, 30° F.

*Special indications:* Skin diseases.

The site is very charming, with a very luxurious vegetation.

The establishment is well-fitted and the accommodation good.

*Doctor:* Dr. Enriquez.

**Elster.**—Germany, Saxony, near the Bohemian frontier; 1,300 feet above the sea level.

Alkali-saline ferruginous waters, 25° to 30° F. A very well-appointed bathing establishment.

*Special indications:* Abdominal plethora, dyspepsia, and nervous affections depending on anæmia.

Mud baths, recommended in cases of rheumatic paralysis and articular disease.

*Doctors:* Drs. Hahn, Cramer and Fleehsig.

*Hotels:* De Saxe, Wettiner.

**Empfing.**—Germany, Bavaria, near Traunstein; 1,300 feet above the sea level.

Indifferent waters; hydropathic establishment. Steam, douche, mud and pine-cone sap baths.

The establishment is good, and accommodation abundant and adequate.

**Ems.**—Germany, Duchy of Nassau, on the Lahn. For routes see table.  
Saline alkaline and saline earthy waters, 65° to 110° F.

*Season:* May—October. Milk cure.

These waters have a special action on the lungs, chest, and on nervous diseases, for the treatment of which Ems is specially noted.

*Bookseller:* A. Pfeiffer, Colonnade 11.

*Banker:* L. J. Kirchberger, under the Colonnades.

*Doctors:* Drs. Géisse, Orth, Goltz, Vogler and Kastan.

*Hotels:* The *Hôtel d'Angleterre*, first-class house, good in every respect; opposite the Royal Baths; large garden belonging to the hotel. Mr. Schmitt, proprietor.

**Enatbühl.**—Switzerland, Canton of St. Gall; 3,000 feet above the sea level.  
Alkali-saline and sulphurous waters.  
The establishment is efficient, and the accommodation good.

**Encausse.**—France, Department of Haute Garonne, near St. Gaudens.  
Sulphate of lime waters, 50° F.  
*Special indications* : Uterine and nervous affections in general.

**Engelberg.**—Switzerland, Valley of Engelberg, near the Lake of Lucerne, 3,200 feet above the sea level.  
Mountain air cure.  
*Doctors* : Drs. Daubeny, Whiteley and Brunner.  
*Hotels* : *Hotel Angel*, and *Hotel Müller*.

**Enghien.**—France, Department of Seine and Oise, near Montmorency.  
Cold sulphurous and lime waters.  
*Special indications* : Scrofula, affections of respiratory organs, herpes and rheumatism.  
Bathing establishment well fitted for hydropathic medication.  
*Doctors* : Dr. Japhet, Dr. Pozzioli.

**Engistein.**—Switzerland, near Berne; 1,850 feet above the sea level.  
Cold ferruginous and carbonate of lime waters. Little frequented.

**Enn.**—France, Department of Pyrénées Orientales, near Prades.  
Thermal neutral waters, 120° F.

**Epidaurus.**—Greece, Peloponnesus, near the ruins of the old Temple of Epidaurus.  
Alkali-saline bitter waters. Strong purgative action, even in small doses.

**Eppenhausen.**—Germany, Westphalia.  
Alkaline-earthly waters.

**Eppingen.**—Switzerland.  
Cold sulphate of magnesia waters.

**Epsom.**—England, Surrey.  
Sulphate of magnesian waters, rich in mineral matter, though little resorted to.  
The sulphate of magnesia, which constitutes the mineral base of these waters, is usually called "Epsom Salts" in England.

**Erdö-Benye.**—Hungary, comitat of Zemplin, near Tokay. Rail to Szeghalom.  
Sulphurous ferruginous waters; grape cure station.  
Much frequented. Establishments and accommodation good.



**Erlachbad.**—Austria, Tyrol.

Ferruginous alum thermal waters.

Primitive establishments.

**Erlau.**—Hungary.

Thermal indifferent waters, 80° F.

**Erlaubad.**—Germany, Duchy of Baden, near Sasbach.

Thermal saline waters, 75° F.

**Ermetsehwyli.**—Switzerland, Canton of St. Gall, near Toggenburg, 2,250 feet above sea level.

Alkaline waters, 80° F.

*Special indications* : Rhenmatic paralysis and contractions.

**Ernabrunnen.**—Germany, Brunswick.

Ferruginous waters, 50° F.

*Special indications* : General debility, anæmia, affections of the nerve centres.

**Ernsdorf.**—Austria, Silesia, near Bielitz.

Whey cure station. Kumiss, pine-cone sap baths.

**Erquy.**—France, Department of Côtes du Nord ; from Paris, *viâ* Lamballe.

Sea baths ; sandy beach.

**Esealdas (Les).**—France, Department of Pyrénées Orientales.

Thermal alkaline sulphurous waters, slightly mineralised.

*Doctor* : Dr. Companyo.

**Esehellöhen.**—Germany, Bavaria, near Partenkirehen.

Earthy waters.

Scarcely known even in its own immediate neighbourhood.

**Eseoriaza.**—Spain, Province of Guipuzcoa, near Vergara.

Sulphurous earthy waters, 50° F. One ferruginous spring.

*Special indications* : Chronic affections of the digestive organs, bronchial and laryngeal catarrh, asthma, hyperæmia of liver and spleen, leucorrhœa, anæmia and chlorosis.

The situation is most delightful, and the gardens are very fine. The establishment and the accommodation rank amongst the best to be found in Spain. Eseoriaza is consequently much frequented. The prices are, however, within the reach of everyone.

*Doctor* : Dr. Diez.

**Escouloubre.**—France, Department of Aude.

Thermal sulphurous waters.

*Special indications* : Rheumatism.

**Eski-Scheher.**—Turkey, Asia Minor.

Thermal sulphurous water.

**Esparraguera and Olesa.**—Spain, Catalonia, near Barcelona.

Sulphurous waters, 90° F.

Very fine promenades, and much visited. The bathing establishments and accommodation are good.

**Essentuky.**—Russia, Caucasus, near Pjätigorsk.

Cold alkaline and alkali sulphurous waters.

*Season* : May—October.

*Special indications* : Affections of the abdominal organs, hyperæmia of liver and spleen, arthritis, lithiasis, affections of the urinary organs, scrofula, emphysema and affections of the respiratory organs.

The bathing establishments and accommodation generally are luxurious, and fresh improvements are being made each year. No known European waters are so rich as those of Essentuky in iodine and bromine.

**Estadilla.**—Spain, Province of Huesca, near Monzon.

Alkaline waters, 45° F.

*Special indications* : Gastric affections, chronic ulcers.

*Doctor* : Dr. Lopez.

**Étretat.**—France, Department of Seine Inférieure.

Largely visited sea baths.

**Eufemia (Sant').**—Italy, Calabria, near Nicastro.

Saline waters, 100° F.

Very famous in antiquity, but now entirely neglected.

**Euzet.**—France, Department of Gard.

Sulphate of lime bituminous springs.

*Special indications* : Pulmonary catarrh.

**Evaux.**—France, Department of Creuse.

Eight sulphate of soda springs, 60° to 140° F.

*Special indications* : Rheumatism, paralysis, ulcers.

**Evian-les-Bains.**—France, Upper Savoy, on the Lake of Geneva ; 1,150 feet above the sea level. For routes the see table.

Alkaline waters, and climatic air station.

*Special indications* : Affections of the urinary and digestive organs, chronic affections of the liver and biliary apparatus, chronic nephritis, gravel, gout, vesical catarrh, chronic cystitis, congestion of the liver, diseases of the nervous centres, insomnia.

The watering place of Evian offers to the tourist as well as to the bather an agreeable sojourn. Facing the north, it receives refreshing breezes from across the lake.

Post and Telegraph station.

Walks and excursions in great variety into the forests and mountains, &c. Excursions, by steamer (25 departures every day), to Montreux, Chillon, Vevey, Lausanne, Geneva, &c.

*Doctors:* Drs. Taberlet, Million, Flottard, Dantaud and Dumuz.

*Hotels:* The *Grand Hôtel des Bains*.

**Evolena.**—Switzerland, Canton of Tessin, 5 hours from Sitten.

Ferruginous waters.

Used only by the surrounding peasantry.

**Exmouth.**—England, Devonshire, 10 miles from Exeter.

Sea baths, sandy beach.

*Climate:* Mild

*Season:* June—September.

An establishment for hot and cold baths.

*Special indications:* Failing digestion, debility and catarrhal affections.

*Doctor:* Dr. Ward.

*Hotel:* The *Beacon*.

**Faehingen.**—Germany, Nassau, near Ems.

Cold alkaline waters; for table use only.

*Special indications:* Dyspepsia.

Some of the strongest alkaline waters in Germany. Largely exported.

**Faenza.**—Italy, Romagna.

Earthy waters.

Only used by the inhabitants. The establishment and accommodation are indifferent.

**Faleiano.**—Italy, Tuscany, on the Ghiora.

Ferruginous muriatic waters, 60° F.

*Special indications:* Gravel and vesical calculus.

**Falkenberg.**—Germany, Silesia, district of Oppeln, near Grottkau.

Ferruginous sulphurous waters.

The establishment is of a superior kind.

**Falkenstein.**—Germany, Thaurus, Nassau, near Kronberg.

Hydrotherapeutic station.

*Special indications:* Affections of the lungs.

*Doctors:* Drs. Meissen, Dettweiler and Lorent.

*Hotel:* *Kurhaus*.

**Fällorne.**—Sweden, half a mile from Wexi.

Alkaline waters.

Taken only internally at the spring; neither used in baths nor exported.

- Falmouth.**—England, Cornwall.  
Sea baths; sandy beach.  
*Doctor* : Dr. Dub.  
*Hotel* : The Royal.
- Falú-Szlatina.**—Austria-Hungary, district of Szigeth.  
Alkaline ferruginous and pure alkaline and saline waters.  
The country around is picturesque.
- Fano.**—Italy, 4 hours' rail from Bologna.  
Sea baths; sandy beach.  
Arrangements fairly good.
- Farette.**—France, Savoy.  
Cold ferruginous arsenical waters; a table water.
- Farkas-Mező.**—Austria, Transylvania, district of Udvarhely.  
Earthy saline waters.
- Farnbühl.**—Switzerland, near Lucerne; 2,500 feet above the sea level.  
Air cure station.
- Fécamp.**—France, Department of Seine Inférieure.  
Much frequented sea baths.
- Feldalfig.**—Germany, Bavaria, near Munich.  
Cold sulphurous springs.
- Feldberg.**—Germany, Mecklenburg-Strelitz.  
Hydropathic establishment. Electro-therapeutic baths. A winter station.  
*Doctor* : Dr. Erfurth.
- Féletekút.**—Austria-Hungary.  
Sulphurous waters, containing a large quantity of sulphuretted hydrogen.  
No bathing establishment and no adequate accommodation.
- Félines.**—France, Department of Auvergne.  
Alkali saline waters; highly effervescent.
- Felixstow.**—England, Suffolk, near Harwich.  
Sea baths; firm sandy beach.  
Climate bracing.  
*Season* : July—September.
- Fellathal.**—Austria, Carinthia.  
Cold alkaline water.  
Very good establishment and accommodation.



**Felsenegg.**—Switzerland, Canton of Zug; 3,030 feet above sea level.  
Climatic station. Very pure and equable atmosphere.

**Felsö-Alap.**—Austria-Hungary, comitat of Weissenburg.  
Bitter waters, containing iodine. Exported since 1853. No establishment.

**Felsö-Apsa.**—Austria-Hungary, comitat of Mármaros, district of Szigeth.  
Saline waters.  
Accommodation and bathing establishments bad.

**Felsö-Bajom.**—Austria, Transylvania, near Baasen.  
Saline waters, 70° F.  
The establishment is well arranged, and the accommodation good.

**Felsö-Nereszníze.**—Austria-Hungary, comitat of Mármaros, Valley of Taracz.  
Ferruginous, alkaline and saline waters.

**Felsö-Russbach.**—Austria-Hungary, comitat of Zips, near Pudlein.  
Earthy waters.  
The establishment resembles a gothic castle of feudal times. Its ancient splendour is still attested by numerous antiquities. The gaseous emanations from the soil are very peculiar, and not without risk to men and animals.

**Felsö-Visso.**—Austria-Hungary.  
Alkaline and chalybeate waters of great strength.  
No establishment, and but poor accommodation.

**Feredsehik.**—Turkey, Roumelia, Sandshak Gallipoli.  
Saline waters, 70° F.  
The establishments are on a grand scale, and fitted with every luxury.

**Féron.**—France, Department du Nord.  
Earthy waters, but little used.

**Ferranche.**—France, Savoy, near Chamousset.  
Cold ferruginous, alkaline and magnesian waters.

**Ferreira.**—Spain, Province of Murcia.  
Earthy ferruginous waters.  
*Special indications:* Anæmia, dyspepsia, irregular menstruation, disorders of kidney and bladder.

**Ferriere (La).**—France, Department of Isère.  
Cold sulphate of lime waters.

**Ficoncella.**—Italy, Tuscany, valley of the Paglia, near Siena.  
Ferruginous alkaline waters, 105° F.  
Though very much frequented in the time of the Roman Emperors, they are now scarcely visited.

**Fideris.**—Switzerland, Canton of the Grisons.  
Cold bicarbonate of soda and chalybeate waters.

**Fiestel.**—Germany, Westphalia.  
Sulphate of lime springs; 2 grs. of mineralisation.

**Filetto.**—Italy, Abruzzo, near Torano.  
Earthy saline waters, 85° F.  
Little used; accommodation of a very inferior kind.

**Filey.**—England, Yorkshire, seven miles from Scarborough.  
Saline springs, deserving to be better known.  
*Season*: June—September.  
*Doctor*: Dr. Scrivener.

**Finceschi.**—Roumania, Walachia.  
Sulphurous waters, 45° F.  
Establishment and accommodation inferior.

**Fitero.**—Spain, Province of Navarre.  
Saline earthy waters, 115° F.  
*Special indications*: Rheumatism and paralysis, gout, tendinous retractions, caries, necrosis, chlorosis and anæmia.  
The establishments are modern, and prices are all fixed in accordance with a tariff exhibited in the various buildings.  
Accommodation good.  
*Doctors*: Dr. Gimenez de Pedro, and Dr. Coll y Amo.

**Fiumorbo.**—France, Corsica.  
Sulphurous waters, 130° F.  
Establishment and accommodation inferior.

**Fläsch.**—Switzerland, Argovy, near Feldkirch; 1,750 feet above the sea level.  
Alkali-saline waters, 45° F.  
*Special indications*: Gravel, vesical calculi, podagra, hæmorrhoids.  
The establishment is good and accommodation fair.

**Fleetwood.**—England, Lancashire, on the Wyre.  
Sea baths; shingly beach.  
Climate humid and mild.  
*Doctor*: Dr. Orr.

**Flims, or Waldhaus Flims.**—Switzerland, canton of Grisons, 3 hours from Coire; 3,642 feet above the sea level. For routes see table.

Climatic mountain station; milk and whey cure; baths in the Cauma lake.

*Season* : June—September.

*Special indications* : Chronic debility and convalescence, nervous debility, derangements of the digestive organs, impaired nutrition and catarrhal irritation of the respiratory organs with phthisical tendencies.

This is a quiet and retired spot, created, as it were, by nature and aided by art, as a lounge for the summer months, far from the turmoil of the world. The scenery surrounding the establishments and lake is very beautiful, with its valleys, woods, and mountain peaks. The hill on which the establishments are erected affords a panorama of great natural beauty. It overlooks a valley clothed with pine forests, which fill the air with their balsamic odours. It is no wonder, therefore, that Flims is one of the most popular of Swiss stations. The mean temperature (May—September) is 55° to 60° F. Another attraction is the almost absolute fixity of atmospheric pressure, the mean barometrie readings being 668 m/m.

The establishment consists of three principal buildings :—The Kurhaus, with café, reading-room, dining, ladies' and music rooms, the Villa Belmont and the Posthouse. There is also a Swiss Chalet, all four capable of accommodating 200 visitors. Most of the rooms have balconies. The baths—which are floating on the lake—contain separate apartments for ladies, gentlemen, girls and boys, as also single baths, and have complete arrangements. There are large and small boats at the disposal of visitors. Temperature of the water, 60° to 75° F.

The excursions embrace the whole of the Grisons, and amongst others may be mentioned :—The Segnes Falls, Rhine view and Corn, Salmus, Laas, Feilers, Val Bargis and Fidaz, Martin's Loch and Six Virgins, Segnes glacier, Piz-Grisch and Ringelspitze, Hanz-Trons-Disentis, Waltensburgh and Brigels, Lugnetz-Vals, Piz-Mondeun, Versam and Reichenau.

English Church Service.

Post and Telegraph Office.

*Doctor* : A Physician constantly in attendance.

*Hotel* : The Kurhaus and its dependencies are all thoroughly comfortable and well managed. There is a dairy attached to the establishment. Guggenbühl, director.

**Flinsberg.**—Germany, Sillesia.

Bicarbonate ferruginous cold waters.

*Doctor* : Dr. Adam.

*Hotels* : Thomas, Grasser.

**Flint.**—Wales.

A well-frequented sea bathing-place.

**Florence.**—Italy, formerly capital of, but now of the Province of Tuscany; from Paris through Mont Cenis, *viâ* Turin, Genoa, and Pisa, or *viâ* Marseilles, Nice, and Genoa, 32½ hours. 160¾ frs. 1st class.

Florence, situated in the valley of the Arno, has been called “the fairest city of the world.” A great many English and American families reside here in winter and early spring.

**OBJECTS OF INTEREST.**—The Cathedral or Duomo, Santa Maria del Fiore, the Campanile or bell tower, the Baptistery of San Giovanni, with the doors by Ghiberti, generally called the “Doors of Paradise”; Church of St. Croce, del Carmine, San Lorenzo, Palazzo Vecchio, Uffizi gallery, Palazzo Pitti, Loggia de Lanzi, Town Hall, Casa Buonarrotti, Boboli gardens, National museum, Etruscan museum, Royal Mosaic manufactory, Grand Opera, Theatres, La Pergola, Niccolini, Nusvo, Alfieri, Pagliano, Goldoni.

**EXCURSIONS:** Le Cascine, the Florentine Bois de Boulogne or Hyde Park, the most charming drive and promenade in all Italy; Villa Demidoff in the neighbourhood; the Monte Miniato, or Viale dei Colle; a walk up the hills to Galileo’s tower; Vallombrosa, Pontassieve, Pelago, Certaldo, Fiesole.

**CABS:** One-horse, by the drive, 80c.; by hour, 1 lire 30 c. if within the boundary; if outside, 2 lire; every ½ hour afterwards, 70 c. and 1 lire.

**Post-office:** Uffizi; **Telegraph:** Palazzo Ricardi.

**Bookseller:** Hrm. Loescher, 20, Via Tornabuoni.

**American Dentist:** Dr. H. L. Schaffner, 8, Via dei Cerretani.

**Doctors:** Drs. Davidson, Young, Wilson and Duff.

**Hotels:** The *Hôtel d’Italie*, large first-class house for families, well situated on the Arno; has a lift and is in every way well appointed. Branch house of *Hôtel de Nice*, Nice, Bernerhof at Berne, and *Hôtel de Turin* at Turin. G. Kraft, proprietor.

The *Anglo-American Hôtel* and pension, large and small apartments, and moderate charges; good cooking. The *Hôtel du Nord*, in the centre of the town, belongs to the same proprietor, Paolo Isola.

**Flue.**—Switzerland, near Solothurn.

Alkaline springs.

**Folkestone.**—England, Kent, on the Channel coast.

A much frequented sea bathing-place; sandy beach.

Chalybeate waters.

**Doctor:** Dr. Tyson.

**Foncirque.**—France, Ariège.

Bicarbonate of lime waters, 50° F.

**Special indications:** Nervous affections.

**Fonfrede.**—France, Department of Lot and Garonne.

Alkaline magnesian waters, 35° F.

**Special indications:** Gravel, affections of the kidneys, bladder, liver and diabetes; deserves to be better known.

**Doctor:** Dr. de Gaulejac.



**Fonga.**—Italy, Tuscany.

Effervescent alkaline waters.

Little or no accommodation.

**Fonsainte.**—France, Department of Cantal, near Cahors.

Ferruginous waters.

Mostly used in after treatment.

**Fonsalade.**—France, Department of Puy du Dôme, near Billon.

Saline waters, only employed by the surrounding inhabitants.

**Fonsanches.**—France, Department of Gard, near Vigán, 2 hours from Nîmes.

Sulphate of soda waters, 60° F.

*Special indications:* Neuralgia and rheumatism.

**Fonsrouilleuse.**—France, Department of Maine and Loire, near Chaumont.

Muriatic ferruginous waters.

Only used in the immediate neighbourhood.

**Fontaecia.**—Italy, Tuscany, near Monte Bicchieri.

Sulphurous and saline waters, 65° F.

**Fontaigre or Sorède.**—France, Pyrénées Orientales, near Perpignan.

Effervescent ferruginous waters.

The hamlet is charmingly situated, while but little has been done to attract visitors.

**Fonté.**—Spain, Province of Zaragoza, near Chiprana.

Sulphurous saline waters, 50° F.

*Special indications:* Affections of the abdominal viscera, dyspepsia, amenorrhœa, chlorosis, hysteria, ophthalmia.

The situation is charming. The establishment is not quite up to modern requirements. Accommodation is scanty.

*Doctor:* Dr. Martincz.

**Fontenelle.**—France, Vendée, near Napoléonville.

Alkaline waters similar to those of Forges-les-Bains.

**Foradade.**—France, Department of Pyrénées Orientales, near Tantaré.

Bitter waters, 65° F.

Used as a purgative, but only by the resident population.

**Forbach.**—Germany, Alsace-Lorraine.

Cold saline water; 6 grs. of mineralisation.

**Forceral.**—France, Department of Pyrénées Orientales, near Perpignan.  
Ferruginous waters, 65° F.

**Fordel.**—Scotland, Fifeshire.  
Alkali-saline waters.

**Fordignano.**—Italy, Sardinia, district of Barrigado.  
Saline waters, 160° F.

Renowned under the Roman Emperors, as its ruins show ; the baths are now altogether neglected. The roads leading to it are, as is almost universally the case in Sardinia, in a miserable condition.

**Forges-les-Bains.**—France, Department Seine and Oise. For routes see table.  
Cold alkaline ferruginous springs.

**Forges-les-Eaux.**—France, Department of Seine Inférieure. Rail from Dieppe to Paris.

Cold bicarbonate and ferruginous waters, tonic and fortifying in their action.

*Special indications* : Convalescence, and more especially in cases of sterility.

Forges boasts a casino.

*Doctor* : Dr. Caraman.

*Hotels* : The *Hotel des Thermes* is the only hotel which can be recommended for comfort and proximity to the baths.  
Miss Broderick, proprietress.

**Forstegg.**—Switzerland, Canton St. Gall, near Sennwald.  
Effervescent sulphurous waters.  
Fairly good establishment.

**Fortuna.**—Spain, Province of Murcia, near Cieza.  
Saline waters, 125° F.

*Special indications* : Rheumatism and paralysis, chronic ulcers, scrofula, neuralgias.

The establishment is one of the best in Spain, and the accommodation is good. The gardens are beautiful.

*Doctor* : Dr. Chacel.

**Fortyogo.**—Austria-Hungary, Transylvania, district of Coik.  
Sulphurous alkaline waters.  
Used in baths only by the surrounding peasantry.

**Fossino.**—Italy, Tuscany, in the bed of the Valcontò river.  
Alkali-saline and ferruginous waters.  
Very little used.

**Fosso degli Ontani.**—Italy, Tuscan, valley of the Fiora.  
Alkali-saline waters, 65° F.

**Foucaude.**—France, Department of Hérault, near Montpellier.  
Warm bicarbonate of soda waters, 60° F.

*Special indications:* Sedative action; useful in certain nervous affections.

**Fourchambault.**—France, Department of Nièvre, near Nevers.  
Bicarbonate of lime waters, cold.

**Fowey.**—England, Cornwall.  
Sea baths on the south coast.

**Frailes y La Rivera.**—Spain, Province of Jaén, near Alealá la Real and 1,140 feet above sea level.

Bitter waters, 50° to 55° F.

*Special indications:* Bronchial catarrhs, hyperæmia of the liver, dyspepsia, leucorrhæa, chlorosis and chorea.

The situation is lovely, and the vegetation very luxuriant. The establishment is composed of 25 houses and three large edifices, having 18 balconies. The arrangements for baths are good, and the accommodation is of a superior kind; prices are, however, moderate. Ball, concert, reading, billiard, smoking and music rooms.

*Doctor:* Dr. Barráca.

**Frankenhausen.**—Germany, Thuringia, near Sondershausen.  
Saline lithic waters.

*Special indications:* Scrofula, rheumatism.

*Doctors:* Drs. Graef and Pflug.

*Hotels:* Nigger, Thuringia.

**Frankfort-on-Main.**—Germany.

Saline waters; 2 grs. of mineralisation.

*Special indications:* Skin diseases, but scarcely used.

**Frankfurt-on-Main.**—Germany, until 1866 one of the four free cities remaining of the Great Hansebund, but now annexed to Prussia; from Paris by North of France Railway, *via* Cologne and Mayence, or *via* Forbach and Mayence, 18½ hours. 85 frs. 1st class.

A very wealthy commercial town; the birthplace of the Rothschilds.

**OBJECTS OF INTEREST.**—The Cathedral, the Römer or Town Hall, Church of St. Paul, the Exchange, Städel Museum and Academy of Paintings, Bethman villas with Danecker's statue of Ariadne, Bethmann Museum, Goethe House, Public Gardens, Zoological, Botanical, and Palm Gardens, Old and New Cemetery; Günthersberg, near Bornheim, the seat of the Rothschilds.

Post and Telegraph Office : Zeil No. 52.

CABS : For one or two persons, 50 pfgs. ; three or four. 70 pfgs. ; for one hour, 1 mk. 70 pfgs., and 2 mk.

*Bookseller* : Schottenfels, Frankfurterhof.

*Dentist* : Brown-Townsend, Am.

*Doctors* : Drs. Varrentrop, Stein and Simrock.

*Hotels* : The *Swan Hotel*. A well managed and deservedly popular house, on the Theatre Platz. The treaty of 1871, was signed in this house. Geo. Fay, proprietor.

The *Hotel d'Angleterre*, a large first-class house for families, in the best central position. J. G. Saegmüller, manager.

**Franzensbad.**—Austria, Bohemia, near Eger ; 1,900 feet above sea level. For routes see table.

Six sulphate of soda and ferruginous springs, all cold ; mineralisation, 4 to 5 grs. Carbonic acid waters and mud baths.

These waters are tonic and stimulating.

*Special indications* : Anæmia and many uterine affections.

The treatment is internal rather than external.

*Doctors* : Drs. Hamburger, Kallay, Klein and Sommer.

*Hotels* : *Post, Hubner, Emperor's.*

**Fraserburgh.**—Scotland, Aberdeenshire, 28 miles from Aberdeen.

Sea baths, sandy beach and chalybeate waters.

*Doctor* : Dr. Grieve.

**Freiburg.**—Germany, Baden, in the Breisgau ; 950 feet above sea level ; 34,000 inhabitants. For routes, see table.

A very old town and the ancient capital of Breisgau. There is an old Münster, a fine specimen of Gothic architecture, containing many interesting objects. Archbishop's palace, Ducal palace or Citadel, Merchant's Hall, Statue of Victory, University and Library, are well worth visiting.

OTHER OBJECTS OF INTEREST.—Ludwigshöhe, Loreto chapel, Kyffhäuser, Günthersthal and Schauinsland, Belchen, Müllheim, Badenweiler, Hoellenthal, Suggenthal, Waldkirch, Titi lake, Kaiserstuhl and Feldberg, Black Forest.

English church service at the Post-office ; Rev. N. G. Lawrence.

Post and Telegraph : Close to Sommer's Hôtel.

*Dentist* : Von Langsdorf.

*Doctors* : Drs. Eschbacher, Schwerkhart and Hack.

*Hotel* : The *Hotel Sommer, Zühingerhof*. A handsome and well appointed hotel, in large gardens. Sommer Bros., the same proprietors as those of Hôtel Sommer at Badenweiler.

**Freienwalde.**—Germany, Pomerania, on the Oder.

Cold ferruginous bicarbonate waters. Little frequented.

Situated in a very fine valley.

*Doctors* : Drs. Giserius and Nath.

*Hotel* : *Kurhaus.*



**Freshwater.**—England, Isle of Wight.

Sea baths, pebbly beach.

Climate pure and bracing.

*Doctor* : Dr. Phelps.

**Freyersbach.**—Germany, Duchy of Baden.

Bicarbonate and ferruginous waters. Treatment by means of mud and carbonic acid gas baths. Little visited.

*Special indications* : Liver complaints, female diseases, disorders of the respiratory and urinary organs.

**Fribourg.**—Switzerland, capital of Canton of same name, from Paris, *via* Belfort and Basle to Fribourg.

A picturesque old town, founded in the twelfth century, and well worth staying at for a day, in order to see the various sights of interest, such as the—Temple Réforme, Convent of Ursulines, Lyceum and College, Town Hall, Cathedral of St. Nicholas, with the most celebrated organ in Europe (concerts every evening); Chancelry and Wire bridge, Church of St. Augustin, Convents of Montarge and Cordelier, Churches of Notre Dame and Capucins, Seminary, Pensionate of the Jesuits, Orphanage, Muscum, Colonna (opened 1881), Suspension Bridge and Chapel of Lorette.

*Excursions* : Promenade of the Palatinate, Viaduct of Grandfrey, Haute-ri-ve Bourgileon, artificial lake of Perolles, fish hatching establishments, garden of the hospital, the Black Lake, Kaiseregg, Gruyères, Morat and Avenches.

Post and Telegraph Office.

*Hotel* : The *Grand Hôtel National*. A well-managed house, clean and comfortable, nearest to Cathedral and Suspension Bridge. Organ concert every evening at 8 o'clock. F. Bassler, proprietor.

**Friedrichshafen.**—Germany, Württemberg, on the north shore of the Lake of Constance; 1,376 feet above sea level; 3,300 inhabitants.

A climatic summer station. Lake and Turkish baths.

The town is very old, but owing to recent additions it has acquired quite a modern aspect. The situation is very fine and picturesque, overlooking the lake and the opposite coast of Switzerland, with its mountain chains. Like all stations on the lake of Constance, it forms a good centre for excursions. There is a Kursaal, with park, on the shores of the lake. A museum, with many interesting objects illustrating the history of the lake of Constance and its primitive inhabitants. The King of Württemberg resides here in summer; the castle and park are both open to visitors.

Amongst the favourite excursions may be mentioned Manzell, Berg, Unter, and Ober Thuringen, Lochbrücke, Trautenmühle, Waggerhausen Riedle, St. George, Tettnang, Ravensburg, Wolfegg and Waldburg.

Post and telegraph office at the railway station.

*Doctor* : Dr. Seibold.

*Hotel* : The *Hôtel de la Couronne*, near the landing stage of the steamers, overlooking the lake and Alps, with a fine garden ; well managed house, with reasonable prices. Louis Deeg, proprietor.

**Friedrichshall.**—Germany, Bavaria, near Kissingen and Cobourg.

Bitter water, sulphate of soda and magnesia.

The water coming into the market under the above denomination is artificially prepared. It is less irritating, and consequently less purgative, than the waters of Pullna and Seidlitz, which allows of its being taken for a greater length of time.

Only used for exportation.

**Friedrichroda.**—Germany, Thuringia, near Gotha.

Saline waters and pine-cone baths.

Very picturesque site.

*Doctors* : Drs. Keil and Weidner.

*Hotels* : *De Berlin*, *Herzog Ernst*.

**Friedrich Wilhelmsbad.**—Prussia, Island of Rügen, near Puttbus, in the Baltic.

A much frequented and very fashionable sea-bathing resort. Established 1816.

*Season* : June—September.

**Fuen-Alamo.**—Spain, Province of Jaen.

Sulphurous waters, 45° F.

*Special indications* : Cutaneous affections.

Primitive arrangements, but prices very moderate.

*Doctor* : Dr. Salafranca.

**Fuencaliente**—Spain, Province of Ciudad-Real, near Puertollano.

Ferruginous waters, 100° F. ; douches, steam and mud baths.

*Special indications* : Rheumatism, paralysis, muscular contractions, corea, hysteria, anæmia and chlorosis.

The situation is good. The establishment is of recent construction, and the accommodation is abundant.

*Doctor* : Dr. Crespo y Escoriaza.

**Fuente-Amargosa.**—Spain, Province of Malaga, near Vélez.

Sulphurous complex waters.

*Special indications* : Female complaints, affections of the genito urinary organs and disorders of the stomach.

*Doctor* : Dr. Ortiz.

**Fuenterrabia.**—Spain, Province of Guipuzcoa.

Sea baths ; rocky and sandy beach.

**Fuente de Piedra.**—Spain, near Antequera.

Indifferent waters, 60° F.

Known under the Romans as highly efficacious in cases of calculi.

**Fuente del Rosal.**—Spain, Province of Cuenea, near Beteta.

Earthy waters, 65° F.

Much visited, but deficient in comfort.

**Fuente del Toro.**—Spain, Province of Madrid.

Cold sulphurous waters, containing much free sulphur.

**Fuente Santa de Lorea.**—Spain, Province of Mureia, near Lorca.

Sulphurous earthy waters.

The site is very charming, but the establishment inadequate.

Accommodation not of the best.

*Doctor* : Dr. Bernabeu.

**Fuente Santa de Gayangos.**—Spain, Province of Burgos, near Espinoza and Medina de Pomar.

Sulphurous earthy waters.

*Special indications* : Gravel, vesical catarrh, calculus and affections of the mucous membranes.

The establishment is old fashioned. Accommodation is abundant and moderate in price.

*Doctor* : Dr. Carrio y Grifol.

**Fumades.**—France, Department of Gard, near Alais.

Sulphate of calcium bituminous waters, 40° F.

*Special indications* : Skin diseases and chest affections.

**Füred, or Balaton-Füred.**—Hungary, comitat of Szalad.

Earthy, alkaline and ferruginous water; baths in the lake of Balaton; mud baths; milk cure.

*Special indications* : Anæmia, chlorosis, debility.

This town is picturesquely situated, and affords valuable therapeutic aid.

*Doctor* : Dr. Mangold.

**Gaberneg.**—Austria, Styria, near Rohitsch.

Alkali-saline ferruginous waters.

Only internally employed.

**Gabian.**—France, Hérault, near Beziers.

Effervescent ferruginous waters. Little visited.

**Gadara.**—Syria, near Lake Tiberias (Tabarieh).

Hyperthermal sulphurous waters; mud baths. Much frequented by the Arabs. Primitive appliances.

*Special indications* : Herpes, rheumatism and elephantiasis.

**Gafete.**—Portugal, Province of Estremadura.

Cold effervescent sulphurous waters.

**Gagliana.**—Italy, Tuscany, Valley of the Arno near Figline.

Earthy ferruginous waters, 50° F.

**Gaieiras.**—Portugal, Province of Estremadura.

Sulphurous waters, 95° F.

Little visited.

**Gainfarn.**—Austria, one hour's rail from Vienna, and close to Vöslau.

Hydropathic establishment. Much frequented.

Doctor: Dr. Friedmann.

**Gais.**—Switzerland, Canton of Appenzell; 3,000 feet above sea level.

Bicarbonate of iron, and carbonate of lime waters; climatic and whey cure station.

**Galaxidion.**—Greece, Morea.

Saline waters, 65° F.

*Special indications:* Spleen and liver affections.

**Galera.**—Spain, Province of Granada.

Cold sulphurous waters. Not much visited.

**Galleraje.**—Italy, Tuscany, Valley of Cecina.

One thermal sulphurous spring, 115° F.; two bicarbonate and ferruginous springs, 45° F.

*Season:* May and June, September and October.

Good establishment and accommodation.

**Galthof.**—Austria, Moravia, near Brünn.

Bitter waters, some of the mildest of their class.

The water is exclusively used for exportation, and is but little known.

**Galway Spa.**—Ireland, Connaught.

Muriatic ferruginous waters. Only used internally by the inhabitants.

**Gamarde.**—France, Department of Landes, near Dax.

Cold sulphate of lime springs.

**Gandesa.**—Spain, Province of Tarragona.

Thermal sulphurous waters.

**Garde de Bio. (La).**—France, Department of Lot.

Cold sulphate of sodium waters.

*Special indications:* Affections of the stomach.

Doctor: Dr. Audual.

**Gardinière.**—France, Department of Ain, near St. Rambert-en-Bugey.

Sulphate of lime waters. Little used.



**Garmyswyl.**—Switzerland, Canton of Fribourg; 1,950 feet above sea level.

Cold sulphurous waters. Little used.

**Garriga (La).**—Spain, Province of Barcelona, near Granollers.

Saline waters, 100° F.; various springs.

*Special indications:* Chronic rheumatism, tendinous contractions, articular swellings, neuralgias, colics, vesical catarrhs and skin diseases.

The bathing establishment is good, and situated in a beautiful valley; it affords good accommodation at reasonable prices. Various interesting excursions may be made in the neighbourhood.

*Doctor:* Dr. Padrals.

**Garris.**—France, Lower Pyrénées, near Maulcon.

Sulphate of lime springs.

**Garryhill Spa.**—Ireland, County Carlow.

Ferruginous waters.

**Gastein, or Wildbad-Gastein and Hof-Gastein.**—Austria, Duchy of Salzburg; 2,900 feet above sea level. For routes see table.

Indifferent waters. Eighteen springs, of which nine only are utilised; temperature ranges from 75° to 170° F.

Although these waters are not more highly mineralised than ordinary water, they are useful in relieving nervous affections, gout and rheumatism. They are charged with electricity.

The price of lodgings is fixed by the authorities.

*Doctors:* Drs. Pröll and Schider.

*Hotels:* *Straubinger, Schloss.*

**Gath.**—Austria-Hungary, Transylvania, near Stuhlweissenburg.

Earthy waters, 50° F.

**Gava.**—Spain, Province of Barcelona.

Bicarbonate and ferruginous waters, 45° F.

**Gaviria.**—Spain, Province of Guipuzcoa.

Sulphur springs, 45° F.

*Doctor:* Dr. Pardo.

**Gavorrano.**—Italy, Tuscany, valley of the Pecora.

Earthy ferruginous waters, 90° F.

The bathing establishment is good, but the unhealthiness of the site prevents any large concourse of visitors.

**Gazost.**—France, Department of Hautes Pyrénées, near Lourdes.

Sulphurous sodic, bromo-iodurated waters, 50° F.

Deserve to be better known.

A very good establishment, with comfortable accommodation.

**Gebangau.**—Java, Dutch Indies.

Saline springs, rich in iodine and magnesia.

**Gehringswalde.**—Germany, Saxony, near Wolkenstein.

Earthy alkaline waters, 75° F.

Only used in baths. The establishment contains all modern appliances, and affords comfortable accommodation to visitors.

**Geilnau.**—Germany, Nassau.

Alkaline ferruginous table waters, analogous to those of Selters. Exported only.

**Geisslingen.**—Germany, Württemberg, between Stuttgart and Ulm.

Indifferent waters.

A small establishment.

**Geltschberg.**—Austria, Bohemia, near Leitmeritz.

Hydropathic establishment. Climatic air station.

**Gempelenbad.**—Switzerland, Canton of St. Gall; 1,680 feet above the sea level.

Earthy waters.

Used only by the surrounding peasantry.

**Genestelle.**—France, Department of Ardèche, near Entraigues.

Effervescent ferruginous waters. Scarcely known.

**Geneva.**—Switzerland, on the Lake of Geneva.

Transition station. Bathers from Aix-les-Bains come here to take a few days' rest after their cure.

Milk cure.

*Bookseller* : Monroe, 32, Grand Quai.

*Doctor* : Dr. Wilkinson.

*Hôtel des Bergues and National.*

**Genoa.**—Italy, on the Bay of Genoa, in Liguria; long a Republic, but now united with the kingdom of Italy; from Paris by P.L.M., *viâ* Mont Cenis, or Marseilles, Nice, 25 hours. 120 frs. 1st class.

Genoa, called "La Superba," or the "Proud," is situated in the middle of the Riviera. It is a city of great antiquity, and is seen to the best advantage when entering the harbour by boat. The hills are covered with villas. A very fine harbour, protected by two moles.

**OBJECTS OF INTEREST.**—The Corso, Cathedral of San Lorenzo, l'Annunziata, Palazzo Brignole, Palazzo Pallavicini, Doria Torsi, Balbi, Palazzo Reale, Palazzo Doria, della Università with a library, Dueale; Bank of St. George (the oldest bank in Europe) Exchange in Loggia de' Banchi, Academy, Public Library, Theatre Carlo Felice, Public Gardens, the Fortifications.

**Excursions:** Villas Doria and Pallavicini, at Pegli; Nervi and Sestri-ponente.

**Post and Telegraph Office:** Piazza Fontana Morose.

**Cabs:** One-horse, 1 fr. the drive; by the hour, 1 fr. 50 c.

*Doctor* : Dr. Breiting, 33, Via Mamelli.

*Hotels* : The *Grand Hôtel de Gênes*, first-class, best position in Genoa facing the Opera House, and near the Post. Bonera Frères, proprietors; also at Nervi.

**Georgenbad.**—Germany, Saxony, near the Bohemian frontier.  
Sulphurous acidulated waters.  
The bathing establishment has been much neglected.

**Gerace.**—Italy, Province of Reggio di Calabria. Rail from Naples to Reggio, stop at Gerace, thence to the baths by omnibus or carriage, one hour.

Effervescient saline, ferruginous and sulphurous waters, containing arsenic; the air is pure and healthy.

*Season* : May—September.

*Special indications* : Inflammation of the respiratory and digestive organs, herpes, skin diseases; chronic, articular and muscular rheumatism; glandular obstructions, *radical cure of syphilis*.

The establishment is not such as the efficacy of the waters and the large number of visitors require.

The hotels are good and comfortable; villas and private houses may also be had for the season or by the month.

**Geroldsgrün.**—Germany, Bavaria.  
Cold ferruginous bicarbonate waters.

**Gerolstein.**—Germany, Rhenish Prussia, in the Eifel, near Trèves.  
The waters used largely under this name in England as table waters, and exported by an English Company, are in reality those of Birresborn.

**Gersau.**—Switzerland, on the lake of Lucerne; 1,400 feet above sea level; a small village with 2,000 inhabitants. For routes see table to Lucerne; thence by boat in 1½ hours.

A climatic station, and also for the whey and grape cure. Inhalations, spray, pneumatic apparatus, electricity and shower baths. Bathing establishment on the lake.

*Season* : Spring and autumn, but open all the year.

Gersau is a quiet but charming village, situated on the southern slopes of the Righi. Its position is extremely picturesque and well sheltered. The climate is similar to Vevey and Montreux, but milder and less variable. The fact that fig-trees, almonds and laurels grow well out of doors through the winter, shows how genial the climate is. Gersau is much visited by patients going to and from the Riviera and Italy, while a good many pass the whole winter here. During the summer months it is more a centre for excursions, which may be taken in endless variety, and the mere enumeration of which would occupy too much space. A large park surrounds the Villa Flora, and is open to visitors.

*Post and Telegraph Office.*

*English Church.*

*Doctor* : Dr. Frouler.

*Hotel* : The Hotel Müller, with its dependency the Villa

Flora, is a thoroughly well managed hotel, affording all necessary accommodation ; 130 rooms, with all the advantages of a Kurhaus. Pension from 7 to 10 fcs. a day.

**Giengen.**—Germany, Würtemberg ; 1,450 feet above sea level.

Earthy waters, of the same class as "Wild baths."

Very good establishment ; largely frequented.

**Giesshübl.**—Austria, Bohemia, near Carlsbad ; 1,100 feet above sea level.

Pure alkaline waters.

The water is chiefly exported. There is a whey cure and hydropathic establishment.

*Special indications :* Feeble digestion and nervous stomachic disorders, affections of the urinary organs, albuminuria, diabotes.

A very elegant and comfortable Kurhaus.

*Doctor :* Dr. Gastl.

**Giglio.**—Italy, Tuscany, Island of Giglio.

Ferruginous effervescent waters, used only as table waters.

**Gigondas, or Montmirail.**—France, Department of Nanclose.

Acidulated waters, 60° F.

Mild but unsteady climate.

**Gigonza.**—Spain, Province of Cadiz.

Cold sulphate of lime waters.

**Gijon.**—Spain, Galicia, near Oscura.

Sea baths. Very fashionable.

The scenery is highly picturesque, and the excursions in the neighbourhood very interesting.

**Ginols.**—France, Department of Aude, near Limoux.

Thermal sulphate of magnesia waters, 75° F.

Mildly laxative and diuretic.

**Gisi.**—Switzerland, Canton Unterwalden.

Alkaline waters. Not used.

**Gisland.**—England, Cumberland, on the line of railway from Carlisle to Newcastle.

Sulphurous waters, little visited.

**Giunco Marino.**—Italy, Tuscany, Valley of the lower Arno, district of Lorenzana.

Alkaline-ferruginous waters, 50° F.

Only used in the immediate neighbourhood.

**Glaine-Montaigut.**—France, Puy de Dôme, near Clermont-Ferrand.

Cold ferruginous waters.



**Glanagarin.**—Ireland, Cork.

Ferruginous waters; but little used.

**Gleichenberg.**—Austria, Styria, near Graz. One hour by carriage from Feldbach station on the West Austrian Railway, and 3 hours from Spielfeld on the South Austrian line.

Alkaline, muriatic and ferruginous waters, four springs. Grape cure in autumn. Climatic air station in spring and autumn. Carbonic acid gas baths, iron and fir-cone baths.

*Season* : May—October.

*Special indications* : Nasal catarrh, inflammation of pharynx and larynx, chronic bronchial catarrhs, emphysema, asthma, chronic catarrhal inflammation, incipient phthisis, affections of the intestines, congestion of liver and spleen, vesical catarrh, amenorrhœa, sterility, chlorosis, scrofula, anæmia, gout, and chronic rheumatism.

Gleichenberg is situated in a park-like valley, offering great diversity of scenery and vegetation. The accommodation is of the best, there being more than eighty villas at the disposal of visitors. The climate is mild and equable, the mean annual temperature being 65° to 70° F. Mean atmospheric pressure, 735 m/m., Gleichenberg is consequently a convenient intermediate halting place for invalids passing from a southern to a northern climate.

Post and telegraph. Excursions of the most varied nature. Concerts twice daily, theatre, casino, reading rooms, tombolas, &c.

*Doctors* : Drs. Präsil and von Hausen.

All information may be had from the director of the baths.

**Gleisweiler.**—Germany, Palatinate, near Landau; 1,000 feet above sea level.

Hydro-therapeutic establishment; koumiss, whey and grape cures.

*Doctor* : Dr. Schneider.

*Hotel* : The Establishment.

**Gleissen.**—Germany, Prussia, near Langsberg and Küstrin.

Saline ferruginous waters; whey cure.

A very good establishment.

**Gleisslibergbad.**—Austria, Tyrol, near Botzen.

Cold sulphurous waters.

A small bathing establishment

**Glengariff.**—Ireland, Cork, near Bantry.

Sea baths; climate bracing but mild.

**Glenn-Sulphur-Springs.**—U. S. America, North Carolina, near Columbia.

Sulphate of magnesia springs.

Much frequented.

**Gloucester.**—England.

Saline ferruginous waters.

Much frequented, and possessing good bathing appliances.

**Gmünd.**—Austria, Carinthia, district of Villach.

Two cold sulphurous springs.

Only used by the surrounding peasantry.

**Gmunden.**—Austria, Upper Austria; 1,290 feet above sea level.

Saline waters, 25 per cent., 2 per cent. more than at Reichenhall. Climatic station.

The Curhaus provides saline, brine, warm, pine-cone and steam baths, and the arrangements are very efficient. The casino contains concert, card, reading and ball rooms, and is elegantly fitted up.

The scenery around is very picturesque.

**Goczalkowicz.**—Germany, Silesia, near Pless.

Very strong, bromo-iodurated saline waters, containing iron, 50° F.

There is a very good establishment, principally for sitz baths.

**Godelheim.**—Germany, Westphalia, district of Höxter.

Cold bicarbonate and ferruginous waters.

A good establishment, but little known.

**Godesberg.**—Germany, Rhenish Prussia, near Bonn.

Alkaline-saline ferruginous waters. Climatic summer station of great repute, and much frequented.

A charming little town in a very picturesque country, near the seven mountains chain; half-hour from Bonn. Combines town with country comforts.

*Doctors:* Drs. Finkelnburg, Gerber and Schwann.

*Hotels:* Blinzler, Alder, and Riebes.

**Golaise (La).**—Switzerland, Canton Valais.

Sulphurous and ferruginous waters.

**Goldbach.**—Germany, Bavaria, near Aschaffenburg.

Alkaline ferruginous waters.

**Goldberg.**—Germany, Duchy of Mecklenburg-Schwerin.

Chalybeate waters.

An efficient bathing establishment, containing sitz, douche, spray and steam baths.

**Golden Bridge.**—Ireland, County Dublin.

Strong sulphurous waters.

Very good establishments.

**Gonten.**—Switzerland, Canton of Appenzell ; 2,750 feet above sea level.  
Earthy ferruginous waters.

The establishments are thoroughly efficient, and afford comfortable accommodation.

**Göppingen.**—Germany, Würtemberg, between Stnttgart and Ulm.  
Alkaline magnesia waters. Exported.  
A well arranged establishment. Charmingly situated.

**Görbersdorf.**—Germany, Silesia, cirenit of Breslan. Rail to Dittersbach ; 1,700 feet above sea level. For routes see table.

Mountain air cure station.

*Special Indications:* Phthisis, affections of the respiratory organs, anæmia, chlorosis, nervous asthma and emphysema.

*Doctors:* Dr. Brehmer and Dr. Römler.

*Hotels:* The two establishments, one under the direction of Dr. Brehmer and one under Dr. Römler.

**Gori.**—Russia, Caneasns, near Semu-Chwedureti, district of Gori.  
Cold sulphurous waters.

*Special indications:* Mercurial dyscrasia, liver and spleen disorders, old sores, herpes.

No establishment, and the baths are taken in common by patients in a natural basin in the rocks.

**Gortwa-Kisfalv.**—Austria-Hungary, near Vargeden.  
Cold ferruginous waters.  
Accommodation indifferent.

**Görz or Goritz.**—Austria, Illyria.  
A climatic winter station. Grape cure.  
Very pure air.

*Season:* Autumn and early spring.

*Special indications:* Scrofula, rhachitis, chronic catarrh, with emphysema, phthisis, nervous complaints. 25100217

Mean winter temperature, 52° F.; windless days, 71 in winter season; rainy days, 81; cloudless days, 53; mean rainfall, 841 m/m. The climate must therefore be considered as a humid one.

*Doctor:* Dr. Arone.

*Hotels:* The Grand, De la Poste.

**Gosechwitz.**—Germany, Duchy of Saxe-Weimar, near Jena.  
Cold sulphate of lime waters.

**Göurnay.**—France, Department of Seine Inférieure, near Neufchâtel-en-Bray.

Cold ferruginous waters.

Only used in the neighbourhood as a table water.

**Gourock.**—Scotland, Renfrewshire, on the Clyde.

Sea baths, with good beach and healthy climate.

*Doctor* : Dr. Leitch.

**Grabalos.**—Spain, Province of Logroño.

Sulphate of lime waters.

**Graena.**—Spain, Province of Granada, near Guadix; 2,900 feet above sea level.

Thermal ferruginous and sulphurous waters, 100° to 105° F.

*Special indications* : Rheumatism, paralysis, gout, hemiplegia and paraplegia, nervous affections, corea, chlorosis, anæmia, amenorrhœa and dismenorrhœa.

Superior bathing appliances and accommodation.

*Doctors* : Dr. Estrada.

**Gräfenberg.**—Austria, Silesia.

Indifferent waters. Hydropathic establishment of great celebrity.

*Doctors* : Drs. Angel and Schindler.

*Hotels* : Crown Prince.

**Gramat.**—France, Department of Lot, near Gourdon.

Cold bicarbonate of iron waters.

**Gran.**—Austria-Hungary, comitat of Gran.

Sulphate of magnesia or bitter waters. Mineralisation 108 gr., of which 104 are sulphate of magnesia.

One of the strongest bitter waters known. The action is rapid and very marked, even in small doses.

**Granada.**—Spain, the ancient capital of the Moorish Kingdom, and at present of the Province of Granada; from Paris, *via* Bordeaux, Irún, and Madrid, 41½ hours.

Granada is a very old town, on the confluence of the Darro and Genil, partly built in a valley and partly on the slopes of a mountain. Built in the form of an amphitheatre, it adorns the hill slopes on which the Alhambra stands.

**OBJECTS OF INTEREST.**—The Alhambra, Generalife, and Moorish remains; Cathedral and Capilla de los Reyes, Cartuja, Churches of various saints, Public and Private Palaces, Zacatin, Alcaiceria, University, Museum, Casas Consistoriales, Court of Chancery, Lunatic Asylum, Libraries, several old Gateways, Theatre.

Post Office: Plaza de San Augustin.

Telegraph Office: Calle de la Duquesa.

Cabs: The course, 6 reals or 3 frs.; to any part of the town 12 reals or 6 frs., except Alhambra or Generalife, for which 10 reals extra are asked.

*Hotels* : De la Alameda, De la Victoria, De los Siete Suelos, Washington Irving.



**Grandcamp.**—France, Department of Calvados, from Paris, *via* Isigny.

Sea baths, with good sandy beach.

**Grandeyrol.**—France, Department of Puy de Dôme, near Issoire.

Ferruginous bicarbonate waters.

**Grandril.**—France, Department of Puy de Dôme, near Ambert.

Cold bicarbonate of lime waters.

**Grange-over-sands.**—England, Lancashire, Morecambe Bay.

Sea baths and good beach.

Climate fresh and bracing.

*Season* : March—October.

*Doctor* : Dr. Beardsley.

**Gränichenbad.**—Switzerland, Canton of Argovia.

Earthy waters.

A good bathing establishment, in Swiss chalet style, with ample appliances.

**Granville.**—France, Department of La Manche.

Much frequented sea baths.

**Grao.**—Spain, near Valencia.

Sea bathing and sandy beach.

Grao shares with Carbagnal ( $\frac{3}{4}$  hour distant) much the same reputation in Spain, which Brighton and Hastings do in England. Accommodation very good.

**Grasnawawoda.**—Austria-Hungary, comitat of Neutra, one hour from Iaistrabje.

Ferruginous effervescing waters. Only used internally.

**Grasse.**—France, Department of Alpes Maritimes, three-quarters of an hour's rail from Cannes; 1,230 feet above sea level; 11,000 inhabitants. For routes see table.

Winter station. Dry and sedative climate.

*Season* : October—June.

*Special indications* : Chest and lung complaints, laryngitis, pharyngitis, nervous affections, anaemia, chlorosis.

English Church service is held in winter in the *Grand Hôtel*.

*Post Office* : Boulevard du jeu de ballous.

*Telegraph* : Au Cours.

*Doctor* : Dr. Ferraud.

*Hotels* : The *Grand Hôtel De Grasse, de la Poste*.

**Grasville-l'heure.**—France, Department of Seine Inférieure, near Le Havre.

Iodurated ferruginous waters.

**Gravalos.**—Spain, Province of Logroño, near Calahorra.

Sulphurous earthy waters, 50° F.

*Special indications:* Skin diseases, leucorrhœa, prurigo, chronic bronchial catarrhs, scrofula.

The situation is picturesque, the establishment a little backward, but its accommodation cheap.

*Doctor:* Dr. Aguilera.

**Gravesend.**—England, Kent, on the mouth of the Thames.

Sea baths; good beach. Healthy air.

*Season:* June—September.

*Doctor:* Dr. Firman.

**Great Yarmouth.**—England, Norfolk.

Sea baths; fine sandy beach.

Hot and cold baths on the parade. Climate bracing and exciting.

*Doctor:* Dr. Vores.

**Greifenberg.**—Germany, Bavaria, 4 hours from Landsberg and 2,000 feet above sea level.

Chalybeate waters; mud baths; also a climatic station.

*Special indications:* Feeble digestion, anæmia, disorders of the urinary system.

The environs are very interesting, possessing numerous ruins of Roman buildings. The site is charming. The Ammersee is close by.

**Greifswalde.**—Germany, Pomerania.

Strongly saline and bromine waters.

Establishments and accommodation good.

**Gréoulx.**—France, Department of Lower Alps, near Digne.

Thermal bromo-iodurated and sulphate of lime waters. The various springs remain much as they were in the time of the Romans.

*Special indications:* Scrofulous affections, and general constitutional weaknesses, atonic sores, blenorhœa.

In proper hands, Gréoulx would soon become a first-class bathing and climatic station.

*Doctor:* Dr. Joubert.

**Gries.**—Austria, Tyrol, close to Botzen.

Climatic winter station, in a well sheltered position.

There are very few days here during winter when an invalid cannot take outdoor exercise between 11 and 2 o'clock. Much patronised by Austrians and Germans.

The accommodation is good, but amusements are few.

*Doctor* : Dr. Mayrhofer.

*Hotel* : *Belle Vue*.

**Griesbach.**—Germany, Duchy of Baden, in the valley of the Rench, on the road from Strasbourg to Stuttgart.

Two chalybeate springs, one of 60° F. Mineralisation, 3 gr.

A much frequented station, providing also the milk cure.

*Doctors* : Drs. Jaegerschmid (speaks English) and Haberer.

*Hotels* : *Kurhaus*.

**Griesbad.**—Germany, Bavaria, near Ulm.

Earthy ferruginous waters.

A good establishment.

**Grindelwald.**—Switzerland, Bernese Oberland ; 3,460 feet above sea level ; 3 hours from Interlaken.

A very important climatic mountain station, especially suitable in cases of anæmia, hydræmia, chlorosis and rachitis.

Goats' cows' and asses' milk. Baths of every description.

The scenery all around is unsurpassed, and walks and excursions of great variety abound. Latterly a mineral spring has been discovered, but has not yet been analysed.

The *Bear* (I. Boss, proprietor) is the hotel where English comforts are most studied. Arrangements made for families.

**Grinneaux.**—France, Department of Puy de Dôme, near Riom.

Bicarbonate of iron waters, 60° F.

These waters are used for incrustation more than for medical purposes.

**Grodeck.**—Austria, Galicia, district of Lemberg.

Sulphurous waters.

*Special indications* : Rheumatism and gout.

**Gross-Albertshofen.**—Germany, Bavaria, near Sulzbach.

Cold sulphate of magnesia water.

**Grosskarben.**—Germany, Bavaria, on the Nidda.

Earthy saline waters, very effervescent.

A good establishment, with abundant accommodation, reasonable in price.

**Gross-Schlagendorf.**—Austria-Hungary, comitat of Zips; 3,025 feet above sea level.

Alkali saline waters. "

A very efficient establishment, with comfortable and cheap accommodation.

**Grosswardein.**—Austria-Hungary, near Hájos.

Sulphate of lime waters, 90° to 110° F.

Sulphurous indications in general; a much frequented station.

*Special indications:* Rheumatism and old wounds.

Two very elegant establishments, with concert, ball, reading, billiard and smoking rooms.

**Gross-Wunitz.**—Austria, Bohemia, near Püllna.

Sulphate of soda and magnesia water, 22 grs. of mineralisation; purgative action.

**Grotta del Cane.**—Italy, Naples, near Agnano.

Natural steam baths.

A grotto with gaseous emanations, much visited as a natural curiosity.

**Grüben.**—Germany, Silesia.

Sulphur ferruginous waters, very slightly mineralised.

Has a small bathing establishment.

**Grull.**—Germany, Westphalia.

Saline springs.

*Special indications:* Scrofulous affections.

**Grund.**—Germany, Brunswick.

Pine-cone, steam baths, and inhalations.

In the midst of the magnificent pine forests of the Harz.

*Special indications:* Convalescence after severe illnesses of all kinds, affections of the respiratory organs.

*Doctor:* Dr. Brockmann.

*Hotel:* Town Hall Hotel.

**Grundhofen.**—Germany, Saxe-Weimar, near Salzungen.

Effervescent ferruginous waters.

In a charming valley. Its elegant and comfortable establishment attracts many visitors.

**Guagno.**—France, Island of Corsica.

Two sulphate of soda springs, 95° to 125° F.

A thermal military establishment.

*Special indications:* Rheumatism in its chronic forms.



**Guarda-vieja.**—Spain, Province of Almeria, near Berja.

Thermal sulphate and saline waters, mineralisation 44 grs.

*Special indications:* Rheumatism, herpes, glandular swellings.

The establishment is romantically situated, is good and affords comfortable accommodation at low prices.

*Doctor:* Dr. Serrano.

**Guernsey.**—England, an island in the Channel, off the coast of Normandy.

Sea baths much visited.

**Guesalivar or Sta. Agueda de Mondragon.**—Spain, Province of Guipuzcoa.

Cold sulphurous waters.

The bathing establishment is one of the best appointed in Spain, with good accommodation.

**Guillon.**—France, Department of Doubs, near Baume-les-Dames.

Cold saline springs, slightly mineralised; have a strong smell of sulphuretted hydrogen. This water frequently induces erysipelas.

*Special indications:* Rebellious neuralgias and syphilis.

The bathing establishment is well fitted up, and has ample accommodation.

*Doctor:* Dr. Brauley.

**Guitera.**—Corsica.

Undetermined waters, 110° F.

**Guitiriz.**—Spain, near Lugo.

Sulphurous waters, 50° F.

*Special indications:* Herpes.

**Günthersbad.**—Germany, Thuringia, near Erfurt.

Cold sulphate of soda and saline water.

**Gurnigel.**—Switzerland, Canton of Berne; 3,700 feet above sea level.

Sulphate of lime and ferruginous waters.

Climatic station.

Very pure air. The establishments are thoroughly well arranged with all modern accommodation.

**Gustafsberg.**—Sweden, near Uddevalla.

Sea baths and ferruginous waters; mud baths.

A much frequented station.

**Gyrenbad.**—Switzerland, Canton of Zürich; 2,320 feet above sea level.  
Effervescent earthy waters.

An establishment with sitz, swimming and steam baths. The water is seldom used internally. Climate severe, but healthy.

*Special indications:* Very efficient in rheumatism and abdominal obstructions.

**Gythium.**—Greece, south coast of Laconia.  
Cold sulphurous and alkaline waters.

**Gyüzy.**—Austria-Hungary, comitat of Hónth.  
Alkali-saline and sulphurous waters, 60° to 70° F.  
*Special indications:* Affections of the eyes, gout, rheumatism, chronic skin diseases.

**Häbernbad.**—Switzerland, Canton of Berne, near Hutwyl.  
Cold sulphurous waters; whey cure. Primitive arrangements.

**Hackelthal.**—Germany, Bavaria, half-an-hour from Haag.  
Alkaline waters.

**Hafkreuz.**—Germany, Hollstein.  
Sea baths; very fine sandy beach. Much visited by the inhabitants of Lübeck and Hamburg.

**Hague, the, or s'Gravenhage.**—Present capital of Holland; from Paris, *via* Brussels, Antwerp, Rotterdam.

The residence of Court and Government, founded A.D. 1250, is one mile from the sea. Has been called the "largest village in Europe," owing to its having never had any fortifications.

**OBJECTS OF INTEREST.**—Royal Muscum, Naval Muscum, Town Hall, Buitenhof and Binnenhof, Library, Royal Palace, Prince of Orange's Palace, Great Church, Opera-house, Palaece in the Wood.  
Post and Telegraph Office: Close to the Great Church and Town Hall.

Cabs: One or two persons, 60 c. or 1s., three to four persons, 85 c.; by hour, 1 florin; to Scheveningen and back, 2 florins.

*Doctor:* J. H. Blom Coster.

*Hotels:* *Paulez, Oude Doelen, de l'Europe, de Belle Vue.*

**Haiti or St. Domingo.**—An island in the Antilles.  
Several sulphurous thermal springs.

**Haj-Stubna.**—Hungary, comitat of Thuraz on the Stubna.  
Thermal sulphate of soda waters, 105° F.  
Laxative action.

**Haldenstein.**—Switzerland, Grisons, near Chur.  
Alkaline waters; little used.

**Hall.**—Austria, near Linz; 1,157 feet above sea level.  
Cold saline and bromo-iodurated waters, mineralisation 17 grs.

*Special indications:* Scrofula, goitre.

*Doctors:* Drs. Körbl and Rabl.

**Hall.**—Austrian Tyrol, near Innspruck, 1,610 feet above sea level.  
Cold saline waters.

The bathing establishment is at Baum-Kirchen.

*Special indications:* Scrofula.

*Doctor:* Dr. Katzer.

Only private dwellings; there is no hotel.

**Hall.**—Germany, Württemberg, near Stuttgart; 670 feet above sea level.  
Cold saline waters.

*Special indications:* Scrofula.

A much frequented station.

*Doctors:* Drs. Bilfinger, Dürr and Haucisen.

*Hotels:* Bath, Lamb.

**Halle.**—Germany, Prussian Province of Saxony, district of Merseburg.  
Cold saline waters.

There is a very good establishment here, and the University is one of the best in Germany.

**Hallein.**—Austria, near Salzburg on the Salzach.

Saline waters. Climatic station in summer.

Very picturesquely situated, and a good centre for many interesting excursions.

**Halsbrücke.**—Germany, Saxony, near Freiberg.

Sulphurous and chalybeate waters.

**Hambach.**—Germany, Rhenish Prussia, 10 hours from Trèves.

Alkaline ferruginous waters.

These springs are also called the Birkenfeld water. Much frequented in the 18th century. Establishment destroyed in 1792, but rebuilt in 1845. Visitors have increased in number every year since then.

**Hammam Berda.**—Algiers, between Bone and Constantine.

Bicarbonate of lime waters, 70° F.

**Hammam de Gabes.**—Tunis.

Thermal waters not yet analysed.

**Hammam el enf.**—Regency of Tunis, near Tunis.

Thermal waters.

**Hammam-Melouan.**—Algiers, near Rovigo, about 20 miles from the capital, Algiers.

Saline waters, 103° F., strongly mineralised, 26gr. of chloride of sodium.

*Special indications:* Very efficient in rheumatism and abdominal obstructions.

**Hammam-Meskutin.**—Algiers, Province of Constantine, 12 miles west of Guelma.

Hyperthermal waters, 203° F., saline, sulphate of lime and arsenical springs.

Military bathing establishment.

*Special indications:* Paralysis, paludal cachexia, herpes, syphilis, old wounds.

**Hammam R' Irha.**—Algiers. Railway from Algiers to Bou-Medfa, 4 hours; thence to Hammam R' Irha by carriage, 8 miles.

One thermal sulphate of lime spring, 133° F., and one bicarbonate of iron, 45° F.

*Season*: Spring and autumn months.

*Special indications*: Articular pains and stiffness, muscular retractions, anchylosis, rheumatism and anæmia.

It has a military hospital.

*Doctors*: Dr. Savill.

*Hotels*: *The Establishment*. Mr. A. A. Dufour, proprietor.

**Hampstead.**—England, a suburb of London.

A place visited more for the beauty of its situation than for the medicinal properties of its waters.

**Hanau.**—Germany, Hesse-Nassau, near Frankfort-on-the-Main.

Alkali-saline and ferruginous waters.

The establishment is tastefully built, and contains sitz, douche and steam baths. It is surrounded by a large park.

**Hanover.**—Germany, former capital of Kingdom of same name. Since 1866 annexed to Prussia, and now capital of the Province of Hanover. From Paris, *viâ* Erquelines, Venlo, and Lehrte, or *viâ* Cologne, 15½ hours. 87 frs. 50 c. 1st class.

Beautifully situated on the banks of the river Leine, an affluent of the Weser.

Very much visited by English and American families, both for the beauty of the town and its environs, as also because the German language is spoken here with greater purity than in any other part of Germany.

**OBJECTS OF INTEREST.**—Royal Palace, Opera-house, Mint, Viceroy's Palace and Arsenal, Polytechnic School, Royal Church or Chapel, Museum, Collection of Pictures of George V., Town Hall in Old Town; Royal Theatre; Royal Library, Aquarium, Odeon and Tivoli.

**EXCURSIONS**: To Herrenhausen, Galleries, Orangries, Berggarten, Museum of antiquities, Mausoleum, Eilenrode and Zoological Gardens, and numerous others.

**CABS**: One or two persons, by the course, 60 pfgs., in the environs of the town, 72 pfgs.; by hour, 1 m., 20 pfgs.

*Dentist*: F. L. Heyne.

*Doctors*: Drs. Becker, Dyes, Cumme and Eysell.

*Hotels*: *Royal, de Russie*.

**Hapsal.**—Russia, Esthonia, on the coast of the Baltic Sea.

Sea and mud baths, with temperature of about 60° F.

Celebrated for its mud baths.

**Hardeck.**—Germany, Bavaria, Palatinate.

Cold sulphurous and ferruginous waters.



**Harkanyi.**—Hungary, comitat of Baranya, near Siklós.

Alkaline sulphurous waters, 130° F.

A small establishment.

*Season* : May—October.

*Special indications* : Gout, rheumatism, feeble circulation, hæmorrhoids, lymphatism, scrofula, affections of the female organs, mercurial dyscrasia, atonic sores.

The vegetation is very luxuriant, and the site picturesque. The near neighbourhood of Siklós and Fünfkirchen, with all the advantages offered by their size, &c., the mild climate and elegant bathing establishments make Harkanyi a very favourite Hungarian bathing station. The environs are full of most interesting antiquities. Accommodation is abundant and good, and prices moderate.

**Harrodsburg.**—U. S. America, Kentucky.

A much-frequented thermal watering-place.

**Harrogate.**—England, Yorkshire. About a hundred trains pass daily through Harrogate.

Its waters are athermal. They contain sulphuretted hydrogen, chloride of sodium and iron.

*Special indications* : Chlorosis, anæmia and herpes.

Harrogate is a very fashionable watering-place, with every accommodation for visitors.

The old sulphur spring has a mineral percentage of 137 grs., and is highly charged with carbonic acid.

*Doctors* : Drs. Ford and Oliver.

*Hotels* : *Queen's, Crown.*

**Harsfalva.**—Austria-Hungary, comitat of Bereg; rail to Munkács.

Chalybeate waters; hydropathic establishment and climatic station.

The establishments and accommodation are up to all modern requirements. The environs are very charming. Large forests, with fishing and hunting.

**Hartfell.**—Scotland, Dumfriesshire.

Chalybeate waters.

*Special indications* : Chronic ulcers, anæmia, chlorosis, skin diseases, gout, rheumatism, paralysis.

**Hartlepool.**—England, Durham.

Sea baths.

**Harwich and Dovercourt.**—England, Essex, on the North Sea.

Sea baths; sandy beach. Chalybeate spring at Dovercourt, with a good bathing establishment.

Climate mild and healthy.

*Season* : June—September.

*Special indications* : General debility, anæmia, scrofula.

*Doctors* : Drs. Cook and Dalton.

*Hotel* : *The Pier.*

**Harzburg.**—Germany, Duchy of Brunswick, in the forest of the Harz.  
 Saline waters, mineralisation 6 grammes of chloride of sodium.  
 Whey cure, pine-cone sap baths, climatic station in summer.  
 Very charming locality, surrounded by pine forests.  
*Doctor* : Dr. Franke.  
*Hotels* : *Kurhaus Iuliushall, Löhr, London.*

**Hassañ-Pacha-Palenka.**—Servia, near Lemendria.  
 Ferruginous waters, strongly impregnated with carbonic acid.

**Hastings and St. Leonard's.**—England, Sussex.  
 Sea baths and winter station; sandy beach. A favourite rendezvous of fashionable English society. Very mild and salubrious climate.  
*Season* : September to March.  
*Special indications* : Dyspepsia, bronchitis, nervous irritation and pulmonary complaints.  
*Doctors* : Drs. Brodribb, Croft and Greenhill.  
*Hotels* : *The Queen's, The Albion.*

**Hauterive.**—See Vichy.

**Havre.**—France, Department of Seine Inférieure, at the mouth of the Seine, 142 m. from Paris, and 105 sea miles from Southampton. Steamers of the L. & S. W. Railway (London, Waterloo Station) ply three times a week between Southampton and Le Havre, 6½ hours; 28 fcs. 75 c. 1st class. Steamboats continuously ply between Le Havre, Honfleur, Trouville and Deauville.

Sea baths. The beach being stony, bathers require shoes.

*Season* : 1st June to 1st October.

A very thriving commercial town, containing two theatres, chamber of commerce, several interesting churches, exchange, town hall, aquarium, port and docks. After Marseilles, it is the largest seaport in France.

*English Church* : Rue Mexico.

*Post and Telegraph Office* : Boulev. de Strasbourg.

*Doctors* : Dr. Farral, 170, Boulev. de Strasbourg.

*Hotels* : The *Hotel, Casino and Baths of Frascati* are situated close to the sea-shore. Large first-rate establishments, band, various amusements every day. The hotel cannot be too highly recommended for its excellent management and comfort. Theoph. Fötsch, proprietor.

**Hayling-Island.**—England, Hants, on the South coast.  
 Sea baths, fine sandy beach. Climate mild and bracing.  
 No particular season; open all the year round.  
*Special indications* : Convalescence.  
 The vegetation of the island is luxurious.  
*Doctor* : Dr. Aldersey.  
*Hotel* : *The Royal.*

**Hechingen.**—Germany, Hohenzollern, between Würtemberg and Baden, near Siegmaringen; 1,570 feet above sea level.

Sulphurous calci-iodurated waters.

*Special indications:* Skin diseases.

The bathing establishment is situated in a park, and is thoroughly well fitted up.

**Heckinghausen.**—Germany, Rhenish Prussia.

Earthy ferruginous and sulphurous waters.

**Heidelberg.**—Germany, Duchy of Baden. For routes see table.

Climatic station.

Most pleasantly situated on the banks of the Neckar, and in what is certainly one of the most beautiful localities in Germany. It owes its celebrity chiefly to its university, which, after that of Prague, is the oldest in Germany.

The castle of Heidelberg was formerly the residence of the electors, but is now in ruins; in its cellars is the celebrated "Heidelberger Fass." The whey cure station, Church of Holy Ghost, St. Peter, university, with an archæological institute, zoological and botanical gardens, zoological museum and mineral collection, are close by.

Excursions to the Königsstuhl, Wolfsbrunnen, Schwetzingen, and Philosophen weg.

CARS: One hour, 1 m., 20 pfgs.; by eourse, one person, 50 pfgs.; two persons, 90 pfgs.

*Dentist:* Dr. Middelkamp, Grabengasse 14.

*Bookseller:* Chas. Schmidt, Grabengasse.

*Doctors:* Dr. Erb, Dr. Arnold, Dr. Czerny.

*Hotels:* The *Hotel Prince Charles*, a first-rate popular house, with view of the castle; railway tickets can be obtained and luggage registered in the hotel. Excellent cuisine and wines of their own growth. Sommer & Ellmer, proprietors. In connection with *Hôtel du Pavillon* at Cannes.

The *Grand Hôtel*, a large well-appointed house, with first-rate accommodation; near the railway station. E. Thoma, proprietor.

The *Castle Hotel*, the only hotel in the castle grounds; air, grape, and whey cures. H. Albert, proprietor.

Miss Sutton's Pension, 49, Anlage, first-class comfortable house, quietly and well situated on the chief promenade; has the advantage of a large and shady garden.

**Heiden.**—Switzerland, Canton of Appenzell, 1 hour from Rorschach, on the Lake of Constance.

Ferruginous and sulphurous waters; but chiefly known as a climatic station for summer.

The climate is mild and healthy in winter.

*Doctor:* Dr. Altherr.

**Heilbrunn.**—Germany, Bavaria, near Munich.

The Adelaide spring supplies cold iodo-bromurated water.

*Special indications:* Scrofula, chlorosis.

*Doctor:* Dr. Petrequin.

**Heiligekreuzbad.**—Austria, Tyrol, near Hall.

Alkaline, saline, sulphurous waters, very mild, and little used.

**Heiligenstadt.**—Austria, Lower Austria, half-hour from Vienna.

Ferruginous waters, but frequented more as a summer villeggiatura.

**Heilstein.**—Prussia, District of Aix-la-Chapelle, 1½ hour from Gmünd, in the Eifel.

Earthy alkaline waters. Exported.

**Heinrichbrunnen.**—Germany, Silesia, District of Neisse.

Cold ferruginous waters.

**Heinrichsbad.**—Switzerland, Canton of Appenzell, near St. Gall, and Herisau; 2,410 feet above sea level.

Cold ferruginous bicarbonate waters.

Goats' milk cure.

Elegant Curhaus, with all modern requirements.

**Helensburgh.**—Scotland, on the Clyde, eight miles from Dumbarton.

Sea baths, sandy beach; no machines.

*Doctor:* Dr. Finlay.

**Helenskilde.**—Sweden, Zealand, Westerbotten, near Fredericksborg.

Alkaline ferruginous waters.

Only used in the immediate vicinity.

**Heligoland.**—Island of, at the mouth of the Elb, belonging to England.

Much frequented sea bathing place.

*Season:* June 15th to September.

*Doctor:* Dr. Zimmermann.

*Hotels:* London, Queen of England.

**Hellopia.**—Greece, Epirus, on the Kimara.

Saline, sulphurous thermal waters, mentioned by Homer and Hesiod.

*Special indications:* Skin diseases.

In the vicinity was the oracle of Dodona.

**Helmstädt.**—Germany, Brunswick.

Saline ferruginous waters.

A bathing establishment for sitz, steam, shower and dust baths.



**Helsingfors.**—Russia, 5 hours from Reval.

Seabaths; sandy beach.

A luxurious bathing establishment, situated in a fine garden.

**Helwán-les-Bains.**—Egypt, near Cairo, on the Nile.

Saline, sulphurous thermal springs, 110° F.

Single bath, swimming baths, inhalations, and hot sand baths.

*Special indications:* Pulmonary diseases, phthisis, gout, rheumatism.

Winter station, mean temperature, 60° F. in the shade; mean moisture, 67%; rainy days in winter season, 11.

*Doctor:* Dr. Engel.

Hotels and pensions.

**Hennebon.**—France, Department of Morbihan.

Sea baths, little frequented.

**Heppingen.**—Germany, Rhenish Prussia, District of Ahrweiler.

Mild, alkaline earthy waters, containing a little iron.

**Hereulesbad.**—*See* Mehadia.

**Heringsdorf.**—Germany, Prussia, on the island of Usedom, in the Baltic, 22 miles from Stettin; 150 feet above sea level.

Sea baths, excellent beach of very fine sand.

Much frequented; mild and steady atmosphere.

*Season:* June—September.

**Herlein.**—Hungary, near Kaschau, also called Rank-Herlein.

The beauty of the site, rather than the cold chalybeate spring, attracts visitors.

An establishment recently re-built, together with the new hotels adjoining, offer every comfort, and are well kept.

*Doctor:* Dr. Thomas.

**Hermannsbad.**—Germany, Saxony, near Lausigk.

Ferruginous and sulphurous waters. Not used therapeutically.

**Hermannsbad.**—*See* Muskau.

**Hermida (La).**—Spain, Province of Santander, near St. Vicente.

Thermal saline waters, 145° F.

*Special Indications:* Rheumatism and paralysis.

*Doctor:* Dr. Andres.

**Hermione.**—Greece, Argolia.

Bitter waters, mostly exported to Turkey.

**Hermonville.**—France, Department of Marne, near Rheims.

Bituminous sulphurous waters.

*Special indications* : Rheumatism, asthma, gout.

**Herne Bay.**—England, Kent.

Sea baths, good beach. Climate mild.

*Season* : July—September.

A very much frequented resort. Two establishments.

*Doctor* : Dr. Bowes.

*Hotel* : The Brunswick.

**Hernösand.**—Sweden, Angermanland.

Ferruginous and effervescent waters.

**Herrscha.**—Roumania, on the Transylvanian frontier.

Very potent sulphurous waters ; used only in the neighbourhood. No visitors.

**Herse (La).**—France, Department of Orne, near Montagne.

Cold ferruginous bicarbonate waters, very mild.

*Special indications* : Debility of the stomach, leucorrhœa.

**Hervideros del Emperador (Los.)**—Spain, near Ciudad-Real.

Bicarbonate of lime waters, 60° F.

**Hervideros de Fontillesca.**—Spain, near Ciudad-Real.

Ferruginous waters, 45° F.

**Hervideros de Fuen Santa (Los.)**—Spain, Province of Ciudad-Real, near Pozuelo de Calatrava.

Ferruginous bicarbonate waters, 50° F., very rich in carbonic acid, which escapes from the soil in great quantities.

*Season* : June 10th to September 15th.

The number of visitors during the season is over 6,000.

*Special indications* : Rheumatism and herpes, old syphilis, hysteria, epilepsy, chorea, neuralgia, leucorrhœa.

The establishment is elegant, and very clean, a quality not always found in Spanish hotels.

One of the most frequented of Spanish baths. Excellent establishments. The accommodation is abundant and efficient.

*Doctor* : Dr. Fernandez.

**Hervideros de Villar del Pozo (Los.)**—Spain, near Ciudad-Real.

Ferruginous bicarbonate waters, 65° F.

*Special indications* : Rheumatism and herpes.

**Heselwangen.**—Germany, Würtemberg, district of Black Forest.

Cold sulphurous waters, little known.

**Heucheloup.**—France, Vosges, near Mirecourt.

Ferruginous iodo-arsenical waters.

**Heustrich-Bad.**—Switzerland, in the Bernese Oberland ; 2,050 feet above sea level.

Cold sulphate of sodium waters, rich in nitrogen. Establishment pretty good.

*Special indications* : Catarrhs and nervous affections.

**Hevitz.**—Austria-Hungary, comitat of Zala.

Indifferent waters, 75° to 85° F.

The springs form a lake. The establishment is well arranged and surrounded by a park. The accommodation is ample and comfortable.

**Heyst.**—Belgium, on the North Sea, near Ostend and Blankenbergh.

A rising sea bathing place, in which every effort is made to amuse and accommodate visitors.

**Hildegard-Brunnen.**—Hungary, near Ofen.

Sulphate of soda and magnesia waters, 16 grammes of mineralisation ; purgative.

**Hilversum.**—Holland, near Amsterdam.

Artificial mineral waters.

The establishment is elegant, and is every year increasing in favour. Serupulous cleanliness is the rule.

**Hing-tchon.**—China, North of Pekin.

Thermal waters not yet analysed.

**Hinnewieder.**—Germany, Silesia.

Bicarbonate ferruginous cold waters ; a much frequented establishment.

**Hofgeismar.**—Germauy, Province of Hesse-Cassel, on the route from Cassel to Paderborn.

Cold alkali-saline chalybeate waters.

A small but very good establishment.

**Hohenberg.**—Germany, Bavaria, near Wunsiedel.

Bicarbonate ferruginous table water.

**Höhenstadt.**—Germany, Bavaria, near Passau.

Cold indifferent and slightly sulphurous waters ; mineral muds.

A very good establishment, with every luxury and comfort.

**Hohenstein.**—Germany, Saxony, near Chemnitz.

Earthy ferruginous waters ; whey cure and, hydropathic establishment.

The Kurhaus is well arranged, and the accommodation abundant and good.

**Holbeck.**—England, Yorkshire, near Leeds.  
Alkaline sulphurous waters.

**Holkham.**—England, Norfolk, near New Walsingham.  
Sea baths ; satisfactory beach.

**Holyhead.**—Wales, Anglesea.  
Sea baths ; good beach.  
*Doctor :* Dr. Hughes.

**Holywell.**—England, Lancashire, near Cartmell.  
Muriatic ferruginous waters.  
*Special indications :* Anæmia, obstructions, skin diseases.

**Holywood.**—Ireland, Downshire.  
Sea baths ; sandy beach and chalybeate waters at Ballymahon and Cultra.  
The air is very fine.  
*Doctor :* Dr. Smith.

**Holzhausen.**—Germany, Prussia.  
Cold sulphate of lime waters.  
*Special indications :* Rheumatic neuralgias.

**Homburg-les-Bains.**—Germany, in the Province of Hesse Nassau ; 10 miles north-west of Frankfort-on-the-Maine. For routes see table.  
Four springs of saline, ferruginous and acidulated waters.  
The mineral matter consists principally of chloride of sodium, and is present to the amount of 6, 10, 13 and 19 grammes per cent.

*Special indications :* Dyspepsia, scrofula, anæmia.

The thermal bathing establishment is comfortable and luxurious.

*Doctors :* Drs. Weber, Høber, Zurbuch, Deetz, Lewis and Haase (specialist for eye and ear affections).

*Hotels :* Ritter's Park Hotel, combined with Café-Restaurant : first-class house, the only one on the promenade and park, close to Kurhaus, and mineral springs. Splendid view of Taunus mountain chain. Chas. Ritter proprietor, for many years manager of the Kurhaus-Restaurant.

The *Hôtel de Russie*, a large first-class well managed house, near the English church. F. A. Laydig, proprietor.

The *Hôtel d'Europe*, first-class family house, opposite the Kursaal ; moderate charges. Georg Schmidt, proprietor.

**Home-Varaville (Le).**—France, Department of Calvados, from Paris *via* Cobourg.  
Sea baths.



**Homok.**—Austria-Hungary, comitat of Szathmar.

Ferruginous and sulphurous waters. Only used by inhabitants as a specific against gout.

**Homorod.**—Hungary, Transylvania.

Ferruginous bicarbonate waters, 30° F., tonic action.

**Honfleur.**—France, Department of Calvados.

Sea baths on the mouth of the Seine.

**Horcajo de Lucena.**—Spain, Province of Cordova, near Lucena.

Saline waters of 75° F.

*Special indications* : Skin diseases, leucorrhœa and hyperæmia of liver.

The establishment might be improved. The accommodation is abundant and moderate in price.

*Doctor* : Dr. Urdapilleta.

**Horley-Green.**—England, Oxfordshire.

Sulphate of iron waters.

**Hornsea.**—England, Yorkshire.

Sea baths, shingly beach.

Climate mild and bracing.

*Doctor* : Dr. Hodson.

**Horn.**—Switzerland, Thurgau, 2 hours from St. Gallen.

Ferruginous and sulphurous waters.

Baths in the Lake of Constance and the whey cure.

**Houches, Les.**—France, Upper Savoy.

Cold ferruginous, alkaline, magnesian and carbonate waters.

*Special indications* : Chlorosis ; acts on the digestive organs.

**Houlgate.**—France, Department of Calvados, *viâ* Dives.

Sea baths.

**Hourdel.**—France, Department of Somme.

Sea baths ; retired and quiet.

**Hovehampton.**—England, Sussex.

Sea baths.

**Hovingham.**—England, Yorkshire.

Alkaline springs.

**Howth.**—Ireland, Dublin.

Sea baths, sandy beach.

Climate mild.

*Doctor* : D. Wright.

**Hozumezö.**—Austria-Hungary, comitat of Sarós.  
Cold sulphurous and ferruginous waters.  
Only used by the surrounding inhabitants.

**Hradiszko.**—Austria-Hungary, comitat of Sarós, near Zeben.  
Cold sulphurous waters.  
A small bathing establishment.

**Hubertusbrunnen.**—Germany, Prussia, Province of Saxony; 800 feet above sea level.  
Saline springs.  
*Doctors* : Dr. Sehläger.

**Huelva.**—Spain, capital of the Province of same name, on the Atlantic coast, and on the junction of the Rios Tinto and Odiel, 9,500 inhabitants.  
For routes see table.

Winter station and sea baths.

*Season* : For baths the autumn months, and generally from November till May.

The climate is delightfully steady, mild, and invigorating, and as a consequence, the station has been coming into favour of late. The bay is a fine expanse of water, and the town is well sheltered from northerly winds. It is an old place, having been built by the Romans.

There are as yet no statistics concerning the atmosphere, rainfall, &c., but the number of cloudless days in the year is large. Some interesting old buildings exist in the town.

Post and telegraph office.

There is a resident English physician.

*Hotel* : The *Columbus Hotel* is owned and managed by an English Company, and is supplied by produce from their own farm. The prices are moderate and the accommodation excellent. A. Adrion, manager.

**Humera.**—Spain, Province of Madrid.  
Ferruginous bicarbonate waters, 50° F.

**Hunyadi-János.**—Hungary, near Budapesth.  
Cold sulphate and saline waters.  
Purgative action.

**Hunstanton.**—England, Norfolk, near Lynn.  
Ferruginous water and sea baths.  
Sandy beach.  
Climate bracing and fresh.  
*Doctor* : Dr. Whitty.

**Hüttersbach.**—Germany, Baden.  
Saline waters.

Hyères.—France, Department of Var, near Toulon. For routes see table.

A winter station and sea baths.

Winter season, November—June; summer, or sea bathing season, May—October.

*Special indications* : Diseases of the chest and lungs, scrofula, affections of the larynx, diabetes, gout and rheumatism.

The town proper is three miles from the sea, and is built on the southern slope of the Maurettes chain of hills, here about 700 ft. high. North of the Gapeau, a small river east of the town of Hyères, the chain of Maures mountains protects the town against north-east and north winds. To the south and south-east of Hyères are the three islands of Porquerolles, Port Gros, and Levant, also called the Hesperides, or Golden Islands. These protect the roadstead of Hyères, and form a safe harbour. The situation of this winter station has been frequently wrongly stated to be on these islands. The mean winter temperature at noon in the sun is  $55^{\circ}$  F., and in spring from  $65$  to  $68^{\circ}$  F. Approaching Hyères from La Pauline on a calm day, the traveller will be astonished at the rapidity with which the temperature rises, while the vegetation assumes a more thoroughly tropical character, until the culminating point is reached in the date palms on the Place des Palmiers. The mistral, that great enemy of Provence, is little felt here. The valley of Costebelle is well sheltered against this scorching wind, and is also more protected and favoured as regards vegetation.

The mean barometric pressure is 762 to 766 mm., and the mean humidity of the air is 58 per cent. in the year. Forty-five rainy days, from October to end of April, have been noted; snow falls very rarely, indeed not more than two or three times in a century. Fogs occur sometimes in autumn and spring, but are of short duration. The health of the community is very good, and scrofula and phthisis scarcely exist. The water is good. Drainage has been improved considerably of late, but much still remains to be done in this respect.

As everywhere on the Riviera, so in Hyères, the hour of sunset is a dangerous one, and patients have to be careful not to remain out of doors. The climate of Hyères, on the whole, may be called a dry and stimulating one, and well-suited to patients who desire to avoid the damp and cold of a northern winter, and who do not depend on free exercise in the open air as their principal treatment.

The town has 12,000 inhabitants, and the excursions are very varied and beautiful. A special feature is the three avenues planted with palm-trees, whence the name "Hyères les Palmiers." A large casino, with theatre, reading rooms,

concert hall, &c., exists on the Boulevard Napoleon, where the syndicate has its offices.

English church, post and telegraph on the Route National, near the *Hôtel des Îles d'Or*.

*Bookseller*: T. Hébrard.

*Doctors*: Drs. Griffith, Biden, Cessens and Marquez.

*Dentist*: Dr. Harwood.

*Bankers*: R. C. Corbett & Co.

The Hôtels **Peyron** and *de l'Ermitage*, healthily and beautifully situated in the pine forest. First-class house; telegraph in the Hotel. A. Peyron, proprietor.

The *Grand Hôtel des Palmiers*, excellent, first-class 200 rooms, lift, and all modern improvements; most sheltered position; Lawn-tennis and gymnasium; *Grand Hôtel du Parc*. Same proprietor, A. Wattebled.

The *Hôtel d'Europe* is now under new management; it has been entirely refurnished and greatly improved; it is centrally situated; the cooking is good, and prices moderate. Marius Arnoux, proprietor.

**Hypate**.—Greece, Peloponnesus.

Saline sulphurous waters, 50° F., mildly purgative action.

*Special indications*: Leprosy, elephantiasis, syphilis and mercurial dyscrasia.

**Hythe**.—England, Kent, on the Channel coast.

Sea baths much frequented, and good bathing appliances.

**Ibenmoos**.—Switzerland, Canton of Lucerne; 1,800 feet above sea level.

Cold earthy waters. Charming site.

Internal and external application.

The establishment is well arranged, and the accommodation satisfactory.

**Iberg**.—Switzerland, Canton Schwyz, near Schwyz; 3,050 feet above sea level.

Sulphurous magnesian waters.

Exported in stone bottles to the surrounding districts.

**Ibero**.—Spain, province of Pamplona, near Echauri; 1,400 feet above sea level.

Alkaline waters, 60° F.

*Special indications*: Gastralgia and dyspepsia, hyperæmia of liver and spleen, plethora abdominalis, chronic metritis, calculus and gravel, vesical catarrh.

The situation is beautiful and the vegetation luxuriant. The gardens are extensive and enclose a small lake for boating. The establishment is completely fitted up in modern style; the accommodation is ample and moderate in price.

*Doctor*: Dr. Cervera.



**Iceland.**—Island of, belonging to Denmark.

Intermitting springs, known under the name of "Geysers."  
The hottest springs and the largest in volume in the world.

**Ikaria.**—Greece, island in the Ægean Sea.

Very strong saline waters, 120° to 125° F.

Notwithstanding a lack of accommodation and an unsatisfactory climate, the place is frequented by the inhabitants of Samos and Asia Minor.

**Ildjak.**—Bosnia.

Saline waters.

**Ilfracombe.**—England, North Devonshire, at the entrance of the Bristol Channel.

Sea baths, much frequented. Air bracing and fresh.

*Doctor:* Dr. Stonehame.

*Hotel:* The *Ilfracombe Hotel*.

**Ilkeston.**—England, Derbyshire.

Sulphate of iron waters.

**Ilkley.**—England, Yorkshire, on the Wharfe.

Climatic station in summer, with hydropathic establishment at Ben-Rhydding.

*Doctors:* Dr. Leeson, Dr. Scott.

**Ilmenau.**—Germany, Thuringia, Duchy of Saxe Anhalt; 1,620 feet above sea level.

Waters various; hydro-therapeutic establishment; and owing to the surrounding pine forests, a climatic station.

*Special indications:* Affections of the eyes and nervous and heart diseases.

*Doctor:* Dr. Hassenstein.

*Hotels:* *Kurhaus, Sun, Lion.*

**Imnau.**—Germany, Principality of Hohenzollern; 1,260 feet above sea level.

Ferruginous bicarbonate waters, 22° F. Exported. Pine-cone-sap baths.

*Special indications:* Affections of the chest.

Much frequented station. Good establishment.

**Imola.**—Italy, Province of Bologna; 45 m. from Bologna by rail, quarter of an hour carriage from the station; 12,000 inhabitants.

Ferruginous, sulphurous saline waters. The establishment, erected in 1830, is efficient, and is situated in a very charming valley. The hotels afford every accommodation and comfort.

*Doctors:* Drs. Lesi and Ferretti.

**Inchaurte.**—Spain, Province of Guipuzcoa.

Cold sulphurous waters.

**Innichen.**—Austria, Tyrol, valley of the Puster.

Saline sulphurous and saline ferruginous waters. Little frequented.

*Special indications:* Gout, scrofula, blenorrhœa, amenorrhœa, hysteria, hypochondriasis, colic.

**Inowrazlaw.**—Germany, Prussian Province of Posen.

Saline waters.

*Special indications:* Scrofula, skin diseases, rheumatism and female affections.

*Doctors:* Drs. Mannheim, Rakowski and Winkler.

*Hotels:* Kurhaus, Villa Weiss.

**Inselbad.**—Germany, Westphalia, near Paderborn.

Saline and saline chalybeate waters, 45° F. Inhalations, whey cure.

*Special indications:* Tuberculosis, chronic bronchial catarrhs, pleuritic exudations.

*Doctor:* Dr. Brüggelmann.

*Hotels:* Kurhaus, Bathhouse.

**Instow.**—England, Devonshire.

Sea baths.

**Interlaken.**—Switzerland, Canton of Berne, between the Lakes of Brienz and Thune.

Climatic station in summer. Whey cure.

It possesses only artificial baths, and is visited almost entirely on account of its beautiful environs. Very fine scenery, and pure healthy air.

English service in the church at the Nunnery, also at Beatenberg.

*Doctors:* Drs. Zürcher and Strasser.

*Hotel:* The *Rugen Hotel*, Jungfraublick, a first-class, well appointed house; magnificently situated on the Rugen. J. Oesch-Müller, proprietor.

The *Grand Hotel Victoria*, a magnificent first-class family hotel, the best as regards situation in Interlaken; 400 beds, lift. Special arrangements made for a prolonged stay. Ed. Ruetli, proprietor.

**Inverleithen.**—Scotland, Peebles, on the Tweed.

Saline waters.

**Iósza.**—Austria-Hungary, comitat Ung, rail to Nagy-Mihály.

Alkali-saline waters. Establishment good.

**Irno** (Valley of).—Italy, Province of Naples; from Naples to Salerno by rail,  $1\frac{1}{2}$  hours, thence by carriage half-an-hour.

Alkali-saline waters; not thoroughly analysed (but superior to Vichy, and assimilating more to the Karlsbad waters),  $59^{\circ}$  F.  
*Season*: June—September.

*Special indications*: Chronic catarrh of the stomach, splenic and hepatic complaints, uric acid diathesis, catarrh of the urinary organs, gout and chronic rheumatism.

The site is beautiful, but the management of the establishment is scarcely on a par with the efficacy of the waters.

**Ischia**.—Italy, island in the Bay of Naples.

Alkali-saline waters,  $145^{\circ}$  F. Thermal establishment of Casamicciola. Climatic station for spring and autumn.

*Special indications*: Uterine affections, rheumatism, but more especially diseases of the bones, sores, gout and paralysis.

An island celebrated for its rich vegetation and the beauty of its sky. It is much visited, too, on account of the abundance of its mineral springs. On its small surface there are no fewer than 22 springs, all well known and all of which were in use under the Romans. The principal are St. Restituta, Cappone Fontana (similar to cold Carlsbad), and Gurgitello. (See articles on above). The earthquake of July, 1883, has wrought so much havoc amongst the bathing establishments, that it is unlikely they will ever be rebuilt.

*Doctors*: Drs. Manzi and Storer.

**Ischl**.—Austria, Salzkanmergut, on both banks of the Traun, on the confluence of the Traun and Ischl, 1,600 feet above sea level; 9,000 inhabitants. For routes see table.

Saline and cold sulphurous waters; climatic summer station; whey cure; saline, steam, hot and cold brine and sulphurous baths; mud, malt, pine-cone sap, and wave baths; inhalation; medical gymnastics; large swimming basin.

*Season*: May—October; the pleasantest months here are September and October.

*Special indications*: Lymphatism, incipient goitre, affections of the mucous membrane of the stomach and intestines, chronic vomiting, diarrhoea from debility, dropsy, chronic affections of the respiratory organs, chronic skin diseases, **Nervous Affections**, disorders of ovaries and uterus, and sterility.

Ischl is charmingly situated in the centre of three valleys, and surrounded by high mountains, off-sets of the Tyrolean Alps. The country around offers an ever-varying change of picturesque beauty. The vegetation is very luxurious, especially in spots exposed to the sun's rays. The air is soft and pleasant; nor does Ischl suffer from the defect common to most valleys, namely, a very limited period of sunshine daily, with a

proportionately high temperature, which at times may become well-nigh unbearable. The thermometer at midsummer seldom rises above 86° F., and the change in temperature from morning to evening is scarcely perceptible. Large Government salt-works are carried on here, and owing to this circumstance, the air is always impregnated with saline particles, which render it very invigorating. The surrounding mountains are clothed with pine forests, the emanations from which contribute in a large degree to the health-giving qualities of the air.

The chief promenade is the Esplanade, where visitors congregate, and which is thus the centre of "cure-life." The streets and roads are admirably kept, and the population is very civil and attentive. Beautiful villas and gardens surround Ischl for a wide range. The price of baths, &c., is posted up in all the establishments. Rudolph's Garden is the centre of visitor-life in the morning, when the band plays from seven till half-past eight. Around it are the different bathing establishments. The hotels, villas, and houses with furnished apartments, are prettily situated, mostly in their own gardens.

The "*Curhaus*" surpasses most establishments of its kind even in the best watering-places along the Rhine, both in architectural beauty, and in the elegance and comfort of its arrangements. A very extensive garden surrounds it: its prominent features are:—The terrace, where daily concerts are held, a large concert and ball-room, reading-room, gaming and smoking-rooms. The view from the terrace is beautiful. The theatre is in the town on the Kreuzplatz. Operas and comedies. Society at Ischl is composed of the highest aristocracy. The Imperial family passes several months here every year, in the castle.

The *Post and Telegraph Office* is in the centre of the town, near the church. From here the various diligences start.

The excursions are very varied and too numerous to name in detail. Fishing is an amusement much indulged in, and amongst the fish caught are, *salmo frio*, *salmo salvelinus*, *Salmo Schiefermulleri*, and *Salmo Thymallus*. Permission to fish is obtainable from Mr. Koch, mayor of the town.

*English church*: Hôtel Kaiserin Elisabeth.

*Exchange and Bank*: Gottwald, Kreuzplatz.

*House and Estate Agent*: Heuschöber, Crown Hôtel.

*Bookseller*: Manhart, Pfarrstrasse.

*Chemist*: Krupitz, Landstrasse.

*Doctors*: Drs. Kaan, Fürstenberg, Heinemann, Stieger and Kottowitz.

*Hotels*: The *Hôtel Kaiserin Elisabeth* is splendidly situated. The proprietor owns the trout fishing. F. Koch, Proprietor. *Crown, Victoria, Post.*

**Islington.**—England, a district of London.

Ferruginous waters of great repute in the eighteenth century; at present not used.

**Ismailia.**—Egypt.

Sea baths.



**Isola Bona.**—Italy, near Porto Maurizio.  
Cold sulphurous waters.

**Ivanda.**—Austria, on the frontier of Servia and Wallachia, near Temesvar.

Bitter waters, mineralisation 17 grammes., 12 grammes. of which are sulphate of sodium. It contains no sulphate of magnesia, and is laxative, mild in action, and therefore suitable for prolonged and gentle treatment.

**Ivanyi.**—Austria-Hungary, comitat of Bereg; half-an-hour from Munkács.

Earthy ferruginous water.

A small bathing establishment.

**Ivonicz.**—Austria, Galicia, near Krosno.

Two saline bromo-iodurated, a bituminous and a ferruginous spring. This water contains 0.017 iodide of sodium.

*Special indications:* Goitre, articular disease, and herpes.

The establishments are efficient and the environs charming.

**Jabalruz.**—Spain, Province of Jaen, and near this town.

Sulphurous, magnesian or bitter waters, 80° F.

*Special indications:* Nervous complaints, epilepsy and hysteria, rheumatism, gout and the uric acid diathesis, and general paralysis.

The establishment is not good. Patients can be lodged at the baths; but prefer to stay, as a rule, in Jaen, whence Jabalruz is only half-an-hour's drive. Prices are moderate. The situation is mountainous.

*Doctor:* Dr. Lacort.

**Jacintos (de los).**—Spain, New Castilia, near Toledo.

Ferruginous alkaline waters, only exported.

*Special indications:* Difficult and irregular menstruation, chlorosis.

**Jacobfalva.**—Austria, Transylvania.

Cold bicarbonate ferruginous waters, mineralisation 5 grammes.

A small establishment, with limited accommodation.

**Jaen.**—Spain, Capital of Province of Jaen.

Thermal sulphate of magnesia springs, 85° to 90° F.

*Special indications:* Rheumatism, paralysis.

**Jahodnika.**—Austria-Hungary, comitat of Turocz.

Highly effervescent ferruginous waters. Only used locally.

**Jalleyrac.**—France, Department of Cantal.

Cold bicarbonate of iron waters.

**Jallová.**—Turkey, Asia Minor, near Brussa.

Thermal sulphurous springs.

A very good establishment and an interesting place to stay at.

**Jamnicza.**—Austria, Croatia, near Agram.

Cold alkaline and sulphurous ferruginous waters, 16 grammes. of mineralisation, of which 6 are carbonate of sodium and 3 sulphate of sodium.

*Special indications* : Anæmia.

A much frequented establishment.

**Janischek.**—Russia, Lithuania.

Sulphurous waters.

Only used in the neighbourhood.

**Jano.**—Italy, Modena, near Scandiano.

Cold sulphurous waters.

Only used in baths by the surrounding peasantry.

**Jaraba.**—Spain, Province of Saragoza, near Ateca.

Thermal sulphurous waters, 85° F.

*Special indications* : Rheumatism, urinary affections, calculus gravel, chronic metritis, difficult menstruation.

The site is romantic. There are three establishments equally good. The accommodation is ample and moderate in price.

*Doctor* : Dr. de Gregorio.

**Jaróslaw.**—Austria, Galicia, district of Przemyśl.

Effervescent ferruginous waters, used in bathing.

**Jaxtfeld.**—Germany, Würtemberg, near Heilbronn; 450 feet above sea level.

Saline waters, mineralisation 113 grammes., of which 108 are chloride of sodium. Inhalation.

A good establishment, with comfortable accommodation.

**Jelen.**—Austria-Hungary, comitat of Gömör, 1½ hour from Rima-Szombat.

Effervescent ferruginous waters, used only in the environs as table water.

**Jenatz.**—Switzerland, Canton of Grisons.

Cold ferruginous and mixed bicarbonate waters of 60° F.

Whey cure.

The establishment is fairly well arranged, and the accommodation good.

**Joanette.**—France, Department of Maine and Loire, near Angers.

Saline ferruginous springs, one sulphurous.

A small establishment.

**Job.**—France, Department of Puy de Dôme.

Slightly mineralised waters, used only as table water.

**Jobsbad, or Wiesenbad.**—Germany, Saxony, near Annaberg; 1,370 feet above sea level.

Earthy alkaline waters.

A fairly good establishment. Scenery grand and charming.

**Johannisbad.**—Austria, Bohemia, near Melnik.

Ferruginous waters.

**Johannisbad.**—Austria, Bohemia, near Pardubitz; 2,000 feet above sea level.

Alkali-ferruginous thermal water, 70° F.; climatic station.

*Special indications:* Nervous affections, hysteria, neuralgia, gastralgia.

Very charming site and mild air.

*Doctors:* Drs. Kopf and Pauer.

*Hotel:* Kurhaus.

**Johannisberg.**—Germany, Nassau, near Geisenheim on the Rhine.

Hydropathic establishment with electrotherapy. Grape cure.

Very elegant accommodation.

**Johnstown.**—Ireland.

Ferruginous spring. Much frequented.

**Jood.**—Hungary, comitat of Mármaros, Isa Valley.

Sulphate of soda and magnesia waters, with purgative action.

**Jordansbad.**—Germany, Württemberg, near Biherach; 1,660 feet above sea level.

Effervescent ferruginous waters; establishments, with shower, spray, douche, and sitz baths. The situation is retired and pretty.

**Jorullo.**—South America, Venezuela.

Thermal sulphurous springs, 155° F.

**Jose.**—France, Department of Puy de Dôme.

Bicarbonate of soda water; only used as table waters.

**Josephsbad.**—Austria, Bohemia, near Tetschen.

Ferruginous waters.

**Joucne.**—France, Jura, near Dole.

Saline waters.

**Juliushall.**—*See* Harzburg.

**Jungbrunnen.**—Germany, Würtemberg, near Rottweil.

Saline waters, whey cure.

A good establishment.

**Junqueiro.**—Portugal, on the Atlantic, close to Lisbon.

Sea baths, sandy beach.

Very good establishments, and much frequented.

**Jurowla.**—Austria, Galicia, district of Sánok.

Cold saline waters.

Poor arrangements.

**Kabolapolyána.**—Austria-Hungary, comitat of Marmáros, district of Rahó.

Highly effervescent ferruginous waters.

Thoroughly efficient bathing establishments with all modern requirements.

The position of the town is picturesque.

**Kács.**—Austria-Hungary, district of Mező-Kovesd, near Miskolcs.

Indifferent waters, 65° F.

A very good establishment, with good accommodation.

**Kaiapha.**—Greece, east coast of Morea, Elis, near Navarino.

Thermal sulphurous waters.

*Special indications* : Herpes, psoriasis, elephantiasis.

These waters are mentioned by Strabo. They are very efficient, but the severity of the climate makes residence scarcely advisable.

**Kaissariani.**—Greece, Attica, at the foot of Hymettus.

Indifferent waters ; climate very good in summer.

There are many ruins in the neighbourhood.

Ovid speaks of these waters in the following lines

“ Est prope purpureos colles florentis hymetti,  
Fons saccr et viridi cespite mollis humus.”

**Kalauria or Poros.**—Greece, island in the Ægean Sea.

Slightly sulphurous waters, used in urinary and intestinal disorders.

**Kalimaneste.**—Roumania.

Saline sulphurous waters, 55° F.

A small establishment.

**Kaltenleutgeben.**—Austria, Lower Austria, near Vienna.

Hydropathic establishment.

Very mild air and picturesque site.

Doctor : Dr. von Winternitz.



**Kammietz-Podolsk.**—Russia, Government of Podolia.

Sulphurous waters.

A much-frequented station.

**Kammer.**—Austria, near Linz and Salzburg.

Climatic summer station; baths in the Attersee; whey cure.

Very charmingly situated, pure air and equable climate;  
 good trout fishing and interesting excursions for tourists.  
 The establishment is excellent, and accommodation comfortable  
 and moderate.

**Kanitz.**—Germany, Bavaria, near Werdenfels; 2,500 feet above sea level.

Alkaline iodurated waters.

Whey cure.

A good establishment.

**Karlsbad.**—Austria, Bohemia; 1,150 feet above sea level. For routes see table.

There are twelve springs, of which the four principal ones are  
 the Sprudel, 170° F., the Neubrunnen, 145°, the Mülbrunnen,  
 130°, and the Theresienbrunnen, 125° F.

*Special indications:* Constipation, liver and bilious complaints,  
 plethora, obesity, gout, gravel, diabetes, &c.

*Doctors:* Drs. Seegen, Kraus, Pleschner, von Hoehberger,  
 Kafka, Preiss, London, Neubauer and Sehnee.

*Bookseller:* Hans Feller, Alte Wiese.

*Hotels:* *National, Hanover, de Russie.*

**Karlshafen.**—Germany, Prussia, near Minden.

Saline waters.

A good establishment with satisfactory accommodation.

Climate very mild and agreeable.

**Karlsruhe.**—Germany, Baden, between Karlsruhe and Durlach.

Cold effervescent ferruginous waters; little used.

**Karpfen.**—Austria-Hungary, comitat of Sohl, on the Kropona.

Sulphurous magnesian waters.

A small establishment, used only by the inhabitants.

**Karytena.**—Greece, Peloponnesus.

Cold sulphurous waters.

Like the majority of Greek springs, these were used in  
 ancient times, but are now neglected.

**Kashin.**—Russia, Government of Tver, near Moskau, on the Masletka.

Very cold ferruginous waters.

Primitive arrangements, used only by residents.

**Kastanowka.**—Russia, Government of Kiew, near Schpoli.

Sulphurous waters, little used.

**Kastenloch.**—Switzerland, Canton of Appenzell.  
Alkaline waters, little used.

**Katharinenbad.**—Russia, Caucasia, on the Terek.  
Alkali-saline waters, 175° to 180° F.  
Primitive arrangements and accommodation.

**Katharsion.**—Greece, Island of Lesbos.  
Saline waters, 75° to 80° F.; they contain a good deal of sulphur. The place is called, in consequence, the “ill-savoured pool.”  
The baths enjoy a high reputation, and are much frequented.  
The ruins of the old Grecian baths have been partially restored, and afford visitors satisfactory accommodation.

**Katwyk.**—Holland, one hour from Leyden.  
Sea baths and sandy beach; very quiet place, though much frequented. The simple and tranquil life act very favourably on invalids.

**Kaudenbach.**—Germany, Rhenish Prussia, near Bertrich.  
Earthy ferruginous waters, 70° F.; used in drinking; as auxiliary to those of Bertrich.

**Keked.**—Austria-Hungary, comitat of Abanj, near Kaschau.  
Cold sulphurous waters.  
*Special indications:* Chronic catarrhs and muscular contractions.

**Kellberg.**—Germany, Bavaria, 1½ hours from Passau; 1,200 feet above sea level.  
Ferruginous and slightly effervescing waters.  
The establishment is well arranged, and the accommodation comfortable and moderate in price.

**Kéménd.**—Austria-Hungary, comitat of Hunyad.  
Earthy waters, 45° F.

**Kemmern.**—Russia, near Riga.  
Very strong sulphurous waters, containing a large quantity of sulphuretted hydrogen.  
The bathing establishment is elegant and the accommodation satisfactory.

**Kerö.**—Austria, Transylvania, district of Décs.  
Cold saline sulphurous waters.  
Good establishment, with tolerable accommodation.

- Keruly.**—Austria, Transylvania, district of Udvarhély, 4 hours from Lővete.  
Effervescent alkaline ferruginous waters. Used only by the surrounding peasantry.
- Keswick.**—England, Cumberland, Lake District.  
Summer holiday resort, with fishing and boating.  
*Doctor* : Dr. Knight.
- Keuchræ.**—Greece, on the Isthmus, south of Corinth.  
Saline waters, 70° F.  
Known in the days of Pausanias as the Helena baths.
- Kiel.**—Germany, Province of Holstein. Important maritime port on the Baltic.  
Sea baths ; fine white sandy beach.  
*Season* : June—September.  
The establishment is very elegant and much frequented.
- Kierling.**—Austria, Province of Lower Austria, near Klosterneuburg.  
Climatic station, but better known through its whey cure establishments.  
Very fine climate and luxuriant vegetation.  
The establishment is comfortable.
- Kilburn.**—England, near Hampstead, in Middlesex.  
Bitter waters.  
*Special indications* : Similar to those of Friedrichshall.
- Kilkee.**—Ireland, Donegal.  
Sea baths ; sandy beach ; chalybeate springs.  
*Doctor* : Dr. Griffin.
- Kilkenny College Spa.**—Ireland, on the River Store.  
Chalybeate waters.
- Killymard.**—Ireland, Donegal.  
Sulphurous springs, entirely neglected.
- Kilrush.**—Ireland, Clare.  
Sea baths ; sandy beach ; chalybeate waters.  
*Doctor* : Dr. Counihan.
- Kimpolung.**—Roumania, near the Austrian frontier.  
Saline sulphurous waters.  
Primitive establishment, with indifferent accommodation.  
The site is pleasant and pretty.
- Kinsale.**—Ireland, County Cork, on the Bandon river.  
Sea baths, fine sandy beach, chalybeate waters near Castle-in-Park.  
*Doctor* : Dr. Bishopp.

**Kiralyi.**—Austria-Hungary, comitat of Gömör, near Tornallya.  
Sulphurous earthy waters, 60° to 75° F. Only used in the environs.

**Kiralymező.**—Austria-Hungary, comitat of Marmáros, district of Tecső.  
Ferruginous iodo-bromurated saline waters.  
The spring is the property of the Government, and is almost neglected.

**Kirchberg.**—Germany, Bavaria, near Reichenhall; 1,520 feet above sea level.  
Earthy alkaline saline waters, whey cure, and aromatic herb extract baths.  
Much frequented. The situation is charming.

**Kirchbrunnen.**—Germany, Würtemberg, near Heilbronn.  
Bitter waters.  
Formerly much frequented, and the water exported, but now abandoned.

**Kirchheim.**—Germany, Würtemberg, near Teck.  
Cold sulphurous waters.  
*Special indications:* Chronic, rheumatic and arthritic complaints, chronic skin diseases.  
There is a good establishment.

**Kirchleerau.**—Switzerland, Canton of Aargau, 3 hours from Aarau.  
Earthy waters.  
Used only by the peasantry of the neighbourhood.

**Kirkilissa.**—Turkey, Bulgaria, on the road from Adrianople to Constantinople.  
Sulphurous water, 80° F.  
The bathing arrangements are the same as in all Oriental baths.

**Kirstenpils.**—Denmark, near Copenhagen, in the Zoological Gardens.  
Indifferent waters.  
*Special indications:* Paralysis and rheumatism.

**Kis-Czeg.**—Austria, Transylvania.  
Alkali-saline waters; four springs.  
Purgative and very efficacious action. A cold Karlsbad.

**Kis-Kalan.**—Austria, Transylvania, 2 hours from Hunyad.  
Mixed bicarbonate waters, 75° F.

**Kis-Sáros.**—Austria-Hungary, comitat of Sáros, near Eperjes.  
Alkaline ferruginous waters.  
A very good establishment, with comfortable accommodation.  
Very picturesquely situated.  
*Doctor:* Dr. JácZ.



**Kissingen.**—Germany, Bavaria, near Würzburg, on the right bank of the Saale; 602 feet above the sea level. For routes see table.

Cold saline waters, strongly mineralised. Three principal springs; the Rakoczy, the Pandur, and the Maxbrunnen.

*Season:* May 15th—September 30th.

*Number of visitors:* About 30,000 annually.

*Special indications:* Tonic and excitant, they are admirably suited to abdominal and hæmorrhoidal congestions.

Prince Bismarck passes about two months here every year.

*Bookseller:* Ph. Hailmann.

*Doctors:* Drs. Gaetschenberger, Sotier, Stöhr, Scherpfert, Diruf, and Welsh.

*Hotels:* The *Hotel Victoria*, facing the baths, Kurhaus and gardens. The hotel is now well managed by the new proprietor, W. Todt. It has recently been refurnished; large shady garden. Omnibus meets all trains.

The *Kaiserhof*, first-class, well recommended, next to the Rakoczy spring and bathing establishment. Omnibus at station; carriage in the house. In May and September reduced prices. L. Waltner, proprietor.

**Kislovodsk.**—Russia, Caucasus; 2,375 feet above the sea level.

Alkali-saline earthy waters, 45° F.

A special feature of this water is its action on the kidneys. It is very efficacious in all vesical diseases. Caution must be used in drinking it.

**Klaussen.**—Austria, Styria, near Graz.

Ferruginous bicarbonate waters. Composition almost identical with those of Spa; 0.098 of iron.

*Special indications:* Catarrhal affections, hypochondriasis, hysteria, anæmia.

**Klein-Chocholna.**—Austria-Hungary, comitat of Trenezin and near this town.

Alkali-saline ferruginous waters.

Only used by the peasantry in cases of intermittent fever.

**Kleinengstingen.**—Germany, Würtemberg, near Marbach; 2,190 feet above sea level.

Indifferent waters; little used.

**Kleinern.**—Germany, Principality of Waldeck-Pyrmont.

Bicarbonate of magnesia waters. Complementary to those of Wildungen.

**Klein-Schirma.**—Germany, Saxony, between Freiberg and Chemnitz.

Mineral and mud bathing establishment.

- Klemutzion.**—Greece, Morea, Province of Elis, facing Zante.  
Sulphurous waters, 70° to 95° F.  
Well known in ancient times.
- Kliening.**—Austria, Carinthia, District of Klagenfurt.  
Earthy alkaline and ferruginous waters.  
*Special indications*: Debility, anæmia, difficult menstruation.
- Klokoes.**—Austria-Hungary, comitat of Sohl.  
Effervescient earthy waters, little used.
- Klosters.**—Switzerland, Grisons; 4,000 feet above the sea level.  
Cold sulphurous waters.  
Indifferent establishment.
- Klutsehewsk.**—Russia, in the Ural mountains, Government of Perm.  
Sulphurous waters.
- Klütz.**—Germany, Meeklenburg, near Wismar.  
Sea baths, sandy beach, and good arrangements.
- Knaresborough.**—England, Yorkshire.  
Sulphate of lime waters.
- Knutwyl.**—Switzerland, Canton of Lucerne; 2,110 ft. above the sea level.  
Sulphate of lime and iron waters. Very mild and pure air.  
Good establishment and tolerable accommodation.
- Kobersdorf.**—Austria-Hungary, comitat of Oedenburg, near Rabnitz.  
Alkali-saline ferruginous waters.  
Good establishment, with comfortable accommodation at moderate rates.
- Koehel.**—Germany, Bavaria, on the Lake of Koehel.  
Alkaline waters, climatic air station; very mild and equable air.  
The establishment is luxurious, and accommodation ample.
- Kondrau.**—Germany, Bavaria, near Ratisbon; 1,600 feet above sea level.  
Saline waters.  
*Special indications*: Catarrh of the vesical organs and gravel.
- Königsborn.**—Germany, Westphalia, near Unna.  
Cold saline waters.  
Very efficient establishment.
- Königsbrunn.**—Germany, Saxony, near Königstein, 1½ hour from Dresden.  
Hydropathic establishment.  
Very fine site; place thoroughly well appointed.

**Königsdorff-Jastrzembs.**—Germany, Silesia, near Ratibor; 800 feet above sea level.

Bromo-iodurated saline waters, very strongly iodurated. 65° F.

*Special indications* : Chronic rheumatism, paralysis, syphilis, scrofula, affections of the uterus, difficult menstruation, earies, neerosis, skin diseases, goitre.

*Doctor* : Dr. Sehenk.

*Hotels* : *Königsdorff, Hohenzollern.*

**Königstein.**—Germany, Nassau in the Taunus.

Hydro-therapeutie establishment.

*Doctors* : Drs. Pingler and Thewalt.

*Hotels* : *Pfaff, Amsterdam.*

**Königswarth.**—Austria, Bohemia, near Marienbad; 2,155 feet above sea level.

Biearbonate of iron waters.

*Special indications* : Anæmia, rhaehitis, scrofula, chronic paralysis.

The establishment is thoroughly fitted up and the site is charming.

*Doctor* : Dr. Kohn.

*Hotel* : *Kurhaus.*

**Konopkowka.**—Austria, Galicia, district of Tarnopol.

Cold sulphate of lime waters.

*Special indications* : Herpes, rheumatism.

Only used in baths ; the establishment is effieient.

**Kopenhagen.**—Denmark, capital of.

Sea baths, sandy beach.

**Kornwestheim.**—Germany, Würtemberg, half-hour from Ludwigsburg.

Cold sulphurous waters.

The Kurhaus eombines bathing establishment and hotel.

**Korond.**—Austria-Hungary, Transylvania.

Saline waters.

No establishment, and but primitive accommodation.

**Koroud.**—Austria, Transylvania, near Parajd.

Efferveseent earthy waters.

There is a bathing establishment, and several buildings affording good aecommodation.

**Korsow.**—Austria, Galicia.

Ferruginous bicarbonate waters.

**Korytnica.**—Austria-Hungary, in the Carpathians, near Neusohl.

Saline ferruginous waters, and climatic station.

Korytnica is magnificently situated. The vegetation is very luxuriant, the air mild and equable, and the place very fashionable.

*Doctor* : Dr. Vogel.

**Kösen.**—Germany, Saxony.

Saline bituminous waters, 40 grammes of mineral principles, of which 33 grammes are chloride of sodium; the salts are exported.

*Special indications* : Scrofula.

Very good establishments, with abundant and fashionable amusements.

*Doctors* : Drs. Wahn, Knorr and Rosenberger.

*Hotels* : Zum Muthigen Ritter, Kurzhalz.

**Kosia.**—Roumania.

Sulphurous-saline waters, 60° F.

Very little used.

**Kostendjil.**—Turkey.

Sulphurous waters.

*Special indications* : Skin diseases, gout, paralysis and intestinal disorders.

**Kostreiniz.**—Austria, Styria.

Carbonate of soda water; 10 grammes of mineralisation, of which six are carbonate of sodium.

**Köstritz.**—Germany, Principality of Reuss.

Saline, pine-cone sap, dry, warm, and sand baths.

*Special indications* : Rheumatism, anehylosis.

*Doctor* : Dr. Sturm.

*Hotel* : Kurhaus.

**Kötschenowa.**—Russia, near Moscow.

Effervescent ferruginous waters.

Good establishments, long known.

**Kovaszna.**—Austria, Transylvania, near Kronstadt.

Cold alkaline-muriatic springs.

Primitive establishment, with accommodation of an indifferent kind.

**Krähenbad.**—Germany, Würtemberg; 1,400 feet above sea level.

Alkaline-carthy waters.

There is a primitive establishment.



**Krankenheil.**—Germany, Bavaria, near Tölz; 3,452 feet above the sea level, on the river Isar.

Cold iodo-bromurated saline waters.

*Special indications:* Scrofula, inflammation of the ovaries, hyperæmia of the uterus, indurated breasts, inflammation of the prostate gland and urinary organs, goitre.

Kursaal and Trinkhalle; much frequented establishments.

*Doctors:* Drs. Höffer and Jungmayer.

*Hotel:* Kurhaus. Chas. Loder, proprietor.

**Krapina Töplitz.**—Austria, Croatia, comitat of Warasdin.

Two thermal carbonate of lime springs, 100° to 115° F.

*Special indications:* Nervous affections, eczema, prurigo-like, psoriasis.

Excellent establishment and accommodation. The site is beautiful and the climate mild and healthy.

*Doctors:* Drs. Von Aigner and Rak.

*Hotel:* Kurhaus.

**Kreuth.**—Bavaria, Germany; 2,910 feet above the sea level.

Bitter waters, whey cure, climatic station.

A well-appointed establishment; climate mild, yet damp.

*Doctor:* Dr. May.

*Hotel:* Kuranstalt.

**Kreuzen.**—Austria, Province of Upper Austria, near Grein; 1,360 feet above the sea level.

Hydropathic establishment. Climatic station, surrounded by pine forests.

Complete establishment.

*Doctors:* Dr. Krischke, Urbaschick, Fleishanderl.

**Kreuznach.**—Germany, Rhenish Prussia, on the Nahe. For routes see table.

Bromo-iodurated saline waters.

*Season:* From 1st May to 1st October; open all the year round.

*Special indications:* Scrofulous affections, diseases of the ears, eyes, respiratory organs, bones and joints, all female and skin diseases, and in chronic affections generally.

The excursions in the environs are very varied and beautiful. English Church.

Post-office Telegraph.

*Bookseller:* Rhein. Schmidthals and George Barth.

*Doctors:* Drs. Engelmann, Stabel and Strahl.

*Hotels:* The Kurhaus Hotel. G. Simpson, proprietor.

The Hôtel Royal and d'Angleterre, well situated, close to the Kurhaus, 100 bed and 20 sitting-rooms. 20 new baths and a magnificent new dining hall added for the summer of 1884. J. C. Heitz, proprietor.

**Krevenish.**—Ireland, County Fermanagh.

Sulphurous waters, with only a local reputation.

**Kronberg.**—Germany, Nassau.

Saline and chalybeate waters. Whey cure.

There is a very efficient establishment.

**Kronthal.**—Germany, Nassau; 500 feet above sea level. For routes see table.

Alkali-saline waters, 40° F.; exported.

*Special indications:* Nervous diseases and affections of the mucous membranes, bronchial catarrh.

Good establishment.

**Krumbach.**—Germany, Bavaria, between Ulm and Memmingen.

Carbonate of lime waters.

*Special indications:* Nerve affections.

Very little frequented.

**Krynica.**—Austria, Galicia, in the Carpathian mountain chain; 2,200 feet above sea level.

Gaseous alkaline ferruginous waters; climatic station; whey cure.

The establishments and the accommodation are thoroughly good.

*Doctors:* Drs. Mars, Zdun and Zieliniewsky.

*Hotels:* Seyfert, Krakau.

**Krzeszow.**—Austria, Galicia.

Ferruginous and sulphurous waters; mineral muds.

Primitive arrangements, and the place is but little frequented.

**Kugelbad.**—Austria, Bohemia,  $\frac{1}{2}$ -hour from Prague.

Alkaline ferruginous waters.

Good establishment.

**Kunda.**—Russia, Esthland, near Makhholm.

Cold sulphurous waters.

**Kungara.**—Russia, Caucasus, near Zelesnowodsk.

Alkali-saline waters, 80° F.

Very primitive arrangements, although the waters are highly efficacious.

**Kunzendorf.**—Germany, Silesia, district of Neustadt

Ferruginous and sulphurous waters.

Tolerable establishment.

**Kuppis.**—Russia, Finland, 2 miles from Abo.

Alkaline ferruginous waters.

**Kythmos.**—Greece, Island in the *Ægean* Sea.

Two thermal saline springs, from 100 to 130° F.

*Special indications* : Rheumatism, gout, and elephantiasis.

**Labassère.**—France, Department Hautes Pyrénées, near Bagnères de Bigorre.

Cold sulphurous soda waters.

*Special indications* : Pulmonary, laryngeal and bronchial affections.

This spring is now the property of the Company, who hold the Concession of Bagnères de Bigorre.

*Doctor* : Dr. Lacoste.

**Labestz-Biscaya.**—France, Department of Basses Pyrénées, near Mauléon.

One sulphate of lime and one cold ferruginous spring.

**La Caldare.**—Austria-Hungary, comitat of Mármaros, near Kösep-Vissó, valley of Vinului.

Alkaline waters. Used only in the environs.

**Lacanne.**—France, Tarn, near Castres.

Thermal sulphate of lime waters.

*Special indications* : Herpes, rheumatism, and gravel.

*Doctor* : Dr. Strehalano.

**La Cava dei Tifei.**—Italy, near Naples.

Climatic summer station.

*Season* : June—August.

**Lacvillers.**—France, Department of Doubs, Arrondissement of Pontallier.

Cold ferruginous waters.

**Laemnoli.**—Switzerland, Canton St. Gall.

Cold sulphurous springs.

**Laer.**—Germany, Hanover, near Iburg.

Muriatic waters, 11 grammes of chloride of sodium.

**Lago d' Averno.**—Italy, near Pienza.

Ferruginous sulphurous waters. They form a lake which exhales a disagreeable odour.

*Special indications* : Chronic skin diseases, old sores and aneurylism.

**Laifour.**—France, Department of Ardennes, near Mézières.

Cold ferruginous waters. Exported.

*Special indications* : Leucorrhœa and vesical catarrhs.

**Lake District.**—England, Lancashire and Westmoreland.

Comprises several summer stations and holiday resorts, forming centres of excursions, and of boating and fishing on these picturesque lakes.

*Season* : June—September.

**Lake of Constance.**—See Bregenz, Friedrichshafen, Lindau, Rohrschach.

**Lalliaz.**—Switzerland, Canton of Vaud, near Vevey; 1,760 feet above sea level; a fine Alpine situation.

Sulphate of lime waters.

*Special indications:* Herpes, dyspepsia, atonic and discrasic sores.

The establishment is very good, and the accommodation comfortable.

**Lama.**—Italy, Department of Siena, near Poggibonsi.

Earthy magnesian waters, little used.

**La Malou.**—France, Hérault. For routes see table.

Thermal and cold polymetallic waters, 75 to 115°. Alkaline, ferruginous, brine and arsenical waters; gaseous and natural steam baths.

*Special indications:* Rheumatism, neuralgia, affections of the nerve centres and locomotor ataxy.

The climate is warm, and changes of temperature rapid. The establishments are thoroughly well fitted up.

*Doctor:* Dr. Cros.

**Lamotte.**—France, Department of Isère; 1,450 feet above the sea level. For routes see table.

Thermal saline springs, 145° F.; 6 grs. of mineralisation, of which 3 grs. are chloride of sodium. Action excitant and tonic.

*Special indications:* Rheumatism, uterine affections, scrofula and white swelling.

The bathing establishment is in an old castle, with good airy rooms.

*Doctor:* Dr. Gubian.

**Lamscheid.**—Germany, Prussia, Lower Rhine, near Coblenz.

Bicarbonate of iron waters, also known under the name of "Leiningen acidulous waters."

*Special indications:* Debility, anæmia, chlorosis, difficult menstruation.

**Lanaskede.**—Sweden, district of Iönköping.

Cold sulphate of iron water.

**Landeck.**—Germany, Silcsia, near Glatz; 1,460 feet above the sea level.

Six alkaline-saline and sulphurous springs, with a varying temperature of 45° to 75° F.

*Special indications:* Rheumatism, affections of the larynx, nervous affections and female complaints.

A well-appointed establishment.

*Doctors:* Drs. Joseph, Wehse, Langner and Ostrowitz.

*Hotels:* Bismarck, Carlshof, Schlössel.



**Landetta.**—Spain, in the vicinity of Cuenca.  
Bicarbonate of lime waters, 45° F.

**Landskron.**—Germany, Rhenish Prussia, district of Ahrweiler, near Neuenahr.  
Alkaline magnesian waters.  
No establishment.

**Langassa.**—Greece, near Thessalonika.  
Sulphurous thermal waters, much used in antiquity, but now neglected.  
No establishments and no accommodation. Especially efficacious in arthritic complaints.

**Langenberg.**—Germany, Principality of Reuss.  
Hydropathic establishment. Very mild and healthy air.

**Langenbrücken.**—Germany, Baden, between Bruchsal and Heidelberg; 440 feet above sea level.  
Saline sulphurous waters, 35° F.  
*Special indications:* Catarrhal affections of the respiratory organs and of the bladder, rheumatism, gout.  
*Doctor:* Dr. Ziegelmeyer.  
*Hotel:* Kurhaus.

**Langensalza.**—Germany, Thuringia, Province of Saxony.  
Cold sulphate of lime bituminous waters.  
The establishment is excellent.  
*Doctor:* Dr. Baumbach.  
*Hotel:* Kurhaus.

**Langenschwalbach.**—*See* Schwalbach.

**Langrune.**—France, Department of Calvados, near Caen.  
Sea baths; very quiet. The sea water here is highly charged with iodine.  
*Season:* May—September.

**Lanjarron.**—Spain, Alpajurras, Province of Granada; 3,300 feet above the sea level.  
Alkali-saline waters, superior to those of Vichy; climate mild and bracing—45° to 80° F.; also a ferruginous effervescent spring.

*Season:* June—September.  
*Special indications:* Gravel, disease of the kidneys and bladder, gout, rheumatism, obesity, feeble digestion, chlorosis and anæmia.

The establishment is antiquated, and the accommodation not of the best.

*Doctor:* Dr. Valenzuela.

**Largs.**—Seotland, Ayrshire, near Glasgow, railway station of Wemyss bay.

Sea baths, gravelly beach, climate mild and steady.

A good bathing establishment.

*Season*: June—September.

*Doctor*: Dr. Caskie.

**Larivière sous Aigremont.**—France, Department of Haute Marne, near Bourbonne les Bains.

Cold effervescient ferruginous waters.

**Laroche-Posay.**—France, Department of Vienne.

Sulphuro-ferruginous springs.

**La Salute.**—Italy, near the Lago Maggiore.

An intermediate station, which deserves to be better known.

**Lasserre.**—France, Lot and Gard, near Fronseas.

Cold effervescient earthy waters, slightly laxative.

Auxiliary to the waters of Luchon.

**Laubach.**—Germany, Rhenish Prussia, half-hour from Coblenz. For routes see table.

Indifferent waters. Hydropathic establishment and summer station of first importance. Inhalations. Milk, buttermilk and grape enre. Air pure and braey.

*Season*: May—October, but open all the year round.

*Special indications*: Morbus Brightii as a speciality, affections of the respiratory organs and of the nervous system, constitutional diseases and circulatory disorders, ankylosis, contractions and articular swellings.

This establishment, situated in the most beautiful portion of the Rhine valley above Coblenz, ranks as one of the most important of its kind. It was founded in 1840, and has subsequently been adorned and perfected both by nature and art. The surrounding woods, which belong to the town of Coblenz, secure perfect quietude, and at the same time render the air braeing. There is absolutely no dust.

The balneal appliances in the various building are well worth the attention of medical men. There are Turkish, Roman, Irish and Russian steam baths; douches of all kinds and shower baths. The methods of treatment embrace diet cure, hydropathy, thermotherapy, together with gymnastics, massage (kneading), electricity and inhalation. Moreover, the long-standing experience of the director and proprietor ensures success in cases where other similar establishments have failed. Bright's disease has been made an especial study, and the cures obtained in this malady are attracting more and more the attention of the medical profession and of the public, especially of those who have long resided in India, &c.

The environs of Bad-Laubbach are very lovely, and excursions are numerous. The immediate circuit of the Kurhaus is laid out in gardens, and the accommodation is abundant, comfortable and moderate. The banks of the Rhine, from the town of Coblenz to this establishment are laid out in gardens, in which concerts are given every day in summer.

The excursions embrace: Ehrenbreitstein, the Karthause, the Oelberg, Andernach and Laacher See, Neuwied Castle, the Moselle and its many old castles; up the Lahn to Ems, and up the Rhine as far as Bieberich and Bingen. All of them are interesting, and well worth making.

Post and Telegraph in the establishment.

*Doctors*: Dr. Averbeck, the proprietor, and several assistants.

*Hotels*: The establishment, which contains above 100 rooms, thoroughly comfortable, entirely refurnished, and greatly improved; drainage perfect. Address the Director.

**Lauchstadt**.—Germany, Prussian Province of Saxony, near Halle and Merseburg.

Earthy saline ferruginous waters.

*Special indications*: Neuroses, rachitis, chorea, debility, anæmia, disorders of the urinary organs.

A fairly well-appointed establishment.

**Laugenberg**.—Russia, Caucasus, near Pjatigorsk.

Alkali-saline ferruginous waters.

The site is picturesque. The establishment is primitive, and little has been done to bring these very excellent waters into prominent notice.

**Laurion**.—Greece, Attica, near Keratix, six hours from Athens.

Thermal saline waters, little used.

**Lausanne**.—Switzerland, Canton Vaud, 61 m. from Berne, an irregular picturesque town; 30,000 inhabitants; 1,600 feet above the sea level.

Climatic station; bracing air and grape cure.

*Season*: Summer and autumn.

Magnificently situated on the slopes of the Swiss Jura, dominating Lake Lemman, from whose shores it is  $1\frac{1}{2}$  mile distant. Air mild and especially suitable to convalescents and weak and anæmic persons. Winter less cold and summer less hot than in other stations in the same latitude. The annual mortality ranges between 21 and 22 per thousand, the average of other European towns being 24 to 30 per 1000. Lausanne, with Geneva, has the lowest mortality of any Swiss town. Spring and rock water of finest quality; the supply amounts to 575 quarts for each person daily.

Numerous educational establishments for young gentlemen and ladies. University studies can be followed up at the academy. Conservatory of music.

Very varied, well-shaded promenades and excursions; boating on the lake.

English, Scotch, Presbyterian, Catholic and Wesleyan church.

*Post and Telegraph Office*: Place du Grand Pont.

*House and Estate Agent*: Amadée de la Harpe, who gives all information gratis.

*Bookseller*: Th. Roussy, Rue du Bourg 7.

*Doctors*: Drs. Dufour and Recordon, oculists; Dr. de Cérenville, chest and nervous diseases; Drs. Rouge and Dupont, surgeons; Dr. Challand, cerebral affections; Drs. Larguier and Rogivue; Dr. Eug. Sécrétan, ear diseases; Drs. de la Harpe, and Joël; Drs. Heer & Rapin, ladies' doctors.

*Hotels*: At Ouchy the *Hôtel Beau Rivage* is well named, for it is one of the best appointed and finest hotels in Switzerland; it stands in its own grounds, near the landing place of the steamers, distant about 10 minutes by pneumatic railway from the centre of the town. A. Martin-Rufenacht, manager.

The *Hôtel Gibbon*, a first-class old family hotel. Best situation in the town. E. Ritter, proprietor.

The *Hôtel du Faucon* is recommended as a very comfortable first-class house. Excellent kitchen. A. Raach, proprietor.

The *Pension Chevallier*—*Beau Séjour*, situated in a garden overlooking the lake. Avenue de la Gare. Very comfortable and homelike house; winter garden and billiard rooms. Madame Chevallier, proprietress.

The *Pension Campart*—*Avenue du Théâtre*, a first-class quiet family house; well managed. F. Campart, proprietress.

**Lausigk.**—Germany, Saxony, 3 miles from Grimma.

Sulphate of iron waters.

The establishment is good.

**Lauterberg.**—Germany, in the Harz, near Nordhausen.

Mild waters and hydrotherapeutic establishment.

*Doctor*: Dr. Ritscher.

*Hotels*: *Kurhaus, Crown.*

**Lavardens.**—France, Department of Gers.

Bicarbonate of lime, 45° F.

**Lavey.**—Switzerland, Canton of Vaud, near Bex.

Thermal mixed sulphurous waters, 125° F.

*Special indications*: Rheumatism, herpes, scrofula.

Good climate. Well-appointed establishment.

**Leamington.**—England, Warwickshire, three hours' rail from London.

Saline, sulphuretted, and chalybeate waters, containing iodine and bromine. Winter health resort. Eleven springs, very effervescent.

*Season*: May to October; but open all the year.



*Special indications:* Dyspepsia, hepatic colics, portal or uterine congestions, liver complaints, disorders of the kidneys, gout, sciatica, blood poison, skin diseases, rheumatism, anæmia, chlorosis, scrofula, rachitis, strumous, lymphatic or other glandular enlargements, tabes mesenterica, phthisis, tubercular and wasting diseases, chorea, uterine tumours.

The waters of Leamington, neglected since the days of Dr. Jephson, are, owing to the complex character of their composition, very efficacious, and can safely compete with the best of their kind on the Continent. The long abandonment is partly due to fashion, partly to the apathy of the Councilmen of the town, who have not marched with the time. The bathing appliances in the establishment are not quite even now what they ought to be to successfully compete with the rival stations. As, however, the wave of fashion has again taken a patriotic turn, and English watering-places see their long-dormant advantages resorted to again, Leamington, it is to be expected, will not remain behindhand in entering the arena of competition for public favour it so amply deserves through the excellency of its waters.

The climate is very equable, the annual mean temperature being 48° F.; mean rainfall, 27 inches, and death rate, 12 per thousand. The town is well built, well drained and clean. The amusements are very varied and more numerous than 50 years ago, the zenith of its fame. Those who are fond of natural beauty and scenery will find in its environs an ample field for most interesting excursions.

*Doctors:* Drs. Eardley Wilmot, Haynes, Holmer & Thursfield.

*Hotels:* The *Regent Hotel*, first-rate well-known old family house, situated near the baths and Jephson Gardens; the best position in Leamington. The management, and all the appointments of this house, will be found to meet the requirements of all visitors. Address, L. Bishop, proprietor.

The *Manor House Hotel*, situated in its own extensive pleasure grounds near the railway station. It has recently been entirely renovated; it is bright and homelike, and replete with every modern comfort. First-rate wines and cooking. Address, Jesse Percival, proprietor.

**Lebetzoba.**—Greece, Morea, Laconia.

Sulphurous waters.

Much used in antiquity. For modern requirements the arrangements are rather of a primitive kind.

**Leecia.**—Italy, Tuscany, near Siena.

Thermal alkaline-magnesian bicarbonate waters, 95° F.

Primitive arrangements and accommodation.

**Ledesma.**—Spain, 3 hours from Salamanca. 2,600 feet above sea level.

Thermal sulphurous waters, 120° F.

*Special indications:* Rheumatism and paralysis, muscular and tendinous retractions, neuralgia, skin diseases, sciatica,

necrosis, old wounds, chronic ulcers and sores, asthma, bronchitis, chorea.

A much frequented station. Good establishment, dating from the days of the Moors. One of the best in Spain, at moderate prices.

Very good accommodation in the new baths.

There are two large swimming baths, and other appliances, which are all up to modern requirements. In this respect, the Ledesma establishment may be called the best in Spain. The site is romantic, and the establishments are surrounded by well-kept gardens and a large park. Excursions abound in every direction, and residence is made very agreeable.

*Doctor*: Dr. Garcia Lopez.

**Lee.**—England, Devonshire, near Ilfracombe.

Sea baths; sandy beach, chiefly frequented as a summer station. Climate bracing.

*Season*: June—October.

**Leghorn.**—Italy, Tuscany, at the mouth of the Calambrone, connected by a canal with the Arno.

Sea baths; also a good winter station.

The climate is almost the same as at Pisa, only a little more moist and exhilarating.

The drinking water is excellent, and the houses being all of more or less recent construction, epidemics, such as occur in other Italian towns, are exceedingly rare.

The existing meteorological observations by Schouw are untrustworthy. It is well known that invalids from the north with delicate chests have remained here for years, with very favourable results.

*Post*: Piazza Carlo Alberto.

*Telegraph*: Piazza Cavour.

*Bankers*: Macquay, Hooker & Co.

*Chemist*: Galligo, via della Madonna.

*Doctors*: Dr. Schintz, Dr. Taddei.

*Hotel*: The *Anglo-American* is a first-class house, facing the gardens and sea baths, combining comfort and moderate prices. Leop. Focacci, proprietor.

**Légué St. Brieu.**—France, Department of Côtes du Nord.

Sea bath, sandy beach, climate mild yet bracing.

**Leipzig.**—Germany, second city of the kingdom of Saxony; from Paris *via* Forbach, Frankfurt, 27 hours. 134 frs. 1st class.

One of the most busily commercial cities of Europe. Chiefly interesting during the great fairs, of which three are held; one at Michaelmas, one on New Year's Day, and one after Easter. It is the centre of the German book-trade, which has an

Exchange of its own. Every work, whether book, brochure, or pamphlet, edited in any part of the globe, can be procured here.

**OBJECTS OF INTEREST.**—Kingshall, the University, Buchhändler Börse, Paulinum with the University Library; Town Hall, Theatre, Museum.

**EXCURSIONS:** To residence of Baron Speck, Pleissenburg and Battle Field.  
**CABS:** One to four persons from  $\frac{1}{2}$  to  $1\frac{1}{2}$  marks by time,  $1\frac{1}{4}$  to 2 marks by the hour.

**Post Office:** Augustus Platz.

**Dentist:** P. G. Kneiscl.

**Doctors:** Drs. Leukardt, Schiläbach and Thiersch.

**Hotels:** *Hauffe, Rome, de Prusse, de Russie, de Bavière.*

**Leissigen.**—Switzerland, District of Interlaken.

Cold sulphate of lime springs.

**Lemnos.**—Greece, Island in the Ægean Sea.

Saline sulphurous thermal waters.

There is only a small grotto, admitting two persons at a time, to bathe in.

**Lendershausen.**—Germany, Bavaria, near Hofheim.

Effervescent ferruginous waters.

No establishment.

**Lepanto.**—Greece, in the Monarchy of Akarnania-Ætolia.

Sulphurous and bitter waters.

**Season:** May—August.

Much frequented; possesses a well-arranged establishment.

**Le Prese.**—Switzerland, on the Lake of Poschiavo; 3,215 feet above the sea level.

Indifferent waters; a climatic station.

The establishment is efficient, and the accommodation cheap and good.

**Lès.**—Spain, near the French frontier and Luchon.

Sulphate of soda waters,  $80^{\circ}$  and  $45^{\circ}$  F. Only frequented by those living in the environs.

**Lesbos.**—Island in the Grecian Archipelago, also called Mitylen.

Saline waters,  $125^{\circ}$  F.; about half-hour from the town of Lesbos. Sulphurous thermal waters near the port of Lebanus.

The baths are taken by both sexes in common; much freedom prevails. The establishments leave room for improvement, while the accommodation is far from what it ought to be.

**Lesina.**—Austria, Dalmatia, an island in the Adriatic, on the coast of Dalmatia.

Winter station. Grape cure, with sea baths in autumn.

Though one of the best of winter stations, the arrangements for properly receiving patients are still wanting.

**Les Salins.**—France, Department of Puy du Dôme.  
Saline waters.

**Leszina.**—Austria, Croatia, near Carlstadt.

Sulphate of soda water; 5 grs. of mineral principles, of which 2 grs. are sulphate of sodium. Highly charged with carbonic acid gas.

**Letantus.**—Greece, island of Eubœa.

Saline waters, 130° to 140° F.

No establishment and but little accommodation; in fact, the waters are used only by the inhabitants of the neighbourhood.

**Leutstetten.**—Germany, Bavaria, district of Starenberg.

Indifferent waters.

Very well arranged establishments.

The scenery is charming and the climate mild.

**Levane.**—Italy, Tuscany.

Alkaline ferruginous waters, 35° F.

*Special indications*: Rhachitis, scrofula.

Primitive arrangements, but the waters enjoy a great reputation.

**Levico.**—Austria, Trentino, near Trent, valley of the Sugana; 1,600 feet above sea level.

Effervescent ferruginous waters, containing arsenic. Grape cure.

*Season*: May—October.

*Special indications*: Anæmia, chlorosis, incipient affections of the spinal chord, nervous diseases, irregular menstruation.

The newly-erected bathing establishment has been fitted up with all modern requirements. The stay here is very agreeable, and the scenery and vegetation fine.

Excursions very varied. Balls, concerts, and other amusements during the season, which is sometimes prolonged through November.

**Lichtenthal.**—Germany, Baden, near Baden-Baden.

Cold ferruginous waters.

Two establishments, which are fitted up with all modern requirements and elegance.

*Special indications*: Debility, scrofula, anæmia, chlorosis, menorrhagia.

**Lidja.**—Turkey, Anatolia.

Thermal springs, 120° F.; known in ancient Greece as the baths of Agamemnon.



**Liebenstein.**—Germany, Thuringia, Saxe-Meiningen; 1,000 feet above the sea level.

Cold ferruginous bicarbonate waters: 0.0775 of carbonate of iron. Climatic air station, hydropathic establishment, whey cure.

Very fashionable resort. Air mild and equable, charming and very picturesque situation. One of the most *recherché* resorts of German society. Excursions in endless variety.

*Doctors:* Drs. Döbner and Hesse.

*Hotels:* Müller, Martius.

**Liebenzell.**—Germany, Würtemberg, near Stuttgart; 1,100 feet above sea level.

Light alkali saline waters, 60° F. Climatic station.

The establishment is small but elegant.

*Doctor:* Dr. Trion.

*Hotel:* Kurhaus.

**Liebwerda.**—Austria, Bohemia, near Görlitz; 1,220 feet above sea level.

Alkali-saline, ferruginous, and effervescent waters. Exported.

Whey cure.

The establishment is thoroughly fitted up, and accommodation comfortable.

*Doctor:* Dr. Plunert.

*Hotels:* Kurhaus, Black Eagle.

**Lienzstuhl.**—Austria, Carinthia, district of Klagenfurt, 1½ hours from Wolfsberg.

Alkaline-magnesian ferruginous waters, highly effervescent.

**Lierganes.**—Spain, near Santander. Diligence from Boó.

Sulphate of lime springs, 50° F.

*Special indications:* Skin diseases, intestinal derangements, laryngeal and bronchial catarrhs, uterine disorders, vesical catarrhs, rheumatism and scrofula.

The town is situated in a very narrow valley; vegetation is ever green. The establishment is modern, and the accommodation good. There is a kitchen for the use of those who may wish to prepare their own meals, as indeed is customary in Spanish watering places.

*Doctor:* Dr. Salazar.

**Limmer.**—Germany, Hanover, near Hanover.

Cold saline sulphurous waters.

*Special indications:* Chronic mercurial dyscrasia, paralysis, gout, rheumatism, and skin diseases.

**Limpach.**—Switzerland, near Berne; 1,200 feet above sea level.

Indifferent water.

*Special indications:* Neuroses.

The establishment is thoroughly fitted up, and the accommodation reasonable in price.

**Lindau.**—Germany, Bavaria, a small island in the Lake of Constance, on the north-eastern shore; 5,600 inhabitants; 1,230 feet above sea level. For routes see table.

Climatic station. Very mild and equable air. Milk and whey cure; baths in the lake. Hechelmann's bathing establishment has Turkish, Russian, sulphurous, pine-cone sap, brine baths, and is otherwise well fitted up.

The island of Lindau is in one of the best sheltered and most healthy positions on the lake. Epidemics have never occurred here. Its situation is picturesque, overlooking the lake and the whole panorama of East Switzerland. Its environs will bear comparison for scenery with the best parts of Switzerland. The town of Lindau is very old, and contains many interesting antiquities. It is connected with the main land by the railway bridge and an old wooden bridge. There are sulphurous waters in Schachenbad, half-hour from Lindau.

The island of Lindau has been much beautified of late years. The quays and walls of the town have been converted into promenades and planted with trees. Parks and gardens at the Landthor, Schützengarten, Reichsplatz, and Sechafen are all admirably kept. Steamboats ply frequently to the different places of interest on the lake. Concerts, etc., during the season. Good fishing in the lake and the various streams. Reading room at the Harmony Assembly Rooms. Illuminations on the lake. Post and Telegraph office at the station.

*Chemists:* The Angel. The Deer.

*Dentist:* Dr. Pfirsch.

*Carriages:* Mr. Seutter.

*Doctors:* Drs. Volk, Mayer, Ott, Kimmerle and Bever.

*Hotels:* The *Hotel de Bavière*, a first-class house. C. Ludwig, Proprietor.

*Hotel Crown, Rentemann, Helvetia, and Lindau.*

**Lindenholzhausen.**—Germany, Nassau; 452 feet above sea level. Magnesian saline-ferruginous waters. Very little frequented.

**Lintzi.**—Greece, Peloponnesus.

Thermal sulphurous waters, 90° F.

*Special indications:* Rheumatism, skin diseases, eczema.

Fairly well frequented.

**Lion-sur-Mer.**—France, Calvados, near Caen.

Sea baths, sandy beach.

The air is impregnated to a large extent with iodine.

*Season:* May—October.

The climate is said to be especially beneficial in skin diseases.

**Lipari.**—Italy, capital of Liparian Islands.

Alkaline waters,  $110^{\circ}$  F., but more frequented for its natural steam baths. (The *Secca di Bagno*, described by Dioscorus Siculus.)

*Special indications:* Gout, rheumatism, and chronic skin diseases.

**Lipetsk.**—Russia, Government of Tambov.

Effervescent ferruginous waters.

The establishment is good, but the place is visited only by the inhabitants of the neighbourhood.

**Lipik.**—Austria, Slavonia; 560 feet above the sea level.

Bicarbonate, soda, and iodurated water,  $150^{\circ}$  to  $155^{\circ}$  F.; iodide of calcium, 0.029; resolvent action.

Very steady and equable climate.

*Special indications:* Scrofula and syphilis, periostitis, tophi, psoriasis, cachexia.

The new establishment is thoroughly fitted up and very elegant. The rooms are high and airy, and covered verandahs connect them with the baths, thus avoiding any prejudicial influences from the weather.

The gardens are tastefully laid out, and there is plenty of amusement.

*Doctor:* Dr. Kern.

**Lippspringe.**—Germany, Westphalia.

Effervescent ferruginous waters,  $50^{\circ}$  F. Climatic station.

This station possesses a chamber for inhalation, for catarrhal and phthisical patients.

The town is quiet, and well suited to certain classes of patients.

*Doctors:* Drs. Frey, Roden and von Brunn.

*Hotel:* Kurhaus.

**Lisbon.**—Portugal, capital of.

Thermal sulphurous spring,  $70^{\circ}$  F.

Sea baths and climatic winter station.

Several very good bathing establishments.

Formerly much frequented by Englishmen as a winter station; it has been somewhat neglected of late, probably owing to its changeable climate. Its mean winter temperature is  $55^{\circ}$  F. Mean humidity of the air, 79 per cent. Rainy days in the year, 111, in the winter season, 39.7.

Snow and fogs are unknown.

The drinking water is excellent, and a stay in town very interesting.

**Lisdoonvarna.**—Ireland, County Clare, near Limerick.

A much frequented sulphurous spring, sea baths.

*Season:* June—October.

**Littlehampton.**—England, Sussex, near Worthing and Bognor.

Sea baths, sandy beach, climate dry and mild.

*Season* : May—September.

*Doctor* : Dr. Vines.

**Little Haven and Broadhaven.**—Wales, Pembrokeshire, or St. Bride's Bay.

Sea baths, sandy beach, climate mild yet bracing.

*Season* : April—October.

**Llandridod (Wye).**—Wales, Radnorshire.

Ferruginous and saline sulphurous thermal waters.

*Special indications* : Rheumatism, skin diseases and affections of the eyes.

*Doctor* : Dr. Davies.

**Llandudno.**—Wales, Carnarvonshire.

Sea baths, much visited ; sandy beach, climate dry and mild

*Season* : July—September.

*Doctor* : Dr. Nicol.

**Llandwrtd.**—Wales, Breconshire.

Strongly sulphurous and ferruginous waters.

*Special indications* : Scrofula, scurvy, skin diseases, ulcers, and nephritic affections.

*Doctor* : Dr. Tombs.

**Llanfairfechan (Conway).**—Wales, Carnarvonshire.

Sea baths, sandy beach.

*Season* : July—September.

**Llangranog.**—Wales, Cardiganshire.

Sea baths. Summer and holiday resort. Climate healthy and cool.

**Llanstephan and Ferryside.**—Wales, Carmarthenshire.

Sea baths. Extensive sandy beach. Climate mild.

*Season* : May—October.

*Doctor* : Dr. Phelan.

**Llo.**—France, Department of Pyrénées Orientales.

Sulphate of sodium, 70° F.

Enjoys a very high reputation in the surrounding country.

**Löbenstein.**—Germany, Thuringia, Principality of Reuss.

Chalybeate waters, 82° to 90° F. Summer station.

*Special indications* : Anæmia, chlorosis, anchylosis, rheumatism, gout.

*Doctor* : Dr. Aschenbach.

*Hotels* : Kurhaus, Bavière.



**Locarno.**—Switzerland, on the Lago Maggiore.

Intermediate spring station. Grape cure in autumn. More resorted to for the beauty of its site. Terminus of the Gothard Railway and Lake steamers.

*Hotel*: The *Grand Hôtel*, Locarno, in a magnificent position overlooking the lake: 200 rooms open all the year. G. Seyschab & Co., proprietors.

**Lochbachbad.**—Switzerland, Canton Berne; 1,810 feet above sea level. Alkali-saline ferruginous waters.

The establishment is thoroughly well fitted up, and the accommodation abundant and reasonable.

**Lodova.**—Spain, Province of Navarre. Cold ferruginous waters.

**Loeches.**—Spain, Province of Madrid, near Alealá. Cold sulphurous water.

*Special indications*: Scrofula, skin diseases, hyperæmia of liver and spleen, plethora abdominalis, leucorrhœa, chronic syphilis.

The establishment is of recent date and situated in a large garden. The accommodation is moderate and prices low.

*Doctor*: Dr. Lucientes y Pueyo.

**Loka.**—Sweden, near Philipstad, on the Lake of Lersjö.

Indifferent waters; mud baths.

The establishment is ample and surrounded by a beautiful park. The scenery in the neighbourhood is very picturesque.

**Longbranch.**—United States.

Sea baths on the Atlantic; very fashionable; much frequented.

*Season*: June—September.

**Lons-le-Saulnier.**—France, Department of Jura.

Cold saline water.

*Special indications*: Rheumatism, skin diseases, scrofula.

**Looe, East.**—England, Cornwall, near Liskeard.

Summer health resort; air pure and mild.

*Doctor*: Dr. Kerswill.

**Loreto.**—Italy, Romagna, Province of Forlì, 2 hours' carriage from Forlì. Saline waters.

*Special indications*: Inertia of stomach and intestines, obstructions of liver and spleen.

No bathing establishment.

**Los Baños.**—Philippines, Island of Luzon.

Sulphurous waters, 200° F.

Very much visited by the inhabitants of Manila.

**Losdorf.**—Switzerland, Canton of Argovia; 2,200 feet above sea level; between Olten and Aarau.

Cold sulphate of lime waters.

Laxative action.

The establishments are very efficient, and the sojourn pleasant.

**Louèche-les-Bains.**—Switzerland, Canton of Valais; 4,642 feet above the sea level, at the foot of the Gemmi. For routes see table.

Earthy waters, containing arsenic and iron, 125° F., climatic mountain air station; whey and milk cure. Baths and drinking.

*Season*: May 15th till September 30th.

*Number of visitors*: Above 5,000 annually.

*Special indications*: Convalescence, anæmia, chlorosis, rha-chitis, scrofula, chronic skin diseases, rheumatism, gout, catarrh of the mucous membranes, female complaints and muscular contractions.

Loèche-les-Bains is situated in the midst of a grand Alpine country, 3 hours from the railway station (Louèche Susten). The road is very good, and passes through a magnificent country. Vegetation is very luxuriant.

The establishments are complete, there being arrangements for douches, electric baths, hydropathy, and shampooing.

Surrounding the town there are extensive larch and pine woods, which render the air very bracing. The excursions are charming and varied. Among them are to Torrenthorn, one of the finest views in Switzerland, Gemmi, Wiedstrubel, Altels, Balmkorn; communication by road with Bernese Oberland, Belalp, Eggischhorn and Valley of Zermatt.

*Doctors*: Dr. Brunner, Dr. Mengis, Dr. Rey, Dr. de Werra.

*Hotels*: *Hotel des Alpes*, *Hotel de France*, *des Freres Brunner*, *Maison Blanche*, *l'Union*.

**Loujo.**—Spain, at the mouth of the Arosa, Province of Pontevedra.

Bitter saline water, 60 to 120° F.

*Special indications*: Rheumatism, contractions, paralysis, hemiplegia, scrofula, skin diseases and gunshot wounds.

The establishment is situated on an island in the Atlantic, half-an-hour from the shore. Vegetation is abundant and the accommodation cheap. The bathing arrangements are very inadequate.

*Doctor*: Dr. Avila.

**Lowestoft.**—England, Suffolk, 10 miles from Yarmouth.

Sea baths; firm sandy beach mixed with shingles. Climate bracing.

*Season*: June—September.

*Doctor*: Dr. Ray.

**Lu.**—Italy, Piedmont, near Alessandria, district of San Salvatore-Monferrato.

Saline, sulphurous, and iodurated waters; mineralisation 3 grammes. Deserves to be better known. Mud baths.

The establishment is primitive.

**Lubien.**—Anstria, Galicia, near Lemberg.

Cold sulphate of lime waters. Inhalation.

*Special indications*: Rheumatism and herpes, laryngitis.

Modest arrangements.

**Lucainena de las Torres.**—Spain, Province of Almeria, near Sorbas. Carbonate of lime, 50° F.

*Special indications*: Herpes, dyspepsia, scrofula, ehlorosis, amenorrhœa and dismenorrhœa, vesical catarrh, hyperæmia of liver and leucorrhœa.

The establishment and accommodation are inadequate.

*Doctor*: Dr. Vecino Villar.

**Lucan.**—Ireland, connty Dublin, on the Liffey.

Alkaline sulphurous waters.

*Special indications*: Biliousness, seurvy, gout, rheumatism.

*Doctor*: Dr. Watson.

**Lucca.**—Italy, Tuscany.

Thermal sulphate of lime waters, 70 to 125° F. Ten springs, very abundant.

The baths are about 13 miles from the town, at the foot of the Apennine mountains.

Fine elimате, beautiful site, and agreeable sojourn.

*Special indications*: Herpes, rheumatism and gout.

*Doctors*: Drs. Gason and Giorgi.

**Lucerne.**—Switzerland, capital of Canton of same name; from Paris by East of France Railway, *viâ* Basle.

Is charmingly situated on the bank of the Lake of the Four Cantons, and is the terminus of the Gotthard Railway on this side of the Alps. A very old town, with walls; divided into two parts by the Reuss; opposite the Riga Mountains, and at the foot of the Pilatus.

**OBJECTS OF INTEREST.**—Bridges over the Reuss, Water-tower, Cathedral, Town Hall, with a Museum of Antiquities: Arsenal, College or Lycum, and a Glæier Garden; Stauffer's Museum, Organ in Cathedral; Lion Monument, by Thorwaldsen.

**Excursions** on the lake to the Rigi, Stanstadt, Bürgenstock, Engelberg, Seeligsberg, Mount Pilatus, Beggenried, Brunnen, Schönegg, and many others. To the Bernese Oberland, *viâ* the Brünig Pass to Brienz, Meyringen, Grindelwald, and Interlaken.

**CABS**: Half hour, one or two persons, 80 c.; three or four persons, 1. fr. 20 c.; by hour, 2 or 3 frs.

**Post and Telegraph Office**: Near Schweizerhof.

*Bookseller* : Prell, Kramgasse.

*Doctors* : Drs. Stöcker, 315, Kapellplatz, Nager and Steiger.

*Hotels* : The *Schweizerhof* and *Lucernerhof*. Large first-class houses in the best part of Lucerne; open all the year round. Hauser Bros., proprietors.

**Luchon (Bagnères de).**—France, Department of Haute Garonne, near the Spanish frontier. 1,990 feet above sea level. For routes see table.

There are more than 50 different springs, rich in hydrosulphuric acid; also ferruginous waters and one alkaline spring.

*Season* : June—September.

*Special indications* : Rheumatism, scrofula, affections of the bronchi, skin diseases, and chronic sores.

Luchon is one of the most frequented of bathing stations, and affords every comfort and luxury.

*Doctors* : Drs. Garrigou, Kuhnemann, Laspales, Verdalle and Lambron.

*Hotels* : The *Hotel d'Angleterre*, a quiet and comfortable family hotel, centrally situated in a large garden. De Vries, proprietor.

The *Hotel Richelieu*, first-class, facing the bathing establishment and park. There are two villas to let for families, one containing 16 rooms elegantly furnished, Louis Estrade, proprietor.

**Lucksy.**—Hungary, comitat of Liptau, near Rosenberg; 1,906 feet above sea level.

Ferruginous waters, 80° F. Climatic station.

*Season* : June—September.

The site is most picturesque, and the surrounding vegetation consists chiefly of pine forests. The establishments are fitted with all modern requirements, but more should be done for the accommodation, seeing the waters attract so many visitors.

The springs yield very abundantly.

**Luc-sur-Mer.**—France, Department of Calvados.

Sea baths; sandy beach.

**Ludwigsbrunnen.**—Germany, Hessen, near Schwalheim.

Table water, similar to seltzer.

*Special indications* : Gravel, biliary calculi and urinary disorders.

**Lugano.**—Switzerland, Canton of Tessin, on the Lake of Lugano.

Intermediate station, with fine climate, beautiful situation on the lake. Grape cure.

*Season* : Spring and autumn.

Mean humidity of air in winter, 72°; 48 to 50 rainy days. 31 windy days. Snow frequent.

*Doctor* : Dr. Cornilo.



**Lugo.**—Spain, Province of Lugo, on the right bank of the Miño; 1,930 feet above the sea level.

Sulphurous saline waters, 80° to 105° F.

*Special indications:* Rheumatism and herpes, scrofula, tendinous contractions.

The spring is about 3 k. south of the town.

The establishment is large, and situated in an extensive park. It is not, however, up to modern requirements. Accommodation is plentiful, and cheap in proportion.

*Doctor:* Dr. Carretero.

**Luhatschowitz.**—Austria, Moravia; 600 feet above sea level.

Alkali-muriatic, iodide and bromine waters. One of the strongest springs known.

*Special indications:* Affections of the respiratory and digestive organs and urinary disorders.

The establishment is thoroughly fitted up. Parks, gardens and covered walks of great extent give Luhatschowitz the appearance of a station of first importance. The accommodation is excellent, and moderate in price.

*Doctors:* Drs. Gallus and Kuchler.

*Hotel:* Kurhaus.

**Luh.**—Austria-Hungary, comitat of Bereg, near Munkács.

Alkali-saline waters, containing iron.

*Special indications:* catarrhal affections.

There is no bathing establishment, but the waters are much exported.

**Luisenbad.**—Germany, Pomerania, near Polzin.

Chalybeate waters; mud baths.

*Special indications:* Rheumatism, ankylosis, articular affections.

*Doctors:* Drs. Deets, Bechert and Lehman.

*Hotel:* Kurhaus.

**Lukhas.**—Greece, four hours from Libadia.

Saline waters.

The establishment is in the convent of St. Lukhas, where good accommodation can be had.

**Lulworth West.**—England, Dorsetshire, near Worl.

Sea baths frequented all the year round.

Climate bracing, in winter warm.

**Lund.**—Sweden, Province of Gothland, district of Ludsjö, near Löödckö. Effervescent indifferent waters.

Establishment good, but the accommodation is indifferent.

**Lüneburg.**—Germany, Hanover, on the left bank of the Ilmenau.

Cold saline waters; 254 grammes of mineralisation, of which 246 are chloride of sodium.

The brine being so excessively strong, is mixed with common water for the baths.

**Lutraki.**—Greece, on the isthmus of Coriuth.

Very good waters, 150° F. Only used in baths and by the inhabitants of the neighbourhood. The springs are mentioned by Xenophon.

**Luxburg.**—Switzerland, Canton Thurgau, near Salmsach, on the Lake of Constance; 1,200 feet above sea level.

Sulphurous alkaline ferruginous waters.

Ample establishments.

**Luxeuil.**—France, Department of Haute Saône, 1,300 feet above sea level. For routes see table.

Saline, ferruginous and magnesian waters. Eleven springs, of from 70° to 125° F.

These waters act first as excitants, then as sedatives.

*Special indications:* Neuralgia, rheumatism, paralysis, gastralgia.

**Luxor.**—Upper Egypt, on the right bank of the Nile, amid the ruins of Thebes.

Winter station; warm and very dry climate.

*Season:* January—March.

*Doctor:* Dr. Maclean.

*Hotel:* *Luxor Hotel*, pension £1 per day in season. Thos. Cook & Son, proprietors.

**Lygourio.**—Greece, Argolia, near Nauplia and Epidaurus.

Muriatic bitter thermal waters, much frequented in antiquity, but now entirely abandoned.

**Lyme Regis.**—England, Dorsetshire, near Bridport.

Sea baths; firm sandy beach.

*Season:* July—August.

*Doctor:* Dr. Skinner.

**Lymington.**—England, Hampshire. South Western Railway.

Sea baths; sandy beach.

**Lynmouth** (Lynton and).—England, on the west coast, near Ilfracombe; 430 feet above sea level.

Frequented sea baths; sandy beach.

Mild but bracing climate.

*Season:* July—August.

*Doctor:* Dr. Hartley.

**Lyons.**—France, at the confluence of the Saone and Rhone; from Paris by P.L.M. Railway, 9 hours. 63 fr. 1st class.

The first industrial city in France, and for silk manufactures, in the world. The best view of the city is obtained from the observatory of Notre Dame.

**OBJECTS OF INTEREST.**—Public squares and Fountains, City Library, Botanical Garden, Cathedral, Church of St. Jean, Museum, Hall of Sculpture, Hospital, Commercial School, Exchange at the Palace of Commerce, Law Courts, Theatre, Park de la Tête d'Or.

Excursions to Mont Ceindre, Roche Cardou, Ile Barbe and Croix Rousse, and many others.

Post-office : Place Belccour.

Telegraph-office : Place de Lyon, 53.

Cabs : 1½ fr. the course, 2 fr. first hour.

*Bookseller* : V. Cantal, 9, Ruc Bourbon.

*Hotel* : The *Grand Hôtel de Lyons*. A first-class house in every way, with the best position in the town. M. Kussler, Dircetor.

**Lytham.**—England, Lancashire, near Blackpool.

Sea baths ; sandy beach ; climate very mild. Season all the year.

*Doctor* : Dr. Garstang.

**Mablethorpe.**—England, Lincolnshire, near Sutton.

Sea baths ; firm sandy beach.

*Season* : June—September.

*Doctor* : Dr. Campbell.

**Macerato.**—Italy, Tuscany, district of Siena, on the Merse.

Alkaline sulphurous waters, 150° F.

*Season* : June—September.

*Special indications* : Gout, rheumatism, paralysis, skin diseases.

The situation is very fine. The establishment has only two piscinæ, and the baths are taken in common. Frequented mostly by the neighbouring inhabitants and by those of the Marcma.

**Macon.**—France, Department of Saône and Loire.

Cold ferruginous bicarbonate waters.

OBJECTS OF INTEREST.—Town Hall, Prefecture, Cathedral, Law Courts, Statue of Lamartine, Old Towers of St. Vincent.

A good place in which to lay in a stock of Burgundy, as Macon is the centre of the wine trade.

*Hotels* : The *Hôtel de l'Europe* is a first class house for families ; five minutes from the station ; a good stopping place between the Riviera and Paris.

**Macviller.**—Germany, Alsace-Lorraine.

Cold saline waters ; little used.

**Mád.**—Austria-Hungary, comitat of Zemplén, near Szerencz.

Sulphurous, ferruginous and aluminious waters.

A small bathing establishment.

**Madagascar.**—An Island in the Indian Ocean, on the East of Africa.

Two thermal springs, not yet analysed.

**Madeira.**—One of the Canary Islands, a Portuguese possession, north of Teneriffe. By steamer from Lisbon in from 50 to 54 hours. For routes see table.

Winter station; select and pleasant society.

Owing partly to the sea journey, partly to vague and malicious reports, Madeira is not visited as much as it deserves to be by patients suffering from pulmonary complaints. The climate is delightful, and there is absolutely no winter. Complete absence of dust, an ever luxuriant vegetation, no bad drainage, a pleasant humidity, and a mild, equable and pure atmosphere, are the principal advantages which Funchal, the capital, offers. These, though not entirely absent in many of the now fashionable winter stations on the Riviera, are in some of them very imperfectly enjoyed. Madeira has suffered much from false statements. English visitors decreased in number greatly from 1870 to 1880, but their numbers have been on the increase since the latter year.

The town of Funchal, except in the quarter close to the sea shore, resembles a large garden. The view of it obtained from the sea is very beautiful, the town being built in the form of an amphitheatre. It is completely sheltered against north, north-east and north-west winds by mountains which rise to a height of 6,000 feet. During the whole year both northern and tropical fruits ripen. Wet days are rare, and invalids can consequently take out-door exercise during some hours every day. The winds and storms, which are of such frequent occurrence on the Riviera during the spring months, and which prevent not only invalids, but even healthy persons, from taking out-door exercise, are unknown in Madeira.

Mean temperature, 68° F. The mean barometrie pressure is 762 m/m; the mean humidity of atmosphere 70%. Weather statistics are—170 clear days, with bright sun; 110 with a cloudy sky, and 85 rainy days. The thermometer stands at an average 10° to 15° higher than on the Riviera in winter, and proportionably lower in summer. Death-rate 29 per thousand.

Locomotion in the town and its environs, and on excursions (which are numerous) is effected by means of palankins, hammocks or sledges, drawn by oxen, mules or horses.

Amusements are amply provided for, and although a stay in Madeira may be called on the whole quiet, patients will find ample recompense in a delightful climate and scenery.

The slight difference (viz. 15° to 20°) between the mean of the coldest and hottest months, shows how equable the climate of Funchal is.

The mosquitoes which annoy on the Riviera as early in the year as April, are entirely absent. Indeed Madeira, especially its southern slopes, might with justice be called "*The Sanatorium for Phthisical patients.*"

*English Church Service.*

*Bankers: Krohn Bros. & Co.*



*Chemist* : Dos dois Amigos.

*Doctors* : Drs. Goldschmidt, Grabham, Larisa and Vieira.

*Hotels* : *Miles Carmo Hotel*, well situated on the Place St. Laurent, elose to the baths.

**Madonna a Papiano.**—Italy, Tuscany, near Caprese, valley of the Teverino.

Alkaline-ferruginous waters.

A small establishment.

**Madonna die tre Fiumi.**—Italy, Tuscany.

Cold bicarbonate of soda waters.

*Special indications* : Calculous affections.

**Madrid.**—Capital of Spain, on the left bank of the Manzanares. From Paris, *viâ* Bordeaux, Irun, and Saragozza, 41½ hours. 184½ fr. 1st class.

Situated on the slope of a sandy plateau surrounded by limestone hills. The climate, owing to the barrenness of the environs, is disagreeable and unsuited to persons with delicate throats and chests. Since the commencement of Don Alfonso's reign, the city has begun to make some progress.

**OBJECTS OF INTEREST.**—The Puerta del Sol, the Alcala Street, the Prado, the Casino, Royal palace, Artillery museum, Topographical museum, Naval and Natural History museums, Royal Picture Gallery, several private ones, National Library, and numerous private libraries, open daily. Several churches of little or no interest. The only one worth visiting is the Atocha, with the Virgin's image. Town Hall, Panaderia, Audiencia, Casa de los Consejos, Congress House, Senado (House of Lords), the different Ministeries, Palaces of Duke of Alba, of Villahermosa, Marquis of Casariera, Duke of Medina Celi and Marquis of Salamanca, Buen Retiro, Casino de la Reina, Botanical Gardens, which have been turned into Zoological; Campos Eliseos, Italian Opera, various Theatres, Circus, and arenas for Bull and Cock-fights.

**EXCURSIONS** : Casa de Campo La Maneloa; Casino de la Reina; El prado Alameda, las Carabaneles; and many others of minor importance.

**Post-office** : Calle de San Ricardo 5.

**Telegraph** : Ground floor of Home Office.

**CABS** : One horse, one to two persons, 2 fr. the course; two horses, 4 fr.; by hour, one horse, 4 fr.; and two horses, 6 fr.

*Doctors* : Drs. Hysem, Nuñez, Kispert, Jelly, Carretero and Toca.

*Hotels* : *Des Princes, de la Paix, de Paris, de Russie.*

**Magnac.**—France, Department of Cantal.

Cold ferruginous bicarbonate waters.

**Magyar-Szent-Lazlo.**—Hungary.

Sulphurous waters.

**Mala.**—Spain, Province of Granada.

Sulphate of magnesia waters, 50° to 55° F.

**Malaga.**—Spain, on the Mediterranean coast.

Winter station. Fine mild, dry and warm climate.

Mean winter temperature,  $55^{\circ}$  F.

If more were done to make visitors comfortable, Malaga would soon become a serious competitor to the stations on the Riviera.

*Doctor* : Dr. Bundsen.

**Malahá.**—Spain, Province of Granada, near Santafé.

Sulphurous saline waters,  $50^{\circ}$  to  $85^{\circ}$  F., containing iron.

*Special indications* : Skin diseases and rheumatism, dysmenorrhœa, chlorosis, anæmia, hysteria.

The site is charming, the establishment modern and efficient.

The gardens are good and accommodation reasonable.

*Doctor* : Dr. Doiz.

**Malahide.**—Ireland, county of Dublin.

Sea baths ; good sandy beach.

*Doctor* : Dr. Stainstreet.

**Mallow.**—Ireland, county of Cork. Rail from Dublin to Cork.

Thermal springs from  $145$  to  $180^{\circ}$  F.

**Malmedy.**—Germany, Rhenish Prussia, near the Belgian frontier.

Alkaline-magnesian ferruginous waters.

Although the waters are very strongly chalybeate, they are little used.

**Malnas.**—Austria-Hungary, District of Haromszék.

Sulphurous waters,  $65^{\circ}$  F.

*Special indications* : Articular contractions.

**Maloja.**—Switzerland, Grisons, Upper Engadine, near St. Moritz ; 5,688 feet above the sea level. For routes see table.

Climatic mountain and winter station ; chalybeate effervescent waters ; whey and milk cure ; grape cure ; hydropathy.

*Season* : July—September, but open all the year.

*Special indications* : Anæmia, chlorosis, debility, dyspepsia, rhachitis, affections of the lungs and respiratory organs, and nervous system.

The situation of the plateau of Maloja is very fine, the panoramic view from it being one not readily forgotten. Maloja is the highest inhabitable point in Europe. Vegetation is of course scanty at such an altitude. Cultivation is limited to pasture, beyond which comes a forest of larches and red pine. The flora is very varied. In the valley the air is dry, pure and clear. The heat in summer rarely exceeds  $60^{\circ}$  F., while the winter mean is from  $7^{\circ}$  to  $9^{\circ}$  F. below freezing point. Maloja enjoys in winter more sunshine, to the extent of one hour daily, than either St. Moritz, Davos or Wiesen.

The ground in front of the Kurhaus is laid out as a park, sloping towards the lake. At the back there is a large garden with pavilions, skating rink, croquet and lawn tennis grounds. The ventilation of the building is based upon the most recent scientific principles. It is heated by calorifères, which dispense with the necessity of stoves or double windows. Ozone will be introduced by a new method. A band plays daily, and there is a theatre, ball, concert, ladies', reading, billiard and smoking room.

Excursions are of endless variety—too numerous, indeed, to mention. Sailing and rowing boats will be placed on the lake, and regattas are in contemplation. Carriages, horses, and mules are kept by the hotel.

*Post and Telegraph Office* in the Kurhaus.

*English Church Service.*

*Bank and Exchange Office* with the Director.

*Doctors* : Dr. Tucker Wise and Dr. Duwer.

*Hotel* : The Kurhaus Hotel combines every modern comfort with the lowest possible charges ; lighted by electricity ; 400 beds ; two lifts ; the best cooking and wines. For all particulars, address the director.

**Malta.**—Island in the Mediterranean, between Sicily and Tunis.

Winter station ; sea baths.

*Doctors* : Drs. J. Sammret, Stilon and Schembri.

**Malvern.**—England, Worcestershire, 129 miles from London, 3 hours by rail ; 5,800 inhabitants ; 502 feet above sea level.

The waters are slightly alkaline and earthy, and range from 40° to 42° F., but Malvern is chiefly celebrated for its brine and saline baths at the Imperial Brine and Hydropathic Establishment and climatic summer and winter station ; inhalation room.

*Season* : May to October.

The number of visitors is above 50,000 annually.

*Special indications* : Acute and chronic rheumatic gout and rheumatism, and their various sequelæ as a speciality, scrofulous disorders, neuralgia, sciatica, lumbago, &c. ; swellings of the joints, contractions and ankylosis, paralysis, morbus Brightii, bronchial affections and chest complaints, skin diseases, old wounds.

The town of Malvern is beautifully situated on the slopes of the Malvern Hills, which rise to the height of 1,500 feet above the sea level. These hills are traversed by roads and paths easy of ascent. From their summit a succession of the grandest and most picturesque views in the United Kingdom embracing 12 different counties, can be obtained.

The town consists of Great and Little Malvern, which are about 3 miles apart. The picturesqueness of the site and

surroundings of Malvern have been celebrated in prose and verse by Byron, Walpole, Southey, Browning and Macaulay.

The Malvern air is dry and bracing, the climate tonic and stimulating, and the temperature equable. The drinking water is of absolute purity and softness. The death rate is the lowest in the kingdom, being only 8·85 per cent. The sanitary arrangements are based on the best scientific principles. Debilitated constitutions and overworked literary and business men, after a residence here of only a few weeks, often return completely restored to health.

The arrangements for treatment are very complete. The Imperial Baths and Sanatorium contain each and every appliance which modern balneology requires, and can fairly hold their own with the best establishments on the Continent. Indeed, they are superior to many of the most famous. This establishment is divided into two departments, one for gentlemen and one for ladies. It is thoroughly heated in every room and corridor by hot water pipes. It contains—besides the large swimming bath, which is one of the best in England—Turkish and Russian vapour baths, sitz, wave, medicated and electric baths, douches of all kinds, plunge baths, douches for rain and needle sprays, ascending, descending and horizontal shower douches; shampooing in all its branches under medical supervision. The ventilation, etc., of the bath establishment will be found perfect. The Droitwich saline water and brine has been brought to Malvern at a considerable expense, and constitutes one of the most valuable therapeutic additions to the establishment. The mechanical arrangements for its application are very numerous and complete.

Its dry and highly oxygenated atmosphere is an important recommendation in favour of Malvern as a winter resort. To see the country, however, at its best, spring should be chosen.

The environs afford an ample field for beautiful excursions, more perhaps than any other portion of the kingdom. A few of the most important may be mentioned here:—The Beacon, Malvern Abbey and Aveccote Monastery, Eastnor and Bransil Castles, Ledbury, Westwood Park, Claines, Kenlip, Upton, British Camp, and Cowley Park.

*Doctor* : Dr. Roden, M.D., F.R.C.S.

*Hotels* : *The Imperial Hotel, Baths and Sanatorium*, exceedingly well managed and appointed; close to the Great Western Railway Station, which is reached by a covered archway. The ventilation and sanitary arrangements are very superior. Stabling. Large garden and park. Apply to the Manager.

**Mannheim.**—Germany, Baden, on the confluence of the Neckar and the Rhine, on the left bank of the latter, from Paris by E. of F. Railway, *via* Forbach and Bingen, or by N. of F., *via* Cologne-Mayence, 17½ hours. 74 fr. 1st. class. 1½ hours from Dürkheim by carriage, by rail ½ hour. A high class and comfortable steamer now plies between Rotterdam and Mannheim direct, thus avoiding the frequent changes, which are so tiresome to invalids.



A comparatively modern town of great commercial importance. It is built like Philadelphia, in regular squares.

**OBJECTS OF INTEREST.**—The Castle, Picture-gallery, Cabinet of natural history, Collection of engravings and plaster casts, the Theatre, the Schillerplatz with statue, Church of the Jesuits, &c.

**CABS :** Course, one or two persons, 60 pfgs. ; by hour, 1 fr. 20 cts.

**Post and Telegraph-office :** At the railway station.

**Dentist :** C. H. Glöckler.

**Doctors :** Drs. Mermagen (throat) Stephani and Zeroni.

**Hotels :** The *Hotel Palatin*, a large first-class very comfortable house for families. Freytag & Kramer, proprietors.

**Mara.**—Africa, Abyssinia.

Bitter waters.

**Marat.**—France, Department of Puy de Dôme.

Cold gaseous waters.

**Marbella.**—Spain, Province of Granada.

Sulphate of lime waters, 60° F.

**Marching.**—Germany, Bavaria ; 1,160 feet above sea level.

Sulphurous waters.

Little known or used.

**Marcols.**—France, Department of Ardèche.

Bicarbonate of soda and ferruginous waters. For table use only.

**Margate.**—England, Kent, at the mouth of the Thames.

Sea baths.

Firm sandy beach. Much frequented.

**Season :** April—September.

**Doctor :** Dr. Chambers.

**Mariabrunnenbad.**—Germany, Bavaria, half-an-hour from Munich, 1,500 feet above sea level.

Effervescent earthy waters.

The bathing establishment is very efficient, and affords at the same time good accommodation.

**Maria dell' Aquila.**—Italy, Tuscany, valley of the Fiora.

Alkaline magnesian waters, 85° F.

Little used, and no establishments.

**Maria in Bagno.**—Italy, Tuscany.

Sulphurous waters, 90° F.

The establishment is well arranged, and also affords comfortable accommodation.

**Marienbad.**—Austria, Bohemia, near Carlsbad ; 1,920 feet above sea level.

Alkali-saline and ferruginous waters, 17° to 25° F. Mud baths.

Climatic station in summer.

The same indications as the waters of Carlsbad.

The establishments are excellent and the situation beautiful.

*Doctors* : Drs. Guetz, Kiseh, Ott, Opitz, Von Heilbrunn and Ingrish.

*Hotels* : *English, Weimar, Leipzig.*

**Marienfels.**—Germany, Nassau, near Schwalbach.

Cold saline waters.

**Marienlyst or Marienlust.**—Denmark, near Elsinore, in the circuit of Fredericksborg.

Very quiet and fashionable sea baths.

A very picturesque site, with lovely view of opposite Swedish coast.

Close by is a castle belonging to the King of Denmark.

*Hotel* : *Bath Hotel.*

**Markammer.**—Germany, Bavaria, near Neustadt.

Grape cure station.

*Season* : September—October.

Good accommodation.

**Marlioz.**—France, Savoy, close to Aix-les-Bains ; 800 feet above sea level.

Sulpho-sodie and bromo-iodurated waters, 30° F.

Bathing, drinking, and inhalation.

*Special indications* : Skin diseases, struma, and affections of the larynx.

**Marmolejo.**—Spain, Province of Jaen.

Biearbonate of magnesia and ferruginous waters, 50° F.

The situation is fine, but little has been done to attract visitors. Primitive arrangements.

*Doctor* : Dr. Oton.

**Marsala.**—Italy, Sicily.

Sea baths and saline spring.

**Marseilles.**—France, Department of Bouches du Rhône.

Sea baths ; sandy and shingly beach. Climate fine.

The bathing establishments are very good, and are fitted up with every luxury.

*Bookseller* : P. Perrard, 3, Rue Noilles.

*Doctor* : Dr. Scaux.

*Hotels* : The *Terminus Hôtel*, entrance from the platform of the railway station ; baths and every accommodation, such as is found in first-class hotels.

The *Hôtel Louvre and de la Paix*, large, first-class house in every respect, the only one of the large hotels which faces south ; very popular. P. Neuschwander & Co., proprietors.

**Marstrand.**—Sweden, two hours from Gothenburg.

Sea baths ; the most frequented in Sweden.

*Season* : June—September.

**Martigné-Briand.**—France, Department of Maine and Loire.  
Cold ferruginous bicarbonate waters.

**Martigny.**—Switzerland, Canton Valais, 41 m. from Lausanne; 5,000 feet above sea level.

Starting point for the Tête Noir, 4 hours; and Col de Balme, 5 hours; leading to Chamounix, 8 hours; to the Gorges du Durnau, 1 hour; and numberless other excursions; the Grand St. Bernard, 8 hours.

*Hotel*: The *Hôtel Clerc* is recommended as comfortable in all respects. I. Clerc, proprietor.

**Martigny-lez-Lamarehe.**—France, Vosges.

Cold sulphate of lime waters.

**Martinique.**—An island in the West Indies, one of the Carribees.

Several thermal bicarbonate of iron springs. Generally used in cases of rheumatism and old wounds.

**Martos.**—Spain, Province of Jaen, near Granada.

Sulphurous waters, 45° F.

*Special indications*: Inveterate skin diseases, leprosy and elephantiasis, leucorrhœa, herpes and serofula.

The establishment is very old fashioned, but the waters are very efficient, and consequently there is a large concourse of visitors. Accommodation is plentiful and cheap.

*Doctor*: Dr. Cerdó y Oliver.

**Martres de Veyr (Les).**—France, Department of Puy de Dôme.

Bicarbonate of soda ferruginous water, 50° to 85° F. Mildly purgative.

**Masino.**—Italy, Lombardy, 6 hours from Chiavenna; 3,270 feet above sea level.

Saline waters, 100° F.

*Special indications*: Nervous affections.

The establishment is very antiquated, and the visitors have considerably decreased in number of late years.

**Massa.**—Italy, near the Bay of Genoa.

Sea baths; sandy beach.

Only frequented by the inhabitants of Genoa and its environs.

**Mastineez.**—Hungary.

Ferruginous bicarbonate waters, 30° F.

Not used.

**Matlock.**—England, Derbyshire, on the Derwent.

Bicarbonate of lime water, 66° to 68° F.

In a very charming position; a well-appointed establishment, much frequented. Cool and agreeable climate.

*Special indications*: Muscular and acute rheumatism, dyspepsia, biliary and glandular affections.

*Doctor*: Dr. Holland.

**Mattigbad.**—Austria, Upper Austria, near Moos; 1,200 feet above sea level.

Ferruginous waters, climatic station in summer.

Very sheltered position, mild and pure air.

The establishment is thoroughly well fitted up, and affords ample and comfortable accommodation.

**Mauer.**—Austria,  $\frac{3}{4}$ -hour from Vienna.

Effervescent ferruginous waters.

*Special indications*: Debility, nervous complaints, hemicrania, rhachitis, anæmia, chlorosis, menstrual derangements.

**Mayence**, or Mainz.—Germany, on the left bank of the Rhine, at the confluence of the river Maine. From Paris by North of France, *viâ* Cologne, or by East of France Railway, *viâ* Forbach and Bingerbrück,  $17\frac{1}{2}$  hours. 75 $\frac{1}{2}$ fr. 1st class.

The largest town in the Grand Duchy of Hesse-Darmstadt. It was annexed to Prussia in 1866. Very strongly protected by the castle opposite. Of great antiquity, having been founded by Drusus, 14 B.C.; was seat of one of the electors.

It is the favourite stopping place for travellers going to any of the neighbouring watering places, as also on the route to Vienna, Switzerland and the Bavarian Highlands.

**OBJECTS OF INTEREST.**—The Palace, Museum, Library, Town Gardens or Neue-Anlage outside the walls, Schillerplatz and Cemetery, Cathedral, Citadel, Theatre, Tower of Drusus.

**EXCURSIONS**: To Wiesbaden, Biebrich, Bingerbrück, and various spots on the Rhine.

**CABS**:  $\frac{1}{4}$  hour one horse, 50 pfgs.;  $\frac{1}{2}$  hour, 1 mark.

*Dentist*: Dr. König.

*Doctors*: Drs. Hellwig, Wittmann and Dörr.

*Hotels*: The *Hôtel de Hollande*, a first-class house of European reputation; opposite the landing place of the Rhine steamers, and near the railway station; very comfortable, with moderate charges. Patronised by the highest aristocracy. Ferd. Büdingen, proprietor.

**Mayres.**—France, Department of Ardèche.

Sulphate of lime, table water.

**Mazel (Le).**—France, Department of Lozère.

Cold mineral water.

**Mecina-Burbaron.**—Spain, Province of Granada.

Ferruginous bicarbonate waters, 35° F.

**Medagues.**—France, Puy de Dôme.

Cold bicarbonate of lime waters.

*Special indications*: Dyspepsia, gravel, chlorosis, and intermittent fevers.



**Medewi.**—Sweden, Government of Linköping.

Effervescent ferruginous waters. One of the strongest of Swedish ferruginous waters.

*Special indications:* Debility, nervous disorders, anæmia, chlorosis.

The establishment is thoroughly well fitted up, and the accommodation is comfortable, though somewhat expensive.

**Mehadia**, also **Hereulesbad**.—Austria-Hungary, Province of the Danube.

Alkali-saline sulphurous waters, 80° to 130° F. The volume of water is larger than that of any known spring in Europe.

*Special indications:* Affections of the respiratory organs, skin diseases, syphilis, ieterus, dropsy, mercurial dyscrasia.

Most frequented bathing place in Hungary.

*Doctors:* Drs. Chlorin, Munk, Miesko and Paesn.

*Hotel:* *Kurhaus*.

**Meidling.**—Austria, on the route from Vienna to Trieste.

Sulphurous waters.

A well-appointed establishment, with theatre, concert hall, and comfortable accommodation.

**Meinberg.**—Germany, Lippe-Detmold, near Pymont; 638 feet above sea-level.

Mixed sulphurous waters and mud baths.

*Special indications:* Rheumatic affections, female complaints and serofula.

Very well-appointed establishment.

*Doctor:* Dr. Caspari.

*Hotels:* *Red House* and *Kurhaus*.

**Melecombe Regis.**—England, county of Dorset, on the South coast, near Weymouth.

Sea baths; firm sandy beach.

The beach is very steep and the surf heavy.

There is a spring slightly sulphurous here: the waters are mixed with warm sea water.

**Melksham.**—England, county of Wilts, near Salisbury.

Saline and ferruginous waters. Artificially prepared with carbonic acid they are exported for table use.

**Melos.**—Greece, one of the Cyclades in the Ægean sea.

Ferruginous waters, 80° F.

Much renowned in antiquity; at present the available accommodation is very primitive.

**Meltingen.**—Switzerland, Canton Solcure.

Cold ferruginous bicarbonato waters. These waters are tonic.

A much frequented and well-appointed establishment.

**Mentone.**—France, Department of Alpes Maritimes, near the Italian frontier. For routes see table.

Winter station of first importance, and sea baths.

*Winter Season* : November—June.

*Summer, or sea-bathing Season* : May—October.

*Special indications* : All forms of chest diseases, consumption, bronchitis, chronic laryngitis; nearly every form of rheumatism; all cachectic diseases, and general debility; it also suits admirably very young or very old persons.

Mentone lies at the foot of the Maritime Alps, on the strip of shore to which the name of Riviera, or Corniche, has been given, and which extends from Nice to Genoa. It is a small town of 6,000 inhabitants. Latitude,  $43^{\circ}$  N., longitude,  $11^{\circ}$  E.

The coast line of mountains here rises to an elevation of 4,000 feet or more, and, receding, forms a sheltered amphitheatre, well protected from the north, north-east, and north-west winds. The scenery is more picturesque than in any other portion of the Riviera. The mingling of mountain and sea, and olive-clad hills, intersected by innumerable charming valleys, is indescribably lovely, and must be seen to be realised. The flora is varied, and spring or summer reigns even in winter. The watershed of the country—the mountain masses—are formed of secondary white limestone. But tertiary sand and gravel enter into the soil and diversify vegetation in a very charming manner.

The climate is milder than in any other portion of the north shore of the Mediterranean, as shown by the presence of forests of lemon trees which creep up the hillsides to a considerable elevation. Nowhere on the northern Mediterranean shore does the lemon-tree grow with equal luxuriance. It is a tropical tree which cannot bear more than three or four degrees of frost without perishing. The fruit is destroyed by even one or two degrees. At Mentone lemon growing is the chief agricultural industry.

The most trustworthy meteorological data respecting the winter climate of Mentone are those given by Dr. Henry Bennet, in his well-known work: "Winter and Spring on the Shores and Islands of the Mediterranean," 5th edition. They are founded on fifteen years' personal observation; for November his mean temperatures are min.  $49.2^{\circ}$ , max.  $60.1^{\circ}$ ; December, min.  $44.2^{\circ}$ , max.  $55.1^{\circ}$ ; for January, min.  $42.8^{\circ}$ , max.  $53^{\circ}$ ; for February, min.  $43.5^{\circ}$ , max.  $55.7^{\circ}$ ; March, min.  $45.3^{\circ}$ , max.  $59.3^{\circ}$ ; April, min.  $50.8^{\circ}$ , max.  $66.3^{\circ}$ . The mean minimum for the six winter months is thus for fifteen years,  $45.9^{\circ}$ ; the mean maximum,  $58.2^{\circ}$ . The combined mean for the six months during fifteen years is  $52^{\circ}$  F. During this period, observations were daily made of the hygrometric state of the air with wet and dry bulb thermometers, and a mean of 5.1 was obtained. This

corresponds to 68 % of dryness—saturation being 100°, with a temperature of about 58°, and implies moderate dryness in the air. In the winter there are no sea or land fogs, although sea fogs are occasionally observed in May and June. The average number of days on which rain falls—little or much—is, according to Mr. Brca, about 81 in the year. The amount of rainfall is about 24 inches. (*Farina.*)

The climatic conditions above described render Mentone an exceptionally valuable winter resort in all diseases and in all conditions of health in which a dry, sunny, mild winter climate is required. There is a peculiar condition connected with the climate of Mentone, which Dr. Henry Bennet was the first to point out. The moisture-laden sea breeze, which is drawn in daily by the sun's heat in cloudless weather, is arrested by the amphitheatre of mountains, which it cannot pass. The colder atmosphere of the elevated regions condenses its moisture, and so forms a haze over the landscape from about 11 a.m. These condensed vapours soften the atmosphere in an exceptional manner, and no doubt explain the fact of so many invalids improving, or even getting well at Mentone, while other regions of the north Mediterranean coast and the Riviera disagree with them. The rapid changes of temperature common to Nice, Cannes and Hyères, are less noticed here, temperature being more equable.

The drainage has improved of late, owing to the united efforts of the medical men and the municipal authorities.

There is a casino, with theatre, reading rooms, &c.  
English church.

Post and Telegraph office, Rue St. Michael.

*American Dentist*: A. Preterre.

*Bookseller*: Bertrant, Queyrot & Co.

*Bankers*: Credit Lyonnais, Avenue Victor Emmanuel.

*House & Estate Agent & Provision Merchant*: T. Willoughby.  
Rue St. Michel.

*English Chemist*: P. Bezos, 27, Rue St. Michael.

*Doctors*: Drs. Henry Bennet, Marriott, Darcnberg, Fitz-Henry, Siordet, Cazenave de la Roche, and Morin.

*Hotels*: *The Hôtel des Îles Britanniques*; exceptional position, well recommended. Rosnoble, proprietor.

*The Hôtel des Anglais*, full south in the East Bay, well sheltered, near the Chalet des Rosiers (residence of Queen Victoria in 1882). Em. Arbogast, proprietor.

*The Hôtel Victoria*, in the centre of the town, fine garden, and well sheltered. Sèmeria and Leubner, proprietors.

**Meran.**—Austria, Tyrolean Alps, near the Italian frontier, 1,100 feet above sea level. For routes see table.

Climatic station in winter. Very fine and pure air. Pneumatic baths. Whey cure, grape cure.

*Season* : October—April.

*Grape cure Season* : September—October.

Mean winter temperature, 40° F.; spring and autumn, 55° F.; summer, 70° F. The greatest proportion of days in winter are sunny and cloudless.

The climatic residences in winter are Ober and Untermais. The latter is beautifully situated on the left bank of the river Passer, and extends, with its castles, villas, gardens, parks and old ruins, over a rising slope. Obermais has made rapid strides of late, and its fine villas and large hotels offer very comfortable accommodation.

Gratsch is a quarter which has come into existence only within the last few years. It is gaining rapidly in favour, as its situation is the best and its climate exceptionally mild. Invalids as a rule prefer to stay at one of the above-mentioned villages.

The situation is a charming one. The scenery is picturesque, and suggestive of excursions. The promenades in the town and suburbs afford ample space for long walks. The streets are well kept and life in the town is agreeable.

The "Winteranlage" is the principal promenade for visitors and patients during winter; between 11 and 3 o'clock the Foreign Colony meets here. The vegetation is evergreen, composed mainly of sub-tropical plants.

The "Curhaus" is a very fine building, and contains besides assembly-rooms, concert, ball and billiard rooms, a café and a bathing establishment.

*Chemist* : Hallersche.

*Bookseller* : Pötzberger.

*Bank and Exchange Office* : Biedermann Bros.

*Post and Telegraph Office* : 36, Rennweg.

*Doctors* : Dr. von Kaan and Dr. Settari.

*Hotels* : Comte de Meran, Sun.

**Mercatale.**—Italy, Tuscany, valley of the Arno.

Ferruginous sulphurous waters, 45° F.

The establishment is very primitive, though the waters enjoy a great reputation in the neighbourhood.

**Merens.**—France, Department of Ariège.

Sulphate of soda water, 90° to 110° F.

**Mergentheim.**—Germany, Würtemberg, 8 hours from Würzburg.

Bromo-iodurated bitter waters, 30° F.

Slightly purgative.

The establishment is elegant and efficient.

Theatre, assembly and reading-rooms, and fine promenades.

*Doctors* : Dr. Lindemann, Dr. Höring and Dr. Krauss.

*Hotels* : Strauss and Rose.



**Merligen.**—Switzerland, Canton Berne, on the Lake of Thun. By boat from Interlaken and Thun.

Climatic station, remarkable for its mild climate. The situation of Merligen is one of the most beautiful in this part of Switzerland. The scenery is highly picturesque, and rendered still more attractive by the luxuriance of the vegetation. Numerous excursions can be taken. Merligen, in a word, is a very attractive spot.

The *Hotel Beatus* will be found a good comfortable house, with good kitchen and moderate prices. Ph. Hofmann, proprietor.

**Mers.**—France, Department of Somme.

Sea baths ; sandy beach.

A small establishment.

**Messina.**—Italy, Sicily, 45 minutes by steamer from Reggio. Pullman cars are now attached to all express trains from Naples. For routes see table.

A winter station and sea baths.

Much exposed to winds. It is mentioned here only because it is selected occasionally as a winter residence, though it has actually one of the severest climates of any town in Sicily. On the average there are 12 snowy days in winter.

*Bookseller* : G. Welbatus.

*Hotel* : The *Hôtel Victoria* is the best house in the town. William Möller, proprietor.

**Meta.**—Italy, between Castellamare and Sorrento.

Climatic station in summer.

Used by inhabitants of Naples as a summer residence. The whole country is one vast garden.

**Methana.**—Greece, near Kato-Muska, Argolis.

Sulphurous waters, 85° F.

The arrangements are on a system of taking the baths in common.

Accommodation primitive.

**Metyline.**—Asiatic Turkey.

Sulphate of soda water, 80° to 100° F.

*Special indications* : Rheumatism and skin disease.

**Mezières.**—France, Department of Ardennes.

Cold saline waters.

**Michelstadt.**—Germany, Hesse, near Erbach, in the Odenwald ; 800 feet above sea level.

Summer station, with hydropathic establishment.

*Doctor* : Dr. Spies.

**Middelkerke.**—Belgium, West Flanders, near Ostend.

Sea baths, with fine beach.

Is rising in importance.

**Miemo.**—Italy, Tuscany, in the Maremma-Volterana.

Alkaline sulphurous waters, 80° F.

Primitive arrangements and accommodation. Almost exclusively used by the surrounding peasantry.

**Miers.**—France, Department of Lot.

Cold sulphate of soda waters.

*Special indications:* Hepatic affections, constipation and hæmorrhoids.

*Doctor:* Dr. Fraisse.

**Milan.**—Italy, Capital of Lombardy. From Paris by P.L.M. through Mont Cenis, 27 hours. 116½ fr. 1st class.

The town is nearly circular in form, and surrounded by walls; erected for the most part by the Spaniards. The space between the walls and canal is laid out in gardens and well planted with trees. Like all old cities, Milan is very irregularly laid out, but is, for all that, one of the most interesting in Europe.

**OBJECTS OF INTEREST.**—The Cathedral, the Amphitheatre, the various Old Gates, the Church of Sant' Ambrosio, the Military hospital, the Gallery of Victor Emanuel, Palazzo di Corte, Brera, Observatory, Pinacoteca, Ambrosian Library, Museum, Theatre della Scala, Theatre Royal, Hospital, Civic museum, Town hall, several private Palaces, Loggia degli Osii, City hall, Mint, Judicial and government Palaces, Custom-house, Treasury, Public gardens, the Castle, and Royal Palace.

**EXCURSIONS:** To Monza, to various Certose, to the Lakes, besides many others.

**CABS:** One horse, by course, 1 lira; by time, first half hour, 1 lira.

**Post office:** Via Rastrelli, 20.

**Telegraph office:** Piazza dei Mercanti.

**Dentist:** C. T. Terry, Doc. Den. Sur., from New York, 5, Piazza Cavour.

**Bookseller:** Fratelli Dumolard.

**Hotels:** The *Hôtel de la Ville* has just been greatly improved by the addition of an enclosed court-yard, lift, and all modern requirements. A most popular house. J. Baer, proprietor.

The *Grand Hôtel de Milan*, near the Opera House; large, first-class; lift. Post, Telegraph, and Railway Booking Office in the Hotel. J. Spatz, proprietor.

The *Hôtel Germania*, same proprietor.

**Millport.**—Scotland, Buteshire, on the greater Cumbray Island.

Sea baths; sandy beach; air mild; scenery barren.

**Doctor:** Dr. Kerr.

**Milo**, Island of.—In the Grecian Archipelago.

Thermal waters, of great repute in antiquity, but now neglected.

**Mina Nova**.—Portugal, Province of Estremadura.

Ferruginous sulphate waters.

**Mindelheim**.—Germany, Bavaria.

Bicarbonate of lime waters.

A bathing establishment, but little known.

**Minehead**.—England, Somersetshire, near Taunton.

Sea baths; rocky and sandy beach; climate mild.

*Season*: July—September.

*Doctor*: Dr. Gaye.

**Mingelsheim**.—Germany, Baden.

Cold sulphurous soda water.

*Special indications*: Rheumatism and skin diseases.

**Mirabello**.—Italy, Lombardy.

Sulphate of lime springs, 30° F.

*Special indications*: Scrofula.

**Mirandela**.—Portugal, Province Tras os Montes.

Cold ferruginous waters.

**Misdroy**.—Germany, Island of Wollin.

Sea baths on the Baltic.

Firm fine sandy beach. The scenery is hilly and charming.

Establishments good.

**Mitterbad**.—Austria, Tyrol, district of Botzen.

Ferruginous waters, containing sulphuric acid.

*Season*: June—August.

One of the most frequented bathing places in the Tyrol.

The scenery is very mountainous and picturesque.

*Special indications*: Anæmia, fluor albus, difficult menstruation, chronic diarrhoea.

**Moching**.—Germany, Bavaria, near Munich.

Bicarbonate of lime waters.

The establishment is ample, and provides comfortable accommodation.

**Modum**.—Norway, district of Tellemarken, near Christiania.

Effervescent ferruginous waters, and summer station.

The situation is very picturesque and mountainous. The environs contain large pine forests, and the air is highly charged with ozone.

**Moffatt.**—Scotland, Dumfries.

Hot sulphur and saline waters; air bracing.

Hydropathic establishment.

*Season*: Summer.

*Special indications*: Skin diseases, female ailments, dyspepsia.

*Doctor*: Dr. Thomson Forbes.

**Mogador.**—Africa, Morocco.

Winter station. Warm climate.

**Moggiona.**—Italy, Tuscany, District of Poppi.

Sulphurous waters, 65° F.

*Special indications*: Gravel and skin diseases, abdominal disorders.

The establishment is inadequate.

**Moha.**—Hungary, Transylvania, comitat of Stuhlweissenburg.

Bicarbonate of lime ferruginous waters.

Act as a mild purgative.

**Moingt.**—France, Department of Loire.

Cold bicarbonato of soda, table waters.

**Molar** (El, or Fuente del Toro)—Spain, Province of Madrid, on the road to Burgos, near Jarama, 2,600 above sea level.

Saline sulphurous waters, 45° F.

*Special indications*: Skin diseases, laryngitis, bronchitis, asthma, amenorrhœa and chlorosis.

The establishment is tolerably well fitted. Accommodation abundant, but not of the best. There is nothing attractive in this station.

*Doctor*: Dr. Lopez.

**Molina de Aragon.**—Spain, Province of Guadalajara.

Sulphate of lime waters.

**Molinar de Carranza.**—Spain, Province of Biscaya, near Tolosa.

Saline springs, 90° F.

*Special indications*: Scrofula, liver and splenic complaints.

A much frequented establishment, thoroughly well fitted up, but the accommodation is not scrupulously clean.

*Doctor*: Dr. Zapater.

**Molitg.**—France, Department of Pyrénées Orientales, near Prades.

Sulphate of soda waters, 50° to 65° F.

Two small establishments.

*Special indications*: Rheumatism, bronchitis, and skin diseases.



**Molla Il.**—Italy, Piedmont.

Ferruginous bicarbonate waters, 45° F.

*Special indications* : Chlorosis.

**Monaco and Monte Carlo.**—Principality of Monaco, between Nice and Mentone. For routes see table.

Winter station. Sea baths.

Although Monte Carlo is one of the most sheltered stations on the Riviera, it is more frequented by pleasure seekers than by real invalids. Strangers coming to the Riviera only for amusement, or to pass the winter, prefer staying here.

Mean winter temperature, 50° F. The barometric pressure, mean humidity of the air, and average rainfall, are almost the same as at Nice. The temperature in the quarter called "La Condamine," is generally from 3° to 5° F. higher; it is also the most sheltered from winds, but it has the drawback of inferior drainage. The weather statistics are 57 fine, 26 clouded, and 17 rainy days per cent.; the above statistics are, however, open to question. Atmospheric disturbances are somewhat frequent, and in 26 per cent. of days there are strong winds; fogs are rare, but the dews are heavy and frequent. On the whole the climate is an exceptionally dry and exciting one. The mistral is as little felt here as at Villefranche, especially in the Condamine district.

The air being very dry, and high winds of frequent occurrence, the entire absence of dust is the more noteworthy and pleasant. The roads, gardens, etc., are excellently kept, and residence here is certainly as agreeable as in any town on the Riviera.

The Casino, with its almost unrivalled orchestra (concerts twice daily) is the chief attraction. The reading-room contains newspapers of every country, and in the handsomest theatre, operatic and other representations are given during the season, with the help of the most renowned artists in Europe. The pigeon-shooting arrangements are very complete, and the meetings well attended.

The old town on the promontory, or Monaco proper, is interesting, and the Prince's palace is well worth visiting. The gardens are very fine. The sea bathing establishments are thoroughly good.

*Bankers* : Vve. Adolphe Laeroix, Méja & Co.; also at Nice, 1, Place du Jardin Public.

*House and Estate Agent* : A. Roustan, Villa Fontvieille, Monáeo.

*Dentist* : Mr. H. Ash, Condamine.

*Provision and Wine Merchants* : Under the Grand Hotel.

*Doctor* : Dr. Piekering, at Monte Carlo.

*Hotels* : The *Grand Hotel*, at Monte Carlo, magnificent first-class house, with exceptionally good restaurant, English bar, considerably enlarged and embellished. X. Jungbluth, proprietor.

The *Victoria Hotel*, at Monte Carlo, healthily situated, first-class family house. Very quiet and comfortable. Rey Frères, proprietors.

The *Hôtel des Anglais* is a first-class family house, situated in the best part of the gardens, refurnished, and under new management. L. Troiel Fribert, director.

The *Hôtel Beau Rivage*, half-way between Monte Carlo and the Condamine, is under the able management of Mr. F. Schmitt, of the *Hôtel d'Angleterre*, at Ems.

**Moncada-y-reitach.**—Spain, Province of Barcelona.

Ferruginous sulphatic waters, 45° F.

*Special indications* : Chlorosis and dyspepsia.

**Monchique.**—Portugal, Province of Algarvie.

Thermal sulphurous waters.

Very much frequented station.

**Monda.**—Spain, Province of Malaga.

Cold saline springs.

Waters act as a diuretic.

**Mondariz.**—Spain, Province of Pontevedra, near Puentarénas, on the River Ter.

Effervescent ferruginous waters.

*Special indications* : Chlorosis, anæmia and kindred complaints.

The situation is most lovely, and very romantic. The establishment is of slight importance, and the accommodation not particularly good.

*Doctor* : Dr. Crucero.

**Mondon.**—Spain, Province of Orense.

Cold ferruginous bicarbonate waters.

**Mondorf.**—Germany, Duchy of Luxemburg.

Bromo-saline waters, 60° F.

*Special indications* : Scrofula, chlorosis, and dyspepsia.

A very good hydropathic establishment.

*Doctors* : Drs. Marshal and Klein.

*Hotel* : Kurhaus.

**Monegrillo.**—Spain, Province of Saragoza.

Saline waters.

Purgative action.

**Monestier de Briançon.**—France, Department of Hautes Alpes.

Sulphate of lime waters, 50° to 105° F.

*Special indications* : Rheumatism, old gun-shot wounds, and skin diseases.

**Monestier de Clermont.**—France, Department of Isère.  
Mixed bicarbonate table waters.

**Monfaleone.**—Austria, Illyria, on the Bay of Trieste.

Iodo-bromurated saline waters, 100° F.

*Special indications:* Rheumatism and paralysis.

Sea bathing establishment. The springs rise and fall with the tide.

**Monsao.**—Portugal, Province of Minho.

Saline waters, from 80 to 100° F.

**Monsummano.**—Italy, Tuscany, near Montecatini valley of Nievole.

A grotto, where natural sulphurous vapour baths are taken. They are especially efficient in rheumatism.

Three lakes in the grotto contain sulphurous waters from 80° to 100° F.

*Special indications:* Gout, herpes, rheumatism, anehylosis, sciatica, syphilis, catarrhal affections, and in all cases where strong action of the skin is indicated.

**Montafia.**—Italy, Piedmont.

Sulphate of lime waters, 30° F.

Employed by the peasants against skin diseases.

**Montagnone.**—Italy, Venetia, near Abano.

Earthy waters, 130° F.; mud baths.

*Special indications:* Diseases of the bones, old sores, serofula, gout, rheumatism.

The bathing establishment is well arranged, and affords comfortable accommodation.

The baths were used by the Romans, as is shown by numerous ruins.

**Montalceto.**—Italy, Tuscany, Val d'Arbia.

Saline-magnesian ferruginous waters, 65° to 85° F.; mud baths.

A very good establishment, and well frequented station.

**Mont' Amiata.**—Italy, Tuscany.

Highly effervescent ferruginous waters, 35° to 65° F.

The arrangements are primitive, and consequently used only by the surrounding inhabitants.

**Montanejos.**—Spain, Province of Castellon de la Plana, near Vivel.

Ferruginous and alkaline effervescent waters, 60° F.

*Special indications:* Plethora abdominalis, hyperæmia of liver and spleen, vesical catarrhs.

Very little frequented, though the establishment is modern.  
*Doctor:* Dr. del Rio.

**Montbarri.**—Switzerland, Canton Fribourg.

Cold sulphate of lime waters.

*Special indications*: Skin diseases and rheumatism.

**Montbrison.**—France, Department of Loire.

Cold alkaline bicarbonate waters.

*Special indications*: Chronic disorders of the digestive organs, hæmorrhoids.

**Montbrun.**—France, Department of Drôme.

Sulphate of lime waters, 30° F.

Mud baths.

**Montehauson.**—France, Department of Cantal.

Cold bicarbonate and ferruginous waters.

**Mont Dore.**—France, Puy de Dôme, 1½-hour by carriage from Laqueuille station, route from Clermont-Ferrand to Tulle; 3,150 feet above sea level; 8,000 inhabitants. For routes see table.

Bicarbonate, arsenical, and effervescent ferruginous waters, from 107° to 115° F. The establishment is thoroughly well fitted up with all modern requirements. Climatic station.

*Season*: 1st June to 1st October.

*Special indications*: Chronic bronchitis, pulmonary phthisis, asthma, chronic pleuritis, laryngitis, pharyngitis, coryza, chronic ophthalmia, rheumatic and nervous affections, disorders of the skin.

*Bookseller*: J. Armet.

*Doctors*: Drs. Léon Chabory, Chabory-Bertrand, Emond (speaks English), Mascarel and Cazalis.

*Hotels*: The *Hôtel de Paris* and *du Parc* are first-class, well appointed houses, healthily situated, and replete with all modern comforts. Léon Chabory, proprietor, is the only one of this name. Note the address, "Léon Chabory."

The *Grand Hotel* (see plan), a first-class and very comfortable family hotel, near park and bathing establishment; open all the year. Madame Taché-Serizay, proprietress.

The *Chalet*, Montjoli, beautifully situated, overlooking the town, specially comfortable for families. The residence of the Prince of Wales in 1884. See plan. M. Bourdassol, proprietor.

**Monte Carlo.**—See MONACO.

**Montecatini.**—Italy, Tuscany. For routes see table.

Saline springs, 72° to 82° F.

*Special indications*: Rheumatic affections, leucorrhœa, blenorrhœa, menstrual disorders, skin diseases, sciatica.

The purgative waters of the Tettuccio spring are exported, and used in the treatment of hypertrophy of the liver.

The establishments are very good. Vegetation and scenery charming, and in consequence Monte-catini is much frequented.

*Doctor*: Dr. Fedeli.



**Montefiascone.**—Italy, Roma.

Thermal sulphurous springs.

*Special indications* : Skin diseases.

**Montegrotto.**—Italy, Venetia, near Padua.

Hot saline muds, 176° F.

Stimulating action.

The establishment is good, and the accommodation comfortable.

**Montegut Ségla.**—France, Department of Haute Garonne.

Ferruginous bicarbonate water, 30° F.

*Special indications* : Dyspepsia and gastralgia.

**Montemayor y Bejar.**—Spain, Province of Cáceres, near Salamanca ; 2,300 feet above sea level.

Sulphurous waters, 90° F.

The establishment is very good and affords comfortable accommodation. The air is remarkably pure, and the scenery picturesque.

Notwithstanding the difficulty of reaching the town, it is very much frequented.

*Doctor* : Dr. Sastre y Dominguez.

**Monte-Ortone.**—Italy, Venetia, near Padua.

Alkali-saline sulphurous waters, 100° F.

There is a bathing establishment and hotel combined. Little frequented.

**Monte-Rotondo.**—Italy, Tuscany, on the Cornia.

Earthy ferruginous water, 75° F.

No establishment, and primitive arrangements. The site is picturesque.

**Montione di Piombino.**—Italy, near Arczzo.

Bicarbonate of lime waters, 85° F.

*Special indications* : Rheumatism and skin diseases.

**Montlignon.**—France, Department of Seine and Oise, near Montmorency.

Cold ferruginous bicarbonate waters.

**Montlouis.**—France, Department of Pyrénées Orientales.

Cold ferruginous waters.

Charming situation.

**Montmirail-Vacquairas.**—France, Department of Vaucluse, near Carpentras and Avignon.

Three springs with a purgative action ; one sulphate of lime, and one ferruginous.

The bathing establishment is good and affords fair accommodation.

*Doctor* : Dr. Millet.

**Montner.**—France, Department of Pyrénées Orientales.  
Ferruginous bicarbonate waters.

**Montol.**—France, Department of Puy de Dôme.  
Cold bicarbonate of lime waters.

**Montpellier.**—France, Department of Hérault.  
Winter station.  
*Doctors* : Dr. Coste and Dunal.

**Montpensier.**—France, Department of Puy de Dôme, near Rioms.  
On the route to Gannat two excavations are found, from which carbonic acid gas escapes, as in the “Grotta del Cane,” near Naples.

**Montreux.**—Switzerland, Canton of Vaud, near Vevey and Lausanne.  
Climatic and intermediate station, whey cure, grape cure.  
Situated on Lake Lemán, it has a very charming position; the excursions in its neighbourhood are very interesting and numerous.  
*Post and Telegraph* : At station.  
*English Church*.  
*Bookseller* : Benda, in Vernex.  
*Chemist* : Schmidt.  
*Doctors* : Dr. Carrar, Steiger, Bertholet, and Monnier.  
*Hotel* : The *Hotel Pension Brener*, first-class house, very comfortable, lift; large winter garden; douches, hot and cold baths, lake bath near the Kursaal and English Church; omnibus at station. G. Breuer, proprietor.

**Montserrat.**—West Indies, one of the Leeward Islands.  
Several thermal springs.

**Monzaio les Mines.**—Africa, Algiers, near Medah and Blidah; 1,600 feet above sea-level.  
Sulphate of sodium waters, 35° to 50° F. Table waters; digestive action.

**Morba.**—Italy, Tuscany.  
Bicarbonate ferruginous and sulphate of lime waters, 45° to 105° F.  
*Special indications* : Rheumatism and herpes.

**Morecambe and Paulton-le-Sands.**—England, Lancashire.  
Sea baths; sandy and extensive beach; two piers.  
Climate mild but braeing.  
*Season* : June—September.  
*Doctor* : Dr. Jackson.

**Morgins.**—Switzerland, near Monthey and Evian; 4,344 feet above sea-level.

Saline ferruginous waters; climatic mountain air station; whey cure.

*Season* : June—September.

*Special indications* : Anæmia, chlorosis, female complaints, asthma.

The establishment is good and accommodation abundant.

**Mortagone.**—Italy, Tuscany.

Saline springs, 65° F.

**Mortefontaine.**—France, Department of Oise, near Senlis.

Cold mineral waters analogous to those of Enghien. Not used.

**Moselli.**—Greece, near Astio.

Indifferent waters, 45° F.

Very charming site. Air pure and mild.

**Mtscheno.**—Austria, Bohemia.

Cold sulphurous ferruginous waters.

*Special indications* : Atonic diseases.

**Mula.**—Spain, near Murcia.

Ferruginous bicarbonate waters, 95° F.

Reconstituent action.

*Special indications* : Herpes and rheumatism.

**Mumbles.**—Wales, Glamorgan.

Sea baths.

**Mumby.**—England, Lincolnshire, near Willoughby.

Sea baths, sandy beach.

**Münchshofen.**—Germany, Bavaria.

Earthy ferruginous waters, 60° F.

*Special indications* : Liver and spleen obstructions, paralysis.

**Munich.**—Germany, capital of the kingdom of Bavaria. From Paris, by East of France, by Strasburg and Kehl, 36 hours. 151 fr. 1st class.

Munich is, in proportion to its size, one of the finest and most interesting towns in Europe, especially as regards its collection of works of art. The public buildings, gardens, squares, and monuments, are numerous and handsome.

**OBJECTS OF INTEREST.**—Royal Palace is divided into the Old Residence, Königsbau and Festsaalbau; it is filled with art treasures in every room; Park and Gardens, the Pinacothek, the Glyptothek, the Propylæen and Palace of Fine Arts, old Picture Gallery, Wimmer & Co.'s Fine Arts Collections,

Schwanthaler's Museum, National and Anatomical Museum, Art Exhibition, Royal Academy of Science, Royal Foundry, Art Union, Schaack Picture Gallery, Hof-brauhaus, Public Library, Government Palace, Town Hall, Gate of Victory, Cathedral, Churches of Michael and St. Bonifacius and St. Lewis.

Excursions: English garden, Brumthal, Great Prison, Public Cemetery, Nymphenburg, Schleissheim, Lake of Stahrenberg, Possenhofen, Berchtesgaden and Königssee, Hohenschwangau, Chateau de Berg and Rottmannshöhe, Oberammergau.

CABS: One horse,  $\frac{1}{4}$  hour 50 pf. ;  $\frac{1}{2}$  hour, 1 mark ; two horses, one to four persons,  $\frac{1}{4}$  hour, 1 mark ;  $\frac{1}{2}$  hour, 2 marks.

Post and Telegraph office: Max Josephsplatz.

Dentist: Dr. Beraz.

Doctors: Drs. Von Feder and Von Gietl.

Hotels: The *Hôtel de Bavière*. Situated on the Promenade Platz, the best part of Munich; entirely re-furnished and greatly improved. An excellent house in every respect. Oscar Seif, proprietor.

The *Hôtel d'Angleterre*. A quiet family hotel; moderate prices for pension during the winter months; centrally situated, near the Post and Opera-house. H. Sitzler, proprietor.

**Münster am Stein.**—Germany, Rhenish Prussia, near Kreuznach.

Waters similar to those of Kreuznach; very efficacious in children's diseases.

A very quiet spot, but full of picturesque attractions.

Doctors: Drs. Welsh and Glaesgen.

Hotel: *Kurhaus Hotel*.

**Münsterberg.**—Germany, Silesia, circuit of Breslau.

Cold bicarbonate of iron and hydrosulphuric waters.

A small establishment.

**Murcia.**—Spain, capital of the Province of Murcia, on the Mediterranean.

Winter station of first importance.

Murcia may be called the driest and least rainy place on the whole east coast of Spain. Mean winter temperature, 55° F. Relative dampness of the air, 66·7 %, with only 18 rainy days during winter season. Spaniards call its sky "El reino serenissimo." Snow is altogether unknown, and fogs and mists are never seen. The town having 90,000 inhabitants, offers all possible resources.

**Muritz.**—Germany, Mecklenburg.

Sea baths, sandy beach.

**Mürren.**—Switzerland, Bernese Oberland, *viâ* Interlaken and Lauterbrunnen, 5,181 feet above the sea level.

Climatic mountain air station, with whey and milk cure; baths and douches.

Season: June—September.



*Special indications*: Anæmia, chlorosis, failing digestion, phthisis, asthma.

Mürren, as regards the picturesqueness of its scenery, has often been compared to the Righi, the altitude of which is about the same height above the sea level. It is one of the finest centres for excursions in Switzerland, many of its surrounding valleys and mountains being little known to tourists. Its position is very charming, and its climate fresh and bracing. Well sheltered against northern and north-western winds.

Space prevents the enumeration of all the excursions; the local guides must chiefly be depended on.

Post and telegraph office.

English church.

An English doctor is attached to the Grand Hôtel, Mürren.

*Hotel*: The *Grand Hotel and Kurhaus*, Mürren, is one of the best managed houses in Switzerland. 185 rooms with 250 beds. It is one of the few houses where an effort is made to make guests feel at home. J. Sterchi-Wettach, proprietor.

**Müskau.**—Germany, Silesia, circuit Liegnitz on the Neisse.

Sulphate of iron waters. Astringent action.

*Special indications*: Hæmorrhages, hyperæsthesia, female complaints.

Very well appointed.

*Doctor*: Dr. Prochnow.

*Hotels*: *Berlin, Green Tree*.

**Mustapha-Supérieur.**—Algiers, near the Capital.

Winter station, coming much into prominence lately. Especially suitable for pulmonary complaints.

*Doctor*: Dr. Savill.

*Hotel*: *Hotel d'Orient and Kirsch*.

**Nahaud.**—United States of America, Massachusetts.

Sea baths, much frequented.

**Nairn.**—Scotland, near Inverness.

Very much frequented sea baths; "the Brighton of the North."

Sandy beach; dry and bracing air.

*Doctor*: Dr. Cameron.

**Nammen.**—Germany, Westphalia.

Cold sulphate of lime springs.

*Special indications*: Herpes, rheumatism, gout.

**Nanclares de Oca.**—Spain, Province of Alava, near Añana and Vitoria.  
Acidulous waters, 50° F.

*Special indications:* Affections of the stomach, flatulence, neuralgia, and disorders of the urinary organs.

The establishment and accommodation are good, notwithstanding that the place is little frequented.

*Doctor:* Dr. Almendariz.

**Nantes.**—France, former capital of Brittany.

Capital of Department of Loire Inférieure, and a very attractive old town. The ancient residence of the Ducs de Bretagne.

**OBJECTS OF INTEREST.**—The Castle, the Cathedral, Church of St. Croix with belfry, St. Nicholas, St. Clement, and Notre Dame, Town Hall, Prefecture, Exchange, Theatre, Library, Palais de Justice, Museum, Hospital, Lyceum.

**EXCURSIONS:** Guerande, Croisic, Sables d'Olonne and St. Nazaire.

**CABS:** Two horses, 1½ fr. the drive; one horse, 1 fr.

**Telegraph:** Rue St. Jules.

*Hotels:* *De Bretagne, de Paris.*

**Naples.**—Italy, Bay of Naples. For routes see table.

Winter station, mineral and sea baths.

The climate of Naples is dry and stimulating; the nearer one approaches Vesuvius the more tonic the air becomes.

As a hydromineral station, Naples has a great variety of springs, chief among which are those of Chiatamone, Bagnoli, Ischia, Castellamare, Torre Annunciata, Agnano, Pozzuoli, and Santa-Lucia. The variety of mineral waters and their therapeutic properties have rendered Naples and its environs the most frequented bathing station in Italy.

*International Hospital:* Villa Bentinck, Corso Vitt. Emanuele.

*Bookseller:* F. Furchheim, 59, Piazza dei Martiri.

*Guides and Couriers:* Chas. Mancinelli and Emanuele Benati.

*Doctors:* Drs. Vittorelli, Cantani, Schrön, Malbranc, Tweedie, Stodart, Tomasi and Wyatt.

*Hotel:* *Hôtel Royal des Etrangers.* A. G. Caprani, proprietor.

**Nassau.**—Germany, Nassau, on the Lahn, 1½ hour from Ems.

Hydropathic establishment. Climatic station in summer.  
Electric baths, gymnastics.

*Doctor:* Dr. Runge.

**Nauheim.**—Germany, Hessen-Nassau. For routes see table.

Strongly mineralised saline waters; 17 grs. of mineral constituents, of which 14 grs. are chloride of sodium. The water is effervescing, 50° to 95° F.

Two springs are used for drinking—the Kurbrunn and the Salzbrunn. Two others for douches and baths.

*Special indications* : Enlargement of the liver, derangement of the spleen, serofula.

*Doctors* : Dr. Bode, Dr. Beneke.

**Naumburg.**—Germany, Silesia.

Cold ferruginous waters not used.

**Navajas.**—Spain, Province of Castellon de la Plana.

Ferruginous bicarbonate waters, 45° F.

**Navalpino.**—Spain, Province of Ciudad Real, near Piedrabuena.

Bicarbonate of iron waters, 70° F. Little used.

*Special indications* : Neurosis, hysteria, stomachic and intestinal derangements, menstrual difficulties.

The establishment is much neglected.

*Doctors* : Dr. Nieto.

**Nave dell' Inferno.**—Italy, Tuscany, on the Arno.

Earthy alkaline waters, 59° F.

*Special indications* : Gravel, calculus, vesical catarrhs, intestinal derangements, menorrhagia, hysteria.

The establishment is inadequate and the accommodation poor.

**Naxos.**—Greece, island, one of the largest of the Cyclades.

Saline waters.

**Nebouzat.**—France, Department of Puy de Dôme, near Clermont-Ferrand.

Cold acidulous waters.

**Neffiaeh.**—France, Department of Pyrénées Orientales, near Perpignan.

Saline waters, 50° F.

Only visited by persons in the neighbourhood.

**Nelefina.**—Hungary, comitat of Beregh-Ugocz.

Mixed bicarbonate waters.

Pretty good arrangements.

**Nenndorf.**—Germany, Hessen. For routes see table.

Cold saline sulphurous lime waters.

The bathing establishment is well appointed; inhalations, douches, &c. Mineral and mud baths. Whey cure.

*Special indications* : Catarrh of the respiratory organs, herpes, chronic sores, disorders of the urinary organs.

The sojourn is agreeable, and amusements are freely provided.

*Doctors* : Drs. Ewe, Neussell, and Varenhorst.

*Hotels* : Kassel, Hanover.

**Neris.**—France, Department of Allier, near Montluçon.

Thermal mixed alkaline waters, 110° to 125° F.

*Special indications* : Nervous affections, rheumatic neuralgia, uterine affections.

**Nerone** (Stufa di).—Italy, near Pozzuoli.

Natural mineral steam baths. The heat of the gases emitted is stated to be 170° F.

*Special indications* : Chronic skin diseases, gout, rheumatism, anchylosis.

Very largely used by the Romans, especially under Nero, by whom they were fitted up with the greatest luxury. They are still visited and used, notwithstanding the entire absence of any suitable accommodation.

**Nervi**.—Italy, one of the suburbs of Genoa, on the Riviera di Levante.

Winter station.

The mean winter temperature is not so high as that of Mentone or San Remo, but the climate is less windy, exciting, and tonic, and more humid. The vegetation is luxurious, and beautiful gardens abound. There is little room for excursions, and Nervi is therefore most suitable for patients who desire repose.

*Doctor* : Dr. Schetelig.

**Neskutsehnoie**.—Russia, near Moskau.

Earthy ferruginous waters, 45° F.

The establishments are good.

**Neudorf**.—Austria, Bohemia, also called Constantinsbad.

Sulphurous and ferruginous waters, 25° F. Mud baths. Very pure air.

*Special indications* : Anæmia, disorders of menstruation, rachitis, gout, and rheumatism.

The establishments are very good and the accommodation is abundant and moderate in price. The situation is picturesque, and the country well wooded.

*Doctor* : Dr. Dlahy.

*Hotel* : Kurhaus.

**Neuenahr**.—Germany, Rhenish Prussia, on the left bank of the Rhine and on both banks of the river Ahr ; 760 feet above sea level. For route see table.

Thermal mixed bicarbonate, mildly alkaline waters, 72·5° and 104° F.

*Special indications* : Catarrh of the stomach and bowels, affections of the kidneys and liver, Bright's disease, stone, diabetes mellitus, nephritic calculus, serofula.

Post and telegraph office in the Kurhotel.

English church service.

*Doctors* : Drs. R. Schmitz, A. Tesehemaeker and Unschuld, all speaking English.

*Hotels* : The Kurhotel, Victoria,



**Neuenheim.**—Germany, Nassau.

Cold bicarbonate ferruginous waters.

**Neuhaus.**—Austria, Styria.

Bicarbonate of lime waters, 85° F.

*Special indications* : Nervous diseases.

Good establishment.

*Doctor* : Dr. Paltauf.

**Neuhaus.**—Germany, Bavaria.

Cold saline springs.

*Special indications* : Scrofula and abdominal obstructions.

**Neu Lublau.**—Austria, Hungary, comitat of Zips, near Leutschau.

Effervescent ferruginous waters.

*Special indications* : Migraine, hypochondriasis, hysteria, affections of the nerve centres, menorrhagia, blenorrhœa.

The establishments and accommodation are satisfactory.

**Neumarkt.**—Germany, Bavaria, near Nuremberg ; 1,445 feet above sea level.

Ferruginous sulphurous waters.

*Special indications* : Rheumatic and skin affections, muscular contractions, hæmorrhoids, gravel and vesical calculi, old sores and mercurial dyscrasia.

**Neu Ragoezi.**—Germany, Prussia, Province of Saxony, near Halle.

Alkaline ferruginous waters. Inhalation.

*Special indications* : Plethora, disorders of liver and spleen, vesical disorders, female complaints, hysteria, chlorosis, asthma.

The establishments are very complete and fitted with all modern requirements. The country is picturesque, and the neighbourhood of Halle affords ample amusements. Accommodation good and moderate in price.

**Neuschmëcks or Uj Tatrafüred.**—Austria-Hungary, Galicia, Comitat of Zips, near Poprád ; 3,100 feet above sea level.

Pure alkaline waters, climatic station.

*Special indications* : Affections of the digestive organs, obstructions of liver and spleen.

The establishment is very good, and the accommodation comfortable. Scenery picturesque and vegetation luxurious.

*Doctor* : Dr. H. von Szontagh.

**Neuschwalheim.**—Germany, Hessen, 1½ hour from Salzhausen.

Earthy muriatic ferruginous waters. Very little frequented.

The establishment is inferior.

**Neusiedel.**—Austria-Hungary, Lake of, near the town of Neusiedel.

The waters of this lake have a mineral basis of bicarbonate of soda, 45° to 50° F.

Military hospital.

*Special indications* : Scrofulous affections.

**Neusohl.**—Hungary.

Cold sulphurous waters.

**Neustadt an der Saale.**—Germany, Würtemberg, near Waiblingen.

Cold saline waters.

A small and inadequate bathing establishment.

**Neustadt-Eberswalde.**—Germany, Prussia, Province of Brandenburg.

Ferruginous bicarbonate waters.

**Neustadt-on-the-Haardt.**—Germany, Bavaria, Palatinate, near Mannheim.

Grape and whey cure station.

Renowned throughout Germany, and much frequented in the months of September and October.

**Neuville lez la Charité.**—France, Department of Haute Saône.

Cold sulphate of lime waters.

**Nevis.**—One of the English West Indian Islands. Leeward group.

Four thermal springs.

**New Brighton.**—England, Cheshire, at the mouth of the Mersey.

Sea baths ; fine sandy beach.

*Season* : June—September.

*Doctor* : Dr. Bell.

**Newcastle.**—Ireland, County Down, near Dublin.

Much-frequented sea baths, and sulphurous ferruginous waters ; sandy beach ; climate mild. The scenery is picturesque.

*Doctor* : Dr. Clarendon.

**New Quay.**—England, Cornwall.

Sea baths ; fine sandy beach. Climate bracing.

*Season* : June—September.

One of the most fashionable of Cornish watering-places.

*Doctor* : Dr. Jewell.

**New Quay.**—Wales, Cardiganshire.

Sea baths, sandy beach, with occasional pebbles.

*Doctor* : Dr. Evans.

**Newtondale.**—England, Lincolnshire.

Saline springs.

**Neyrac.**—France, Department of Ardèche, branch from Livron to Privas. 3 hours by carriage from Privas to Neyrac.

Bicarbonate of lime ferruginous waters, 95° F.

Very complete establishment.

*Special indications* : Skin diseases.

*Doctor* : Dr. Deputowsky.

**Nice.**—France, Department of Alpes Maritimes. 70,000 inhabitants. For routes see table.

Winter station of first importance ; sea baths.

*Season* : Winter season, November to June. Summer or sea-bathing season, May to October. Principal season, January to March.

Number of visitors about 30,000 annually.

*Special indications* : Chronic discases of the chest, lungs, and respiratory organs ; affections of the larynx, liver complaints, disorders of the spinal chord, diabetes, gout, rheumatism, paralysis, general weakness, are the principal diseases for which a stay in Nice is recommended. But the climate is very exciting, and patients suffering from any form of nervousness derive no benefit from it.

The dryness of its atmosphere is the chief characteristic of Nice. Rain falls generally only in spring and autumn, and but rarely in winter. The total amount is 702 mm. ; 70 days of rain are reported in the season, 80 days of sunshine, and 60 with cloudy sky. Fogs are rare, and snow falls occasionally. Mean atmospheric pressure is 761 mm.

The mean temperature for the winter months is 55° F. in November, 50° F. in December, 44° F. in January, 50·5° F. in February, 52·2° F. in March, and 59° F. in April.

The mean temperature in winter is 50° F.

No winter station offers so many resources as Nice. All who suffer from that vague disease called "ennui," or "spleen," will find in this sunny spot on the Riviera the remedy they seek in its pleasantest form. Fête succeeds fête, and the Municipal Committee, as also the Mayor, use every endeavour to amuse visitors.

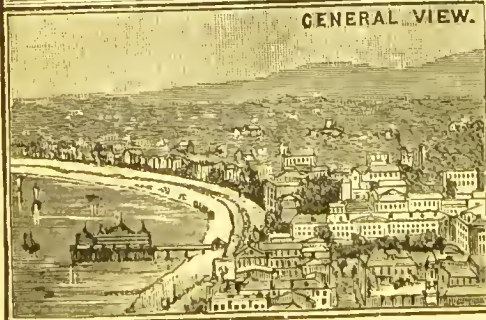
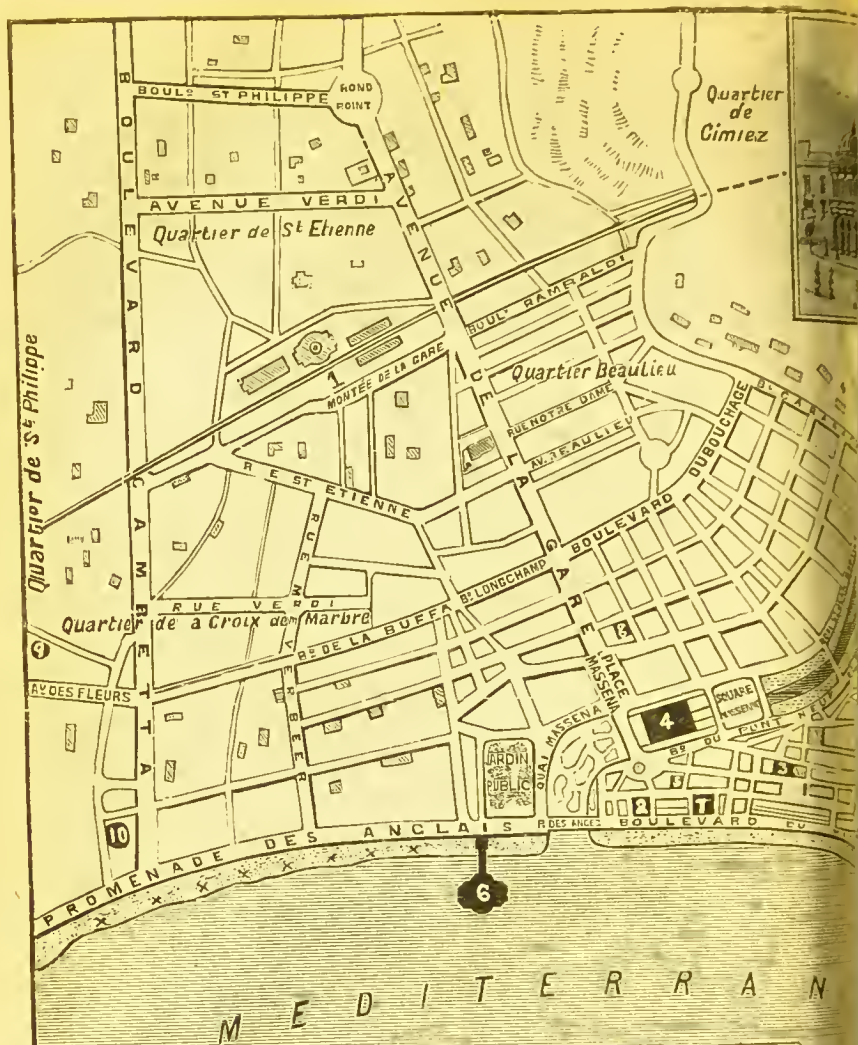
The carnival lasts ten days, and is said to be superior to that of Rome. The days of the "batailles des fleurs" are a special feature, which no other town can offer. The road all along the Bay des Anges, from the Port down to the Pont Magnan, is thronged with rows of carriages, all decked with flowers.

*Clubs* : Cercle Masséna, first-floor of the Casino on Place Masséna ; Cercle des Beaux Arts, Avenue de la Gare and corner of Place Masséna ; Cercle Republicain, Palais Marie Cristine, Rue de France ; Cercle Philharmonique, Cercle de l'Athénée.

The season of 1884-85 will witness the completion of the splendid new opera house in the Rue Francois de Paule. The artists will be the most celebrated of the day. The Casino is a very extensive building, containing theatre, concert, ball, reading, smoking, writing, card, billiard, and restaurant rooms. The principal feature of this establishment is the large covered winter garden. On costume ball evenings the decorations and illumination of the hall, with the bustle of thousands of guests, is a sight to be seen only here. There is, moreover, the Comédie theatre, a skating and bull rink, a circus, and other buildings of general amusement.

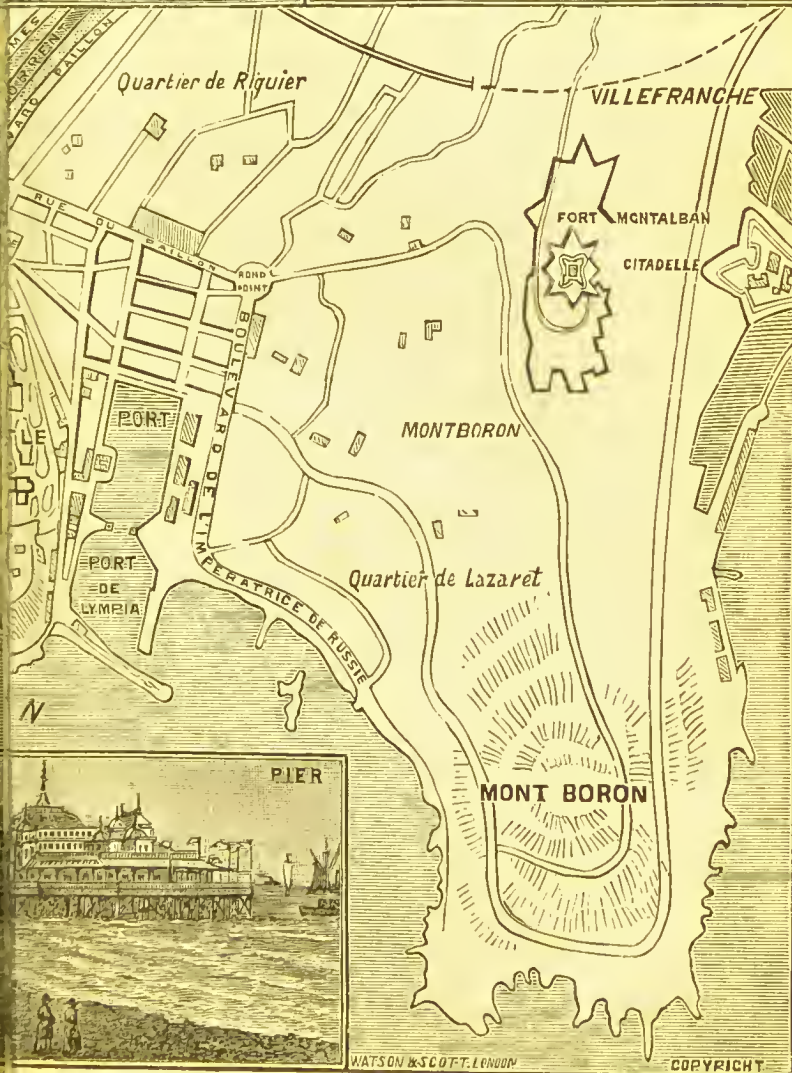
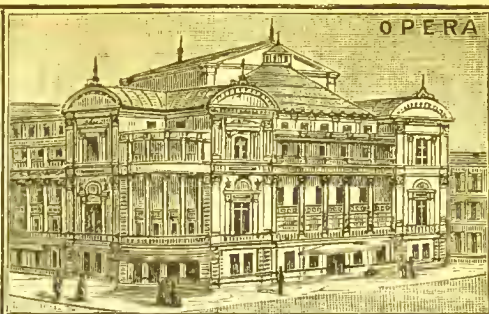


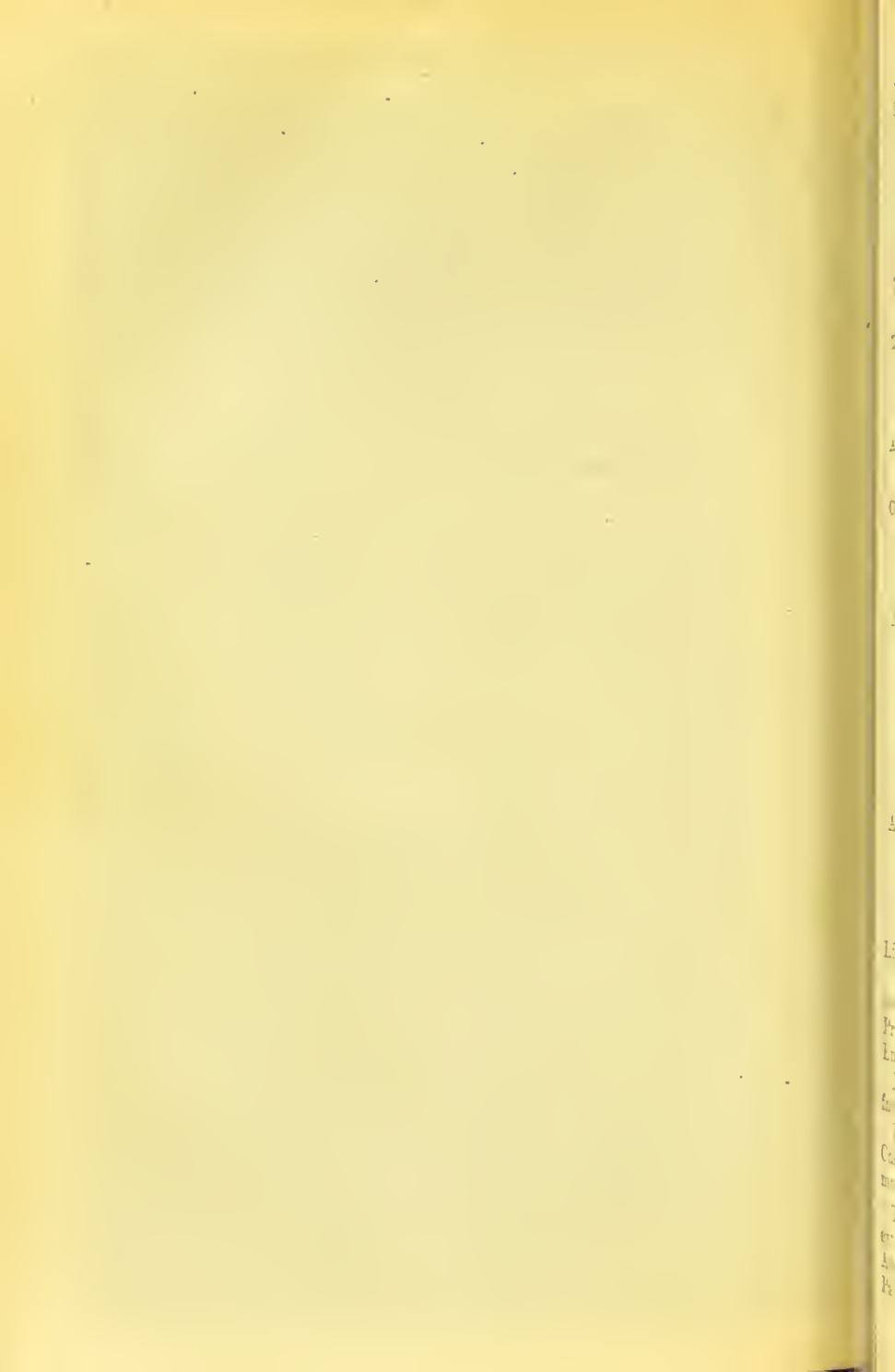




## NICE.

1. RAILWAY STATION.
2. POST.
3. TELEGRAPH.
4. CASINO.
5. TOWN HALL.
6. PIER.
7. OPERA.
8. THEATRE FRANCAIS.
9. BULL RING.
10. PANORAMA.
- \*\*\* BATHING ESTABLISHMENTS.





There is a Comédie-Française theatre, ciréus, panorama, skating gallery. Excursions : The excursions are numerous and very varied. The nearer ones are to the Castle Hill, the Villa Arson Hotel, and Bisehoffsheim's Observatory, from all three of which an unsurpassed view of the town and bay is obtained. More distant excursions are to Villefranche (station of the English, French and American men-of-war in the Mediterranean), maritime port and fortresses ; Beaulieu, along the Cornice road to Monte Carlo ; Mentone by earriage (2 horses, 40 fr. in the season ; towards the close, 25 and 30 fr.) to Cannes, Antibes, and the Iles Margarite by boat, rail and earriage, and into the Mountains. The races take place in the middle of January, the carnival in February, and the regattas in the middle of March. There is an international rifle-shooting match after the regattas, on the Castle Hill during April. The Nice climate, so very beneficial in many cases of disease, when proper precautions are taken, may be very hurtful if they are neglected. Delicate persons should not go out before ten in the morning nor after half-past three in the afternoon, and should always be provided with overcoats, mantles, and wrappers.

An omnibus runs between Nice and Monte Carlo ; fare outside, 2 fr. 50 c. there and back ; inside, 2 fr. ; three times a day ; change of horses at Beaulieu.

Cabs, one horse the course, 1 fr. ; by hour, 2 fr. 50 c. ; two horses as by agreement. Visitors should arrange beforehand in order to avoid any difficulties at the end of the drive, as the coachmen are often inclined to impose upon strangers.

*Turkish Bath and Hammam* : Rue de la Buffa, Dr. Bonnal, Algerian shampooers.

*Post Office* : Rue St. Francois de Panlo.

*Telegraph* : Rue de la Prefecture.

*Photographer* : G. Eehtler, 3, Rue Adelaide.

*Bankers* : Credit Lyonnais, 15, Avenue de la Gare.

*Booksellers* : Galignani, Quai Massena, No. 3.

*Mineral Water Merchant* : Ed. Thaon, Avenue de la Gare.

*House and Estate Agent* : The Anglo-American Express Agency 1, Place du Jardin Public.

*Wine and Provision Merchant* : F. Brand, 13, Rue de France.

*American Dentist* : A. Preterre, Place Massena.

*English Chemists* : Nicholls & Passeron, 3, Quai Massena.

*Doctors* : Drs. West, Drummond, Sturge and Mrs. Sturge, Lippert, Sehnee, Pröll, Granvillier, Barety and Prompt.

*Hotels* : The *Hotel des Anglais*. This first-class-English family hotel is situated in the best position in Nice, at the corner of the Promenade des Anglais and Public Gardens, facing the sea. English management ; very popular.

The *Hôtel de la Grande Bretagne*. First-class family house, facing the public gardens and sea. J. Lavit, manager.

The *Cosmopolitan Hotel*, late *Chauvain*, opposite the new Casino ; a splendid hotel, with large conversation hall. J. Lavit, manager.

The *Hôtel de Rome*, in an elevated position in its own extensive gardens ; 5 minutes' walk from the Promenade des Anglais, quiet, and can be well recommended for families. Mrs. Palmieri, proprietress.



*Hôtel de l'Elisee*, 59, Promenade des Anglais, situated in a large garden. For a prolonged stay arrangements may be made.

*Cimiez*:  $\frac{1}{4}$  hour from Nîee. The *Grand Hôtel de Cimiez* in the healthiest position, a first class family house with large gardens and grounds, very pure air. Address proprietor.

**Niederbronn.**—Germany, Lower Alsace, near Weissenburg; at the foot of the Vosges mountains, separating Alsace from Lorraine; 650 feet above sea level. For routes see table.

Strong saline waters, 45° F.

Purgative and resolvent action.

*Special indications*: Very effective in the treatment of chronic diarrhoea, hepatic constipation, bilious affections, scrofula, obesity.

*Doctors*: Drs. Klein and Boell.

*Hotels*: *Vauxhall*, *Golden Lion*.

**Niederhall.**—Germany, Baden.

Saline waters.

Inferior establishment.

**Nieder-Langenau.**—Germany, Silesia, near Glatz; 1,100 feet above sea level.

Ferruginous carbonate of lime waters; mineral muds.

Milk cure.

*Special indications*: Rheumatism, articular pains.

The bathing establishment is fairly well appointed.

*Doctor*: Dr. Seidelmann.

*Hotel*: *Kurhaus*.

**Niedernau.**—Germany, Würtemberg, near Tübingen, on the banks of the Neckar; 1,050 feet above sea-level.

Ferruginous and pure bitter waters, very gaseous.

*Special indications*: Neuropathic affections, gout, gravel, dyspepsia.

The establishment is very efficient, and the accommodation dear but good.

**Niederselters.**—Germany, Nassau, on the Ems, 3 hours from Limburg.

Alkaline-muriatic waters.

Only used as table water, and as such largely exported.

**Niederweil.**—Switzerland; Appenzell; 1,450 feet above sea level.

Inert waters.

Used in a primitive fashion.

**Nieratz.**—Germany, Würtemberg.

Cold mixed carbonate waters.

Sedative in action.

*Special indications*: Neuroses.

**Nierstein.**—Germany, Hesse-Darmstadt, near Oppenheim.

Sulphurous waters.

The arrangements are imperfect.

**Nissyros.**—Greece, island in the Archipelago; 1,800 feet above sea level.

Sulphurous thermal waters, only used by the natives.

**Nitrolis.**—Italy, island of Ischia, near Moropano.

Thermal ferruginous waters, 85° F.

The baths merely consist of a swimming basin.

**Nocera.**—Italy, near Perugia.

Inert waters; very fine air.

*Season*: June—September.

*Special indications*: Nervous complaints, hysteria.

The establishment is good, and the accommodation comfortable.

**Noceto.**—Italy, Tuscany.

Alkaline-magnesian waters, 65° F.

*Special indications*: Affections of the intestines, liver and spleen, and of the urinary organs in general.

Primitive arrangements.

**Pohanend.**—France, Department of Puy de Dôme, near Clermont-Ferrand.

Cold saline waters.

Inadequate establishment.

**Rördlingen.**—Germany, Bavaria, near Wallenstein.

Effervescent ferruginous waters.

A small bathing establishment.

**Saak.**—Austria, Tyrol, District of Botzen; 5,000 feet above sea-level.

Inert waters.

The arrangements are imperfect.

Formerly enjoyed a good reputation, but is now almost deserted.

**Seelöcher.**—Germany, Island of, on the coast of Hanover.

Much frequented sea bath.

*Season*: July—September.

The arrangements are very good.

*Doctors*: Drs. Fromm and Gazert.

*Hotels*: Hasse, Heitmüller.

**Springe.**—Germany, Hanover, between Göttingen and Hanover.

Cold sulphate of lime waters.

Mud baths; establishment good.

*Special indications*: Rheumatism and herpes.

**Nottingham.**—England, near Weymouth.  
Slightly sulphurous waters; little used.

**Nouvelle (La).**—France, Department of Aude.  
Sea baths.

**Novelda.**—Spain, Province of Alicante.  
Sulphate of lime waters, 50° F.  
*Special indications*: Herpes.

**Nowosselja.**—Russia, Government of Twer, on the Volga.  
Effervescent ferruginous waters.  
Primitive arrangements, and little or no accommodation.

**Nuestra Señora de Abellá.**—Spain, Province of Castellon de la Plana, near San Mateo.

Alkaline waters, 50° F.

*Special indications*: Affections of the digestive and urinary organs, gravel, calculus, hyperæmia of liver and spleen and nervous complaints.

The waters are excellent, but the establishment is very inadequate, and consequently frequented only by the neighbouring inhabitants.

*Doctor*: Dr. Castell.

**Nuestra Señora de las Mercedas.**—Spain, Province of Gerona, near Figueras.

Sulphurous and alkaline waters, 70° to 80° F.

*Special indications*: Stomachic and urinary disorders, uric diathesis, calculus, gravel, hyperæmia of liver, leucorrhœa and amenorrhœa.

The establishment is very efficient, and is situated in a large and well-wooded park. The accommodation is good and moderate in price.

*Doctor*: Dr. Duran.

**Nydelbad.**—Switzerland, near Zürich; 2,000 feet above sea level.

Hydro-sulphuric waters. Only frequented by people from the neighbourhood.

**Oban.**—Scotland, Argyshire, 2,500 inhabitants.

Climatic resort in summer. Sea baths, good bathing. The air is mild and bracing.

*Season*: August—September.

The scenery around is very charming, and an ample field exists for excursions. Good boating and fishing.

*Doctor*: Dr. MacKelvie.

*Hotel*: The Great Western.

- Ober-Brambach.**—Germany, Kingdom of Saxony, near Franzensbad.  
Effervescent ferruginous waters.  
*Special indications:* Debility of the digestive organs, affections of the uterus, vesical catarrh, gravel, and nervous disorders.  
Very good establishment with satisfactory accommodation.  
The scenery is very fine.
- Oberhergern.**—Germany, Hesse-Darmstadt, near Münzenberg.  
Ferruginous saline waters, effervescent.  
Very little used. Poor arrangements.
- Oberladis.**—Austria, Tyrol, in the Upper Inn Valley; 3,780 above sea level.  
Climatic station in summer; also an earthy saline spring; may be taken pure or mixed with whey.  
This station is frequented chiefly by persons passing the winter in Meran, and coming here for the summer months. The air is pure and delightfully cool, and the situation charming.  
There is no regular establishment, but very comfortable accommodation can be had.
- Oberlahnstein.**—Germany, Nassau, near Coblenz, on the mouth of the Lahn.  
Cold bicarbonate of sodium waters, 2 grs. of mineralisation.  
A very charming position, with fine view of the Rhine and its hills.
- Obermais.**—Austria, Tyrol, one of the suburbs of Meran.  
Climatic station. See "Meran."
- Obermendig.**—Germany, Rhenish Prussia, a village near Andernach.  
Highly effervescent ferruginous waters.  
Only used for drinking. There is no establishment. Accommodation good.
- Obernhaus.**—Austria, Tyrol, District of Meran, in the beautiful valley of the Adige.  
Climatic summer station and ferruginous earthy waters.  
No establishment and very quiet.  
Scenery very picturesque.
- Ober-Rauschenbach.**—Austria, Hungary, comitat of Zips, near Pudein.  
Alkali-saline slightly ferruginous waters, similar to Karlsbad, 70° F. Climatic summer station.  
*Special indications:* Rheumatic and gouty complaints, chronic skin diseases and sores, lymphatism, scorfula, goitre, neuroses. The spring is situated behind the Kurhaus and forms a lake. However cold the atmosphere may be, its waters never freeze. Objects immersed in the waters become in a short time incrustated over. The Kurhaus affords abundant accommodation. Moderate rates.



The establishment is built in the style of an old feudal castle. It contains every modern appliance, and from its terrace a superb view is obtained. Concerts are given.

The air is pure and mild. In the vicinity are some grottos, whence certain gases emanate, poisonous both to men and animals.

The place is much frequented both for the beauty of its site and the efficacy of its waters.

**Ober-Selters.**—Germany, Nassau, on the Ems.

Muriatic alkaline table water.

The production reaches 20,000 quarts daily.

**Obertiefenbach.**—Germany, Bavaria.

Alkaline-sulphurous waters; climatic station; whey cure.

No establishment.

**Oberwinter.**—Germany, Rhenish Prussia, near the Seven Mountains, and opposite Bonn.

Climatic station in summer. Very mild air. Comfortable accommodation.

**Ochsenhausen.**—Germany, Würtemberg,  $1\frac{1}{2}$  hour from Biberach, 1,790 feet above sea level.

Highly effervescent ferruginous waters. No establishments, but good accommodation.

**Odessa.**—Russia, on the Black Sea.

Sea baths; mud baths.

Doctor: Dr. Prussian.

The establishments are very good.

**Oelves.**—Austria-Hungary, comitat of Kolos in Transylvania.

Bitter waters,  $55^{\circ}$  F.

The water is very good, and might easily, with energy, command a large sale, but the springs are almost abandoned.

**Oesel.**—Russia, Livonia, Island in the Baltic Sea.

Sea and mineral mud baths.

**Oeynhaus.**—Germany, Westphalia. For routes see table.

Thermal saline springs,  $90^{\circ}$  F., charged with carbonic acid.

Special indications: Scrofula, hysteria, gout.

Doctors: Dr. Säuerwald, Dr. Lehmann, Dr. Müller, Dr.

Rinteln.

Hotels: Pavillon, Victoria, Rose.

**Ofen or Buda.**—Hungary, on the right bank of the Danube. For routes see table.

Ofen possesses numerous thermal bathing establishments: The Kaiserbad, the Lukasbad, Königsbad, Raitzenbad, Bruckbad, &c. The water supplying these baths is charged with carbonate of lime, sulphate of soda and magnesia. Its action is diaphoretic, diuretic, and purgative. At 7 k. from Ofen is the establishment of Hunijadi Yanos bitter waters, denominated "The Royal Hungarian Water."

**Offenau.**—Germany, Württemberg, 3 hours from Heilbronn.

Cold saline and sulphurous waters.

*Special indications* : Scrofula.

There is a bathing establishment, which affords at the same time comfortable accommodation.

**Offenstein.**—Germany, Hesse-Darmstadt, district of Pfeddersheim.

Sulphurous waters, 50° F., contains much carbonic acid.

The place is little visited, a fact due, perhaps, to the indolence of the inhabitants.

**Oioun-Sekhakna or Frais Vallon.**—Algiers, in the immediate neighbourhood of the capital.

Table water, bicarbonate of soda.

**Okarben.**—Germany, Hessen, district of Grosskarben, on the Nidda.

Muriatic saline waters, little used.

**Okmé.**—Africa, Nubia.

Thermal sulphur springs.

**Olahfalú.**—Austria, Hungary, Transylvania.

Everescent ferruginous waters.

Little used, even by the surrounding peasantry.

**Olah-Szt-György.**—Austria-Hungary, Transylvania, comitat of Bistritz-Naszod, 1 hour from Rodna.

Alkali saline waters.

A small drinkhall. The waters are exported.

**Oldesloe.**—Germany, Schleswig-Holstein; one hour from Hamburg; 5,000 inhabitants.

Saline and sulphurous waters.

The establishments are good, and the accommodation most comfortable.

The royal family of Denmark having ceased to frequent the place, its former popularity has received a severe blow. Of late years visitors are again on the increase. A peculiar feature about Oldesloe is the large swimming baths in a salt lake, covering an extent of 1½ acres.

**Olenyova.**—Austria-Hungary, comitat of Bereg.

Alkali saline waters, containing iron. Table water.

**Olette.**—France, Oriental Pyrénées. For routes see table.

Several alkaline sulphurous springs, from 65° to 175° F.; mild climate.

*Special indications* : Rheumatic neuralgia, and neuropathy in general.

The arrangements are not good, and the number of visitors is limited. The accommodation is comfortable.

**Olivera.**—Spain, Province of Cadiz.  
Cold sulphurous waters.

**Olliergues.**—France, Department of Puy de Dôme, near Ambert, on the Dore.  
Acidulated ferruginous and gaseous waters.

**Ollmütz.**—Austria, Moravia.  
Cold sulphurous waters.

**Ilon.**—Switzerland, Canton Valais, between Aigle and Bex; 1,900 feet above sea level.  
Climatic station.  
Very mild air and sheltered position.  
A quiet spot, picturesquely situated.

**Olmenhausen.**—Germany, Baden, between Reutlingen and Tübingen.  
Cold sulphurous waters.  
No establishment, and little visited.

**Ioneschti.**—Roumania.  
Sulphurous waters.  
No establishments, and all the arrangements are primitive.  
The place is much frequented; the excellence of the waters would, however, justify a larger concourse of visitors, were it not for the absence of all comfort.

**ni.**—Russia, Caucasus, near Kutais.  
Alkaline, slightly saline waters.  
*Special indications:* Liver and splenic disorders, urinary affections.  
No establishment; the waters are used for drinking only.

**Ontaneda y Aleeda.**—Spain, Province of Santander, valley of Toranzo.  
Thermal sulphate of lime springs, 80° F.; very rich in nitrogen.  
A well-appointed establishment, receiving a large number of herpetic patients. The site is picturesque.  
The village is small, and contains some 60 houses. The accommodation is good.  
*Doctor:* Dr. Salazar.

**Oporto.**—Portugal, second town in the kingdom; 90,000 inhabitants.  
Sea baths, sandy beach; also a winter station. There are good bathing appliances.  
The country around is beautiful.

**Oppenau.**—Germany, Baden, at the foot of the Kniebis.  
Ferruginous waters.

**Orb.**—Germany, Bavaria, district of Aschaffenburg; 450 feet above sea level.

Saline waters, 35° F.

Good arrangements, with comfortable accommodation.

*Special indications:* Scrofula, skin diseases and chronic nervous affections.

**Orebro.**—Sweden.

Indifferent waters; mud baths.

The site is charming, and although there is no proper establishment, Orebro is much frequented.

**Orel.**—Russia, Government of Poltawa.

Bitter and alkali-saline waters.

Exported, but not beyond Russia. One of the strongest alkali-saline waters known.

**Orenburg.**—Russia, north of the Caspian and Aral Sea.

Kumis or fermented mare's milk cure.

**Orense.**—Spain, on the left bank of the Miño.

Three bicarbonate of soda springs, 155° to 160° F., but not used.

**Orezza.**—France, in the interior of Corsica, Department of Pietricroce.

Gaseous ferruginous bicarbonate table waters.

Mild climate.

*Season:* July—August.

*Special indications:* Anæmia, chlorosis.

*Doctor:* Dr. Donné.

**Origny.**—France, Department of Loire, near Roanne.

Cold bicarbonate of iron waters.

**Oriol.**—France, Isère, Clelle Station, on the line from Grenoble to Gap.

Highly effervescing ferruginous bicarbonate waters. The high degree of effervescence of these waters explains the fact of their being so well tolerated by dyspeptic and anæmic persons. They are likewise efficacious in cases of gravel.

Oriol has no bathing establishment, the waters being used exclusively as table waters, and for exportation.

**Oroslau.**—Austria, Croatia.

Indifferent waters, 130° F.

*Special indications:* Nervous disorders, hysteria.

The site is charming, but the establishment leaves room for improvement.



**Ormaiztegui.**—Spain, Province of Guipúzcoa, near Zumárraga.

Sulphurous alkaline waters, 50° F.

*Special indications* : Skin diseases, herpes, serofula, granular affections of pharynx and larynx.

The establishment is good, with moderate accommodation.

*Doctor* : Dr. Asenjo y Cáceres.

**Ostende.**—Belgium, West Flanders, on the North Sea.

Sea baths of first importance. Season from 1st June to 1st October. Sandy beach and bracing climate.

The bathing machines are good and the sands excellent.

English church, Rue Longue. Post and telegraph office.

*Doctors* : Drs. Saulmann, Janssens and Jumè.

*Hotels* : *Hôtel de la Plage*.

**Osterfingen.**—Switzerland ; 1,323 feet above sea level.

Saline ferruginous waters.

The arrangements are of a primitive kind.

**Osterspay.**—Germany, Nassau.

Chalybeate waters, not used beyond their own immediate neighbourhood.

**Osthofen.**—Germany, Hesse-Darmstadt, near Worms.

Sulphurous waters, 40° F., not in use.

The surrounding country abounds in sulphurous springs.

**Osztrovsk.**—Austria-Hungary, near Klopas.

Alkaline earthy waters.

Little used, and no establishment.

**Otsehin.**—Roumania, near Bräsa.

Ferruginous sulphurous waters.

No establishment, and little visited.

**Ottenstein.**—Germany, Saxony, near Schwarzenberg ; 10 m., carriage to Ottenstein ; 1,550 feet above sea level.

Climatic station in summer ; air very pure and mild. Kounmiss cure. Hydropathic establishment. Electric and pine-cone sap baths ; inhalation.

The environs are covered with pine forests. The walks and promenades are beautiful and well kept. A large park surrounds the Kurhaus. The accommodation is abundant and comfortable.

**Outrancourt.**—France, Department of Vosges, near Contrexéville.

Cold sulphate of lime and magnesian springs, 2 grammes of mineralisation ; slightly purgative.

**Paderborn.**—See Inselbad.

**Paignton.**—England, Devonshire, Torbay.

Sea baths; firm sandy beach; bracing climate.

*Season*: May—October.

A great variety of amusements is offered during the season.

*Doctor*: Dr. Goodridge.

*Hotel*: The Crown.

**Paimpal.**—France, Department of Côtes du Nord.

Sea baths.

**Paipa.**—South America, New Granada, Stato of Tunja, and near the latter town.

Thermal sulphate of sodium waters, 135° to 180° F.

An exceptionally high mineralisation of 470 grammes, of which 329 are sulphate of sodium.

**Palazonia.**—Italy, Sicily, Val di Nolo, near Cattagnone.

Highly effervescent ferruginous waters. No establishment, and used only by the inhabitants.

**Palazzolo.**—Italy, Sicily, 6 miles from Syracuse, Val di Nolo.

Cold saline waters.

The splendid ruins standing close to this spring indicate that it was much in favour in ancient times. To-day it is almost completely abandoned.

**Palermo.**—Italy, Sicily, capital of the island.

Winter station, though very damp. Sea baths.

*Season*: November—April.

*Bathing season*: May—October.

Mean winter temperature, 55° F. The changes in evening and morning temperature are gradual. Good drinking water. Mean temperature throughout the year, 75° F.; 75 to 80 rainy days during winter. Atmosphere free from sudden changes.

**OBJECTS OF INTEREST.**—The Marini, Public Gardens, Botanic al Gardens, Cathedral, Churches of St. Guiseppe and Martorana, St. Domenico, the Royal Palace, Capella Palatina, Muscum, Collection of Antiquities, Palace of Ziza, Catacombs, Palazzo Vercelle, Circus and Opera-house.

**EXCURSIONS**: Monreale, La Favorita, Termini, Girgenti, Lercana.

**CABS**: One horse, 50 c.; by the hour, 1 fr. 80 cts. Two horses, 80 c.; one hour, 2 fr. 20 cts.

*Chemist*: Caputo, Via Vitt. Emanuele, 107.

*English church*: Via Cavour.

*Post office*: Piazza Bologni.

*Telegraph*: Via Macequeda, 226.

*Doctor*: Dr. Berlin, Via San Sebastiano, 30.

*House and Estate Agency and Wine Merchant*: S. Zingales Zanelli, via Giovani Moli, 27.

*Hotels*: Hotel Trinacria, de France.

**Pality.**—Austria-Hungary, comitat of Bács, near Szegedin.

Baths in the Lake of Pality, very celebrated for its waters, which are especially efficacious in scrofulous cases.

The establishments are very efficient and the accommodation good, and moderate in price. The scenery is charming, and a great many visitors resort to the place:

**Pallanza.**—Italy, Lago Maggiore.

Climatic station.

*Season* : Spring and autumn.

*Special indications* : Chest and lung complaints.

*Doctor* : Dr. Scharrenbroich.

**Palestrina.**—Italy, Romagna, in the Sabine hills.

Climatic station in summer. Very picturesquely situated, and an agreeable place of residence.

**Panassau.**—France, Department of Dordogne.

A water enjoying great reputation in the surrounding country, but not yet analysed.

**Pandraux.**—France, Department of Haute Loire, near Puy.

Effervescent ferruginous waters. No establishment, and little used.

**Pannanich Wells.**—Scotland, Aberdeenshire.

Saline ferruginous waters.

Two very well-appointed bathing establishments.

*Special indications* : Stone, gravel, dyspepsia, scrofula.

**Pantalasia.**—Island in the Mediterranean, between Sicily and Tunis.

Sulphurous steam grotto. Very hot natural steam baths.

No establishment, although the baths are frequently used.

**Pantano.**—Italy, Tuscany, near Cetona.

Ferruginous waters, 65° F. Highly gascons. Used only by the surrounding inhabitants.

**Panticosa.**—Spain, on the French frontier, near Caunterets, in the Pyrénées; 8,500 feet above the sea level.

Four sulphate of soda springs—El Higado, 80° F., el Herpes, 75° F., la Laguna, 73° F., and el Estomago, 88° F. These waters have various actions; el Higado and el Herpes are reputed sedatives to the nervous system; La Laguna is purgative; while the Estomago spring is stimulating to the digestion. Azotic inhalations. The establishment might be improved as regards comfort.

**Paracuellos de Gilloca.**—Spain, Province of Zaragoza, near Calatayud.

Sulphate of lime; cold waters.

*Special indications:* Chronic skin diseases, scrofula, glandular swellings, ulcers, fistulae and ophthalmia, intestinal obstructions of a chronic character, leucorrhoea, &c.

The situation is charming. The establishment modern, with good accommodation. A residence here is not, however, very agreeable.

*Doctor:* Dr. Viejo.

**Párad.**—Hungary, comitat of Heves, near Erlau.

Sulphurous and effervescent ferruginous waters, one of the springs containing 0.76 per cent. of carbonate of iron. No other spring is so rich in iron. These waters are more highly gaseous than those of Spa, in Belgium. There is also a spring containing a large quantity of alum.

*Special indications:* Anæmia, chlorosis, debility, urinary disorders, liver and splenic plethora, affections of the respiratory organs.

A very well-appointed establishment. Párad is one of the most frequented bathing-places in Hungary.

**Paradies.**—Switzerland, Thurgau, between Schaffhausen and Diesenhofen; 1,180 feet above sea level.

Artificial steam and mineral water baths. Chiefly frequented on account of its beautiful situation.

**Paramé.**—France, Department of Ille and Vilaine, from Paris, *viâ* St. Malo.

Sea baths, sandy beach.

There is a casino.

**Páramo de Ruiz.**—South America; New Granada, in the central Cordillera; 11,500 feet above sea level. A very cold and elevated mountain plain.

A thermal spring, containing, like the solfatare waters, free sulphurous acid and hydrochloric acid. Only used in a primitive way by the people of the surrounding districts.

**Parchim.**—German, Mecklenburg Schwerin.

Chalybeate waters.

A very good establishment; the accommodation is comfortable, ample, and moderate in price.

**Paris.**—France, Seine. Capital, above 2,000,000 inhabitants; on both banks of the Seine river.

In Batignolles, Belleville, Ternes, and near the Pont d'Austerlitz are cold sulphate of lime springs. They have been incompletely analysed and are not used.

Paris is a strongly fortified town, extending as far as Mont



Valerien and St. Denis. It is divided into 20 parishes or arrondissements, each having a church and several chapels. It is a very old town, but owing to the efforts of Napoleon III. its appearance has been greatly improved by the formation of boulevards, squares and wide airy streets. The municipal debt is consequently very heavy. Paris is a resort of all the idlers, pleasure-seekers and travellers of both hemispheres. The English and American colonies in the city are very considerable. In a word, Paris may be described as the "gayest" city of the world.

The chief thoroughfares are the Boulevards des Capucines, des Italiens, Poissonnière and Bonne Nouvelle, Rue de Rivoli, Rue de la Paix, Rue Royale and Champs Elysées, which are crowded until two or three o'clock in the morning. In the afternoon all the cafés along the boulevards are filled with idlers, and when the theatres are closed the same scene is renewed.

*Theatres* : New Opera, Theatre Italien, Français, Comédie Française, Vaudeville, Palais Royal, Gymnase, Eden, Odéon, Variétés, and several others.

*Places of Amusements* : Folies Bergères, Rue Bergère, Skating Rink, Hippodrome, Parque d'Hiver, and in summer the Cafés-chantants in the Champs Elysées.

*Churches* : Notre Dame, Madeleine, Notre Dame de Lorette, St. Etienne du Mont, St. Germain l'Auxerrois, St. Eustache, St. Germain des Prés, St. Sulpice, Panthéon.

*Buildings* : The Louvre; the Luxembourg, Palais Royal; Law Courts; Post Office, La Sainte Chapelle; Palais de l'Ecole des Beaux Arts, Hôtel des Invalides, Town Hall, Palais de l'Elysée, Palais de l'Industrie, du Trocadero (Exhibition, 1878), the Exchange; Grain and Wine Markets; the National Library; Museum of the Jardin des Plantes; Conservatoire des Arts and Métiers.

*Parks—Gardens* : Bois de Boulogne, Bois de Vincennes, Park Monceau, Jardins des Tuileries, and Champs Elysées.

*Post Office* : The most central, Place de la Madeleine.

*Telegraph* : In most of the large Hôtels.

*English Church* : Rue Royale, 23.

*Scotch Church* : 162, Rue de Rivoli.

*Wesleyan Chapel* : Rue Roquépine, 4.

*House and Estate Agents* : Sprent, Sprent and Phipps, 252, Rue de Rivoli.

*American Agency* : The American Exchange in Europe, reading rooms, etc., 35, Boulevard des Capucines.

*Bankers* : Monroe & Co., Rue Seribe.

*Dentist* : A. Preterre, 29, Boulev. des Italiens.

*English Bookseller and Library* : Fotheringham, Rue des Capucines, 8.

*English Chemist* : Rodgers, Rue de la Paix.

*Doctors*: Dr. J. Chapman, 212, Rue de Rivoli; Dr. Boggs, 362, Rue St. Honoré; Dr. Vidal, 49, Rue du Luxembourg.

*Hotels*: The *Splendid Hôtel*. A first-class house, facing the Opera and boulevards, corner of Rue de la Paix, and Avenue de l'Opera; most central and very popular. Ebensperg, proprietor.

The *Windsor Hôtel*, 226, Rue de Rivoli. A small first-class family hotel, exceedingly well appointed, comfortable and homelike. Sprengel, proprietor.

The *Belle Vue Hotel*, Avenue de l'Opera. Excellent restaurant and table d'hôte; lift, telephone; thoroughly heated in winter; a modern house. Louis Hauser, proprietor.

**Páros.**—Greece, island in the Archipelago.

Saline spring of the Temple of Anargyron.

Much frequented in antiquity, but now neglected.

**Partenkirchen.**—Germany, Bavaria, in the Bavarian Alps; 2,500 feet above sea-level.

Climatic station in summer. Goats' whey.

The place is situated in a most charming valley, and has a mild climate. The accommodation is good, and reasonable in price.

**Passage.**—Ireland, county Cork, on the west side of Cork harbour.

Sea baths; sandy beach; good climate.

*Season*: June—September.

*Doctor*: Dr. Stone.

*Hotel*: The *Gerston*.

**Passugg.**—Switzerland, Grisons, near Coire.

Alkali-saline waters; one spring containing iron. All the springs are highly effervescent, and are some of the strongest of their kind.

*Special indications*: Chronic catarrh of the mucous membrane of the stomach and intestines, habitual constipation, acute ankylosis, gout, affections of the kidneys and urinary organs, morbus Brightii, diabetes, obesity.

The establishment is adequate, and comfortable accommodation can be had in Coire.

**Passy.**—France, Department of Seine, near Paris.

Sulphate of lime and ferruginous waters, not effervescing, and difficult of digestion.

**Paterna de la Rivera.**—Spain, Province of Cadiz, near Medina Sidonia.

Ferruginous, saline, sulphate, magnesian and silicated waters, 15 grammes of mineralisation, of which five are chloride of sodium and five sulphate of magnesia.

*Special indications*: Herpes, anæmia, chlorosis.

Appliances, very primitive; while scarcely anything has been done for the comfort of visitors.

**Paterna y Gigonza.**—Spain, Province of Cadiz, near Medina-Sidonia.

Saline sulphurous waters, 60° to 70° F.

*Special indications:* Chronic skin diseases, scrofula, leucorrhœa, inveterate ulcers, caries.

The establishment of Paterna is very small and incomplete. That of Gigonza is larger, but equally imperfect. The situation is attractive enough, but accommodation poor.

*Doctor:* Dr. Vasquez.

**Paterno.**—Italy, Sicily, Val di Demona, on the east coast.

Ferruginous and saline waters.

No establishment, and used by the natives only.

**Patmos.**—Turkey, island in the Archipelago.

Cold sulphurous waters.

No establishment; the waters are obtained in a primitive way, by digging holes in the ground, in which the baths are then taken.

**Pau.**—France, Department of Basses Pyrénées; 650 feet above sea level. For routes, see table.

Winter station of first importance.

*Season:* From 15th November to end of May.

*Special indications:* Chest complaints, consumption, with hæmoptysis tendency to inflammatory action and asthma, bronchitis, rheumatism, neuralgia, and various forms of nervous affections.

Pau, the ancient capital of Bearn, is situated on the north bank of the river Gave, at the foot of the Pyrénées, of which it affords a very fine view. It has been looked on for many years as a most useful winter station for invalids, owing to its mild and sedative climate, and the absence of strong winds. The above-mentioned diseases more especially are likely to be benefited by a prolonged stay in the town. The various febrile disorders of children here assume a particularly mild type. The soil of Pau being of a light sandy character, or moraine (glacier formation), allows of the free percolation of surface water, so that there is very little free moisture in the air, although evaporation is rapid.

During the last few years the drainage of Pau has been reconstructed, and it is now perfect. The town may to-day be safely called the best drained in France, and will probably henceforward enjoy complete immunity from epidemics.

The mean temperature of Pau in the winter months is 47° F.; mean barometric pressure is 743.25; humidity of the air is 68.955 monthly, saturation point being 100. Average rainfall per month, 3.538 inches. Taylor gives 122, and Otley, who included, however, in his statistics nightly showers, 140 rainy days in the year.

Amusements very varied, and excursions innumerable.

English and Scotch churches.

*Post-office* : Rue de la Nouvelle Halle.

*Bookseller* : Ariza, 17, Rue de la Prefecture.

*Exchange Bank* : John Musgrave Clay.

*Dentist* : Edwards, Rue Serviez.

*English Chemist* : Jarvis, 20, Rue Serviez.

*Doctors* : Drs. J. Bagnell, W. H. Bagnell, Hunt, Clay, Bruee and Oliphant.

*Hotels* : The *Grand Hotel Gassion*, *Hotel de France*.

**Pesolina.**—Austria-Hungary, Comitatus of Zemplén, near Szinna.

Ferruginous effervescent waters.

No establishment and no accommodation.

**Peebles.**—Scotland, Peeblesshire, near Inverleithen.

Hydropathic establishment, saline waters.

*Doctor* : Dr. MacGregor.

**Pegli.**—Italy, on the Riviera, near Genoa.

A winter station with mild climate.

*Doctor* : Dr. Spurway.

*Hotel* : The *Grand Hotel*

**Peiden.**—Switzerland, Canton of the Grisons ; 2,500 feet above sea level.

Cold alkaline, earthy and saline waters, with 4 grammes of mineralisation.

*Special indications* : Neuroses, herpes, liver complaints, difficult digestion, chronic vesical catarrh, laryngitis.

**Peissenberg.**—Germany, Bavaria, district of Weilheim ; 1,800 feet above sea level.

Sulphurous waters.

There is an establishment affording fair accommodation.

**Pejo.**—Italy.

Very pure ferruginous waters.

Owing to insufficient means of communication, this water, one of the most easily digested iron waters in Italy, has not received proper attention.

**Pelagio.**—Italy, Tuscany, near Monte Rotondo.

Thermal mixed springs, 90° F.

*Special indications* : Rheumatism, gout.

**Pelago.**—Italy, near Florence.

Mixed carbonate waters.

*Special indications* : Diseases of the bladder, gravel.

**Peleikiton.**—Greece, Morea, near Gythion.

Saline waters.

In use in ancient times, but little visited at present.

**Pembrey.**—Wales, Carmarthenshire.

Sea baths, sandy beach ; climate mild.

*Season* : May—September.

*Doctor* : Dr. Jones.



**Penarth.**—Wales, Glamorganshire, near Cardiff.

Sea baths, shingly beach; climate mild.

Doctor: Dr. Nell.

**Pendine.**—Wales, Carmarthenshire, near St. Clear.

Sea baths, sandy beach, very good bathing; climate mild.

**Penmaenmawr.**—Wales, Carnarvonshire.

Sea baths; sandy beach; climate mild.

Season: July—September.

Doctor: Dr. Hughes.

**Penna (La).**—Italy, the old Pinna Vestina, on the Adriatic.

Muriatic ferruginous waters, 60° F.

Special indications: Anaemia, chlorosis, debility, neurosis, gravel.

**Penna (La).**—Italy, near Genoa.

Saline sulphurous waters, forming a small lake, 65° F.

Used in primitive fashion.

**Penzance.**—England, Cornwall, Land's End.

Climatic air station and sea baths, sandy beach.

Climate mild and invigorating.

Special indications: Chronic affections of the pharynx, larynx, and bronchi.

Very much frequented station.

Doctors: Drs. Couch and Grenfell.

Hotel: The Queen.

**Pergine.**—Italy.

Alkaline ferruginous waters, 60° F.

No establishment, and only used by the surrounding peasantry.

**Perpignan.**—France, Department of Pyrénées Orientales; 28,000 inhabitants; near the Spanish frontier.

This is the Roman *Flavium Eprusum*. Its quaint and curious Spanish and Moorish looking houses give it an oriental appearance.

OBJECTS OF INTEREST: Cathedral of the 14th century; the Citadel close by, Muscum, Theatre, Prefecture, Law Courts; a stopping-place for travellers to Le Boulou, Amélie-les-Bains and other East Pyrenean watering-places.

Hotels: The *Grand Hotel de Perpignan*. A good, comfortable house, overlooking the river; good cooking and cellar. J. Jonca, proprietor.

**Perrière (La).**—France, Savoy, near Moutiers; 1,460 feet above sea level.

Saline waters, 100° F.

The bathing establishment is complete, and offers comfortable accommodation.

**Perruches.**—France, Department of Cantal, near Aurillac.

Carbonate of soda springs, rich in minerals. Have not been accurately analysed.

**Pertinò.**—Italy, Romagna, near Civitella.

Saline-iodurated waters, 60° F.

No establishment. The accommodation is extremely deficient.

**Perugia.**—Italy, capital of Umbria, midway between Florence and Rome ; 18,000 inhabitants ; 1,715 feet above the sea level.

A transitory station of great historical interest.

Perugia is the seat of a prefecture and headquarters of an army division. It is an old Etruscan town, full of interest. There are about 100 churches. Pope Leo XIII. was bishop here for upwards of 20 years.

*Objects of interest :* The episcopal palace, with new façade ; the seminary—both enlarged and renovated by Pope Leo XIII., at his own expense ; Gothic Cathedral of San Lorenzo ; Pinacoteca and University, with very valuable collections ; the Arch of Augustus, the Gallenga, Domini, and Conestabile palace.

The view from the gardens, where the palace of the prefecture stands, on the stately remains of the Paolina fortress, is one of the finest in Italy. The climate is beautiful, and attracts numbers of families during the summer months, from Rome and Florence.

Some very interesting excursions to be made in the environs.

*Hotels :* *Grand Hotel Perugia.* H. Brufani, proprietor.

**Pesaro.**—Italy, 3½ hours by rail from Bologna.

Sea baths ; sandy beach.

No establishments ; great freedom prevails.

**Pescara.**—Italy, 8½ hours rail from Bologna.

Sea baths ; fine beach.

No establishment.

**Pesth.**—Capital of Hungary.

Several ferruginous bicarbonate springs.

**Petersthal.**—Germany, Baden, in the Black Forest.

Bicarbonate of lime silicated waters (0·08 and 0·09 grammes of silicate). Four cold springs, 5 gr. of mineralisation.

*Special indications :* Dyspepsia and gastro-intestinal affections.

A very well managed establishment.

*Doctor :* Dr. Jacgerschmidt.

**Petites Dalles (Les).**—France, Department of Seine Inférieure, from Paris, *viâ Fécamp.*

Sea-baths, sandy beach.

**Petraglià.**—Italy, Sicily, Val di Nolo.

A mineral water spring, the surface of which is covered with petroleum. The water is used as a vermifuge by the surrounding peasantry.

**Petriolo.**—Italy, Tuscany.

Thermal, sulphurous and saline waters, 105° F.

*Special indications* : Rheumatism and herpes.

**Pfäeffers.**—Switzerland, Canton of St. Gall. From Paris, *via* Basle and Zurich ; 2,200 feet above sea level.

Indifferent waters, 90° F. Three springs.

These waters are reputed to be stimulating to the nervous system, and to exercise a beneficial influence on the digestive organs.

*Special indications* : Nervous disorders, hysteria, chlorosis.

The establishment is very good and the situation picturesque.

Scenery wild.

**Pierrefonds.**—France, Department of Oise, near Compiègne.

One cold sulphate of lime spring, analogous to Enghien, and one ferruginous and arsenical.

*Special indications* : Pulmonary catarrh.

The establishment is thorough, and contains, besides all modern appliances, abundant and excellent accommodation.

*Doctor* : Dr. Janvier.

**Pietra.**—Italy, Tuscany, in the Val de Chiana.

Carbonate of lime waters, 37° F. Two grammes of mineralisation.

*Special indications* : Dyspepsia and hepatic obstructions.

**Pietrapola.**—France, Corsica, 30 miles from Corte, 50 miles from Bastia.

Sulphate of soda waters, 80° to 135° F.

Establishment has tanks and douches, and is magnificent.

*Special indications* : Nervous affections and syphilitic lesions.

The springs were much used under the Romans.

**Pigna (La).**—Italy, near Bordighera.

Sulphate of soda waters, 70° F. Not much frequented.

**Pignol.**—Switzerland, Canton of the Grisons, 15 miles from Coire.

Ferruginous magnesian waters.

**Piguien.**—Switzerland, Grisons ; 3,240 feet above sea level.

Earthy, sulphurous, ferruginous waters, 60° F. Milk and whey cure.

The establishment is good and affords comfortable accommodation.

**Pillo.**—Italy, Tuscany, near Gambasti.

Very effervescent ferruginous saline waters, 35° F., with purgative action.

*Special indications* : Gravel and vesical calculi, general debility.

**Pilsen.**—Austria, Bohemia.

Cold sulphate of iron waters.

**Pisa.**—Italy, Tuscany on the Arno, near Leghorn.

Winter station with a sedative climate. 57 days with a clear sky during winter season; damp and steady air. Generally thought a melancholy station. Other statistics are wanting.

*Hotels: Hôtel Victoria and Dell'Arno.*

**Pisciarelli.**—Italy, near Naples, at the foot of Monte Secco.

Sulphate of iron waters, 180° F., and natural steam baths.

The establishments are inadequate.

**Pistyan or Postyén.**—Hungary, on the route from Vienna to Pesth, near Tyrnau.

Earthy, alkaline-ferruginous waters, 135° to 150° F. Mineral muds.

*Special indications:* Cutaneous and rheumatic affections.

*Doctor:* Dr. Wagner.

**Pitigliano.**—Italy.

Earthy saline waters, 105° F.

There is only a natural basin, without any accommodation.

**Pitkeathly.**—Scotland, Perthshire; also known under the name of Bridge of Earn. 1½ mile from Perth.

Saline waters.

Situated in a most picturesque country, and reported to be the most frequented Spa of Scotland.

**Pitlachy.**—Scotland.

The Athole hydropathic establishment.

Very fine Highland scenery.

*Doctor:* Dr. McRoy, M.D.

**Pixigueiro.**—Spain, Province of Orense.

Thermal sulphur springs, 80° F.

**Pizzofalcone.**—Italy, on the road to the Castello dell'Ova.

Alkaline-ferruginous waters.

Only used by the surrounding people.

**Pizzo (Il).**—Italy, Calabria, on the Bay of Euphemia.

Sea baths.

**Pjätigorsk.**—Russia, Caucasus. *See* Beschtua or Maschuka baths.

**Plaine, (La).**—France, Department of Loire.

Cold ferruginous waters. Very little used.

**Planchamps.**—France, Savoy, near Rumelly.

Ferruginous alkaline springs.

**Plan de Phazy.**—France, Hautes Alpes.

Thermal ferruginous saline waters, 90° F.

The establishment is inadequate.

**Plan (Le).**—France, Department of Haute Garonne, near Mured.

Cold ferruginous waters.



**Platimgan.**—Island of Java, East Indies.

Saline waters, 105° F.

**Plaue.**—Germany, Principality of Schwarzburg-Rudolstadt,      ngia  
Saline waters, 65° F.

The establishments and arrangements are not of the best.

**Plombières.**—France, Department of Vosges, near Aillevillers; 1,33 feet above sea level; 1,800 inhabitants. For routes see table.

Various waters, with a mineral basis of soda and sulphur, 175° F.; together with ferruginous cold waters, 30° F. Milk and whey cure; complete hydropathic establishment; climatic station; natural gas baths.

*Season* : May 15th—September 30th.

*Number of Visitors* : About 8,000 in the season.

*Special indications* : General debility and inaction of the skin, rachitis, anæmia, chlorosis, scrofula, chronic rheumatism and gout, chronic nervous diseases, intestinal congestions, hysteria, partial and local paralysis, contractions, ankylosis and articular complaints, hemiplegia and paraplegia, skin diseases, dyspepsia, chronic diarrhœa, intermittent fevers, hepatic colic, uterine catarrh, leucorrhœa, sterility, dissminorrhœa, chorea.

The waters of Plombières were well known to the ancient Romans, and were used by them, as the ruined baths testify. It is a neat little town, situate in a valley very picturesque and beautiful. There are six bathing establishments : The Bains Napoléon, Bain Imperial, Bain Temperé, Bains des Capucins, Bains Romains and Bains des Dames, all very well fitted up. The first is the most complete; the Bains Romains the most elegant. There is also a military hospital.

The approach to Plombières is very striking. Coming from Epinal, the steam as it rises seems to issue from some vast crater. Gradually the roofs, then the houses and other objects become visible. The climate is hot in the day, with cool mornings and evenings.

The surrounding country is highly cultivated to a certain elevation, above which the forests spread. The excursions are numerous, and there are some interesting ruins in the neighbourhood. Residence on the whole is pleasant enough.

There is a Casino open from 1st June till 15th of September. Reading-room under the Colonnades. Concerts and balls form the chief amusements, and the interior arrangements leave nothing to be desired. The promenades are fine.

*Post and Telegraph Office.*

*Doctors* : Drs. Lietard (Inspector), Bottentint and Leclerc.

*Hotels* : The Grand, Hôtel Stanislas.

**Plymouth.**—England, Devonshire.

Sea baths. The beach is rough. The climate is mild, but damp and relaxing, rain being prevalent.

*Doctors* : Drs. Harper and Eccles.

*Hotel* : The *Duke of Cornwall*.

**Po-Csevicze.**—Austria-Hungary, comitat of Gömör, near Balogfalu.

Effervescent earthy ferruginous waters.

The establishment is inferior. Little or no accommodation.

**Poggeto-Theniers.**—France, Department of Alpes Maritimes, near Nice.

Sulphate of iron waters. Owing to the great amount of sulphate of iron which they contain, these waters must be taken with discretion.

**Poggetti.**—Italy, Tuscany, Val d'Ombrone.

Ferruginous earthy saline waters, 85° F.

Very primitive arrangements. Recommended in cases of gravel and vesical calculus.

**Poggibonzi.**—Italy, Tuscany; station on the railway from Florence to Siena.

Cold saline waters; purgative action.

**Poggio Curatale.**—Italy, near Fiora.

Effervescent ferruginous waters.

Primitive appliances.

**Poggio Pinci.**—Italy, Tuscany, Val d'Ombrone.

Ferruginous waters. Little used.

**Poggio Rosso.**—Italy, near Arezzo.

Saline waters. Not used.

**Pojan.**—Austria, Transylvania, comitat of Haromszek.

Effervescent ferruginous waters.

The establishment is primitive.

**Polena.**—Austria, Hungary, comitat Bereg.

Alkali, saline, ferruginous waters.

Largely exported. No arrangements.

**Polzin.**—Germany, Prussia, circuit of Cöslin on the Wugger.

Effervescent ferruginous waters.

*Season* : May—September. Much frequented.

The establishments are all very good, and the accommodation comfortable, abundant and moderate in price.

There are electric, pine-cone and mud baths.

**Pomaret.**—France, Department of Gard.

Sulphurous waters, 65° to 70° F.

Used by the surrounding inhabitants in cases of skin disease, gravel, and constipation.

**Pongyelok.**—Austria-Hungary, near the Puszta-Mastineez.

Effervescent earthy waters.

*Special indications:* Hypertrophy of liver and spleen, hypochondriasis and urinary disorders.

**Pontaillac.**—France, Department of Charente Inférieure, near Royan.

Sea baths; sandy beach.

**Pontamafrey.**—France, Savoy, near St. Jean de Maurienne.

Cold saline waters, containing iodide, iron and arsenic.

**Pont à Mousson.**—France, Department of Meurthe.

Four ferruginous springs, used only by the peasantry in cases of chlorosis.

**ontano.**—Italy, island of Isehia.

Earthy ferruginous waters, 90° F.

No establishment.

**Pont de Bared.**—France, Department of Drôme, near Dieu-le-Fit.

Bicarbonate of lime and magnesian springs.

*Special indications:* Dyspepsia and gravel.

**Pontresina.**—Switzerland, Canton of Grisons, Upper Engadine; 5,915 feet above the sea level, one hour's walk from St. Moritz. For routes see table.

Climatic mountain station.

*Special indications:* Nervous disorders, scrofula, anæmia, chlorosis, asthma, rhachitis and phthisis, in its earliest stages, convalescence.

Pontresina, with 400 inhabitants, is one of the oldest communes of the Upper Engadine Valley. Its situation is beautiful, and the scenery is magnificent.

*English Church.*

*Post and Telegraph Office.*

*Banker and Exchange Office:* C. Gredig-Enderlin.

*Doctor:* Dr. J. M. Ludwig, who speaks English.

*Hotel:* The *Hôtel Enderlin*, a first class house in an open and healthy position, with a magnificent view towards the mountains and glaciers. Especially adapted for private families. A splendid suite of public rooms with library; baths. Drainage and ventilation on most improved principles; full southern aspect. For further particulars apply to C. Gredig-Enderlin, formerly at the *Crown Hotel*.

**Pontrieux.**—France, Department of Côtes du Nord, near St. Brienne.

Sea baths; sandy beach.

**Ponts, Les.**—Switzerland, Canton of Neuchâtel.

Cold sulphate of lime waters.

A fairly frequented station.

**Popoli.**—Italy, Abruzzo, between Pescara and Aquila.

Sulphurous ferruginous waters, not thoroughly analysed; used in drinking and bathing.

*Special indications*: Rheumatism, skin diseases, uterine and intestinal affections, chronic vesical catarrhs.

No bathing establishment. The springs being close to the town, visitors reside here and walk or drive to the baths.

**Porla.**—Sweden, District of Örebro, Westmanland.

Cold ferruginous waters.

These waters are highly yellow; Berzelius, when analysing them, discovered two new acids, viz., eremie and apocremic.

*Special indications*: Chlorosis, serofula.

A well frequented station, with good establishment.

**Pornie.**—France, Department of Loire Inférieure, in front of the Island of Noirmontiers.

Sea baths, fine sandy beach; a good establishment, having a casino with concert, reading, and assembly-rooms.

**Porretta (La).**—Central Italy, between Pistoia and Bologna.

Thermal sulphurous saline waters and mud baths.

A well kept and much frequented establishment.

**Port Bail.**—France, Department of La Manche, *viâ* Valognes.

Sea baths, sandy beach.

**Porte.**—France, Corsica.

Ferruginous bicarbonate waters, 35° F.

**Port-en-Bessin.**—France, Department of Calvados, *viâ* Bayeux.

Sea baths, very fine beach.

**Portland.**—England, south coast.

Sea baths.

Very salubrious climate.

**Portobello.**—Scotland, a suburb of Edinburgh.

Sea baths, firm sandy beach; ferruginous waters at Joppa.

Climate bracing.

*Doctor*: Dr. Balfour.

**Portoria.**—Spain, Province of Galicia.

Sulphurous waters, 100° F.

No establishment, and little used.

**Port Rush.**—Ireland, County of Antrim.

Sea baths, sandy beach, pure air.

*Doctor*: Dr. Gibson.

**Port Said.**—Egypt, on the Mediterranean Sea, at the entrance of the Suez Canal.

Sea baths.

*Hotel*: *Des Pays bas*.



**Port Steward.**—Ireland, County of Londonderry.

Sea bathing, sandy beach, air bracing.

*Season* : June—September.

*Doctor* : Dr. Campbell.

**Port Thareau.**—France, Department of Nièvre.

Cold ferruginous bicarbonate waters.

**Portugos.**—Spain, Province of Granada.

Cold ferruginous bicarbonate waters. Much used by the surrounding peasantry.

**Posehiavo.**—Switzerland, Canton of the Grisons; 2,300 feet above sea level.

Cold sulphurous waters.

A well-appointed establishment.

**Pötsehnig.**—Austria-Hungary, one hour from Oedenburg.

Alkali-saline, ferruginous waters, 55° F.

*Special indications* : Affections of the spinal cord, nervous debility, hysteria, spleen and liver complaints.

The establishment is good, and has comfortable accommodation; moderate prices. The site is charming.

**Potsdam.**—Germany, Prussia, near Berlin.

Cold ferruginous bicarbonate waters.

**Pougues.**—France, Nièvre, near Nevers. For routes see table.

Mixed bicarbonate ferruginous gaseous waters.

*Special indications* : Affections of the digestive organs.

Very well managed establishment. Complete balneal appliances.

*Doctor* : Dr. Logerais.

**Pouillon.**—France, Department of Landes.

Saline waters, 50° F.

*Special indications* : Rheumatism, serofula, ague.

*Doctor* : Dr. Landry.

**Pouliguen.**—France, Department of Loire Inférieure, near Savenay.

Sea baths, sandy beach.

**Pouroille.**—France, Department of Seine Inférieure.

Sea baths.

**Pozo-Amargo.**—Spain, Province of Sevilla.

Sulphurous springs, 50° F.

**Pozzuoli.**—Italy, near Naples, on the road to Bajä.

Sulphurous saline waters, 80° F.

*Special indications* : Gout, rheumatism, serofula, skin diseases.

Establishments open all the year; in the vicinity are the "Stufe di Nerone." (See these.)

**Prades-Vernet.**—France, Department of Ardèche, near Vals.  
Bicarbonate of iron water, effervescing.

**Prague or Prag.**—Capital of Bohemia. From Paris, *viâ* Strasburg, Kehl Wurzburg, 38 hours. 161 fr. 1st class.

Prague stands on both banks of the Moldau, and is the second city in the German provinces of Austria. It is a town of great antiquity and possesses quite an Oriental look.

**OBJECTS OF INTEREST.**—The Hradsehin, or Royal Palace on the hill, Cathedral of St. Vitus, Palace of the Grand Duke of Tuscany, the Carolinum is the oldest university in Germany, Clementinum or university for theology, Tihen Church, Town Hall, Museum, Library, Military Hospital, House of Correction, Lunatic Asylum, Wisserrad, Czernin Palace, Wallenstein Palace.

**CABS:** Two horses, 1 fr. 25 c.; half a day in the town, 10 fr.

**Post-office and Telegraph:** At the station.

**Hotels:** *Blue Star, Golden Angel, Stadt Wien, de l'Angleterre, Kaiser von Oesterreich.*

**Preblau.**—Austria, Carynthia, near Wolfsberg.

Alkaline waters. Climatic air station. The waters are exported.

**Season:** May—October.

**Special indications:** Chronic stomachic catarrhs, pyelitis, gravel, and vesical catarrh.

The situation of Preblau is very romantic and charming. The surrounding mountains and hills are clad with pine and fir trees. The establishments are elegant and thoroughly complete. The accommodation is according to modern requirements, and not excessive in price.

The “Gillitshhof” is a kurhaus and hotel combined.

**Prehac.**—France, Department of Landes, near Dax.

Cold saline waters, 130° to 140° F. Mud baths.

Small establishment. The surrounding country being much exposed to inundations, the town is little visited.

**Prelo.**—Spain, Province of Oviedo, near Boal.

Alkaline cold waters.

**Special indications:** Herpes, serofula, syphilis, intestinal obstructions.

The establishment is not entirely up to the requirements of modern balneology. The accommodation is good and very cheap.

**Doctor:** Dr. Langurjo.

**Prenzlau.**—Germany, Prussia, Province of Brandenburg, Uckermark.

Effervescent ferruginous waters.

The establishment is good, and much frequented by the people of Berlin.

**Pré St. Didier.**—Italy, Sardinia, Val d'Entrèves; 3,110 feet above sea level.

Saline earthy waters, 95° F.

A good establishment. The water is used only in baths.

**Preste (La).**—France, Department of Pyrénées Orientales, on the route from Perpignan to Amelie les Bains.

Inert waters, from 90° to 105° F.

*Special indications:* Diseases of the urinary organs, gravel and catarrh of the bladder.

Very efficacious, but insufficiently known.

The establishment is good, the site picturesque, and the vegetation luxurious.

**Pretiolo.**—Italy, Tuscany, Valley of the Cecina.

Sulphurous waters, 110° F.

Formerly in great repute; it is now little visited. The establishment is old.

**Prodersdorf.**—Hungary, comitat of Oedenburg.

Sulphate of lime waters, 60° F.

*Special indications:* Rheumatism, herpes.

**Prompsad.**—France, Department of Puy de Dôme, near Riom.

Lithium and phosphate of iron waters, 50° F.

**Propiac.**—France, Department of Vaucluse, near Merindol.

Sulphate of lime waters.

**Provins.**—France, Department of Seine and Marne, 2½ hours from Paris.

Cold ferruginous waters.

There is a good establishment.

**Prugues.**—France, Department of Aveyron, near Comares.

Cold bicarbonate of iron waters.

**Prutzerbad.**—Austria, Tyrol, Upper Inn Valley.

Alkali-saline waters. Effervescent.

Long used, but never properly worked.

**Psekups-Springs.**—Russia, Caucasia, near Eisk and Jekatherinodar.

Sulphurous waters, 65° to 140° F.

The country is very charming, and the place much frequented. The establishment is good and well-appointed.

**Puda (La).**—Spain, Province of Barcelona.

Sulphate of lime and saline waters, 70° F.

*Special indications:* Herpes, scrofula, bronchial catarrh.

Very well-appointed establishments, and good accommodation.

*Doctor:* Dr. Gongona y Joanico.

**Puente Viesgo.**—Spain, Province of Santander, on the road to Burgos.  
 Saline waters, 85° F.  
*Special indications:* Rheumatism.  
 A fine situation, with a well-frequented bathing establishment.  
*Doctor:* Dr. de Rugama.

**Puertolano.**—Spain, Province of Ciudad-Real.  
 Ferruginous bicarbonate waters, 50° F.  
*Special indications:* Dyspepsia and diseases of the uterus.  
*Doctors:* Dr. Mestre y Marzal.

**Püllna.**—Austria, Bohemia, near Brück.  
 Bitter waters. Exported since last century. The exportation reaches annually more than 4,000,000 bottles. Prize medals: Universal Exhibition of Philadelphia, 1876; Paris, 1878; Sydney, 1879; Melbourne, 1880; Eger, 1881; Trieste, 1882; Vienna, 1883; Amsterdam, 1883; Calcutta, 1883-84, 1st Class diplöma and silver medal.  
 One of the best and mildest preservatives and remedies against diseases of the digestive organs, constipation, congestions, liver and bladder complaints, nervous disorders, obesity, diseases of the eye, headache, giddiness, dyspnœa, gastritis.

To be had from all chemists and mineral water merchants in the world, and at Püllna from the Communal Bitter-water Director, M. Anton Ulbrich, son of the Founder.

There are no bathing or drinking establishments at Püllna, the whole range of buildings being adapted only for bottling the water. Treatment is not carried out at Püllna itself.

**Puttbus.**—See Friedrich-Wilhelmsbad.

**Uzziehella.**—France, Corsica, Arrondissement of Corte.  
 Two springs, one sulphurous, and the other ferruginous.  
 Small establishment, where mud baths are also administered.  
*Special indications:* Skin diseases and hæmorrhoidal affections.  
 The scenery is charming, and a sojourn agreeable but quiet.

**Uzzola di Pienza.**—Italy, near Pienza.  
 Sulphate of iron waters. Effervescent.  
 No establishment.

**Pwllheli.**—Wales, Carnarvonshire.  
 Sea baths, fine sandy beach. Climate mild.  
*Season:* June—September.  
*Doctor:* Dr. Hughes.



**Pyrawarth.**—Austria, Lower Austria, two hours from Vienna.

Chalybeate waters. Climatic station.

*Season* : May—October.

The establishment is very elegant, and is situated in a beautiful park. The Kurhaus is close by, and has ball, theatre, concert and reading-rooms.

The scenery is very charming, and the end of a visit is generally looked to with regret.

**Pymont.**—Germany, Principality of Waldeck-Pymont, on the Emmer, near Hanover, 2,000 inhabitants. For routes see table.

Chalybeate waters of importance and considerable reputation; effervescent saline waters, brine baths, inhalations.

*Season* : 15th May—1st October.

*Number of Visitors* : Above 14,000 annually.

*Special indications* : Female complaints, especially anæmia, chlorosis, scrofula, stomacic and intestinal catarrhs, obesity, affections of spleen and liver.

Pymont is one of the oldest and most renowned bathing places in Germany. It is beautifully situated in the Emmer valley, a charming portion of the native country of H.R.H. the Duchess of Albany.

*English Church.*

*Post and Telegraph Office.*

*Dentist* : H. Brandt.

*Doctors* : Drs. Schücking, Köhler, Lynker, Lahs and Weitz.

*Hotels* : The *Grand Hotel des Bains* ; good attention and a beautiful view of the mountains. Völkers Bros.

**Queenstown.**—Ireland, county Cork.

Sea baths, good sandy beach. Climate mild and equable.

*Season* : June—September.

*Doctor* : Dr. Allen.

**Querzola.**—Italy, Parma, near Reggio, at the foot of the Apennines.

Alkali-saline waters, mud baths.

Primitive arrangements.

**Quez.**—France, Department of Pyrénées Orientales, near Latour.

Sulphurous waters, 65° F.

No establishment, and little used.

**Quinéville.**—France, Department of La Manche, *viâ* Valognes.

Sea baths, sandy beach.

**Quinto.**—Spain, Province of Saragozza, on the right bank of the Ebro.

Saline earthy bitter waters, 60° F.

*Special indications* : Affections of the digestive organs, syphilis, rheumatism, skin diseases.

A well-attended station.

The situation is lovely. The establishment modern and elegant. There is ample accommodation for every class of visitor.

*Doctor* : Dr. Iborra.

**Rabbi.**—Austria, Tyrol, Valley of Rabbi, near Trient; 2,800 feet above sea level.

Cold ferruginous waters. Whey cure.

The establishments are elegant and comfortable, and the accommodation abundant.

**Rabka.**—Austria-Hungary, Galicia, near Makow.

Iodo-bromurated saline waters, very effervescent.

The establishments are not entirely in accordance with modern requirements. The place, however, is much frequented.

**Raddusa.**—Italy.

Sulphurous and saline waters.

Little used, and scarcely known beyond the immediate neighbourhood.

**Radeberg.**—Germany, Kingdom of Saxony, one hour from Dresden.

Earthy saline ferruginous waters and mud baths.

*Season* : June—October.

The establishments are fitted with all modern requirements. The accommodation is comfortable and moderate in price. The situation is picturesque, and the walks and drives are numerous and well kept.

**Radein.**—Austria, Styria, 3 hours from Gleichenberg.

Saline, iodo-bromurated waters, largely exported.

The water-drinking establishments are modern, and the accommodation good.

**Ragatz.**—Switzerland, adjoining Pfeffers.

Supplied by the indifferent waters of Pfeffers.

More frequented on account of the scenery than for the efficacy of the waters.

**Rajecz-Tepplitz.**—Hungary, comitat of Trentschin, near Sillein, 1,300 feet above sea level.

Mixed waters, 80° to 95° F., containing alum and iron.

A well-frequented station. The site is charming.

*Doctor* : Dr. Telek.

**Rakós.**—Austria-Hungary, Transylvania, district of Csik.

Effervescent ferruginous waters, used only by the peasantry.

**Ramleh.**—Egypt, on the Mediterranean, North-east of Alexandria.

A summer station for patients desirous of remaining in Egypt during the hot season.

*Hotel* : *Beau Séjour*.

**Ramlöza.**—Sweden, near Helsingborg, 4 miles from Kopenhagen.  
Ferruginous spring and sea baths.

**Ramsay.**—England, Isle of Man, on the North-east coast.  
Sea baths; sandy level beach.  
Climate healthy and bracing.  
*Season*: June—September.  
*Doctor*: Dr. Ashdown.  
*Hotels*: The *Albert*.

**Ramsgate.**—England, Kent.  
Sea baths, sandy beach. Climate warm and bracing.  
*Season*: June—September.  
*Doctor*: Dr. Curling.

**Randamel.**—Iceland, District of Vestfirðinga Fiordunger.  
Ferruginous waters, 45° to 60° F.  
The most frequented of any springs in Iceland.

**Ranigsdorf.**—Austria, Moravia, District of Ollmütz, near Trübau.  
Effervescent ferruginous waters.  
The establishment is good.

**Ransbad.**—Switzerland, Canton St. Gall, near Sevelen.  
Earthy waters. Little used.

**Rapolano.**—Italy, Tuscany, on the road to Siena.  
Thermal saline sulphurous springs. 95° F.  
*Season*: July—August.  
*Special indications*: Herpes, gravel and vesical calculus.  
A well-frequented station.

**Rappalo.**—Italy, Riviera di Levante, 1½ hours from Genoa; 11,000 inhabitants.

Winter station.

There is as yet little hotel accommodation; owing, however, to its sheltered position and beautiful vegetation, Rappalo has a future.

**Rappenau.**—Germany, Baden, on the road from Heidelberg to Heilbronn.  
Saline waters.

**Rastenberg.**—Germany, Thuringia.  
Chalybeate waters.

*Special indications*: Scorbutus, dropsy, disorders of the blood, gout, rheumatism, hysteria, hypochondriasis.  
Also saline, sulphur, and pine-cone sap baths.  
*Doctor*: Dr. Kiel.  
*Hotel*: Bath, *Kurhaus*.

**Ratzes.**—Austria, Tyrol, 5 hours from Botzen.

Ferruginous and sulphurous waters.

The climate being somewhat severe, the place is little frequented.

**Ravone-in-Casaglia.**—Italy, Province of Bologna, near Modena. For routes see table.

Saline strongly iodurated waters; used in bathing and drinking.

Notwithstanding the fact that there is no bathing establishment, the place is much frequented for the beauty of its environs.

The waters are said to be superior to those of Montecatini.

**Recklinghausen.**—Germany, Prussian Province of Westphalia, District of Münster.

Saline waters.

The establishment is good, and situated in the midst of pine and beech woods. Very quiet.

**Recoaro.**—Italy, Lombardy, Province of Vicenza; 6,000 inhabitants; 1,470 feet above sea level. Railway to Vicenza, thence by steam tramway.

Alkaline, acidulated ferruginous waters, 45° F., and mud baths.

*Special indications:* Chronic and nervous debility, female diseases, obesity, anæmia, chlorosis, gravel and vesical calculus, congestion of the liver, biliary calculi, hæmorrhoidal complaints, intestinal and stomachic catarrhs.

Post and Telegraph Office close to the bathing establishment.

*Doctors:* Drs. Chiminelli and Schivardi.

*Hotels:* The *Grand Hôtel des Bains A. Visentini*; *Hôtel Giorgetti* and *Hôtel de l'Europe*.

**Redcar.**—England, Yorkshire, on the North Sea, near Gainsborough.

Sea baths; flat sandy beach.

*Season:* May—September.

*Doctor:* Dr. Bennett.

**Rede de Corvaçeira.**—Portugal, Province of Traz os Montes.

Sulphurous waters, 105° F.

Primitive establishments.

**Redruth.**—England, Cornwall.

Saline and sulphate of lime waters; very rich in lithium.

Deserve to be better known.

**Regneville.**—France, Department of La Manche.

Sea baths; sandy and shingly beach. Oyster beds.



**Rehburg.**—Germany, Hanover.

Cold carbonic and sulphate of lime waters. Mineral and mud baths.

*Doctors* : Drs. Michaelis and Kaatzcr.

*Hotel* : *Kurhaus*.

**Rehme.**—Germany, Westphalia, on the railway from Cologne to Berlin.

Saline waters, 75° F.

Inhalation hall; very fine *Kurhaus*.

**Reiboldsgrün.**—Germany, Saxony, near Auerbach; 2,100 feet above sea level.

Climatic mountain station and ferruginous waters.

The establishment and accommodation are good.

**Reichenau.**—Austria, 2½ hours from Vienna by South Austrian Railway.

Climatic station in summer; whey cure; hydropathic establishment.

The establishment is thoroughly well fitted up; situated in a fine park, and contains concert, assembly, and reading-rooms. It likewise affords comfortable accommodation.

**Reichenhall.**—Germany, Upper Bavaria, near Salzburg; 1,400 feet above sea level. For routes see table.

Saline waters. Very important air cure station.

*Special indications* : Lymphatic disease, serofula.

Whey cure and pine-cone baths; inhalations of brine-saturated air. The spring has from 22 to 24 per cent. of saline contents. Beautifully situated near Berchtesgaden and the Königs Sea; most picturesque country. But Reichenhall is chiefly valuable as a transitory station to patients returning from or going to Italy.

*Doctors* : Drs. Paehmayr, Rapp, von Liebig (in Munich in winter) and Burdach.

*Hotel* : *Burkert*.

**Reinerz.**—Germany, Silesia; 1,750 feet above sea level; near Nachod.

Alkali-saline ferruginous waters, 20° to 45° F.

The climate materially assists the waters in cases of general debility.

Everything is well-appointed.

*Doctor* : Dr. Seechi.

**Remollion.**—France, Department of Hautes Alpes, near Embrun.

Carbonate of lime and sulphate of magnesia springs; 7 grs. of mineralisation.

**Renaissou.**—France, Department of Loire, near Roanne, near St. Alban and St. Galmier.

Mixed bicarbonate waters, only for table use.

**Renlaigne.**—France, Department of Puy de Dôme.

Cold ferruginous waters, more effervescent than the Orezza waters.

**Rennes-les-Bains.**—France, Department of Aude, near Limoux ; 1,000 feet above sea level.

Sulphate of lime and magnesia ferruginous waters. Five springs, from 30° to 130° F.

*Special indications* : Atony, paralysis, rheumatism, anchylosis, scrofula, lymphatic affections.

Well appointed.

Very mild climate. The place is charmingly situated, and is a much frequented station.

**Retorbido.**—Italy, Piedmont.

Saline sulphurous waters, 50° F.

*Special indications* : Hypertrophy of liver and spleen, scrofula, lithiasis, skin diseases.

The establishment is inadequate to the requirements of the place.

**Reutlingen.**—Germany, Württemberg, near Stuttgart ; 1,170 feet above sea level.

Cold sulphurous bicarbonate waters ; whey curc.

Insufficient arrangements.

**Reyrieux.**—France, Department of Ain, near Trevaux.

Strong sulphurous and ferruginous waters.

**Rheinfelden.**—Switzerland, near Basle ; 890 feet above sea level.

Saline waters and brine baths.

The establishments are good, and fair accommodation can be had.

**Rhyl.**—Wales, Flintshire, near Chester.

Sea baths ; hard sandy beach ; climate mild.

Concerts on pier and promenade.

*Season* : June—September.

*Doctor* : Dr. Griddlestone.

*Hotel* : The Belvoir.

**Riando.**—Italy, Piedmont, on the Volturno.

Saline waters.

The establishment is of the most primitive kind.

**Riedbad.**—Switzerland, Canton of Appenzell ; 2,610 feet above sea-level half-hour from Appenzell.

Alkali-saline sulphurous waters.

Were used so long ago as the 16th century ; the establishment is good.

**Rietenau.**—Germany, Württemberg, near Marbach.

Effervescent saline earthy waters.

The establishment and accommodation are good.

**Rieumajou.**—France, Department of Hérault, near Salavat.

Several cold bicarbonate of lime springs.

*Special indications:* Affections of the urinary organs, dyspepsia.

**Riga.**—Russia, on the Baltic.

Sulphureous waters, 35° F.

The establishment is fairly good.

**Rigi Scheideck.**—Switzerland, on the Lake of Lucerne; 5,073 feet above sea level.

Ferruginous waters.

Alpine air cure; goats' and cows' whey. More frequented for its beautiful scenery.

**Riguardo.**—Italy, valley of the Era.

Ferruginous muriatic waters, 55° F.

The establishment is inferior, but the place is well-frequented.

**Rima-Brezó.**—Austria-Hungary, comitat of Kaschau.

Effervescing ferruginous waters.

Used in primitive fashion.

**Rimini.**—Italy, on the Adriatic, rail from Bologna to Ancona.

Sea bathing; sandy beach.

*Season:* June—October.

Splendid and well-appointed bathing establishments. Very healthy climate. It is the sea-side resort of Italian society.

**Rio.**—Italy, Island of Elba.

Sulphate of iron waters, 65° F.

There is no establishment, and the bathing appliances are very rough.

**Riolo.**—Italy, Province of Ravenna, near Castel Bolognese,  $\frac{1}{4}$ -hour from Bologna,  $\frac{1}{4}$ -hour carriage from Castel Bolognese; 760 feet above sea level.

Chalybeate, sulphureous and saline waters; several springs hydropathic establishment; inhalation.

*Season:* June 15th—September 15th.

*Special indications:* Chlorosis, leucorrhœa, vesical disorders when not connected with organic diseases, for the chalybeate springs; affections of larynx and pharynx, chronic affections of the skin, gout, rheumatism for the sulphurous; stomacheic, intestinal and female complaints for the saline waters.

The bathing establishment is one of the best in Italy, and is fitted with all modern appliances. It is situated in a large

park, surrounded by villas and gardens. The resinous atmosphere of the pine forests on the surrounding hills is very suitable to patients suffering from chest and lung affections, or nervous disorders.

Hotels and villas, as also the establishment, afford abundant and comfortable accommodation at moderate prices. Highest inclusive charge, 12 fes. per day.

The village is *clean*, and picturesque as are all Italian country places. Promenades and excursions are abundant.

Post and Telegraph office.

Yearly number of visitors, 5,000.

Concerts, illuminations, fêtes champêtres, &c., are the chief amusements.

*Doctor*: Dr. Mezzini.

**Rio-Mayor.**—Portugal, Estremadura, near Santarem.

Cold saline springs.

**Rio-Meo.**—Italy, District of Vernio.

Alkaline waters.

Primitive arrangements.

**Rio-Real.**—Portugal, Estremadura.

Sulphurous waters, 60° F.

**Rio-Sordo.**—Italy.

Saline waters.

Inadequate arrangements.

**Rio-Tinto.**—Spain, Province of Huelva.

Sulphate of iron waters, 14 grs. of mineralisation.

The proximity of copper and iron mines explains the mineralisation of these waters.

**Rio-Vinagre.**—South America, New Granada, Boyaca; 9,800 feet above sea level, at the foot of the volcano.

Thermal waters, 175° F., containing sulphuric acid, 1.11 gr., hydrochloric acid, 0.91.

These waters are analogous to those of the Parama de Ruiz.

**Rippoldsau.**—Germany, Baden, in the Black Forest; about 2,000 feet above the sea level. For routes see table.

Saline chalybeate waters, very effervescent, containing sulphate of magnesia in large quantities; whey cure, milk cure and hydropathy. Climatic station of first importance, owing to the surrounding pine woods. The water is exported.

*Season*: May 15th—September 30th. Number of visitors annually from 2,000 to 3,000.

*Special indications*: Indigestion, dyspepsia, disorders of the stomach, plethora abdominalis, hæmorrhoids, constipation, hepatic disorders, nervous complaints, hypochondria, hysteria, asthma, anæmia and chlorosis, general debility, irregular



menstruation, glandular swellings, intestinal obstructions, gout and rheumatic affections of the mucous membrane.

The situation of Rippoldsau is very charming, at the foot of the Kniebis, the highest mountain in the Black Forest. The scenery is wild and romantic, precipices, ravines and waterfalls, alternate with meadows and pleasant homesteads, on the borders of an ubiquitous pine forest. Rippoldsau is one of those spots which, though easy enough of access, convey to the visitor the sensation of being at an infinite distance from the turmoil of cities and civilised life. Though nature has so amply provided for this beautiful spot, art has also aided. The gardens, avenues of trees, parks and walks over the hills have been laid out with great care and skill. All things considered, Rippoldsau is the spot in which to pass a few weeks in summer, for rest and retirement apart from all considerations of health.

Rippoldsau is a small village with 820 inhabitants, who still dress in the picturesque Black Forest costume, and the whole place gives an idea of rural simplicity scarcely to be found, perhaps, elsewhere. The avenue of limes in front of the baths is the rendezvous of visitors.

Some portions of the bathing establishment are modern, while others preserve their original and archaic characters.

The excursions are very varied, and extend through the whole Black Forest. Amusements are likewise provided for; a Bohemian band plays three times daily. The buildings are all connected by covered passages, and communicate by means of electric bells. They contain large dining-rooms, ladies' room, music, coffee, reading, smoking and billiard-rooms and a large lawn tennis ground. The whole is lighted by petroleum gas. Balls and dances are given from time to time.

Post and telegraph office in the hotel.

*Doctor* : Dr. Feyerlin (Medicinalrath), who speaks English.

*Hotel* : The establishment affords first-class accommodation, and is supplied from its own farm with dairy produce. The kitchen and cellar are both very good, and the attendance perfect. There are close upon 300 rooms in the various buildings. Otto Goeringer, proprietor.

**Rita.**—Italy, island of Ischia.

Ferruginous alkali-saline waters, 155° F.

Excellent water, but nothing has been done to attract visitors.

No establishment.

**Riva.**—Austria, Tyrol, on the Lake of Garda.

Climatic station.

*Season* : Spring and autumn.

The climate is windy and changeable; the scenery around is picturesque. This station is little frequented.

**Riva-los-Baños.**—Spain, province of Logroño, near Torrecilla de Cameros.

Alkaline waters, 70° F., contains a little iron.

*Special indications* : Dyspepsia, gastralgia, liver and spleen affections, chlorosis, anæmia, vesical catarrh, calculus.

The establishment is modern, and situated in a large park. The accommodation is cheap and good.

*Doctor* : Dr. Menendez Tejo.

**Rivera.**—Spain, Province of Jaen.

Sulphate of lime waters, 45° F.

*Special indications* : Skin diseases.

**Roccabigliera.**—France, Department of Sea Alps, near Nice, on the left bank of the Vesubia.

Sulphate of lime waters, 80° F.

The arrangements are very primitive, and little is done to attract visitors.

**Rocca San Felice.**—Italy.

Alkali-saline waters, 95° F.

The establishment is very inadequate.

The waters are used internally and externally.

**Rodenberg.**—Germany, Hessen.

Saline waters, brine baths, 60° F.

The establishment is tolerable, and the accommodation moderate.

**Rodna.**—Austria-Hungary, Transylvania, on the frontier of Moldavia.

Highly effervescing alkaline ferruginous waters, 7 gr. of mineralisation. Exported.

*Special indications* : Catarrhal affections, anæmia, chlorosis.

Good arrangements, and comfortable accommodation at moderate rates.

**Roggendorf.**—Austria, Danubian Provinces.

Sulphate of sodium and magnesia waters ; purgative action.

**Rohitsch.**—Austria, Styria, on the Croatian Frontier in the Noric Alps.

Cold effervescent saline ferruginous waters. Exported.

*Special indications* : Intestinal atony and mucous catarrhs.

Very good arrangements. The site is picturesque.

*Doctors* : Drs. Glax and Hoisel.

*Hotel* : Kurhaus.

**Rohnau.**—Germany, Silesia, district of Landshut.

Ferruginous sulphurous waters.

The establishment is good, and affords comfortable accommodation.

**Roigheim.**—Germany, Württemberg, near Möckmühl.

Cold sulphate of lime waters.

A small establishment; very quiet.

**Roisdorf.**—Germany, Rhenish Prussia, near Bonn.

Cold effervescing alkali-saline and chalybeate waters.

Only for table use and exportation.

**Rolle.**—Switzerland, Canton of Vaud, on the borders of the Lake of Geneva; 1,600 feet above sea level.

Alkali-saline ferruginous waters.

*Special indications:* Catarrh of the uterus.

**Romagna.**—Italy, Tuscany.

Thermal mixed carbonic waters, 105° F.

**Rombole.**—Italy, Tuscany, near Rappolano.

Sulphate of lime waters, 90° F.

Primitive establishment.

**Rome.**—Italy, Capital, 250,000 inhabitants. For routes see table.

Winter station of first importance.

*Season:* October to May. Principal months: March to May.

*Special indications:* Debility and scrofula in children, bronchial chronic catarrh, emphysema. The climate is sedative to the nerves and respiratory organs.

Mean winter temperature 45° to 50° F., mean barometric pressure 756·8; relative humidity of the air, 74% in winter; in summer, 57%. The climate is therefore damper than that of the Riviera, and dryer than that of Venice and Pisa. High winds are prevalent during the season. Weather statistics: 92 days with cloudless sky, 81 dull, and 72 rainy, out of the 245 days of the season.

Patients arriving in Rome should first consult their doctor before engaging an apartment for the winter; this is essential, on account of the fevers which are endemic in some quarters of the city.

The drinking-water is excellent. The promenades on the Monte-Pincio are well kept, and invaluable to patients requiring out-door exercise.

Rome is the most celebrated of European cities, alike famous in ancient and modern story. Since 1871 it has been the capital of the Italian kingdom. It is situated on seven hills, on both banks of the Tiber, and 16 miles from its mouth.

**OBJECTS OF INTEREST.**—St. Peter's, Vatican, Lateran, Quirinal, Albani Villa, Borghese Villa and Palace, Barberini Palace, Capitulum Museum, Doria, Orsini and Colonna Palaces, Farnese Villa and Palace, Forum Romanum, Museo Kirchereano, St.

Luca, Villas Ludoviei and Massimo, Mediei Villa, Palatine, Pamfili Doria Villa, Rospigliosi and Spada Palace, Wolkanski Villa, Colosseum, Capitol, various museums, Tarpeian rock, Column of Trajan, Pantheon, Temple of Neptune, of Æsculapius, Theatre of Marcellus, Baths of Diocletian, Tomb of Hadrian, or Castle of St. Angelo; Basilicas St. Paul, St. Lorenzo, St. Agnes, St. Cecilia, St. Clement, Churches of St. Agostino, St. Angelo, St. Maria, Capucini, St. Lorenzo, St. Maria in Loreto, St. Martino, St. Onofrio.

EXCURSIONS: The Via Appia, Albano, Frascati, Via Latina, Claudian Aqueducts, Temple and Tomb of Bacchus, Palestrina, Mont Tivoli, Hadrian's Villa, Veii, Ostia, Segni, and many others.

CABS: Per course, 80 cts., one or two persons; two horse carriage, 1 fr. 50 c.

Post and Telegraph office: Piazza St. Silvestro.

Chemists: Sinimberghi, Evans & Co., 64, 65 and 66, Via Condotti.

Booksellers: Piale's, Piazza di Spagna; Herm. Loeseher, 307, Via del Corso.

Bankers: Vansittart & Co., Piazza di Spagna.

House and Estate Agents: Contini & Donzelli, 6, Via Condotti.

Doctors: Drs. Aitken (surgeon), Gason, Drummond, Grigor and Young.

Hotels: The *Quirinal Hôtel*, extensive first-class house; very popular; lift; post; telegraph; best and healthiest position in Rome. B. Guggenbühl & Co., proprietors.

The *Anglo-American Hôtel*, 128, Via Frattina. Central position, near Post and Telegraph Office; moderate prices. Viseiotti & Merli, proprietors.

**Rómerbad.**—Austria, Styria, near Cilly; 760 feet above sea-level.

Inert waters, 95° F. Climatic station in summer.

Equable atmosphere. The establishment is very good, and the situation picturesque. The gardens, parks and roads are well kept, and Rómerbad is a favourite resort.

Doctor: Dr Mayrhofer.

**Römerbad.**—Switzerland, Aargau, near Zofingen; 1,450 feet above sea level.

Earthy-alkaline waters.

Establishment and accommodation are good.

**Romeyer.**—France, Department of Drôme, near Die.

Cold sulphurous waters.

Die is more frequented for its resin baths than its spring.

**Roncegno.**—Italy, Trientino.

Ferruginous, highly arsenical waters.

Special indications: Skin diseases.



**Roncevaux.**—France, Department of Saône and Loire.

Ferruginous waters.

Used only by the surrounding peasants in cases of dyspepsia.

**Ronneburg.**—Germany, Saxe-Altenburg, near Gera.

Iodurated ferruginous waters; pine-cone sap, lime, sulphurous and steam baths. Whey cure.

The establishment is fitted with all modern improvements, and the scenery is romantic. Accommodation good and reasonable.

**Ronneby.**—Sweden, Province of Blekingen, near Carlskrona.

Sulphurous and sulphate of iron waters.

*Special indications:* Debility, anæmia, chlorosis.

**Ronya.**—Austria-Hungary, comitat of Neograd.

Effervescent ferruginous waters.

There is an establishment, but the accommodation is indifferent.

**Rorschach.**—Switzerland, Canton of St. Gall, on the South shore of the Lake of Constance, 4,500 inhabitants; 1,240 feet above sea level.

Climatic station in summer; baths in the lake; Turkish baths.

Very pure and equable atmosphere.

Rorschach is a small old town, the foundation of which dates from the 8th century. It is a very favourite summer station and a centre for excursions. The hills and mountains at its back are clad with pine forests, and handsome villas with their gardens surround it to a large extent. There are many quaint old houses, and a museum with a reading-room. Post and telegraph offices near the port. One of the most favoured excursions is by railway to Heiden.

Other excursions may be made to Annaschloss, Möthelischloss, Stone Table, Weinburg, Romanshorn, and Arbon.

*Hotels:* The *Hôtel du Cerf*.

**Roscoff.**—France, Department of Finistère.

Sea baths; sandy beach.

A quiet station.

**Roselle.**—Italy, Tuscany, on the Ombrone, near Grosseto and Siena.

Saline ferruginous waters, 105° F.

*Special indications:* Arthritic and rheumatic complaints, neuralgia, muscular contractions, rheumatic paralysis.

The establishment is a new and elegant building. The waters were used by the Romans. Accommodation good.

**Rosenheim.**—Germany, Bavaria, between Munich and Salzburg; 1,370 feet above sea level.

Effervescent ferruginous waters, and climatic station.

The situation is very romantic. The establishment good, affording comfortable accommodation at moderate rates.

**Rosheim.**—Germany, Alsatia, 3 hours from Strasbourg.  
Mixed carbonate of lithium waters.

**Röslibad.**—Switzerland, near Zürich.  
Earthy alkaline waters, containing alum.  
The establishment is thoroughly good, and supplies all varieties of artificial mineral baths.

**Rosnau.**—Hungary, comitat of Gomör, on the left bank of the Sago.  
Sulphate of iron waters; whey cure.

**Rosstrevor.**—Ireland, county Down, near Warrenspoint.  
Sea baths, sandy beach, mild climate.  
Doctor: Dr. Vesey.

**Rosswein.**—Germany, Saxony.  
Earthy saline and ferruginous waters.  
Arrangements rough.

**Rostona.**—Italy, near Chianni.  
Sulphurous waters.  
*Special indications:* Skin diseases, gravel, and vesical calculus.  
The establishment is inferior.

**Röthelbad.**—Germany, Württemberg, near Stuttgart and Ulm.  
Inert waters.  
The establishment is good.

**Röthenbach.**—Germany, Württemberg, near Najold; 1,250 feet above sea level.  
Earthy waters, 70° F.  
The establishment is not of the best.

**Rothenburg.**—Germany, Bavaria, on the Tauber; 1,050 feet above sea level.  
Inert waters.  
The establishment is good.

**Rothenfelde.**—Germany, Westphalia, near Osnaburg.  
Saline waters and brine baths, 65° F. Contains a large quantity of iodine and bromine.  
The establishment is adequate, but little has been done to attract visitors. The air contains much ozone, due to the surrounding pine forest.

**Rothenfels.**—Germany, Baden, close to Baden-Baden.  
Saline waters, 50° F.  
A very picturesque situation. The establishment is excellent.

**Rothesay.**—Scotland, Island of Bute, Clyde.

Cold saline and sulphurous springs. Mild climate.

Sea bathing on the Clyde. The scenery is very fine.

*Doctor* : Dr. Hunter.

**Rothwell.**—Germany, Württemberg, in the Black Forest; 2,100 feet above sea level.

Saline treatment of scrofula; whey cure.

The site is beautiful. Establishment good.

**Rotterdam.**—Holland, on the Maas. From Paris, *via* Brussels and Antwerp.

The second commercial town in Holland. Formerly the seat of the Dutch East India House. Most of the principal thoroughfares are canals bridged over by draw-bridges.

**OBJECTS OF INTEREST.**—The Cathedral, Old church, South church, Town Hall, Exchange, Sailors' home. Courts of Justice, Museum of the Botanical Society, Botanical Gardens, Zoological gardens, House of Correction, Boyman's museum, Royal yacht club, Library.

**Excursions** : The Hague and Scheveningen, Moerdijk, Gouda, Schiedam, the mother city of Schiedam gin.

**Cabs** : One or two persons, 60 c. the drive; 1 fl. 20 c. per hour.

**Post and Telegraph office** : Wynstraat, corner of Wynehaven.

*Doctor* : Dr. Maury.

*Hotels*, *Victoria*, *New Bath*, *Leygraaf*.

**Roucas Blanc.**—France, Hérault.

Saline waters and transitory station.

**Rouen.**—France, Department of Seine Inférieure, 40 m. from Dieppe, 56 m. from Havre, 82 m. from Paris.

A very ancient commercial town, mostly industrial; many factories. The town is rich in antiquities.

**OBJECTS OF INTEREST.**—The Cathedral, Church of St. Ouen, St. Godard, and St. Patrice, St. Maelau and St. Vincent, Courts of Law, Town Hall and Picture Gallery, Museum, Library, Custom-house, Exchange, Market-place, Hospital, Lunatic asylum, Theatres, two old Castles, Botanical Gardens.

English church service at All Saints.

**Post-office** : Rue Jeanne d'Arc.

**Telegraph** : Exchange.

*Hotels* : The *Grand Hôtel de Paris*. Celebrated for its wines and excellent cooking. Guenard-Bataillard, proprietor.

**Rouzat.**—France, Department of Puy de Dôme, near Riom.

Ferruginous waters.

**Royan.**—France, Department of Charente Inférieure.

Sea baths.

**Royat.**—France, Department of Puy de Dôme, near Clermont-Ferran; 1,400 feet above sea level.

Four springs; mixed alkaline, gaseous, ferruginous, and slightly arsenical and lithic waters, 45° to 95° F.

*Special indications:* Lymphatic affections, anæmia, chlorosis, catarrhal affections, arthritic gout and skin diseases dependent on a gouty diathesis.

Excellent arrangements. The scenery is mountainous.

Royat offers all the comforts and amusements of an important station to its visitors.

*Bookseller:* Puel Vve., in front of the Establishment.

*Doctors:* Drs. Brandt, Frèdet, Petit and Laugaudin.

*Hotels:* The *Grand Hôtel*, splendidly situated near the casino.

L. Servant, proprietor.

The *Splendid* and *Continental Hotels*, well situated in the park, near the bathing establishment. Chabassière, proprietor.

**Roye or St. Mars-les-Roies.**—France, near Noyon.

Effervescent ferruginous waters.

Very little used.

**Roznau.**—Austria, Moravia, two hours from Pohl; 1,225 feet above sea level.

Whey cure and climatic station.

The establishment is elegant, and thoroughly well fitted-up. Accommodation good and abundant, at moderate rates. Sojourn agreeable.

*Doctor:* Dr. Koblovsky.

**Rubinat.**—Spain, on the French Frontier.

Sulphate of sodium and magnesia waters.

Strongly purgative action.

**Rudolstadt.**—Germany, capital of Principality of Schwarzburg.

Indifferent waters. Very picturesque site.

*Doctor:* Dr. Clemens.

*Hotels:* Ritter, Lion.

**Ruhla.**—Germany, Thuringia.

Ferruginous waters, and hydropathic establishment.

*Doctor:* Dr. Scyd.

*Hotels:* Kurhaus, Bellevue.

**Runcorn.**—England, Lancashire.

Sea baths.

**Ruszpolyana.**—Austria, Hungary, Comitat of Marmaros, District Vissö.

Earthy ferruginous waters.



**Russwyl.**—Switzerland, 3½ hours from Lucerne; 2,040 feet above sea level.

Saline waters, only used by the surrounding peasantry in cases of skin diseases, difficult digestion, and nervous complaints.

**Ryde.**—England, Isle of Wight.

Sea baths; firm sandy beach.

Hydropathic establishment. Mild climate.

*Doctor:* Dr. Davey.

*Hotel:* The Crown.

**Ryhope.**—England, Durham.

Sea baths; firm sandy beach.

*Doctor:* Dr. Sage.

**Saarguemines.**—Germany, Alsatia.

Cold saline waters, little used.

**Sables d'Olonne.**—France, Vendée.

Sea baths.

**Sacedon.**—Spain, near Guadalaxara, near Huete.

Sulphate of lime waters, 70° F.; mud baths.

*Special indications:* Skin diseases, nervous affections, rheumatism, hemierania, chronic sores, kidney affections.

Very well arranged, elegant and comfortable establishment.

Much frequented station, known and used in the times of the Romans, and subsequently by the Moors.

*Doctor:* Dr. Gimeno.

**Sachsa.**—Germany, in the Harz, near Nordhausen.

An air-cure station, owing to the surrounding pine forests.

*Doctor:* Dr. Schötensaack.

*Hotel:* Schützenhaus.

**Sack.**—Russia, Government of Tauri, district of Keslow.

Brine and mud baths.

This lake is called, owing to the ill-savoured evaporation arising from it, "the putrid lake." In July and August it dries up almost completely. The mud is reported to be efficacious against gout, rheumatism, hæmorrhoids and skin diseases.

**Säckingen.**—Germany, Baden, 3 hours from Basle.

Inert waters, 70° F.

The establishment is good, but residence is extremely dull.

**Sadsehütz.**—Austria, Bohemia, near Neudorf-Eisendorf.

Earthy saline ferruginous waters.

Imperfect arrangements, and little visited.

**Saidsehütz.**—Austria, Bohemia, near Teplitz.

Bitter waters, exported in large quantities.

There is an establishment which, however, is little frequented.

**Sail-les-Bains.**—France, Department of Loire, near Roanne.

Six springs : three bicarbonate, one ferruginous, and two sulphur, 55° to 85° F.

*Special indications* : Herpes, intestinal atony, affections of the uterus.

A very well appointed establishment.

**Sail-sous-Couzan.**—France, Department of Loire, near Montbrison.

Cold alkaline ferruginous waters.

*Special indications* : Dyspepsia ; the waters are reputed to have the power of exciting hæmorrhoidal and menstrual discharges.

The establishment is good, and accommodation abundant and comfortable.

**Sándorsprings.**—Austria-Hungary, 'comitat of Mármaros, valley of Csiszla, near Borsabánya.

Bicarbonate of lime waters.

No establishment and no accommodation.

**St. Alban.**—France, Department of Loire, near Roanne.

Bicarbonate of soda ferruginous highly effervescent waters, 65° F.

This well-conducted establishment contains a chamber for the carbonic acid gas treatment. The scenery is picturesque.

The water is one of the best table waters known.

*Doctor* : Dr. Servajan.

**St. Amand.**—France, Department of Nord, near Valenciennes.

Sulphate of lime waters, 50° F.

The sulphurous muds, with a temperature of 60° F., constitute the principal source of treatment.

The establishment and accommodation are luxurious.

*Doctor* : Dr. Isnard.

**St. André.**—France, Haute Savoie, near Remilly.

Cold hydrosulphuric alkaline waters.

**St. Andrews.**—Scotland, Fifeshire, near Edinburgh.

Sea baths ; the beach is rocky.

Climate cold and damp.

*Doctor* : Dr. Heddle.

**St. Anne's-on-Sea.**—England, Lancashire, near Blackpool.

Sea baths ; sandy beach.

Climate mild but bracing.

St. Antoine di Guagno.—*See* Guagno.

St. Bee's.—England, Cumberland.  
Sea bath; firm, clean sandy beach.  
Climate mild and bright.

St. Blasien.—Germany, Baden, near the Lake of Constance, in the Hell Valley.  
Saline waters.  
Every variety of baths. Very fine scenery, and pure and mild air; in a pine forest.  
*Special indications*: Anæmia, nervousness, affections of the lungs, convalescence after illness.  
Establishment and accommodation good.  
*Doctor*: Dr. Hauke.  
*Hotels*: St. Blasien, Crown.

St. Boes.—France, Lower Pyrénées.  
Sulphate of lime bituminous waters.

St. Bonnet.—France, Department of Hautes Alpes, Arrondissement of Gap.  
Sulphate of lime waters, 80° F.  
*Special indication*: Skin disease.

St. Briac.—France, Department of Ille and Vilaine, *vid* St. Malo  
Sea baths; sandy beach.

St. Cassien.—Italy.  
Thermal sulphurous waters.  
Used especially in affections of the eyes.

St. Cergues.—Switzerland, Canton Soleure, 3,150 feet above sea level; in a very sheltered position.  
Climatic station.  
In the neighbourhood are noble pine forests.

St. Christau.—France, Department of Lower Pyrenees, South of Oleron.  
Cuprous waters.  
*Special indications*: Affections of the eyes.  
*Doctors*: Drs. Tillot and Vigneau.

St. Davids.—Wales, Pembrokeshire.  
Sea baths; firm sandy beach.  
Pure and bracing air.  
*Doctor*: Dr. Foley.

St. Denis-les-Blois.—France, Department of Loire and Cher, near Blois.  
Cold effervescing ferruginous table waters.

St. Diery.—France, Department of Puy-de-Dôme, near Issoire.  
Ferruginous waters.

**St. Domingo.**—Island of St. Domingo or Haiti, West Indies.  
Several thermal sulphurous springs, 70° to 125° F.

**St. Galmier.**—France, Department of Loire, near Montbrison.  
Alkaline table waters, which have been highly advertised;  
there are, however, many others superior to St. Galmier.  
More used on account of its pleasant agreeable taste than for  
its medical properties.

**St. Genis.**—Italy, Piedmont, near Turin.  
Saline sulphurous iodurated waters.  
*Special indications* : Scrofula, goitre.

**St. Georgen.**—Germany, Bavaria, near Altötting.  
Inert waters; a spring of very small size.

**St. Gervais.**—France, Savoy, at the foot of Mont Blanc, near Sallanches,  
on the road to Chamounix; 1,830 feet above sea level.  
Saline sulphurous waters, 50° to 120° F.  
*Special indications* : Skin diseases, obstructions of the intes-  
tines and tape-worms.  
A much frequented station; it offers to the visitor all modern  
comforts. The scenery is grand.  
*Doctor* : Dr. Bertier,

**St. Gildas.**—France, Morbihan, near Vannes.  
Sea bathing establishment for women kept by nuns. They  
lived formerly at the Abbey of Abeylard.

**St. Honoré.**—France, Nièvre, in the centre of France, 8 hours from Paris  
and from Lyons; 920 feet above sea level. For routes see table.  
Alkaline sulphurous and arsenical waters, 70° to 80° F.  
*Special indications* : Skin diseases, affections of the pulmonary  
mucous membrane, scrofula.  
A very well-organized thermal establishment.  
*Doctor* : Dr. Odin.

**St. Icaire.**—France, Savoy.  
Analogous waters to those of Challes.

**St. Jean d'Aulph.**—France, Haute Savoy, near Thonon.  
Cold hydrosulphurous, alkaline, and iodurated waters; 11  
grammes of sulphurous principles.

**St. Jean de Luz.**—France, near the Spanish frontier, in the Bay of  
Biscay.  
Winter station and sea baths.  
*Doctor* : Dr. Goyencche.



**St. Laurent les Bains.**—France, Department of Ardèche, near Privas ;  
post from Montélimar.

Saline-alkaline waters, 130° F.

*Special indications* : Rheumatism, paralysis.

Three establishments, well frequented.

*Doctor* : Dr. Bignon.

**St. Lawrence-on-Sea.**—England, Kent, Isle of Thanet.

Sea baths, sandy beach. Climate bracing.

*Season* : June—November.

There is an hydropathic establishment.

*Doctor* : Dr. Johnstone.

*Hotel* : The *Granville*.

**St. Leonards-on-Sea.**—England, Sussex, on the Channel coast.

A very fashionable sea-bathing town. Sandy beach.

*Season* : Autumn months.

*Doctors* : Drs. Greenhill and Warwick.

**St. Loubouer.**—France, Landes.

Sulphate of lime waters, 45° F.

**St. Lunaire.**—France, Department of Ile and Vilaine, *viâ* St. Malo.

Sea baths.

**St. Malo.**—France, Department of Ile and Vilaine.

Sea baths ; soft sandy beach ; bracing climate.

The establishments are very good.

*Dentist* : A. Preterre.

**St. Marie de Mont.**—France, Calvados, *viâ* Isigny.

Sea baths.

**St. Martin de Fenouilla.**—France, Department of Pyrénées Orientales,  
near Le Boulou.

Highly effervescent ferruginous waters.

Little frequented. Exported.

**St. Martin-Lantosque.**—France, Department of Sea-Alps, 7 hours by  
carriage from Nice.

Slightly sulphurous thermal waters.

A favourite resort with the inhabitants of Nice. Not much  
accommodation.

**St. Mary's.**—England, Scilly Islands.

Sea baths, fine white sandy beach ; mild and invigorating  
air ; rock scenery.

*Doctor* : Dr. Moyle.

*Hotel* : *Hugh House*.

**St. Maurice.**—France, Department of Puy de Dôme, on the right bank of the Allier.

Bicarbonate of iron waters, 40° to 80° F.; 6 grammes of mineral principles.

*Special indications:* Scrofula, chlorosis.

An establishment very little visited.

**St. Moritz-Bad.**—Switzerland, Engadine; 5,620 feet above the sea level. For routes, see table.

Highly effervescent chalybeate waters, 42° F., but St. Moritz is more frequented as a climatic mountain station; whey and milk cure; complete hydropathy.

*Season:* 15th June—15th September; some houses keep open, however, all the year round.

*Number of Visitors:* Annually above 30,000.

*Special indications:* Anæmia, chlorosis, asthma, uterine and vaginal catarrhs, dysmenorrhœa, amenorrhœa and displacements; scrofula rhachitis, and incipient phthisis; all subacute affections.

The ferruginous springs of St. Moritz were known in ancient times. In the 15th and 16th centuries Italian pilgrims used to visit them.

The mean barometric pressure is 609 m/m; mean temperature during the three season months, 51° F.; relative dampness of air, 73·5 %; mean cloudy days, 56 %; days with rain, &c., 98 in the year; and proportion of rain, 898.

The pleasure-grounds in front of the Curhaus afford a fine view over wooded slopes and ice-covered mountain peaks. The panorama is superb, and the field for excursions very extensive. Boating and fishing afford ample amusement. Ball, concerts, illuminations and similar fêtes are given here during the season. The Curhaus contains assembly, ball, concert, reading, smoking, billiard and ladies' rooms.

*Post and Telegraph Office:* In the Curhaus.

*English Church:* Midway between baths and village.

*Chemist:* Mutschler, in Hotel de Moritz.

*Photographer:* R. Guler, near the Post.

*House and Forwarding Agents:* F. & E. Tognoni, Maison Tognoni.

*Bankers and Exchange Office:* F. & E. Tognoni, and in the Engadiner Kulm Hotel.

*American Dentist:* Dr. H. L. Schaffner.

*Doctors:* Drs. Taverncy, Biermann, Drummond and Berry.

*Hotels:* The *Curhaus*, first-class house, with 25 saloons and 240 beds. M. Dalarage, director.

The *Hotel du Lac*, very comfortable, and beautifully situated. Gust. Arras, director.

The *Hotel Victoria*, with a beautiful view over lake and mountain; covered court. Well managed by Thomas Fanconi, proprietor; also of the *Hotel Bernina*, at Samaden.

The *Hotel Engadiner Kulm*, at the village of St. Moritz, is a

first-class house, replete with all modern comforts; ventilation and drainage have received especial attention; electric light; fire-places in all the rooms; during winter the corridors are heated by caloriferes. The proprietor holds the permission to fish in the lakes of Sils and Maloja. The two villas Beau Sejour and Grande Vue will be found exceedingly comfortable for families. English Church, Telegraph, Post, Bank and Exchange in the Hotel. J. Badrutt, proprietor.

**St. Myon.**—France, Department of Puy de Dôme, near Acquiperse.

Bicarbonate of iron waters; 5 gr. of mineralisation.

Table water. Exported.

*Special indications*: Dyspepsia.

**St. Nectaire.**—France, Department of Puy de Dôme, near Issoire.

Mixed alkaline ferruginous bicarbonate waters, 45° to 100° F.

Supplying three establishments.

*Special indications*: Gastralgia, liver complaints, rheumatism and leucorrhœa.

**St. Ours.**—France, Department of Puy de Dôme.

Bicarbonate ferruginous waters.

**St. Pair.**—France, Department of La Manche, *viâ* Granville.

Sea baths.

**St. Pardoux.**—France, Department of Allier, near Bourbon l'Archambault.

Bicarbonate ferruginous waters. Exported.

Table waters. There is no establishment, and the arrangements are solely for exportation.

**St. Parize.**—France, Department of Nièvre, near Nevers.

Sulphate of lime and magnesian waters. Highly gaseous.

*Special indication*: Ague.

**St. Peter.**—Austria, Carinthia, district of Klagenfurt.

Ferruginous effervescent waters.

The arrangements are inadequate. The site is picturesque; with capital a great deal could be made of this place.

**St. Pierre d'Argenson.**—France, Department of Upper Alps.

Cold ferruginous bicarbonate waters.

**St. Prieste des Champs.**—France, Department of Puy de Dôme.

Ferruginous (very slightly mineralised) waters.

**St. Prieste-la-Roche.**—France, Department of Loire.

Ferruginous bicarbonate waters.

**St. Quentin.**—France, Department of Aisne.

Cold ferruginous bicarbonate waters.

**St. Radegund.**—Austria, Styria, near Graz.

Hydropathic establishment; whey cure.

*Doctor:* Dr. Maecher.

**St. Raphael.**—France, Department of Var, between Hyères and Cannes, on the sea. Population 3,500. For routes see table.

Winter station.

*Special indications:* Debility, rachitis, scrofula, lymphatic affections, emphysema, anæmia, and chlorosis.

There are no statistics as to barometric pressure, rainfall, or humidity of the air. Medical men hesitate to send invalids suffering from chest complaints, as the town is open to the full force of the "mistral" and its injurious influences.

English church: Avenue du Grand Hotel. A. F. Dyce, Chaplain.

*Doctors:* Drs. Bouteemps and Goyat.

*Hotels:* The *Grand Hôtel des Bains*, *Hôtel de la Plage*.

**St. Remy la Varenne.**—France, Department of Marne and Loire.

Cold ferruginous bicarbonate waters.

**St. Roman le Puy.**—France, Department of Loire.

Cold bicarbonate waters.

**St. Sautin.**—France, Department of Orne.

Ferruginous waters.

**St. Sauveur.**—France, Department of Hautes Pyrénées, near Argelès; 2,400 feet above sea-level. For routes see table.

Sulphurous saline-alkaline waters, 50° to 85° F., containing a little arsenic.

Sedative action; three springs.

*Special indications:* Nervous and lymphatic affections, and female diseases.

*Doctors:* Drs. Blondin and Lafont.

**St. Simon.**—France, Savoy, near Aix.

Cold bicarbonate of lime waters.

*Special indications:* Gravel.

*Doctor:* Dr. Bonjau.

**St. Thomas.**—France, Pyrénées Orientales.

Sulphate of soda water, 115° to 140° F.

*Special indications:* Articular rheumatism, scrofula and skin diseases.

**St. Ubrich.**—Germany, Alsatia.

Cold ferruginous bicarbonate waters.



- St. Vaast-la-Houque.**—France, Department of La Manche, *via* Valognes.  
Sea baths.
- St. Valéry-en-Caux.**—France, Department of Seine Inférieure, near Fécamp.  
Sea baths; firm sandy beach.  
*Season*: July—October.
- St. Valery-sur-Somme.**—France, Department of Somme, near Boulogne.  
Sea baths; sandy beach. A good establishment.  
*Season*: May—September.
- St. Vallier.**—France, Vosges.  
Same water as Contrexéville.
- St. Vincent.**—Italy, Province of Aosta, near Chatillon.  
Alkali-saline waters, 30° F.  
*Special indications*: Dyspepsia and gravel.  
The establishments are neglected, and little is done to attract visitors.
- St. Yorre.**—France, Department of Allier, near Vichy.  
Bicarbonate of soda waters.
- Ste. Adresse.**—France, Department of Seine Inférieure, near Le Havre.  
Sea baths.
- Ste. Catherine.**—North America, Canada, near Niagara Falls.  
Mineral water establishment.
- Ste. Hélène des Milières.**—France, Savoy.  
Ferruginous arsenical waters.
- Ste. Lucia.**—One of the Danish West Indian Islands.  
Hyper-thermal springs.
- Ste. Madeleine de Flourens.**—France, Department of Haute Garonne, near Toulouse.  
Cold ferruginous waters.  
The establishments are good and the scenery charming.
- Ste. Marie.**—France, Department of Hautes Pyrénées, near Luchon.  
Four sulphate of lime springs, 40° F.  
The new establishment is elegant, and affords comfortable accommodation. The station is rising in favour.
- Ste. Marie.**—France, Department of Cantal, near Chaudesaigues.  
Cold ferruginous waters.
- Salah Bey.**—Algiers, near Constantine.  
Thermal springs, 65° F.

**Salces.**—France, Department of Pyrénées Orientales, near Perpignan.  
Effervescing saline waters, 50° F.

**Saleeti.**—Italy, Tuscany, valley of the Arno, District of San Luce.  
Alkali-saline waters, 55° F. The supply is very limited.

**Salcoaths.**—Scotland, Firth of Clyde.  
Sea baths.  
A good bathing establishment.

**Saleombe.**—England, Devonshire, also called the Montpellier of the North.  
Climatic air station and sea baths.  
Recommended to persons suffering from affections of the respiratory organs and pulmonary complaints.  
*Doctor* : Dr. Langworthy.

**Salerno.**—Italy, near Naples.  
Winter station; waters effervescing and ferruginous, 60° F.  
Mild and moist air, with more sunny days than Naples.

**Salice.**—Italy, District of Ravanazzo, near Retorbido.  
Alkali-saline waters.  
The establishment and accommodation are indifferent.

**Salies.**—France, Department of Haute Garonne, near St. Gaudens.  
Sulphate of lime and saline waters. The latter possess 34 gr. of mineral principles, of which 30 gr. are chloride of sodium.

**Salies de Béarn.**—France, Department of Basses-Pyrénées, near Orthez.  
Saline bromo-iodurated waters; 250 gr. mineral principles, of which 225 gr. are chloride of sodium.  
*Special indications* : Scrofula and lymphatic affections.

**Salinetas de Novelda.**—Spain, Province of Alicante, near Novelda.  
Sulphurous earthy waters, 55° F.  
*Special indications* : Skin diseases, scrofula, rheumatism, mercurialism, amenorrhœa.  
The establishment is not up to the level of modern requirements : it is situated in a large park. The accommodation is cheap and not of the best.  
*Doctors* : Drs. Lozano y Rubio.

**Salins.**—France, Department of Jura, near Dôle, 1,200 feet above sea level.  
Saline bromine and brine waters, having 320 gr. of mineralisation.  
*Special indications* : Scrofula, lymphatic affections and atony.  
A much frequented establishment. Very well arranged, affording comfortable and abundant accommodation, at reasonable prices.  
*Doctor* : Dr. Guyenot.

**Salins Moutiers.**—France, Savoy; rail up to Alberville, thence by carriage to Salins, 3 hours. 1,500 feet above sea level.

Ferruginous saline effervescing waters, 90° F.; 15 grammes of mineral principles, of which 11 are ehloride of sodium. Tonic and resolvent action.

*Special indications* : Serofula, rhaehitis, and affections of the bones.

The establishment has been recently erected, and contains all modern appliances, with comfortable accommodation.

*Doctor* : Dr. Desprez.

**Salles.**—France, Department of Haute Garonne, near Luchon.

Ferruginous waters, 35° F., used as an adjuvant to those of Luchon.

**Salmas.**—Asia, Persia, north of the Lake Ourmiah.

Thermal sulphurous waters.

**Saló.**—Italy, on the south shore of the Lake of Garda.

Climatic station. Too cold to winter in. The accommodation is inferior.

**Salonichi.**—Turkey, Macedonia.

Several saline sulphurous thermal springs, close to the town. Mud baths.

Two establishments, one of which only is in use. Its arrangements are elegant, as in all Turkish baths.

**Saltburn-by-the-Sea.**—England, Yorkshire.

Sea baths and chalybeate waters; fine firm sandy beach. Climate mild and bracing. The country is wooded.

*Doctor* : Dr. Rhodes.

**Saltfleet-Haven.**—England, Lincolnshire, near Skidbroke.

Sea baths; sandy beach.

**Salz.**—France, Department of Aude.

A small salt-water brook near the thermal spring of Rennes, in conjunction with which it is sometimes used as an adjuvant.

**Salzbrunn.**—Germany, Silcsia; 1,250 feet above sea level.

Cold alkaline waters. Climatic and whey cure station.

*Special indications* : Nervous affections and pulmonary catarrh. The establishments are excellent and the place much frequented.

*Doctors* : Drs. Biefel and Valentiner.

*Hotels* : Kursaal, Kurhaus.

**Salvadora.**—Spain, Province of Jaen, near Jumilena.

Sulphurous earthy waters, 50° F.

*Special indications:* Vesical catarrhs, calculus, gravel, hyperæmia of liver.

The establishment is old and neglected. There is a project to erect a new one with modern improvements.

*Doctor:* Dr. Morales.

**Salzburg.**—Austria-Hungary, near Hermannstadt, in Transylvania.

Iodurated brine baths.

*Season:* July—August.

The establishment is good, and affords comfortable accommodation.

The parks and gardens, owing to the saline nature of the soil, have been artificially made. Vegetation in the vicinity of the town is poor.

**Salzburg.**—Austria, Salzkammergut, on the Salzach, 25,000 inhabitants; 1,340 feet above the sea level. For routes see table.

Climatic station in summer.

This town is mostly resorted to as a centre for excursions on the northern slopes of the Tyrolese Alps. It is a very old town, and full of curious and interesting antiquities. It was the birthplace of Mozart. It has been considerably improved of late by the formation of new streets, squares, and parks. The Cathedral, the Library of the Imperial College (formerly the University), Museum, Theatre and Riding School, are all remarkable buildings.

The Curhaus is a fine edifice, and contains baths of every description, ball, concert, and refreshment-rooms, and has some fresco paintings by Otto.

Humboldt said of Salzburg: "Its scenery is some of the finest in the world."

The excursions are very varied and numerous; Aigen, Gaisberg, Berchtesgaden, Reichenhall, Hallein, Ischl, Gastein, Königssee, Leopoldskron, Grödig, Gölling, Taxenbach, Mattsee, and Mondsee are amongst the most interesting.

English church. Excellent schools.

*Post and Telegraph Office:* Residenz Platz..

*Bookseller:* Henry Dieter, Markt and Residenz, Platz Corner.

*Exchange and Bank:* Charles Spängler, 7, Mozart Square.

*Chemist:* Sedlitzki, Markt Platz.

*Doctor:* Dr. Sedlitzki.

*Hotels:* The *Hôtel de l'Europe* is situated in a fine park, and is, so to say, a sanatorium. It is near the station, and is excellently kept in every respect. Large stables; the best starting place for excursions. C. Jung, proprietor.



**Salzhausen.**—Germany, Hessen Darmstadt.

Cold saline waters, 11 grammes of mineral principles.

*Special indications* : Scrofula.

**Salzschlirf.**—Germany, Hessen, near Fulda.

Iodo-bromine saline waters, 15 grammes of mineralisation.

*Special indications* : Scrofula.

**Salzuffeln.**—Germany, Lippe-Detmold, near Herford.

Brine baths.

The establishments are not of the best, and the accommodation is only moderate.

**Salzungen.**—Germany, Saxen-Meiningen, near Eisenach.

Cold saline springs, 30 grammes of mineral principles.

Well appointed establishment, with good accommodation.

*Special indications* : Scrofula.

Very picturesque site. Vegetation luxurious. Parks and gardens are well kept.

*Doctors* : Drs. Ley and Wagner.

*Hotels* : *Kurhaus*, *Crown*, and *Starke*.

**Samaden.**—Switzerland, Upper Engadine, and the capital of the district ; 850 inhabitants ; 5,513 feet above the level of the sea. For routes, see table.

Climatic mountain air and winter station.

*Special indications* : Nervous debility and failing nutrition, anæmia and chlorosis, rhachitis, incipient phthisis, scrofula, and similar affections following on malaria, typhus, &c.

Samaden forms the head of the Upper Engadine, and is situated at the foot of the Piz-Padella at the junction of the St. Moritz and Pontresina Valleys. It is a very lively place during summer. In winter the calmness of the atmosphere is noteworthy.

*English Church* : Near the Post Square.

*Post and Telegraph Office* : On the Square.

*Chemist* : Sal. Bernhard.

*Bank and Exchange Office* : J. Töndury, in the Hotel des Alpes.

*Bookseller* : Ludw. Mayer.

*Doctors* : Drs. Lendi and Brügger.

*Hotels* : The *Bernina Hôtel*, very comfortable and popular first-class house ; very fine views ; arrangements made for summer and winter residence. Thomas Fanconi, proprietor ; also of the *Hôtel Victoria*, at St. Moritz-Bath.

**San Adrian y la Losilla.**—Spain, Province of Léon, near Vecilla.

Bicarbonato of magnesia and iron waters, 90° F. ; 4 grammes of mineralisation, of which 2 are carbonate of magnesia.

*Special indications:* Nervous complaints, disorders of the digestive organs, anæmia and chlorosis.

The establishment offers little attraction.

*Doctor:* Dr. Rulifanehas.

**San Bartolomé de la Cuadra.**—Spain, Province of Barcelona, near San Feliú.

Effervescent ferruginous waters.

The establishment is beneath notice.

*Doctor:* Dr. Arnesto.

**San Bernhardino.**—Switzerland, Canton of Grisons; 5,200 feet above sea-level.

Ferruginous waters.

*Special indications:* Dyspepsia, lymphatism and catarrhal affections.

Largely frequented establishment, which is well fitted up.

The situation is one of the most picturesque in Switzerland.

**San Caseiano.**—Italy, Province of Siena, valley of the Paglia.

Ferruginous waters, 110° F., and sulphurous waters, 100° to 120° F.

These waters were much used in antiquity, as the ruins in the neighbourhood prove. The new establishments are very complete, and afford abundant and comfortable accommodation. Great efforts are being made to resuscitate the place once more. The scenery is picturesque.

**San Daniele.**—*See* Abano.

**Sandefjord.**—Norway.

Sea baths and sulphurous waters.

Climate very mild.

*Season:* June—August.

The best frequented station in Norway. Establishment and accommodation equally good.

**Sandgate.**—England, Kent, between Folkestone and Hythe.

Sea baths; shingly beach. Climate mild.

*Season:* June—September.

*Doctor:* Dr. Howard.

**Sandown.**—England, Isle of Wight.

Sea baths fine sandy beach; climate very mild. Bathing arrangements are very good.

*Doctor:* Dr. Neal.

**Sandrocks.**—England, Isle of Wight, near Chale.

Alkali saline waters, 40° F.

*Special indications:* Intermittent fevers, chronic dysentery, rheumatism, intestinal affections.

**San Fedele.**—Italy, Tuscany, valley of the Cecina, near Volterra.

Saline waters. Exported.

The establishment is good.

**San Filippo.**—Italy, Tuscany, Valley of the Oreia, near Radieofani.

Bicarbonate of iron and sulphate of lime waters; 5 springs, ranging from 45° to 120° F.

The establishments might be improved.

**San Genesio.**—Italy, Piedmont on the Po.

Sulphurous iodurated waters.

Used only for drinking. No establishment of any note.

**San Georgen.**—Austria-Hungary, near Pressburg.

Earthy alkaline sulphurous waters.

*Special indications:* Disorders of liver and spleen, chronic skin diseases, lymphatism.

The establishment is situated in an extensive garden, and is elegant and comfortable.

Society at San Georgen is very select.

**Sangerberg.**—Austria, Bohemia, near Marienbad.

Alkali-saline ferruginous waters.

The establishment is excellent; accommodation first-class and moderate in price. Park and gardens are well kept. The surrounding country affords very interesting excursions.

*Doctor:* Dr. H. Peun.

**San Germano.**—Italy, Province of Naples, near the lake of Agnano.

Steam baths, 90° to 150° F. The waters from which the steam is given off contain sulphides of calcium and iron.

*Special indications:* Rheumatic pains, joint affections, catarrhs, neuralgias, paralysis.

The baths are not prolonged beyond a quarter of an hour.

**San Giuliano.**—Italy, Tuscany, near Pisa.

Sulphate of lime waters, 80° F.

*Special indications:* Nervous affections.

The establishments are good.

**San Giuseppe.**—Italy, Naples, near Mondragone.

Cold ferruginous waters.

Only used by the surrounding peasantry.

**San Gregorio de Brozas.**—Spain, Province of Cáceres, near Alcántara.  
Sulphurous earthy waters, 60° F.

*Special indications:* Intestinal and digestive disorders, hyperæmia of liver, vesical catarrhs, anæmia and chlorosis.

The situation is picturesque, and the surrounding hills are well wooded and afford long and sheltered walks. The establishment and accommodation are deficient.

*Doctor:* Dr. Balbas.

**San Juan de Azeitia.**—Spain, Province of Guipuzcoa, near Tolosa.  
Sulphate of lime waters, 40° F.

*Special indications:* Skin diseases, bronchial catarrhs.

The valley is very beautiful, but the establishment and accommodation are inferior.

*Doctor:* Dr. Diaz.

**San Juan de Campos.**—Spain, Balearic Islands, island of Mallorca.  
Thermal saline and silicated waters, 115° F.; 0·78 of silicate.  
Winter station.

*Special indications:* Rheumatism, skin diseases.

The waters are good, and would warrant greater use being made of them; at present the establishment, as well as the accommodation, is neglected.

*Doctor:* Dr. Sanchez Jabra.

**San Leopoldo.**—Italy, district of Lari, near Val d'Era.  
Muriate of iron waters.

*Special indications:* Vesical catarrh, hysteria, hypochondriasis, liver complaints.

**San-Lorenzo.**—Austria, Istria, 1½ hour from Trieste, 40 minutes from Pirano.

Sea baths; very fine sandy beach; whey and grape cure; mud baths; a climatic station in summer.

The climate is equable, and the air pure.

**San Martino.**—Italy, Valtelino, near Bormio; 4,950 feet above sea level.  
Mixed sulphurous waters, 100° F.

*Season:* June—August.

Two well-arranged establishments, and good accommodation.

**San-Marziale.**—Italy, Tuscany, district of Siena, Val d'Elsa.  
Earthy waters, 80° F.

Though well known and much visited in antiquity the baths are now neglected. In spite of considerable efforts to resuscitate them, they are not much frequented.



**San-Michele delle Formiche.**—Italy, Tuscany, on the Monte Sestolo. Sulphurous waters, 120° F.

*Special indications:* Inveterate gout, skin diseases, nervous affections, rheumatism.

The establishment consists of a small building, with two cisterns and several distinct baths.

**San Pedro do Sul.**—Portugal, Province of Beira. Hyperthermal sulphurous waters.

**San Remo.**—Italy, on the Riviera di Ponente, near the French frontier; 18,000 inhabitants. For routes see table.

Winter station of first importance; sea baths.

*Season:* For winter, November—May. Sea bathing, September—November.

More than 7,000 visitors annually.

*Special indications:* Latent scrofula, chronic bronchial, stomachic and intestinal catarrhs, emphysema, pharyngitis, laryngitis, pleuritic exudations, incipient phthisis, rheumatism, Bright's disease, diabetes and general debility.

The mean winter temperature, according to Dr. Hassall's statistics, is 54° F.; the mean barometrie pressure, 761·5 mm.; relative humidity of the air, 66·7 per cent.; death-rate, 24 per 1,000; rainy days during seven season months, 30; sunny and cloudy, 182. Wind and fogs are rare. Snow quite exceptional, in some winters not more than once or twice.

San Remo proper is an old town, with the characteristics and peculiarities of the middle ages more marked than in any other town along the coast. Some of the streets of the old quarter are unoccupied at present, and a traveller with a little ingenuity may easily fancy himself transported to the ruins of Pompeii. San Remo is well sheltered, as the mean temperature shows. Both its older and newer portions are higher than any town on the Riviera. The town itself is built on a hill, with its base resting on the seashore. This hill rises behind it to an altitude of 4,270 feet (Monte Bignone). Three ranges of mountains form a natural shelter for San Remo. The first is formed by seven olive-clad hills, separated from each other by a number of picturesque valleys, in which the lemon tree is successfully cultivated. Next is the Monte Bignone, already referred to, which is pine-clad and forms an unbroken chain. Behind this second range come the Alps-Maritimes, with an elevation of from 7,000 to 8,000 feet. The latter are invisible from the town, and can only be seen from the summits of the second range. San Remo is thus open only to south-east, south and south-west winds.

In early spring, the country round the bay resembles a vast garden. As regards vegetation San Remo is perhaps the most favoured of any health resort on the Riviera. As early as the month of February wild flowers come into bloom, a fact which sufficiently attests the mildness of its climate. The air is bracing and healthy to a degree which

attracts the attention of visitors staying for any length of time. The climate may be described as moderately warm, dry, very sunny, and in comparison with other towns on the coast, only slightly stimulating. There is a theatre and a club. Daily concerts are held in the Giardino Publico.

*English Church* : St. John the Baptist, All Saints and Presbyterian, Via Carli.  
*Post and Telegraph Office* : Via Vittorio Emanuele.

*Chemist* : Squires, Via Vittorio Emanuele.

*Bankers and Exchange Office* : Asquaseiati Bros., Via Vittorio Emanuele.

*Bookseller and Circulating Library* : Gandolfo, Via Vittorio Emanuele.

*House and Estate Agency* : Congrêve, Via Privata.

*Doctors* : Drs. Hassall, Freeman, Schmitz, Kay, Shuttleworth, Brandis, Salzmänn, Thomas, Goltz, Onetti and Daubeney.

*Hotels* : The *West End Hotel*, ten minutes' walk from the station, a really splendid house within and without. It is the only one possessing a lift. Rob. Wülfig, proprietor.

The *Hôtel Palmeri*, near the sea, is a first-class house.

The *Hôtel Victoria* in the East Bay.

**San Sebastian.**—Spain, Santander, in the Bay of Biscay.

Sea baths; sandy beach. Climate bracing, yet mild.

*Season* : June—September.

One of the fashionable Spanish seaside resorts. The scenery around is picturesque.

*Doctor* : Dr. Smith.

*Hotel* : *Hôtel Ingles*.

**San Vicens.**—Spain, Province of Lerida, near Seo de Urgel.

Sulphurous alkaline waters, 50° F.

*Special indications* : Skin diseases, bronchial and vesical catarrhs.

The establishment and accommodation are modern, the former not quite complete, and the latter moderate in price. The surroundings are bare.

*Doctor* : Dr. Laza.

**Santa Agueda.**—Spain, Province of Guipuzcoa, near Villareal; 800 feet above sea level.

Cold hydrosulphuric waters, also a ferruginous spring.

*Season* : June—September.

*Special indications* : Skin diseases, and especially female complaints.

A clean, well-conducted and well-frequented bathing establishment.

The accommodation is very good, and prices are moderate. It is undoubtedly the best in every respect in Spain, and can compete with the most famous spas of Germany or France.

The environs are picturesque, and residence pleasant.

*Doctor* : Dr. Lucientes y Pueyo.

**Santa Ana.**—Spain, Province of Valencia, near Játiva.

Acid waters, 55° F., containing iron.

*Special indications:* Skin diseases, catarrhs, anæmia, chlorosis, calculus and scrofula.

The establishment and accommodation are inferior, and consequently Santa Ana is little visited.

*Doctor:* Dr. Suñer.

**Santa Barbara.**—North America, California.

Thermal sulphurous waters, 90° F.

**Santa Cesarea** (Acqua di).—Italy, Province of Lecce, district of Galipoli, near Ortelle, on the line from Brindisi to Otranto; stop at Maglie, thence by omnibus (1½ fcs.), or carriage (5 fcs. to 10 fcs.).

Earthy ferruginous sulphurous water, 65° F. Healthy and mild climate. The waters are very efficacious.

*Season:* May—October.

Frequented by more than 4,000 patients during the season.

*Special indications:* Rheumatism, skin diseases, chronic affections of the intestines.

The establishment is good. Close to the spring accommodation can be had at from 4 fcs. to 8 fcs. a day. Post and Telegraph at Poggiardo, 1 hour distant.

**Santa Filomena de Gomillaz.**—Spain, Province of Aláva, near Vitoria.

Sulphurous earthy waters, also a ferruginous spring.

*Special indications:* Skin diseases, more especially those of syphilitic origin. Affections of the digestive and urinary organs, leucorrhœa, amenorrhœa and dysmenorrhœa.

The site is very picturesque. The establishment is modern and elegant. Large galleries connect it with the hotel. The whole is surrounded by lovely gardens, and a park with extensive and well-sheltered walks. Especially suitable for patients going south for the winter, who may here pass a short time during the early autumn. The accommodation is in keeping with the establishment. Residence here is pleasant enough. Prices are moderate. Much visited.

*Doctor:* Dr. Lázaro.

**Santa Gonda.**—Italy, Tuscany, between Pisa and Florence, on the left bank of the Evola.

Earthy saline waters, 55° F. Mud baths.

*Special indications:* Skin diseases, chronic gout and rheumatism.

**Santa Margherita.**—Italy, on the Riviera di Levante, 1½ hour from Genoa.

Winter station.

This little town, at the head of the bay of Rapallo, is charmingly situated in a sheltered position. It has a promising futuro before it.

**Santa Restituta.**—Italy, island of Ischia, near Lacco.  
 Saline waters, 115° F.; sand baths.  
 The establishment is good.

**Santenay.**—France, Department of Côtes d'Or.  
 Saline waters; laxative action.  
 The town has a future.

**Santorin.**—Greece, an island in the Grecian Archipelago.  
 Chalybeate waters.  
 The finest island in the Grecian Archipelago, renowned in ancient times for its luxuriant vegetation.  
 The establishment is small and incomplete. Some accommodation can be obtained.

**San Vigone.**—Italy, Tuscan, Valley of Oropa, on the road from Siena to Rome.  
 Sulphate and carbonate of lime waters, 105° F.  
*Special indications:* Rheumatism, skin diseases.

**Saragoza.**—Spain, capital of the Province of same name, from Paris. *via* Bordeaux and Irun.

Situated on the Ebro. It is one of the most ancient towns of Spain.

The country all around is very productive, and the scenery charming. The town is said to have been founded by one of Noah's nephews; it is certainly one of the ancient "castra" of the Romans. It has become famous on account of its siege by the French in 1808 and 1809.

**OBJECTS OF INTEREST.**—The Cathedrals of la Seo and of el Pilar, Lonja, Torre Nueva, Aljaferia, Archiepiscopal palace; General Hospital, University, Workhouse. Casa del comercio, Casa del raporto, Casino, Theatre.

**EXCURSIONS:** Paseo de Sta. Eulalia, Torreo, Buena Vista, Monte Oseuro, Casa Blanca, Moneayo.

**CARS:** No fixed tariff, therefore make an arrangement before engaging.

**Post-office:** In Calle del Correo.

**Telegraph:** At Civil Governor's house.

**Doctor:** Dr. Daina.

**Hotels:** *De l'Univers, de l'Europe, Cuatro Naciones, Viscaína.*

**Saratoga.**—North America, State of New York, near Albany.

Saline waters, 20° to 30° F., and cold bicarbonate of iron waters.

*Special indications:* Dyspepsia, calculous affections, scrofula.

A very fashionable and much-frequented station. Season, August and September.

**Hotels:** *Great Union, Washington,* pension £1 a day.

**Sarcey.**—France, Department of Rhône, near Lyons.

Cold ferruginous bicarbonate waters.



**Sardara.**—Sardinia.

Sulphurous waters, 145° F.

Only frequented by inhabitants of the island.

*Special indications* : Rheumatism.

**Sarepta.**—Russia, Government of Saratow, district of Zarizyn.

Saline bitter waters. Exported.

There are some establishments, and the accommodation on the whole is comfortable.

**Sark.**—England, Channel Islands.

A holiday resort only, as there are no baths, nor is the air particularly healthy. The place is interesting for its scenery.

**Sassnitz.**—Germany, Pommerania.

Sea bathing, sandy beach, with heavy surf.

The situation is fine, and owing to its quiet the place is visited chiefly by real invalids. Accommodation very good.

**Sasso di Maremma.**—Italy, Tuscany, on the Ombrone, near Grosseto.

Ferruginous bitter waters. Exported.

The establishments are inferior, and accommodation inadequate.

**Saturnia.**—Italy.

Sulphurous waters, 100° F.

The establishment might be improved.

Accommodation indifferent.

**Saubuse.**—France, Department of Landes.

Saline waters, 80° F.

*Special indications* : Rheumatism.

**Saucats.**—France, Gironde.

Cold ferruginous bicarbonate waters.

**Saudon.**—Spain, Province of Guadalupe.

Sulphurous waters.

*Special indications* : Rheumatism and skin diseases.

**Saulce (La).**—France, Department of Hautes Alpes, near Gap.

Saline waters, 35° to 55° F.

**Sault.**—France, Department of Vaucluse.

Cold sulphate of lime waters.

**Saundersfoot.**—Wales, Pembrokeshire, on Carmarthen Bay, near Tenby.

Sea baths and chalybeate waters, sandy beach. Climate fine and bracing.

*Season* : June—September.

*Doctor* : Dr. Allen.

**Sausillonges.**—France, Department of Puy de Dôme.

Cold bicarbonate of soda waters.

*Special indications* : Liver complaints, anæmia.

**Saute-Vaux.**—France, Department of Cantal.

Bicarbonate of soda waters.

*Special indications* : Liver complaints, anæmia, feeble digestion.

**Savernolles.**—Department of Cantal.

Cold ferruginous bicarbonate waters.

*Special indications* : Chlorosis.

**Saxe (La).**—France, near Courmayeur in Savoy ; 3,750 feet above sea level.

Sulphate of lime waters, 70° F.

The establishment is good and affords comfortable accommodation.

**Saxon.**—Switzerland, Canton Valais.

Bromo-iodurated saline waters, 60° F. Climate mild and healthy.

*Special indications* : Syphilis, scrofula, and gout.

The environs are very picturesque, and numerous excursions may be made.

*Doctors* : Drs. Reichenbach and Boyer.

**Scarborough.**—England, Yorkshire, on the coast of the North Sea. Great Northern line of rail.

Cold sulphate of magnesia and iron waters.

Very fashionable and much-frequented sea baths.

*Doctors* : Drs. Cooke and Dale.

*Hotels* : The Royal.

**Scey.**—France, Department of Haute Saône, near Vesoul.

Cold mixed bicarbonate waters.

**Schandau.**—Germany, Saxony, railway from Dresden to Prague.

Cold ferruginous bicarbonate waters.

A climatic station. Tonic action.

The establishment is very good.

*Doctor* : Dr. Roscher.

*Hotels* : Bath, Sendig.

**Schelesna-Wodsk.**—Russia, Caucasus, near Pjätigorsk ; 1,800 feet above sea-level.

Alkaline ferruginous waters, 65° to 110° F.

Koumiss cure.

*Special indications* : Intestinal catarrhs, hypochondriasis, catarrh of the urinary organs, rheumatism.

The climate is very healthy, the place being surrounded by pine and other woods. The establishment is elegant, but the accommodation not quite up to the level of western requirements.

A much-frequented station.

**Scheveningen.**—Holland, near the Hague, on the North Sea.

Very fine sands, and a very well-frequented sea bathing station.

The bathing arrangements are good.

**Schieder.**—Germany, Principality of Waldeck, near Meinberg.

Saline waters and brine baths.

Primitive arrangements.

**Schimberg.**—Switzerland, Canton Lucerne, near Ebenstetten.

Alkalino sulphurous and ferruginous waters. Mountain air cure.

A much frequented establishment. Social distinctions count for little at Schimberg.

**Schinznach.**—Switzerland, Canton of Aargau, between Berne, Basle, and Zurich, station on the North East Swiss Railway; 1,100 feet above sea level. For routes see table.

Sulphurous waters of considerable celebrity, very rich in sulphuretted hydrogen and carbonic acid, also in chloride of sodium and salts of lime, 95° F. The springs, recently lined with cement, yield about 220 gallons a minute.

*Season* : 15th May to 1st October.

*Special indications* : Chronic skin diseases, eczema, acne, psoriasis, furunculosis, &c., scrofula, chronic nasal, throat, and laryngeal catarrh, bronchitis, emphysema, asthma, rheumatism, gout, syphilis, mercurialism.

The mean temperature in summer is 67° F.; the mean barometric pressure 0.728. Atmospheric disturbances are exceedingly rare, and the changes never very rapid.

Schinznach is most picturesquely situated on the rapid and beautiful stream of Aar, at the foot of the Wülpselsberg. This hill, crowned with the old and far-famed ruins of the castle of the Habsburgs, slopes down into a fertile and well wooded valley with a southern aspect.

The establishment stands in its own grounds, which are of large extent, mostly laid out in park, with numerous shady walks, protected from dust and noise. An excellent farm supplies visitors with its produce. Schinznach appears to have been especially intended as a paradise for children.

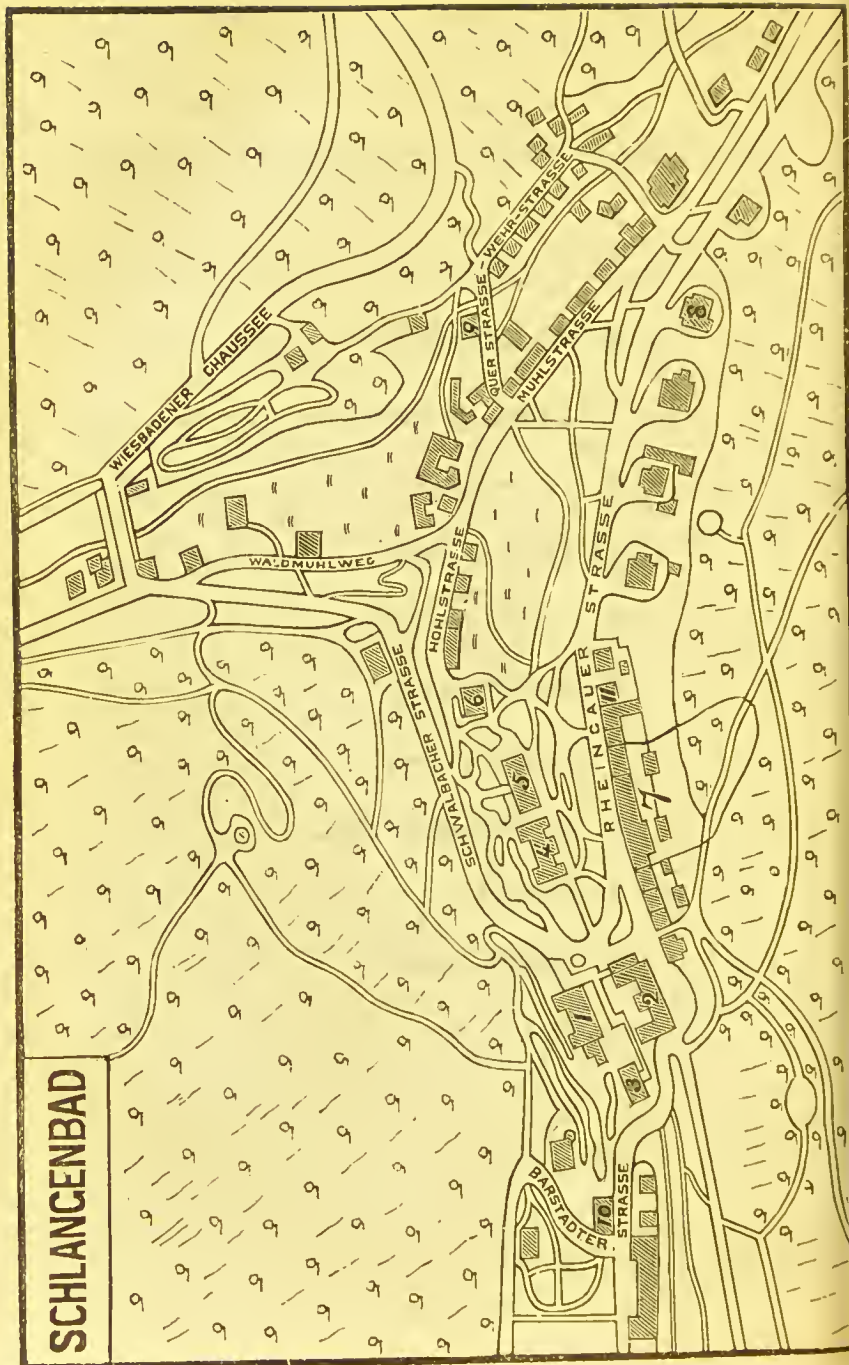
In this park are six dwelling-houses or pavilions (capable of admitting 350 persons), communicating with each other and with the bath house by long covered verandahs and galleries. Cleanliness in every detail and a faultless table are the principal features of these houses.

The director of the establishment, Mr. Hans Amsler, who has lived for some years in England, and knows English requirements and habits, is very obliging, and will gladly give further information on application.

1. Upper Kurhaus.
2. "Hôtel de Nassau."
3. "New Hotel."
4. Lower Kurhaus.
5. "Hôtel de Berlin."
6. Swiss Chalet.
7. "Hôtel Victoria."
8. Dr. Baumann's Villa.
9. Chemist.
10. English Church.
11. Post.



# SCHLANGENBAD



Post and telegraph office in the establishment : eight departures and distributions daily.

Protestant church.

No cure tax as in many German watering-places.

Concerts, balls, and all other amusements and distractions ; walks and excursions of great variety and beauty.

Cabs and carriages, horses.

Three doctors at the establishment, all of whom speak English.

The internal use of the iodine waters of Wildegge (3 miles from Schinznach) is very efficacious in connection with the baths of Schinznach.

Patients with skin diseases, especially eczéma, are advised to continue the waters and fomentations at home, after having left the Schinznach. The water bears travelling well.

**Schlackenbad.**—Prussia, Saxony, near Hettstadt.

Artificial inert thermal baths.

The establishment is good, and contains ball, concert assembly and billiard rooms. The situation is romantic.

**Schlangenbad.**—Germany, Prussian Province of Hesse-Nassau, near Wiesbaden ; 950 feet above sea level. For routes, see table.

Indifferent waters, 85° to 92° F. Nine springs.

*Season* : 1st May to 1st October.

*Special indications* : Menstrual difficulties, female diseases, chronic inflammation of the pelvic organs, neuralgias, gout, rheumatism, skin diseases, and bad complexions.

The establishment is well arranged, and Schwalbach waters (half hour's distance) are often successfully combined with milk, whey and aromatic herb essences.

The village (60 houses with 500 inhabitants) is situated in a valley of the Taunus, with three entrances towards the south and the Rhine. The valley is surrounded by hills, clothed with forests, and rising to a height of 1,900 feet. The atmosphere is very pure and fresh, and saturated with ozone. The environs are charming and idyllic, with many well-shaded and beautiful promenades and drives.

Concerts, balls, reading-rooms, and various other amusements. Tax for one person 12 marks, other members of a family 9 marks each.

The Kurhaus, Casino, upper, middle, and lower Kurhaus, Hotel de Berlin, and Swiss House are all under the management of the Government.

The baths are in three separate establishments.

Post and telegraph in the Kurhaus. English divine service.

*Doctors* : Drs. Baumann, Grossman and Wolff.

*Hotels* : The *Hôtel Victoria* will be found exceedingly well managed, and in every way comfortable and homelike. It is well situated, facing the park and baths. W. Winter, proprietor. (See Plan No. 7.)

**Schleusingen.**—Germany, Thuringia, 1½ hours from Hildburghausen ; 1,210 feet above the sea level.

A climatic air station.

The establishment and accommodation are very good.

**Schmalkalden.**—Germany, Hesse-Cassel, on the Werra railway line, 1,000 feet above sea level.

Iodo-bromurated saline waters, 45° F. Brine baths.

*Special indications:* Scrofula.

The establishment is good and the site picturesque.

*Doctors:* Drs. Fuckel and Rehm.

*Hotels:* Crown, Eagle.

**Schmardau.**—Russia, Lithuania, district of Apitsch, near Podaizen. Sulphurous waters; not much frequented.

**Schmecksz, or Tatra-Füred.**—Hungary, comitat Zips, rail to Poprád; 3,100 feet above sea level.

Pure alkaline bicarbonate waters. For table use only.

Climatic station.

*Special indications:* Debility, disorders of the digestive organs, catarrh of the intestines, derangements of liver and spleen, rhaehitis, anæmia and serofula, phthisis, emphysema, bronchial, laryngeal, and pharyngeal catarrhs.

*Bookseller:* A. Mayer.

*Doctor:* Dr. L. Jarmay.

*Hotel:* The establishment.

**Schmeckwitz.**—Germany, Saxony, near Dresden.

Earthy saline sulphurous waters, 55° F.

The establishments are good, but the accommodation is not of the best.

**Schmerikon.**—Switzerland, Canton, St. Gallen, near Uznach.

Cold ferruginous bicarbonate waters.

Climatic station.

The establishment is well arranged and beautifully situated, with a view over the lake of Zürich.

**Schönau.**—Austria, Bohemia, near Teplitz.—*See* Teplitz-Schönau.

Thermal indifferent waters.

*Special indications:* Gout and nervous affections. There are extensive military hospitals here.

**Schönbeck.**—Germany, Prussia, Province of Saxony.

Saline waters.

**Schönbrunn.**—Switzerland, near Zug; 2,270 feet above sea-level.

Hydropathic establishments, climatic and whey cure station. Irish and Turkish baths.

The site is very fine. Climate mild and braeing. The establishment is excellent, and the accommodation equal to that in the best Swiss hotels.

**Schöneck.**—Switzerland, Canton Unterwalden, above Beggenried, Lake of Lucerne.

A summer station, with hydropathic establishment, compressed air baths.

*Doctor:* Dr. Von Corval.

**Schöngau.**—Switzerland, Canton of Lucerne.

Cold bicarbonate of lime waters.

**Schooley Mountains.**—United States of North America, State of New Jersey.

Ferruginous and magnesian waters.

A much-frequented station.

**Schûls, also Tarasp-Schûls.**—Switzerland, Canton of Grisons.

Cold bicarbonate of soda and iron waters.

**Schum.**—Austria, Tyrol, district of Botzen.

Alkaline, ferruginous and sulphurous waters.

*Special indications:* Anæmia, rheumatism and general debility, skin diseases and chronic sores.

**Schûols.**—Switzerland, Engadine, 10 hours from St. Moritz, 3,730 feet above the sea level.

Effervescent ferruginous waters. There are some 30 springs, of which only a few are used.

**Schwalbach or Langenschwalbach.**—Germany, Hessen-Nassau, between Wiesbaden and Ems; 2,200 inhabitants; 955 feet above sea level. For routes see table.

Chalybeate waters; every description of bath; climatic station; mud baths (peat).

*Season:* May to October.

Number of visitors, between 5,000 and 6,000, as shown by the visitors' list, the majority being ladies.

*Special indications:* All female complaints are treated here as a specialty; anæmia, chlorosis, nervous complaints, debility of muscles and mucous membranes, especially catarrhal affections of the genital and urinary organs.

Schwalbach is a neat little town of about 500 houses, tastefully built. Its situation is very romantic, and the surrounding country is picturesque and affords an ample field for excursions. The bathing establishment is an elegant building, with every modern appliance. The Kursaal contains assembly, concert, reading and refreshment rooms. Daily concerts and bi-weekly *soirées dansantes* are given.

*English Church.*

*Post and Telegraph.*

*Banker and Exchange Office:* Ernst Grebert.

*Wine Merchants:* Ferd. Grebert Söhne.



*Doctors* : Drs. Frickhöffer, Grebert, Boehm and Genth.

*Hôtels* : The *Hôtel Alleesaal* and *Hotel de la Promenade*, are well situated in the midst of gardens, first-class in every respect. A covered way leads to the bathing establishment. Ferd. Grebert Sons, proprietors; dependance, Villa Grebert.

The *Villa Grebert* : In the centre of its own gardens, suitable for families.

The *Duke of Nassau Hôtel* : Well situated, a first-class, and very good family house, with home comforts; entirely refurnished and embellished. J. C. Wilhelmy, proprietor.

The *Tannus Hôtel* : A good second-class house, facing the Royal baths; very clean, and moderate charges; open all the year, with pension. J. Boll, proprietor.

**Schwalheim.**—Germany, Hessen, near Frankfort-on-Maine.

Mixed cold bicarbonate waters. For table use only.

*Doctor* : Dr. Fleury.

**Schwallungen.**—Germany, Saxe-Meiningen.

Ferruginous waters.

The establishment is indifferent.

**Schwarzenberg.**—Switzerland, near Aarau; 2,180 feet above sea level.

Alkali-saline waters.

The establishments are good and the place much frequented.

**Schwarzenberg.**—Austria-Hungary, comitat Zips, near Igló.

Hydropathic establishment, with all modern requirements.

**Schwarzseebad.**—Switzerland, six hours from Fribourg; 3,269 feet above the sea level.

Sulphurous waters; climate severe, but healthy.

The establishments are good.

**Schwefelbad.**—Austria-Hungary, comitat of Zips, near Leibnitz.

Cold sulphurous waters.

*Special indications* : Rheumatism, gout, chronic skin diseases and old sores.

The site is beautiful and the establishment good.

**Schwefelbergerbad.**—Switzerland, Canton of Bern; 4,170 feet above the sea level.

Sulphurous waters; little used.

**Schweizermühle.**—Germany, Saxony, near Königstein; 1,200 feet above sea level.

Hydropathic establishments and climatic station.

*Special indications* : Affections of the lungs and respiratory organs.

The establishment is elegant and contains comfortable assembly rooms. The accommodation is good and moderate in price.

**Schwelm.**—Germany, Westphalia.

Cold ferruginous bicarbonate waters.

**Sciacca.**—Italy, Sicily, on the south-west coast.

Three springs, one sulphurous and ferruginous, and one magnesian, the latter slightly purgative; also natural steam baths.

The establishments are good, and the place is much frequented. The accommodation is scarcely in accordance with English requirements.

**Sclafani.**—Italy, Sicily, Province of Palermo.

Sulphate of lime waters, 145° F., containing alum.

*Season* : May—July.

Bathing establishment is old-fashioned, but the accommodation is fair.

**Sesavnik.**—Austria-Hungary, comitat of Zemplén, near Eperies.

Alkaline ferruginous sulphurous waters.

The establishment is arranged in a primitive manner.

**Seaford.**—England, Sussex, near Eastbourne.

Sea baths, shingly beach. Climate fine and bracing.

*Doctor* : Dr. B. Tuck.

**Seascales.**—England, Cumberland.

Sea baths, sandy flat beach; bracing climate.

*Season* : June—September.

**Seaton.**—England, Devonshire, near Sidmouth.

Sea baths, heavy surf; climate mild and bracing.

*Doctor* : Dr. Pattison.

*Hotel* : *Royal Clarence*.

**Seaton-Carew.**—England, Durham, on Hartlepool Bay.

Sea baths, firm sandy beach; climate bracing.

*Doctor* : Dr. Norman.

**Sea-View.**—England, Isle of Wight.

Sea baths, extensive and sandy beach; climate dry and bracing.

*Hotel* : *The Crown*.

**Sebastianweiler.**—Germany, Württemberg, near Tübingen.

Sulphate of sodium waters, 40° F.; laxative and diuretic action.

Well-appointed establishment. The sojourn is quiet, and offers but few amusements.

**Sedlitz.**—Austria, Bohemia.

Sulphate of sodium and magnesia waters. Purgative action.

**Seebrueh.**—Germany, Westphalia, district of Herford, near Vlotho.

Cold sulphurous waters.

Not much used, and the arrangements are primitive, though the waters are said to be very efficacious.

**Seelisberg.**—Switzerland, Canton of Uri, Lake of Lucerne; 2,210 feet above sea level. For routes see table to Lucerne, thence by rail to Flüelen and boat to Treib, or from Lucerne by boat to Treib; thence by carriage, 30 minutes.

Climatic station in summer, with whey cure and baths in the lake of Seeli. Air very mild and pure; very sheltered. Baths in the hotel.

*Season*: May 15th to October.

The Canton of Uri is celebrated for the legend of William Tell and the Oaths of Alliance. It is the cradle of the Swiss confederacy. In 1852, the present excellent hotels, three in number, and belonging to the same proprietor, were built. They form the chief attraction of Seelisberg, both as a quiet and comfortable place of call and as a centre for numerous excursions. Owing to its altitude of 2,500 feet, this establishment enjoys the same climatic conditions as the other stations in Switzerland. A moist atmosphere, with an equable and comparatively low temperature, is the characteristic of Seelisberg from a hygienic point of view. Vegetation is luxurious, and forests, consisting chiefly of pine and fir, begin at the very door of the establishment. The terrace in front of the hotel is 650 feet long, and 1,200 feet above sea level. It is shaded by trees, and is an excellent place to enjoy the beautiful scenery from, or for walking exercise. There is a "Trinkhalle," where most European mineral waters are supplied. Baths of every description; English church in the hotel; Post and Telegraph Office; during the season, concerts, balls, etc.

A resident physician.

The *Hôtel Sonnenberg* contains about 300 bed-room and drawing rooms; it is very well managed, and the prices are moderate. Good kitchen and excellent cellar. The dining-room is cool and well ventilated, 22 feet in height, and capable of holding 500 persons at a time. It is the largest in Switzerland. M. Truttmann, Proprietor.

**Seeon.**—Germany, Upper Bavaria, near Endorf; 1,725 feet above sea level.

Earthy waters; whey cure and brine baths.

The establishment is good and the situation very picturesque.

**Seewen.**—Switzerland, half-hour from Schwyz; 1,410 feet above sea level.

Ferruginous waters, highly effervescent.

The establishments are very good and the accommodation comfortable and abundant.

**Segesta.**—Italy, Sicily, half-hour from the ruins of this old town.  
Sulphurous waters, 165° F.  
Used in a primitive fashion.

**Segray.**—France, Department of Loiret, Arrondissement of Pithiviers.  
Cold ferruginous waters.

**Segre.**—France, Department of Maine and Loire.  
Cold ferruginous waters.

**Segura de Aragon.**—Spain, Province of Teruel, near Montalvan; 2,200 feet above sea level.

Alkaline and saline waters, 55° F., also a ferruginous spring.

*Special indications:* Rheumatism, nervous affections, hysteria, chorea, female complaints, leucorrhoea, eye affections, scrofula.

The establishment is antiquated, but accommodation is good and moderate in price.

*Doctor:* Dr. Viñolas.

**Segura.**—Spain, Province of Castellon de la Plana.

Saline sulphurous waters, 55° F.

*Special indications:* Skin diseases and lymphatic affections.

Primitive arrangements.

**Seltz or Selters.**—Germany, Nassau, Circuit of Wiesbaden on the Ems.  
Alkaline highly effervescing waters. Used only for exportation.

**Savergnolles.**—Department of Cantal.  
Cold ferruginous bicarbonate waters.  
*Special indications:* Chlorosis.

**Semur.**—France, Department of Côte d'Or.  
Cold saline waters. Five grains of mineralisation.

**Sennfeld.**—Germany, Bavaria, near Schweinfurth-on-the-Maine.  
Sulphurous waters; little used.

**Sentein.**—France, Ariège, near St. Giron.  
Cold bicarbonate of iron waters.

**Sepey.**—Switzerland, Canton Vaud, 7½ miles from Aigle by carriage.  
A mountain air station.

Excursions in the charming valleys of Ormonts and the Mosses; place of call for Chateau d'Oex and Diablerets. Very pure air. Post, telegraph, carriage and relays of horses, with guides.

The *Hôtel and Pension des Alpes* is the only hotel which can be recommended. V. Chenaud, proprietor.



**Seraglio.**—Italy, near Siena.

Indifferent waters, 60° F.

No establishment and little or no accommodation.

**Serapis, Temple of.**—Italy, near Pozzuoli and Naples.

Alkali-saline waters, 85° F.

A place now scarcely visited, but very celebrated in antiquity, as its ruins show.

**Seravalle.**—Italy, Tuscany.

Ferruginous waters, 40° F.

**Serboneschte.**—Roumania, near Putschos.

Sulphurous waters.

Arrangements primitive.

**Serdopol.**—Russia, Finland.

Earthy waters.

Only used by the surrounding peasantry.

**Sergiewsk.**—Russia, Government of Orenburg, near Kasan.

Sulphurous waters.

No accommodation, and visitors have to provide it for themselves as best they can.

**Sermaise.**—France, Department of Marne, near Vitry le Français.

Mixed sulphate and bicarbonate waters, with a laxative and slightly diuretic action.

**Sestri-Ponente.**—Italy, 20 minutes from Genoa.

A winter station.

Though the place is rather dusty and windy, it has of late attracted many visitors, owing to the excellence of its hotel. It affords very comfortable accommodation, at moderate rates. The town possesses little of interest beyond its shipbuilding yards.

*Hotels:* The *Grand Hotel Sestri*, a first-class house, 15 minutes from Genoa; heated by calorifères; moderate charges for a continuous winter stay; play-grounds specially arranged for children. *Meyer and Arrigoni*, also proprietors of *Hôtel de la Grande Bretagne*, at Bellagio.

**Seville.**—Spain, capital of the Province of same name, from Paris, *via* Bordeaux, Irun and Madrid.

As the town is said to have been founded by the Phœnicians, its great antiquity must be admitted. It is one of the most interesting towns in Spain, and is situated in a plain on the right bank of the Guadalquivir.

It was one of the most formidable of Roman strongholds, and became a flourishing city after its siege and capture by Julius Cæsar.

**OBJECTS OF INTEREST.**—The Cathedral, the Alcazar, the Giralda, the Triana, Museum, Churches of la Caridad, St. Nidors, San Miguel, Sta. Maria la Blanca, Town Hall, Lonja, Fabrica de Tabaeo, Picture galleries, Palace of St. Telmo Italica, Baños de Carmona, the walls around the town, Sta. Lorenzo, University, Colombian Library, the Palace of the Archbishop, Hospital, Mint, Casa de Pilatos, Tower of Gold.

**EXCURSIONS:** Ruins of Ithalica, Azualfarrache, Triana Cartujà.

**CABS:** One or two persons, 2 fr.; three or four, 3 fr.; by hour, one or two persons, 4 fr.; three or four, 5 fr.

**Post-office:** Close to Hotel Madrid and de Paris.

**Telegraph-office:** Calle de Bailen.

**Doctors:** Dr. Hauser, de Uriarte.

**Hotels:** *De las Cuatro Naciones, de Paris, de Madrid, de l'Europe.*

**Shanklin.**—England, Isle of Wight.

Sea baths, fine sandy flat beach.

Air pure and healthy.

**Season:** June—October.

**Doctors:** Drs. Dabbs and Moss.

**Hotel:** *The Royal.*

**Shap.**—England, Cumberland, near Gisland.

Alkaline waters and sea baths.

**Sheerness-on-Sea.**—England, Kent, on the Medway.

Sea baths, shingly and sandy beach, climate bracing.

**Season:** June—September.

**Doctors:** Drs. Arrol and Swales.

**Hotel:** *The Fountain.*

**Shotley.**—England, Northumberland.

Chloride of calcium and ferruginous waters.

**Sibitschudi-Suz.**—Roumania.

Ferruginous and sulphurous waters. Very primitive arrangements, and the place is little visited.

**Sibó.**—Austria-Hungary, comitat of Zsolnók.

Sulphurous waters, little used.

**Sid.**—Austria-Hungary, comitat of Gömör, near Vargede.

Alkaline ferruginous waters.

The arrangements are of the most primitive kind, and very little is done for comfort.

**Sidmouth.**—England, Devonshire, near Exeter.

Sea baths, sandy beach; climate equable.

**Season:** June—September.

**Doctor:** Dr. Hodge.

**Hotels:** *The Royal York.*

**Siekeriki.**—Russia, Poland, near Varsovia.

Ferruginous waters.

The establishment is incomplete.

**Sierk.**—Germany, Lorraine, near Thionville.

Cold saline waters, similar to those of Mondorf.

**Sierra Alhamilla.**—Spain, Province of Almeria, near Pechina; 1,800 feet above sea level.

Alkaline effervescent waters, 120° F.; used in drinking.

*Special indications:* Rheumatism, gout, uric diathesis, paralysis, white swelling, tendinous contractions, caries and necrosis, chronic ulcers, hyperæmia of liver and intestinal obstructions.

The establishment is thoroughly well fitted up. The accommodation is very inferior, the rooms containing only chairs and tables; patients are expected to bring their own bedding and linen. The prices are moderate.

*Doctor:* Dr. Hernandez.

**Sierra Elvira.**—Spain, Province of Granada, near Santa Fé.

Sulphurous earthy waters, 60° to 65° F.

*Special indications:* Skin diseases, rheumatism, stomachic disorders, vesical and uterine catarrhs, chorea and scrofula.

The establishment is much behindhand, and the accommodation very inadequate.

*Doctor:* Dr. Saez de Tejada.

**Siete-Aguas.**—Spain, Province of Valencia, near Chiva.

Effervescent alkaline waters, 50° F., containing traces of iron.

*Special indications:* Nervous complaints, dyspepsia, skin diseases, scrofula.

The establishment and accommodation are fairly good. The situation is fine.

*Doctor:* Dr. Gil.

**Sigliano.**—Italy, Romagna, valley of the Teverino.

Alkaline ferruginous waters.

The arrangements are still of a primitive character.

**Silloth.**—England, Cumberland, near Carlisle.

Sea baths; sandy and gravel beach; climate mild, dry, equable.

*Season:* June—September.

*Doctor:* Dr. Leitsch.

*Hotel:* The Solway.

**Silvanès.**—France, Department of Aveyron, near St. Affrique.  
Ferruginous bicarbonate waters, 90° F.

**Sinigaglia.**—Italy, Province of Ancona, and near that town.  
Sea baths and sulphurous spring, 110° to 130° F.  
*Special indications:* Arthritis, rheumatism, gout, skin diseases, affections of the liver and spleen.  
Much frequented by wealthy Romans, although there is no bathing establishment. The spring is half-an-hour distant from the town.

**Sinzig.**—Germany, Rhenish Prussia, near Bonn.  
Alkaline muriatic waters; a climatic station in summer, with whey and grape cure.  
A very old town, with picturesque surroundings.

**Siradan.**—France, Department of Hautes Pyrénées, near Bagnères de Bigorre.  
Sulphate of lime and ferruginous waters.  
*Special indications:* Affections of the urinary organs, chlorosis, and anæmia.

**Sironabad.**—Germany, Hessen, near Nierstein.  
Sulphurous waters.  
The ruins, said to be those of Roman buildings, serve to show the long period during which these waters have been used.  
The place is now little visited.

**Sisso.**—Austria-Hungary, comitat of Neutra, district of Gross-Tapolczá.  
Alkaline-saline earthy waters.  
Little visited.

**Sitka.**—Russian America.  
Hyperthermal sulphurous waters.

**Sixt.**—France, Department of Upper Savoy, near La Croix de Pilly.  
Effervescing ferruginous waters.

**Skara-Chori.**—Greece, Morea, Elis, near Katacobi.  
A sulphurous warm lake.  
There are some ruins of ancient baths with mosaic floors.  
They are still used as baths.

**Skegness.**—England, Lincolnshire.  
Sea baths, sandy beach; climate bracing.  
*Season:* June—September.  
*Hotel:* The Sea View.



**Skinburness.**—England, Cumberland, on the Solway.

Sea baths, fine sandy beach; climate mild and dry.

*Season* : June—September.

**Slepzoff-Michailloff Springs.**—Russia, Caucasus, near Wladiskawkas.

Sulphurous waters, 70° F.

There is a military hospital, but all other arrangements are as yet in a primitive state. The site is romantic and the scenery wild. Good hunting can be had.

**Smokobe.**—Turkey, on the Greek frontier.

Sulphurous waters.

Very primitive; holes are sunk in the ground.

**Smyrna.**—Asia Minor.

Thermal sulphurous waters.

**Sobron.**—Spain, Province of Alava, near Vitoria.

Alkali-saline waters, 60° F.

*Special indications* : Chronic intestinal derangements, hyperæmia of liver and spleen, vesical catarrhs, menstrual difficulties.

The place is situated in a charming valley. The establishment is not quite complete, but affords good accommodation at low prices.

*Doctor* : Dr. Tejada y España.

**Soden.**—Germany, Nassau, at the foot of the Taunus, near Frankfort-on-Main.

Effervescing and saline ferruginous water, 45° F., with laxative and alterative action.

*Special indications* : Serofula, abdominal plethora, pulmonary phthisis.

Fine climate, beautiful situation.

*Doctors* : Drs. Köhler, Thilenius and Fresenius.

*Hotels* : Kurhaus, d'Europe, de Frankfort.

**Soest.**—Germany, Westphalia.

Saline waters. Brine baths.

*Special indications* : Serofula.

The establishments are good.

**Sohl.**—Germany, Saxony, near Elster; 1,418 feet above sea-level.

Ferruginous waters.

The arrangements are primitive.

**Solan de Cabras.**—Spain, Province of Cuenca, near Priego.

Bicarbonate of lime waters, 45° F.

*Special indications* : Nervous affections, skin diseases, tabes, intermittent fever and marasmus, vesical catarrhs.

The establishment is an indifferent one.

*Doctor* : Dr. Valdivieso.

**Solares.**—Spain, Province of Santander.

Saline waters, 70° F.

*Special indications* : Lymphatic affections.

Arrangements primitive; the accommodation is Spanish.

*Doctor* : Dr. Sarraci.

**Sombór.**—Austria-Hungary, comitat of Harómszek, near Torja.

Sulphurous waters, 45° F.

Very little used.

**Sorrento.**—Italy—Bay of Naples, one hour's drive from Castellammare; 7,500 inhabitants.

Climatic air station, with sea bathing.

*Season* : February till June.

The situation of Sorrento, facing Capri, is one of the most lovely in the world. The country around is in a state of high cultivation. Very good fruits and fish. Tasso was born at Sorrento, 1544. The manufacture of scarves and stockings is the chief industry, together with wood mosaic work. The environs are very beautiful.

*English Church Service* in the Hôtel Tramontana.

*Banker and Exchange Office* : A. Falangola.

*Post and Telegraph Office* : Piazza Tasso.

*Chemist* : Dr. Galano.

*Doctors* : Drs. Mayo, and Galano.

*Hotels* : The *Hotels Tramontano, Tasso and de la Sirène* are very comfortable, and afford splendid views over the whole bay. Large garden, with baths in sea. L. Tramontano, proprietor.

**Sostó.**—Austria-Hungary, comitat of Szabolcs Natronlake.

A thoroughly well arranged establishment.

**Sotteville-lez-Rouen.**—France, Department of Seine Inférieure, near Rouen.

Thermal saline bromo-iodurated waters, 55° F.

**Soulac-les-Bains.**—France, Department of Gironde.

Sea baths.

Very fine beach.

**Soulieux.**—France, Department Isère, near Grenoble.

Sulphate of magnesia and soda waters, 5 grammes of mineralisation.

**Sousas and Caldeliñas, or Aguas de Verin.**—Spain, Province of Orense, on the frontier of the Portuguese province Traz-oz-Montez.

Alkali saline waters, 49° F.; chemically superior to the waters of Vichy.

*Special indications* : Calculus, hyperæmia of liver and spleen, gastralgia.

There is a fairly good establishment at Souzas, but at Caldeliñas the most primitive arrangements still prevail. Comfort is conspicuous by its absence, though the efficacy of the waters would amply repay a large outlay. They are unrivalled in the treatment of calculus.

*Doctor* : Dr. Gavilanes.

**Southampton.**—England, Hants.

Sea baths, unsatisfactory beach; climate mild and healthy.

*Season* : June—September.

*Doctors* : Drs. Olliver and Ward.

*Hotel* : The South Western.

**Southbourne-on-Sea.**—England, Hants.

Sea baths, excellent sandy beach; climate healthy and invigorating.

*Season* : July—September.

**Southend-on-Sea.**—England, Essex.

Sea baths, sandy beach; pure and bracing air.

*Season* : June—August.

*Doctors* : Drs. Jones and Phillips.

*Hotel* : The Royal.

**Southport.**—England, Lancashire.

Much frequented sea bathing-place, with sandy beach, and mild and pure air.

*Season* : June—July.

*Doctor* : Dr. Elias.

**Southsea and Portsmouth.**—England, Hants, opposite Isle of Wight.

Sea baths, sandy beach, with very good bathing; climate mild and steady.

*Season* : July—October.

*Doctors* : Drs. Axford and Simpson.

*Hotel* : The Queen's.

**South Shields.**—England, Durham, on the Tyne.

Sea baths, sandy beach; climate pure and bracing.

*Season* : June—September.

*Doctors* : Drs. Dalziel and Spear.

**Southwold.**—England, Suffolk.

Sea baths, sandy beach; climate very equable and healthy.

*Season*: June—September.

*Doctor*: Dr. Vertue.

*Hotel*: The Swan.

**Spa.**—Belgium, close to the German frontier, 17 miles from Liege and Aix-la-Chapelle, 1,050 feet above the sea level; nearly 7,000 inhabitants. For routes see table.

Highly effervescent ferruginous and acidulous waters. Every description of bath.

*Season*: May to October. Air healthy and bracing.

*Number of Visitors*: More than 30,000 annually.

*Special indications*: Anæmia, chlorosis, female complaints, hysteria, gastralgia, sterility, difficult menstruation, liver complaints, urinary disorders, cachexia, mucous catarrh of the uterus, &c.

English and Scotch churches.

*Bookseller*: Jos. Engel, opposite the Pouthon.

*Doctors*: Drs. Thompson, Lezaeck, De Dameseau and Scheuer.

*Hotel*: The *Hotel de Flandre*.

**Spag.**—Russia, Government of Pleskow, on the Duna.

Sulphurous waters. Primitive arrangements.

**Spalato.**—Austria, Dalmatia.

Saline and sulphurous waters, 28 grammes of mineralisation, of which 19 grammes are chloride of sodium.

*Special indication*: Scrofula.

**Spezia (La).**—Italy, on the Riviera di Levante, an Italian maritime port, between Genoa and Pisa. Fine Bay.

Winter air-cure and summer sea bathing station.

Mean winter temperature, 50° F.; 74 rainy days, 64 cloudy days, and 63 sunny, during the winter season. The atmosphere is more humid than on the Riviera di Ponente. Spezia is especially recommended to people who find a difficulty in sleeping in other seaside places.

The Piazza Vittorio Emanuele is a very fine square, and the gardens are being extended every year. The walks are admirably clean, and this is a very favourite one.

Very picturesquely situated; air fine and bracing. Many excursions. The new road to the fortifications, commanding a magnificent view over the bay, is open to visitors.

There is a good theatre and a casino.

Vegetation is luxuriant, and composed chiefly of olive and vine trees. The water is good, but should always be mixed



with wine at the beginning of residence, to prevent diarrhœa. There is very little dust.

English church in winter.

Post office : Corso Cavour.

Telegraph : Via Facio.

Chemist : Fossati, Farmacia Regia.

Doctor : Dr. Sparks.

Hotel : The *Grand Hotel de Spezia*, a thoroughly well appointed house, comfortable, open all the year; excellent situation, overlooking bay. Well managed by Menetrey Hauser, the proprietor.

**Spital.**—England, Durham, near the mouth of the Tweed.

Cold sulphate of soda waters.

Laxative action.

**Sprofonzo.**—Italy, Tuscany, near Asciano.

Nine springs. Sulphurous waters, 37° to 75° F., mud baths.

The establishments are good.

**Stachelberg.**—Switzerland, Canton of Glarus; 2,800 feet above sea-level.

Cold sulphur waters.

*Special indications* : Skin diseases, chronic laryngitis.

A very well-appointed establishment, with comfortable accommodation. The situation is highly picturesque.

**Staden.**—Germany, Hessen-Nassau, near Nidda.

Earthy saline waters. Exported.

The establishments are incomplete, though the spring is one of the oldest in Germany.

**Staraja-Rossa.**—Russia, District of Nischni-Novgorod.

Cold saline iodo-bromurated waters.

The establishments are very good, and the place is one of the most frequented of Russian stations. Its situation is charming.

**Starbeek.**—England, Yorkshire, near Harrowgate.

One ferruginous and one sulphurous spring, both slightly mineralised.

There is a bathing establishment lately opened, which is beginning to be frequented.

**Stavenhagen.**—Gormany, Mecklonburg.

Earthy alkalino ferruginous waters.

The arrangements leave room for improvement.

**Steben.**—Germany, Bavaria, district of Upper Franconia, near Hoff; 1,900 feet above sea level.

Five ferruginous effervescing springs, and mud baths.

Mountain air cure.

The situation is most picturesque. The establishments are fitted with all modern improvements. The accommodation is comfortable and moderate in price.

*Doctor* : Dr. Klinger.

*Hotels* : *Anchor, Bavière.*

**Steinabad.**—Germany, Baden, in the Black Forest.

A climatic station.

The place is situated in the midst of pine forests. The climate is mild and strengthening. Disorders of the digestive organs are those chiefly benefited by residence.

*Doctor* : Dr. Wiel.

**Steinfurt.**—Germany, Hessen-Nassau, near Wisselsheim.

Saline waters.

The place deserves to be better known. At present the waters are used only by the surrounding inhabitants.

**Steinheyde.**—Germany, Saxe-Meiningen.

Saline ferruginous waters.

The site is picturesque, but little has been done towards improving the place.

**Steinwater.**—Austria, Bohemia.

Sulphate of magnesia waters, 31 grammes of mineralisation, of which 28 grammes are sulphate of magnesia.

Purgative, as Püllna and Sedlitz.

**Sternberg.**—Austria, Bohemia, near Prague.

Chalybeate waters. Whey cure station.

The establishment is very efficient. The site is picturesque and much visited.

**Stoika.**—Austria-Hungary, comitat of Szolnok.

Alkali-saline waters, 45° F.

No establishment, and the waters are used only in the neighbourhood.

**Stolypin.**—Russia, on the Kuschum, one of the tributaries of the Volga.

Saline sulphurous waters.

The establishment is thoroughly well fitted up, is very elegant, and affords comfortable accommodation. Its situation is charming, and the place is rising rapidly in public favour.

**Strathpeffer.**—Scotland, Rosshire, near Dingwall, in a very picturesque situation.

Strong sulphurous waters.

Hydropathic establishment.

*Special indications* : Skin diseases, rheumatism.

*Doctors* : Drs. Manson and Middleton.

**Strasburg.**—Germany, Capital of Alsace-Lorraine, on the left bank of the Rhine.

One of the strongest fortresses in Europe, captured in 1871 by the Germans, after a long and desperate resistance.

**OBJECTS OF INTEREST.**—The Cathedral, the University (formerly the Episcopal Palace), Church of St. Thomas, Public library, Town Hall and old Prefecture, Theatre, Academy, Lyceum, Tobacco factory.

**EXCURSIONS** : Mont St. Odile, Saverne, Greifenstein.

**CABS** : A drive for one or two persons, 50 pfgs.; one hour 2 marks.

Post and telegraph-office : Schlossplatz.

*Bookseller* : Derivaux, Rue des Hallebardes.

*Dentist* : Jacques Wiesner.

*Doctors* : Drs. De Barry, Kussmaul and Kley.

*Hotels* : The *Hôtel d'Angleterre*, first-class, nearest to the central station. Telegraph, post-offices and cathedral. Great comfort with moderate charges. Omnibus at the station. C. Mathys, proprietor.

**Streatham.**—England, near London.

Sulphate of magnesia waters; purgative action.

**Streitberg.**—Germany, Bavaria, near Forchheim; 1,800 feet above sea level.

A climatic air station with whey cure.

The surrounding hills are covered with pine forests. The country is picturesque, and abounds in walks and excursions. The establishment is thoroughly fitted up and affords ample accommodation.

**Strea.**—Italy, Lago Maggiore, in front of the Borromean Islands.

Station of call. Air cure.

**Stromstad.**—Sweden, on the Skagerak, near Gothenburg.

Sea baths; strong surf, stony beach.

The most popular of Swedish sea-bathing places.

**Stuben.**—Austria-Hungary, comitat of Arva Turóc, on the Stubna.

Earthy saline bitter waters, 110° F.

The establishment and accommodation generally are very satisfactory. The place is romantically situated, and the park and gardens well kept.

**Stuttgart.**—Germany, Capital of Württemberg; from Paris by Strasburg and Kehl, 17½ hours. 88 fr. 1st class.

Stuttgart, most beautifully situated a short distance to the west of the Neckar, surrounded by hills, covered with orchards and vineyards. The town is of comparatively recent origin. It occupies the second place in Germany as a centre of the book trade.

**OBJECTS OF INTEREST.**—Old and new Royal Palace, Rosenstein and Wilhelmina, Public library, Muscum of natural history, Commemorative Column, Museum of fine arts, Königsbau, Exchange, Barracks, Ministry of foreign affairs, Post-office, Museum, Liederhalle, and Carlsschule.

**EXCURSIONS:** Villa Rosenstein, Palace Gardens, Wilhelmina, Cannstadt and Solitude, and Hohenheim.

**CABS:** according to tariff.

*Dentist:*—Ferd. Young.

*Doctors:* Drs. Von Koch, Von Hausmann and Gärtner.

*Hotels:* Marquardt, Royal.

**Suderode.**—Germany, near Quedlinburg.

Saline waters.

*Special indications:* Scrofula, pulmonary affections, anæmia, &c.

*Doctor:* Dr. Barwinsky.

*Hotel:* Kurhaus.

**Sujo.**—Italy, in the valley of Garigliano.

Thermal sulphurous ferruginous and effervescent waters.

*Doctor:* Dr. Rocco-Tagliata.

**Suliguli.**—Austria-Hungary, comitat of Mármaros, District of Visso.

Alkali-saline waters.

The establishment is incomplete, and the accommodation not such as to attract visitors.

**Sulz.**—Hungary, comitat of Eisenburg, near Güssing.

Cold alkaline-earthly waters.

Very celebrated in the district. The establishment is good, and the accommodation satisfactory.

**Sulza.**—Germany, Saxe-Weimar.

Saline waters; brine baths; grape cure.

*Special indications:* Scrofula.

The site is charming, and the establishment good.

*Doctor:* Dr. Sanger.

*Hotels:* Kurhaus and de Saxe.

**Sulzbach.**—Germany, Alsatia, near Colmar.

Cold bicarbonate ferruginous waters, 4 grammes of mineralisation.

*Special indications:* Dyspepsia, anæmia.



**Sulzbach.**—Germany, Baden.

Ferruginous bicarbonate waters, 50° F., 2 grammes of mineralisation.

*Special indications* : Dysmenorrhœa.

**Sulzbach.**—Germany, Alsatia, near Weissenburg and Strasburg.

Saline iodo-bromurated waters, 4 grammes of mineralisation.

The same therapeutic properties as Wildegge and Kreuznach.

*Special indications* : Scrofula and lymphatic affections.

The gardens are beautiful, and the establishment well fitted up.

**Sulzmatt.**—Germany, Alsatia, near Gebweiler and Colmar ; 850 feet above sea level.

Effervescing alkaline waters, more gaseous than those of Seltzer.

*Special indications* : Catarrh of the bladder and lungs.

An excellent table water.

**Suot-Sass.**—Switzerland, Canton of the Grisons.

Strongly effervescing chalybeate waters.

**Sutinsko.**—Austria-Hungary, Croatia, near Agram.

Inert waters, 100° F. ; climatic station.

This is a very favourite bathing-place. The situation is good, and the air mild and exhilarating.

The establishment is elegant, and thoroughly well fitted up.

Comfortable accommodation at reasonable prices.

**Sutton.**—England, Lincolnshire, near Alford.

Sea baths ; sandy beach ; climate bracing and healthy.

*Season* : June—September.

*Hotel* : The Jolly Bacchus.

**Swanage.**—England, Dorsetshire, Isle of Purbeck.

Sea baths ; sandy beach. Climate very healthy. Hydropathic establishment.

*Season* : July—September.

The surrounding scenery is fine.

*Doctors* : Drs. Geo. Delamott and Pearse.

*Hotel* : The Victoria.

**Swanlibar.**—Ireland, near Enniskillen.

Cold hydrosulphuric waters.

**Swansea and the Mumbles.**—Wales.

Sea baths ; sandy beach. Climate good.

Rather hot in summer ; good establishments.

*Doctors* : Drs. Bend and Couch.

**Swinemünde.**—Germany, Pomerania, on the Baltic Coast.

Very well frequented sea baths, near Stettin; very fashionable.

*Doctors* : Drs. Schulze and Wilhelm.

*Hotels* : *Wilmelmsbad* and *Three Crowns*.

**Sylt.**—Island in the North Sea, on the coast of North Schleswig.

Sea baths; sandy beach.

*Doctors* : Drs. Ditmann and Mareus.

*Hotels* : *Royal*, *Strand*, *German Emperor*.

**Szalatnya.**—Hungary, comitat of Hont, near Schemnitz.

Cold saline earthy waters.

Digestive and diuretic action.

The situation is fine, and the waters are efficacious, but an utter want of energy on the part of the proprietors is gradually destroying the place.

**Szaldobos.**—Austria-Hungary, Transylvania, District of Udvarhély.

Alkaline ferruginous waters.

The arrangements are very primitive.

**Szaploneza.**—Austria-Hungary, comitat of Mármaros.

Alkaline effervescent waters; for table use only.

**Szator.**—Austria-Hungary, near Rimaszecs.

Alkali-saline waters.

Only used by the surrounding inhabitants.

**Szczawnicza.**—Austria, Galicia, near Neusandek; 1,000 feet above sea level.

Alkali-saline ferruginous waters; whey cure.

*Special indications* : Chronic metritis, vesical catarrhs, kidney affections, fluor albus, vaginal and uterine catarrhs, goitre, rhachitis.

Owing to its magnificent situation, and the elegance and comfort of its bathing establishments and accommodation, this place is the most important of the Galician bathing stations. Each year the number of its visitors increases. The efficiency of its waters contribute to this result in no small degree. The excursions are very varied and interesting, while the Kursaal supplies all that is required for making the time pass pleasantly.

**Szent-Ivan.**—Austria-Hungary, near Magyarfalva.

Sulphurous, highly effervescent waters, with gaseous emanations.

Little has been done to attract visitors, and the arrangements are very primitive.

**Szinye-Lipócz.**—Austria-Hungary, near Eperies.

Alkaline waters, containing iodine and lithium.

*Special indications*: Kidney and vesical disorders.

**Szinyak.**—Austria-Hungary, comitat Bereg, near Munkacs.

Sulphurous cold waters, containing alum and sulphuric acid.

*Special indications*: Gout and rheumatism.

Situation romantic; pure forest air. The establishment is well fitted up.

**Szkleno.**—Hungary, comitat of Bars, near Schemnitz.

Several thermal sulphate of lime springs, 50° to 135° F.

*Special indications*: Rheumatism, gout, skin diseases.

The establishments leave much room for improvement.

They are all very elegant, but not well suited to modern requirements. The situation is highly picturesque, and excursions are abundant. The parks and gardens are scrupulously kept, and the surrounding woods are laid out with walks. The sojourn is an agreeable one, and the place is gaining in favour steadily.

**Szklo.**—Austria, Galicia, 5 hours from Lemberg.

Sulphate of lime water.

*Special indications*: Skin diseases, rheumatic affections.

The establishments are good.

**Szliacz.**—Hungary, comitat of Sohl, near Kremnitz; 1,200 feet above sea-level.

Eight ferruginous effervescing springs, 25° to 80° F.

Diuretic, tonic, and fortifying.

*Special indications*: Anæmia, menstrual disorders, atony.

Well-appointed and well-frequented; beautiful situation.

*Doctor*: Dr. Hasenfeld.

**Szmrdak.**—Austria-Hungary, comitat of Oberneuthra, near Szenitz.

Sulphurous waters.

*Special indications*: Chronic skin diseases, paralysis, hæmorrhoids, disorders of liver and spleen, hypochondriasis, hysteria, scrofulous and rachitic affections, dyscrasia, chronic blenorrhœa.

The situation is picturesque, and the concourse of visitors large.

The two bathing establishments are thoroughly well fitted up. The large Kurhaus, built in the style of an old feudal castle, affords very excellent accommodation. The establishments are situated in an extensive English-like park.

**Szobranecz.**—Hungary, near Kaschau.

Salino sulphurous waters, 35° F.

In a very picturesque position, with mild salubrious air and well-appointed arrangements. The list of visitors is composed principally of Russians, Moldavians and Hungarians of the upper classes. The whole place is one large park.

**Szolyva.**—Austria-Hungary, comitat Bereg, near Munkács.

Effervescent alkali-saline waters. The water is largely exported.

**Szombat-Falva.**—Austria-Hungary, Transylvania, 2 hours from Udvarhely.

Earthy ferruginous and sulphurous waters, the latter of a temperature of 212° F.

The site is picturesque, but little has been done to bring these excellent waters into notice.

**Sztubieza.**—Austria-Hungary, comitat of Agram.

Inert waters, 140°.

*Special indications:* Chronic, nervous and skin affections, rheumatism, gout, lymphatic and serofulous disorders.

The establishment is incomplete.

**Szulin.**—Hungary, comitat of Saros.

Cold ferruginous and effervescing lime waters, 7 grammes of mineralisation, of which 3 grammes are bicarbonate of soda, and 2 grammes chloride of sodium.

**Tabbiano.**—Italy, near Piacenza, and Parma.

Sulphurous waters, 60° F.

There is a small establishment.

**Talamonaccio.**—Italy, Tuscany, Valley of Osa.

Saline ferruginous sulphurous springs, 80° F.

*Special indications:* Lymphatic affections, rheumatism.

There are some ruins of old bathing establishments, but the waters are now used only at the spring.

**Talloires.**—France, Department of Haute Savoie, on the banks of the lake of Annecy.

Cold sulphurous waters.

**Tambach.**—Germany, Saxe-Coburg, near Gotha.

Climatic station in summer.

One of the most picturesque of the valleys of Thuringia. The surrounding country is covered with pine forests.

**Tannenbrunnen.**—Germany, Bavaria, near Haagard Ampfing.

Indifferent waters.

The establishment is good, and affords comfortable accommodation.



**Taormina.**—Italy, Sicily, 30 miles from Messina ; 1 mile by carriage, and  $\frac{1}{2}$ -mile by footpaths.

Winter station, and one of the most interesting places in Sicily.

The *Hôtel Belle Vue* truly deserves its name, and will be found very clean and comfortable. G. Kellermann, Proprietor.

**Tapolcza.**—Austria-Hungary, near Miskolcz.

Inert waters, 70° F.

There is a small establishment.

**Tapolcz-Bisztra.**—Austria-Hungary, comitat of Zemplén.

Effervescent ferruginous waters.

**Tarascon.**—France, Department of Ariège, near Foix, Ax and Ussat.  
Bicarbonate of iron waters.

**Tarasp.**—Switzerland, Engadine ; 4,500 feet above sea level.

Mild alkaline and ferruginous waters, climatic station.

*Special indications :* Affections of the bladder.

*Doctors :* Drs. Killias and Pernish.

**Tardon.**—Spain, near Sevilla.

Sulphate of magnesia waters.

**Tarna.**—Austria-Hungary, comitat of Ugocza, near Kiralyhaza.

Ferruginous waters.

Small bathing establishment.

**Tatenhausen.**—Germany, Westphalia, near Bielefeld.

Indifferent waters ; mud baths.

*Special indications :* Nervous affections.

The establishment is good and the accommodation comfortable and moderate in price.

**Tatzmannsdorf.**—Austria-Hungary, near Günz and Steinamanger.

Bromurated earthy, ferruginous waters ; climatic station.

A well-appointed establishment, beautifully situated.

Well-frequented station ; mild and equable air.

*Doctor :* Dr. Thomas.

**Tegernsee.**—Germany, Bavaria, near Holzkirchen ; 2,400 above sea level.

Climatic mountain air station, with whey cure.

The site is charming and the accommodation comfortable.

**Teignmouth.**—England, on the Channel Coast.

Sea baths, smooth sandy beach ; climate bracing.

*Doctor :* Dr. Lake.

**Teinach.**—Germany, Würtemberg, in the Black Forest, near Wildbad.  
 Cold earthy alkaline waters.  
*Special indications* : Nervous debility.  
 The situation is charming and residence agreeable.  
*Doctor* : Dr. Wurm.

**Telese.**—Italy, Province of Benevento, on the line from Naples to Foggia carriages and omnibus from the station to the establishment; 1,900 feet above sea level.

Sulphurous waters, 68° F., containing much sulphuretted hydrogen gas. Used externally and internally.

*Seasons* : June—September.

*Special indications* : Herpes, affections of the glandular system, rheumatism and mercurialism.

This place is much frequented and during the season, a special service of fast trains runs between it and Naples.

The establishment is fitted with all modern requirements. Visitors and patients generally prefer, however, staying at San Salvatore Telesine, a fine village in a very picturesque position, quarter of an hour by carriage from the establishment. There are comfortable hotels with pensions, from 10 fcs. upwards a day. Beautiful walks and excursions.

Post and Telegraph Office.

*Doctor* : Dr. Abbamondi.

**Telgart.**—Austria-Hungary, Comitatus of Gran.

Alkaline-ferruginous waters.

*Special indications* : Constipation, hypochondriasis, hysteria. Little accommodation, and the establishment is incomplete.

**Temburg.**—England, Worcestershire.

Cold saline waters.

*Special indications* : Scrofula.

**Tenby.**—Wales, near Pembroke.

Chalybeate springs; tonic and fortifying action, sea baths, sandy beach.

*Special indications* : Anæmia.

*Doctors* : Drs. Chater and Dyster.

*Hotels* : The Albion.

**Teneke.**—Austria-Hungary, comitat of Südbihar, near Grosswardein.

Effervescent ferruginous waters.

The small establishment is good, and the accommodation it affords satisfactory.

**Tennstädt.**—Germany, Prussia, Province of Saxony, near Langensalza.

Sulphate of lime waters, 30° F.

*Special indications* : Rheumatism and skin diseases.

The establishment is efficient, but the country is uninteresting.

**Tenos.**—Greece, island in the Archipelago.

Alkaline waters.

There are no arrangements for visitors.

**Teplitz.**—Austria, Moravia,  $\frac{1}{4}$ -hour from Weisskirchen.

Effervescent-ferruginous waters; climatic summer station.

The air in the valley of Teplitz is very mild and steady. The scenery around is picturesque. The establishments are good and the accommodation comfortable and moderate. A quiet place of residence. It is much frequented.

**Teplitz-Schönau.**—Austria, Bohemia. 700 feet above sea level; 17,000 inhabitants. For routes, see table.

Alkali-saline waters. The temperature of the several springs ranges between 95° and 125° F. The coolest is the Steinbath, and the hottest the Stadtbath. Refrigerating basins enable the waters to be used at any temperature.

*Season:* 1st May to end of September, but open all the year. Number of visitors in 1883, 32,625.

*Special indications:* Rheumatism, gout, neuralgias, paralysis, intricate spinal complaints, scrofulous tumours and sores, sequelæ of severe wounds, *fractures, ankylosis, and affections of the tendons.*

Teplitz-Schönau, the oldest of the Bohemian baths, is a thermal mineral bathing station of first importance. It lies in a valley of the Erz mountains, by which it is sheltered from north winds. Against the hot south winds, the Mittel mountains provide efficient protection. The parks and gardens are magnificent, while the walks and drives offer every variety of scenery and vegetation. The excursions into the Erz and Mittel mountains are very interesting.

The bathing establishments contain arrangements for mud baths. This mud is applied in most of the above-mentioned complaints in conjunction with thermal water baths. The thermal waters are applied in sitz baths, with very satisfactory results.

Percussion, jet, shower and douche baths.

The bathing establishments: Stadtbath, the Kaiserbad (with very luxurious arrangements), and Steinbad, belong to the municipality of Teplitz. The Schlangenbad is the property of the adjoining Schönau. The cure is taken in summer and winter, and with the exception of the Schlangenbad, the bathing establishments offer very comfortable accommodation. Teplitz has a very fine **Cursaal**, a magnificent theatre, and a municipal band of musicians; in Schönau a military band gives concerts several times a week. There is an elegant reading room in Teplitz, and one also in Schönau. Churches of various denominations, and two railway stations.

*Post:* Schlossplatz, No. 2./60.

*Telegraph Office:* Waisenhausgasse, No. 4./736.

For detailed information, apply to the Bath Inspector in Teplitz, and to the Mayor in Schöna.

There are a great many cafés, restaurants, confectionaries and wine-rooms: villas and private apartments.

*Doctors*: Drs. Seiehe, Eberle, Ficker, Krauss, Von Krajewski, Musil, Saumely and Wantuch.

*Hotels*: *Grand Hôtel de la Poste*, *Hôtel Roi de Prusse*, *de Londres*, both 1st class. *Hôtel Habsburg*, good 2nd class.

**Tercis.**—France, Department of Landes.

Saline sulphurous springs, 80° F.

*Special indications*: Rheumatism, skin diseases, and disorders of the bladder.

**Terme Luigiane.**—Italy, Calabria, Province of Cosenza, on the line from Naples to Cosenza.

Two sulphurous (212° F.) and ferruginous (70° F.) springs.

*Special indications*: Rheumatism, skin diseases, anehylosis, contractions, anæmia, ehlorosis, difficult menstruation.

Establishments not good; the accommodation is of a primitive kind.

**Termignon.**—France, Savoy.

Cold saline waters.

Slightly purgative.

**Termini Castoreale.**—Italy, Sicily, Province of Messina.

Ferruginous sulphurous waters, 90° F., slightly effervescent.

*Special indications*: Affections of the respiratory organs, uterine diseases, rheumatism, gout, herpes.

There is an establishment, and the town is gaining in popular favour.

**Termini Imerese.**—Italy, Sicily, Province of Palermo, 22,000 inhabitants.

Sulphate of sodium water, 115° F.

*Special indications*: Skin diseases and rheumatism, liver, kidney, vesical and intestinal disorders.

There is a good establishment.

**Ternaut.**—France, Puy de Dôme.

Cold ferruginous bicarbonate waters.

*Special indications*: Feeble digestion.

**Ferrasse (La).**—France, Department of Isère, near Grenoble.

Sulphate of calcium waters.

**Terrau.**—France, Department of Cantal.

Cold ferruginous bicarbonate waters.



**Teruel.**—Spain, Aragon, on the Alhama.

Inert waters, 80° F.

The establishments are quite insufficient, and are almost entirely neglected.

**Testa.**—Italy, Province of Siena, valley of the Paglia.

Ferruginous effervescent waters, 110° F.

Known to the Romans as the "Balnea Clusina," but now almost abandoned. The establishments are not good.

**Teste (La).**—France, Department of Gironde, near Arcachon.

Sea baths; sandy beach; mild climate, but heavy surf.

**Teufen.**—Switzerland, Canton of St. Gall; 2,640 feet above sea level.

Sulphurous waters.

Climatic station.

There are three bathing establishments, all alike antiquated.

**Thalgut.**—Switzerland, Canton of Berne, half-hour from Thun; 1,650 feet above sea-level.

Cold ferruginous sulphurous waters.

*Special indications:* Rheumatism and nervous affections.

The establishment is fairly good.

**Tharandt.**—Germany, Saxony, on the Weiseritz, near Dresden.

Cold ferruginous waters.

Very good arrangements; the place is much frequented.

**Theissholz.**—Austria-Hungary.

Earthy waters.

Very primitive arrangements, used only by the surrounding inhabitants.

**Thera.**—Greece, one of the Cyclades.

Chalybeate and sulphurous waters, 75° to 105° F.

Very potent waters, but there are no arrangements whatever for strangers.

**Thermas (Las).**—Spain, near Saragoza, on the frontier between Aragonia and Navarra.

Saline and sulphate of soda waters, 100° F.

*Special indications:* Rheumatism.

For Spain, very well appointed.

**Thermia.**—Greece, island in the Archipelago, anciently Dryopis.

Saline and saline ferruginous waters, 115° to 145° F.; mud baths.

No establishment, and used in a primitive fashion.

**Thermopylæ.**—Greece, Thessalia, also called Hereulesbath.

Saline sulphurous waters, 140° to 145° F.

The arrangements are altogether behindhand.

**Thesbis Spring.**—Greece, Boeotia, on the Helikon.

Ferruginous waters.

Renowned and much used in antiquity in cases of sterility ; they are now altogether abandoned.

**Theusserbad.**—Germany, Württemberg, 3 hours from Heilbronn.

Earthy waters.

The situation is romantic, but the arrangements inadequate.

**Thingöe-Syssl.**—Iceland, near Reikiadal.

Alkaline waters, 195° F.

Not used therapeutically.

**Thorp Areh, or Boston.**—England, Yorkshire, West Riding, near Bramham.

Saline waters.

Very picturesque site ; air and climate good.

*Doctor* : Dr. Seatchard.

*Hotel* : Crown Hôtel.

**Thoune or Thun.**—Switzerland, Canton Berne, on the lake of Thun ; 4,600 inhabitants.

Climatic station.

*Season* : June—September.

Climate bracing and strengthening.

The surrounding country is covered with pine forests, and excursions are numerous. Boating and fishing can be had ; the town is old and interesting, with a mediæval castle, and several good public buildings.

*English church.*

*Banker* : A. Knechtenhofer.

*House and Estate Agent* : A. Knechtenhofer.

*Hotels* : The Hôtel and Pension Baumgarten is situated in extensive gardens, and is a very comfortable and homelike place. J. H. Beilick, proprietor.

**Thuez.**—France, Department of Pyrénées Orientales, near Olette.

Sulphurous waters, 110° F.

Arrangements are imperfect.

**Thurso Bay.**—Scotland, Caithness, near Dunnet.

Sea baths, sandy beach ; climate bracing.

*Season* : June—September.

*Doctors* : Drs. Craven and Smith.

**Thusis.**—Switzerland, Canton of Grisons, on the Via Mala, near Coire.

Mixed sulphurous waters.

*Special indications* : Skin diseases.

The establishment is old ; accommodation comfortable.

**Tiermas.**—Spain, Province of Zaragoza, near Sos.

Sulphurous saline waters, 80° to 100° F.

*Special indications:* Anchylosis, consequent upon injury, gravel, gout, rheumatism, paralysis, scrofula, menstrual derangements.

The establishment has been considerably enlarged of late, and is up to all modern requirements. The accommodation is good and cheap. There are large gardens, and the situation is charming.

*Doctor:* Dr. Pastor.

**Tiflis.**—Asia, Caucasus, Georgia.

Thermal sulphurous springs.

**Tillerborn.**—*See* Tönnistein.

**Tissières (les Boules).**—France, Department of Cantal.

Cold bicarbonate of soda waters.

Table water.

**Tissington.**—England, Derbyshire, near Ashbourne.

Climatic and holiday resort.

**Titus (Banos de).**—Spain, on the road from Barcelona to Gerona.

Thermal saline waters, 105° F.

Good arrangements.

**Tivoli.**—France, Department of Upper Savoy, near Evian.

Effervescing ferruginous waters.

**Tobelbad.**—Austria, Styria; 1,050 feet above the sea level, near Graz.

Inert waters, 80° F. A climatic station in summer.

The establishments are excellent; accommodation abundant and comfortable. The situation is picturesque, and residence very agreeable. There are large well-kept gardens and a park.

*Doctor:* Dr. von Kottowitz.

**Tolpa.**—Italy, Romagna, near Campaccio.

Effervescent ferruginous waters.

There are no arrangements whatever for bathers.

**Tongeren.**—Belgium, Province of Limburg, near Liege.

Cold bicarbonate of iron waters.

**Tönnistein.**—Germany, Rhenish Prussia, near Neuwied and Andernach.

Bicarbonate table waters. Only used for exportation.

There is an establishment.

**Tôplika.**—Austria, Croatia, near Warasdin and Agram.

Several sulphate of soda and alkaline springs, 145° F.

*Special indications* : Arthritis and skin diseases.

Several establishments and mud baths.

The Emperor Constantine rebuilt the thermæ after their destruction by fire in the 3rd century.

*Doctor* : Dr. A. Fodor.

**Topolschiz.**—Austria, Styria, near Schönstein.

Indifferent waters, 80° F.

The arrangements are somewhat antiquated, but the accommodation is good, and the situation very fine.

**Topuczko.**—Austria, Croatia, near Sissek.

Several inert springs, 115° to 140° F.

Mud baths; climatic air station.

*Special indications* : Arthritism, scrofula, menstrual disorders.

Good arrangement; military hospital; large parks.

*Doctor* : Dr. Hinterberger.

**Torda.**—Austria, Transylvania.

Bromo-iodurated saline waters.

*Special indications* : Scrofula.

Arrangements pretty good.

**Toropetz.**—Russia, Government of Pleskow.

Effervescent ferruginous waters.

There are no proper arrangements.

**Torpa.**—Sweden, Province of Gothenburg.

Bromo-iodurated saline waters. Exported.

A good establishment.

**Torquay.**—England, Devonshire, Channel Coast.

Sea baths, small beach; cool climate in summer, warm in winter.

*Special indications* : Consumption and rheumatism.

Very much frequented.

*Doctors* : Drs. Dally, Huxley, Pollard and Thompson.

*Hotel* : The *Imperial Hotel*, in a most magnificent position, well appointed, and historically interesting through the sojourns of imperial and royal personages; southern aspect and facing the sea; one of the most popular houses in the West of England; homelike. G. Hussey, manager.



**Torre-Anunziata.**—Italy, Naples, on the rail from Naples to Salerno.  
Bicarbonate of soda and effervescent acidulated waters,  
85° F. Mild and healthy climate.

*Season* : All the year round, but principally June—September.

*Special indications* : Feeble digestion, incipient hepatitis, hypochondriasis, hæmorrhoids, leucorrhœa and skin diseases.

A bathing establishment is in course of construction. Daily concerts in summer on the beach.

**Torre del Grecco.**—Italy, near Naples.

Natural gaseous baths.

The situation is very lonely, and the baths are consequently little used.

**Torre de San Miguel.**—Spain, Province of Saragossa.

Cold sulphurous waters.

*Special indications* : Nervous affections, pulmonary catarrh.

**Torres.**—Spain, Province of Madrid, near Alcala de Henares.

Sulphurous magnesian waters, 45° F.

The establishment is fairly complete; the visitors lodge in the village; gardens, park and environs are charming.

*Doctor* : Dr. Jaime.

**Torres-Vedras.**—Portugal, near Lisbon.

Saline ferruginous waters, 150° F.

The bathing establishment affords only the most modest accommodation.

**Torretta (La).**—Italy, Tuscany, valley of the Nievole.

Saline waters.

The arrangements are very primitive.

**Totland Bay.**—England, Isle of Wight, 2 miles from the Needles.

Sea baths; fine sandy beach. Climate bracing and healthy.

*Season* : June—September.

The place is rapidly coming into fashion and favour.

**Toulon.**—France, on the Mediterranean.

Sea baths, sandy beach.

Very good arrangements; somewhat neglected latterly.

**Toulouse.**—France, Capital of Department of Haute Garonne,; by O. Railway, 15 hours. 89 fr. 10 c. 1st class.

An old Roman town, taken by the Visigoths and afterwards by the Saracens, full of antiquities and objects of interest. A busy commercial town, also trading more especially in fruit, vegetables, wines, truffles, and *pâte de foie gras*. There are likewise manufactories of cabinet work, hats, and steel goods.

**OBJECTS OF INTEREST.**—Cathedral and 10 other Churches, the most interesting of which is St. Severin and Jacobins; Town Hall, Lyceum, Library, Law Courts, Hospitals, Botanic Gardens, Artillery schools, Arsenal, Observatory, and Cemetery.

*Hotel*: The *Hôtel Tivollier*. Celebrated for its cellars of fine wines, and Perigord truffled pies. A very comfortable house. Tivollier, proprietor.

**Towyn.**—Wales, Merionethshire.

Sea baths; hard sandy beach. Climate mild and bracing.

*Doctor*: Dr. Jones.

*Hotel*: The *Cambrian*.

**Tramore.**—Ireland, Waterford, on the Atlantic coast.

Sea baths.

**Trani.**—Italy, 15½ hours rail from Bologna, on the Adriatic.

Sea baths; good beach.

The establishments are indifferent.

**Traishorloff.**—Germany, Hessen-Nassau, near Hungen.

Saline waters.

The establishments are old-fashioned.

The situation is charming.

**Travemünde.**—Germany, Mecklenburg, on the Baltic.

Sea baths; sandy beach. Very fashionable.

The establishment and accommodation are good.

**Trebas.**—France, Department of Tarn, near Alby.

Bicarbonate of iron waters, 45° F.

*Special indications*: Liver complaints, stomachic disorders, chlorosis.

There is an establishment.

**Tremblade (La).**—France, Department of Charente Inférieure, on the Bay of Biscay.

Sea baths; a very fine sandy beach.

**Tremiseau.**—France, Department of Cantal.

Ferruginous bicarbonate waters.

**Trenczin-Teplitz.**—Hungary, near Schemnitz and Pressburg.

Bicarbonate of lime and sulphurous waters, 90° to 100° F.

Mud baths, climatic station, whey cure.

One of the principal Hungarian establishments.

*Special indications*: Rheumatism, skin diseases, affections of the respiratory organs.

*Doctors*: Drs. J. N. von Heinrich, Nagel and Ventura.

*Hotels*: *Establishments*.

**Treport (Le).**—France, Department of Seine Inférieure, near Dieppe.  
 Sea baths ; sandy and shingly beach.  
 Very picturesque scenery.  
*Season* : July—September.

**Tresclaux.**—France, Department of Hautes Alpes, near Gap.  
 Cold alkaline springs, containing silicate. (Silicate of aluminium, 0.112 gr.).

**Trescôre.**—Italy, near Bergamo.  
 Saline sulphurous waters, 55° F. ; mud baths.  
 The establishments are inferior. The site is pretty.

**Triberg.**—Germany, Baden, in the Black Forest ; railway station on the Baden line of the Black Forest ; 2,500 inhabitants, and 1,957 feet above the sea level.

Climatic station ; whey and milk cure.

*Season* : May till October.

Triberg is mostly visited on account of its beautiful surroundings and as a centre for excursions. The small town contains many manufactories, and during the season there is a permanent exhibition in the upper town of "articles de souvenir." The air is particularly mild and bracing, owing to the pine forests on the surrounding hills.

*Doctor* : Dr. Feederle.

*Hôtel* : The *Black Forest Hôtel* is situated on a height overlooking the town and valley, within five minutes' walk of the waterfall (the Giessbach of the Black Forest). The waterfall is illuminated during the season by electric light and Bengal fires. The hotel is well managed, and exceedingly comfortable for a prolonged stay. Omnibus meets all trains. L. Bieringer, proprietor.

**Trieste.**—Austria, Istria, on the Adriatic, the most important Austrian seaport.

Sea baths, fine sandy beach. The mean temperature of the sea is 80° F. in June, July, and August.

The arrangements are good. The town contains many buildings and objects of interest. It is the centre of Austrian commerce, and has a naval dockyard. There is a disposition to make a winter station of Trieste, but all attempts to do so have failed so far. The "Bora" is the natural enemy. A splendid view is obtained by ascending the Optschina.

*Bookseller* : J. H. Schimpff, Piazza della Borsa.

*Hotels* : The *Hotel de la Ville* is a first-class house, well situated on the sea. Large bathing establishment, with fresh and salt water baths ; moderate prices. F. Rosslacher, proprietor.

**Trillo.**—Spain, Province of Guadalupe, near Cifuentes.

Ferruginous nitrogen, saline, and sulphurous waters, 55° to 75° F.

*Special indications* : Arthritis, scrofula and skin diseases.

A very complete balneal establishment. The situation is fine. Good gardens and well kept promenades on the banks of the Tajo.

An hospital for the poor.

A well-frequented station.

*Doctor* : Dr. Taboada.

**Tritoli.**—Italy, near the ruins of Cumæ, Bay of Naples.

Saline waters, 140° F.; brine baths.

Used in primitive fashion.

**Trois-Torrens.**—Switzerland, Grisons, near St. Moritz; 2,570 feet above sea level.

Earthy ferruginous waters, 80° F.

The establishment is inadequate.

**Trolière (La.)**—France, Department of Allier, near St. Pardoux.

Effervescing, ferruginous bicarbonate waters, containing more carbonic acid than the waters of St. Pardoux.

**Troutbeck.**—England, Yorkshire, Ilkley, near Leeds.

Hydropathic establishment.

*Doctor* : Dr. Thomas Scott.

**Trouville-sur-Mer.**—Department of Calvados, near Pont l'Evêque.

Very fashionable and much frequented sea baths; sandy beach.

There is a Kurhaus. The establishment, and all appertaining to it, is of the best.

*Dentist* : A. Preterre.

*Hotel* : The *Hôtel de la Roche Noire*, a really splendid house, situated in an unrivalled position, and under new management; has been entirely refurnished. It is the only hotel with a lift. Kitchen and cellar excellent. Ebensperg and Ritz, same proprietors as of *Hotel Splendid*, in Paris.

**Truskowice.**—Austria, Galicia, District of Sambór.

Three cold springs of saline, ferruginous, and sulphate of lime waters; mud baths, whey cure.

*Special indications* : Arthritis, chlorosis, skin diseases.

Fairly arranged establishments. The accommodation is comfortable and the site picturesque.

**Tschawitz.**—Austria, Bohemia, near Kaaden.

Earthy alkaline waters.

There is a small establishment, with good accommodation.



**Tuebingen.**—Germany, Württemberg.

Earthy alkaline waters.

The establishment is good. There is a university, which is one of the best in South Germany. The situation is very good, and the accommodation ample, comfortable, and moderate in price.

**Tüffer.**—Austria, Styria, station on the railway line from Vienna to Trieste.

Thermal indifferent springs, 100° F. Drinkhall. Climatic station.

*Special indications* : Nervous disorders, gout, rheumatism, tendinous retractions, articular pains, and female complaints.

The situation is amongst the finest in Styria.

*Season* : Open all the year round.

*Doctor* : Dr. von Schön-Perlashof.

The Kaiser Franz Josef's baths is one of the best establishments of its kind in Austria. Theod. Gunkel, proprietor.

**Tunbridge Wells.**—England, Kent.

Cold ferruginous bicarbonate waters, containing 0.32 gr. of protoxide of iron.

Climate bracing and healthy.

*Season* : June—September.

*Special indications* : Anæmia, chlorosis.

Excellent arrangements.

*Doctors* : Drs. Ranking, and Rix.

*Hotels* : The Calverley, The Castle.

**Tunis.**—Africa.

The regency of Tunis has several thermal springs, which are in great repute with the natives.

**Tür.**—Austria-Hungary, Transylvania, near Blasendorf.

Bitter waters. Exported.

A difficult place to reach.

The town is situated in a plain, and owing to flooding of the rivers, is sometimes inaccessible for weeks. Bathing arrangements old-fashioned.

**Turin.**—Italy, capital of Piedmont.

Turin is situated between the Dora and Po rivers, is very regularly built, and does not contain a single poor-looking house.

The climate is changeable and on the whole unpleasant.

**OBJECTS OF INTEREST.**—The Duomo or Cathedral, Churches of La Consolata, Corpus Domini, Royal palace, Palazzo

Madama, Royal Armoury, Academy of Science, Royal Gallery of Paintings, Museum of Antiquities, Natural History, Royal University, Arsenal, Royal Theatre, Public Garden.

Excursions: To La Superga, to Nice, *viâ* the Col di Tenda, Stupianigi, Cuneo, and to the Chartreuse de Pesio.

Cabs: Course 1 fr.; per hour, 1½ fr.; two horses by hour, 2 fr.

Post-office: Palazzo Carignano.

Telegraph: Piazza Castello.

Bookseller: H. Loesher, 19, Via di Po.

Hotels: The *Hotel d'Europe*. A large, excellent, first-class house, facing the King's palace and in the best situation in the town; railway ticket office in the hôtel. Borgo and Gagliardi, proprietors.

**Tusnád.**—Austria-Hungary, Transylvania, near Kronstadt.

Saline ferruginous waters; climatic station.

The town is surrounded by very extensive pine forests. The climatic conditions are most favourable, and the establishment good.

**Tuy.**—*See* Caldas de Tuy.

**Twér.**—Russia, capital of the Government of the same name on the Tmak.

Ferruginous waters. Exported.

The arrangements are primitive, and the waters used only by the surrounding inhabitants.

**Tynemouth.**—England, Northumberland, at the mouth of the Tyne, on the North Sea.

Cold ferruginous waters and sea baths; fine sandy beach.

Climate very mild.

Season: June—September.

Doctors: Drs. Bramwell and Gibbson.

Hotel: The Bath.

**Ueberkingen.**—Germany, Würtemberg, near Ulm.

Cold effervescing alkali-saline and ferruginous waters.

Special indications: Atony, catarrh of the respiratory organs, anæmia, rhachitis.

Pretty good establishment and accommodation. The situation charming and scenery romantic.

**Ueberlingen.**—Germany, Baden, near Schaffhausen; 1,233 feet above the sea level, on the north-west shore of the Lake of Constance.

Effervescent ferruginous waters, bathing in the lake; mild climate.

**Ugod.**—Hungary, comitat of Vesprim, near Pápa.

Earthy-saline ferruginous waters.

*Special indications:* Uterine affections and vesical disorders.

The establishment is antiquated; situation charming; accommodation indifferent.

**Uhlmühle.**—Germany, Hanover.

Cold ferruginous waters.

**Uleaborg.**—Russia, Finland.

Hydromineral station.

Sea baths in the Bay of Bothnia.

**Ullersdorff.**—Austria, Moravia, district of Ollmütz, near Hohenstadt.

Sulphurous waters, 75° F. Whey cure and climatic station.

The situation is romantic, and the surrounding country very mountainous. The establishments and accommodation are good.

**Ullswater.**—England, Westmorland, in the Lake District.

Hydropathic establishment, and summer holiday resort.

*Doctor:* Dr. MacNalty.

**Undary.**—Russia, Government of Simbirsk.

Effervescent ferruginous waters.

The arrangements are most primitive, and the water is used only in the immediate neighbourhood.

**Unterbad.**—Switzerland, Canton of Appenzell, on the Sitter; 2,130 feet above sea level.

Earthy alkaline waters; whey cure.

The situation is pretty, but the establishment leaves room for improvement.

**Unterhallau.**—Switzerland, near Schaffhausen; 1,530 feet above sea level.

Sulphurous waters.

The bathing establishment is old fashioned, and the accommodation not good.

**Unter-Miesinje.**—Austria-Hungary, near Neusohl.

Earthy ferruginous waters; exported.

The arrangements are intended to facilitate exportation only.

**Unterseen.**—Switzerland, Canton Berne.

Whey cure station.

**Upton.**—England, on the south coast.

Sea baths, and sandy beach, with very mild climate and sheltered position.

**Urbalacoe.**—France, Corsica, near Ajaccio.

Sulphurous arsenical waters, 90° F.

*Special indications* : Phthisis of the larynx, skin diseases.

**Urberoaga de Alzola.**—Spain, Province of Guipuzcoa, near Plasenzia.

Bicarbonate of lime waters, 75° F.; also two ferruginous springs.

*Special indications* : Affections of the uterus and urinary organs, anæmia, chlorosis, spleen and liver complaints.

The establishment is complete, and contains in its newer portions assembly-rooms, ball, concert and billiard rooms. The accommodation is good and moderate.

*Doctor* : Dr. de la Pedruesa.

**Urberoaga de Ubilla.**—Spain, Biscaya, near Villa de Marquina.

Sulphurous alkaline waters, 82° F. Sitz, steam, shower, and spray baths. Inhalations.

*Special indications* : Catarrh and other affections of the mucous membranes, laryngitis, pharyngitis.

The establishment is elegant and the accommodation comfortable and moderate in price. Scenery picturesque.

*Doctor* : Dr. Jimenez de Pedro.

**Uriage.**—France, Department of Isère, near Grenoble; 1,250 feet above sea level. For routes see table.

Saline sulphurous waters, 81° F. There is also a muriatic ferruginous spring.

The former, the important water of the place, contains 7 grammes of chloride of sodium, and 0·0113 grammes hydro-sulphuric acid per litre. The waters likewise contain a considerable quantity of lime, soda and magnesia, with an appreciable percentage of arsenic.

*Season* : From 15th May till 15th October.

The thermal establishment, situated in one of the most picturesque valleys of the Dauphinese Alps, 400 m. above sea level, is one of the best in Europe, and can accommodate 2,000 bathers at a time; from 60,000 to 70,000 baths or douches are administered here annually. Taken to the amount of from three to six glasses per diem, the water acts as a purgative; in from one to two glasses, it is alterative, and stimulates the digestive functions; used externally in baths, douches, &c., it acts as a tonic and reconstituent; in the form of spray it is frequently used with great success in chronic affections, especially those of the eyelids (blepharitis), of the pharynx (granular pharyngitis), and of the face (eczema, acne, &c.).



The *special indications* for the use of the waters are very numerous. They are employed with great success in scrofula and its various manifestations, especially in children; in chronic affections of the skin, notably eczema, impetigo, acne, &c.; in chronic rheumatism, in nervous affections, in convalescence after severe illnesses, long nursing, and in various pathological conditions resulting from anæmia and debility. Their efficacy has also been undeniably established in a certain class of cases which are met with chiefly among young girls. With such it is often necessary to encourage or regulate the menstrual functions. At the period of the menopause in elderly persons they are also highly beneficial, especially in cases where derivative action is desirable in order to prevent cutaneous or other localisations of disease, which either the family history or an acquired taint, render probable. In cases of incipient consumption, they often arrest the progress of the disease, by modifying the whole system; also in constitutional syphilis, and especially in its tertiary and more inveterate forms they constitute an active auxiliary to mercurial treatment.

The baths are situated in the midst of a large and magnificent park. Ample accommodation may be found in the hotels and furnished villas. Milk and whey cure.

The walks and excursions are numerous, and the scenery most picturesque. Concerts every day; balls every Thursday and Sunday. Theatre; Casino.

Post and Telegraph. English Church. Carriages, horses and mules for excursions.

*Doctors*: Drs. Doyou (medical inspector of the baths) and Tenlon-Valio.

*Hotels*: Are all under the supervision of the Bath Committee.

Information from the Director of the Establishment free of charge.

**Urnäschchen.**—Switzerland, Canton of Appenzell; 2,514 feet above sea-level.

Alkaline earthy waters; whey cure.

The site is romantic and the establishment fairly good.

**Ussat.**—France, Department of Ariège, near Foix; 1,300 feet above sea-level. For routes see table.

Saline and sulphurous waters, 80° to 100° F.

*Special indications*: Affections of the uterus, with a neuropathic tendency; neuroses.

The scenery is mountainous, the establishment very good, and the accommodation abundant and comfortable.

**Usson.**—France, Department of Ariège.

Sulphate of soda waters, 50° to 75° F.

**Ustrom.**—Austria, Silesia, near Teschen.

Hydropathic and whey cure station.

The establishment is thorough, and the accommodation comfortable.

**Utzera.**—Russia, Caucasus, near Kutais.

Effervescent ferruginous waters.

The arrangements are very incomplete.

**Uzsok.**—Austria-Hungary, comitat of Ung, on the frontier of Ung.

Ferruginous waters.

A small but well-arranged establishment.

**Vacia-Madrid.**—Spain, near Madrid, on the borders of the Tarama.

Purgative waters.

**Vaisse.**—France, Department of Allier, near the thermal establishment of Vichy.

Composition of the waters similar to that of Vichy; they are more effervescing.

**Val-André (Le).**—France, Department of Cotes-du-Nord, *viâ* Lamballe.

Sea baths; sandy beach.

**Valdeganga.**—Spain, Province of Cuenca, and near that town.

Effervescent ferruginous waters, 60° F.

*Special indications:* Anæmia, ehlorosis, dyspepsia, intestinal obstructions, hyperæmia of liver.

The establishment is bad, everything being in a backward condition.

Doctor: Dr. Yebenes.

**Valdieri.**—Italy, Piedmont, Province of Coni; 4,100 feet above sea-level.

Several hyperthermal sulphate of soda springs, 180° F.

*Special indications:* Skin diseases, rheumatism, old sores, ulcers.

The establishment is incomplete, the site mountainous, but the climate rather humid. The garden and parks are extensive. Accommodation good and moderate in price.

**Valdorf.**—Germany, Westphalia.

Cold sulphate of lime waters.

**Vale-Szkragye.**—Austria-Hungary, comitat of Mármaros, near Felső-Vissö.

Sulphurous ferruginous waters; alum waters.

This place would amply repay more attention; at present the water is only used in the immediate neighbourhood.

**Valencia.**—Spain, capital of Province of the same name, on the Guadaluviar, about one mile from the Mediterranean.

Winter station and sea baths. The beach is sandy.

As a sea bathing station Valeneia is one of the most important in Spain.

As a winter station, owing to the marshes in the vicinity, it is less frequented than its climate merits. Opinions vary, however, considerably as to this. The sky is almost always clear, the rainy days amounting to only 38 in the year. The mean winter temperature is 57° F., and never falls below freezing point. There is a heavy dewfall in the evening; snow is extremely rare. Relative humidity of the air, 66%. The drinking water contains a good deal of lime, as on the Riviera. The autumn months is the season for sea baths. Drainage comparatively good, being aided by the river.

*Doctor:* Dr. Serrano.

*Hotels:* *De la Ciudad de Madrid*.

**Valenza.**—Italy, Piedmont, Province of Alexandria.

Sulphurous iodurated waters.

**Vale-Vinului.**—Austria-Hungary, Transylvania, comitat Bistritz-Naszod, near Ródna.

Alkali-saline waters.

Very romantically situated.

**Valle de la Cueva.**—Spain, Province of Madrid.

Cold sulphate of soda waters; nine grammes of sulphate of sodium.

**Valle de Rivas.**—Spain, Province of Gerona, near Bruguera.

Bitter and ferruginous effervescent waters, 45° F.

Neither the establishment nor the accommodation encourage visitors to remain.

*Doctor:* Dr. Mir.

**Vals.**—France, Ardèche, near Aubenas.

Various cold alkaline springs, which may be classed as weak, medium, and strong, according to the amount of mineralisation.

Principally used as table waters.

The exportation of Vals water reaches several million bottles annually.

*Special indications:* Gravel, liver complaints, and disorders of the spleen.

*Doctor:* Dr. Charvet.

**Vals.**—Switzerland, Grisons, near Peiden; 2,450 feet above sea level.

Ferruginous waters, 70° F.; very little used.

**Varennés.**—France, Department of Maine and Loire, near Angers.  
Ferruginous arsenical waters.

**Várgéde.**—Austria-Hungary, comitat of Gómör.  
Effervescent ferruginous waters, 45° F.  
The establishment is an old-fashioned one.

**Vaunnières.**—France, Department of Drôme, Arrondissement of Die.  
Mixed bicarbonate of iron, and iodurated waters.

**Vaxholm.**—Sweden, near Stockholm.  
Sea baths, with sandy beach.  
A favourite resort with the inhabitants of Stockholm.

**Veierbach.**—Germany, Baden, near Offenburg.  
Cold ferruginous bicarbonate waters.  
Establishment very incomplete.

**Veldes.**—Austria, Carinthia.  
Climatic station; hydropathic establishment, with whey cure.  
The establishment is new and thoroughly well fitted up.  
The cure consists chiefly in the influence of sun and air on the skin, the whole body being uncovered during the time the patient is undergoing treatment; patients walk in the park as lightly clad as in a Turkish bath. The site is charming and quiet; the air pure and healthy. Good fishing and hunting.  
*Doctor* : Dr. Germonik.  
*Hôtel* : Mallner's.

**Velejte.**—Austria-Hungary, comitat of Zemplén.  
Alkali saline waters.  
A bathing establishment with large parks.

**Vellebro (Acqua di).**—Italy, Province of Bari, stop at Fasano, between Foggia and Brindisi.  
Earthy alkaline waters.  
*Special indications* : Constipation, hepatic complaints, vesical calculus and gravel.  
Primitive establishments, with inadequate accommodation.

**Velleminfroy.**—France, Department of Haute Saône, near Vesoul, station of Creveney.  
Cold sulphate of lime and magnesian waters; two grammes of mineralisation.  
*Special indications* : Affections of the uterus and bladder.



**Velleron.**—France, Department of Vaucluse, near Carpentras.  
Bicarbonate of soda water.

**Velmont.**—France, Department of Seine Inférieure, near Fecamp.  
Cold ferruginous waters.

**Venafro.**—Italy, Province of Naples, near Teano, on the Volturno.  
Saline waters. Exported. Used only in the locality as drinking waters. The arrangements are very imperfect.

**Venice.**—Italy, Province of Venetia, a seaport on the Adriatic.  
Sea baths and winter station; sedative climate.

The mean winter temperature is 45° F. The climate is somewhat variable, and windy days are frequent. Mean barometric pressure, 760·07 m/m., with daily changes ranging from 2·23 m/m; mean relative humidity of the air, 75½ %; 50 rainy and snowy (five of latter) days during season are recorded. Fogs are very rare. The climate of Venice may thus be said to assimilate somewhat to that of Pau and Pisa, but chiefly as regards atmospheric moisture. The drinking water is not good.

The most favoured and most sheltered quarters are the Riva and the Zattere. Here patients can enjoy outdoor exercise without being obliged to hire a gondola. The choice of an apartment, &c., should, however, always depend on the advice of a resident medical man.

*English Church* : Palazzo Contarini San Trovaso.

*Optician and Photographs* : Carlo Ponti, 52, Place St. Marco.

*Chemist* : Zampironi, St. Moisé.

*Bookseller* : Münster, Piazza San Marco.

*Bankers* : S. & A. Blumenthal & Co., on the Traghetto.

*Doctors* : Drs. Kurz, Keppler, Lewi and Minich.

*Hotels* : Danieli's *Royal Hotel*, first, both by its position and management.

The *Grand Hôtel*, splendidly situated on the Grand Canal; magnificent apartments for families; private gondolas. Wurms and Melano, managers.

The *Hôtel d'Angleterre*, situated full south on the Quay des Esclavons, near St. Mark's Square. Reduced prices for a prolonged winter stay. Modest and comfortable. F. Venturini, proprietor.

**Ventnor.**—England, Isle of Wight.

Sea baths; sandy and pebbly beach; climate mild and steady.

Very fashionable.

*Seasons* : June—September, and November—February.

*Doctor* : Dr. Bell.

*Hôtel* : The *Royal*.

**Vernet (Le).**—France, Department of Pyrénées Orientales, near Prades ; 1,900 feet above sea level.

Mountain air cure, and winter station.

Sulphurous saline waters, 45° to 140° F.

Eleven springs, two establishments.

*Special indications :* Rheumatism, serofula, syphilis and pulmonary affections.

The establishments are elegant, and the accommodation comfortable. The situation is charming, and the park and gardens extensive.

**Verrazano.**—Italy, Tuscany, valley of the Teverino.

Effervescent alkaline waters, 50° F. Little used.

**Vescovo (Bagno del).**—Italy, near Grosseto, Val d'Ombrone.

Bitter waters, slightly mineralised, 70° F.

There is a small and incomplete establishment.

**Vetzel.**—Austria-Hungary, Transylvania, Valley of Kalamar.

Alkaline waters, 50° F.

There are no arrangements to accommodate visitors.

**Veules.**—France, Department of Seine Inférieure, near St. Valéry.

Sea baths ; sandy beach.

**Veulettes.**—France, near Dieppe.

Sea baths ; sandy beach. Air bracing.

*Season :* July—October.

Residence here is quiet.

**Vevey.**—Switzerland, Canton Vaud, on the Lake Lemman.

Air cure station.

*Bookseller :* Jaicot, Guillarmod, 18, Rue du Simplon.

*Doctor :* Dr. Muret.

**Veytaux.**—Switzerland, on the north-east shore of Lake Lemman, near Montreux.

Climatic station ; chiefly visited as a station of call.

*Season :* Spring and Autumn.

**Vialla.**—Italy, Tuscany, near Firenzuola.

Sulphurous waters, 40° F.

The establishment is incomplete.

**Viareggio.**—Italy, between Spezia and Leghorn.

Sea baths ; sandy beach ; climate very mild.

*Season :* August—October.

Coming into favour as a winter station, though rather foggy.

*Doctor :* Dr. Hirschl.

*Hotel :* De la Grande Bretagne.

**Vicarello.**—Italy, near Rome.

Alkali-saline waters, 112° F.

These waters are supposed to be the Apollinaris waters of the ancient Romans. Arrangements poor, and very much neglected.

**Vicarsbridge.**—Scotland, near Dollar.

Sulphate of iron waters.

Some of the richest iron waters known.

**Vichy.**—France, Department of Allier. For routes see table.

Several bicarbonate of soda alkaline springs, ranging from 35° to 105° F.

Three of the springs are ferruginous. Vichy may be taken as the type of alkaline waters generally. Any disease due to excess of acidity is benefited by waters such as those of Vichy.

*Special indications* : Dyspepsia, splenic and hepatic disorders, uric acid diathesis, catarrh of the urinary organs, diabetes.

Vichy has been well called "the Queen of thermal watering places;" it is visited by as many as 40,000 persons yearly.

*Bookseller* : Vve. César, Passage du Casino.

*Doctors* : Drs. Durand-Fardel, Souligoux and Nicolas (Rue de Nîmes).

*Hotels* : The *Hôtel Mombrun and du Casino*, first-class house, situated in the park, facing the casino and baths. M. Giboin, proprietor.

The *Nouvel Hotel* is exceptionally the best appointed, and is a first-rate house in all respects. Situated on the park near the bathing establishment. Large central garden and lift. Mr. and Mrs. Gentil, managers.

**Vic-le-Comte.**—France, Puy du Dôme, near Isoire.

Ferruginous waters.

Used only in the immediate neighbourhood as table waters.

**Vicoigne.**—France, Department of Nord.

Cold sulphate of sodium waters.

**Vic-sur-Cer.**—France, Department of Cantal, near Aurillac.

Bicarbonate of iron waters.

*Doctor* : Dr. Soubeyran.

**Victoire.**—Italy, near Aosta, Val d'Entrèves; 3,800 feet above sea level.

Effervescent ferruginous waters.

Very mild climate.

The arrangements are not satisfactory.

**Victoria Spa.**—England, Warwickshire.

Sulphate of sodium waters.

*Special indications* : Rheumatism, dyspepsia, liver complaints.

**Vidago.**—Portugal, near Oporto.

Alkali-saline and ferruginous waters.

*Season* : September—November.

The establishments and arrangements generally are modern, and provided with all the latest and most scientific improvements. Trout fishing can be had. The situation is picturesque, and residence pleasant.

**Vienna.**—Capital of Austria, from Paris, *viâ* Strasburg, Munich, and Passau, 48½ hours. 190 fr. 1st class.

The town is situated near the southern bank of the Danube, and is of very ancient origin. It has been the residence of the German Emperors from the 13th to the 19th centuries, and is full of historical interest.

It was unsuccessfully besieged by the Turks in 1683.

**OBJECTS OF INTEREST.**—The Cathedral of St. Stephen, Churches of the Capucines, Latin, Carmelites, St. Michael, St. Charles Borromeo, Imperial Palace or Burg, Imperial Library, Cabinet of antiquities, Cabinet of minerals, Museum, Coach-house and riding school, Imperial Jewel office, People's garden, Picture gallery, the Lower Belvedere with Ambras collection of armour, Esterhazy gallery, Liechtenstein gallery, Imperial arsenal, Town arsenal, University, General and Lying-in Hospitals, Opera-house, and Hofburg Theatre, the Prater, the Ring Strassen, Dreher's and Geyer's beer-houses, Aquarium and Exhibition Palace of 1873, many private gardens.

Amateurs of the bath will be amply repaid for travelling any distance by a visit to the Turkish baths of Dr. Von Heinrich.

The Royal Baths are well worth inspection, as being very complete and approaching more nearly to the ancient Roman Baths in luxury than any other in Europe.

**Excursions** Schönbrunn, Hütteldorf, Hietzing, Brühl Laxenburg, Mœdling, Baden, warm springs; Leopoldsberg, Kahlenberg, and Klosterneuburg.

**Cabs** : Half hour or less, 1 fl., and each succeeding ½ hour, 50 kr.; one-horse carriage, ¼ hour, 50 kr., and not exceeding ½ hour, 60 kr.; each succeeding ¼ hour, 20 kr.

**Post-office** : Alte Postgasse, 10.

**Telegraph** : I. Börsenplatz 1; Hotel National.

**Doctors** : Drs. Bamberger, Nothnagel, von Heinrich, Bettelheim and Kaposi.

**Hotels** : Imperial, Golden Lamb, Grand, Metropole, and National.

**Vignale.**—Italy, Piedmont.

Cold saline sulphurous waters.

**Vignolles.**—France, Department of Vienne.

Cold saline waters.



**Vignone.**—Italy, Tuscany, Siena, near San Quirico.

Ferruginous alkaline waters, 100° F. Natural steam baths.

The establishments are good, as is also the accommodation.

Vegetation luxurious, and situation charming.

**Vihnye.**—Austria-Hungary, near Schemnitz.

Earthy, ferruginous effervescent waters, 100° F. Climatic station in summer. Very mild climate.

The establishment might easily be improved. Accommodation indifferent. The situation is fine and well sheltered. Vegetation luxurious. An extensive park has recently been laid out.

**Villaezarillo.**—Spain, Province of Jaen.

Sulphurous waters, 30° to 45° F.

**Villa delle Caselle.**—Italy, near Arezzo.

Alkaline waters, 55° F.

There is nothing here except the spring.

**Villa d'Este.**—Italy, Lake of Como, near Cernobbio.

Hydropathic establishments; arranged to admit a limited number of indoor patients.

**Villafafila.**—Spain, Province of Zamora.

Nitrate of potash to the extent of 1.80 gr. is found in these waters.

**Villaharta.**—Spain, Province of Córdoba, near Alhondiguilla.

Aeidulous bitter waters containing iron.

*Special indications:* Chlorosis, anæmia, menorrhagia, amenorrhœa, dysmenorrhœa, vesical catarrh.

The site is very beautiful. The establishment is situated in the midst of large gardens. Accommodation abundant.

*Doctor:* Dr. Illeas.

**Villar del Pozo.**—Spain, Province of Ciudad Real, near that town.

Aeidulous ferruginous waters, 70° F.

Neither the establishment nor the accommodation offer any attractions.

*Doctor:* Dr. Ocaña y Pazos.

**Villaro.**—Spain, Province of Bizcaya, near Bilbao.

Sulphurous earthy waters.

*Special indications:* Skin diseases, lymphatism, syphilis, pharyngeal and laryngeal disorders, vesical and uterine catarrhs.

The site is very picturesque, and the establishment is surrounded by a large garden and very complete. The accommodation is good and prices low.

*Doctor:* Dr. Palacios Tomás.

**Villatoya.**—Spain, Province of Albacete, and near that town.

Alkaline waters, 70° F.

*Special indications:* Rheumatism; one spring is used in cases of parasitical affections, diabetis, serofula.

The establishment is well fitted, and accommodation suitable to all purses.

*Doctor:* Dr. Gareia Teresa.

**Villavieja de Nules.**—Spain, Province of Castellon de la Plana, six hours from Valencia.

Sulphate of magnesia waters, 75° to 110° F.

*Special indications:* Rheumatism, neuralgia, paralysis.

A well-frequented and well-appointed bathing establishment.

The hotels are good, and the accommodation within the reach of all. There are assembly, reading, smoking, ball and billiard-rooms.

*Doctor:* Dr. Barraca.

**Villefranche.**—France, Department of Alpes Maritimes, near Nice.

Sea baths and winter station; little frequented, but in a very sheltered position.

The temperature is in the mean 5° higher in winter than at Nice and Cannes.

**Villefranche.**—France, Department of Aveyron.

Alkaline waters, 27° F.

**Villeneuve.**—Switzerland, Canton Vaud, on the Lake of Geneva, seven miles from Vevey, near the Castle of Chillon.

Climatic station.

*Season:* All the year round.

*English Church:* Service at the Hôtel Byron.

*Hotel:* The *Hôtel Byron*, splendidly situated on the hills, is a first-class house with a fine garden and extensive farm connected with it. Here Byron composed his "Prisoner of Chillon." Exceptionally reduced tariff for winter season; suitable for large families, where children can have the best masters. Address the manager.

**Villers-sur-Mer.**—France, near Trouville.

Sea baths; fine sandy beach. Climate bracing.

*Season:* May—September.

**Villerville.**—France, near Deauville.

Sea baths; fine sandy beach. Climate bracing.

*Season:* May—September.

The scenery is picturesque, and Villerville is rising rapidly in public favour.

**Vilo or Rosas.**—Spain, Province of Malaga, near Colmenar.

Bitter and ferruginous effervescent waters, 50° F.

*Special indications:* Skin diseases, anæmia, chlorosis, glandular swellings, hyperæmia of liver and spleen.

The construction of an establishment with an hotel is in contemplation. Until this is finished, residence is scarcely possible.

*Doctor:* Dr. Alvarez.

**Vilsbiburg.**—Germany, Bavaria.

Bicarbonate of lime waters. There is a small bathing establishment with good accommodation.

**Vinadio.**—Italy, Piedmont, near Coni.

Saline and sulphurous waters, 40° to 150° F. Diuretic and purgative action. In baths they are very invigorating and tonic.

*Special indications:* Rheumatism, and vesical disorders.

A good establishment. The accommodation is comfortable; the society very select.

**Vinca.**—France, Department of Pyrénées Orientales, on the railway from Perpignan to Prades.

Saline sulphurous waters, 55° F.

*Special indications:* Rheumatism and skin diseases.

The establishment is good, and the situation picturesque.

**Vippach-Edelhausen.**—Germany, Saxe-Weimar, near Weimar.

Saline waters.

There is an establishment, but little has been done to develop the resources of the place.

**Visibachbad.**—Switzerland, between Schaffhausen and Baden.

Inert waters, 45° F.

The site is fine. There is a small establishment.

**Visk.**—Hungary, comitat of Marmarós, near Teesö.

Ferruginous bicarbonate of soda waters.

*Special indications:* Gravel, dyspepsia.

The site is romantic—on the slope of a hill in the Theiss valley—and the establishment excellent. Much frequented.

**Visone.**—Italy, district of Rivalto d'Aequi.

Sulphurous waters, 60° to 75° F.

The site is unhealthy, and the establishment old-fashioned.

**Visos.**—France, Department of Hautes Pyrénées.

Sulphate of lime waters.

*Special indications:* Old sores and wounds.

**Viterbo.**—Italy, Province of Rome.

Sulphurous thermal waters, 145° F., and cold ferruginous waters.

*Special indications* : Rheumatism, skin diseases, and syphilis.

**Vitry-sur-Marne.**—France, Department of Marne.

Ferruginous waters.

**Vittel.**—France, Vosges. For routes see table.

Alkaline ferruginous waters, 30° F.

Laxative action.

*Special indications* : Dyspepsia, vesical disorders, gout, gravel.

Well-appointed establishment.

*Doctor* : Dr. Bouloumié.

**Vizella.**—Portugal, Province of Minho, five miles from Guimaraes.

Chalybeate and sulphurous waters, 110° F.

*Season* : June—September.

*Special indications* : Skin diseases, gout, scrofula, rheumatism, cold sores.

The establishment is situated in an extensive park, and is well arranged, and the town is held in much favour. The scenery is grand.

**Voltaggio.**—Italy, Province of Nori, on the Morcione.

Sulphurous waters, 70° F.

Formerly very celebrated, and much visited.

**Volterra.**—Italy, Tuscany, valley of the Cecina.

Saline waters and brine baths.

The establishment is incomplete and the situation barren.

**Voltri.**—Italy, on the Riviera di Ponente.

Sulphurous waters, 70° F. Little used.

**Vonitza.**—Greece, Arcania.

Saline waters, 90° F.

There is no accommodation, and the country around being flat and swampy, the place is little visited.

**Vöslau.**—Austria, Province of Lower Austria, one hour from Vienna by rail. 700 feet above sea-level. For routes, see table.

Indifferent waters 75° F.; cold and warm baths; whey and grape cure; climatic station; hydropathic establishment.

*Season* : 15th May—30th September; grape cure, September and October.

*Special indications* : Female affections; hysteria, nervous complaints, anæmia, disorders of the lower intestines, convalescence after prolonged illness.



The annual list of strangers shows over 4,000 visitors.

Vöslau is a very favourite spot with the Viennese (who are not included in the above number), on account of its remarkably pure and healthy air, and charming situation on the vine-clad slopes of the Vienna forest. The waters of its springs belong to the class of "*Acrato Thermae*."

The bathing appliances consist of three large swimming baths, with douches and shower baths, open alternately to ladies and gentlemen. Warm and tepid waters are supplied in wooden and deep earthenware baths. Brine, resinous and extract of pine-cone baths are likewise to be had.

The characteristics of Vöslau as a "*climatic station*" are a charming, healthy and picturesque situation on the well drained borders of the "*Viennese Forest*," extensive pine woods by which the town is surrounded, and last, but not least, vine-clad hills. From these latter comes its celebrated grape cure in autumn.

The *Curhaus* contains large concert rooms, billiard, card and reading rooms; balls and private theatricals are also given. The orchestra plays three times daily—in the morning at the baths, and in the afternoon and evening in front of the *Curhaus*.

The environs of Vöslau are noted for their attractive walks and drives. The forest begins, so to speak, in the very town, and is intersected by innumerable walks, roads and paths. In fact everything is arranged in such a way as to make a sojourn here as pleasant as possible. The constant return of visitors who have once passed a season here, is the best evidence that the authorities have succeeded in their endeavours to please.

Villas and private apartments to suit all tastes and purses.

*Doctors* : Drs. Venninger, Krischke.

*Hotels* : *Hôtel Hallmayer, Back, Comunal, and Tägerhorn.*

**Vrécourt.**—France, Department of Vosges.

Sulphate of soda waters.

**Wachenheim.**—Germany, Palatinate.

Grape cure station.

The accommodation is good and moderate in price.

**Wahlberga.**—Sweden, Wernmland, near the Lake of Wenner.

Mineral mud baths. Good establishment.

**Waidhaldenbad.**—Switzerland, near Basle and Rheinfelden ; 1,340 feet above sea level.

Whey cure station.

The accommodation is good.

**Walby-Brunnen.**—Sweden, near Upsala.

Effervescent alkaline, sulphurous and ferruginous waters.

The establishments are good, and the place much visited.

**Waldbad.**—Germany, Württemberg, near Kloster Weingarten.

Inert waters.

There is a small bathing establishment.

**Waldstatt.**—Switzerland, near Appenzell; 2,410 feet above sea level.

Earthy ferruginous waters.

The bathing establishment is built of wood, but affords good accommodation.

**Walton-on-the-Naze.**—England, Essex, near Harwich.

Sea-baths, good beach; climate bracing and healthy.

*Doctor* : Dr. Hayman.

*Hotel* : The *Albion*.

**Wangeroog.**—Germany, Oldenburg, an island in the North Sea.

Sea-baths, sandy beach; climate bracing and healthy.

**Warasdin-Töplitz** (Kroatic-Toplitz).—*See* Töplika.

**Warmbrunn.**—Germany, Silesia, near Hirschberg; 1,034 feet above sea level.

Sulphate of soda waters, 90° to 100° F.

*Special indications* : Rheumatism, paralysis, and affections of the respiratory organs.

One of the oldest of Silesian bathing places. The scenery is very picturesque, and the gardens, parks, &c., are scrupulously kept.

Establishments efficient and accommodation comfortable.

*Doctors* : Drs. Franz, Herzog and Höhne.

*Hotels* : *De Prusse*, *Thomas*, *Victoria*.

**Warm Springs.**—United States of America, Arkansas.

Thermal springs, used against rheumatism by the Indians.

**Warm Springs.**—United States of America, Georgia.

Thermal waters, 80° F.

A well frequented station.

**Warm Springs.**—United States of America, Virginia.

Thermal effervescent alkaline waters, containing magnesia and chloride of lime.

A very well-appointed establishment, and much frequented.

**Warnemünde.**—Germany, Mecklenberg-Schwerin, near Dobberan, on the Baltic sea coast.

Sea baths. Very much frequented; a first-class station.

The establishments and accommodation are excellent and very comfortable.

*Doctor* : Dr. Uterhard.

*Hôtel* : *Kurhaus*.

**Warnicken.**—Germany, Prussia, on the Baltic.

Sea baths, fine sandy beach.

The situation is very fine and the country around picturesque and romantic, with luxuriant vegetation.

**Warrenspoint.**—Ireland, County Down, near Newry.

Sea baths, pebbly beach; pure and healthy air.

*Season* : June—September.

*Doctor* : Dr. Douglas.

*Hotel* : The Crown.

**Wartenberg.**—Austria, Bohemia, near Königsgrätz.

Hydropathic establishments, climatic station in summer.

The country around is very charming.

The establishments, walks, gardens and parks, are well kept, and residence is very pleasant.

**Wassacherberg.**—Germany, Württemberg; 1,700 feet above sea level.

Effervescent ferruginous waters.

The establishment is thoroughly well fitted up.

**Watehet.**—England, Somersetshire.

Sea baths; bad beach; climate pure and bracing.

*Season* : June—September.

**Wattenweiler.**—Germany, Alsatia, near Belfort.

Bicarbonate of iron waters. Mud baths.

*Special indications* : Chlorosis and anæmia.

**Wattwyl.**—Switzerland, Canton of St. Gall.

A whey cure station.

There is a drink-hall, with a variety of natural mineral waters, which can be mixed with the milk.

**Weggis.**—Switzerland, Lake of Lucerne; 1,350 feet above sea level; 1,500 inhabitants.

Climatic station; whey cure.

The situation is picturesque and sheltered, on the south bank of lake of IV. Cantons between Lucerne and Vitznau, it is a good point of departure for excursions. Exceedingly quiet.

There is a Doctor in attendance.

*Hotel* : The *Hôtel and Pension du Lac*, centrally situated for excursions to Righi and other places; good table; pension from 5 to 8 francs. F. Faulstich, proprietor.

**Weilbach.**—Germany, Nassau. For routes see table.

Sulphurous alkaline iodurated waters.

*Special indications* : Catarrh of the respiratory organs.

A well-appointed bathing establishment.

*Doctor* : Dr. Stiff.

*Hotel* : *Kurhaus* and Dependencies.

**Weissbad.**—Switzerland, Canton of Appenzell; 2,524 feet above sea-level.

Cold bicarbonate of lime waters.

Whey cure; good arrangements; fine situation.

**Weissenburg.**—Switzerland, Canton of Berne, near Thune.

Alkali-saline waters, 50° F. Sedative action.

*Special indications*; Pulmonary catarrh, chronic bronchitis.

The bathing establishment and the accommodation are good.

**Weissenstein.**—Switzerland, near Solothurn; 3,950 feet above sea-level.

Whey cure, fine situation, in a picturesque country.

Good accommodation.

**Wells-next-the-Sea.**—England, Norfolk.

Sea baths, good sandy beach.

*Season*: June—September.

*Doctor*: Dr. Fort.

*Hotel*: The Crown.

**Wemyss-Bay, and Skelmorlie.**—Scotland, Renfrewshire.

Hydropathic establishment. Sea baths, good beach.

Climate healthy and air pure.

*Season*: July—September.

*Doctor*: Dr. Wyllie.

**Wenzelsbad.**—Austria, Bohemia, near Tschawitz and Komotau.

Alkali-saline waters, 65° F.

The bathing establishment is good, though small.

**Westerland-Sylt.**—Germany, on the west coast of Schleswig.

Sea baths; sandy beach with heavy surf.

The establishments are good, accommodation is comfortable and moderate in price.

**Westgate-on-Sea.**—England, Kent.

Sea baths; firm sandy beach; bracing air.

*Season*: June—September.

*Doctor*: Dr. Flint.

*Hotel*: Royal.

**Weston-Super-Mare.**—England, Somersetshire, near Bristol.

Sea baths; bad beach; pure and bracing air.

*Season*: May—October; but principally July—September.

*Doctors*: Drs. Martin and Wallis.

*Hotel*: Bath Hotel.



**Westward Ho.**—England, Devonshire, near Northam Burrows.

Sea baths ; sandy beach. Climate bracing, and air pure.

*Season* : June—September.

*Hotel* : The *Westward Ho* !

**Weymouth.**—England, on the Channel coast, near Portland.

Sea baths, firm sandy beach, with mineral water springs in the neighbourhood.

*Doctors* : Drs. Colmer and Smith.

*Hotel* : *Bourdon*.

**Whitburn.**—England, Durham, near Sunderland.

Sca-baths ; in the environs are several mineral springs ; sandy beach ; bracing climate.

**Whitby.**—England, Yorkshire.

Sea-baths ; level sandy beach ; climate bracing.

*Season* : June—September.

*Doctor* : Dr. Hayward.

*Hotel* : The *Duke of Cumberland*.

**White Sulphur Springs.**—United States, Delaware.

Sulphurous and ferruginous waters.

**White Sulphur Springs.**—United States, Virginia.

Sulphurous waters.

A much frequented station.

Resorted to by invalids, but not to the same extent as by pleasure-seekers.

**Wieliczka.**—Austria, Galicia.

Saline waters, 139 grammes of mineralisation, of which 137 grammes are chloride of sodium ; brine baths.

*Special indications* : Scrofula.

The establishment is thoroughly well fitted up.

**Wiesau.**—Germany, Bavaria.

Two effervescing ferruginous springs, analogous to the Pyrmont waters.

**Wiesbaden.**—Germany, Hessen-Nassau, capital of district of same name. 53,500 inhabitants ; 371 feet above sea level. For routes, see table.

Thermal alkaline-saline waters, 155° to 160° F. ; climatic air and winter station ; whey, koumiss, and milk cure ; a very important grape cure station.

*Season* : May till November ; but open all the year round.

*Number of Visitors* : At any given time, between 8,000 and 10,000 ; during the whole season, above 70,000.

*Special indications* : Chronic gout, chronic catarrh of the stomach and intestines, syphilis, diabetes, chronic rheumatism,

arthritis, affections of the respiratory organs, laryngitis, pharyngitis, skin diseases, such as eczéma, urticaria, etc.

The waters of Wiesbaden were known to the ancient Romans, but their extended use dates from the present century, and more especially the last twenty years. The situation of the town is charming—on the southern slopes of the well-wooded Taunus mountains, an hour from the Rhine. Being thus well sheltered against all northerly, north-east, and north-west winds, the climate, considering the latitude, is exceptionally mild. Magnolias, chestnut, and almond trees thrive in the open air all the year round. Mean summer temperature, 65° F.; mean winter temperature, 35° F.; mean rainy days during the year, 138; mean rainfall, 26·55 inches; death rate, 19 per 1,000; relative humidity, 80 %. The natural heat of the soil is remarkable; the temperature in the centre of the town is relatively high, consequently snow never lies long. The excellent drinking water, the perfect drainage, as also the scrupulous cleanliness of the streets and roads are worth mentioning.

The bathing establishments are complete, and fitted up with all modern requirements. Pine cone sap, Russian, Roman, Irish, or Turkish, mud, steam and swimming baths; mineral, electric and medicinal baths of every description; pneumatic and electric apparatuses; two hydropathic establishments, and three clinics for eye diseases. The mineral water is exported and keeps well. The establishments are all suitably arranged for a winter cure.

The surroundings of Wiesbaden offer an endless variety of very interesting and romantic excursions, and embrace the Taunus and the most interesting part of the Rhine Valley.

The Curhaus is a very elegant building, situated in an extensive park. It contains—being open all the year round—restaurant, concert, card, conversation, and a very ample reading-room, etc., etc.

The amusements are very various, and the Directors of the baths and Curhaus spare no expense or trouble to render a sojourn agreeable. The orchestra, composed of 50 musicians, amongst which are always several well known soloists, plays three times a day. Vocal and instrumental concerts are given, with star artists; balls, matinees, dansantes, fancy dress balls, etc., illuminations, fireworks, pic-nics, races, lectures, etc., etc. There is a very fine theatre, museum, art exhibitions, fishing and hunting, football, cricket, croquet and lawn-tennis grounds, rowing and sailing.

*English Church:* Frankfurterstrasse.

*Post Office:* Rheinstrasse No. 9.

*Telegraph Office:* Rheinstrasse No. 9.

*Bank and Exchange Office:* Pfeiffer & Co., Langgasse 16.

*House and Estate Agent:* L. Rettenmeier, Rheinstrasse.

*Dentist:* Dr. Hofmann, Taunusstrasse 18.

*Doctors:* Drs. Von Langenbeck, Seitz, Cohn, Roth, Heymann, Schirm, Velten, Ziemssen, Pagenstecher, Mordhous, Maerklin, Clouth.

*Hotels* : The *Hôtel and Bains de Nassau* with dependence Villa Nassau, facing the Kurhaus, the best position in the town. Goetz Bros., proprietors.

The *Four Seasons Hotel and Baths* (Vier Jahreszeiten Hotel) is a first-class establishment, with fine open position, facing the Kurhaus and park; 120 front rooms; 30 airy and comfortable bathing cabins, supplied by mineral spring, at rate of 120 litres a minute, 145° F. Arrangements made for winter residence. W. Zais, proprietor.

The *Taunus Hotel* is the nearest to the three railway stations, post and telegraph office. The omnibus for Schwalbach starts from the post next door. Pension all the year round; well-appointed and managed by the proprietor, J. Schmitz-Volkmuth.

**Wiesbaden.**—Germany, Saxony, near Annaberg.

Bicarbonates of soda waters, 50° F.

*Special indications* : Neuropathic conditions, female diseases, and calculous affections.

*Hotel* : *Kurhaus*.

**Wiesloch.**—Germany, Baden, near Langenbrücken.

Sulphurous waters, not used.

**Wildbad.**—Germany, Württemberg, Black Forest, in the Enz Valley; 3,600 inhabitants; 1,320 feet above sea level. For routes, see table.

Indifferent waters from 80° to 95° F.; whey and milk cure; climatic air station.

*Season* : 1st May to 1st October, but open all the year round.

*Number of Visitors* : At any given time about 1,200, but more than 8,000 during the season.

*Special indications* : Uric acid diathesis, gout, rheumatism, neuroses, all affections of the spinal chord, neuralgia, hyperaesthesia, anaesthesia, cramps, partial and general paralysis, ankylosis, debility from overwork (mental or bodily), convalescence, scrofula, rhachitis, chronic derangements of the digestive organs, catarrh of the respiratory and urinary organs; female complaints, fractures and laxations.

The town is situated in a very picturesque valley of the Black Forest, through which passes the Enz, a clear mountain stream. Wildbad is surrounded by mountains, clad with pine forests, which protect it from high winds, and at the same time renders the air buoyant and bracing in ozone, a very fortifying quality.

The environs and the scrupulously well kept garden and parks offer great variety of promenades and excursions.

The climate is very strengthening and stimulating. The atmospheric changes are never rapid. The mean temperature in summer is 65° F. The nights are rather cool, which is considered an advantage.

The bathing establishments are replete with every modern appliance, and afford every comfort.

The amusements are well provided for, and an orchestra plays three times a day. There is also a good theatre. Curtax for each person for the season, 10 shillings. Good fishing and hunting.

*English Church* : Rev. W. Ludlow, M.A.

*Post Office* : In the *Hôtel Frey*.

*Telegraphic Office* : In the railway station.

*Bank and Exchange* : Klumpp and Gewerbe bank.

*Dentist* : Partik.

*Chemist* : Umgelter.

*Doctors* : Drs. Von Renz, Inspector of the Baths, Von Brnkhardt, Haussman sen., and Haussman jun., De Ponte, and S. Wagner.

*Hotels* : *Royal Baths' Hotel*, Klumpp.

The *Belle Vue Hôtel* is a first-class honse for families ; it has a covered way leading to the bath-house (new). The hotel faces the promenade, and is near the English Chnrch. J. Stockinger, proprietor.

**Wildegg.**—Switzerland, Canton of Argau. For routes see table.

Saline iodo-bromurated waters used at Schinznach.

*Special indications* : Lymphatic affections and scrofula.

**Wildhausbad.**—Switzerland, Canton St. Gall ; 3,430 feet above sea level.

A whey cure station ; sulphurous spring, not used.

The establishment is good.

**Wildungen.**—Germany, Waldeck, near Waldeck and Cassel. For routes see table.

Cold alkaline ferruginous waters.

*Special indications* : Diseases of the genito-nrinary organs, and dyspepsia.

Naturo and art have made of Wildungen a very charming place, and residence there is very pleasant.

*Doctors* : Drs. Muller, Kruger, Röhrig and Von Lingelsheim.

*Hotels* : *Post*, *Waldeck*.

**Wilhelmsbad.**—Germany, Hessen, near Hanau.

Cold chalybeate waters.

*Special indications* : Scrofula, anæmia, female complaints.

**Wilhelmsbad.**—Germany, Saxony, near Aschersleben.

Brinc baths.

The establishment is incomplete.

**Wilhelmsbad.**—Germany, Silesia, near Ratibor.

Cold sulphurous waters.

The establishments are good, the accommodation comfortable and moderate in price, and the scenery very picturesque.



**Willoughby.**—England, Warwickshire, near Rugby.

Sulphurous and saline waters.

Climate healthy.

Season : June—September.

**Wimpfen.**—Germany, Hessen-Darmstadt, on the road from Heidelberg to Heilbronn.

Saline water, brine baths.

The establishment is good, and the scenery picturesque.

**Windermere.**—England, Westmorland, Lake District.

Summer air cure station, and holiday resort.

Doctor : Dr. Hamilton.

**Windsor Forest.**—England, Berkshire.

Sulphate of magnesia and soda effervescing waters ; 8 grammes of mineralisation. Laxative action.

**Winterbach.**—Germany, Württemberg, near Stuttgart ; 766 feet above sea level.

Sulphurous waters.

The establishment is good, the accommodation abundant and comfortable, and the scenery charming.

**Wipfeld.**—Germany, Bavaria, near Kissingen.

Cold sulphate of lime waters ; mud baths.

The establishment is sufficiently good.

**Withernsea.**—England, Yorkshire, near Seathorne.

Sea baths ; shingly beach ; climate bracing.

Season : July—September.

Hotel : The Queen's.

**Wittekind.**—Germany, Prussian Province of Saxony, near Halle.

Brine baths, Russian and sulphurous baths.

The establishment is thoroughly well fitted up, and is very comfortable and elegant. The gardens are very beautiful and admirably laid out. The situation is charming.

There is a Casino, with assembly, concert, ball, and reading rooms.

**Wolfaeh.**—Germany, Baden, in the valley of the Kinzig ; 875 feet above sea level.

Cold ferruginous waters.

Wolfaeh is better known for its pine-cone sap baths and resinous inhalations, than for its ferruginous spring.

**Wolfs.**—Austria-Hungary, near Oedenburg, on the Lake of Neusiedel.

Earthy alkaline sulphurous waters.

The establishment might be improved.

**Wolfsegg.**—Austria, near Linz.

Alkaline waters.

The establishment is old fashioned.

**Woodhall.**—England, 3 hours from London, and 1 hour from Lincoln.

Cold saline bromo-iodurated waters.

An imperfectly arranged establishment; in a flat country.

**Wörth.**—Germany, Bavaria, near Regensburg.

Effervescent ferruginous waters.

No establishment and very imperfect appliances.

**Worthing.**—England, Sussex, near Brighton.

Sea baths; hard sandy beach. Climate mild.

*Season* : July—October.

*Doctors* : Drs. Collet and Smith.

*Hotel* : Egremont Hôtel.

**Wyk.**—On the Island of Föhr, in the Baltic, steamboat from Husum.

Sea baths, much frequented, sandy beach; climate mild.

The bathing arrangements are very good.

*Doctors* : Drs. Gerber and Hitscher.

*Hotels* : Kurhaus, Redlefsen.

**Wyk aan Zee.**—Holland, 1½ hours from Amsterdam, on the North Sea.

Sea baths. Sandy beach. The surf is strong.

*Season* : 15th June—1st October.

*Hôtel* : The Hôtels Reunis.

**Yarmouth.**—England, Norfolk.

Sea baths.

**Yeuzet.**—France, Department of Gard.

Sulphurous waters.

The establishment is good.

**Yverdon.**—Switzerland, Canton of Vaud.

Mixed bicarbonate waters, 55° F.

*Special indications* : Affections of the pulmonary and vesical mucous membranes.

Very agreeably situated, salubrious climate, and well organised bathing establishment.

**Yyport.**—France, Department of Seine Inférieure, *viâ* Fécamp.

Sea baths, sandy beach.

**Zafarana.**—Italy, Sicily, at the foot of *Ætna*.

Effervescent ferruginous waters.

No arrangements.

**Zagwera.**—Russia, Caucasus, near Borschom.

Alkaline ferruginous waters. Exported.

No establishment; owing to insufficient communication the place is not visited.

**Zaisenhausen.**—Germany, Baden, near Carlsruhe.

Cold sulphate of lime waters, with slightly laxative action.

Establishment incomplete.

**Zajzon.**—Austria, Hungary, Transylvania, near Kronstadt; 1,790 feet above sea level.

Ferruginous iodurated waters. Good accommodation. Very changeable climate.

The establishments are ample and much frequented.

**Zaldivar.**—Spain, Province of Biscaya, near Durango.

Sulphate of lime waters, 50° F.

*Special indications:* Skin diseases, scrofula, leucorrhœa, chronic ulcers, caries, necroses, white swelling.

The site is very picturesque and well sheltered. The establishment and hotel form different buildings. Both are surrounded by large parks with extensive woods. The establishment is fitted with all modern appliances and the hotel is comfortable.

*Doctor:* Dr. Castañon.

**Zandvoort.**—Holland, near Haarlem.

Sea baths, sandy beach, climate bracing.

The arrangements are good. Accommodation abundant and comfortable, but rather dear.

**Znyka.**—Austria, Hungary, comitat of Bereg.

Ferruginous waters.

No establishment.

**Zante.**—Greece, Ionian Islands, near Chieri.

Possesses a sulphurous and saline spring, which contains petroleum and bitumen.

**Zavelstein.**—Germany, Baden, near Teinach; 1,800 feet above sea level.

A whey cure station; well appointed.

**Zea.**—Greece, island in the Archipelago.

Alkaline waters; used in primitive fashion.

**Zerbst.**—Germany, Saxe-Anhalt.

Effervescent ferruginous waters.

The establishments are good.

**Zermatt.**—Switzerland, Canton Valais; 5,315 feet above sea level. Visp railway station 3 miles from Brigue, 9 miles from St. Maurice.

Climatic station; with bracing climate.

The scenery is very grand. The place is secluded, but is a good centre for excursions. The situation is one of the best wooded and most picturesque in the Swiss Alps. Zermatt is reached in 7 hours from Visp, mule path and carriage included, the first  $3\frac{1}{2}$  hours are by mule to St. Nicolas.

Mr. Seiler, proprietor of the following hotels, is unceasing in his endeavours to render every assistance to all who visit the locality.

*Hotel Cervin*, 180 rooms, first hotel on entering Zermatt.

*Hotel Monte Rosa*, 70 rooms.

*Hotel Zermatt*, 130 rooms.

The *Hotel Seiler*, at Riffel Alp,  $2\frac{1}{2}$  hours distant, 150 rooms. For all information, address Mr. A. Seiler.

**Zinnowitz.**—Germany, on the island of Usedom in the Baltic.

Very fashionable and much-frequented sea bathing station.

*Doctor*: Dr. Sachse.

*Hotel*: *Belvedere*.

**Zittau.**—Germany, Saxony, Oberlausitz.

Pine-cone sap and resinous vapour baths.

The establishment is thorough and the situation romantic.

**Zögg.**—Austria, Tyrol, valley of Passeyer.

Effervescent ferruginous waters.

*Special indications*: Gout, chronic nervous disorders, chronic skin diseases.

**Zoppot.**—Germany, near Danzig, on the Baltic.

Sea baths, much frequented by Germans and Poles.

There is a thoroughly well-appointed establishment.

*Doctor*: Dr. Benzler.

*Hotels*: *Kurhaus*, *Schulz*.

**Zovány.**—Austria-Hungary, Transylvania, near Szilagy-Sombyo.

Ferruginous waters.

*Special indications*: Chronic catarrh, blenorrhœa, disorders of the uterus, and chronic sores.

The establishment is antiquated.

**Zug.**—Switzerland, Canton Zug, near Zurich; 2,967 feet above sea level.

Climatic mountain air station; whey, milk and grape cure.

*Special indications*: Exhaustion from mental overwork, anæmia, chlorosis, failing nutrition and asthma.

The situation is well sheltered, and the hills covered with pine-woods. The views are very fine, embracing the Lake of



Lucerne and the Bernese Oberland. The air is particularly bracing, and the sojourn, though quiet, is pleasant.

*Doctors* : Drs. Keiser and Steiger.

*Hôtels* : *Hôtel and Pension Schönfels*, a first-class house, with baths; very popular and home-like. Chas. Boderner, manager. In winter, at *Hôtel Continental*, Cannes.

**Zujar.**—Spain, Province of Granada, near Baza.

Thermal sulphate of lime springs, 100° F.

*Special indications* : Rheumatism, paralysis, gout, articular swellings, tendinous contractions, skin diseases, old wounds and bronchial catarrhs.

The establishment contains tanks and sweating rooms, but is much neglected.

*Doctor* : Dr. Quesada.

**Zürich.**—Switzerland; 1,280 feet above sea level.

Earthy alkaline waters.

There are three establishments, all equally good—the Rösli baths, the Drahtschmidli baths, and the sulphur baths.

Capital of the Canton of the same name, is a very thriving commercial town of much interest. Formerly a fortress, but the walls have now been pulled down.

**OBJECTS OF INTEREST.**—Gross Münster, or the Cathedral; Churches of St. Peter, St. Augustine, and Frauen Münster, Arsenal and Armoury, Cantonal buildings, Polytechnic school, University, Great Hospital and Observatory, Hall of Art and Paintings, Asylums, Library.

**EXCURSIONS** : Uetliberg, Kappel, Albisbrunn, Zürichberg, Rapperschwyl, Horden, Wadensweil, and up the lake.

**CABS** : One horse, two persons, 80 cts.; two horses, four persons, 1 fr. 20 cts. Post and Telegraph office : Bahnhofsstrasse.

*Bookseller* : Cesar Schmidt, Munsterberg.

*Doctors* : Drs. Rahn-Escher and Peters.

*Hotels* : The *Hotel Victoria*, facing the railway station. A well-appointed house, exceedingly comfortable, cooking first-class. J. Boller and Sons, proprietors.

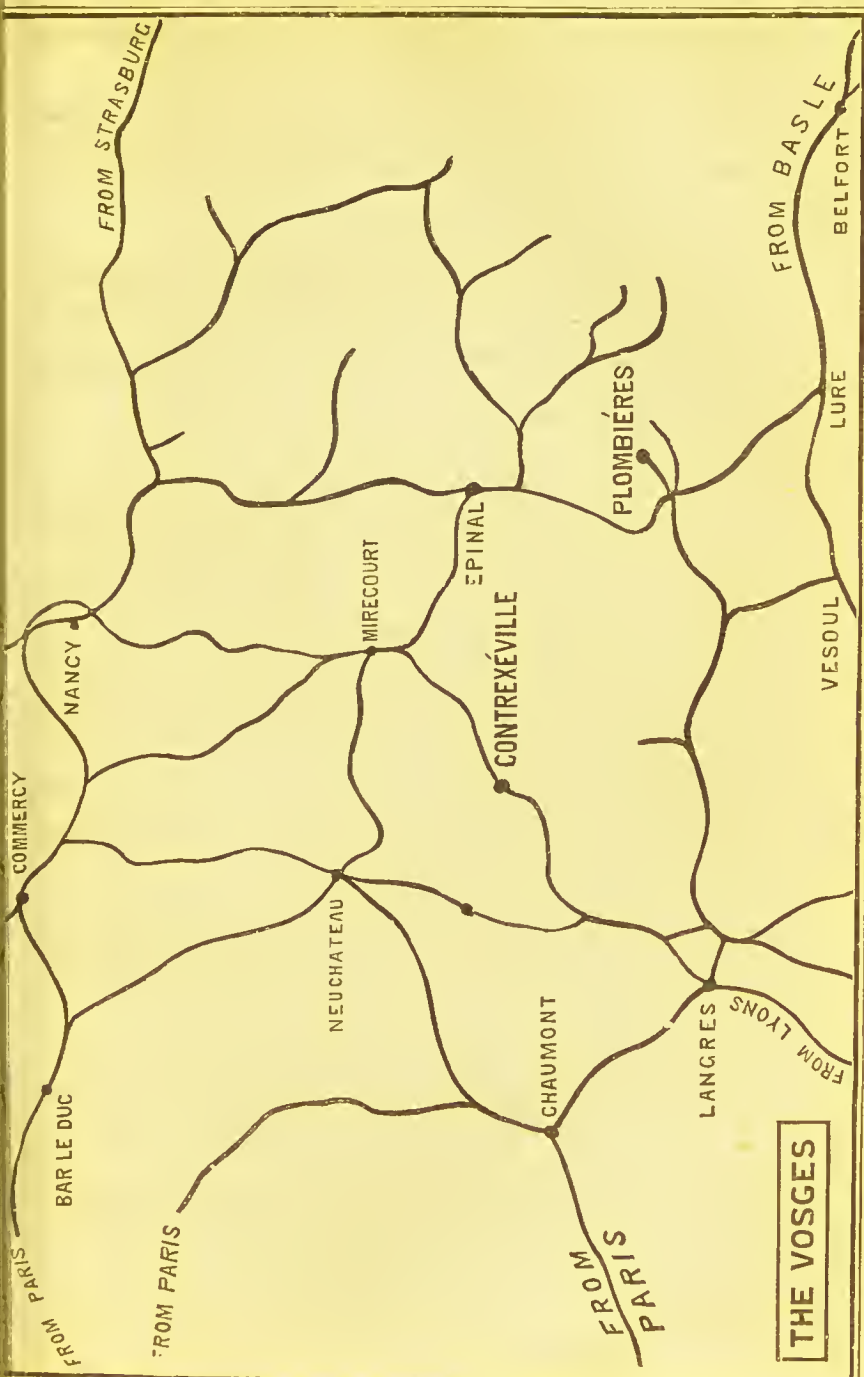
**Zwieselsalpe.**—Austria, near Abtenau, on the Lammer.

Bitter waters. Exported.

The situation is charming. The establishments are very good, and the accommodation comfortable and abundant.

**Zwolle.**—Holland, on the Zuider Zee.

Sea baths, sandy beach; the waters are considerably poorer in brine than those of the North Sea.



THE VOSGES



9. St. MORITZ—Kurhaus, “Hôtel du Lac,” “Hôtel Engadiner Kulm,” “Hôtel Victoria,” *see* page 275.

10. CAMPFER—“Hôtel d’Angleterre, *see* page 67.

11. SILVAPLANA—

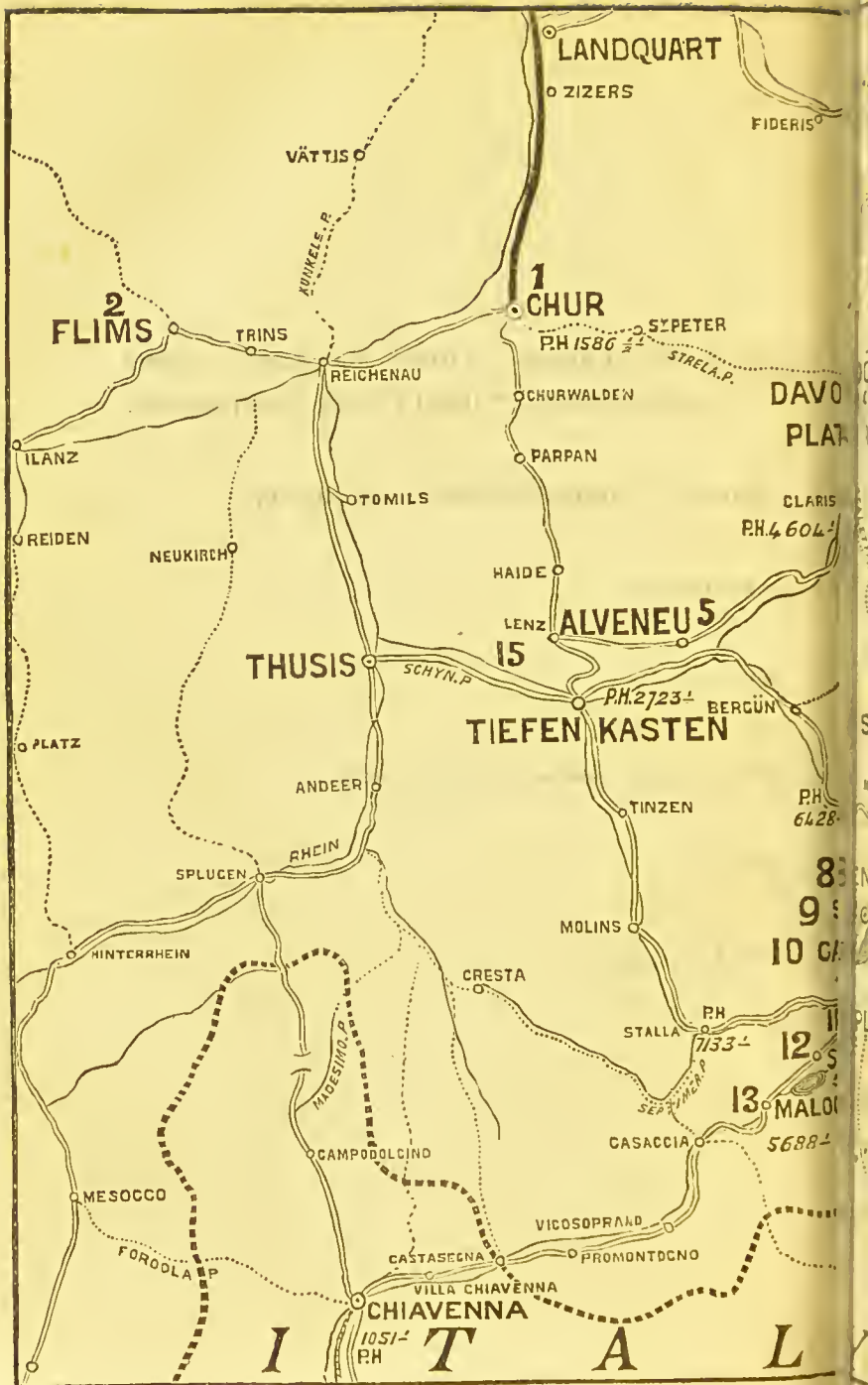
12. SILS—

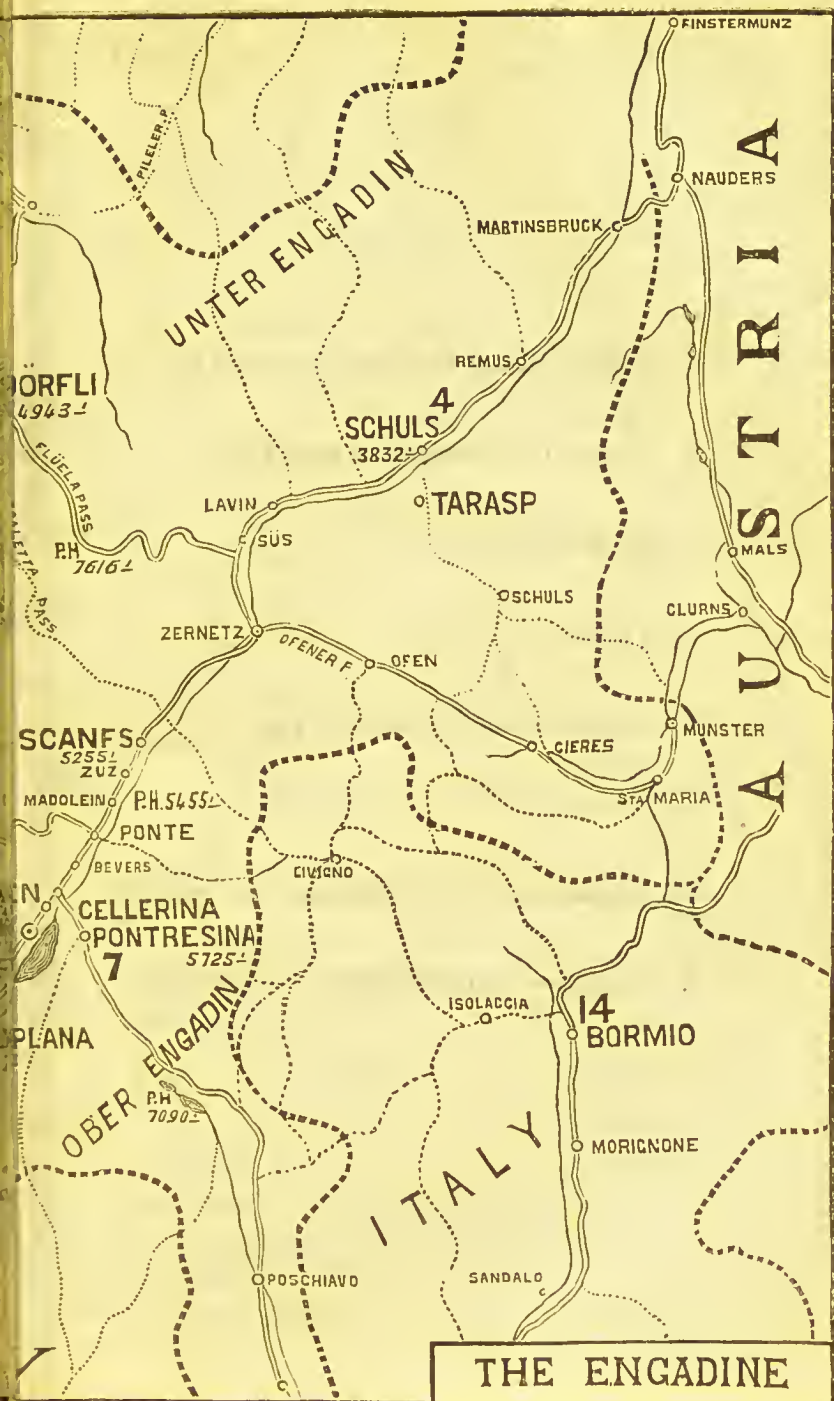
13. MALOJA—The Kurhaus, *see* page 196.

14. BORMIO—

15. TIEFENKASTEN—



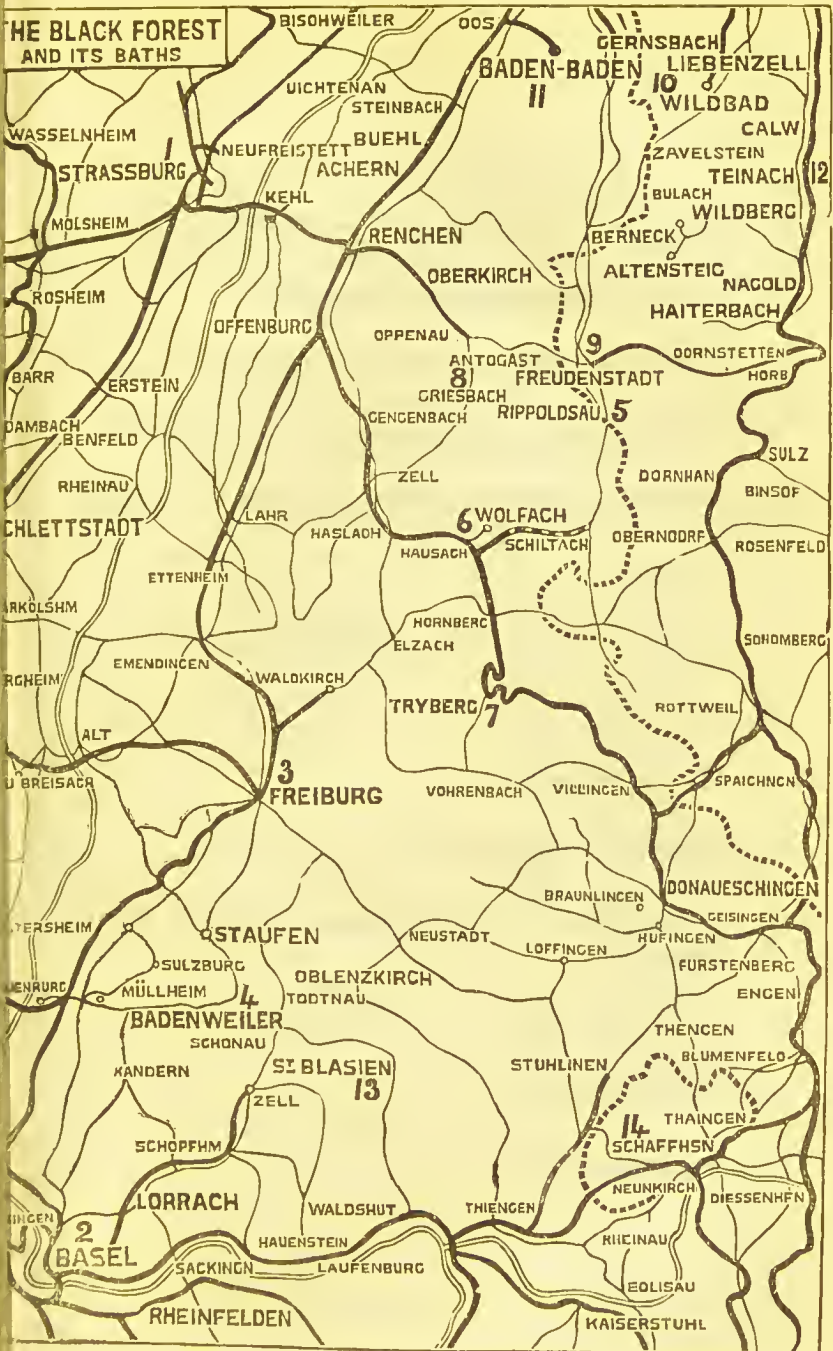




THE ENGADINE

1. COIRE—"Hôtel Steinbock," *see* page 87.
2. FLIMS—The Kurhaus, *see* page 116.
3. DAVOS—
4. TARASP—
5. ALVENAU—The Kurhaus, *see* page 17.
6. SCANFS—
7. PONTRESINA—"Hôtel Enderlin," *see* page 248.
8. SAMADEN—"Hôtel Bernina," *see* page 282.

THE BLACK FOREST  
AND ITS BATHS





1. STRASBURG—"Hôtel d'Angleterre," *see* page 310.
2. BASEL—"Hôtel Hofer," *see* page 37.
3. FREIBURG—"Hôtel Sommer Zühingerhof," *see* page 121.
4. BADENWEILER—"Hôtel Sommer," *see* page 30.
5. RIPPOLDSAU—Hôtel and Baths Gœringer, *see* page 262.
6. WOLFACH—
7. TRIBERG—"Hôtel Black Forrest," *see* page 326.
8. GRIESBACH—
9. FREUDENSTADT—
10. WILDBAD—"Hôtel Belle Vue," *see* page 351.
11. BADEN-BADEN—"Hôtel de Russie," Hôtel de France," *see* page 30.
12. TEINACH—
13. ST. BLASIEN—
14. SCHAFFHAUSEN—

# LIST OF DOCTORS

NAMED IN THE TEXT, AND THEIR SUMMER AND  
WINTER RESIDENCES.

*Doctors practising in Great Britain and Ireland, and mentioned  
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## EXPLANATIONS AND TRANSLATIONS OF TECHNICAL TERMS AND PHRASES.

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*Amenorrhœa*.—Suppression of the menses.

*Anæmia*.—Poverty of the blood.

*Anchylosis*.—Stiffening of the joints.

*Antispasmodic*.—Against spasms.

*Aphonia*.—Loss of voice.

*Apnœa*.—Difficulty of breathing.

*Articulation*.—A joint.

*Articular*.—Concerning the joints.

*Atonic*.—Want of tone, debility.

*Atrophy*.—Lack of nourishment, emaciation.

*Bronchi*.—Small air passages in lungs.

*Bronchial-catarrh*.—Catarrh of the air-passages.

*Bronchitis*.—Inflammation of the bronchi.

*Bronchus*.—Windpipe.

*Cachexia*.—An unhealthy habit of body.

*Calcium*.—Lime.

*Calciferous*.—Lime-bearing.

*Carbonate*.—Containing carbonic acid.

*Cervical*.—Belonging to the neck.

*Chalybeate*.—Iron.

*Chlorosis*.—Green sickness.

*Cholagogues*.—Medicines promoting a flow of bile.

*Climacteric*.—Critical period of life.

*Congestion*.—Undue fulness of blood vessels, lungs, &c.

*Coryza*.—Inflammation of the lining membrane of the nostrils.

*Cutis*.—Skin.

*Cutaneous*.—Concerning the skin.

*Diabetes*.—Inordinate flow of urine containing sugar.

*Diagnosis*.—Recognition of a disease.

*Diathesis*.—Peculiar constitutional state.

*Diphtheria*.—A disease of throat.

*Dislocation*.—Out of joint.

*Diuresis*.—Flow of urine.

*Diuretic*.—Causing a flow of urine.

*Douche*.—A form of bath in which the water comes from above or the sides by mechanical power.

*Dysmenorrhœa*.—Painful menstruation.

*Dyspepsia*.—Difficult digestion.

*Eczema*.—A skin disease.

*Effusion*.—Escape of a fluid from vessels within the body into other parts.

*Empyema*.—Internal collections of pus.

*Endemic*.—Diseases of particular countries or localities.

*Expectorants*.—A class of medicines which aid in clearing the throat and chest.

*Febrifuges*.—Medicines which dispel feverish conditions.

*Granulations*.—A stage in the process of healing.

*Gravel*.—A disease of the bladder or kidneys.

*Hæmorrhage*.—Bleeding.

*Hæmorrhoids*.—Piles.

*Hepatic*.—Belonging to the liver.

*Hernia*.—Rupture.

*Herpes*.—A skin disease.

*Homœopathy*.—A school of medicine.

*Hydatids*.—Minute parasites which form collections within the human body.

*Hydropathy*.—Water cure.

*Hypertrophy*.—Over-growth.

*Hypochondriasis*.—A form of melancholy.

*Idiopathic*.—Occurring without apparent cause.

*Idiosyncrasy*.—Individual peculiarity.

*Influenza*.—A severe form of feverish cold.

*Intermittent*.—Recurring at intervals.

*Iritis*.—A disease of the eye.

*Laryngitis*.—Inflammation of the larynx.

*Larynx*.—Portion of the throat in which the voice is formed.

*Leucorrhœa*.—A white discharge in females.

*Leprosy*.—A skin disease.

*Lithontriptics*.—Medicine supposed to dissolve stone in the bladder.

*Lumbago*.—A rheumatic pain in the loins.

*Menorrhagia*.—Excessive menstruation.

*Miasma*.—An infectious element in the air.

*Neuralgia*.—A nervous pain.

*Neurosis*.—Nervous affection.

*Nephritis*.—Inflammation of the kidney.

*Obesity*.—Fatness.

*Ophthalmia*.—An eye affection.

*Panacea*.—A universal remedy.

*Paralysis*.—Palsy, loss of power.

*Percussion*.—A shaking.

*Pharynx*.—The back part of the mouth.

*Phlebitis*.—Inflammation of the veins.

*Phrenitis*.—Frenzy.

*Phthisis*.—Consumption.

*Plethora*.—Full habit of body.

*Pleurisy*.—Inflammations of lining membrane of lungs.

*Pneumonia*.—Inflammation of the lung.

*Pruritus*.—Itching.

*Pulmonary*.—Concerning the lungs.

*Rachitis*.—Rickets.

*Remittent*.—Which diminishes and increases febrile action periodically.

*Saccharine*.—Sugary.

*Sciatica*.—Pain in sciatic nerve (back of hip).

*Scrofula*.—A certain unhealthy condition of body.

*Styptics*.—Arresting flow of blood.

*Suppuration*.—Discharge of matter (pus).

*Synocha*.—Continuous fever.



*Tendinous*.—Belonging to the tendons.

*Tuberculous* or *Tubercles*.—A diseased condition of the lungs or other organs.

*Uterus*.—Womb.

*Uterine*.—Concerning the womb.

*Varicose*.—Enlarged and tortuous veins.

*Viscera*.—Bowels and internal organs.

# CLASSIFICATION

ACCORDING TO THE DIFFERENT COUNTRIES OF THE STATIONS NAMED IN TEXT.

## AFRICA.

|                     |                      |                     |
|---------------------|----------------------|---------------------|
| Aboukir             | Hammam Berda         | Madeira             |
| Ain-Nonicy          | Hammam de Gabes      | Mara                |
| Algiers             | Hammam el Eux        | Mogador             |
| Bains de la Reine   | Hammam Melouane      | Monzaio-les-Mines   |
| Ben Haroun          | Hammam Meskutin      | Mustapha Supérieure |
| Cairo               | <b>Hammam R'irha</b> | Okme                |
| Cédres (Source des) | Helouan-les-Bains    | Ramleh              |
| Chazam              | Luksor               | Salah Bey           |
| Hamma               | Madagascar           |                     |

## AUSTRIA AND HUNGARY.

|               |                       |                     |
|---------------|-----------------------|---------------------|
| Abazzia       | Borsaros              | Elisabeth Salz-     |
| Adelsberg     | Borszék               | baths               |
| Ajnačskő      | Botzen                | Erdöbenye           |
| Akná Szlatina | Bréb                  | Erlachbad           |
| Aláp          | Brixen                | Erlau               |
| Al-Gyógy      | Brusznó               | <b>Ernsdorf</b>     |
| Almamező      | Budimir               | Falú-Szlatina       |
| Almás         | Budis                 | Farkas-Meső         |
| Alsó-Sebes    | Budos                 | Feletekut           |
| Altsohl       | Budosko               | Fellathal           |
| Alt-Tura      | Bujak                 | Felső-Alap          |
| Arpataka      | Buzias                | Felső-Apsá          |
| Arco          | Carlsbrunn            | Felső Bajom         |
| Arpad         | Cormus                | Felső Neresznicze   |
| Atya          | Czacko                | Felső Rusbach       |
| Baussee       | Czigelka              | Felső Visso         |
| Baassen       | Daruvar               | Fortyógo            |
| <b>Baden</b>  | <b>Deutsch-Kreutz</b> | Franzensbad         |
| Bácskó-Rahó   | Dios-Győr             | Füred               |
| Baczuch       | Dios-Jenő             | Gaberneg            |
| Bajfalú       | Disznopatak           | Gainfahrn           |
| Balsócz       | Doktorka              | Galthof             |
| Baracza       | Dolka                 | Gastein             |
| Bari          | Dombhát               | Gath                |
| Barthfeld     | Dorna                 | Geltschberg         |
| Bekes         | Dotit                 | Giesshöbl-Puchstein |
| Bela          | Dragomerfalva         | <b>Gleichenberg</b> |
| Bellus        | Drahova               | Gleisslibergerbad   |
| Benedekfalva  | Dreykirchen           | Gmünd               |
| Bényus        | Drohobycz             | Gmunden             |
| Berencze      | Dubowa                | Gräfenberg          |
| Bernstein     | Dubrawa               | Gran                |
| Bessenyőfalva | Ebed                  | Grasnawawoda        |
| Bikszád       | Ebriach               | Gries               |
| Bilin         | Egartbad              | Grodeck             |
| Bistritz      | Egbell                | Gross-Schlagendorf  |
| Bisztrá       | Eghegh                | Grosswardein        |
| Bodajk        | Egerdach              | Gross-Wunitz        |
| Böcsing       | Egelhof               | Gyüzy               |
| Borkút        | Eichwald              | Haj-Štubna          |
| Borsa         | Einöd                 | Hall, nr. Linz      |
|               | Eisenbach             | Hall, nr. Innsbruck |

AUSTRIA AND HUNGARY—*continued.*

|                        |                    |                    |
|------------------------|--------------------|--------------------|
| Hallein                | Kovaszva           | Preblau            |
| Harkányi               | Krapina-Töplitz    | Prodersdorf        |
| Harsfalva              | Kreuzen            | Prützerbad         |
| Heiligeekreuzbath      | Krynica            | <b>Püllna</b>      |
| Heiligenstadt          | Krzeszow           | Pyrawarth          |
| <b>Herculesbaths</b>   | Kugelbad           | Rabbi              |
| Herlein                | La Caldare         | Rabka              |
| Hevitz                 | <b>Lesina</b>      | Radein             |
| Hildegarde-Brunnen     | Leszina            | Rajecz             |
| Homok                  | Levico             | Rakós              |
| Homorod                | Liebwerda          | Ranigsdorf         |
| Hozumező               | Lienzmühl          | Ratzes             |
| Hradiszko              | Lipik              | Reichenau          |
| Huniady-Yános          | Lubien             | Rima-Brezó         |
| Innichen               | Lucsky             | Riva               |
| <b>Ischl</b>           | Luhatschowitz      | Rodna              |
| Ivanda                 | Luh                | Roggendorf         |
| Ivanyi                 | Magyar-Szent-Lazlo | Rohitsch           |
| Ivonicz                | Malnas             | Römerbad           |
| Jacobfalva             | Marienbad          | Ronya              |
| Jahoduika              | Mastinecz          | Rosenau            |
| Jamnicza               | Mattigbad          | Roznau             |
| Jaróslaw               | Mauer              | Ruzspolyana        |
| Jehu                   | Meidling           | Sadschutz          |
| Johannabad, nr. Par-   | <b>Meran</b>       | Saidschutz         |
| dubitz                 | Mitterbad          | St. Peter          |
| Johannabad, nr. Melnik | Moha               | St. Radegund       |
| Jood                   | Monfalcone         | Salzburg (Salzkam- |
| Josephsbad             | Mscheno            | mergut)            |
| Joszo                  | Nclefina           | Salzburg (nr. Her- |
| Jnrowla                | Nendorf            | mannstadt          |
| Kabolapolyána          | Neuhaus            | Sangerberg         |
| Kács                   | Neu-Lublau         | San Georgen        |
| Kalteuleutgeben        | Neuschmécks        | San Lorenzo        |
| Kammer                 | Neusiedel          | Schmecks           |
| Karlsbad               | Neusohl            | <b>Schönau</b>     |
| Karpfen                | Nook               | Schums             |
| Keked                  | Oberladis          | Schwarzenberg      |
| Kemend                 | Oberuhau           | Schwefelbad        |
| Kerö                   | Obernau            | Scsavnik           |
| Keruly                 | Ober-Rauschenbach  | Sedlitz            |
| Kierling               | Oelves             | Sibó               |
| Kiralyi                | Ofen               | Sid                |
| Kiralymező             | Olahfazlú          | Sisso              |
| Kis-Czeg               | Olah St. Györzgy   | Sombór             |
| Kis-Kalau              | Olenyova           | Sostó              |
| Kis-Saros              | Ollmütz            | Spalato            |
| Klanssen               | Oroslau            | Steinwasser        |
| Klein-Chocholna        | Ostrowsk           | Sternberg          |
| Klieningen             | Palitz             | Stoika             |
| Klokocs                | <b>Parád</b>       | Stuben             |
| Kobersdorf             | Pesolina           | Suligul            |
| Königswarth            | Pesth              | Sulz               |
| Konopkowka             | Pilsen             | Sutinsko           |
| Korond                 | Pistyan            | Szalatnya          |
| Koroud                 | Po-Osevicze        | Szaldobos          |
| Korsow                 | Pojan              | Szaploncza         |
| Korytnica              | Polena             | Szator             |
| Kostreinitz            | Pongyclok          | Szczawnicza        |
| Köstritz               | Pötschnig          | Szent-Ivan         |

**AUSTRIA**—*continued.*

Szinyak  
 Szinye-Lipocz  
 Szklecno  
 Szkló  
 Szliác  
 Szmrda  
**Szobrancz**  
 Szombhát-Falva  
 Sztubicza  
 Szulin  
 Tapolecza  
 Tapolz Bisztrá  
 Tarna  
 Tatzmannsdorf  
 Telgart  
 Teneke  
 Teplitz  
**Teplitz-Schönau**

Theissholz  
 Tobelbad  
 Töplika  
 Topolschitz  
 Topuczko  
 Torda  
 Trenczin-Teplitz  
 Trieste  
 Truskowicze  
 Tschawitz  
**Tüffer**  
 Tür  
 Tusnád  
 Ugód  
 Ullersdorf  
 Unter-Micsnye  
 Ustrom  
 Uzsók

Vale Szkrage  
 Várgéde  
 Veldes  
 Velejte  
 Vetzél  
 Vihnye  
 Visk  
**Vöslau**  
 Wartenberg  
 Wenzelsbath  
 Wieliczka  
 Wolfs  
 Wolfsegg  
 Zajzon  
 Zanyka  
 Zögg  
 Zovány  
 Zwicsealsalpe

**BELGIUM.**

Blanchemont  
 Blankenberg  
 Chaudfontaine

Heyst  
 Middlekerke  
 Ostende

Spa  
 Tongeren

**DENMARK.**

Barestrand-Syssel  
 Iceland  
 Kirstenpils

Kopenhagen  
 Marienlust

Randamel  
 Thingöe-Syssel

**FRANCE.**

Abbecourt  
 Absac  
 Agon  
 Aincelle  
 Aix (Provence)  
**AIX-LES-BAINS**  
**Ajaccio**  
 Albens  
 Alais  
 Aled  
 Allevard-les-Bains  
**Amélie-les-Bains**  
 Amphion  
 Andabre  
**Annecy**  
 Antibes  
 Arbormé  
 Arachon  
 Arcs, Les  
 Argentieres  
 Arlam  
 Arromanches  
 Asnelles  
 Audinac  
 Angnat  
 Aulus  
 Availles  
 Avesne  
 Ax  
**Bagnères de Bigorre**

Bagnet, Le  
 Bagnoles  
 Bagnols  
 Bains  
 Bains, near Arles  
 Balaruc  
 Banyuls  
 Baran  
 Barbazan  
 Barberie  
 Barbotan  
 Barèges  
 Barzun  
 Bastennes  
 Banche La  
 Beancent  
 Beaulieu, nr. Issoire  
 Beaulieu, nr. Nice  
 Beauprean  
 Bellesme  
 Belleville  
 Belloc  
 Bernières  
 Bernos  
 Berthemont  
 Besse  
 Bétaille  
 Beuzeval  
 Biarritz  
 Bilazai

Bleville  
 Boisse, La  
 Bondonneau  
 Bonnefontaine, La  
 Bonneval  
 Boudes  
 Boulogne-sur-Mer  
 Boulou, Le  
 Bourasol  
 Bouquéron  
 Bourbon l'Archam-  
   bault  
 Bourbon Lancy  
 Bourbonne  
**Bourboule, La**  
 Bourg d'Anlt  
 Bourg d'Oisans  
 Brides  
 Brugheas  
 Bruneval  
 Bulgneville  
 Bullycome, Le  
 Busignargues  
 Bussang  
 Cabourg  
 Cadéac  
 Caille, La  
 Calais  
 Caldaniccia  
 Camarès



## FRANCE—continued.

|                       |                          |                    |
|-----------------------|--------------------------|--------------------|
| Cambo                 | Dieu-le-fit              | Genestelle         |
| Camoins               | Digne                    | Gigondas           |
| Campagne              | Dinan                    | Gignoles           |
| Candé                 | Dives                    | Glainc-Montaignu   |
| <b>Cannes</b>         | <b>Divonne-les-Bains</b> | Gournay            |
| <b>Cap d'Antibes</b>  | Dinard                   | Gramat             |
| Capveru               | Domèue                   | Graudcamp          |
| Carconières           | Domèray                  | Grandeyrol         |
| Carteret              | Domèvre                  | Graudril           |
| Casnefouls            | Dorres                   | Granville          |
| Castel-Jaloux         | Douarnez                 | Grasville-l'heure  |
| Castera-Verduzan      | Douville                 | Gréoulx            |
| <b>Cauterets</b>      | Douai                    | Grinneaux          |
| Canvalat-le-Vigan     | Duivon                   | Guaguo             |
| Cayeux                | <b>Dunkerque</b>         | Guillon            |
| Cayla, La             | Durtal                   | Guitera            |
| Celles                | <b>Eaux-Bonnes</b>       | <b>Havre, Le</b>   |
| Chabetout             | Eaux-Chaudes             | Henuebon           |
| Chaldette, La         | Ebeaupin                 | Hermonville        |
| Challes               | Echailion                | Herse, La          |
| <b>Chamounix</b>      | Ecquevilly               | Heucheloup         |
| Champoleon            | Ecuillé                  | Home-Varaville, Le |
| Chapelle-Godefroy, La | Encausse                 | Honfleur           |
| Charbonnières         | Enghien                  | Houches, Les       |
| Chateau Gontier       | Enn                      | Houlgate           |
| Chateaufneuf          | Erquy                    | Hourdel            |
| Chateldon             | Escaldas, Las            | <b>Hyères</b>      |
| Chatel Guyon          | Escouloubre              | Jalleyrac          |
| Chaudes-Aigues        | Etretat                  | Joancette          |
| Chaumbon              | Euzet                    | Job                |
| Chaumout              | Evaux                    | Josc               |
| Chemille              | Evian-les-Bains          | Jouche             |
| Cherbourg             | Farcette                 | Labassère          |
| Choranche             | Fécamp                   | Labestz-Biscaya    |
| Clermont              | Felines                  | Lacanne            |
| Coise                 | Ferranche                | Laifour            |
| Collioure             | Ferrière, La             | La Malou           |
| <b>Contrexéville</b>  | Féron                    | Lamotte            |
| Cordéac               | Fiumorbo                 | Langrune           |
| Corenc                | Fonciergue               | Larivière          |
| Corneille             | Fonfrede                 | Laroche            |
| Couchon               | Fonsaute                 | Lassère            |
| Coudes                | Fonsalada                | Lavardens          |
| Coudillac             | Fousanches               | Legué St. Breuil   |
| Courpière             | Fonsrouillacuse          | Lepoulguen         |
| Cours                 | Fontagne or Sorède       | Les Salins         |
| Courtomer             | Fontenelle               | Lion-sur-Mer       |
| Courseuilles          | Foradade                 | Llo                |
| Coutainville          | Forcerai                 | Lons-le-Sauliner   |
| Cransac               | Forges-lcs-Baius         | Luc-sur-Mer        |
| Crèche                | Forges-les-Eaux          | Luchon             |
| Criel                 | Foucaude                 | Luxcuil            |
| Croisic, Le           | Fourchambault            | Macon              |
| Crol, Le              | Fumades                  | Magnac             |
| Crotoy, Le            | Gabiau                   | Marat              |
| Deauville             | Gamarde                  | Marcols            |
| Désaignes             | Garde de Bio, La         | Marlioz            |
| Desvres               | Gardinière               | Marseilles         |
| Deux Lots             | Garris                   | Martigné-Briant    |
| Dieppe                | Gazost                   | Martiguy           |

FRANCE—*continued.*

|                       |                  |                         |
|-----------------------|------------------|-------------------------|
| Martres               | Pont à Mousson   | St. Marie de Mont       |
| Mayres                | Pont de Bared    | St. Martin de Fenouille |
| Mazel, Le             | Pontrieux        | St. Martin Lantosquo    |
| Medagues              | Pornie           | St. Maurice             |
| <b>Mentone</b>        | Port-Bail        | St. Myon                |
| Mereus                | Porte            | St. Nectaire            |
| Mers                  | Port-en-Bessin   | St. Ours                |
| Mezières              | Port Thareau     | St. Pair                |
| Miers                 | Pougues          | St. Pardoux             |
| Moingt                | Pouillon         | St. Parize              |
| Moligt                | Pouroille        | St. Pierre d'Argenson   |
| Monestier de Briançon | Prades Vernet    | St. Prieste des Champs  |
| Monestier de Clermont | Prechae          | St. Prieste-la-Roche    |
| Monthrison            | Preste, La       | St. Quentin             |
| Montbrun              | Prompsad         | St. Raphael             |
| Montehauson           | Propiae          | St. Remy                |
| Mont-Dore             | Provins          | St. Roman               |
| Montégut-Ségla        | Prugues          | St. Sautin              |
| Moutlignon            | Puzziehella      | St. Sauveur             |
| Mont Louis            | Quez             | St. Simon               |
| Montmirail            | Quinéville       | St. Thomas              |
| Montner               | Regneville       | St. Vaast               |
| Montol                | Remollion        | St. Valery-eu-Caux      |
| Montpellier           | Renaissou        | St. Valcry-sur-         |
| Montpensier           | Renlaigne        | Somme                   |
| Mortefontaine         | Rennes           | St. Vallier             |
| Nebonzat              | Reyrieux         | St. Yorre               |
| Neffiaeh              | Rieumajou        | Ste. Adresse            |
| Neris                 | Roccabigliera    | Ste. Helene             |
| Neuville              | Romeyer          | Ste. Madeleine          |
| Neyrae                | Roueevaux        | Ste. Marie (Cantal)     |
| <b>Nice</b>           | Roscoff          | Ste. Marie (Hautes      |
| Nohanend              | Roucas Blanc     | Pyrenées)               |
| Nouvelle, La          | Rouzat           | Salces                  |
| Olette                | Royan            | Salies                  |
| Olliergues            | Royat            | Salies de Béarn         |
| Orezza                | Roye             | Salins                  |
| Origny                | Sables d'Olonne  | Salins Montiers         |
| Oriol                 | Sail-les-Bains   | Salles                  |
| Outraneourd           | Sail-sous-Couzan | Salz                    |
| Païmpal               | St. Alban        | Santenay                |
| Panassan              | St. Amand        | Sareey                  |
| Paramé                | St. André        | Saubusc                 |
| Paris                 | St. Boes         | Saucats                 |
| Passy                 | St. Bonnet       | Saulee                  |
| <b>Pau</b>            | St. Briac        | Sault                   |
| Pandraux              | St. Christau     | Sausillonges            |
| Perrière, La          | St. Denis        | Saute-Vaux              |
| Perruehes             | St. Diery        | Savernolles             |
| Petites Dalles, Les   | St. Galmier      | Saxe, La                |
| Pierrefonds           | St. Gervais      | Secy                    |
| Pietrapola            | St. Gildas       | Segray                  |
| Plaine, La            | St. Honoré       | Segre                   |
| Plan, Le              | St. Ieaire       | Semur                   |
| Planehamps            | St. Jean d'Aulph | Senteiu                 |
| Plan de Plazy         | St. Jean de Luz  | Sermaise                |
| <b>Plombières</b>     | St. Laurent      | Silvanès                |
| Poggeto Theniers      | St. Loubouer     | Siradan                 |
| Pontaillae            | St. Lunaire      | Sixt                    |
| Pontamafrey           | <b>St. Malo</b>  | Sotteville              |

## FRANCE—continued.

Soulac  
Soulieux  
Talloires  
Taraseon  
Tercis  
Termignon  
Ternaut  
Terrau  
Terrasie, La  
Teste, La  
Thuez  
Tissières  
Tivoli  
Toulon  
Trebais  
Tremblade, La  
Tremiscan  
Treport, Le

Tresclaux  
Trollière, La  
Trouville  
Urbalacone  
**Uriage**  
Ussat  
Usson  
Vaisse  
Val André, Le  
Vals  
Varennas  
Vaugnières  
Velleminfroy  
Velleron  
Velmont  
Vernet, Le  
Veules  
Veulettes

**Vichy**  
Vie-sur-Cer  
Vicoigne  
Vic-le-Comte  
Vignolles  
Villefranche (Aveyron)  
Villefranche (Alpes  
Maritimes)  
Villers-sur-Mer  
Villerville  
Vinça  
Visos  
Vitry  
Vittel  
Vrécourt  
Yeuzet  
Yport

## GERMANY.

Abach  
Abensberg  
Adelheidsquelle  
Adelholzen  
Adorf  
Aix-la-Chapelle  
Alexanderbath  
Alexisbath  
Alt-Haide  
Altwasser  
Antogast  
Apollinaris  
Arnstadt  
Artern  
Assmannshausen  
Auerbach  
Augustusbath  
**Baden-Baden**  
**Badenweiler**  
Bebra  
Bentheim  
Berg  
Berg-Gilfshuebel  
Beringerbath  
Berka  
Bertrich  
Beuren  
Birkenfeld  
Birlenbach  
Birresborn  
Blankenburg  
Boeklet  
Bodendorf  
Bodenfelde  
Böll  
Boltenhagen  
Borbye  
Borkum

Bourtscheidt  
Bramstadt  
Braunfels  
Brückenau  
Burgbergheim  
Buschbath  
Calw  
Cannstadt  
Charlottenbrunn  
Charlottenburg  
Chatenois  
Christenhofsbad  
Cleve  
Colberg  
Crailsheim  
Cudowa  
Cuxhaven  
Czarskow  
Dangast  
Diedenow  
Diemcringen  
Dicvenow  
Dingolfing  
Dinkhold  
Dirsdorf  
Dizenbach  
Dobberan  
Dorfgeismar  
Draitschbrunnen  
Driburg  
**Dürkheim**  
Dürrheim  
Durrwangen  
Düsternbrook  
Eberbach  
Elbningen  
Echzell  
Eckartsbrunnen

Eckerberg  
Eckernförde  
Edenkoben  
Ehrenbreitstein  
Eilsen  
Eimbeck  
Elizabethbath  
Elmcu  
Elster  
Empfing  
Ems  
Eppenhhausen  
Ernabrunnen  
Eschelloh  
Fachingen  
Falkenberg  
Falkenstein  
Feldafing  
Feldberg  
Fiestel  
Flinsberg  
Forbach  
Frankfort-on-Maine  
**Freienwalde**  
Freyersbach  
Friedrichshafen  
Friedrichshall  
Friedrichsroda  
**Friedrichs Wil-**  
**helmsbath**  
Gehringwalde  
Geilnau  
Geisslingen  
Georgenbath  
Geroldsgrün  
Geroldstein  
Giengen  
Gleisweiler

GERMANY—*continued.*

|                     |                    |                     |
|---------------------|--------------------|---------------------|
| Gleissen            | Kaudenbach         | Moching             |
| Goczalkowitz        | Kellberg           | Mondorf             |
| Godelheim           | <b>Kiel</b>        | Münchshofen         |
| Godesberg           | Kirchberg          | Münster             |
| Goldbach            | Kirchbrunnen       | Munsterberg         |
| Goldberg            | Kirchheim          | Muritz              |
| Göppingen           | <b>Kissingen</b>   | Muskau              |
| Görbersdorf         | Kleinengstingen    | Nammen              |
| Goschwitz           | Kleinern           | Nassau              |
| Greifenberg         | Klein-Schirma      | Nauheim             |
| Greifswalde         | Klütz              | Naumberg            |
| Griesbach           | Kochel             | Neundorf            |
| Griesbath           | Kondrau            | Nenenheim           |
| Gross-Albertshofen  | Königsborn         | Neuhaus             |
| Grosskarben         | Königsbrunn        | Neuenahr            |
| Grüben              | Königsdorff-Jastr- | Neumarkt            |
| Grull               | zems               | Neu Ragóczy         |
| Grund               | Königstein         | Neuschwalheim       |
| Grundhofen          | Kornwestheim       | Neustadt (Haart)    |
| Günthersbath        | Kösen              | Neustadt (Saale)    |
| Hackelthal          | Köstritz           | Neustadt-Eberswalde |
| Hafkreuz            | Krähenbath         | Niederbronn         |
| Hall                | Krankenheil        | Niederhall          |
| Halle               | Kreuth             | Nieder-Langenu      |
| Halsbrücke          | Kreuznach          | Niedernau           |
| Hambach             | Kronberg           | Niederselters       |
| Hanau               | Kronthal           | Nicratz             |
| Hardeck             | Krumbach           | Nierstein           |
| Harzburg            | Kunzendorf         | Nördlingen          |
| Hechingen           | Laer               | Norderney           |
| Heekinghausen       | Lamscheidt         | Northeim            |
| Heidelberg          | <b>Landeck</b>     | Ober-Brambach       |
| Heilbrunn           | Landskron          | Ober-Herzern        |
| Heilstein           | Langenberg         | Oberlahnstein       |
| Heinrichbrunnen     | Langenbrücken      | Obermendig          |
| Helmstädt           | Langensalza        | Oberselters         |
| Heppingen           | <b>Laubbach</b>    | Obertiefenbach      |
| Heringsdorf         | Lauehstadt         | Oberwinter          |
| Hermannsbath        | Lausigk            | Ochsenhausen        |
| Heselwangen         | Lauterberg         | Oeynhauscu          |
| Hinnewieder         | Lendershausen      | Offenan             |
| Hofgeismar          | Leutstetten        | Offensteiu          |
| Hohenberg           | Lichtenthal        | Okarben             |
| Höhenstadt          | Liebenstein        | Oldesloe            |
| Hohenstein          | Liebenzell         | Olmeuhausen         |
| Holzhausen          | Limmer             | Oppenau             |
| Homburg             | Lindenholzhausen   | Osterspau           |
| Hubertusbrunnen     | Lippspringe        | Osthofen            |
| Hüttersbach         | Löbenstein         | Ottenstein          |
| <b>Ilmenau</b>      | Ludwigsbrunnen     | Parchim             |
| Imnau               | Luisenbath         | Partenkirchen       |
| Inselbad            | Lüneburg           | Peissenberg         |
| Jaxtfeld            | Malmédy            | Petersthal          |
| Jobsbath            | Mariabrunnenbath   | Plaue               |
| <b>Johannisberg</b> | Marienfels         | Polzin              |
| Jordansbath         | Markammer          | Potsdam             |
| Jungbrunn           | Meinberg           | Prenzlau            |
| Kanitz              | Mergentheim        | Pymont              |
| Karlshafen          | Michelstadt        | Radeberg            |
| Karlsruhe           | Misdroy            | Rappenu             |



GERMANY—*continued.*

Rastenberg  
Reeklinghansen  
Rehburg  
Rehme  
**Reiboldsgrün**  
Reichenhall  
Reinerz  
Rentlingen  
Rietenau  
**Rippoldsau**  
Rodenberg  
Rohnau  
Roigheim  
Roisdorf  
Ronneburg  
Rosenheim  
Rosheim  
Rosswein  
Röthelbad  
Rothenbach  
Rothenburg  
Rothenfelde  
Rothenfels  
Rothwell  
Rndolstadt  
Rnhla  
Saargemünd  
Saehsa  
Säkingen  
St. Blasien  
St. Georgen  
St. Ubrich  
Salzbrunn  
Salzhausen  
Salzsehlirf  
Salzuffeln  
Salzungen  
Sassnitz  
Schandau  
Schieder  
Schlackenbath  
Schlangenbad

Sehlensingen  
Schmalkalden  
Schmeckwitz  
Schönbeek  
**Schwalbach**  
Schwalheim  
Schwallungen  
Schweizermühle  
Schwelm  
Sebastiansweiler  
Seebruch  
Seeon  
Selters  
Sennfeld  
Sierk  
Sinzig  
Sironabath  
Soden  
Soest  
Sohl  
Staden  
Stavenhagen  
Steben  
Steinabad  
Steinfurt  
Steinheyde  
Streitberg  
Snderode  
Sulza  
Sulzbach  
Sulzbach (Alsatia)  
Sulzbach (Baden)  
Sulzmatt  
**Swinemünde**  
Sylt  
Tambach  
Tannenbrunnen  
Tatenhansen  
Tegernsee  
Teinach  
Tennstädt  
Tharandt

Thensserbad  
Tönnisstein  
Traishorloff  
Travemünde  
Tuebingen  
Ueberkingen  
Ueberlingen  
Uhlmühle  
Valdorf  
Veierbach  
Vippach-Edelhausen  
Wachenheim  
Walldorf  
Wangeroog  
Warnbrunn  
Warnieken  
Warnemünde  
Wassaeherberg  
Wattenweiler  
Weibach  
Westerland-Sylt  
Wiesan  
**Wiesbaden**  
Wiesbaden  
Wiesloch  
**Wildbad**  
Wildungen  
Wilhelmsbad (Silesia)  
Wilhelmsbad (Saxony)  
Wilhelmsbad (Hessen)  
Wimpfen  
Winterbach  
Wipfeld  
Wittekind  
Wolfach  
Wörth  
Zaisenhausen  
Zavelstein  
Zerbst  
Zinnowitz  
Zittan  
Zoppot

## GREAT BRITAIN.

Aberayron  
Aberbrothwick  
Aberystwith  
Aberdaron  
Aghaloo  
Airthrey  
Aldborough  
Alderney  
Allonby  
Alnmouth  
Alton Towers  
Amblesido  
Amlwch  
Amroth

Antrim Spa  
Appledore  
Ardrossan  
Ashby-de-la-Zouche  
Arnside  
Athimomms  
Athlone  
Ballater  
Ballycotton  
Ballyspollan Spa  
Bangor  
Bantry  
Barmouth  
Bath

Beanmaris  
Ben Rhydding  
Berwick  
Bexhill  
Birehington  
Bishops-Down Grove  
Blackpool  
Bognor  
Bonnington  
Bournemouth  
Bray  
Bridge of Allan  
Bridge of Earn  
Bridlington Quay

GREAT BRITAIN—*continued*

|                         |                   |                  |
|-------------------------|-------------------|------------------|
| Bridport                | Filey             | Littlehaven      |
| Brighton                | Fleetwood         | Llandrindod      |
| Brixham                 | Flint             | <b>Llandudno</b> |
| Broadstairs             | Folkestone        | Llandwrtyd       |
| Broughty Ferry          | Fordel            | Llanfairfechan   |
| Brownstown Spa          | Fowey             | Llangranog       |
| Bude                    | Fraserburgh       | Llanstephen      |
| Budleigh-Salterton      | Freshwater        | Looe             |
| Builth                  | Galway Spa        | Lowestoft        |
| Bundorran               | Garryhill Spa     | Lucan            |
| Burnham                 | Gisland           | Lulworth West    |
| <b>Bushey, the Hall</b> | Glanagarin        | Lymington        |
| Butterby                | Glengariff        | Lynmouth         |
| Buxton                  | Gloucester        | Lytham           |
| Campbelltown            | Golden Bridge     | Mablethorpe      |
| Carnarvon               | Grange-over-Sands | Malahide         |
| Castel Connell          | Gravesend         | Mallow           |
| Cheltenham              | Great Yarmouth    | Malta            |
| Clacton-on-Sea          | Guernsey          | <b>Malvern</b>   |
| Claremont               | Hampstead         | Margate          |
| Cleethorpes             | Harrowgate        | Matlock          |
| Clevedon                | Hartlepool        | Melcombe Regis   |
| <b>Clifton</b>          | Harwich           | Melksham         |
| Clynnog-Vawr            | <b>Hastings</b>   | Millport         |
| Colwyn Bay              | Hayling Island    | Minehead         |
| Courtmaesherry          | Helensburgh       | Moffat           |
| <b>Cowes</b>            | Heligoland        | Morecambe        |
| Criccieth               | Herne Bay         | Mumbles          |
| Crieff                  | Holbeck           | Mumby-cum-Chapel |
| Cromer                  | Holkham           | Nairn            |
| Crosshaven              | Holyhead          | New Brighton     |
| Cullercoats             | Holywell          | Newcastle        |
| Dale                    | Holywood          | New Quai (Engl.) |
| Dalkey                  | Horley Green      | New Quai (Wales) |
| Dartmouth               | Hornsea           | Newtondale       |
| Dawlish                 | Hovehampton       | Nottingham       |
| Deal                    | Hovingham         | <b>Oban</b>      |
| Derrindaff              | Howth             | Paignton         |
| Devonport               | Hunstanton        | Pannanich        |
| Dinsdale                | Hythe             | Passage          |
| Douglas                 | Ilfracombe        | Peebles          |
| Dovedale                | Ilkley            | Pembrey          |
| Dover                   | Instow            | Penarth          |
| Drennau Springs         | Islington         | Pendine          |
| Drogheda                | Johnstown         | Penmaenmawr      |
| <b>Droitwich</b>        | Keswick           | <b>Penzance</b>  |
| Drumsna                 | Kilburn           | Pitcaithly       |
| Drumgoon                | Kilkee            | Pitlachy         |
| Drumrastel              | Kilkenny          | Plymouth         |
| Dumlane                 | Killymard         | Portland         |
| Dunbar                  | Kilrush           | Portobello       |
| Dundrum                 | Kinsale           | Port Rush        |
| Dunmore                 | Knaresborough     | Port Steward     |
| Dunoon                  | Krevenish         | Pwllheli         |
| Durness                 | Lake District     | Queenstown       |
| Eastbourne              | Largs             | Ramsgate         |
| Epsom                   | <b>Leamington</b> | Ramsay           |
| Exmouth                 | Lee               | Redcar           |
| Falmouth                | Lisdoonvarna      | Redruth          |
| Felixstowe              | Littlehampton     | Rhyl             |

GREAT BRITAIN—*continued.*

Rosstrevor  
 Ryde  
 Ryhope  
 St. Andrews  
 St. Anne's-on-Sea  
 St. Bee's  
 St. David's  
 St. Lawrence-on-Sea  
 St. Leonard's  
 St. Mary's  
 Salcoaths  
 Salcombe  
 Saltburn  
 Saltfleet-Haven  
 Sandgate  
 Sandown  
 Sandrocks  
 Sark  
 Saundersfoot  
**Scarborough**  
 Seaford  
 Seascales  
 Seaton  
 Seaton Carew  
 Sea-View  
 Shanklin  
 Shap  
 Sheerness-on-Sea

Shotley  
 Sidmouth  
 Silloth  
 Skegness  
 Skinburness  
 Southampton  
 Southbourne  
 Southend  
 Southport  
 Southsea  
 South Shields  
 Southwold  
 Spital  
 Starbeck  
 Streatham  
 Strathpeffer  
 Sutton  
 Swanage  
 Swanlibar  
 Swansea  
 Temburg  
 Tenby  
 Thorpe Arch  
 Thurso Bay  
 Tissington  
**Torquay**  
 Totland Bay

Towyn  
 Tramore  
 Troutbeck  
 Tunbridge Wells  
 Tynemouth  
 Ullswater  
 Upton  
**Ventnor**  
 Vicarsbridge  
 Victoria Spa  
 Walton-on-the-Naze  
 Warrenspoint  
 Watchet  
 Wells-next-the-Sea  
**Wemyss Bay**  
 Westgate-on-Sea  
 Weston-Super-Mare  
 Westward Ho  
 Weymouth  
 Whitburn  
 Whitby  
 Willoughby  
 Windermere  
 Windsor Forest  
 Withernsea  
**Worthing**  
 Yarmouth

## GREECE.

Adepsos  
 Aegina  
 Chios  
**Corfu**  
 Cos  
 Dirce  
 Epidaurus  
 Gythium  
 Hellopia  
 Hermione  
 Hypate  
 Ikaria  
 Kaifa  
 Kaissariani  
 Kalauria  
 Karithena  
 Katharsion

Keuchraë  
 Klemutzion  
 Kythmos  
 Langassa  
 Laurion  
 Lebetzoba  
 Lemnos  
 Lepanto  
 Lesbos  
 Letantus  
 Liguria  
 Lintzi  
 Lucas  
 Lutraki  
 Melos  
 Milo

Methana  
 Moselli  
 Naxos  
 Nissyros  
 Páros  
 Peleikiton  
 Santorin  
 Skara-Chori  
 Tenos  
 Thera  
 Thermia  
 Thermopylae  
 Thesbis Spring  
 Vonitza  
 Zante  
 Zea

## HOLLAND.

Hilversum  
 Katwyk

Scheveningen  
 Wyk aan Zee

Zandvoort  
 Zwolle.

## ITALY.

Abano  
**Acireale**  
 Acquacetosa  
 Acqua-Acidola

**Acquae-Albulae**  
 Acqua-Bolle  
 Acqua-Puzzolente  
 Acqua-Raineriana

**Acqua Santa**  
 (Termini)  
 Acqua Santa di Bay-  
 luto

ITALY—*continued.*

Acqua-Santa (Genoa)  
 Acquae-Subreni-Ho-  
 mini  
 Acqui  
 Agnano  
 Altora  
 Alassio  
 Albano  
 Alcama  
 Ali  
 Alica  
 Allegrezza  
 Allume  
 Amalfi  
 Ammoniac Gas Spring  
 Anacapri  
 Anagui  
 Ancona  
 Anguillara  
 Arcidosso  
 Arenzano  
 Armajolo  
 Asciano  
 Ascoli  
 Asinolunga  
 Aspio  
 Astroni  
 Baccanella  
 Bagnaccio  
 Bagne-a-Baccanella  
 Bagnoli  
 Bagni-à-Acqua  
 Bagni-à-Morba  
 Bagni, Acqua dei  
 Bagno Bossale  
 Bagno d'Apollò  
 Bagno-Fresco  
 Bagno dei Rhachitici  
 Bagno-in-Romagna  
 Baldini, Acqua dei  
 Balnea d'Avignone  
 Bari, Acqua dei  
 Battaglia, La  
 Bellaggio  
 Benetutti  
 Bergallo  
 Bivuto di Termini  
 Bobbio  
 Boceggiano  
**Bordighera**  
 Borgo-Marò  
 Borla  
 Bormio  
 Borra  
 Borronc  
 Bottaccio  
 Bresigala  
 Brindisi  
 Bronia  
 Bruca

Buca dei Fori  
 Burrone  
 Caccio-Cotto  
 Cadenabbia  
 Caldanello  
 Caldieri  
 Caldini  
 Calliano  
 Calvello  
 Canal-grosso  
 Caprenne  
 Capri  
 Caprifico  
**Casale**  
 Casamicciola  
 Casa Nuova  
 Casa Stronchino  
 Casciani  
 Casino  
 Casiola  
 Castel-Doria  
**Castellamare**  
 Castelletto Mascagni  
 Castelletto d'Orba  
**Castel San Pietro**  
 Castelnuovo  
 Castiglione  
 Castro-Caro  
**Catania**  
 Catena  
 Cattenaja  
 Cave  
 Caz-di-Bagno  
 Cecinella  
 Cefalu  
 Ceresoles  
 Cesalpino  
 Cetona  
**Chianciano**  
 Chiatamone  
 Chiavari  
 Chitignano  
 Chiusa dei Monaci  
 Cinciano  
 Cipollo  
 Citàra  
 Civilliano  
 Civita Vecchia  
 Colico  
 Como  
 Cornigliano-Ligure  
 Corticella  
 Cotone  
 Cotto  
 Courmayor  
 Craveggia  
 Doccio  
 Dofana  
 Dovadolz  
 Elba

Eufemia  
 Faenza  
 Falciano  
 Fano  
 Ficoncella  
 Filetta  
 Florence  
 Fonga  
 Fontaccia  
 Fordignano  
 Fossino  
 Fosso degli Ontani  
 Gagliana  
 Galleraje  
 Gavorano  
 Genoa  
**Gerace**  
 Giglio  
 Giunco-Marino  
 Grotto del Cane  
 Imola  
**Irno (Val d')**  
 Ischia  
 Isola Bona  
 Lama  
 La Salute  
 Leccia  
 Levana  
 Lipara  
**Livorno**  
 Loreta  
 Lu  
 Lucca  
 Macerrato  
 Madonna à Papiano  
 Madonna di tre Fiume  
 Maria dell 'Aquila  
 Maria in Baguons  
 Marsala  
 Masino  
 Massa  
 Mercantale  
 Messina  
 Meta  
 Miemo  
 Milan  
 Moggiona  
 Molla, Il  
 Monsummano  
 Montafia  
 Montagnone  
 Montalceto  
 Mont'Amiata  
 Monte-Catini  
 Montegrotto  
 Montefiascone  
 Monte-Ortone  
 Monte-Rotondo  
 Montione  
 Morba



## ITALY—continued.

Mortagone  
**Naples**  
 Nave dell'Inferno  
 Nerone (Stufa di)  
 Nervi  
 Nitrolis  
 Nocera  
 Noceto  
 Palazonia  
 Palazzolo  
**Palermo**  
 Palestrina  
 Pallanza  
 Pantano  
 Paterno  
**Pegli**  
 Pejo  
 Pelagio  
 Pelago  
 Penna, La  
 Pergine  
 Pertino  
 Pesaro  
 Pescara  
 Petraglia  
 Petriolo  
 Pietra  
 Pigna, La  
 Pillo  
 Pisa  
 Pisciarelli  
 Pitigliano  
 Pizzo, Il  
 Pizzofalcone  
 Poggetti  
 Poggibonzi  
 Poggio Curatale  
 Poggio Pinci  
 Poggio Rosso  
 Pontano  
 Popoli  
 Porretta, La  
 Pozzoli  
 Pré St. Didier  
 Pretiolo  
 Puzzola di Pienza  
 Querzola  
 Raddusa  
 Rapallano  
 Rapallo

**Ravone-in-Casaglia**  
 Recoara  
 Retorbido  
 Riando  
 Riguardo  
 Rimini  
 Rio  
**Riolo**  
 Rio Meo  
 Rio Sordo  
 Rita  
 Rocca San Felice  
 Rocegnò  
 Romagna  
 Rombole  
**Rome**  
 Roselle  
 Rostona  
 Poggetti  
 Poggibonzi  
 St. Cassien  
 St. Genis  
 St. Vincent  
 Salceti  
 Salerno  
 Salice  
 Saló  
 San Casciano  
 San Daniele  
 San Fedele  
 San Filippo  
 San Genesio  
 San Germano  
 San Giuliano  
 San Ginseppo  
 San Leopoldo  
 San Martino  
 San Marziale  
 San Michele  
 San Remo  
**Santa Cesarea**  
 Santa Gonda  
 Santa Margherita  
 Santa Restituta  
 Santa Vigone  
 Sasso di Maremma  
 Saturnia  
 Sciacca  
 Sclafani

Segesta  
 Seraglio  
 Serapis (Temple)  
 Serayalle  
 Sestri-Ponente  
 Sigliano  
**Sinigallia**  
 Sorrento  
**Spezia, La**  
 Sprofonzo  
 Stresa  
 Sujo  
 Tabbiano  
 Talamannaccio  
 Taormina  
**Telese**  
 Terme Luigiane  
 Termini  
 Termini Castoreale  
 Testa  
 Tolpa  
**Torre Anunziata**  
 Torre del Grecco  
 Torretta, La  
 Trani  
 Trescore  
 Tritoli  
 Turin  
 Valdieri  
 Valenza  
 Vellebro  
 Venafro  
 Venice  
 Verrazano  
 Vescovo  
 Vialla  
**Viareggio**  
 Vicarello  
 Victorie  
 Vignale  
 Vignone  
 Villa delle Caselle  
 Villa d'Este  
 Vinadio  
 Visone  
 Viterbo  
 Voltaggio  
 Volterra  
 Voltri  
 Zafarana

## PORTUGAL.

Alcáface  
 Aregos  
 Bellas Agoas  
 Cabeça-da-Vida  
 Caldas do Geres  
 Caldas da Nossa  
 Senhora  
**Caldas da Rainha**

Chaves  
 Gafete  
 Gaiciras  
 Junqueiro  
**Lisbon**  
**Madeira**  
 Miradella  
 Monsão

**Oporto**  
 Rede de Corvaçeira  
 Rio-Mayor  
 Rio-Real  
 San Pedro do Sul  
 Torres-Vedras  
**Vidago**  
 Vizella

## PRINCIPALITY OF MONACO.

|           |        |             |
|-----------|--------|-------------|
| Condamine | Monaco | Monte Carlo |
|-----------|--------|-------------|

## RUSSIA.

|                      |                    |                          |
|----------------------|--------------------|--------------------------|
| Abas-Tuman           | Kemmern            | Riga                     |
| Alexander's Spring   | <b>Kiszlawodsk</b> | Sarepta                  |
| Barbern              | Klutschewsk        | Schelesna-Wodsk          |
| <b>Beschtai Bath</b> | Kötschenowa        | Schmardau                |
| <b>Borschom</b>      | Kunda              | Serdepol                 |
| Busk                 | Kungara            | Sergiewsk                |
| Bykowicz             | Kuppis             | Siekeriki                |
| Ciechocinek          | Langenberg         | Sitka                    |
| Dubograedsk          | Lipezk             | <b>Slepzoff-Michael-</b> |
| Eisenberg            | Neskutschnoie      | <b>off Springs</b>       |
| <b>Essentuk</b>      | Nowosselja         | Spag                     |
| Gori                 | Odessa             | Stolypin                 |
| Helsingfors          | Oesel              | Toropetz                 |
| Janischek            | Orel               | Twer                     |
| Kammietz-Podolsk     | <b>Orenburg</b>    | Uleaborg                 |
| Kaschin              | <b>Oni</b>         | Undary                   |
| Kastanowka           | Pjätigorsk         | Utzera                   |
| Katharinbath         | Psekups Springs    | Zagwera                  |

## SPAIN.

|                  |                         |                      |
|------------------|-------------------------|----------------------|
| Alange           | Bonar                   | Cuervo               |
| Alaráz           | Borines                 | Diezgo               |
| Alcala           | Braque                  | <b>Elche</b>         |
| Alcantud         | Buyeres de Nava         | Elorrio              |
| Alceda           | Buzost                  | Escoriaza            |
| Alhama de Aragon | Cadiz                   | Esparguera           |
| <b>Alhama de</b> | Caldas de Besaya        | Estadilla            |
| <b>Granada</b>   | Caldas de Bohi          | Ferreira             |
| Alhama de Murcia | Caldas de Cuntis        | Fitero               |
| <b>Alicante</b>  | Caldas de Estrac        | Foutarablia          |
| Alicum           | Caldas de Malavella     | Fonté                |
| Aliseda          | Caldas de Mombuy        | Fortuna              |
| Almeida          | Caldas de Oviedo        | Frailas y la Rivra   |
| Almeria          | Caldas de Reyes         | Fuen-Alámo           |
| Aramazona        | Caldas de Tuy           | Fuen Caliente        |
| Archena          | Caldillas de San Miguel | Fuente Amargosa      |
| Archevaleta      | Candio                  | Fuente de Piedra     |
| Arenosillo       | Canena                  | Fuente del Rosal     |
| Argentona        | Canillejas              | Fuente del Toro      |
| Arnedillo        | <b>Carbagnal</b>        | Fuente Sta. de Lorca |
| Arranzarre       | Carballo                | Fuente Sta. de       |
| Artejo           | Carballino              | Gayangos             |
| Baños            | Carratraca              | Galerá               |
| Barambio         | Casares                 | Gandesa              |
| Baza             | Castenar dei Bor        | Garriga, La          |
| Bejar            | Cati                    | Gava                 |
| Belascoin        | Cervera                 | Gaviria              |
| Bellus           | Cestona-guezalaya       | Gigonza              |
| Benavente        | <b>Chiclana</b>         | Gijon                |
| Benimarfull      | Chulilla                | Grabálos             |
| Bertua           | Concepcion de Peralta   | Graena               |
| Betelú           | Corcoles                | Grao                 |
|                  | Cortejada               |                      |

## SPAIN—continued.

Gravalos  
Guarda-Vieja  
Guesalivar  
Guitiriz  
Hermida, La  
Hervideros del  
Emperador  
Hervideros de  
Fontillesca  
Hervideros de  
Fuen Santa  
Hervideros de Villar  
del Pozo  
Horcajo de Lucena  
Huelva  
Humera  
Ibero  
Inchaurte  
Jabalruz  
Jacintos  
Jaen  
Jaraba  
La Garriga  
La Salvadora  
Landetta  
Lanjarron  
Ledesma  
Lés  
Lierganés  
Lodova  
Löeches  
Lucarnena  
Lujo  
Madrid  
Mala  
**Malaga**  
Marbella  
Marmolejo  
Martos  
Mecina-Burbaron  
Montanejos  
Molar, El

Molina de Aragon  
Molinar de Caranza  
Monda  
Mondariz  
Mondon  
Monegrillo  
**Montemayor**  
Mula  
**Murcia**  
Nanclares  
Navajas  
Navalpino  
Novelda  
Nuestra Señora de  
Abellá  
Nuestra Señora de las  
Marcedos  
Olivera  
**Ontaneda**  
Orense  
Ormaiztegui  
**Panticosa**  
Paracuellos  
Paterna  
Pixigueiro  
Portovia  
Portugos  
Pozo-Amargo  
Prelo  
Puda, La  
Puente Viesgo  
Puertolano  
Quinto  
Rio-Tinto  
Riva-Los-Boños  
Rivera  
Rubinat  
Salnletas de Noveldá  
**Sacedon**  
San Adrian  
San Bartolomé de la  
Quadra  
San Gregorio de Brozas

San Juan  
San Juan de Campos  
**San Sebastian**  
San Vincens  
Santa Agueda  
Santa Ana  
Santa Filomena de  
Gomillaz  
Saudon  
Segnara de Aragon  
Segura  
Sierra Alhamilla  
Sierra Elvira  
Siete Aguas  
Sobron  
Solar de Cabras  
Solares  
Sousas y Caldellinas  
Tardon  
Teruel  
Thermas, Las  
Tiermas  
Titus, Baños de  
Torre de San Miguel  
**Trillo**  
Urberoaga de Alzola  
Urberoaga de Ubilla  
Vacia-Madrid  
Valle de la Cueva  
Valle de Rivas  
Valdeganga  
**Valencia**  
Villacarillo  
Villafafila  
Villaharta  
Villar del Pozo  
Villaro  
Villatoya  
Villavieja de Nules  
Vilo or Rosas  
Zaldivar  
Zujar

## SWEDEN AND NORWAY.

**Adolfsberg**  
Badstofuhver  
Borås  
Daneverd  
Fällorne  
**Gustafsberg**  
Helenskilde  
Hernösand

Lanaskede  
**Loka**  
Lund  
Maestrand  
Medewi  
**Modum**  
Porla  
Ramlöza

Ronneby  
Sandefjord  
Stromstad  
Torpa  
Vaxholm  
Wahlberga  
Wallby Baths

## SWITZERLAND.

Aigle  
Albisbrunn  
Allerheiligen  
**Alveneu**  
Andeer  
Appenzell

Arp  
Arzilhe  
Attisholz  
Axenfels  
**Axenstein**  
Baden

Bagni di Crana  
Bagno  
Balzach  
Beggenried  
**Belalp**  
Bellriève

SWITZERLAND—*continued.*

|                    |                         |                     |
|--------------------|-------------------------|---------------------|
| <b>Bex</b>         | Jenatz                  | St. Cergues         |
| Birmansdorf        | Kirchleerau             | <b>St. Moritz</b>   |
| Bleichbad          | Knntwyl                 | <b>Samaden</b>      |
| Blumenstein        | Laennoli                | San Bernhardino     |
| Blumenthal         | Lalliaz                 | Saxon               |
| Bonn               | <b>Lausanne</b>         | <b>Schinznach</b>   |
| <b>Brigg</b>       | Lavey                   | Schimberg           |
| Brüttalen          | Leissigen               | Schmerikon          |
| Bubendorf          | Leprese                 | Schönenbrunn        |
| Bürgenstock        | Limpach                 | Schöneck            |
| Campfer            | Locarno                 | Schöngau            |
| Coire              | Lochbachbad             | Schüls              |
| Combe-Girard       | <b>Loèche-les-Bains</b> | Schüols             |
| Daetlingen         | Losdorf                 | Schwarzenberg       |
| Davos              | Lugano                  | Schwarzsee bath     |
| Dardagni           | Luxburg                 | Schwefelberger bath |
| Dorfbad            | Malahá                  | Seewen              |
| Drise              | <b>Maloja</b>           | Stachelberg         |
| Enatbühl           | <b>Martigny</b>         | Snot-Sass           |
| Engistein          | Meltingen               | Tarasp              |
| Eppingen           | Merligen                | Teufen              |
| Ermetschwyi        | Montbarri               | Thalgut             |
| Evolena            | Montreux                | <b>Thoune</b>       |
| Farnbühl           | Morgins                 | Thusis              |
| Fideris            | Mürren                  | Trois-Torrens       |
| Fläsch             | Niederweil              | Unterbach           |
| <b>Flims</b>       | Nydelbad                | Unterhallau         |
| Forstegg           | Ollon                   | Unterseen           |
| <b>Gais</b>        | Osterfingen             | Urnäsch             |
| Garmyswyl          | Paradies                | Vals                |
| Gempelenbath       | Passugg                 | <b>Vevey</b>        |
| Geneva             | Peiden                  | Veytaux             |
| Gisi               | Pfaeffers               | Villeneuve          |
| Golaise            | Piguien                 | Visibachbath        |
| Gonten             | Pignol                  | Waidhaldenbath      |
| Gränichenbad       | <b>Pontresina</b>       | Waldstatt           |
| <b>Grindelwald</b> | Ponts, Les              | Wattwyl             |
| Gurnigel           | Poschiavo               | Weggis              |
| Gyrenbath          | Ragatz                  | Weissbad            |
| Häbernbad          | Ransbath                | Weissenburg         |
| Haldenstein        | Rheinfelden             | Weissenstein        |
| Heiden             | Righi                   | Wildeggen           |
| Heinrichsbath      | Riedbad                 | Wildhausbath        |
| Heustrichsbath     | Rolle                   | Yverdon             |
| Horn               | Römerbath               | <b>Zermatt</b>      |
| Ibenmoos           | Röslibath               | Zürich              |
| Iberg              | Russwyl                 | Zug                 |
| Interlaken         |                         |                     |

## TURKEY (European and Asiatic).

Servia, Roumania, Bulgaria.

|               |               |                 |
|---------------|---------------|-----------------|
| <b>Ahioli</b> | Gadara        | Lidja           |
| Aias          | Hassan-Pacha- | Metelin         |
| Aidos         | Pallenka      | Oloneschti      |
| Bobotsch      | Ildjak        | Otschin         |
| <b>Brussa</b> | Jallová       | Patmos          |
| Calliarhoë    | Kalimaneste   | Salonichi       |
| Chios         | Kimpalungi    | Serboncschte    |
| Eeski-cherrer | Kirkilissa    | Sibitschudi-Suz |
| Feredschik    | Kosia         | Smokobo         |
| Finceschti    | Kostendil     | Smyrna          |



## SPECIALISTS NAMED IN THE BOOK.

---

|                     |     |     |                    |           |          |               |     |          |
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# LONDON, PARIS, AND THE CONTINENT,

Via NEWHAVEN, DIEPPE, and ROUEN.

## THE SHORTEST & CHEAPEST ROUTE.

A Daily Tidal Express Service with Special Trains between London and Newhaven and Dieppe and Paris, in connection with Special Tidal Steamers between Newhaven and Dieppe.

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(By Order)

J. P. KNIGHT, General Manager.

London Bridge Terminus.

# Western of France and London Brighton and South Coast Railways.

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PARIS TO

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VIA ROUEN, DIEPPE  
AND NEWHAVEN,

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1st—DAY SERVICE—Sea Passage in 3½ Hours (from May to October).

*By rapid Tidal Trains, at times according to tide.*

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|------------|------------|-----|------------|------------|-----|
| 1st Class. | 2nd Class. |     | 1st Class. | 2nd Class. |     |
| Fcs. 41'25 | Fcs. 30    | ... | Fcs. 68'75 | Fcs. 48'75 | ... |

2nd—NIGHT SERVICE—(All the Year round).

DAILY NIGHT TRAINS (Sundays included) at 8.50 p.m.

| SINGLE.    |            |            | RETURN.    |            |            |
|------------|------------|------------|------------|------------|------------|
| 1st Class. | 2nd Class. | 3rd Class. | 1st Class. | 2nd Class. | 3rd Class. |
| Fcs. 41'25 | Fcs. 30    | Fcs. 21'25 | Fcs. 68'75 | Fcs. 48'75 | Fcs. 37'50 |

Reduced Prices of RETURN TICKETS (from Paris), available from  
FRIDAY till MONDAY (May till October), to the following

### SEA BATHING PLACES.

|                                                                                                                                                                                         | 1st Cl. | 2nd Cl. |                                                                                                                                                           | 1st Cl. | 2nd Cl. |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|
|                                                                                                                                                                                         | Fcs.    | Fcs.    |                                                                                                                                                           | Fcs.    | Fcs.    |
| Dieppe                                                                                                                                                                                  | 30      | 22      | Isigny (Grandcamp, St. Marie du Mont)                                                                                                                     | 44      | 33      |
| Le Treport via Sergueux and Abancourt (July—Sept.)                                                                                                                                      | 33'20   | —       | Valogues (Port-Bail, Carteret, St. Vaast la Hougue, Quinéville)                                                                                           | 50      | 38      |
| Cany (Veuillettes and Petites Dalles), Saint Valéry (Veules), Le Havre (St. Adresse, Bruneval), Fécamp, Les Ifs (Yport, Etretat), Trouville, Deauville, Villers-sur-mer, Honfleur, Caen | 33      | 24      | Cherbourg                                                                                                                                                 | 55      | 42      |
| Cabourg (Le Home-Varaville), Dives, Beuzeval (Houlgate) Luc, Lion-sur-Mer, Langrune                                                                                                     | 37      | 27      | Granville (St. Pair, Doaiville) St. Malo, St. Servan (Dinard St. Enogat, St. Lunière, St. Briac Paramé), Lamballe (Erqui-Val-André, La Garde de St. Cast) | 50      | 38      |
| St. Aubin, Bernières, Courseulles, Ver sur Mer, total price Bayeux (Arromanches, Asnelles), &c.                                                                                         | 38      | 28      | St. Brieuc (Portrieux, St. Quay)                                                                                                                          | 66      | 50      |
| Coutances (Coutainville), Regneville                                                                                                                                                    | 40      | 30      | Lannion (Perros, Guirec)                                                                                                                                  | 68      | 51      |
|                                                                                                                                                                                         | 57      | 44      | Morlaix (St. Jean du Doigt)                                                                                                                               | 79      | 59      |
|                                                                                                                                                                                         |         |         | Roscoff (Ile de Batz)                                                                                                                                     | 81      | 61      |
|                                                                                                                                                                                         |         |         |                                                                                                                                                           | 85      | 64      |

### MINERAL BATHS.

|                    |       |       |
|--------------------|-------|-------|
| Bagnoles de l'Orne | 45    | 34    |
| Forges-les-Eaux    | 21'45 | 16'05 |

Trains leave Friday—till Saturday. They are also available for the Thursday train leaving at 0.30 p.m., St. Lazare Station.

The Tickets for St. Malo, Lamballe, St. Brieuc, Lannion, Morlaix and Roscoff are available for Return until Tuesday inclusive. The Tickets are personal, and cannot be sold.

### CIRCULAR TICKETS.—Coasts of Normandy and Brittany.

Available for One Month (May till October).

| 1st Itinerary.                                                                                                    | 1st Cl.   | 2nd Cl.  | 6th Itinerary.                                                                                                                                                                                               | 1st Cl.   | 2nd Cl.   |
|-------------------------------------------------------------------------------------------------------------------|-----------|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-----------|
| Paris, Rouen, Le Havre, Fécamp, St. Valéry, Dieppe, Argues, Forges-les-Eaux, Gisors, Paris.                       | Fcs. 50.  | Fcs. 38. | Paris, Rouen, Dieppe, St. Valéry, Fécamp, Le Havre, Honfleur or Trouville, Caen, Cherbourg, Coutances, Granville, Paris.                                                                                     | Fcs. 100. | Fcs. 80.  |
| 2nd Itinerary.                                                                                                    | 1st Cl.   | 2nd Cl.  | 7th Itinerary.                                                                                                                                                                                               | 1st Cl.   | 2nd Cl.   |
| Paris, Rouen, Dieppe, St. Valéry, Fécamp, Le Havre, Honfleur or Trouville, Deauville, Caen, Paris.                | Fcs. 60.  | Fcs. 45. | Paris, Rouen, Dieppe, St. Valéry, Fécamp, Le Havre, Honfleur or Trouville, Caen, Cherbourg, Coutances, Granville, Avranches, Mont St. Michel, Dol, St. Malo, Dinan, Rennes, Laval, Le Mans, Chartres, Paris. | Fcs. 120. | Fcs. 100. |
| 3rd Itinerary.                                                                                                    | 1st Cl.   | 2nd Cl.  | 8th Itinerary.                                                                                                                                                                                               | 1st Cl.   | 2nd Cl.   |
| Paris, Rouen, Dieppe, St. Valéry, Fécamp, Le Havre, Honfleur or Trouville, Cherbourg, Caen, Paris.                | Fcs. 80.  | Fcs. 65. | Paris, Granville, Avranches, Mont St. Michel, Dol, St. Malo, Dinan, St. Brieuc, Lannion, Morlaix, Roscoff, Brest, Rennes, Le Mans, Paris.                                                                    | Fcs. 120. | Fcs. 100. |
| 4th Itinerary.                                                                                                    | 1st Cl.   | 2nd Cl.  | 9th Itinerary.                                                                                                                                                                                               | 1st Cl.   | 2nd Cl.   |
| Paris, Granville, Avranches, Mont St. Michel, Dol, St. Malo, Dinan, Rennes, Le Mans, Paris.                       | Fcs. 90.  | Fcs. 70. | Paris, Caen, Cherbourg, Coutances, Granville, Avranches, Mont St. Michel, Dol, St. Malo, Dinan, St. Brieuc, Lannion, Morlaix, Roscoff, Brest, Rennes, Vitre, Laval, Le Mans, Chartres, Paris.                | Fcs. 130. | Fcs. 110. |
| 5th Itinerary.                                                                                                    | 1st Cl.   | 2nd Cl.  |                                                                                                                                                                                                              |           |           |
| Paris, Cherbourg, Coutances, Granville, St. Malo, Dinan, Avranches, Mont St. Michel, Dol, Rennes, Le Mans, Paris. | Fcs. 100. | Fcs. 80. |                                                                                                                                                                                                              |           |           |

The prices indicated include boats and diligences. The duration of these tickets can be prolonged for another month by paying a supplement of 10 o/o on the price at any station named on the ticket.

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THE CONTINENTAL TIME BOOK of the London, Chatham and Dover Railway contains full INFORMATION as to the above ROUTES, Fares, &c., and can be obtained on application to the Continental Manager, Victoria Station.



# GREAT WESTERN RAILWAY.

## THROUGH ROUTE BETWEEN ENGLAND & THE CONTINENT,

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### SPECIAL FIXED SERVICE

Daily (except Sundays). By Fast Trains and Steamers.

THE service has been organised by arrangements between the Great Western Railway and the Western of France Railway, and affords a convenient, attractive, and economical new Route to Normandy, the West and South of France, Paris and Spain.

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The Steamers from Weymouth to Cherbourg start daily (Sundays excepted), at 11.30 p.m. (weather and circumstances permitting), in connection with fast Trains from London, Bristol, Exeter, Plymouth, Liverpool, Manchester, Swansea, Cardiff, Birmingham, Worcester, and all important towns on the Great Western Railway, reaching Cherbourg in time for a Fast Train to Paris, arriving there in time for the evening Trains to the interior of France, Switzerland, Germany and Italy, and also having a connection, via Mezdion, Le Mans, and Tours with the Paris and Orleans Railway.

The Steamers from Cherbourg to Weymouth start daily (Sundays excepted), about 7.0 p.m. according to tide (weather and circumstances permitting), in connection with Fast Trains from Paris, and other parts of the Continent before mentioned, reaching Weymouth in time for Fast Trains to the above mentioned Towns on the Great Western system.

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Paddington Terminus.

J. GRIERSON, General Manager.

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| Sesostris ..... | 2,052 " .....   | Owen    | Pera .....    | 1,825 " .....   | Forrester |        |
| Nepthis .....   | 2,010 " .....   | Hall    | Atlantic..... | 1,808 " .....   | Stewart   |        |
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JAMES MOSS & Co., Managers. 31, James Street.

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DAILY (Sundays excepted).

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# NORWAY.

THE  
NORTH CAPE.

THE  
MIDNIGHT SUN.

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## SPECIAL TOURIST ROUTE.

The BERGENSKE and NORDENFJELDSKE STEAMSHIP COMPANIES will run **Steamers twice Weekly**, from 22nd June up to end of July, between Drontheim, the North Cape, Svarholt, Lyngenfjord, etc., leaving Drontheim every Sunday and Wednesday Evenings.

The Companies' regular Passenger Steamers leave Bergen for Drontheim every Thursday and Sunday Nights at 12 o'clock, arriving in time for the Special Tourist Steamers from Drontheim.

Between Drontheim and Christiania, daily service of Trains by the new Railway Route.

From Drontheim to North Cape and Lyngenfjord and back to Drontheim in **8** days, enabling Tourists to view in the shortest possible time the grand sceneries of the Northern Norway as well as the **Midnight Sun**.

The Companies also run regular Steamers from April to September, viz.:—

**Weekly between Hamburg, Christiansand, Vadso ; twice a week between Christiania, Hammersfest, North Cape**, calling at intermediate Stations.

All the Steamers have very superior accommodation for Passengers.

For Time Tables and further particulars apply to Messrs. THOMAS WILSON, SONS & Co., Hull; Messrs. J. CURRIE & Co., Leith; Messrs. NAPIER & Co., Glasgow; Messrs. FEDDEN BROTHERS & Co., Newcastle-on-Tyne; Messrs. BORRIES CRAIG & Co., Newcastle-on-Tyne.

# Netherlands Steam-Boat Company.

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## STEAM NAVIGATION BETWEEN **LONDON,** **ROTTERDAM, AMSTERDAM** AND **THE RHINE.**

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ONE OF THE WELL-KNOWN STEAMERS,  
“*HOLLAND*,” “*BATAVIER*,” “*MAASTROOM*,”  
or “*FYENOORD*,”

Is despatched every **WEDNESDAY, THURSDAY, and SATURDAY**, from London, from alongside Brunswick Wharf, Blackwall, at 3.0 p.m., returning from Rotterdam every **SATURDAY, SUNDAY and TUESDAY**, at 12 o'clock, noon, circumstances permitting.


These Steamers have been built for the purpose of affording superior accommodation for Passengers, having spacious Saloons and State Cabins on Deck.

First-Class Passengers by these Steamers can book from London, *via* Rotterdam, to **Amsterdam, The Hague**, and all the principal places in Holland and the Rhine at **THROUGH FARES**.

\* For List of Through Fares, see monthly Time Bills, obtainable at the Company's Agents' Offices.

\*\* Merchandise of every description and Parcels insured and forwarded with the greatest care and despatch. Apply to **PHILLIPPS & GRAVES**, Agents, Saint Dunstan's House, Cross Lane, Great Tower Street, LONDON, E.C.; or to the **NETHERLANDS STEAM-BOAT CO., ROTTERDAM**.

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 **RETURN TICKETS** available all the Season.



Hamburg-Amerikanische Packetfahrt-Actien-Gesellschaft.

# IMPERIAL GERMAN MAIL.

# HAMBURG-AMERICAN STEAMSHIP CO.

## FLEET OF STEAMSHIPS:

|         |             |               |               |                |
|---------|-------------|---------------|---------------|----------------|
| FRISIA  | GELLERT     | SILESIA       | HOLSATIA      | TEUTONIA       |
| SUEVIA  | WIELAND     | VANDALIA      | BORUSSIA      | THURINGIA      |
| LESSING | ALBINGIA    | ALLEMANNIA    | BAVARIA       | RHENANIA       |
| BOHEMIA | WESTPHALIA  | CYCLOP        | SAXONIA       | HAMMONIA (New) |
|         | RUGIA (New) | RHAETIA (New) | MORAVIA (New) |                |

## LINE OF MAIL STEAMERS FROM

HAMBURG, via Havre or Southampton to NEW YORK,

Returning *viâ* Plymouth and Cherbourg,

From HAMBURG every Wednesday Morning and Sunday Morning;

From HAVRE every Saturday and alternate Tuesdays.

## FARES:

|                                                           |                                                 |
|-----------------------------------------------------------|-------------------------------------------------|
| First Class from HAMBURG, Rm. 400, 450, 500               | Third Class from SOUTHAMPTON or LONDON, £5 10s. |
| Second Class from HAMBURG " 250, 300                      | First Class from HAVRE ... Fcs. 480, 540, 600   |
| First Class from SOUTHAMPTON or LONDON, £10 to £24.       | Second Class from HAVRE ... " 300, 370          |
| Second Class from SOUTHAMPTON or LONDON, £12 10s. to £15. | First Class from PARIS ... " 495, 555, 615      |
|                                                           | Second Class from PARIS ... " 310, 380          |

Including all necessaries except Beer, Wine and Spirits.

## From HAMBURG to the WEST INDIES. MEXICO and COLON.

Calling at Havre Outwards, to St. Thomas, La Guayra, Puerto Cabello, Curacao Sabanilla, San Juan de Puerto Rico, Aguadilla, Mayaguez, Ponce, Puerto Plata, Cape Haytien, Gonaives, Port-au-Prince, Aux Cayes, Jacmel, Tampico, Progreso, Vera Cruz, Colon, and *viâ* Colon and Panama to all Ports of the Pacific, and *viâ* San Francisco to Japan and China, returning from Colon to

## HAVRE and HAMBURG.

From Hamburg, 7th, 21st, and 27th of each Month. From Havre, 10th, 24th and 30th of each Month.

The Steamers leaving HAMBURG on the 27th, and HAVRE on the 30th of each month, will proceed direct to the Gulf of Mexico, via Hayti.

PRICES OF PASSAGE, including an unlimited supply of provisions,

## FROM HAMBURG, OR HAVRE, TO

All Ports of the West Indies and Mexico, M210 ... <sup>STEERAGE.</sup> £10 10s.

The price for the *Home Voyage* from the aforesaid ports to Havre or Hamburg is mks. 300 = £15. Through Fares, *viâ* Panama, on application.

## AGENCIES:

|                                                        |                                             |
|--------------------------------------------------------|---------------------------------------------|
| HAMBURG—AUG. ROLTON, Admiralitätsstrasse, 33/34.       | NEW YORK—KUNHART & CO., 61, Broad-st.       |
| LONDON—SMITH, SUNDIUS & CO., 33, Gracechurch-st., E.C. | CHERBOURG—A. BONFILS & FILS.                |
| PLYMOUTH—SMITH, SUNDIUS & CO., 11, Millbay-road.       | HAVRE—A. BROSTROM & CO., Rue Edouard Larue. |
| SOUTHAMPTON—SMITH, SUNDIUS & CO., 4, Oriental-place.   | PARIS—A. BROSTROM & CO., 2, Rue Scribe.     |
|                                                        | GRIMSBY—                                    |
|                                                        | MANCHESTER—                                 |
|                                                        | BIRMINGHAM—                                 |
|                                                        | JOHN SUTCLIFFE & SON                        |

# CHARGEURS RÉUNIS

FRENCH STEAM NAVIGATION COMPANY,

Société Anonyme, Capital 12,500,000 francs.

## REGULAR SERVICES Between HAVRE, BRAZIL & RIVER PLATE.

### STEAMERS to BRAZIL.

Departures from Havre on the 2nd and 17th of every Month,

For **PERNAMBUCO**  
**BAHIA**  
**RIO-DE-JANEIRO**  
**SANTOS**  
calling at Lisbon.

Through Rates for Goods to be transhipped at Rio-de-Janeiro for Paranagua and Santa Catharina.

### To NORTHERN BRAZIL

from Havre on the 25th of every Month, for

**LISBON**  
**PARA**  
**MARAGNAN-Y-CEARA** } Direct.

### STEAMERS to RIVER PLATE

Departures from Havre on the 15th and 30th of every Month,

For **MONTE VIDEO**,  
**BUENOS-AYRES**,

The Steamers of 15th and 30th calling at Teneriffe. Through Rates for Goods to be transhipped at Monte Video for Rosario, ports of River Parana, Rio Grande do Sul, Pelotas, and Porto Alegre.

### STEAMERS to PARANA.

Departures from Havre on the 8th, and from Bordeaux on the 13th of every Month for Rosario direct, and the ports of Parana, calling at Monte Video and Buenos Ayres.

Excellent accommodation for Passengers of all Classes.

For Freight, Passage, and further particulars, apply at PARIS at the Offices of the Company, No. 30, Rue Le Peletier; at HAVRE at the Chief Agency, 191, Boulevard de Strasbourg; at Liverpool, W. H. Scott & Co., Agents for the Company.

## NATIONAL LINE TO NEW YORK.

NOTICE.—This Company takes the Risk of Insurance [up to £100,000] on each of its vessels, thus giving Passengers the best possible guarantee for safety and avoidance of danger at sea.

The most southerly route has always been adopted by this Company to avoid Ice and Headlands.

The magnificent full-powered Steamers of the National Line, renowned for *Safety*, *Comfort* and *Regularity*, are appointed to sail as under for NEW YORK:—

From Liverpool (via Queenstown). } Every Wednesday.  
From London, calling at Plymouth. }

New York to Liverpool. Wednesday and Saturday.

New York to London. Weekly.

The new Steamer *America* will be running in the season 1884. She is expected to rival the very fastest Atlantic Steamer in speed, and her Saloon is unique in style and magnificence, and in the completeness of its arrangements for the comfort of Passengers. The *Egypt's* Saloon has been altered, enlarged and re-decorated, and her speed increased through being re-boilered and completely overhauled.

SALOON FARES 10 to 25 Guineas, according to the Steamer selected and accommodation required, all having equal Saloon privileges. Return Tickets, 22 to 40 Guineas.

Steerage Passage to NEW YORK, BOSTON and PHILADELPHIA at low rates. The Steerage accommodation is unsurpassed for space, light and ventilation. Provisioning abundant, and of best quality. Stewardesses for Saloon and Steerage. Surgeon on board each Steamer.

Passengers booked through to SAN FRANCISCO and all Inland Towns of the UNITED STATES and CANADA on favourable terms.

Apply in New York at the Company's Offices, 69, Broadway; in London at the Company's West End Offices and Reading Rooms, 57, Charing Cross; or Mosses and Mitchell, 6, Crosby Square; in Paris at the Offices of the American Exchange, 35, Boulevard des Capucines; in Queenstown to N. and J. Cummins & Bros.; to the Local Agents of the Company in all Towns, or to the NATIONAL STEAMSHIP COMPANY, LIMITED, 23, Water Street, Liverpool; and at 36 and 37, Leadenhall Street, London.

# MESSAGERIES MARITIMES DE FRANCE.

London Head Agency: 97, Cannon Street, E.C.

Sub-Agency: 51, Pall Mall, S.W.

## FRENCH MAIL SERVICE, via SUEZ CANAL.

Mahe, Reunion, Mauritius, Adelaide, Melbourne, Sydney,  
and Noumea (New Caledonia.)

### DEPARTURES FROM MARSEILLES AND SUEZ.

India, Colombo, Batavia, Singapore, Cochin China, China and Japan.

### DEPARTURES FROM MARSEILLES, NAPLES AND SUEZ.

### RATES OF PASSAGE MONEY TO

India, China, Cochin China, Japan, Reunion, Mauritius,  
Australia & New Caledonia, from Marseilles.

| TO                                     | From MARSEILLES. |               |              |
|----------------------------------------|------------------|---------------|--------------|
|                                        | First Class.     | Second Class. | Third Class. |
|                                        | £ s.             | £ s.          | £ s.         |
| Port Said ... ..                       | 16 0             | 12 16         | 0 8          |
| Suez ... ..                            | 18 0             | 14 8          | 7 4          |
| Aden ... ..                            | 35 0             | 28 0          | 14 0         |
| Colombo, Galle, and Pondicherry ... .. | 00 0             | 48 0          | 24 0         |
| Madras, Calcutta, and Singapore ... .. | 03 0             | 50 8          | 25 4         |
| Batavia ... ..                         | 08 0             | 54 8          | 27 4         |
| Saigon ... ..                          | 70 0             | 56 0          | 28 0         |
| Hong Kong ... ..                       | 73 0             | 59 8          | 29 4         |
| Shanghai and Yokohama ... ..           | 83 0             | 00 8          | 33 4         |
| Mahe, Reunion, and Mauritius ... ..    | 60 0             | 48 0          | 21 0         |
| Adelaide, Melbourne, and Sydney ... .. | 05 0             | 52 0          | 22 10        |
| Nouméa ... ..                          | 75 0             | 00 0          | 20 4         |

Reserved accommodation for One Passenger can be obtained by application to the Company, under a special tariff.

Special Return Tickets issued.

Beer and Table Wines are supplied Free to First and Second Class Passengers; extra Wines, Spirits and Liquors are charged for apart.

\* Passengers to ports beyond Suez, securing their berths in London, are entitled to the free conveyance of their luggage to Marseilles, as explained in the Company's handbook.

### TRANSIT THROUGH FRANCE.—Through Tickets from London to Marseilles.

For the convenience of Passengers embarking at Marseilles on the Company's Steamers, Through Railway Tickets from London to Marseilles are kept and sold at 97, Cannon Street, E.C., as follows:—

| Via Dover and Calais.—(Without change of carriages between Calais and destination when such service exists) ... .. | First Class. | Second Class. | Available |
|--------------------------------------------------------------------------------------------------------------------|--------------|---------------|-----------|
| " Dover and Calais.—(With option for the holders to break the journey at the different stopping places) ... ..     | £7 5s. 9d.   | £5 8s. 9d.    | 15 days.  |
| " Folkestone and Boulogne do. do.                                                                                  | £7 5s. 0d.   | £5 6s. 0d.    | 15 days.  |
| " Newhaven and Dieppe do. do.                                                                                      | £5 18s. 1d.  | £1 7s. 10d.   | 1 Month.  |

\* N.B.—Only First Class Tickets are available by Express Trains between Paris and Marseilles.

### SERVICE TO BOMBAY FROM MARSEILLES.

Under arrangement with the Peninsular and Oriental Company, Steamers leave Marseilles every Thursday for Alexandria in connection with the P. & O.'s Company's Boats from Suez the following Thursday.

Tickets issued at Peninsular and Oriental Company's Offices, 122, Leadenhall Street, E.C.; or at the Messageries Maritimes Offices, 97, Cannon Street, E.C.

For all further information apply at the Offices of the Messageries Maritimes de France, 97, Cannon Street, London, E.C., and 51, Pall Mall, S.W., London.

# GENERAL TRANSATLANTIC STEAMSHIP CO.

## FRENCH GOVERNMENT MAIL STEAMERS.

Lines in Mediterranean are shown in RED.

Offices: Paris.

ADMINISTRATION: 5, Rue Halévy.

PASSENGERS: 12, Boulevard des Capucines.

FREIGHT: 108, Faubourg St. Denis.

### Principal Agencies.

BORDEAUX: M. DE VIAL & SON, 28, Allées d'Orléans.

MARSEILLES: M. PASSEMARD, General Agent, 8, Quai de la Joliette.

„ Passenger Offices, 12, Rue de la République.

### MAIL SERVICE WITH ALGERIA.

#### DEPARTURES FROM MARSEILLES.

|              |           |        |                                                                                                                               |
|--------------|-----------|--------|-------------------------------------------------------------------------------------------------------------------------------|
| EVERY MONDAY | ...       | 5 P.M. | to Philippeville and Bougie.                                                                                                  |
| „            | „         | ...    | 6 P.M. „ Tunis, Sousse, Monastir, Mehdiä, Sfax, Gabés, Djerba, Tripoli (without change of steamer). Return by the same ports. |
| „            | TUESDAY   | ...    | Noon „ Genoa, Leghorn, Naples, Palermo, Tunis and the Coast; returning by the same itinerary.                                 |
| „            | „         | ...    | 5 P.M. „ Algiers direct.                                                                                                      |
| „            | „         | ...    | 5 P.M. „ Ajaccio, Bona, Philippeville, and return direct to Marsilles.                                                        |
| „            | WEDNESDAY | ...    | Noon „ Bastia, Leghorn.                                                                                                       |
| „            | „         | ...    | 5 P.M. „ Algiers, Tenés, Mostaganem, Arzew, Oran, and return by the same ports.                                               |
| „            | THURSDAY  | ...    | Noon „ Genoa, Leghorn, Naples, Messina, Malta, Tripoli, and return by the same itinerary.                                     |
| „            | „         | ...    | 5 P.M. „ Philippeville, Bona, La Calle, Bizerta, Tunis, Malta, Ajaccio and back.                                              |
| „            | FRIDAY    | ...    | 5 P.M. „ Boua, Philippeville, Collo, Djidjelli, Bougie, Dellys, Algiers, and return by same itinerary.                        |
| „            | SATURDAY  | ...    | 5 P.M. „ Algiers direct.                                                                                                      |
| „            | „         | ...    | 5 P.M. „ Oran, or Carthage and Oran (every fortnight).                                                                        |
| „            | „         | ...    | 8 P.M. „ Nice, Ajaccio, Propriano, Porto Torres, and return by same itinerary.                                                |
| „            | „         | ...    | 11.55 P.M. Cette, Port-Vendres, Algiers.                                                                                      |
| „            | SUNDAY    | ...    | 11.55 P.M. Cette, Port-Vendres, Oran, and Carthageua, every fortnight.                                                        |

### STEAMERS TO THE WEST INDIES.

From  
St. Nazaire  
the 6th of  
each month,  
for

{ La Guadeloupe, Martinique, La Guayra, Puerto-Cabello, Savanilla, and Colon; Corresponding, 1st with Fort-de-France and Santa-Lucia, Trinidad, Demerara, Surinam and Cayenne; 2nd, with Panama and with Central, South, and North Pacific American ports.

From  
St. Nazaire  
the 21st of  
each month,  
for

{ Santander, St. Thomas, St. Jean de Porto Rico, Habana, Vera Cruz; and by corresponding steamer from St. Thomas, with Guadeloupe, Martinique, Trinidad, Carupano, Cumana, Barcelona, La Guayra, Ponce, Mayaguez, Cape Haytien, Port-au-Prince, Santiago de Cuba, and Kingston, Jamaica.

From Le Havre the  
21st, and Pauillac  
the 25th of each  
month, for

{ Santander, Guadeloupe, Martinique, La Guayra, Puerto-Cabello, Curaçao, Savanilla, Colon and the Pacific.

From Le Havre the  
4th, and Pauillac  
the 8th of each  
month, or

{ St. Thomas, Porto-Plata, Cap-Haytien, Port-au-Prince and Vera-Cruz.



# NAVIGAZIONE GENERALE ITALIANA

(FLORIO. and RUBATTINO UNITED COMPANIES).

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## A VOYAGE ROUND AFRICA,

Lasting 4 Months—From September to December, 1884.

DISTANCE 15,000 MILES.

**ONLY ONE CLASS.**

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The object of this Voyage is to give scientific and commercial men an opportunity for exploring the little known regions and new markets of Africa which could doubtless be easily opened to European Industries. Travellers for pleasure may also profit by this favourable occasion to visit the African Continent.

The Steamer destined for this journey will present a special accommodation for the passengers' comfort.

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### ROUTE.

Genoa, Naples, Algiers, Tangiers, Mogoder, St. Louis, Lagos, Congo-Embomma, Loanda, Capetown, Natal, Tamatave, Zanzibar, Aden, Assab, Massowa, Suez, Port Said, Alexandria, Tobruk-Bomba, Tripoli, Tunis, Genoa.

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### CONDITIONS.

The passage-money for the one class amounts to Fcs. 5,000, payable as follows:—

Fcs. 500 as guarantee at the time of Subscription.  
„ 1,500 on the 30th July.  
„ 3,000 before sailing.

Servant's Fee, Fcs. 2,000, payable on the 30th July.

Special Cabins, containing two places, if any, can be obtained by payment of Fcs. 1,000 extra the above price.

Every Traveller will, besides his private luggage, be entitled to the gratuitous carriage of three tons of goods during the whole of the voyage.

Such a right is transferable to any other Traveller.

Should the second and third payments not be effected, all right is forfeited to the re-imbursement of the first instalment.

The Society do not bind themselves to undertake the journey should not at least Forty Subscriptions be obtained by the 30th July.

For Subscriptions and any further information desired, apply to the Offices and different Agencies of the *Navigazione Generale Italiana* "Company," or to the *Società di Esplorazione Commerciale in Africa*, 6, Via Silvio Pellico, Milan.

# NAVIGAZIONE GENERALE ITALIANA, FLORIO-RUBATTINO COMPANIES UNITED

By Royal Decree of 16th March, 1882.

Lines in Mediterranean are shown in BLUE.

**CAPITAL:—**Lire 100,000,000 Italian.

EMITTED 50,000,000 Lire; PAID UP, 35,000,000 Lire.

**DIRECTOR GENERAL: COMM. GIOVANNI LAGANA.**

**GENERAL DIRECTION:**

**ROME, 11, Via Condotti, 11, ROME.**

**PRINCIPAL OFFICES:**

**PALERMO, Piazza Marina.**

**Piazza Marini, GENOA.**

**BRANCH OFFICES:**

**NAPLES, Via Piliero, Nos. 28, 29, 30.**

**Strade 22 Marzo, Nos. 24, 13, VENICE**

**MANAGER, Cav. Giuseppe Orlando.**

**CHIEF INSPECTOR, Cav. A. F. Rocchi, Assistant Manager.**

## PRINCIPAL DEPARTURES.

|                        |                                                                                                                                                 |                      |                                                                                                                                                                           |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FROM<br>MARSEILLES FOR | Genoa, every Wednesday, Saturday, and Sunday, at midday.                                                                                        | FROM<br>NAPLES FOR   | Palermo, daily at 5 p.m.; on Mondays for Tunis, and Wednesdays by the Coast of Sicily.                                                                                    |
|                        | Palermo and Trieste, every Wednesday, at midday, calling at Genoa, Leghorn, Naples, Palermo, Messina, Catania, Taranto, Gallipoli and Brindisi. |                      | Messina and Reggio, daily at 5 p.m., except Sundays, Tuesdays, Wednesdays and Saturdays for Calabria.                                                                     |
|                        | Alexandria, every Friday, at midday.                                                                                                            |                      | Malta, <i>via</i> Calabria, Wednesday 5 p.m., with direct passage from Messina to Malta.                                                                                  |
| FROM<br>GENOA FOR      | Leghorn, Naples, Messina, Palermo and the Levantine Coast, every Wednesday at 10 p.m., corresponding for Malta.                                 | FROM<br>NAPLES FOR   | Malta, calling at Messina, Catania and Syracuse, Monday and Friday at 5 p.m.                                                                                              |
|                        | Alexandria and Egypt, calling at Leghorn and Naples, every Monday at 9 p.m.                                                                     |                      | Levantine Coast, every Friday, <i>via</i> Palermo, at 5 p.m., and every Monday, <i>via</i> Messina at 5 p.m., corresponding every alternate week for Salonica and Smyrna. |
|                        | Bombay, on the 24th of every month, calling at Leghorn, Naples, Messina, Catania, Port Said, Suez and Aden.                                     | FROM<br>BRINDISI FOR |                                                                                                                                                                           |
|                        | Singapore, for Aden, Ceylon and Penang, 1st January, April, July, and October.                                                                  |                      | Piræus, Constantinople & Odessa, every Wednesday at midnight, corresponding fortnightly at Piræus, for Smyrna and Salonica.                                               |

## TRANS-OCEANIC LINE.

(The arrivals and departures of the Steamers will be published at the Stefani Agency.)

**Genoa to Bombay, the 24th of every month.**

**Genoa to Calcutta, to follow.**

**Genoa to Singapore, 1st April, July and October.**

**Palermo to New York, to follow.**

N.B.—For further particulars apply in **ROME** to the General Direction, 11, Via Condotti; in **GENOA** and **PALERMO** to the principal Offices; in **NAPLES** and **VENICE** to the Branch Offices.

**MARSEILLES, Roussig and Piraino.**

**PARIS, Carlo Frigerio.**

**NEW YORK, Phelps Brothers.**  
**BOMBAY, Francesco Bozzoni.**

And in **OTHER PORTS** apply to the Agents of the Company.

# CUNARD LINE.



ROYAL MAIL STEAMERS. ESTABLISHED  
1840.

## ATLANTIC SERVICE.

Sailings from Liverpool (via Queenstown) every Saturday for New York.  
and every Wednesday for Boston.

NOTICE.—With the view of diminishing the chances of collision, the Steamers of this Line take a specified course for all seasons of the year. On the Outward Passage from Queenstown to New York or Boston, crossing Meridian of 50 at 43 Lat., or nothing to the North of 43. On the Homeward Passage, crossing the Meridian at 50 at 42 Lat., or nothing to the North of 42.

RATES OF CABIN PASSAGE MONEY.—Single Tickets, 12, 15, 18, and 21 Guineas, and £26, according to accommodation. Return Tickets, 25, 30, and 35 Guineas, and £45, according to accommodation. Children between two and twelve years, half-fares. These rates include Steward's Fee and Provisions, but not Wines or Liquors, which can be obtained on board. Intermediate Passage, £8 8s.

Steorage Passage to New York, Boston, Halifax, Philadelphia, and Baltimore, Four Guineas.

Passengers booked through to all parts of the United States and Canada; also (*via* San Francisco) to Honolulu, China, Japan, New Zealand and Australia, by Pacific Railway and Mail Steamers.

Drafts issued on New York, for sums not exceeding £10, free of charge.

## MEDITERRANEAN SERVICE.

For Syra, Smyrna, and Constantinople (calling at Malta).  
Through Rates to Black Sea Ports.

For Genoa, Leghorn, Naples, Trieste, Venice, and  
Fiume (calling at Gibraltar).

For Bari and Ancona, (*via* Genoa, Leghorn, and Naples).

For Palermo, Messina, and Catania, (*via* Genoa, Leghorn,  
and Naples).

For Patras and Corfu (*via* Genoa, Leghorn, and Naples).

The Vessels of this Line have handsome and comfortable Cabin  
accommodation, and carry Stewardesses.

## HAVRE SERVICE.

Steamers from LIVERPOOL and HAVRE twice each week.

For Freight or Passage apply at the Company's Offices—London, at 28, Pall Mall, S.W., and 6, St. Helen's Place, Bishopsgate Street, E.C.; Manchester, at 77A, Market Street; Glasgow, at 30, Jamaica Street; Leith, at 10, Bernard Street; in Queenstown, at 3, Scott's Square; or to

THE CUNARD STEAMSHIP CO., LIMITED,

8, Water Street, Liverpool.

# GLASGOW AND THE HIGHLANDS

(Royal Route via Crinan and Caledonian Canals).

**SPECIAL TOURIST Cabin Tickets** issued during the Season,  
Giving the *privilege of the run of all the undernamed Steamers to any part of the Highlands* at which they may call during the time specified.  
One Week, £3; Two Weeks, £5; or Six Separate Days, £3 10s.

## THE ROYAL MAIL STEAMERS,

New Steam-ship "**CAVALIER.**"

**Claymore**  
**Columba**  
**Iona**  
**Chevalier**  
**Gondolier**  
**Loch Awe**

**Mountaineer**  
**Pioneer**  
**Glengarry**  
**Clydesdale**  
**Linnet**  
**Clansman**

**Staffa**  
**Glencoe**  
**Inverary Castle**  
**Islay**  
**Lochiel**  
**Fingal**

Sail during the Season for Islay, Oban, Fort William, Inverness, Staffa, Iona, Glencoe, Loch Awe, Tobermory, Portree, Strome Ferry, Gairloch, Ullapool, Loch Inver, and Stornoway; affording Tourists an opportunity of visiting the magnificent scenery of Glencoe, the Cuchullin Hills, Loch Cornisk, Loch Scavaig, Loch Maree, and the famed Islands of Staffa and Iona.

NEW STEAM-SHIP "**Claymore,**" or "**Clansman,**" and "**Clydesdale.**" A WEEK'S TOUR to Mull, Skye, and Stornoway, &c.

Cabin Fare, with Superior Sleeping Accommodation, 45s.; or including Meals, 80s. The route is through scenery rich in historical interest and unequalled for grandeur and variety.

These vessels leave GLASGOW every Monday and Thursday about 12 noon, and GREENOCK about 5 p.m.

The Steam-ships **Cavalier** and **Staffa** leave GLASGOW every Monday and Thursday at 11 a.m., and GREENOCK at 4 p.m., for Inverness and back; Cabin Fare for the Trip, with First-class Sleeping Accommodation, 30s.; or, including Meals, by Steamer leaving Glasgow on Mondays, 56s., on Thursdays, 60s.

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| Mohacs .....dep.           | Mon 8 15  | Tues 8 15  | Wed 8 15           | Th 8 15  | Fri 8 15         | Sat 8 15  | Sun 8 15  |
| Semlin .....arr.           | Mon 8 50  | Tues 8 50  | Wed 8 50           | Th 8 50  | Fri 8 50         | Sat 8 50  | Sun 8 50  |
| Belgrade .....dep.         | ...       | ...        | Th 0 15            | ...      | Sat 6 15         | ...       | Mon 6 15  |
| Baziasch .....dep.         | ...       | ...        | Th 10 30           | ...      | Sat 10 30        | ...       | Mon 10 30 |
| Orsova .....dep.           | ...       | ...        | Th 4 0             | ...      | Sat 4 0          | ...       | Mon 4 0   |
| Turn Severin .....dep.     | ...       | ...        | Fri 8 0            | ...      | Sun 8 0          | ...       | Tue 8 0   |
| Rutschuk .....arr.         | ...       | ...        | Sat 2 30           | ...      | Mon 2 30         | ...       | Wed 2 30  |
| Rutschuk .....dep.         | ...       | ...        | Sat 6 0            | ...      | Mon 6 0          | ...       | Wed 6 0   |
| Constantinople .....arr.   | ...       | ...        | ...                | ...      | ...              | ...       | Th 7 0    |
| Giurgevo.....              | ...       | ...        | Sat 10 0           | ...      | Mon 10 0         | ...       | Wed 6 30  |
| Czernavoda .....dep.       | ...       | ...        | Sat 5 45           | ...      | Mon 5 45         | ...       | Wed 5 45  |
| Braila .....dep.           | ...       | ...        | Sun 5 0            | ...      | Tue 5 0          | ...       | Th 5 0    |
| Galatz .....arr.           | ...       | ...        | Sun 0 0            | ...      | Tue 0 0          | ...       | Th 6 0    |
| Odessa .....arr.           | ...       | ...        | Tues 4 0           | ...      | ...              | ...       | ...       |
| Schabatz.....              | Sun 7 0   | ...        | Tue 11 30          | ...      | Th 7 0           | Fri 11 30 | ...       |
| Belgrade .....arr.         | Sun 11 45 | ...        | Tue 4 10           | ...      | Th 11 45         | Fri 4 10  | ...       |
| Belgrade .....dep.         | Mon 6 30  | Tues 0 0   | Wed 6 0            | Th 6 30  | Fri 0 30         | Sat 0 0   | ...       |
| Bazias .....dep.           | Mon 12 15 | Tues 0 15  | ...                | ...      | Fri 12 15        | Sat 10 45 | ...       |
| Gradeste .....arr.         | Mon 1 0   | Tues 11 30 | ...                | ...      | Fri 1 0          | Sat 11 30 | ...       |
| Orsova .....arr.           | ...       | Tues 5 0   | Height of water pe | ...      | mitting. Sat 5 0 | ...       | ...       |
| Orsova (customs) dep.      | ...       | Sun 9 0    | Tue ...            | ...      | ...              | Fri ...   | Sat ...   |
| Gradeste .....dep.         | ...       | Mon 7 0    | Tue ...            | ...      | ...              | Fri ...   | Sat ...   |
| Baziasch .....dep.         | ...       | Mon 9 15   | Tue 3 15           | ...      | ...              | Fri 8 15  | Sat 9 15  |
| Belgrade .....arr.         | ...       | Mon 4 45   | Tue 3 30           | Wed 3 15 | Th 3 30          | Fri 3 15  | Sat 4 30  |
| Belgrade .....dep.         | Mon 6 25  | ...        | Wed 7 0            | ...      | Fri 6 25         | Sat 7 0   | ...       |
| Schabatz .....arr.         | Mon 12 20 | ...        | Wed 1 30           | ...      | Fri 12 20        | Sat 1 30  | ...       |
| Odessa .....dep.           | ...       | ...        | Tue ...            | ...      | Th ...           | ...       | Th 4 0    |
| Galatz .....dep.           | ...       | ...        | Tue 0 0            | ...      | Th 9 0           | ...       | Sat 8 0   |
| Braila .....dep.           | ...       | ...        | Tue 10 25          | ...      | Th 10 25         | ...       | Sat 10 25 |
| Czernavoda .....dep.       | ...       | ...        | Tue 5 45           | ...      | Th 5 45          | ...       | Sat 5 45  |
| Giurgevo .....dep.         | ...       | ...        | Wed 10 0           | ...      | Th 10 0          | ...       | Sun 10 0  |
| Constantinople .....dep.   | ...       | ...        | Tue 2 0            | ...      | Fri. aft.        | ...       | Sun. aft. |
| Rutschuk .....dep.         | ...       | ...        | Wed 1 0            | ...      | Sun 5 30         | ...       | Tue 5 30  |
| Turn Severin .....dep.     | ...       | ...        | Fri 5 30           | ...      | Sun 8 0          | ...       | Tue 8 0   |
| Orsova (customs) dep.      | ...       | ...        | Fri 8 0            | ...      | Sun 3 0          | ...       | Tue 3 0   |
| Bazias .....dep.           | ...       | ...        | Fri 3 0            | ...      | ...              | ...       | ...       |
| Belgrade .....dep. daily   | 5 0       | ...        | ...                | ...      | ...              | ...       | ...       |
| Semlin .....dep. daily     | 0 0       | ...        | ...                | ...      | ...              | ...       | ...       |
| Mohacs .....dep. daily     | 2 0       | ...        | ...                | ...      | ...              | ...       | ...       |
| Buda Pesth .....arr. daily | 2 45      | ...        | ...                | ...      | ...              | ...       | ...       |

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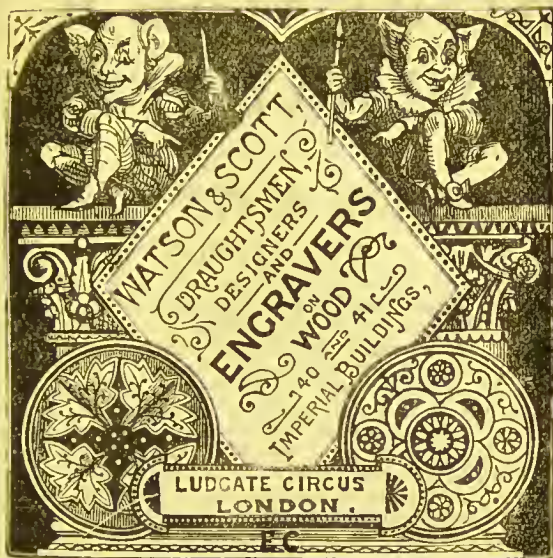
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